

Medicinal product no longer authorised

**ANNEX I**  
**SUMMARY OF PRODUCT CHARACTERISTICS**

## 1. NAME OF THE MEDICINAL PRODUCT

Dimethyl fumarate Mylan 120 mg gastro-resistant hard capsules  
Dimethyl fumarate Mylan 240 mg gastro-resistant hard capsules

## 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Dimethyl fumarate Mylan 120 mg gastro-resistant hard capsules

Each gastro-resistant hard capsule contains 120 mg dimethyl fumarate

Dimethyl fumarate Mylan 240 mg gastro-resistant hard capsules

Each gastro-resistant hard capsule contains 240 mg dimethyl fumarate

For the full list of excipients, see section 6.1.

## 3. PHARMACEUTICAL FORM

Gastro-resistant hard capsule (gastro-resistant capsule)

Dimethyl fumarate Mylan 120 mg gastro-resistant hard capsules

Blue-green and white gastro-resistant hard capsules, 21.7 mm in length, printed with 'MYLAN' over 'DF 120' containing white to off-white enteric coated pellets.

Dimethyl fumarate Mylan 240 mg gastro-resistant hard capsules

Blue-green gastro-resistant hard capsules, 21.7 mm in length, printed with 'MYLAN' over 'DF 240' containing white to off-white enteric coated pellets.

## 4. CLINICAL PARTICULARS

### 4.1 Therapeutic indications

Dimethyl fumarate Mylan is indicated for the treatment of adult and paediatric patients aged 13 years and older with relapsing remitting multiple sclerosis (RRMS).

### 4.2 Posology and method of administration

Treatment should be initiated under supervision of a physician experienced in the treatment of multiple sclerosis.

#### Posology

The starting dose is 120 mg twice a day. After 7 days, the dose should be increased to the recommended maintenance dose of 240 mg twice a day (see section 4.4).

If a patient misses a dose, a double dose should not be taken. The patient may take the missed dose only if they leave 4 hours between doses. Otherwise the patient should wait until the next scheduled dose.

Temporary dose reduction to 120 mg twice a day may reduce the occurrence of flushing and gastrointestinal adverse reactions. Within 1 month, the recommended maintenance dose of 240 mg twice a day should be resumed.

Dimethyl fumarate Mylan should be taken with food (see section 5.2). For those patients who may experience flushing or gastrointestinal adverse reactions, taking Dimethyl fumarate Mylan with food may improve tolerability (see sections 4.4, 4.5 and 4.8).

#### Special populations

##### *Elderly*

Clinical studies of dimethyl fumarate had limited exposure to patients aged 55 years and above and did not include sufficient numbers of patients aged 65 and over to determine whether they respond differently than younger patients (see section 5.2). Based on the mode of action of the active substance there are no theoretical reasons for any requirement for dose adjustments in the elderly.

##### *Renal and hepatic impairment*

Dimethyl fumarate has not been studied in patients with renal or hepatic impairment. Based on clinical pharmacology studies, no dose adjustments are needed (see section 5.2). Caution should be used when treating patients with severe renal or severe hepatic impairment (see section 4.4).

##### *Paediatric population*

The posology is the same in adults and in paediatric patients aged 13 years and older. Currently available data are described in sections 4.4, 4.8, 5.1, and 5.2.

There are limited data available in children between 10 and 12 years old.

The safety and efficacy of dimethyl fumarate in children aged less than 10 years have not yet been established.

#### Method of administration

For oral use.

The capsule should be swallowed whole. The capsule or its contents should not be crushed, divided, dissolved, sucked or chewed as the enteric coating of the pellets prevents irritant effects on the gut.

### **4.3 Contraindications**

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.  
Suspected or confirmed Progressive Multifocal Leukoencephalopathy (PML).

### **4.4 Special warnings and precautions for use**

#### Blood/laboratory tests

Changes in renal laboratory tests have been seen in clinical trials in patients treated with dimethyl fumarate (see section 4.8). The clinical implications of these changes are unknown. Assessment of renal function (e.g. creatinine, blood urea nitrogen and urinalysis) is recommended prior to treatment initiation, after 3 and 6 months of treatment, every 6 to 12 months thereafter and as clinically indicated.

Drug-induced liver injury, including liver enzyme increase ( $\geq 3$  upper limit of normal (ULN)) and elevation of total bilirubin levels ( $\geq 2$  ULN) can result from treatment with dimethyl fumarate. The time to onset can be directly, several weeks or longer. Resolution of the adverse reactions has been observed after treatment was discontinued. Assessment of serum aminotransferases (e.g. alanine aminotransferase (ALT), aspartate aminotransferase (AST)) and total bilirubin levels are recommended prior to treatment initiation and during treatment as clinically indicated.

Patients treated with dimethyl fumarate may develop lymphopenia (see section 4.8). Prior to initiating treatment with dimethyl fumarate, a current complete blood count, including lymphocytes, must be performed.

If lymphocyte count is found to be below the normal range, thorough assessment of possible causes should be completed prior to initiation of treatment with dimethyl fumarate. Dimethyl fumarate has not been studied in patients with pre-existing low lymphocyte counts and caution should be exercised when treating these patients. Dimethyl fumarate should not be initiated in patients with severe lymphopenia (lymphocyte counts  $<0.5 \times 10^9/L$ ).

After starting therapy, complete blood counts, including lymphocytes, must be performed every 3 months.

Enhanced vigilance due to an increased risk for Progressive Multifocal Leukoencephalopathy (PML) is recommended in patients with lymphopenia as follows:

Dimethyl fumarate should be discontinued in patients with prolonged severe lymphopenia (lymphocyte counts  $<0.5 \times 10^9/L$ ) persisting for more than 6 months.

In patients with sustained moderate reductions of absolute lymphocyte counts  $\geq 0.5 \times 10^9/L$  to  $< 0.8 \times 10^9/L$  for more than 6 months, the benefit/risk of dimethyl fumarate treatment should be re-assessed.

In patients with lymphocyte counts below lower limit of normal (LLN) as defined by local laboratory reference range, regular monitoring of absolute lymphocyte counts is recommended. Additional factors that might further augment the individual PML risk should be considered (see subsection on PML below).

Lymphocyte counts should be followed until recovery (see section 5.1). Upon recovery and in the absence of alternative treatment options, decisions about whether or not to restart Dimethyl fumarate Mylan after treatment discontinuation should be based on clinical judgement.

#### Magnetic Resonance imaging (MRI)

Before initiating treatment with dimethyl fumarate, a baseline MRI should be available (usually within 3 months) as a reference. The need for further MRI scanning should be considered in accordance with national and local recommendations. MRI imaging may be considered as part of increased vigilance in patients considered at increased risk of PML. In case of clinical suspicion of PML, MRI should be performed immediately for diagnostic purposes.

#### Progressive Multifocal Leukoencephalopathy (PML)

PML has been reported in patients treated with dimethyl fumarate (see section 4.8). PML is an opportunistic infection caused by John-Cunningham virus (JCV), which may be fatal or result in severe disability.

PML cases have occurred with dimethyl fumarate and other medicinal products containing fumarates in the setting of lymphopenia (lymphocyte counts below LLN). Prolonged moderate to severe lymphopenia appears to increase the risk of PML with dimethyl fumarate, however, risk cannot be excluded in patients with mild lymphopenia.

Additional factors that might contribute to an increased risk for PML in the setting of lymphopenia are:

- duration of dimethyl fumarate therapy. Cases of PML have occurred after approximately 1 to 5 years of treatment, although the exact relationship with duration of treatment is unknown.
- profound decreases in CD4+ and especially in CD8+ T cell counts, which are important for immunological defence (see section 4.8), and

- prior immunosuppressive or immunomodulatory therapy (see below).

Physicians should evaluate their patients to determine if the symptoms are indicative of neurological dysfunction and, if so, whether these symptoms are typical of MS or possibly suggestive of PML.

At the first sign or symptom suggestive of PML, dimethyl fumarate should be withheld and appropriate diagnostic evaluations, including determination of JCV DNA in cerebrospinal fluid (CSF) by quantitative polymerase chain reaction (PCR) methodology, need to be performed. The symptoms of PML may be similar to an MS relapse. Typical symptoms associated with PML are diverse, progress over days to weeks, and include progressive weakness on one side of the body or clumsiness of limbs, disturbance of vision, and changes in thinking, memory, and orientation leading to confusion and personality changes. Physicians should be particularly alert to symptoms suggestive of PML that the patient may not notice. Patients should also be advised to inform their partner or caregivers about their treatment, since they may notice symptoms that the patient is not aware of.

PML can only occur in the presence of a JCV infection. It should be considered that the influence of lymphopenia on the accuracy of serum anti-JCV antibody testing has not been studied in dimethyl fumarate treated patients. It should also be noted that a negative anti-JCV antibody test (in the presence of normal lymphocyte counts) does not preclude the possibility of subsequent JCV infection.

If a patient develops PML, dimethyl fumarate must be permanently discontinued.

#### Prior treatment with immunosuppressive or immunomodulating therapies

No studies have been performed evaluating the efficacy and safety of dimethyl fumarate when switching patients from other disease modifying therapies to dimethyl fumarate. The contribution of prior immunosuppressive therapy to the development of PML in dimethyl fumarate treated patients is possible.

PML cases have occurred in patients who had previously been treated with natalizumab, for which PML is an established risk. Physicians should be aware that cases of PML occurring following recent discontinuation of natalizumab may not have lymphopenia.

In addition, a majority of confirmed PML cases with dimethyl fumarate occurred in patients with prior immunomodulatory treatment.

When switching patients from another disease modifying therapy to dimethyl fumarate, the half-life and mode of action of the other therapy should be considered in order to avoid an additive immune effect while at the same time, reducing the risk of reactivation of MS. A complete blood count is recommended prior to initiating dimethyl fumarate and regularly during treatment (see Blood/laboratory tests above).

#### Severe renal and hepatic impairment

Dimethyl fumarate has not been studied in patients with severe renal or severe hepatic impairment and caution should, therefore, be used in these patients (see section 4.2).

#### Severe active gastrointestinal disease

Dimethyl fumarate has not been studied in patients with severe active gastrointestinal disease and caution should, therefore, be used in these patients.

#### Flushing

In clinical trials, 34% of dimethyl fumarate treated patients experienced flushing. In the majority of patients who experienced flushing, it was mild or moderate in severity. Data from healthy volunteer studies suggest that dimethyl fumarate-associated flushing is likely to be prostaglandin mediated. A

short course of treatment with 75 mg non-enteric coated acetylsalicylic acid may be beneficial in patients affected by intolerable flushing (see section 4.5). In two healthy volunteer studies, the occurrence and severity of flushing over the dosing period was reduced.

In clinical trials, 3 patients out of a total of 2,560 patients treated with dimethyl fumarate experienced serious flushing symptoms that were probable hypersensitivity or anaphylactoid reactions. These events were not life-threatening, but led to hospitalisation. Prescribers and patients should be alert to this possibility in the event of severe flushing reactions (see sections 4.2, 4.5 and 4.8).

#### Anaphylactic reactions

Cases of anaphylaxis/anaphylactoid reaction have been reported following dimethyl fumarate administration in the post-marketing setting. Symptoms may include dyspnoea, hypoxia, hypotension, angioedema, rash or urticaria. The mechanism of dimethyl fumarate induced anaphylaxis is unknown. Reactions generally occur after the first dose, but may also occur at any time during treatment, and may be serious and life threatening. Patients should be instructed to discontinue dimethyl fumarate and seek immediate medical care if they experience signs or symptoms of anaphylaxis. Treatment should not be restarted (see section 4.8).

#### Infections

In phase III placebo-controlled studies, the incidence of infections (60% vs 58%) and serious infections (2% vs 2%) was similar in patients treated with dimethyl fumarate or placebo, respectively. However, due to dimethyl fumarate immunomodulatory properties (see section 5.1), if a patient develops a serious infection, suspending treatment with Dimethyl fumarate Mylan should be considered and the benefits and risks should be reassessed prior to re-initiation of therapy. Patients receiving Dimethyl fumarate Mylan should be instructed to report symptoms of infections to a physician. Patients with serious infections should not start treatment with Dimethyl fumarate Mylan until the infection(s) is resolved.

There was no increased incidence of serious infections observed in patients with lymphocyte counts  $<0.8 \times 10^9/L$  or  $<0.5 \times 10^9/L$  (see Section 4.8). If therapy is continued in the presence of moderate to severe prolonged lymphopenia, the risk of an opportunistic infection, including PML, cannot be ruled out (see section 4.4 subsection PML).

#### Herpes zoster infections

Cases of herpes zoster have occurred with dimethyl fumarate. The majority of cases were non-serious, however, serious cases, including disseminated herpes zoster, herpes zoster ophthalmicus, herpes zoster oticus, herpes zoster infection neurological, herpes zoster meningoencephalitis and herpes zoster meningomyelitis have been reported. These events may occur at any time during treatment. Monitor patients taking Dimethyl fumarate Mylan for signs and symptoms of herpes zoster especially when concurrent lymphocytopenia is reported. If herpes zoster occurs, appropriate treatment for herpes zoster should be administered. Consider withholding Dimethyl fumarate Mylan treatment in patients with serious infections until the infection has resolved (see section 4.8).

#### Treatment initiation

Dimethyl fumarate Mylan treatment should be started gradually to reduce the occurrence of flushing and gastrointestinal adverse reactions (see section 4.2).

#### Fanconi syndrome

Cases of Fanconi syndrome have been reported for a medicinal product containing dimethyl fumarate in combination with other fumaric acid esters. Early diagnosis of Fanconi syndrome and discontinuation of dimethyl fumarate treatment are important to prevent the onset of renal impairment and osteomalacia, as the syndrome is usually reversible. The most important signs are: proteinuria,

glucosuria (with normal blood sugar levels), hyperaminoaciduria and phosphaturia (possibly concurrent with hypophosphatemia). Progression might involve symptoms such as polyuria, polydipsia and proximal muscle weakness. In rare cases hypophosphataemic osteomalacia with non-localised bone pain, elevated alkaline phosphatase in serum and stress fractures may occur. Importantly, Fanconi syndrome can occur without elevated creatinine levels or low glomerular filtration rate. In case of unclear symptoms Fanconi syndrome should be considered and appropriate examinations should be performed.

#### Sodium content

This medicinal product contains less than 1 mmol sodium (23 mg) per capsule, that is to say essentially 'sodium-free'.

#### Paediatric population

The safety profile is qualitatively similar in paediatric patients compared to adults and therefore the warnings and precautions also apply to the paediatric patients. For quantitative differences in the safety profile see section 4.8.

The long-term safety of Dimethyl fumarate in paediatric population has not yet been established.

### **4.5 Interaction with other medicinal products and other forms of interaction**

Dimethyl fumarate Mylan has not been studied in combination with anti-neoplastic or immunosuppressive therapies and caution should, therefore, be used during concomitant administration. In multiple sclerosis clinical studies, the concomitant treatment of relapses with a short course of intravenous corticosteroids was not associated with a clinically relevant increase of infection.

Concomitant administration of non-live vaccines according to national vaccination schedules may be considered during Dimethyl fumarate Mylan therapy. In a clinical study involving a total of 71 patients with relapsing remitting multiple sclerosis, patients on dimethyl fumarate 240 mg twice daily for at least 6 months (n = 38) or non-pegylated interferon for at least 3 months (n = 33), mounted a comparable immune response (defined as  $\geq 2$ -fold increase from pre- to post-vaccination titer) to tetanus toxoid (recall antigen) and a conjugated meningococcal C polysaccharide vaccine (neoantigen), while the immune response to different serotypes of an unconjugated 23-valent pneumococcal polysaccharide vaccine (T-cell independent antigen) varied in both treatment groups. A positive immune response defined as a  $\geq 4$  fold increase in antibody titer to the three vaccines, was achieved by fewer subjects in both treatment groups. Small numerical differences in the response to tetanus toxoid and pneumococcal serotype 3 polysaccharide were noted in favour of non-pegylated interferon.

No clinical data are available on the efficacy and safety of live attenuated vaccines in patients taking Dimethyl fumarate Mylan. Live vaccines might carry an increased risk of clinical infection and should not be given to patients treated with Dimethyl fumarate Mylan unless, in exceptional cases, this potential risk is considered to be outweighed by the risk to the individual of not vaccinating.

During treatment with Dimethyl fumarate Mylan, simultaneous use of other fumaric acid derivatives (topical or systemic) should be avoided.

In humans, dimethyl fumarate is extensively metabolised by esterases before it reaches the systemic circulation and further metabolism occurs through the tricarboxylic acid cycle, with no involvement of the cytochrome P450 (CYP) system. Potential drug interaction risks were not identified from in vitro CYP-inhibition and induction studies, a p-glycoprotein study, or studies of the protein binding of dimethyl fumarate and monomethyl fumarate (a primary metabolite of dimethyl fumarate).

Commonly used medicinal products in patients with multiple sclerosis, intramuscular interferon beta-1a and glatiramer acetate, were clinically tested for potential interactions with dimethyl fumarate and did not alter the pharmacokinetic profile of dimethyl fumarate.

Evidence from healthy volunteer studies suggests that dimethyl fumarate-associated flushing is likely to be prostaglandin mediated. In two healthy volunteer studies, the administration of 325 mg (or equivalent) non-enteric coated acetylsalicylic acid, 30 minutes prior to dimethyl fumarate, dosing over 4 days and over 4 weeks, respectively, did not alter the pharmacokinetic profile of dimethyl fumarate. Potential risks associated with acetylsalicylic acid therapy should be considered prior to co-administration with Dimethyl fumarate Mylan in patients with Relapsing Remitting MS. Long term (> 4 weeks) continuous use of acetylsalicylic acid has not been studied (see sections 4.4 and 4.8).

Concurrent therapy with nephrotoxic medicinal products (such as aminoglycosides, diuretics, non-steroidal anti-inflammatory drugs or lithium) may increase the potential of renal adverse reactions (e.g. proteinuria see section 4.8) in patients taking Dimethyl fumarate Mylan (see section 4.4 Blood/laboratory tests).

Consumption of moderate amounts of alcohol did not alter exposure to dimethyl fumarate and was not associated with an increase in adverse reactions. Consumption of large quantities of strong alcoholic drinks (more than 30% alcohol by volume) should be avoided within an hour of taking Dimethyl fumarate Mylan, as alcohol may lead to increased frequency of gastrointestinal adverse reactions.

In vitro CYP induction studies did not demonstrate an interaction between dimethyl fumarate and oral contraceptives. In an in vivo study, co-administration of dimethyl fumarate with a combined oral contraceptive (norgestimate and ethinyl estradiol) did not elicit any relevant change in oral contraceptive exposure. No interaction studies have been performed with oral contraceptives containing other progestogens, however an effect of Dimethyl fumarate Mylan on their exposure is not expected.

#### Paediatric population

Interaction studies have only been performed in adults.

### **4.6 Fertility, pregnancy and lactation**

#### Pregnancy

There are no or limited amount of data from the use of dimethyl fumarate in pregnant women. Animal studies have shown reproductive toxicity (see section 5.3). Dimethyl fumarate Mylan is not recommended during pregnancy and in women of childbearing potential not using appropriate contraception (see section 4.5). Dimethyl fumarate Mylan should be used during pregnancy only if clearly needed and if the potential benefit justifies the potential risk to the foetus.

#### Breast-feeding

It is unknown whether dimethyl fumarate or its metabolites are excreted in human milk. A risk to the newborns/infants cannot be excluded. A decision must be made whether to discontinue breast-feeding or to discontinue Dimethyl fumarate Mylan therapy. The benefit of breast-feeding for the child and the benefit of therapy for the woman should be taken into account.

#### Fertility

There are no data on the effects of dimethyl fumarate on human fertility. Data from preclinical studies do not suggest that dimethyl fumarate would be associated with an increased risk of reduced fertility (see section 5.3).

### **4.7 Effects on ability to drive and use machines**



Dimethyl fumarate Mylan has no or negligible influence on the ability to drive and use machines. No studies on the ability to drive and use machines have been conducted but no effects potentially influencing this ability were found to be related to dimethyl fumarate in clinical studies.

#### 4.8 Undesirable effects

##### Summary of the safety profile

The most common adverse reactions (incidence  $\geq 10\%$ ) for patients treated with dimethyl fumarate were flushing and gastrointestinal events (i.e. diarrhoea, nausea, abdominal pain, abdominal pain upper). Flushing and gastrointestinal events tend to begin early in the course of treatment (primarily during the first month) and in patients who experience flushing and gastrointestinal events, these events may continue to occur intermittently throughout treatment with Dimethyl fumarate Mylan. The most commonly reported adverse reactions leading to discontinuation (incidence  $> 1\%$ ) in patients treated with dimethyl fumarate were flushing (3%) and gastrointestinal events (4%).

In placebo-controlled and uncontrolled clinical studies, a total of 2,513 patients have received Dimethyl fumarate for periods up to 12 years with an overall exposure equivalent to 11,318 person-years. A total of 1,169 patients have received at least 5 years of treatment with dimethyl fumarate, and 426 patients have received at least 10 years of treatment with dimethyl fumarate. The experience in uncontrolled clinical trials is consistent with the experience in the placebo-controlled clinical trials.

##### Tabulated summary of adverse reactions

Adverse reactions arising from clinical studies, post authorisation safety studies and spontaneous reports, are presented in the table below.

The adverse reactions are presented as MedDRA preferred terms under the MedDRA System Organ Class. The incidence of the adverse reactions below is expressed according to the following categories:

- Very common ( $\geq 1/10$ )
- Common ( $\geq 1/100$  to  $< 1/10$ )
- Uncommon ( $\geq 1/1,000$  to  $< 1/100$ )
- Rare ( $\geq 1/10,000$  to  $< 1/1,000$ )
- Very rare ( $< 1/10,000$ )
- Not known (frequency cannot be estimated from the available data)

MedDRA System Organ Class	Adverse reaction	Frequency category
Infections and infestations	Gastroenteritis	Common
	Progressive multifocal leukoencephalopathy (PML)	Not known
	Herpes zoster	Not known
Blood and lymphatic system disorders	Lymphopenia	Common
	Leucopenia	Common
	Thrombocytopenia	Uncommon
Immune system disorders	Hypersensitivity	Uncommon
	Anaphylaxis	Not known
	Dyspnoea	Not known
	Hypoxia	Not known
	Hypotension	Not known
	Angioedema	Not known
Nervous system disorders	Burning sensation	Common
Vascular disorders	Flushing	Very common
	Hot flush	Common

MedDRA System Organ Class	Adverse reaction	Frequency category
Respiratory, thoracic and mediastinal disorders	Rhinorrhoea	Not known
Gastrointestinal disorders	Diarrhoea	Very common
	Nausea	Very common
	Abdominal pain upper	Very common
	Abdominal pain	Very common
	Vomiting	Common
	Dyspepsia	Common
	Gastritis	Common
Hepatobiliary disorders	Gastrointestinal disorder	Common
	Aspartate aminotransferase increased	Common
	Alanine aminotransferase increased	Common
Skin and subcutaneous tissue disorders	Drug-induced liver injury	Not known
	Pruritus	Common
	Rash	Common
	Erythema	Common
Renal and urinary disorders	Alopecia	Common
	Proteinuria	Common
General disorders and administration site conditions	Feeling hot	Common
Investigations	Ketones measured in urine	Very common
	Albumin urine present	Common
	White blood cell count decreased	Common

#### Description of selected adverse reactions

##### *Flushing*

In the placebo-controlled studies, the incidence of flushing (34% versus 4%) and hot flush (7% versus 2%) was increased in patients treated with dimethyl fumarate compared to placebo, respectively. Flushing is usually described as flushing or hot flush, but can include other events (e.g. warmth, redness, itching, and burning sensation). Flushing events tend to begin early in the course of treatment (primarily during the first month) and in patients who experience flushing, these events may continue to occur intermittently throughout treatment with Dimethyl fumarate Mylan. In patients with flushing, the majority had flushing events that were mild or moderate in severity. Overall, 3% of patients treated with dimethyl fumarate discontinued due to flushing. The incidence of serious flushing, which may be characterised by generalised erythema, rash and/or pruritus, was seen in less than 1% of patients treated with dimethyl fumarate (see sections 4.2, 4.4 and 4.5).

##### *Gastrointestinal*

The incidence of gastrointestinal events (e.g. diarrhoea [14% versus 10%], nausea [12% versus 9%], upper abdominal pain [10% versus 6%], abdominal pain [9% versus 4%], vomiting [8% versus 5%] and dyspepsia [5% versus 3%]) was increased in patients treated with dimethyl fumarate compared to placebo, respectively. Gastrointestinal events tend to begin early in the course of treatment (primarily during the first month) and in patients who experience gastrointestinal events, these events may continue to occur intermittently throughout treatment with dimethyl fumarate. In the majority of patients who experienced gastrointestinal events, it was mild or moderate in severity. Four per cent (4%) of patients treated with dimethyl fumarate discontinued due to gastrointestinal events. The incidence of serious gastrointestinal events, including gastroenteritis and gastritis, was seen in 1% of patients treated with dimethyl fumarate (see section 4.2).

##### *Hepatic function*

Based on data from placebo-controlled studies, the majority of patients with elevations had hepatic transaminases that were < 3 times the upper limit of normal (ULN). The increased incidence of elevations of hepatic transaminases in patients treated with dimethyl fumarate relative to placebo was primarily seen during the first 6 months of treatment. Elevations of alanine aminotransferase and aspartate aminotransferase  $\geq 3$  times ULN, respectively, were seen in 5% and 2% of patients treated with placebo and 6% and 2% of patients treated with dimethyl fumarate. Discontinuations due to elevated hepatic transaminases were < 1% and similar in patients treated with dimethyl fumarate or placebo. Elevations in transaminases  $\geq 3$  times ULN with concomitant elevations in total bilirubin > 2 times ULN, were not observed in placebo-controlled studies.

Increase of liver enzymes and cases of drug-induced liver injury (elevations in transaminases  $\geq 3$  times ULN with concomitant elevations in total bilirubin > 2 times ULN), have been reported in post marketing experience following dimethyl fumarate administration, which resolved upon treatment discontinuation.

### *Lymphopenia*

In the placebo-controlled studies most patients (> 98%) had normal lymphocyte values prior to initiating treatment. Upon treatment with dimethyl fumarate, mean lymphocyte counts decreased over the first year with a subsequent plateau. On average, lymphocyte counts decreased by approximately 30% of baseline value. Mean and median lymphocyte counts remained within normal limits. Lymphocyte counts <  $0.5 \times 10^9/L$  were observed in < 1% of patients treated with placebo and 6% of patients treated with dimethyl fumarate. A lymphocyte count <  $0.2 \times 10^9/L$  was observed in 1 patient treated with dimethyl fumarate and in no patients treated with placebo.

In clinical studies (both controlled and uncontrolled), 41% of patients treated with dimethyl fumarate had lymphopenia (defined in these studies as  $< 0.91 \times 10^9/L$ ). Mild lymphopenia (counts  $\geq 0.8 \times 10^9/L$  and  $< 0.91 \times 10^9/L$ ) was observed in 28% of patients; moderate lymphopenia (counts  $\geq 0.5 \times 10^9/L$  and  $< 0.8 \times 10^9/L$ ) persisting for at least six months was observed in 11% of patients; severe lymphopenia (counts  $< 0.5 \times 10^9/L$ ) persisting for at least six months was observed in 2% of patients. In the group with severe lymphopenia, the majority of lymphocyte counts remained  $< 0.5 \times 10^9/L$  with continued therapy.

In addition, in an uncontrolled, prospective, post-marketing study, at week 48 of treatment with dimethyl fumarate (n=185) CD4+ T cells were moderately (counts  $\geq 0.2 \times 10^9/L$  to  $< 0.4 \times 10^9/L$ ) or severely ( $< 0.2 \times 10^9/L$ ) decreased in up to 37 % or 6 % of patients, respectively, while CD8+ T cells were more frequently reduced with up to 59 % of patients at counts  $< 0.2 \times 10^9/L$  and 25 % of patients at counts  $< 0.1 \times 10^9/L$ .

In controlled and uncontrolled clinical studies, patients who discontinued dimethyl fumarate therapy with lymphocyte counts below the lower limit of normal (LLN) were monitored for recovery of lymphocyte count to the LLN (see section 5.1).

### *Infections, including PML and opportunistic infections*

Cases of infections with John Cunningham virus (JCV) causing Progressive Multifocal Leukoencephalopathy (PML) have been reported with dimethyl fumarate (see section 4.4). PML may be fatal or result in severe disability. In one of the clinical trials, one patient taking dimethyl fumarate developed PML in the setting of prolonged severe lymphopenia (lymphocyte counts predominantly  $< 0.5 \times 10^9/L$  for 3.5 years), with a fatal outcome. In the post-marketing setting, PML has also occurred in the presence of moderate and mild lymphopenia ( $> 0.5 \times 10^9/L$  to  $< LLN$ , as defined by local laboratory reference range).

In several PML cases with determination of T cell subsets at the time of diagnosis of PML, CD8+ T cell counts were found to be decreased to  $< 0.1 \times 10^9/L$ , whereas reductions in CD4+ T cells counts were variable (ranging from  $< 0.05$  to  $0.5 \times 10^9/L$ ) and correlated more with the overall severity of

lymphopenia ( $<0.5 \times 10^9/L$  to  $<LLN$ ). Consequently, the CD4+/CD8+ ratio was increased in these patients.

Prolonged moderate to severe lymphopenia appears to increase the risk of PML with dimethyl fumarate, however, PML also occurred in patients with mild lymphopenia. Additionally, the majority of PML cases in the post-marketing setting have occurred in patients  $>50$  years.

Herpes zoster infections have been reported with dimethyl fumarate use. In an ongoing long-term extension study, in which 1,736 MS patients are treated with dimethyl fumarate, approximately 5% experienced one or more events of herpes zoster, the majority of which were mild to moderate in severity. Most subjects, including those who experienced a serious herpes zoster infection, had lymphocyte counts above the lower limit of normal. In a majority of subjects with concurrent lymphocyte counts below the LLN, lymphopenia was rated moderate or severe. In the post-marketing setting, most cases of herpes zoster infection were non-serious and resolved with treatment. Limited data is available on absolute lymphocyte count (ALC) in patients with herpes zoster infection in the post-marketing setting. However, when reported, most patients experienced moderate ( $\geq 0.5 \times 10^9/L$  to  $< 0.8 \times 10^9/L$ ) or severe ( $< 0.5 \times 10^9/L$  to  $0.2 \times 10^9/L$ ) lymphopenia (see section 4.4).

#### *Laboratory abnormalities*

In the placebo-controlled studies, measurement of urinary ketones (1+ or greater) was higher in patients treated with dimethyl fumarate (45%) compared to placebo (10%). No untoward clinical consequences were observed in clinical trials.

Levels of 1,25-dihydroxyvitamin D decreased in dimethyl fumarate treated patients relative to placebo (median percentage decrease from baseline at 2 years of 25% versus 15%, respectively) and levels of parathyroid hormone (PTH) increased in dimethyl fumarate treated patients relative to placebo (median percentage increase from baseline at 2 years of 29% versus 15%, respectively). Mean values for both parameters remained within normal range.

A transient increase in mean eosinophil counts was seen during the first 2 months of therapy.

#### Paediatric population

In a 96 week open label, randomised active controlled trial in paediatric patients with RRMS aged 10 to less than 18 years (120 mg twice a day for 7 days followed by 240 mg twice a day for the remainder of treatment; study population, n=78), the safety profile in paediatric patients appeared similar to that previously observed in adult patients.

The paediatric clinical trial design differed from the adult placebo-controlled clinical trials. Therefore, a contribution of clinical trial design to numerical differences in adverse reactions between the paediatric and adult populations, cannot be excluded.

The following adverse events were more frequently reported ( $\geq 10\%$ ) in the paediatric population than in the adult population:

- Headache was reported in 28% of patients treated with dimethyl fumarate versus 36% in patients treated with interferon beta-1a.
- Gastrointestinal disorders were reported in 74% of patients treated with dimethyl fumarate versus 31% in patients treated with interferon beta-1a. Among them, abdominal pain and vomiting were the most frequently reported with dimethyl fumarate.
- Respiratory, thoracic and mediastinal disorders were reported in 32% of patients treated with dimethyl fumarate versus 11% in patients treated with interferon beta-1a. Among them, oropharyngeal pain and cough were the most frequently reported with dimethyl fumarate.
- Dysmenorrhea was reported in 17% of patients treated with dimethyl fumarate versus 7% of patients treated with interferon beta-1a.

In a small 24 week open-label uncontrolled study in paediatric patients with RRMS aged 13 to 17 years (120 mg twice a day for 7 days followed by 240 mg twice a day for the remainder of

treatment; safety population, n=22), followed by a 96 week extension study (240 mg twice per day; safety population n=20), the safety profile appeared similar to that observed in adult patients.

There are limited data available in children between 10 and 12 years old. The safety and efficacy of dimethyl fumarate in children aged less than 10 years have not yet been established.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system listed in [Appendix V](#).\*

### **4.9 Overdose**

Cases of overdose with dimethyl fumarate have been reported. The symptoms described in these cases were consistent with the known adverse reaction profile of dimethyl fumarate. There are no known therapeutic interventions to enhance elimination of dimethyl fumarate nor is there a known antidote. In the event of overdose, it is recommended that symptomatic supportive treatment be initiated as clinically indicated.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: Immunosuppressants, other immunosuppressants, ATC code: L04AX07

#### Mechanism of action

The mechanism by which dimethyl fumarate exerts therapeutic effects in multiple sclerosis is not fully understood. Preclinical studies indicate that dimethyl fumarate pharmacodynamic responses appear to be primarily mediated through activation of the Nuclear factor (erythroid-derived 2)-like 2 (Nrf2) transcriptional pathway. Dimethyl fumarate has been shown to up regulate Nrf2-dependent antioxidant genes in patients (e.g. NAD(P)H dehydrogenase, quinone 1; [NQO1]).

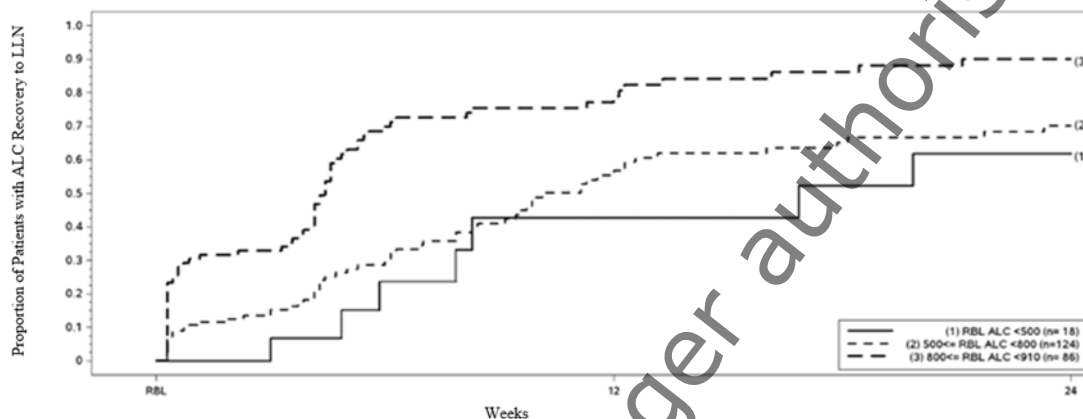
#### Pharmacodynamic effects

##### *Effects on the immune system*

In preclinical and clinical studies, dimethyl fumarate demonstrated anti-inflammatory and immunomodulatory properties. Dimethyl fumarate and monomethyl fumarate, the primary metabolite of dimethyl fumarate, significantly reduced immune cell activation and subsequent release of pro-inflammatory cytokines in response to inflammatory stimuli in preclinical models. In clinical studies with psoriasis patients, dimethyl fumarate affected lymphocyte phenotypes through a down-regulation of pro-inflammatory cytokine profiles (T<sub>H</sub>1, T<sub>H</sub>17), and biased towards anti-inflammatory production (T<sub>H</sub>2). Dimethyl fumarate demonstrated therapeutic activity in multiple models of inflammatory and neuroinflammatory injury. In Phase 3 studies in MS patients (DEFINE, CONFIRM and ENDORSE), upon treatment with dimethyl fumarate mean lymphocyte counts decreased on average by approximately 30% of their baseline value over the first year with a subsequent plateau. In these studies, patients who discontinued dimethyl fumarate therapy with lymphocyte counts below the lower limit of normal (LLN, 910 cells/mm<sup>3</sup>) were monitored for recovery of lymphocyte counts to the LLN.

Figure 1 shows the proportion of patients estimated to reach the LLN based on the Kaplan-Meier method without prolonged severe lymphopenia. The recovery baseline (RBL) was defined as the last on-treatment ALC prior to dimethyl fumarate discontinuation. The estimated proportion of patients recovering to LLN ( $ALC \geq 0.9 \times 10^9/L$ ) at Week 12 and Week 24, who had mild, moderate, or severe lymphopenia at RBL are presented in Table 1, Table 2, and Table 3 with 95% pointwise confidence intervals. The standard error of the Kaplan-Meier estimator of the survival function is computed using Greenwood's formula.

Figure 1: Kaplan-Meier Method; Proportion of Patients with Recovery to  $\geq 910$  cells/mm<sup>3</sup> LLN from the Recovery Baseline (RBL)



Number of Patients at Risk	
RBL: ALC < 500 cells/mm <sup>3</sup>	18
RBL: ALC $\geq$ 500 to < 800 cells/mm <sup>3</sup>	124
RBL: ALC $\geq$ 800 to < 910 cells/mm <sup>3</sup>	86
	Weeks
	RBL
	12
	24

**Table 1: Kaplan-Meier Method; Proportion of patients estimated to reach LLN, mild lymphopenia at the recovery baseline (RBL), excluding patients with prolonged severe lymphopenia**

Number of patients with mild lymphopenia <sup>a</sup> at risk	Baseline N=86	Week 12 N=12	Week 24 N=4
Proportion reaching LLN (95% CI)		0.81 (0.71, 0.89)	0.90 (0.81, 0.96)

<sup>a</sup> Patients with  $ALC < 910$  and  $\geq 800$  cells/mm<sup>3</sup> at RBL, excluding patients with prolonged severe lymphopenia.

**Table 2: Kaplan-Meier Method; Proportion of patients estimated to reach LLN, moderate lymphopenia at the recovery baseline (RBL), excluding patients with prolonged severe lymphopenia**

Number of patients with moderate lymphopenia <sup>a</sup> at risk	Baseline N=124	Week 12 N=33	Week 24 N=17
Proportion reaching LLN (95% CI)		0.57 (0.46, 0.67)	0.70 (0.60, 0.80)

<sup>a</sup> Patients with  $ALC < 800$  and  $\geq 500$  cells/mm<sup>3</sup> at RBL, excluding patients with prolonged severe lymphopenia.

**Table 3: Kaplan-Meier Method; Proportion of patients estimated to reach LLN, severe lymphopenia at the recovery baseline (RBL), excluding patients with prolonged severe lymphopenia**

Number of patients with severe lymphopenia <sup>a</sup> at risk	Baseline N=18	Week 12 N=6	Week 24 N=4
Proportion reaching LLN (95% CI)		0.43 (0.20, 0.75)	0.62 (0.35, 0.88)

<sup>a</sup> Patients with ALC < 500 cells/mm<sup>3</sup> at RBL, excluding patients with prolonged severe lymphopenia.

### Clinical efficacy and safety

Two, 2-year, randomised, double-blind, placebo controlled studies (DEFINE with 1234 subjects and CONFIRM with 1417 patients) of patients with relapsing-remitting multiple sclerosis (RRMS) were performed. Patients with progressive forms of MS were not included in these studies.

Efficacy (see table below) and safety were demonstrated in subjects with Expanded Disability Status Scale (EDSS) scores ranging from 0 to 5 inclusive, who had experienced at least 1 relapse during the year prior to randomisation, or, in the 6 weeks before randomisation had a brain Magnetic Resonance Imaging (MRI) demonstrating at least one gadolinium-enhancing (Gd+) lesion. Study CONFIRM contained a rater-blinded (i.e. study physician/ investigator assessing the response to study treatment was blinded) reference comparator of glatiramer acetate.

In DEFINE, patients had the following median baseline characteristics: age 39 years, disease duration 7.0 years, EDSS score 2.0. In addition, 16% of patients had an EDSS score > 3.5, 28% had ≥ 2 relapses in the prior year and 42% had previously received other approved MS treatments. In the MRI cohort 36% of patients entering the study had Gd+ lesions at baseline (mean number of Gd+ lesions 1.4).

In CONFIRM, patients had the following median baseline characteristics: age 37 years, disease duration 6.0 years, EDSS score 2.5. In addition, 17% of patients had an EDSS score > 3.5, 32% had ≥ 2 relapses in the prior year and 30% had previously received other approved MS treatments. In the MRI cohort 45% of patients entering the study had Gd+ lesions at baseline (mean number of Gd+ lesions 2.4).

Compared to placebo, subjects treated with dimethyl fumarate had a clinically meaningful and statistically significant reduction on: the primary endpoint in Study DEFINE, proportion of subjects relapsed at 2 years; and the primary endpoint in Study CONFIRM, annualised relapse rate (ARR) at 2 years.

The ARR for glatiramer acetate and placebo was 0.286 and 0.401 respectively in Study CONFIRM, corresponding to a reduction of 29% (p = 0.013), which is consistent with approved prescribing information.

	DEFINE		CONFIRM		
	Placebo	Dimethyl fumarate 240 mg twice a day	Placebo	Dimethyl fumarate 240 mg twice a day	Glatiramer acetate
<b>Clinical Endpoints<sup>a</sup></b>					
No. patients	408	410	363	359	350
Annualised relapse rate	0.364	0.172***	0.401	0.224***	0.286*
Rate ratio (95% CI)		0.47 (0.37, 0.61)		0.56 (0.42, 0.74)	0.71 (0.55, 0.93)
Proportion relapsed	0.461	0.270***	0.410	0.291**	0.321**

	DEFINE		CONFIRM		
	Placebo	Dimethyl fumarate 240 mg twice a day	Placebo	Dimethyl fumarate 240 mg twice a day	Glatiramer acetate
Hazard ratio (95% CI)		0.51 (0.40, 0.66)		0.66 (0.51, 0.86)	0.71 (0.55, 0.92)
Proportion within 12-week confirmed disability progression	0.271	0.164**	0.169	0.128 <sup>#</sup>	0.156 <sup>#</sup>
Hazard ratio (95% CI)		0.62 (0.44, 0.87)		0.79 (0.52, 1.19)	0.93 (0.63, 1.37)
Proportion with 24 week confirmed disability progression	0.169	0.128 <sup>#</sup>	0.125	0.078 <sup>#</sup>	0.108 <sup>#</sup>
Hazard ratio (95% CI)		0.77 (0.52, 1.14)		0.62 (0.37, 1.03)	0.87 (0.55, 1.38)
<b>MRI Endpoints<sup>b</sup></b>					
No. patients	165	152	144	147	161
Mean (median) number of new or newly enlarging T2 lesions over 2 years	16.5 (7.0)	3.2 (1.0)***	19.9 (11.0)	5.7 (2.0)***	9.6 (3.0)***
Lesion mean ratio (95% CI)		0.15 (0.10, 0.23)		0.29 (0.21, 0.41)	0.46 (0.33, 0.63)
Mean (median) number of Gd lesions at 2 years	1.8 (0)	0.1 (0)***	2.0 (0.0)	0.5 (0.0)***	0.7 (0.0)**
Odds ratio (95% CI)		0.10 (0.05, 0.22)		0.26 (0.15, 0.46)	0.39 (0.24, 0.65)
Mean (median) number of new T1 hypointense lesions over 2 years	5.7 (2.0)	2.0 (1.0)***	8.1 (4.0)	3.8 (1.0)***	4.5 (2.0)**
Lesion mean ratio (95% CI)		0.28 (0.20, 0.39)		0.43 (0.30, 0.61)	0.59 (0.42, 0.82)

<sup>a</sup>All analyses of clinical endpoints were intent-to-treat; <sup>b</sup>MRI analysis used MRI cohort  
\*P-value < 0.05; \*\*P-value < 0.01; \*\*\*P-value < 0.0001; #not statistically significant

An open non-controlled 8-year extension study (ENDORSE) enrolled 1,736 eligible RRMS patients from the pivotal studies (DEFINE and CONFIRM). The primary objective of the study was to assess the long-term safety of dimethyl fumarate in patients with RRMS. Of the 1,736 patients, approximately half (909, 52%) were treated for 6 years or longer. 501 patients were continuously treated with Dimethyl fumarate 240 mg twice daily across all 3 studies and 249 patients who were previously treated with placebo in studies DEFINE and CONFIRM received treatment 240 mg twice daily in study ENDORSE. Patients who received treatment twice daily continuously were treated for up to 12 years.

During study ENDORSE, more than half of all patients treated with Dimethyl fumarate 240 mg twice daily did not have a relapse. For patients continuously treated twice daily across all 3 studies, the adjusted ARR was 0.187 (95% CI: 0.156, 0.224) in studies DEFINE and CONFIRM and 0.141 (95% CI: 0.119, 0.167) in study ENDORSE. For patients previously treated with placebo, the adjusted ARR decreased from 0.330 (95% CI: 0.266, 0.408) in studies DEFINE and CONFIRM to 0.149 (95% CI: 0.116, 0.190) in study ENDORSE.

In study ENDORSE, the majority of patients (> 75%) did not have confirmed disability progression (measured as 6-month sustained disability progression). Pooled results from the three studies



demonstrated Dimethyl fumarate treated patients had consistent and low rates of confirmed disability progression with slight increase in mean EDSS scores across ENDORSE. MRI assessments (up to year 6, including 752 patients who had previously been included in the MRI cohort of studies DEFINE and CONFIRM) showed that the majority of patients (approximately 90%) had no Gd-enhancing lesions. Over the 6 years, the annual adjusted mean number of new or newly enlarging T2 and new T1 lesions remained low.

Efficacy in patients with high disease activity:

In studies DEFINE and CONFIRM, consistent treatment effect on relapses in a subgroup of patients with high disease activity was observed, whilst the effect on time to 3-month sustained disability progression was not clearly established. Due to the design of the studies, high disease activity was defined as follows:

- Patients with 2 or more relapses in one year, and with one or more Gd-enhancing lesions on brain MRI (n = 42 in DEFINE; n = 51 in CONFIRM) or,
- Patients who have failed to respond to a full and adequate course (at least one year of treatment) of beta-interferon, having had at least 1 relapse in the previous year while on therapy, and at least 9 T2-hyperintense lesions in cranial MRI or at least 1 Gd-enhancing lesion, or patients having an unchanged or increased relapse rate in the prior year as compared to the previous 2 years (n = 177 in DEFINE; n = 141 in CONFIRM).

### Paediatric population

The safety and effectiveness of dimethyl fumarate in paediatric RRMS was evaluated in a randomised, open-label, active-controlled (interferon beta-1a) parallel group study in patients with RRMS aged 10 to less than 18 years of age. One hundred and fifty patients were randomised to dimethyl fumarate (240 mg BID oral) or interferon beta-1a (30 µg IM once a week) for 96 weeks. The primary endpoint was the proportion of patients free of new or newly enlarging T2 hyperintense lesions on brain MRI scans at week 96. The main secondary endpoint was the number of new or newly enlarging T2 hyperintense lesions on brain MRI scans at week 96. Descriptive statistics are presented as no confirmatory hypothesis was pre-planned for the primary endpoint.

The proportion of patients in the ITT population with no new or newly enlarging T2 MRI lesions at week 96 relative to baseline was 12.8% for dimethyl fumarate versus 2.8% in the interferon beta-1a group. The mean number of new or newly enlarging T2 lesions at Week 96 relative to baseline, adjusted for baseline number of T2 lesions and age (ITT population excluding patients without MRI measurements) was 12.4 for dimethyl fumarate and 32.6 for interferon beta-1a.

The probability for clinical relapse was 34% in the dimethyl fumarate group and 48% in the interferon beta-1a group by the end of the 96 week open-label study period.

The safety profile in paediatric patients (aged 13 to less than 18 years of age) receiving dimethyl fumarate was qualitatively consistent with that previously observed in adult patients (see section 4.8).

## **5.2 Pharmacokinetic properties**

Orally administered dimethyl fumarate undergoes rapid presystemic hydrolysis by esterases and is converted to its primary metabolite, monomethyl fumarate, which is also active. Dimethyl fumarate is not quantifiable in plasma following oral administration of dimethyl fumarate. Therefore, all pharmacokinetic analyses related to dimethyl fumarate were performed with plasma monomethyl fumarate concentrations. Pharmacokinetic data were obtained in subjects with multiple sclerosis and healthy volunteers.

### Absorption

The  $T_{max}$  of monomethyl fumarate is 2 to 2.5 hours. As Dimethyl fumarate Mylan gastro-resistant hard capsules contain enteric coated pellets, which are protected by an enteric coating, absorption does not commence until they leave the stomach (generally less than 1 hour). Following 240 mg twice a day

administered with food, the median peak ( $C_{max}$ ) was 1.72 mg/l and overall area under the curve (AUC) exposure was 8.02 h.mg/l in subjects with multiple sclerosis. Overall,  $C_{max}$  and AUC increased approximately dose- proportionally in the dose range studied (120 mg to 360 mg). In subjects with multiple sclerosis, two 240 mg doses were administered 4 hours apart as part of a three times a day dosing regimen. This resulted in a minimal accumulation of exposure yielding an increase in the median  $C_{max}$  of 12% compared to the twice daily dosing (1.72 mg/l for twice daily compared to 1.93 mg/l for three times daily) with no safety implications.

Food does not have a clinically significant effect on exposure of dimethyl fumarate. However, dimethyl fumarate should be taken with food due to improved tolerability with respect to flushing or gastrointestinal adverse events (see section 4.2).

### Distribution

The apparent volume of distribution following oral administration of 240 mg dimethyl fumarate varies between 60 L and 90 L. Human plasma protein binding of monomethyl fumarate generally ranges between 27% and 40%.

### Biotransformation

In humans, dimethyl fumarate is extensively metabolised with less than 0.1% of the dose excreted as unchanged dimethyl fumarate in urine. It is initially metabolised by esterases, which are ubiquitous in the gastrointestinal tract, blood and tissues, before it reaches the systemic circulation. Further metabolism occurs through the tricarboxylic acid cycle, with no involvement of the cytochrome P450 (CYP) system. A single 240 mg <sup>14</sup>C-dimethyl fumarate dose study identified glucose as the predominant metabolite in human plasma. Other circulating metabolites included fumaric acid, citric acid and monomethyl fumarate. The downstream metabolism of fumaric acid occurs through the tricarboxylic acid cycle, with exhalation of CO<sub>2</sub> serving as a primary route of elimination.

### Elimination

Exhalation of CO<sub>2</sub> is the primary route of dimethyl fumarate elimination accounting for 60% of the dose. Renal and faecal elimination are secondary routes of elimination, accounting for 15.5% and 0.9% of the dose respectively.

The terminal half-life of monomethyl fumarate is short (approximately 1 hour) and no circulating monomethyl fumarate is present at 24 hours in the majority of individuals. Accumulation of parent drug or monomethyl fumarate does not occur with multiple doses of dimethyl fumarate at the therapeutic regimen.

### Linearity

Dimethyl fumarate exposure increases in an approximately dose proportional manner with single and multiple doses in the 120 mg to 360 mg dose range studied.

### Pharmacokinetics in special patient groups

Based on the results of Analysis of Variance (ANOVA), body weight is the main covariate of exposure (by  $C_{max}$  and AUC) in RRMS subjects, but did not affect safety and efficacy measures evaluated in the clinical studies.

Gender and age did not have a clinically significant impact on the pharmacokinetics of dimethyl fumarate. The pharmacokinetics in patients aged 65 and over has not been studied.

### *Paediatric population*

The pharmacokinetic profile of 240 mg dimethyl fumarate twice a day was evaluated in a small, open-label, uncontrolled study in patients with RRMS aged 13 to 17 years (n = 21). The pharmacokinetics of dimethyl fumarate in these adolescent patients was consistent with that previously observed in adult

patients ( $C_{\max}$ :  $2.00 \pm 1.29$  mg/l;  $AUC_{0-12 \text{ hr}}$ :  $3.62 \pm 1.16$  hmg/l, which corresponds to an overall daily AUC of 7.24 hmg/l).

#### *Renal impairment*

Since the renal pathway is a secondary route of elimination for dimethyl fumarate accounting for less than 16% of the dose administered, evaluation of pharmacokinetics in individuals with renal impairment was not conducted.

#### *Hepatic impairment*

As dimethyl fumarate and monomethyl fumarate are metabolised by esterases, without the involvement of the CYP450 system, evaluation of pharmacokinetics in individuals with hepatic impairment was not conducted.

### **5.3 Preclinical safety data**

The adverse reactions described in the Toxicology and Reproduction toxicity sections below were not observed in clinical studies, but were seen in animals at exposure levels similar to clinical exposure levels.

#### Mutagenesis

Dimethyl fumarate and mono-methylfumarate were negative in a battery of *in vitro* assays (Ames, chromosomal aberration in mammalian cells). Dimethyl fumarate was negative in the *in vivo* micronucleus assay in the rat.

#### Carcinogenesis

Carcinogenicity studies of dimethyl fumarate were conducted for up to 2 years in mice and rats. Dimethyl fumarate was administered orally at doses of 25, 75, 200 and 400 mg/kg/day in mice, and at doses of 25, 50, 100, and 150 mg/kg/day in rats.

In mice, the incidence of renal tubular carcinoma was increased at 75 mg/kg/day, at equivalent exposure (AUC) to the recommended human dose. In rats, the incidence of renal tubular carcinoma and testicular Leydig cell adenoma was increased at 100 mg/kg/day, approximately 2 times higher exposure than the recommended human dose. The relevance of these findings to human risk is unknown.

The incidence of squamous cell papilloma and carcinoma in the nonglandular stomach (forestomach) was increased at equivalent exposure to the recommended human dose in mice and below exposure to the recommended human dose in rats (based on AUC). The forestomach in rodents does not have a human counterpart.

#### Toxicology

Nonclinical studies in rodent, rabbits, and monkeys were conducted with a dimethyl fumarate suspension (dimethyl fumarate in 0.8% hydroxypropyl methylcellulose) administered by oral gavage. The chronic dog study was conducted with oral administration of the dimethyl fumarate capsule.

Kidney changes were observed after repeated oral administration of dimethyl fumarate in mice, rats, dogs, and monkeys. Renal tubule epithelial regeneration, suggestive of injury, was observed in all species. Renal tubular hyperplasia was observed in rats with life time dosing (2-year study). In dogs that received daily oral doses of dimethyl fumarate for 11 months, the margin calculated for cortical atrophy was observed at 3 times the recommended dose based on AUC. In monkeys that received daily oral doses of dimethyl fumarate for 12 months, single cell necrosis was observed at 2 times the recommended dose based on AUC. Interstitial fibrosis and cortical atrophy were observed at 6 times the recommended dose based on AUC. The relevance of these findings to humans is not known.

In the testes, degeneration of the seminiferous epithelium was seen in rats and dogs. The findings were observed at approximately the recommended dose in rats and 3 times the recommended dose in dogs (AUC basis). The relevance of these findings to humans is not known.

Findings in the forestomach of mice and rats consisted of squamous epithelial hyperplasia and hyperkeratosis; inflammation; and squamous cell papilloma and carcinoma in studies of 3 months or longer in duration. The forestomach of mice and rats does not have a human counterpart.

#### Reproduction toxicity

Oral administration of dimethyl fumarate to male rats at 75, 250, and 375 mg/kg/day prior to and during mating had no effects on male fertility up to the highest dose tested (at least 2 times the recommended dose on an AUC basis). Oral administration of dimethyl fumarate to female rats at 25, 100, and 250 mg/kg/day prior to and during mating, and continuing to Day 7 of gestation, induced reduction in the number of estrous stages per 14 days and increased the number of animals with prolonged diestrus at the highest dose tested (11 times the recommended dose on an AUC basis). However, these changes did not affect fertility or the number of viable fetuses produced.

Dimethyl fumarate has been shown to cross the placental membrane into fetal blood in rats and rabbits, with ratios of fetal to maternal plasma concentrations of 0.48 to 0.64 and 0.1 respectively. No malformations were observed at any dose of dimethyl fumarate in rats or rabbits. Administration of dimethyl fumarate at oral doses of 25, 100, and 250 mg/kg/day to pregnant rats during the period of organogenesis resulted in maternal adverse effects at 4 times the recommended dose on an AUC basis, and low fetal weight and delayed ossification (metatarsals and hindlimb phalanges) at 11 times the recommended dose on an AUC basis. The lower fetal weight and delayed ossification were considered secondary to maternal toxicity (reduced body weight and food consumption).

Oral administration of dimethyl fumarate at 25, 75, and 150 mg/kg/day to pregnant rabbits during organogenesis had no effect on embryo-fetal development and resulted in reduced maternal body weight at 7 times the recommended dose and increased abortion at 16 times the recommended dose, on an AUC basis.

Oral administration of dimethyl fumarate at 25, 100, and 250 mg/kg/day to rats during pregnancy and lactation resulted in lower body weights in the F1 offspring, and delays in sexual maturation in F1 males at 11 times the recommended dose on an AUC basis. There were no effects on fertility in the F1 offspring. The lower offspring body weight was considered secondary to maternal toxicity.

Two toxicity studies in juvenile rats with daily oral administration of dimethyl fumarate from postnatal day (PND) 28 through PND 90 to 93 (equivalent to approximately 3 years and older in humans) revealed similar target organ toxicities in the kidney and forestomach as observed in adult animals. In the first study, dimethyl fumarate did not affect development, neurobehavior or male and female fertility up to the highest dose of 140 mg/kg/day (approximately 4.6 times the recommended human dose based on limited AUC data in paediatric patients). Likewise, no effects on male reproductive and accessory organs were observed up to the highest dimethyl fumarate dose of 375 mg/kg/day in the second study in male juvenile rats (about 15-times the putative AUC at the recommended paediatric dose). However, decreased bone mineral content and density in the femur and lumbar vertebrae were evident in male juvenile rats. Bone densitometry changes were also observed in juvenile rats following oral dioximel fumarate administration, another fumaric ester that is metabolised to the same active metabolite monomethyl fumarate in vivo. The NOAEL for the densitometry changes in juvenile rats is approximately 1.5 times the presumptive AUC at the recommended paediatric dose. A relation of the bone effects to lower body weight is possible, but the involvement of a direct effect cannot be excluded. The bone findings are of limited relevance for adult patients. The relevance for paediatric patients is not known.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

#### Capsule contents (enteric-coated pellets)

Microcrystalline cellulose  
Croscarmellose sodium  
Silica, colloidal anhydrous  
Magnesium stearate  
Methacrylic acid and Methyl Methacrylate copolymer (1:1)  
Methacrylic acid - Ethyl acrylate copolymer (1:1) dispersion 30%  
Triethyl citrate  
Talc

#### Capsule shell

Gelatin  
Titanium dioxide (E171)  
FD&C Blue#2 (E132)  
Yellow iron oxide (E172)  
Black iron oxide (E172)

#### Capsule print (black ink)

Shellac  
Propylene glycol  
Ammonium hydroxide  
Black iron oxide (E172)

### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

3 years

Bottle pack after opening 180 days.

### **6.4 Special precautions for storage**

Do not store above 30°C.

### **6.5 Nature and contents of container**

120 mg gastro-resistant hardcapsules: 14 gastro-resistant hard capsules in PVC/PE/PVdC aluminium blister packs and unit dose blister packs and white High density polyethylene (HDPE) bottles with a white opaque polypropylene screw cap with aluminium induction seal liner wad containing 14 or 60 gastro-resistant hard capsules.

240 mg gastro-resistant hard capsules 56 or 168 gastro-resistant hard capsules in PVC/PE/PVdC aluminium blister packs and unit dose blister packs and white High density polyethylene (HDPE) bottles with a white opaque polypropylene screw cap with aluminium induction seal liner wad containing 56 or 168 gastro-resistant hard capsules.

Not all pack sizes may be marketed.

## **6.6 Special precautions for disposal**

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

## **7. MARKETING AUTHORISATION HOLDER**

Mylan Ireland Limited  
Unit 35/36 Grange Parade  
Baldoyle Industrial Estate  
Dublin 13  
Ireland

## **8. MARKETING AUTHORISATION NUMBER(S)**

Dimethyl fumarate Mylan 120 mg gastro-resistant hard capsules

EU/1/22/1634/001  
EU/1/22/1634/002  
EU/1/22/1634/003  
EU/1/22/1634/004

Dimethyl fumarate Mylan 240 mg gastro-resistant hard capsules

EU/1/22/1634/005  
EU/1/22/1634/006  
EU/1/22/1634/007  
EU/1/22/1634/008  
EU/1/22/1634/009  
EU/1/22/1634/010

## **9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 13 May 2022

## **10. DATE OF REVISION OF THE TEXT**

Detailed information on this medicinal product is available on the website of the European Medicines Agency <http://www.ema.europa.eu>

**ANNEX II**

- A. MANUFACTURER RESPONSIBLE FOR BATCH RELEASE**
- B. CONDITIONS OR RESTRICTIONS REGARDING SUPPLY AND USE**
- C. OTHER CONDITIONS AND REQUIREMENTS OF THE MARKETING AUTHORISATION**
- D. CONDITIONS OR RESTRICTIONS WITH REGARD TO THE SAFE AND EFFECTIVE USE OF THE MEDICINAL PRODUCT**

## **A. MANUFACTURERS RESPONSIBLE FOR BATCH RELEASE**

### Name and address of the manufacturers responsible for batch release

McDermott Laboratories Limited t/a Gerard Laboratories  
35/36 Baldoyle Industrial Estate  
Grange Road,  
Dublin 13  
Ireland

Mylan Hungary Kft  
Mylan utca 1  
Komárom, 2900  
Hungary

Mylan Germany GmbH  
Benzstrasse 1, Bad Homburg  
61352 Hesse  
Germany

The printed package leaflet of the medicinal product must state the name and address of the manufacturer responsible for the release of the concerned batch.

## **B. CONDITIONS OR RESTRICTIONS REGARDING SUPPLY AND USE**

Medicinal product subject to restricted medical prescription (see Annex I: Summary of Product Characteristics, section 4.2).

## **C. OTHER CONDITIONS AND REQUIREMENTS OF THE MARKETING AUTHORISATION**

- **Periodic safety update reports (PSURs)**

The requirements for submission of PSURs for this medicinal product are set out in the list of Union reference dates (EURD list) provided for under Article 107c(7) of Directive 2001/83/EC and any subsequent updates published on the European medicines web-portal.

## **D. CONDITIONS OR RESTRICTIONS WITH REGARD TO THE SAFE AND EFFECTIVE USE OF THE MEDICINAL PRODUCT**

- **Risk management plan (RMP)**

The marketing authorisation holder (MAH) shall perform the required pharmacovigilance activities and interventions detailed in the agreed RMP presented in Module 1.8.2 of the marketing authorisation and any agreed subsequent updates of the RMP.

An updated RMP should be submitted:

- At the request of the European Medicines Agency;
- Whenever the risk management system is modified, especially as the result of new information being received that may lead to a significant change to the benefit/risk profile or as the result of an important (pharmacovigilance or risk minimisation) milestone being reached.



Medicinal product no longer authorised

**ANNEX III**  
**LABELLING AND PACKAGE LEAFLET**

Medicinal product no longer authorised

**A. LABELLING**

**PARTICULARS TO APPEAR ON THE OUTER PACKAGING**

**CARTON**

**1. NAME OF THE MEDICINAL PRODUCT**

Dimethyl fumarate Mylan 120 mg gastro-resistant capsules  
dimethyl fumarate

**2. STATEMENT OF ACTIVE SUBSTANCE(S)**

Each capsule contains 120 mg dimethyl fumarate

**3. LIST OF EXCIPIENTS**

**4. PHARMACEUTICAL FORM AND CONTENTS**

Gastro-resistant capsules

14 gastro-resistant capsules  
14 x 1 gastro-resistant capsules

**5. METHOD AND ROUTE(S) OF ADMINISTRATION**

Oral use  
Read the package leaflet before use.

**6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN**

Keep out of the sight and reach of children.

**7. OTHER SPECIAL WARNING(S), IF NECESSARY**

**8. EXPIRY DATE**

EXP

**9. SPECIAL STORAGE CONDITIONS**

Do not store above 30 °C.

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

Mylan Ireland Limited  
Unit 35/36 Grange Parade  
Baldoyle Industrial Estate  
Dublin 13  
Ireland.

**12. MARKETING AUTHORISATION NUMBER(S)**

EU/1/22/1634/001  
EU/1/22/1634/002

**13. BATCH NUMBER**

Lot

**14. GENERAL CLASSIFICATION FOR SUPPLY**

**15. INSTRUCTIONS ON USE**

**16. INFORMATION IN BRAILLE**

Dimethyl fumarate Mylan 120 mg

**17. UNIQUE IDENTIFIER – 2D BARCODE**

2D barcode carrying the unique identifier included.

**18. UNIQUE IDENTIFIER - HUMAN READABLE DATA**

PC  
SN  
NN

**MINIMUM PARTICULARS TO APPEAR ON BLISTERS OR STRIPS**

**BLISTER**

**1. NAME OF THE MEDICINAL PRODUCT**

Dimethyl fumarate Mylan 120 mg gastro-resistant capsules  
dimethyl fumarate

**2. NAME OF THE MARKETING AUTHORISATION HOLDER**

Mylan Ireland Limited

**3. EXPIRY DATE**

EXP

**4. BATCH NUMBER**

Lot

**5. OTHER**

Oral use

Medicinal product no longer authorised

**PARTICULARS TO APPEAR ON THE OUTER PACKAGING**

**CARTON**

**1. NAME OF THE MEDICINAL PRODUCT**

Dimethyl fumarate Mylan 240 mg gastro-resistant capsules  
dimethyl fumarate

**2. STATEMENT OF ACTIVE SUBSTANCE(S)**

Each capsule contains 240 mg dimethyl fumarate

**3. LIST OF EXCIPIENTS**

**4. PHARMACEUTICAL FORM AND CONTENTS**

Gastro-resistant capsules

56 gastro-resistant capsules  
56 x 1 gastro-resistant capsules  
168 gastro-resistant capsules  
168 x 1 gastro-resistant capsules

**5. METHOD AND ROUTE(S) OF ADMINISTRATION**

Oral use  
Read the package leaflet before use.

**6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN**

Keep out of the sight and reach of children.

**7. OTHER SPECIAL WARNING(S), IF NECESSARY**

**8. EXPIRY DATE**

EXP

**9. SPECIAL STORAGE CONDITIONS**

Do not store above 30 °C.

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

Mylan Ireland Limited  
Unit 35/36 Grange Parade  
Baldoyle Industrial Estate  
Dublin 13  
Ireland

**12. MARKETING AUTHORISATION NUMBER(S)**

EU/1/22/1634/005  
EU/1/22/1634/006  
EU/1/22/1634/007  
EU/1/22/1634/008

**13. BATCH NUMBER**

Lot

**14. GENERAL CLASSIFICATION FOR SUPPLY**

**15. INSTRUCTIONS ON USE**

**16. INFORMATION IN BRAILLE**

Dimethyl fumarate Mylan 240 mg

**17. UNIQUE IDENTIFIER – 2D BARCODE**

2D barcode carrying the unique identifier included

**18. UNIQUE IDENTIFIER - HUMAN READABLE DATA**

PC  
SN  
NN

**MINIMUM PARTICULARS TO APPEAR ON BLISTERS OR STRIPS**

**BLISTER**

**1. NAME OF THE MEDICINAL PRODUCT**

Dimethyl fumarate Mylan 240 mg gastro-resistant capsules  
dimethyl fumarate

**2. NAME OF THE MARKETING AUTHORISATION HOLDER**

Mylan Ireland Limited

**3. EXPIRY DATE**

EXP

**4. BATCH NUMBER**

Lot

**5. OTHER**

Oral use

Medicinal product no longer authorised



**PARTICULARS TO APPEAR ON THE OUTER PACKAGING AND THE IMMEDIATE PACKAGING**

**CARTON AND BOTTLE LABEL**

**1. NAME OF THE MEDICINAL PRODUCT**

Dimethyl fumarate Mylan 120 mg gastro-resistant capsules  
dimethyl fumarate

**2. STATEMENT OF ACTIVE SUBSTANCE(S)**

Each capsule contains 120 mg dimethyl fumarate

**3. LIST OF EXCIPIENTS**

**4. PHARMACEUTICAL FORM AND CONTENTS**

Gastro-resistant capsules

14 gastro-resistant capsules  
60 gastro-resistant capsules

**5. METHOD AND ROUTE(S) OF ADMINISTRATION**

Oral use  
Read the package leaflet before use.

**6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN**

Keep out of the sight and reach of children.

**7. OTHER SPECIAL WARNING(S), IF NECESSARY**

**8. EXPIRY DATE**

EXP

Once opened: 180 days

**9. SPECIAL STORAGE CONDITIONS**

Do not store above 30°C.

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

Mylan Ireland Limited  
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Dublin 13  
Ireland.

**12. MARKETING AUTHORISATION NUMBER(S)**

EU/1/22/1634/003  
EU/1/22/1634/004

**13. BATCH NUMBER**

Lot

**14. GENERAL CLASSIFICATION FOR SUPPLY**

**15. INSTRUCTIONS ON USE**

**16. INFORMATION IN BRAILLE**

Dimethyl fumarate Mylan 120 mg

**17. UNIQUE IDENTIFIER – 2D BARCODE**

2D barcode carrying the unique identifier included.

**18. UNIQUE IDENTIFIER - HUMAN READABLE DATA**

PC  
SN  
NN

**PARTICULARS TO APPEAR ON THE OUTER PACKAGING AND THE IMMEDIATE PACKAGING**

**CARTON AND BOTTLE LABEL**

**1. NAME OF THE MEDICINAL PRODUCT**

Dimethyl fumarate Mylan 240 mg gastro-resistant capsules  
dimethyl fumarate

**2. STATEMENT OF ACTIVE SUBSTANCE(S)**

Each capsule contains 240 mg dimethyl fumarate

**3. LIST OF EXCIPIENTS**

**4. PHARMACEUTICAL FORM AND CONTENTS**

Gastro-resistant capsules

56 gastro-resistant capsules  
168 gastro-resistant capsules

**5. METHOD AND ROUTE(S) OF ADMINISTRATION**

Oral use  
Read the package leaflet before use.

**6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN**

Keep out of the sight and reach of children.

**7. OTHER SPECIAL WARNING(S), IF NECESSARY**

**8. EXPIRY DATE**

EXP  
Once opened: 180 days

**9. SPECIAL STORAGE CONDITIONS**

Do not store above 30 °C.

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

Mylan Ireland Limited  
Unit 35/36 Grange Parade  
Baldoyle Industrial Estate  
Dublin 13  
Ireland.

**12. MARKETING AUTHORISATION NUMBER(S)**

EU/1/22/1634/009  
EU/1/22/1634/010

**13. BATCH NUMBER**

Lot

**14. GENERAL CLASSIFICATION FOR SUPPLY**

**15. INSTRUCTIONS ON USE**

**16. INFORMATION IN BRAILLE**

Dimethyl fumarate Mylan 240 mg

**17. UNIQUE IDENTIFIER – 2D BARCODE**

2D barcode carrying the unique identifier included.

**18. UNIQUE IDENTIFIER - HUMAN READABLE DATA**

PC  
SN  
NN

Medicinal product no longer authorised

**B. PACKAGE LEAFLET**

## Package leaflet: Information for the patient

### **Dimethyl fumarate Mylan 120 mg gastro-resistant hard capsules** **Dimethyl fumarate Mylan 240 mg gastro-resistant hard capsules** dimethyl fumarate

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet**

1. What Dimethyl fumarate Mylan is and what it is used for
2. What you need to know before you take Dimethyl fumarate Mylan
3. How to take Dimethyl fumarate Mylan
4. Possible side effects
5. How to store Dimethyl fumarate Mylan
6. Contents of the pack and other information

#### **1. What Dimethyl fumarate Mylan is and what it is used for**

##### **What Dimethyl fumarate Mylan is**

**Dimethyl fumarate Mylan** is a medicine that contains the active substance **dimethyl fumarate**

##### **What Dimethyl fumarate Mylan is used for**

Dimethyl fumarate Mylan is used to treat relapsing-remitting multiple sclerosis (MS) in patients aged 13 years and older.

MS is a long-term condition that affects the central nervous system (CNS), including the brain and the spinal cord. Relapsing-remitting MS is characterised by repeated attacks (relapses) of nervous system symptoms. Symptoms vary from patient to patient, but typically include walking difficulties, feeling off balance and visual difficulties (e.g. blurred or double vision). These symptoms may disappear completely when the relapse is over, but some problems may remain.

##### **How Dimethyl fumarate Mylan works**

Dimethyl fumarate Mylan seems to work by stopping the body's defence system from damaging your brain and spinal cord. This may also help to delay future worsening of your MS.

#### **2. What you need to know before you take Dimethyl fumarate Mylan**

##### **Do not take Dimethyl fumarate Mylan**

- **if you are allergic to dimethyl fumarate** or any of the other ingredients of this medicine (listed in section 6).
- **If you are suspected to suffer from a rare brain infection called progressive multifocal leukoencephalopathy (PML) or if PML has been confirmed.**

## Warnings and precautions

Dimethyl fumarate Mylan may affect your **white blood cell counts**, your **kidneys** and **liver**. Before you start Dimethyl fumarate Mylan, your doctor will do a blood test to count the number of your white blood cells and will check that your kidneys and liver are working properly. Your doctor will test these periodically during treatment. If your number of white blood cells decreases during treatment, your doctor may consider additional analytic measures or discontinue your treatment

**Talk to your doctor** before taking Dimethyl fumarate Mylan if you have:

- severe **kidney** disease
- severe **liver** disease
- a disease of the **stomach** or **bowel**
- a serious **infection** (such as pneumonia)

Herpes zoster (shingles) may occur with Dimethyl fumarate Mylan treatment. In some cases, serious complications have occurred. **You should inform your doctor** immediately if you suspect you have any symptoms of shingles.

If you believe your MS is getting worse (e.g. weakness or visual changes) or if you notice any new symptoms, talk to your doctor straight away because these may be the symptoms of a rare brain infection called progressive multifocal leukoencephalopathy (PML). PML is a serious condition that may lead to severe disability or death.

A rare but serious kidney disorder (Fanconi Syndrome) has been reported for a medicine containing dimethyl fumarate, in combination with other fumaric acid esters, used to treat psoriasis (a skin disease). If you notice you are passing more urine, are more thirsty and drinking more than normal, your muscles seem weaker, you break a bone, or just have aches and pains, talk to your doctor as soon as possible so that this can be investigated further.

## Children and adolescents

The warnings and precautions listed above also apply to children. Dimethyl fumarate Mylan can be used in children and adolescents aged 13 years and above. No data are available in children below 10 years of age.

## Other medicines and Dimethyl fumarate Mylan

Tell your doctor or pharmacist if you are taking, have recently taken or might take any medicines, in particular:

- medicines that contain fumaric acid esters (fumarates) used to treat psoriasis
- **medicines that affect the body's immune system** including **other medicines used to treat MS**, such as fingolimod, natalizumab, teriflunomide, alemtuzumab, ocrelizumab or cladribine, or some commonly used **cancer** treatments (rituximab or mitoxantrone).
- **medicines that affect the kidneys including** some **antibiotics** (used to treat infections), "**water tablets**" (*diuretics*), **certain types of painkillers** (such as ibuprofen and other similar anti-inflammatories and medicines purchased without a doctor's prescription) and medicines that contain **lithium**
- Taking Dimethyl fumarate Mylan with certain types of vaccines (*live vaccines*) may cause you to get an infection and should, therefore, be avoided. Your doctor will advise whether other types of vaccines (non-live vaccines) should be given.

## Dimethyl fumarate Mylan with alcohol

Consumption of more than a small quantity (more than 50 ml) of strong alcoholic drinks (more than 30% alcohol by volume, e.g. spirits) should be avoided within an hour of taking Dimethyl fumarate Mylan, as alcohol can interact with this medicine. This could cause inflammation of the stomach (*gastritis*), especially in people already prone to gastritis.

## **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

### Pregnancy

Do not use Dimethyl fumarate Mylan if you are pregnant unless you have discussed this with your doctor.

### Breast-feeding

It is not known whether the active substance of Dimethyl fumarate Mylan passes into breast milk. Dimethyl fumarate Mylan should not be used during breast-feeding. Your doctor will help you decide whether you should stop breast-feeding, or stop using Dimethyl fumarate Mylan. This involves balancing the benefit of breast-feeding for your child, and the benefit of therapy for you.

## **Driving and using machines**

The effect of Dimethyl fumarate Mylan on the ability to drive or use machines is not known. Dimethyl fumarate Mylan is not expected to affect your ability to drive and use machines.

## **Dimethyl fumarate Mylan contains sodium**

This medicine contains less than 1 mmol sodium (23 mg) per capsule, that is to say essentially 'sodium-free'.

## **3. How to take Dimethyl fumarate Mylan**

Always take this medicine exactly as your doctor has told you. Check with your doctor if you are not sure.

### **Starting dose**

#### **120 mg twice a day.**

Take this starting dose for the first 7 days, then take the regular dose.

### **Regular dose**

#### **240 mg twice a day.**

Dimethyl fumarate Mylan is for oral use

**Swallow each capsule whole**, with some water. Do not divide, crush, dissolve, suck or chew the capsule as this may increase some side effects.

**Take Dimethyl fumarate Mylan with food** – it may help to reduce some of the very common side effects (listed in section 4).

## **If you take more Dimethyl fumarate Mylan than you should**

If you have taken too many capsules, **talk to your doctor straight away**. You may experience side effects similar to those described below in section 4.



## If you forget to take Dimethyl fumarate Mylan

If you forget or miss a dose, **do not take a double dose.**

You may take the missed dose if you leave at least 4 hours between the doses. Otherwise wait until your next planned dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## 4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

### Serious effects

Dimethyl fumarate Mylan may lower lymphocyte counts (a type of white blood cell). Having a low white blood cell count can increase your risk of infection, including the risk of a rare brain infection called progressive multifocal leukoencephalopathy (PML). PML may lead to severe disability or death. PML has occurred after 1 to 5 years of treatment and so your physician should continue to monitor your white blood cells throughout your treatment, and you should remain observant of any potential symptoms of PML as described below. The risk of PML may be higher if you have previously taken a medicine impairing the functionality of your body's immune system.

The symptoms of PML may be similar to an MS relapse. Symptoms may include new or worsening weakness on one side of the body; clumsiness; changes in vision, thinking, or memory; or confusion or personality changes, or speech and communication difficulties lasting for more than several days. Therefore, if you believe your MS is getting worse or if you notice any new symptoms while you are on Dimethyl fumarate Mylan treatment, it is very important that you speak to your doctor as soon as possible. Also speak with your partner or caregivers and inform them about your treatment. Symptoms might arise that you might not become aware of by yourself.

→ **Call your doctor straight away if you experience any of these symptoms**

### Severe Allergic reactions

The frequency of severe allergic reactions cannot be estimated from the available data (not known).

Reddening of the face or body (*flushing*) is a very common side effect. However, should flushing be accompanied by a red rash or hives **and** you get any of these symptoms:

- swelling of the face, lips, mouth or tongue (*angioedema*)
- wheezing, difficulty breathing or shortness of breath (*dyspnoea, hypoxia*)
- dizziness or loss of consciousness (*hypotension*)

then this may represent a severe allergic reaction (*anaphylaxis*)

→ **Stop taking Dimethyl fumarate Mylan and call a doctor straight away**

### Very common side effects

These may affect *more than 1 in 10 people*:

- reddening of the face or body feeling warm, hot, burning or itchy (*flushing*)
- loose stools (*diarrhoea*)
- feeling sick (*nausea*)
- stomach pain or stomach cramps

→ **Taking your medicine with food** can help to reduce the side effects above

Substances called ketones, which are naturally produced in the body, very commonly show up in urine tests while taking Dimethyl fumarate Mylan.

**Talk to your doctor** about how to manage these side effects. Your doctor may reduce your dose. Do not reduce your dose unless your doctor tells you to.

### Common side effects

These may affect *up to 1 in 10 people*:

- inflammation of the lining of the intestines (gastroenteritis)
- being sick (vomiting)
- indigestion (dyspepsia)
- inflammation of the lining of the stomach (gastritis)
- gastrointestinal disorder
- burning sensation
- hot flush, feeling hot
- itchy skin (pruritus)
- rash
- pink or red blotches on the skin (erythema)
- hair loss (alopecia)

### Side effects which may show up in your blood or urine tests

- low levels of white blood cells (*lymphopenia, leucopenia*) in the blood. Reduced white blood cells could mean your body is less able to fight an infection. If you have a serious infection (such as pneumonia), talk to your doctor immediately
- proteins (*albumin*) in urine
- increase in levels of liver enzymes (*ALT, AST*) in the blood

### Uncommon side effects

These may affect *up to 1 in 100 people*:

- Allergic reactions (*hypersensitivity*)
- reduction in blood platelets

**Not known** (frequency cannot be estimated from the available data)

- liver inflammation and increase in levels of liver enzymes (*ALT or AST in combination with bilirubin*)
- herpes zoster (shingles) with symptoms such as blisters, burning, itching or pain of the skin, typically on one side of the upper body or the face, and other symptoms, like fever and weakness in the early stages of infection, followed by numbness, itching or red patches with severe pain
- runny nose (rhinorrhoea)

### Children (13 years of age and above) and adolescents

The side effects listed above also apply to children and adolescents.

Some side effects were reported more frequently in children and adolescents than in adults, e.g, headache, stomach pain or stomach cramps, being sick (*vomiting*), throat pain, cough, and painful menstrual periods.

### Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [the national reporting system listed in Appendix V](#). By reporting side effects you can help provide more information on the safety of this medicine.

## 5. How to store Dimethyl fumarate Mylan

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the blister and the carton after “EXP” or on the bottle after “Once opened: 180 days”. The expiry date refers to the last day of that month.

Do not store above 30°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6. Contents of the pack and other information

### What Dimethyl fumarate Mylan contains

The active substance is dimethyl fumarate

Dimethyl fumarate Mylan 120 mg: Each capsule contains 120 mg of dimethyl fumarate.

Dimethyl fumarate Mylan 240 mg: Each capsule contains 240 mg of dimethyl fumarate.

The other ingredients are microcrystalline cellulose, croscarmellose sodium, talc, silica colloidal anhydrous, magnesium stearate, triethyl citrate, methacrylic acid – methyl methacrylate copolymer (1:1), methacrylic acid – ethyl acrylate copolymer (1:1) dispersion 30%, gelatin, titanium dioxide (E171), brilliant blue FD&C#2 (E132), yellow iron oxide (E172), shellac, propylene glycol, ammonium hydroxide and black iron oxide (E172).

### What Dimethyl fumarate Mylan looks like and contents of the pack

Dimethyl fumarate Mylan 120 mg gastro-resistant hard capsules are blue-green and white gastro-resistant hard capsules, printed with ‘MYLAN’ over ‘DF 120’ containing white to off-white enteric coated pellets and are available in blister packs containing 14 gastro-resistant hard capsules, unit dose blister packs containing 14 gastro-resistant hard capsules and plastic bottles containing 14 or 60 gastro-resistant hard capsules.

Dimethyl fumarate Mylan 240 mg gastro-resistant hard capsules are blue-green gastro-resistant hard capsules, printed with ‘MYLAN’ over ‘DF 240’ containing white to off-white enteric coated pellets and are available in blister packs containing 56 or 168 gastro-resistant hard capsules, unit dose blister packs containing 56 or 168 gastro-resistant hard capsules and plastic bottles containing 56 or 168 gastro-resistant hard capsules.

Not all pack sizes may be marketed.

### Marketing Authorisation Holder

Mylan Ireland Limited  
Unit 35/36 Grange Parade,  
Baldoyle Industrial Estate  
Dublin 13,  
Ireland.

### Manufacturers

McDermott Laboratories Limited t/a Gerard Laboratories  
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Mylan Hungary Kft  
Mylan utca 1  
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**Portugal**

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**Slovenská republika**

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Viatri OY  
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**Sverige**

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**United Kingdom (Northern Ireland)**

Mylan IRE Healthcare Limited  
+353 18711600

**This leaflet was last revised in**

**Other sources of information**

Detailed information on this medicine is available on the European Medicines Agency web site:  
**Error! Hyperlink reference not valid..**

Medicinal product no longer authorised