



EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

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Committee on Herbal Medicinal Products (HMPC)

Community herbal monograph on *Tanacetum parthenium* (L.) Schulz Bip., herba

Draft

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Community herbal monograph on *Tanacetum parthenium* (L.) Schulz Bip., herba

1. Name of the medicinal product

To be specified for the individual finished product.

2. Qualitative and quantitative composition^{1,2}

Well-established use	Traditional use
	<p>With regard to the registration application of Article 16d(1) of Directive 2001/83/EC as amended</p> <p><i>Tanacetum parthenium</i> (L.) Schulz Bip., herba (Feverfew)</p> <p>i. Herbal substance</p> <p>Not applicable</p> <p>ii. Herbal preparations</p> <p>Powdered herbal substance</p>

3. Pharmaceutical form

Well-established use	Traditional use
	<p>Herbal preparation in solid dosage forms for oral use.</p> <p>The pharmaceutical form should be described by the European Pharmacopoeia full standard term.</p>

4. Clinical particulars

4.1. Therapeutic indications

Well-established use	Traditional use
	<p>Traditional herbal medicinal product used to reduce the frequency and severity of recurrent headaches.</p> <p>The product is a traditional herbal medicinal product for use in specified indication exclusively based upon long-standing use.</p>

¹ The material complies with the Ph. Eur. monograph (ref.: 01/2008:1516).

² The declaration of the active substance(s) for an individual finished product should be in accordance with relevant herbal quality guidance.

4.2. Posology and method of administration

Well-established use	Traditional use
	<p>Posology</p> <p><i>Adults and elderly</i></p> <p>Average daily dose:</p> <p>100 mg of powdered feverfew daily</p> <p>The use in children and adolescents under 18 years of age is not recommended (see section 4.4 'Special warnings and precautions for use').</p> <p>Duration of use</p> <p>Not to be used for more than two months.</p> <p>If the symptoms persist during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted.</p> <p>Method of administration</p> <p>Oral use.</p>

4.3. Contraindications

Well-established use	Traditional use
	<p>Hypersensitivity to the active substance(s) and to other plants of the Asteraceae (Compositae) family.</p>

4.4. Special warnings and precautions for use

Well-established use	Traditional use
	<p>The use in children and adolescents under 18 years of age is not recommended due to lack of adequate data.</p> <p>If the symptoms worsen during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted.</p>

4.5. Interactions with other medicinal products and other forms of interaction

Well-established use	Traditional use
	<p>None reported.</p>

4.6. *Pregnancy and lactation*

Well-established use	Traditional use
	<p>Safety during pregnancy and lactation has not been established.</p> <p>In the absence of sufficient data the use during lactation is not recommended.</p> <p>Feverfew is reported to be abortifacient and therefore its use should be avoided during pregnancy until more information is available.</p>

4.7. *Effects on ability to drive and use machines*

Well-established use	Traditional use
	<p>No studies on the effect on the ability to drive and use machines have been performed.</p>

4.8. *Undesirable effects*

Well-established use	Traditional use
	<p>Gastrointestinal disturbances have been reported. The frequency is not known.</p> <p>If other adverse reactions not mentioned above occur, a doctor or a qualified health care practitioner should be consulted.</p>

4.9. *Overdose*

Well-established use	Traditional use
	<p>No case of overdose has been reported.</p>

5. **Pharmacological properties**

5.1. *Pharmacodynamic properties*

Well-established use	Traditional use
	<p>Not required as per Article 16c (1)(a)(iii) of Directive 2001/83/EC as amended.</p>

5.2. *Pharmacokinetic properties*

Well-established use	Traditional use
	<p>Not required as per Article 16c (1)(a)(iii) of</p>

Well-established use	Traditional use
	Directive 2001/83/EC as amended.

5.3. Preclinical safety data

Well-established use	Traditional use
	<p>Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended, unless necessary for the safe use of the product.</p> <p>A single study with oral administration of feverfew in pregnant rats showed maternal toxicity and embryotoxicity. However, adequate studies on reproductive toxicity have not been performed.</p> <p>Tests on genotoxicity and carcinogenicity have not been performed.</p>

6. Pharmaceutical particulars

Well-established use	Traditional use
	Not applicable

7. Date of compilation/last revision

6 May 2010