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4 **Guideline on clinical investigation of new medicinal**  
5 **products for the treatment of acute coronary syndrome**  
6 **(CPMP/EWP/570/98)**  
7 **Draft**

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8  
9 This guideline replaces 'Points to consider on the clinical investigation of new medicinal products for the  
10 treatment of acute coronary syndrome (ACS) without persistent ST segment elevation'  
11 (CPMP/EWP/570/98).  
12

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## 69 Executive summary

70 Two CHMP Guidelines have been previously developed to address clinical investigations of new  
71 medicinal products for the treatment of acute coronary syndrome (ACS): (I) the *CHMP points to*  
72 *consider (PtC) on the clinical investigation of new medicinal products for the treatment of acute*  
73 *coronary syndrome without persistent ST-segment elevation (CPMP/EWP/570/98)*, published in 2000  
74 [1], and (II) the *CHMP PtC on the clinical development of fibrinolytic products in the treatment of*  
75 *patients with ST segment elevation myocardial infarction (CPMP/EWP/967/01)*, published in 2003 [2].  
76 Since their finalisation, major developments have taken place in the definitions, diagnosis,  
77 interventions and management of ACS, as reflected in the relevant European Society of Cardiology  
78 (ESC) clinical practice guidelines (3, 4). Currently, an update of the above mentioned CHMP Guidelines  
79 is considered necessary to take these new developments into consideration based on literature review  
80 and experience gained with medicinal products intended for treatment during the acute phase and  
81 beyond. The present update includes the following changes: 1) guidance addressing both ST-segment  
82 elevation myocardial infarction (STEMI) and non-ST-segment elevation myocardial infarction  
83 (NSTEMI), as well as unstable angina (UA), 2) update in their definitions, 3) risk stratification using  
84 different scoring systems, 4) investigated endpoints, and 5) clinical developments of new medicinal  
85 products beyond the acute stage, including agents other than antiplatelets and anticoagulants.

### 86 1. Introduction (background)

87 Cardiovascular diseases are currently the leading cause of death in industrialized countries and also  
88 expected to become so in emerging countries by 2020 [3, 4]. Among these, coronary artery disease  
89 (CAD) is the most prevalent manifestation and is associated with high mortality and morbidity. ACS  
90 has evolved as a useful operational term to refer to any constellation of clinical symptoms that are  
91 compatible with acute myocardial ischemia. It encompasses (STEMI), NSTEMI, and UA.

92 ACS represents a life-threatening manifestation of atherosclerosis. It is usually precipitated by acute  
93 thrombosis induced by a ruptured or eroded atherosclerotic coronary plaque, with or without  
94 concomitant vasoconstriction, causing a sudden and critical reduction in blood flow. In the complex  
95 process of plaque disruption, inflammation was revealed as a key pathophysiological element. Non-  
96 atherosclerotic aetiologies are rare e.g. such as arteritis and dissection.

97 The leading symptom of ACS is typically chest pain. Patients with acute chest pain and persistent (>20  
98 min) ST-segment elevation have ST-elevation ACS (STE-ACS) that generally reflect an acute total  
99 coronary occlusion. Patients with acute chest pain but without persistent ST-segment elevation have  
100 rather persistent or transient ST-segment depression or T-wave inversion, flat T waves, pseudo-  
101 normalization of T waves, or no ECG changes. At presentation, based on the measurement of  
102 troponins, it is possible to further discriminate between the working diagnosis of non-ST-elevation ACS  
103 (NSTE-ACS) and unstable angina.

104 NSTE-ACS is more frequent than STE-ACS [5] with an annual incidence around 3 per 1000 inhabitants,  
105 but varying between countries [6]. Hospital mortality is higher in patients with STEMI than among  
106 those with NSTEMI (7% vs. 3–5%, respectively), but at 6 months the mortality rates are very similar  
107 in both conditions (12% and 13%, respectively) [5,7,8]. Long term follow-up shows that death rates  
108 were higher among patients with NSTE-ACS than with STE-ACS, with a two-fold difference at 4 years  
109 [8]. This difference in mid- and long-term evolution may be due to different patient profiles, since  
110 NSTE-ACS patients tend to be older with more co-morbidities, especially diabetes and renal failure.

## 2. Scope

The aim of this guideline is to provide guidance when performing trials to develop medicinal products in the management of ACS. The primary goals of therapy for patients with ACS are to:

1. Treat acute, life-threatening complications of ACS, such as serious arrhythmias, pulmonary oedema, cardiogenic shock and mechanical complications of acute myocardial infarction (AMI). [9]
2. Reduce the amount of myocardial necrosis that occurs in patients with AMI, thus preserving left ventricular (LV) function, preventing heart failure (HF), and limiting other cardiovascular complications.
3. Prevent major adverse cardiac events like death, non-fatal myocardial infarction (MI), and need for urgent revascularization.

The focus in this Guideline concerns mainly the medical treatment of ACS (treatment goals 2 and 3). The choice of interventional procedures [percutaneous coronary intervention (PCI) or coronary artery bypass graft CABG] falls outside the scope of this guideline.

## 3. Legal basis and relevant guidelines

This guideline has to be read in conjunction with the introduction and general principles and parts I and II of the Annex I to Directive 2001/83 as amended.

Pertinent elements outlined in current and future EU and ICH guidelines, should also be taken into account, especially those listed below:

- *Dose-Response Information to Support Drug Registration (ICH E4; CPMP/ICH/378/95).*
- *Statistical Principles for Clinical Trials (ICH E9; CPMP/ICH/363/96).*
- *Choice of Control Group and Related Issues in Clinical Trials (ICH E10; CPMP/ICH/364/96).*
- *Points to consider on an Application with 1) Meta-analyses 2) One pivotal study (CPMP/EWP/2330/99).*
- *Points to consider on multiplicity issues in clinical trials (CPMP/EWP/908/99).*
- *Investigation of subgroups in confirmatory clinical trials (EMA/CHMP/539146/2013).*
- *The Extent of Population Exposure to Assess Clinical Safety for Drugs (ICH E1A; CPMP/ICH/375/95).*
- *Pharmacokinetic Studies in Man (3CC3A).*
- *Studies in Support of Special Populations: Geriatrics (ICH E7 CHMP/ICH/379/95) and related Q&A document (EMA/CHMP/ICH/604661/2009).*
- *Note for Guidance on the Investigation of Drug Interactions (CPMP/EWP/560/95).*
- *Reporting the Results of Population Pharmacokinetic Analyses (CHMP/EWP/185990/06).*
- *Reflection paper on the extrapolation of results from clinical studies conducted outside the EU to the EU-population (EMA/CHMP/EWP/692702/2008).*
- *Draft Guideline on clinical investigation of medicinal products for the treatment of chronic heart failure (EMA/392958/2015 )*

- 147 • *Guideline on clinical investigation of medicinal products for the treatment of acute heart failure*  
148 *(CPMP/EWP/2986/03 Rev. 1)*

## 149 **4. Choice of efficacy criteria (endpoints)**

150 Definitions of clinical endpoints in confirmatory trials should be in line with the relevant clinical  
151 guidelines to facilitate interpretation of the results, to allow comparisons across clinical studies and to  
152 extrapolate to clinical practice. Endpoints should be centrally adjudicated by a blinded committee. The  
153 following endpoints are relevant to the investigation of efficacy in patients with ACS.

### 154 **4.1. All-cause mortality and CV mortality**

155 As one of the goals of treatment of ACS is reduction of mortality, this is an important endpoint to  
156 measure. There is an ongoing debate around the use of all-cause versus cardiovascular mortality in  
157 cardiovascular (CV) trials. All cause mortality is the most important endpoint in clinical trials for the  
158 estimation of the benefit-risk balance of a drug, in particular when investigating newer medicinal  
159 products with possible safety issues. On the other hand, CV mortality is more specifically linked to the  
160 mode of action of CV medicinal products/intervention and is especially relevant when the earliest part  
161 of the follow up is assessed. The choice is also dependent on the objective of the study i.e. in non-  
162 inferiority trials, CV mortality may be preferred while in superiority trials all cause mortality is usually  
163 used. In fibrinolysis studies, all cause mortality is preferred (see section 4.9).

164 As such, one of the two mortality endpoints should be included as a component of the primary  
165 endpoint, with the other investigated as a key secondary endpoint.

### 166 **4.2. New myocardial infarction**

167 New onset MI is a relevant endpoint in studies of ACS and should always be investigated. The definition  
168 of MI has evolved through the years; at the time of drafting of this Guideline, the third universal  
169 definition of MI is applicable [10]. Criteria of MI are the same as those used to define the index event  
170 (see below).

### 171 **4.3. Revascularisation**

172 Some clinical trials have included revascularization endpoints (PCI or CABG) as part of the primary  
173 composite with conflicting results [11, 12]. Such endpoints are considered more relevant to  
174 interventional studies, and in the scope of this Guideline, their inclusion as a primary endpoint should  
175 be clearly justified and their assessment pre-defined and systematically assessed.

### 176 **4.4. Unstable angina pectoris necessitating hospitalisation**

177 Unstable angina has been investigated in ACS clinical trials. Due to the varying definitions used, the  
178 associated subjectivity and the influence of local clinical practice, this endpoint is not encouraged to be  
179 included in the composite primary endpoint.

### 180 **4.5. Stent thrombosis**

181 Stent thrombosis (ST) is a rare event that can have fatal consequences. ST has been captured in some  
182 registration studies, but not consistently in the primary endpoint (PEP). The investigation of ST as part  
183 of the primary endpoint is not encouraged due to the uncertainty of the clinical relevance of all  
184 captured events, except for the "definite" subcategory. Another category identified by the timing is

185 intra-procedural stent thrombosis (IPST), which is a rare event indicating the development of occlusive  
186 or non-occlusive new thrombus in or adjacent to a recently implanted stent before the PCI procedure is  
187 completed. Some recent studies [13,14] show that these events may be of prognostic value. As such  
188 they should also be collected and presented as secondary endpoint but not included in the analysis of  
189 ST.

#### 190 **4.6. Stroke**

191 Stroke should be defined by a generally accepted definition [15]. Clinical studies in ACS have used  
192 non-fatal stroke in the primary endpoint, including any types of strokes. However it is preferred to  
193 include only ischemic strokes in the primary endpoint, as this is the true measure of efficacy;  
194 haemorrhagic stroke should be included as a safety endpoint. An ischaemic stroke with haemorrhagic  
195 conversion should be considered as “primary ischaemic”. The subgroup of “undefined strokes” should  
196 be as small as possible in order to be able to properly assess the effect of the study treatment. In case  
197 all types of strokes are included in the primary endpoint, a sensitivity analysis including only ischemic  
198 stroke should be submitted.

#### 199 **4.7. Left ventricular function and heart failure**

200 Some medicinal products such as modulators of reperfusion injury or inflammation, or gene/cell  
201 therapy are developed to improve myocardial function and reduce the occurrence of HF. In these  
202 cases, measurement of myocardial function could be a relevant endpoint to investigate the mechanism  
203 of action. In phase III studies, these endpoints can be investigated as secondary endpoints to support  
204 the clinical endpoints. Occurrence of HF should be considered as a clinical endpoint in phase III studies  
205 aimed at showing benefit in long-term cardiovascular outcome. All-cause mortality and long term  
206 follow-up are mandatory in studies with novel interventions.

#### 207 **4.8. Composite endpoints**

208 Due to the rather low incidence of cardiovascular events during the follow-up period after the acute  
209 phase of the ACS, composite endpoints consisting of relevant components are acceptable, both as  
210 primary and secondary endpoints. The composite of CV death, non-fatal MI and non-fatal stroke (Major  
211 Adverse Cardiovascular Events, [MACE]) has commonly been used in registration studies, with non-  
212 fatal strokes showing limited contribution to the results. As such, it is preferred to investigate the  
213 composite of death and non-fatal MI in confirmatory studies; non-fatal ischaemic stroke could be  
214 included in the composite if justified. Sometimes different definitions of MACE are being used with  
215 novel therapies [16], that should be justified when used in place of MACE. The inclusion of less  
216 objective and clinically derived outcomes in the same composite is generally not encouraged, as they  
217 may either drive the efficacy or dilute the results. In case these endpoints are included they have to be  
218 stringently defined, and adjudicated. Each component of the primary composite endpoint should be  
219 analysed as secondary endpoint.

220 The net clinical benefit that includes both benefit and safety issues of the studied drug may be used as  
221 a secondary endpoint to be evaluated if it contributes to the discussion on the benefit-risk balance of  
222 the studied drug.

#### 223 **4.9. Endpoints in fibrinolysis studies**

224 In fibrinolysis studies, angiographic studies using the TIMI (Thrombolysis in Myocardial Infarction)  
225 perfusion grades as evaluation criteria are often used. However, complete recanalization cannot be  
226 considered as a surrogate for survival when assessing fibrinolytic drugs, as some medicinal products

227 providing higher complete recanalization rates than alteplase, failed to demonstrate additional survival  
228 benefit. For this reason, all cause mortality is the most relevant endpoint or a combined endpoint as  
229 previously discussed (see 4.1). Secondary endpoints such as heart failure hospitalisations, left  
230 ventricular function, ventricular arrhythmias, the need for rescue recanalization (emergent and/or  
231 planned) should also be considered and justified.

## 232 **5. Methods to assess efficacy (how to measure the** 233 **endpoints)**

### 234 **5.1. Mortality**

235 Definition of CV death should be clearly defined, in line with acceptable standards [17]. It is mandatory  
236 to report and centrally adjudicate all mortality data where survival is an endpoint of the study.

237 Assessment of cardiovascular mortality will require censoring of other “types” of mortality, which may  
238 complicate its interpretation, in particular when non-CV deaths are in high proportion.

### 239 **5.2. New myocardial infarction**

240 The diagnostic of MI is based on the detection of a rise and/or fall of cardiac biomarker values  
241 [preferably cardiac troponin (cTn)] with at least one value above the 99th percentile upper reference  
242 limit (URL). All MIs should be collected and also classified by their different sub types (i.e,  
243 spontaneous, secondary to an ischemic imbalance, related to PCI, related to ST or CABG) [10]. This is  
244 particularly important considering the different prognostic values of each type of MI. For the same  
245 reason and to support the clinical relevance of post procedural MIs, these events should be presented  
246 with higher cut-off values ( $\geq 5$  and  $\geq 10x$  upper level of normal ULN, in case of CK-MB or  $\geq 70x$  ULN of  
247 cTn) [18]. These higher cut-off values can also help in diagnosing MIs in the setting of elevated  
248 baseline biomarkers, which is a problematic situation. In such cases, serial measurements of the  
249 biomarkers are necessary, in addition to new ECG changes or signs of worsening of cardiac function,  
250 e.g. HFor hypotension [18].

### 251 **5.3. Revascularisation**

252 The underlying cause of revascularization should be identified: restenosis, ST or disease progression.  
253 In the latter case target vessel revascularization (TVR) could be included. Early target lesion events  
254 after revascularization (before 30 days) are more likely to be caused by an angiographic complication  
255 and should preferably be included as safety endpoint (see ST).

### 256 **5.4. Unstable angina pectoris necessitating hospitalisation**

257 When investigated, robust definitions should be employed. In order to support the seriousness of the  
258 event it should also be shown that it has led to a revascularisation procedure. Since a medicinal  
259 product that prevents death and/or new MI might result in more patients suffering from UA, the  
260 analysis of this endpoint should take into account censoring issues as well.

### 261 **5.5. Stent thrombosis**

262 ST should be collected and classified as definite, probable and possible in line with acceptable  
263 definitions [19]. In addition, the timing of ST should be documented (acute, sub-acute, late and very  
264 late), as risk factors and clinical sequels differ with timing.

265 **5.6. Ventricular function and heart failure**

266 Investigation of cardiac function should follow state of the art methods. This can include among others  
267 measurement of ventricular function by isotopic method and/or by cardiac magnetic resonance imaging  
268 and/or echocardiography. Investigation of HF should follow the relevant CHMP guidelines.

269 **5.7. Angiographic endpoints**

270 Angiograms should undergo central blinded reading. In principle, the rate of TIMI 3 flow (complete  
271 revascularization) of the infarct related artery at 90 minutes is considered the most relevant  
272 angiographic endpoint, as it has been shown to correlate with an improved outcome in terms of  
273 mortality and left ventricular function. An earlier evaluation of the patency pattern (i.e. 30 and 60  
274 minutes) may provide important information on the speed of recanalization. Whatever is the time-point  
275 selected as primary outcome, it must be properly justified and pre-specified in the clinical trial.

276 **6. Selection of patients**

277 **6.1. Study population**

278 The definition of the different ACS subtypes should be based on current guidelines/universal definition  
279 of MI including STEMI and NSTEMI as well as UA [3, 4, 10].

280 **6.1.1. STE-ACS (ST elevation acute coronary syndrome)**

281 In patients with acute chest pain and persistent (>20 min) ST-segment elevation on ECG the  
282 diagnostic of STE-ACS is made [3]. This condition generally reflects an acute total coronary occlusion.  
283 Most patients will ultimately develop an ST-elevation myocardial infarction (STEMI) with the criteria of  
284 acute myocardial infarction described before [see 5.2].

285 **6.1.2. NSTEMI-ACS (Non-ST elevation acute coronary syndrome)**

286 In patients with acute chest pain but no persistent ST-segment elevation the diagnostic of NSTEMI-ACS is  
287 made [4]. ECG changes may include transient ST-segment elevation, persistent or transient ST-  
288 segment depression, T-wave inversion, flat T waves or pseudo-normalization of T waves or the ECG  
289 may be normal. The clinical spectrum of non-ST-elevation ACS (NSTEMI-ACS) may range from patients  
290 free of symptoms at presentation to individuals with ongoing ischaemia, electrical or haemodynamic  
291 instability or cardiac arrest. The pathological correlate at the myocardial level is cardiomyocyte  
292 necrosis (NSTEMI) or, less frequently, myocardial ischaemia without cell loss (UA). Currently, cardiac  
293 troponins play a central role in establishing a diagnosis and stratifying risk, and make it possible to  
294 distinguish between NSTEMI and UA[4].

295 **6.1.3. Unstable angina**

296 Unstable angina (UA) is defined as myocardial ischemia at rest or minimal exertion in the absence of  
297 cardiomyocytes necrosis, i.e. without troponin elevation. Among NSTEMI-ACS population, the higher  
298 sensitivity of troponin has resulted in an increase in the detection of MI [4]; the diagnosis of UA is less  
299 frequently made.

300 **6.2. Inclusion criteria for the therapeutic studies**

301 Inclusion of both STEMI and NSTEMI and/or NSTEMI-ACS patients in the same clinical trial (or not)  
302 should be justified based on the mechanism of action of the investigated product and the proposed  
303 time of intervention. If both subgroups are investigated in the same trial, both subgroups should be  
304 well represented. For interventions aimed at post-acute and longer term phases (secondary  
305 prevention or plaque stabilisation) it may be justified to address both conditions in the same clinical  
306 trial. Time of inclusion of the patients in relation to the index event should be set and adequately  
307 discussed *a priori*.

308 Patients with unstable angina represent a different risk category and prognosis that necessitates  
309 different interventions than NSTEMI patients. However, during the acute presentation of NSTEMI-ACS it  
310 may be difficult to discriminate NSTEMI from UA so both groups have been included in some clinical  
311 studies. In general, the investigation of interventions in these patients is encouraged, but preferably in  
312 separate clinical trials.

313 If fibrinolysis is considered, inclusion criteria should be in line with the current treatment guidelines  
314 concerning the inclusion for fibrinolysis [3].

315 **6.3. Exclusion criteria for the therapeutic studies**

316 If the patients do not fulfil the above criteria for ACS they should be excluded from the ACS studies.  
317 Other life-threatening conditions presenting with chest pain, such as dissecting aneurysm,  
318 myopericarditis or pulmonary embolism may also result in elevated troponins and should always be  
319 considered as differential diagnoses [4].

320 If drugs interfering with the haemostatic system are tested, patients with a significant risk of bleeding  
321 (e.g. recent stroke, recent bleeding, major trauma or surgical intervention) and/or a propensity to  
322 bleed (e.g. thrombocytopenia, clotting disturbances, intracranial vascular diseases, peptic ulcers,  
323 haemophilia) should be excluded from participation in the clinical studies.

324 Attention should be paid to the time elapsed between a previous application of antiplatelet or  
325 anticoagulant acting agent beforehand and the administration of study drug (e.g. the pharmacokinetic  
326 [PK] and even more importantly, the pharmacodynamic [PD] half-life of these previously administered  
327 drugs).

328 For reasons of generalisability of the study results to the future target population it is strongly advised  
329 not to define the exclusion criteria too narrow, i.e. polymorbid patients (e.g. renal and/or hepatic  
330 impairment, heart failure), should not automatically be excluded from the main therapeutic clinical  
331 trials.

332 When fibrinolysis is considered, exclusion criteria for fibrinolysis should be strictly respected [3].

333 **6.4. Risk Stratification**

334 In clinical trials, the ability of the therapy to demonstrate a treatment effect may depend on the  
335 underlying risk and expected event rates. Enrichment strategies are sometimes used in trials to obtain  
336 the required number of events with a reasonable time in specific subgroups who are likely to exhibit a  
337 higher event rate than the overall target population and potentially larger treatment effect. In that  
338 case, it has to be shown that the results of this enriched study population can be extrapolated to the  
339 general population.

340 In addition to traditional risk factors, phase III studies may recruit a broader patient population in  
341 whom risk scores are evaluated to identify signals of differential/consistent treatment (or safety)  
342 responses across levels of the risk score. International guidelines recommend the use of risk scores  
343 such as the Global Registry of Acute Coronary Events (GRACE) or TIMI in the clinical care of patients  
344 with ACS. These scores can be used to predict the risk of major cardiovascular events (MACE), and  
345 they are useful to guide treatment decisions. In addition, there are scores to characterise the bleeding  
346 risk e.g. CRUSADE in NSTEMI [4]. The use of biomarkers other than troponins for risk stratification  
347 necessitates further investigation [e.g. markers of ischemia and inflammation (ischemia-modified  
348 albumin, heart fatty acid binding protein)](20). From a regulatory perspective, risk scores should  
349 either be reported or adequate data should be provided in the study files to enable risk score  
350 calculations. Risk-based analyses can contribute to the interpretation of study results, especially in  
351 highly heterogeneous populations, although such analyses may not always be conclusive given the  
352 recognized limitations of subgroup analyses. Analysis among different risk setting using risk scores  
353 should be pre-defined and foreseen in the protocol. The assessment of subgroups formed by the  
354 categories of the risk score may reveal the need for further prospective studies or post-marketing  
355 surveillance priorities in specific subgroups.

## 356 **6.5. Special populations**

### 357 **6.5.1. Older patients**

358 Adequate representation of older patients (above 70 years) in the clinical trials should be ensured. The  
359 overall database of the dossier should be examined for the presence of age-related differences, e.g., in  
360 adverse event rates, in effectiveness, and in dose-response. If these relatively crude overview analyses  
361 show important differences, further evaluation may be needed.

362 Special attention should be given to the frequently associated comorbidities in the ACS population in  
363 general and older patients in particular (diabetes mellitus, COPD, renal failure, anaemia), also in  
364 relation to the possible drug-drug interactions.

## 365 **7. Strategy and design of clinical trials**

### 366 **7.1. Clinical pharmacology**

367 The objectives of studies related to clinical pharmacology are the investigation of the PD and  
368 PKproperties of the medicinal product in healthy volunteers, uncritically ill patients of both sexes and in  
369 patients with different degrees of renal and hepatic impairment as relevant. Furthermore, interactions  
370 of the new substance especially with mandatory/probable co-medications which are routinely used in  
371 the management of ACS (e.g. platelet inhibitors, anticoagulants as well as other CV medications)  
372 should be investigated. Comprehensive advice on interaction studies is provided in the *CHMP Note for  
373 Guidance on the Investigation of Drug Interactions* (CPMP/EWP/560/95).

374 PD studies should include evaluations of mechanism, onset and duration of action, as well as a  
375 preliminary investigation of tolerability. The PD activity of the new substance should be defined as  
376 much as possible, for example with regard to effects on haemostatic and haemodynamic variables.

## 377 **7.2. Therapeutic exploratory studies**

### 378 **7.2.1. Objectives**

379 The purpose of this development phase is to identify those patients with ACS who may benefit from the  
380 medicinal product and to establish suitable therapeutic dose ranges - usually as adjunctive therapy to  
381 existing standard treatment.

382 These early clinical trials often primarily aim at measuring drug activity. However, it is encouraged to  
383 investigate clinical endpoints as secondary or exploratory endpoints. As some medicinal products (e.g.  
384 parenteral agents) may be intended for limited duration of administration, investigation of transition  
385 from and to other oral agents should be conducted.

386 Furthermore, initial information on safety should be obtained and dose schedules should be defined for  
387 older patients and those with risk factors.

### 388 **7.2.2. Design**

389 Dose ranging studies should be performed using a randomised, controlled, double-blind design.  
390 Different dosages should be tested for the projected duration of the treatment period.

391 The duration of these studies is - among other criteria - dependent upon the (primary) target  
392 variable(s) and the extent of clinical information they are aiming at. Mostly, it is useful to include a  
393 sufficiently long-term follow-up in order to estimate the incidence of significant clinical events and  
394 delayed adverse drug reactions (e. g. thrombocytopenia).

## 395 **7.3. Confirmatory Therapeutic Studies**

### 396 **7.3.1. Objectives**

397 The objectives of these studies are to provide robust evidence of efficacy establishing reduction of  
398 clinically relevant cardiovascular events (e.g. death/new MI) at a predefined time justified by the  
399 mechanism of action and duration of administration. These studies should also establish the safety of  
400 the new substance at the posology proposed for marketing (the dose schedule selected for pivotal  
401 studies should be justified on the basis of the results of the dose-finding studies in the target  
402 population). Longer follow-up are required when long term treatment are given after ACS, with the  
403 goal to decrease cardiovascular recurrences.

404 The majority of the main therapeutic studies will use composite endpoints as primary efficacy  
405 variables. Optimally, the different components of the composite will contribute to the positive results.  
406 Studies aiming at the proof of efficacy must have a confirmatory statistical approach. These studies  
407 must be controlled, randomised and every effort should be made to maintain double blindness. The  
408 statistical approach e.g. a demonstration of superiority, equivalence or non-inferiority, has to be pre-  
409 specified in the protocol.

410 In some cases (e.g. large scale, multicentre, multinational trial) a single confirmatory trial could be  
411 sufficient for the proof of efficacy of a new substance if the results are statistically persuading and  
412 clinically relevant as discussed in the relevant CHMP guideline (see section 3).

### 413 **7.3.2. Background therapy**

414 In general, background therapy should reflect the standard of care as recommended by current clinical  
415 guidelines [3,4]. However, actual availability of guideline-recommended treatments could depend on

416 external factors such as time delays in the uptake of new ACS therapies, differences in local clinical  
417 practice, local reimbursement policies, and availability of specific therapies. Alternatively, EU Registry  
418 data can be helpful to determine the standard of practice and can inform the design of pivotal studies.  
419 Background therapy is also relevant in the context of the used revascularisation strategy. The degree  
420 to which background therapy should be specifically standardized in terms of interventions, timing,  
421 drugs, and dosing will depend on the study drug's mechanism of action or the specific question being  
422 addressed by the randomized controlled trial. This may eventually have to be reflected in the labelling.

### 423 **7.3.3. Choice of comparator**

424 Depending on the class of drug tested and its mechanism of action, placebo and/or active controlled  
425 trials may be adequate for the late development phases. Whenever plausible and adequate (i.e.  
426 different mechanism of action than that of standard therapy) the investigational drug or placebo should  
427 be given in addition to standard therapy. The choice of the active comparator can be challenging as it  
428 faces the same issues as standardisation of the background therapy i.e. possible disparity between  
429 guideline recommendations and regional standards of care. The appropriate comparator should be  
430 clinically relevant and correspond to current medical practice with an adequate evidence base.

### 431 **7.3.4. Duration of clinical studies**

432 For medicinal products intended for short-term administration (e.g. hours to 7 days), the primary  
433 endpoint should preferably be measured at 30 days following initiation of therapy in the confirmatory  
434 studies. Depending on the mechanism of action of the investigated drug - shorter time spans when  
435 measuring the primary endpoint may be acceptable if the follow-up data prove durability of efficacy. In  
436 any case, further measurements should be performed after longer (e.g. 180 days) but also after  
437 shorter duration (e.g. at time of termination of study drugs) as secondary measures of efficacy.

438 In case of longer duration of administration, an appropriately chosen duration of follow-up should be  
439 pre-specified in the protocol in order to estimate longer-term efficacy and safety. The maintenance of  
440 an adequate benefit risk balance should be demonstrated. Long term results should preferably also be  
441 adjudicated by a blinded clinical event committee.

442 Claims of chronic administration (following ACS) necessitate support from sufficiently long studies to  
443 demonstrate that a positive benefit risk balance is maintained throughout the administration period  
444 and according to the pre-defined hypothesis or to the number of events calculated (in case of events  
445 driven design).

### 446 **7.3.5. Analyses and subgroup analysis**

447 The database for the primary analysis, either investigator or - preferably - event adjudication  
448 committee adjudicated endpoints - has to be pre-specified in the protocol. A primary analysis based on  
449 the data produced by the event adjudication committee is especially important if side effects of the test  
450 drug or the comparator may eventually unblind some of the patients.

451 Regarding the primary analysis, the total event rates at the pre-specified time points or time-to-event  
452 within this period can be chosen. However, in any case survival curves over this period - and also over  
453 the-follow-up period - should be provided for the combined endpoint and all its components in order to  
454 evaluate and whether or not differences occur.

455 The components of a composite efficacy endpoint should be analysed individually in order to evaluate  
456 their contribution to the overall results. Optimally, the results of all components of the composite  
457 endpoint should point in the right direction. In a hierarchical view, the component "all cause mortality"

458 will be considered as being the most relevant (e.g. an over-mortality cannot be compensated by a  
459 decreased rate in angina pectoris).

460 At least, randomisation should be stratified for region (if applicable) and the qualifying condition  
461 (STEMI, NSTEMI and UA). Other risk factors (gender, age) may be considered for stratification of the  
462 randomisation, in addition. Subgroup analyses for these factors should be presented. Subgroup  
463 analyses for gender, age, risk score (section 6.4) as well as for revascularisations (e.g. CABG, PCI,  
464 fibrinolysis) should be foreseen in the protocol in order to demonstrate consistency of the results.

465 In addition, subgroup analyses regarding patients with different cut-offs of elevated troponin I/T  
466 concentration at enrolment, as well as those regarding differences in duration between symptom onset  
467 and initiation of study drugs (e.g. < 6 hours, > 6 or 12 hours) are of increasing interest.

## 468 **8. Safety aspects**

469 During the course of the clinical trials all adverse events should be carefully documented. For large  
470 scale outcome trials, a hierarchy of safety reporting can be considered, the most important being  
471 bleeding and all-cause death. Careful consideration should be given to those patients who died -  
472 especially while on therapy - or who failed to complete the study per protocol (in particular drop-outs  
473 due to adverse events/drug reactions or lack of efficacy).

474 Safety in high-risk groups (e.g. patients with organ dysfunction, older age, extremes of body weight)  
475 requires special consideration. Furthermore, any information available concerning clinical features and  
476 therapeutic measures in accidental overdose should be provided.

477 Special efforts should be made to investigate potential adverse drug reactions that are characteristic  
478 for the class of drug being tested, in particular those listed below.

### 479 **8.1. Bleedings**

480 Bleeding is the main complication of antithrombotic and antiplatelet therapy. Similar to the efficacy  
481 evaluation, the adjudication of bleeding events by a central independent and blinded committee of  
482 experts, using pre-specified limits and clear terms of reference is strongly encouraged.

483 In dose-finding studies, the use of a sensitive safety endpoint to assess bleeding risk, like the sum of  
484 major and clinically relevant non-major bleeding, is recommended.

485 In pivotal trials, the recommended primary safety endpoint is major bleeding, but the sum of major  
486 and clinically relevant non-major bleeding should be analysed as well (secondary endpoint).

487 The description of the severity (i.e.: life-threatening versus non-life-threatening major bleed),  
488 localisation (i.e.: intracranial, gastrointestinal, etc.) and temporal pattern (i.e.: time-to-event analysis)  
489 is encouraged.

490 Bleedings should be categorised according to an acknowledged classification. Different bleeding  
491 definitions have been used in the setting of ACS; this heterogeneity impairs the interpretation of the  
492 safety profile across trials. Consensus has not been reached on a unified classification. TIMI (i.e. TIMI  
493 major and minor) and GUSTO (The Global Use of Strategies to Open Occluded Arteries) criteria for  
494 example, have been previously used and have been shown to be independently correlated with  
495 subsequent risk of death. The Bleeding Academic Research Consortium (BARC) undertook an initiative  
496 to standardize reporting, but the proposed bleeding classification needs to be validated [21]. Dual  
497 reporting of bleeding events using both the TIMI and BARC definitions could be considered for future

498 clinical trials and/or regulatory submissions to improve the comparative assessment of safety  
499 endpoints across medicinal products and trials.

500 In addition, the inclusion of ISTH major bleeding may be helpful to compare major bleeding rates of  
501 similar compounds across different indications (e.g., in comparison with stroke prevention in atrial  
502 fibrillation and/or treatment of VTE).

503 It is advisable to use the same classification for bleedings throughout the whole clinical development  
504 program. A subgroup analysis of bleedings regarding patients undergoing invasive procedures (e. g.  
505 PCI, CABG surgery) - or not - is necessary.

506 Transfusions of blood, red blood cells and/or coagulation factors are further indicators of bleeding  
507 severity and should thus be documented carefully (number, temporal association to application of  
508 study drug and/or procedure).

### 509 **8.2. All-cause mortality**

510 All cause mortality is usually part of the efficacy evaluation, but should also be included as part of the  
511 safety assessment to inform about mortality throughout the study period.

### 512 **8.3. Thrombocytopenia**

513 In particular heparins and platelet aggregation inhibitors are known to cause (acute and delayed)  
514 thrombocytopenia that can be severe and the cause of serious bleedings or other complications (e.g.  
515 heparin-induced thrombocytopenia in case of heparins). Consequently thrombocyte values have to be  
516 monitored closely during and after therapy. In cases with thrombocytopenia, information on degree,  
517 recovery time and outcome should be provided. Moreover, it has to be documented in detail (number,  
518 temporal association to study drug/procedure etc.) if transfusions of thrombocytes had become  
519 necessary.

### 520 **8.4. Rebound effect**

521 The studies should include the evaluation of events which are considered to be characteristic for a  
522 possible rebound effect (e.g. clear increase in angina pectoris and/or new MI and/or death and/or other  
523 thrombotic events) after termination of the study drug.

### 524 **8.5. Effects on laboratory variables**

525 The therapeutic clinical studies should include the investigation of effects on the white and red blood  
526 cell count and should especially focus on the question whether the observed changes can be explained  
527 by former bleeding. In addition, particular attention should be paid to increases in liver enzymes,  
528 creatinine concentration and possible antibody formation.

### 529 **8.6. Effects on concomitant diseases**

530 The studies should include the evaluation of effects of the new drug on the function of diseased organs  
531 (e.g. kidneys in case of renal impairment).

532

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535 treatment of acute coronary syndrome without existing ST-segment elevation  
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