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3 Committee for Medicinal Products for Human Use (CHMP)

4 **Guideline on clinical investigation of medicinal products**  
5 **for the treatment of juvenile idiopathic arthritis**  
6 **Draft**

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7 The proposed guideline will replace the guideline on clinical investigation of medicinal products for the  
8 treatment of juvenile idiopathic arthritis (CPMP/EWP/422/04)

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Comments should be provided using this [template](#). The completed comments form should be sent to [RIWPsecretariat@ema.europa.eu](mailto:RIWPsecretariat@ema.europa.eu)

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Keywords	Juvenile idiopathic arthritis, Systemic JIA, Oligoarthritis, Polyarthritis, Enthesitis related arthritis, Extrapolation
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## 34 **Executive summary**

35 Juvenile idiopathic arthritis consists of multiple subtypes some of which have counterparts in the more  
36 frequent adult diseases of rheumatoid arthritis (RA), axial spondyloarthritis and psoriatic arthritis (PsA)  
37 although with considerable differences in phenotype at different ages. Since the Paediatric Regulation  
38 came into force, several paediatric investigation plans for new and authorised treatments in adults  
39 have been evaluated by the Paediatric Committee (PDCO). This document is based on the changes in  
40 clinical practice in JIA which have followed on from advances in diagnosis and treatment, the  
41 accumulated experience with JIA Paediatric Investigation Plans (PIPs) and on the conclusions of the  
42 EMA paediatric rheumatology expert meeting in 2010. This document is a revision of the Guideline  
43 adopted in October 2006. It takes into account recent developments relating to study design and also  
44 validated disease activity evaluation tools to assess important clinical and structural outcomes.

45 This guideline aims to facilitate the preparation of future MAA applications and is intended to provide  
46 guidance on the clinical development of medicinal products for the treatment of juvenile idiopathic  
47 arthritis.

48 A multidisciplinary approach is advocated for optimal care of JIA including patient engagement and  
49 with focus on functional and psychosocial outcomes.

50 In contrast to adults, NSAIDs are considered a first-line treatment option in newly diagnosed JIA,  
51 followed by glucocorticosteroids (intra-articular or systemic) and DMARDs (disease modifying anti  
52 rheumatic drugs). The latter include both synthetic (methotrexate (MTX), sulfasalazine) and biological  
53 DMARDs. For systemic JIA, high doses of systemic steroids are often indicated, in contrast to non-  
54 systemic JIA.

55 The most common synthetic DMARD used in JIA is methotrexate. The introduction of biological  
56 therapies has resulted in a significant advance in therapy for JIA. However there remains still a clinical  
57 need for new therapies. There is also a need for data on established therapies and for paediatric  
58 formulations.

59 As a result of the advances in therapies available for JIA and also in the adult RA field, therapeutic  
60 strategies are now employing more aggressive intervention in early disease, often using combinations  
61 of synthetic DMARDs with targeted biologics and these approaches have resulted in faster onset of  
62 action and more profound clinical responses than traditional approaches. Goal-directed treat-to-target  
63 strategies are now employed. This makes a modified recommendation for the assessment of these  
64 therapies necessary. A further area of clinical relevance is when to stop treatment in responders and  
65 this needs to be addressed in on going registries following authorisation.

66 In addition, the elements for the assessment of safety issues which should be considered when  
67 developing new pharmacological treatments have to be updated. The demonstrated safety profile will  
68 be essential for the benefit-risk balance in a defined patient population. Long-term safety of disease  
69 modifying agents requires careful attention in view of potential serious adverse events caused by  
70 immunomodulation in children.

## 71 **1. Introduction (Background)**

72 Chronic arthritis in childhood is a heterogeneous group of diseases for which various classification  
73 systems have been developed, including the American College of Rheumatology (ACR) criteria for the  
74 classification of juvenile rheumatoid arthritis (JRA), the European League Against Rheumatism (EULAR)  
75 criteria for juvenile chronic arthritis (JCA), the European Spondylarthropathy Study Group (ESSG)

76 criteria for spondylarthropathy, and the Vancouver Criteria for juvenile psoriatic arthritis (JpsA).  
77 Among these classification systems there are gaps and overlaps and no one system is universally  
78 accepted.

79 JIA refers to arthritis of at least 6 weeks duration of unknown aetiology that begins in children less  
80 than 16 years old. JIA has an annual incidence of 0.008-0.226 per 1000 children and a prevalence of  
81 0.07-4.01/1000 children. JIA is less common than RA in adults but it is one of the most common  
82 systemic autoimmune diseases in children and adolescents. Children of all age groups may be affected  
83 although onset during the first year of life is rare and restricted predominantly to systemic JIA. In  
84 some of the categories girls predominate and there are racial differences in incidence and relative  
85 frequency of JIA subtypes.

86 The International League of Associations for Rheumatology (ILAR) introduced a nomenclature and  
87 classification for juvenile idiopathic arthritis (JIA). The aim of this system was to replace the  
88 combination of pre-existing systems with one classification that identifies more homogeneous  
89 populations that can be used internationally to facilitate communication and research. Although the  
90 ILAR classification may be reviewed in the future, at present this is the system which is recommended  
91 for use.

92 The currently used ILAR classification distinguishes the following JIA categories:

- 93 • Systemic JIA (sJIA)
- 94 • Polyarthritis rheumatoid factor negative
- 95 • Polyarthritis rheumatoid factor positive
- 96 • Oligoarticular arthritis (2 subcategories based on joint count after 6 months)
  - 97 ○ Persistent (not more than 4 joints)
  - 98 ○ Extended (more than 4 joints)
- 99 • Psoriatic arthritis (JIA-PsA)
- 100 • Enthesitis related arthritis (ERA)
- 101 • Undifferentiated arthritis

102 Rheumatoid arthritis (RA), axial spondyloarthritis, and psoriatic arthritis (PsA) are diseases in adults  
103 that correspond most closely to individual categories of JIA with similar clinical manifestations and  
104 underlying immunologic mechanisms (i.e. polyarticular JIA, ERA and JIA-PsA respectively). They are  
105 all covered by the overarching condition: chronic idiopathic arthritis (including RA, axial  
106 spondyloarthritis, PsA and JIA). In view of this any medicinal product being developed for adults should  
107 also be investigated in the paediatric population. Whenever the development of a new medicinal  
108 product is considered in any of the (above mentioned) adult diseases, the inclusion of JIA in the  
109 development is required.

110 Although the aetiology and pathogenesis of JIA are not fully understood, it is however known that JIA  
111 shares many of the pathological abnormalities that have been identified in RA. Increased production of  
112 cytokines (e.g. interleukin-1 $\beta$  interleukin-6, TNF- $\alpha$ ) in conjunction with osteoclastic cell activation leads  
113 to degradation of adjacent cartilage and bone. Increased knowledge of these factors may help to  
114 redefine the classification of JIA in terms of aetiology, response to treatment, risk of relapse or  
115 prognosis.

116 JIA is a major cause of disability in children. In addition JIA may be accompanied by chronic anterior  
117 iridocyclitis/uveitis particularly in anti-nuclear antibody (ANA) positive females. Early ophthalmology

118 referral, early diagnosis and treatment are the major determinants of prognosis in uveitis associated  
119 with JIA.

120 Additional non-articular complications may include rash, fever, serositis and macrophage activation  
121 syndrome.

122 Long-term complications resulting from longstanding inflammation and steroid therapy can include  
123 growth retardation with reduced final adult height, body composition changes with reduced bone and  
124 muscle mass, metabolic complications and osteoporosis. These physical complications as well as the  
125 ongoing disease itself can impair educational, social and emotional development, thereby highlighting  
126 the need for early effective treatment.

127 The prognosis in general depends on the clinical category of JIA, the severity, the rapidity of diagnosis,  
128 appropriate referral, initiation of optimal therapy and response to treatment.

129 In addition to suppressing signs and symptoms of arthritis, the ultimate goal of treatment of JIA in all  
130 categories should be the induction of remission for which, validated criteria have been described, or  
131 the attainment of minimal disease activity or inactive disease. The aim of modern treatment of JIA is  
132 rapid suppression of inflammation in order to prevent joint damage, maximise physical function and  
133 promote normal growth and development. In addition, in some categories, additional goals are  
134 relevant such as control of systemic signs and symptoms including fever, treatment of uveitis,  
135 treatment of macrophage activation syndrome and reduction of corticosteroid dose.

136 With the development of new therapeutic agents and combination treatment strategies, more children  
137 with arthritis can experience protracted periods of low levels of disease activity and, in a limited  
138 number of cases, remission off treatment. Unanswered questions remain relating to how long to  
139 continue therapy once a clinical remission is achieved.

## 140 **2. Scope**

141 The scope of this guideline is to provide a European common position on pertinent issues relating to  
142 the clinical evaluation of medicinal products for the treatment of JIA.

143 It intends to facilitate the preparation of future MAA applications for new products being developed for  
144 the treatment of JIA.

145 The guideline addresses specific issues related to the extrapolation of efficacy from other age groups  
146 and corresponding arthritis diagnoses, and assessment of disease activity.

## 147 **3. Legal basis and relevant guidelines**

148 This guideline has to be read in conjunction with the introduction and general principles and Part I and  
149 II of the Annex I to Directive 2001/83/EC as amended. Applicants should also refer to other relevant  
150 European and ICH guidelines (in their current version), especially those on:

- 151 • Note for Guidance on Clinical Investigation of Medicinal Products in the Paediatric Population  
152 (CPMP/ICH/2711/99; ICH E11)
- 153 • Guideline on pharmaceutical development of medicines for paediatric use  
154 (EMA/CHMP/QWP/805880/2012 Rev. 2)
- 155 • Reflection Paper on Methodological Issues in Confirmatory Clinical Trials with Flexible Design and  
156 Analysis plan (CHMP/EWP/2459/02).

- 157 • The Extent of Population Exposure to Assess Clinical Safety for Drugs (CPMP/ICH/375/95; ICH  
158 E1A)
- 159 • Concept paper on extrapolation of efficacy and safety in medicine development  
160 (EMA/129698/2012)
- 161 • Guideline on the Role of Pharmacokinetics in the Development of Medicinal Products in the  
162 Paediatric Population (EMA/CHMP/EWP/147013/2004)
- 163 • Note for Guidance on Choice of Control Group in Clinical Trials (CPMP/ICH/364/96; ICH E10)
- 164 • Guideline on Fixed Combination Medicinal Products (CPMP/EWP/240/95 Rev. 1).

## 165 **4. Patients characteristics and selection of patients**

166 In general patients with moderate to severe disease activity should be included to enable  
167 demonstration of a sufficient treatment response.

### 168 **4.1. Patient populations to be studied**

169 JIA is rare in children below 1 year of age. The clinical development programme should include children  
170 as young as 1 year and older unless there are significant safety concerns or signals (occurrence of  
171 significant adverse events in animals or adults) that preclude the inclusion of certain age groups.

172 The ILAR category of each patient enrolled into trials needs to be defined as this is important for cross-  
173 trial comparisons. However in order to facilitate translation of clinical trial results into routine clinical  
174 care The American College of Rheumatology has identified five target JIA treatment groups with  
175 distinctive clinical courses and therapeutic approaches, and use of grouping patients into these  
176 treatment groups is encouraged:

- 177 • History of arthritis of 4 or fewer joints (this will include those with 4 or fewer joints in the ILAR  
178 categories of persistent oligoarthritis, psoriatic arthritis, enthesitis related arthritis and  
179 undifferentiated arthritis)
- 180 • History of arthritis of 5 or more joints (this will include those with 5 or more joints in total  
181 throughout their disease in the ILAR categories of extended oligoarthritis, polyarthritis both RF-  
182 positive and RF-negative, psoriatic arthritis, enthesitis related arthritis, and undifferentiated  
183 arthritis).
- 184 • Active sacroiliac arthritis. (ILAR ERA category mainly)
- 185 • Systemic arthritis with active systemic features (and without active arthritis)
- 186 • Systemic arthritis with active arthritis (and without active systemic features).

187 The expert paediatric meeting at the EMA in 2010 (EMA/836276/2010) concluded that systemic  
188 arthritis with and without active systemic features can be considered one group and studied together.

189 Each of the 4 target patient population groups have to be addressed with regards to the potential  
190 benefits and risks of the proposed treatment. The development programme (clinical trial or  
191 extrapolation of efficacy analysis) should be proposed where the need exists and a therapeutic benefit  
192 is expected. If appropriate, patients from different treatment groups may be merged into one clinical  
193 trial with subgroup analysis performed. In most cases patients with ERA can be studied together with  
194 patients with polyarthritis and extrapolation of efficacy is acceptable for persistent oligoarthritis.

195 Systemic JIA should be studied separately, as background therapy and response to established  
196 DMARDs is different between systemic and non-systemic JIA.

#### 197 **Age of the patients to be studied**

198 Clinical trials or extrapolation analysis should cover the following age groups:

- 199 • Systemic JIA : from 1 to less than 18 years
- 200 • Polyarthritis (RF pos and RF neg and extended oligoarthritis): from 2 to less than 18 years
- 201 • Oligoarticular arthritis (persistent and extended): from 2 to less than 18 years
- 202 • Enthesitis related arthritis and psoriatic arthritis: from 12 to less than 18 years

203 Long-term follow-up e.g. in registry type studies should include young adults as well.

204 For clinical programmes that include undifferentiated arthritis, seeking CHMP scientific advice is  
205 recommended.

206 Due to the rarity of JIA particularly in certain age groups it cannot be expected that the efficacy is fully  
207 demonstrated in all age groups. The development should consist of a mix of trial data, extrapolation  
208 data from other age-groups or other corresponding conditions and commitment to post-authorisation  
209 studies and/or registries.

#### 210 **4.2. Potential confounding factors**

211 The selection of patients will require that disease related factors are documented appropriately  
212 according to the ILAR criteria. Age of onset, duration of the disease, presence/absence of ANA, extra-  
213 articular features such as uveitis, macrophage activation syndrome, disease activity and the presence  
214 of joint damage should all be fully documented at baseline.

215 In addition pain scores, concomitant diseases as well as the occurrence of antibodies to the drug have  
216 to be carefully documented.

217 The previous exposure of the trial population to anti-rheumatic therapies should be recorded, as this  
218 information may be relevant to the interpretation of study results and to the proposed indicated  
219 population. Sufficient washout of prior therapies has to be justified and be in accordance with ethical  
220 considerations.

221 The target population should match the proposed therapeutic indication. Relevant subgroup analyses  
222 should be prospectively planned (e.g. age group, ILAR classification).

223 Other treatment modalities interfering with study treatment are of particular importance. Concomitant  
224 non-pharmacological treatment (e.g. physical therapy) and medication for diseases other than  
225 rheumatic disease must be completely documented and where possible it is recommended that these  
226 treatments are standardised and predefined.

### 227 **5. Methods to assess efficacy**

#### 228 **5.1. Extrapolation of efficacy**

229 An analysis of extrapolation opportunities has to be performed to spare children from unnecessary  
230 trials where reasonably accurate information may be obtained by other means. This can be the case for  
231 example in well-studied pharmacological classes or when a considerable amount of data has been  
232 collected in adults (e.g. licensed indication in one or more of the corresponding adult arthritis

233 categories), or in other diseases in children with the medicinal product (see Concept paper on  
234 extrapolation of efficacy and safety in medicine development, EMA/129698/2012).

235 Extrapolation may result in a reduction in the amount of data required (size of trial, focus on  
236 subpopulations or certain ages only, exploratory/confirmatory design of the study). In some instances  
237 it is even possible that the evidence from extrapolation may obviate the need for an efficacy trial, and  
238 the need for clinical trials might be limited to PK and dose finding studies. The results of the  
239 extrapolation analysis, if agreed and used for marketing authorisation, would have to be supported by  
240 post-marketing data.

## 241 **5.2. Assessment of symptoms and disease activity**

### 242 **Primary endpoints**

243 The primary endpoint chosen depends on the category of JIA being studied and the design of the trial.  
244 For parallel randomised trials in all JIA categories other than sJIA, the recommended primary endpoint  
245 is the change in ACR paediatric core set criteria.

246 *Paediatric JIA core set:*

- 247 • number of active joints,
- 248 • number of joints with limited range of motion,
- 249 • physician's global assessment,
- 250 • patient/parent's global assessment,
- 251 • functional ability
- 252 • laboratory marker of inflammation

253 For sJIA fever should be added to the core set parameters.

254 *Definition of improvement:* The ACR paediatric improvement criteria (Pedi 20, Pedi 30, Pedi 50, Pedi  
255 70, Pedi 90 and Pedi 100) are measures that describe a change in disease activity relative to baseline  
256 and therefore are a tool for assessment of clinically relevant improvement in disease activity. The  
257 ACRPedi 30 requires a minimum of 30% improvement from baseline in a minimum of 3 out of 6  
258 components, with no more than one component worsening by >30%.

259 The level of improvement to be met should be pre-defined, be clinically meaningful and the results  
260 should be statistically significant. The proportion of patients with at least 30% improvement at a time  
261 point no later than 12 weeks would be an acceptable primary endpoint (ACRPedi 30). This level of  
262 improvement would also be expected as minimum for the lead-in phase for a randomised withdrawal  
263 trial design. Demonstration of clinically highly relevant decrease in disease activity, such as ACRPedi  
264 50-70 responses should be pursued.

265 Low disease activity, inactive disease or remission (on and/or off treatment) are alternative suitable  
266 primary endpoints.

267 For a randomised withdrawal design study the percentage of patients with occurrence of disease flare  
268 or the time to flare should be the primary end-point. Preliminary definitions of flare in JIA have been  
269 described, namely a  $\geq 30\%$  worsening in at least three of the six JIA core set variables with a  $\geq 30\%$   
270 improvement in not more than one of the six JIA core set variables, and justification for the definition  
271 of flare utilised will be required.

## 272 **Secondary and supportive endpoints**

273 Suitable secondary endpoints include:

- 274 • ACR Pedi 50, 70, 90, and 100
- 275 • Remission
- 276 • Individual components of the ACRPedi score
- 277 • Pain assessment using age-appropriate assessments
- 278 • Percentage of patients with flare/time to flare,
- 279 • Time course of response - additional efficacy assessments at earlier time points should be  
280 performed as secondary endpoints in order to provide information on the speed of onset of effect.
- 281 • Absolute disease activity. The limitation of a dichotomous readout (ACR Pedi percentage  
282 improvement) is that it does not provide information on the absolute disease activity. For this a  
283 validated composite disease activity score for JIA has been developed; the juvenile arthritis disease  
284 activity score (JADAS). Measurement of JADAS score should be performed as a secondary  
285 endpoint. Additional disease activity assessment tools can be considered if sufficiently validated.
- 286 • Evidence of slowing/prevention of joint structural damage (see section 5.3)
- 287 • Quality of life (e.g. CHQ), school attendance
- 288 • Juvenile Arthritis Multidimensional Assessment Report (JAMAR)
- 289 • Reduction in glucocorticoid use (particularly in sJIA)
- 290 • For specific subsets additional endpoints such as incidence/severity of uveitis or systemic  
291 inflammation could also be chosen. Tender entheseal score and modified Schober's test could be  
292 used in ERA and PASI responses for subjects with PsA.

## 293 **5.3. Assessment of structural damage**

294 Although the van der Heijde score is validated and can be used, the use of alternative methods which  
295 minimise exposure to radiation are encouraged for assessment of structural damage.

296 Preliminary validation of MRI techniques in JIA has been conducted and the use of MRI for older  
297 children where this can be performed without sedation and with further in-study validation would be  
298 welcomed. The use of MRI may enable detection of active synovitis in the absence of clinical signs and  
299 symptoms and may aid in a further refinement of a definition of remission in JIA. The ability of  
300 ultrasound to distinguish tendonitis from synovial inflammation could also be considered if patients  
301 with ERA are included in the trial.

## 302 **6. Strategy and design of clinical trials**

### 303 **6.1. Early Studies in Children**

#### 304 **Pharmacokinetic aspects in different age ranges**

305 Usual measures to determine PK/PD properties (including immunogenicity where appropriate) have to  
306 be proposed for every new product. Age-specific changes in PK profile have to be addressed (see  
307 Guideline on the Role of Pharmacokinetics in the Development of Medicinal Products in the Paediatric  
308 Population, EMEA/CHMP/EWP/147013/2004). If a modelling and simulation approach is taken, using

309 data from adults and other diseases; validation of the model and analysis of its applicability to all age  
310 groups and JIA subtypes must be performed.

311 Where appropriate, well-planned dose ranging studies should be carried out. The target plasma level in  
312 children should be based, where possible, on appropriate pharmacokinetic parameters identified in  
313 adults e.g. most commonly AUC and  $C_{min}$  for chronic dosing. If a pharmacodynamic marker is available  
314 from adult studies then this should also be used to assist dose-finding in JIA. Inter-individual  
315 differences in PK/PD relationship need to be evaluated and where appropriate individual dosing based  
316 on therapeutic drug monitoring may be necessary.

## 317 **6.2. Therapeutic confirmatory studies**

### 318 **6.2.1. Study design**

#### 319 **Parallel group design**

320 In situations where extrapolation of efficacy is not possible, the parallel group design provides the  
321 most robust evidence for efficacy and safety. Ideally, randomised placebo or active comparator  
322 controlled trials (RCT) should be conducted for efficacy evaluation and this is especially required where  
323 the drug has a novel mechanism of action and there is little data available on efficacy or safety from  
324 adult exposure. It is acknowledged that there is a limited pool of patients available for clinical trials in  
325 JIA. Calculation of the sample size and a feasibility analysis should be performed and if a RCT is not  
326 possible, alternative designs can be proposed.

327 When designing a parallel group trial, there is normally a choice between a two-arm study design  
328 (verum, active comparator or placebo) and a three-arm study design (verum, active comparator and  
329 placebo). Trials convincingly demonstrating superiority to placebo and non-inferiority or equivalence to  
330 the active comparator are regarded as high-quality evidence. In a paediatric study there may be  
331 ethical concerns about including a placebo-arm when safe and effective alternative medication is  
332 available. These concerns have to be balanced against shortcomings due to a missing placebo control.

333 An alternative option is a two-arm study comparing the new agent with an established active  
334 comparator, seeking to show that the test product is superior in terms of relevant endpoints. The Note  
335 for Guidance on Choice of Control Group on Clinical Trials (CPMP/ICH/364/96) should be followed. A  
336 three-arm study design (verum, active comparator and placebo) with the placebo period being short  
337 and the test and the active control arms continuing for a longer period may be considered. Add-on  
338 placebo therapy may also be used when study design requires placebo and allows for combination with  
339 other effective treatment. This can be studied in a two-arm superiority study in which patients in both  
340 arms receive an established active treatment but are randomised to receive in addition either the new  
341 agent or placebo.

342 Each of these designs allows the continuation of randomised therapy for sufficient time to establish  
343 effects on chosen endpoints. In all of these designs current ideas favouring early treatment should also  
344 be taken into account.

345 Symptomatic treatment as rescue medication may be used, but should be documented carefully and  
346 the possible influence on the results and the way to analyse this should be indicated in the protocol.

347 In order to explore the degree to which treatment effects are sustained in the long-term, a study  
348 design in which efficacy measures are observed after randomised and blinded withdrawal is  
349 recommended.

## 350 **Randomised placebo controlled withdrawal design**

351 For products where efficacy and safety have been established in adults, randomised placebo controlled  
352 withdrawal design trials have been accepted for many authorisation studies in JIA. An initial open-label  
353 phase with the new agent is followed by randomisation of responders to a double-blind phase in which  
354 they receive either test agent or placebo. The disadvantages of such a study design are non-  
355 conventional efficacy demonstration, bias towards responders and a small safety database. However  
356 these shortcomings are expected to be outweighed by the advantages of having a feasible size of  
357 population, short placebo exposure, and better acceptability for patients, parents and health care  
358 professionals. This design does not represent an ideal method for the confirmation of safety and  
359 efficacy, therefore there is a need for long-term post-marketing observational studies (i.e. registries)  
360 to confirm effectiveness and evaluate safety in larger populations. To minimise exposure of children to  
361 ineffective treatments the futility analysis should be performed at the end of the lead-in open label  
362 phase of the randomised withdrawal trial and if the pre-defined level of improvement is not met before  
363 randomisation the study should be discontinued.

364 Randomised placebo controlled withdrawal design trials could also be acceptable in patients with  
365 severe JIA for whom few treatment options are available. When used with early escape rules, such as  
366 return of symptoms (disease flare) the period of exposure with poor response that a patient would  
367 have to undergo remains short.

368 A randomised withdrawal design in patients in remission is considered optimal to evaluate lower  
369 maintenance doses or withdrawal.

370 The studies whether parallel group or randomised withdrawal design should actively analyse biological  
371 or environmental causes for treatment responsiveness or resistance in individual patients. This may  
372 include detailed individual exposure/response analysis and analysis of biological samples to identify the  
373 genetic risks for and underlying mechanisms of disease manifestation and treatment responses in  
374 individual JIA subtypes.

## 375 **6.2.2. Choice of control**

### 376 **Placebo**

377 Efficacy of agents claiming improvement in disease activity and/or function is generally established by  
378 means of placebo controlled trials. Since it would be unethical to retain a child with JIA on placebo  
379 treatment long-term, the duration of placebo control must necessarily be limited. Predefined rules for  
380 early escape should be provided and a Data Safety Monitoring Board included in the protocol.

### 381 **Established comparator**

382 Comparative studies against established active treatment may be preferred from an ethical point of  
383 view. In order to demonstrate the relevance and appropriateness of the comparison, the choice of the  
384 active comparator should be justified, taking into account licensed indications, posology, age range,  
385 JIA category, mode of action, expected treatment effect, time to onset of efficacy, duration of action,  
386 safety etc. depending on study objectives.

## 387 **6.2.3. Combination therapy**

388 Treatment with a combination of different drugs/medicines is gaining popularity at least in patients in  
389 whom monotherapy has failed. The development is guided by the therapeutic claims and the suggested  
390 expectations based on mode of interaction: increased efficacy, additive or synergistic, or improved  
391 safety. A pharmacological rationale should be presented and the choice of doses justified. Claims of

392 additive or synergistic efficacy would be required to be supported by specific efficacy data using the  
393 proposed combination. In this case the possibility of drug-drug interactions need to be investigated.  
394 For guidance on fixed drug combinations see Guideline on Fixed Combination Medicinal Products  
395 (CPMP/EWP/240/95 Rev. 1).

396 Rescue medication, if allowed for as a combination therapy should be predefined in the study plan.

#### 397 **6.2.4. Study duration**

398 The required duration of exposure depends largely on the type of trial, the chosen endpoints, the  
399 sensitivity of applied and accepted assessment methods, and the nature and the magnitude of the  
400 effects of the agent studied.

401 Anti-inflammatory effects, relief of symptoms such as pain or maintenance of symptomatic  
402 improvement should be evaluated for up to 12 weeks. The earliest time point of evaluation of efficacy  
403 will be determined by the drugs expected mechanism of action and the levels of disease activity in the  
404 trial population.

405 For DMARDS where efficacy in adults is established, a minimum duration of 3 months is required  
406 followed by open-label extension phases. For drugs where no adult efficacy data is available the  
407 duration of the study depends on mechanism of action, PD and needs to be decided individually. If  
408 feasible additional evidence supportive of a positive effect on joint structure of a least 6-12 months is  
409 also encouraged (see section 5.3). The long-term efficacy and safety data may be provided pre- or  
410 post licensure, as justified.

411 Where data in the adult population are available and are consistent with the profile observed in  
412 paediatric patients, it is unnecessary to require a large efficacy and safety database at the time of  
413 submission of the marketing authorisation.

414 Because the marketing authorisation would be based on limited information on short-time efficacy (and  
415 safety), it is necessary to collect further data from patients treated with the medicinal product after  
416 marketing in the observational registry-type of study.

417 The following minimum set of data is recommended to be collected:

- 418 • Age, sex, ethnicity, country of residence
- 419 • JIA category, duration of the disease, comorbidities
- 420 • Medication history (active and concomitant treatment, previous treatments – dosage and duration)
- 421 • Uveitis, Macrophage activation syndrome – presence, past, specific treatment
- 422 • Growth and maturation parameters (weight, height, Tanner score)
- 423 • Measures of activity and damage (number of active joints, joints with limited motion, damage  
424 index)
- 425 • Patient/parent reported outcome measures (patient's/parent's and physician's global score, quality  
426 of life score)
- 427 • Laboratory parameters (ESR, CRP, ANA)
- 428 • Adverse events (serious adverse events, adverse reactions, events of specific interest)

429 JIA is a fluctuating, flaring disease. Moreover, for some forms of JIA, the risk of flares decreases with  
430 aging. For the trials on new drugs, mostly paediatric patients with acute flares will be included.

431 However, once the patients are stabilised in remission, lower maintenance dosages and even drug  
432 withdrawal may be appropriate. It is expected that options of dose-reduction and dose-interruption  
433 and re-treatment at relapse are addressed which could be performed in a randomised withdrawal  
434 phase (see section 6.2.1.)

## 435 **7. Clinical safety evaluation**

### 436 ***7.1. Specific adverse events to be monitored***

437 Due to the lack or low number of studies and patients involved, adverse events (AE) and their  
438 frequency are not as well documented in children as in adults.

439 Assessment of adverse events, especially those predicted by the pharmacodynamic properties of the  
440 investigational product (events of special interest) should be performed using a systematic and  
441 planned methodology. It is important to realise that because of the chronic nature of JIA implying long-  
442 lasting medical treatment in vulnerable phases of physical and social development, adverse drug  
443 reactions must be detected as early as possible and signals identified with high sensitivity. Special  
444 attention should be paid to the fact that the spectrum of adverse reactions might differ in children in  
445 comparison to adults (e.g. with NSAIDs less gastrointestinal but more central nervous system adverse  
446 events). Post-study/post-authorisation long-term data, either while patients are on chronic therapy or  
447 during the post-therapy period, are necessary to determine possible effects on maturation and  
448 development.

449 If there are concerns on the medicine's impact on the immune system that cannot be addressed in the  
450 pre-clinical development but can be answered by clinical studies in children (development of immune  
451 system, response to vaccination, etc.), appropriate studies or sub-studies should be conducted.

452 The long-term evaluation of safety requires collection of data from larger number of patients for a  
453 longer period of time, potentially into adulthood. Therefore safety data should also be collected in the  
454 post-marketing observational registry-type studies (see section 6.2.4.). The protocols for such studies  
455 should define and record the identifiable or theoretical risks of the medicinal product. The registry  
456 should preferably be an established disease-based (rather than product-based) clinical registry and  
457 allow collection of long-term data from patients treated with different medicinal products. Acceptance  
458 of data from disease-specific registry for fulfilment of post-marketing obligations needs to be agreed in  
459 advance.

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