

8 July 2020 EMA/HMPC/48715/2017 Committee on Herbal Medicinal Products (HMPC)

European Union herbal monograph on *Tanacetum* parthenium (L.) Schultz Bip., herba

Final - Revision 1

| Initial assessment | |
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| Discussion in Working Party on European Union monographs and | November 2009 |
| European Union list (MLWP) | March 2010 |
| | May 2010 |
| Adopted by Committee on Herbal Medicinal Products (HMPC) for | 12 May 2010 |
| release for consultation | 12 May 2010 |
| End of consultation (deadline for comments). | 15 August 2010 |
| Re-discussion in MLWP | September 2010 |
| | November 2010 |
| Adoption by HMPC | |
| Monograph (EMEA/HMPC/587578/2009) | |
| Assessment Report (EMEA/HMPC/587579/2009) | |
| List of references (EMEA/HMPC/587580/2009) | 25 November 2010 |
| Overview of comments received during the public consultation | |
| (EMEA/HMPC/563270/2010) | |
| HMPC Opinion (EMEA/HMPC/757136/2010) | |
| First systematic review | |
| Discussion in HMPC/MLWP | January 2017 |
| | November 2017 |
| | March 2018 |
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| | September 2018 |
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| | May 2020 |



| | July 2020 |
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| Adoption by HMPC | 8 July 2020 |

| Keywords | Herbal medicinal products; HMPC; European Union herbal monographs; |
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| | traditional use; Tanacetum parthenium (L.) Schultz Bip., herba; Tanaceti |
| | parthenii herba; feverfew |

BG (bulgarski): Моминска вратига, стрък

CS (čeština): nať kopretiny řimbaby

DA (dansk): Matrem

DE (Deutsch): Mutterkraut EL (elliniká): παρθένιον EN (English): feverfew

ES (español): Matricaria, partes aéreas de ET (eesti keel): lõhnava neitsikummeli ürt

FI (suomi): reunuspäivänkakkara

FR (français): grande camomille (parties

aériennes de)

HR (hrvatski): zelen majčinskog vratića

HU (magyar): őszi margitvirág virágos hajtás IT (italiano): Tanaceto (Matricale) parti aeree

LT (lietuvių kalba): Vaistinių skaistenių žolė LV (latviešu valoda): Meiteņu zeltpīpenītes laksti

MT (Malti): werqa tal-arċmisa/arċmisa

NL (Nederlands): Moederkruid PL (polski): Ziele maruny PT (português): matricária RO (română): iarbă de spilcuţă

SK (slovenčina): vňať rimbaby obyčajnej SL (slovenščina): zel belega vratiča

SV (svenska): mattram, ört

IS (íslenska): Glitbrá NO (norsk): matrem

European Union herbal monograph on *Tanacetum parthenium* (L.) Schultz Bip., herba

1. Name of the medicinal product

To be specified for the individual finished product.

2. Qualitative and quantitative composition^{1, 2}

| Well-established use | Traditional use |
|----------------------|--|
| | With regard to the registration application of Article 16d(1) of Directive 2001/83/EC. |
| | Tanacetum parthenium (L.) Schultz Bip., herba (feverfew) |
| | i) Herbal substance |
| | Not applicable |
| | ii) Herbal preparations |
| | Powdered herbal substance |

3. Pharmaceutical form

| Well-established use | Traditional use |
|----------------------|---|
| | Herbal preparations in solid dosage forms for oral use. |
| | The pharmaceutical form should be described by the European Pharmacopoeia full standard term. |

4. Clinical particulars

4.1. Therapeutic indications

| Well-established use | Traditional use |
|----------------------|---|
| | Traditional herbal medicinal product for the prophylaxis of migraine headaches after serious conditions have been excluded by a medical doctor. |

 $^{^{1}}$ The declaration of the active substance(s) for an individual finished product should be in accordance with relevant herbal quality guidance.

² The material complies with the Ph. Eur. monograph (ref.: 1516).

| Well-established use | Traditional use |
|----------------------|---|
| | The product is a traditional herbal medicinal product for use in the specified indication exclusively based upon long-standing use. |

4.2. Posology and method of administration

| Well-established use | Traditional use |
|----------------------|---|
| | Posology |
| | Adults and Elderly |
| | Single dose: 100 mg of powdered herbal substance once daily or 200 mg of powdered herbal substance three times daily |
| | Daily dose: 100 mg-600 mg |
| | The daily dosage of 100 mg may be gradually increased until obtaining an effect, not exceeding the daily dose of 600 mg. |
| | The use in children and adolescents under 18 years of age is not recommended (see section 4.4 'Special warnings and precautions for use'). |
| | Duration of use |
| | If migraine headaches recur after using the medicinal product for 2 months (usual period of treatment to obtain an effect), a doctor or a qualified health care practitioner should be consulted. |
| | Method of administration |
| | Oral use |

4.3. Contraindications

| Well-established use | Traditional use |
|----------------------|--|
| | Hypersensitivity to the active substance(s) and to other plants of the Asteraceae (Compositae) family. |

4.4. Special warnings and precautions for use

| Well-established use | Traditional use |
|----------------------|---|
| | The use in children and adolescents under 18 years of age has not been established due to lack of adequate data. |
| | If the symptoms worsen during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted. |

4.5. Interactions with other medicinal products and other forms of interaction

| Well-established use | Traditional use |
|----------------------|-----------------|
| | None reported |

4.6. Fertility, pregnancy and lactation

| Well-established use | Traditional use |
|----------------------|--|
| | Safety during pregnancy and breast-feeding has not been established. Studies in animals have shown signs of reproductive toxicity (see section 5.3 'Preclinical safety data'). |
| | The use is not recommended during pregnancy and lactation. |
| | No fertility data available. |

4.7. Effects on ability to drive and use machines

| Well-established use | Traditional use |
|----------------------|--|
| | No studies on the effect on the ability to drive and use machines have been performed. |

4.8. Undesirable effects

| Well-established use | Traditional use |
|----------------------|---|
| | Gastrointestinal disturbances have been reported. The frequency is not known. |
| | If other adverse reactions not mentioned above occur, a doctor or a qualified health care practitioner should be consulted. |

4.9. Overdose

| Well-established use | Traditional use |
|----------------------|--|
| | No case of overdose has been reported. |

5. Pharmacological properties

5.1. Pharmacodynamic properties

| Well-established use | Traditional use |
|----------------------|---|
| | Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC. |

5.2. Pharmacokinetic properties

| Well-established use | Traditional use |
|----------------------|---|
| | Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC. |

5.3. Preclinical safety data

| Well-established use | Traditional use |
|----------------------|--|
| | Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC, unless necessary for the safe use of the product. A single study with oral administration of feverfew in dose of 839 mg/kg bw in pregnant rats showed maternal toxicity and embryotoxicity. The dose of feverfew was 11-fold higher than the maximum human daily dose of 600 mg. However, adequate studies on reproductive toxicity have not been performed. Tests on genotoxicity and carcinogenicity have not been performed. |

6. Pharmaceutical particulars

| Well-established use | Traditional use |
|----------------------|-----------------|
| | Not applicable |

7. Date of last revision

8 July 2020