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3 Committee for Medicinal Products for Human Use (CHMP)

4 **Guideline on core SmPC and Package Leaflet for**  
5 **fluorodopa (18F)**

6 Draft

Draft agreed by Radiopharmaceutical Drafting Group	April 2016
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7  
8 Comments should be provided using this [template](#). The completed comments form should be sent to [radiopharmaceuticalsDG@ema.europa.eu](mailto:radiopharmaceuticalsDG@ema.europa.eu).

<b>Keywords</b>	<b><i>Radiopharmaceuticals, radionuclide, kit for radiopharmaceutical preparation, core SmPC, core Package Leaflet, fluorodopa, <sup>18</sup>F, fluorodopa (18F)</i></b>
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11	<b>Table of contents</b>	
12	<b>Executive summary .....</b>	<b>3</b>
13	<b>1. Introduction (background) .....</b>	<b>3</b>
14	<b>2. Scope.....</b>	<b>3</b>
15	<b>3. Legal basis .....</b>	<b>3</b>
16	<b>4. Core SmPC and Package Leaflet for fluorodopa (18F) .....</b>	<b>3</b>
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## 18 **Executive summary**

19 This guideline describes the information to be included in the Summary of Products Characteristics  
20 (SmPC) and Package Leaflet for fluorodopa (18F).

### 21 **1. Introduction (background)**

22 The purpose of this core SmPC and Package Leaflet is to provide applicants and regulators with  
23 harmonised guidance on the information to be included in the Summary of product characteristics  
24 (SmPC) for fluorodopa<sup>1</sup>. This guideline should be read in conjunction with the core SmPC and Package  
25 Leaflet for Radiopharmaceuticals, the QRD product information templates and the guideline on  
26 Summary of Product Characteristics.

27 This fluorodopa (18F) Core SmPC has been prepared on the basis, and taking into account the  
28 available published scientific literature dated from more than 10 years. The indications mentioned in  
29 section 4.1 of the SmPC are supported by this literature. However, any new application or extension of  
30 indications for a radiopharmaceutical product containing fluorodopa (18F) should be submitted with all  
31 the required data in order to be valid. For any new indication that is not in the core SmPC, it should be  
32 supported by appropriate efficacy and safety data.

### 33 **2. Scope**

34 This core SmPC and Package Leaflet covers fluorodopa (18F).

### 35 **3. Legal basis**

36 This guideline has to be read in conjunction with Article 11 of Directive 2001/83 as amended, and the  
37 introduction and general principles (4) and part I of the Annex I to Directive 2001/83 as amended.

### 38 **4. Core SmPC and Package Leaflet for fluorodopa (18F)**

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<sup>1</sup> Concept paper on the harmonisation and update of the clinical aspects in the authorised conditions of use for radiopharmaceuticals and other diagnostic medicinal products (EMA/CHMP/EWP/12052/2008)

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**ANNEX I**  
**SUMMARY OF PRODUCT CHARACTERISTICS**

67 <▼ This medicinal product is subject to additional monitoring. This will allow quick identification of  
68 new safety information. Healthcare professionals are asked to report any suspected adverse reactions. See  
69 section 4.8 for how to report adverse reactions.> [For medicinal products subject to additional monitoring  
70 ONLY]  
71

72

### 73 1. NAME OF THE MEDICINAL PRODUCT

74

75 {(Invented) name strength pharmaceutical form}  
76

77

78

### 79 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

80

81 One mL contains XXX GBq or MBq of fluorodopa (18F) at date and time of calibration.

82

83 The activity per vial ranges from XXX GBq/ or MBq to XXX GBq or MBq at the date and time of  
84 calibration.

85 Fluorine (<sup>18</sup>F) decays to stable oxygen (<sup>18</sup>O) with a half-life of 110 minutes by emitting a positronic  
86 radiation with a maximum energy of 634 keV followed by photonic annihilation radiations of 511 keV.

87

88 Excipient(s) with known effect:

89 [*Product specific*]  
90

91

92 For a full list of excipients, see section 6.1.

93

94

### 95 3. PHARMACEUTICAL FORM

96

97 Solution for injection.

98 [*Product specific*]  
99

100

101

### 102 4. CLINICAL PARTICULARS

103

#### 104 4.1 Therapeutic indications

105

106 This medicinal product is for diagnostic use only.

107

108 fluorodopa (18F) is indicated for use with positron emission tomography (PET) in adults and paediatric  
109 population.

110

#### 111 Neurology

112 PET with fluorodopa (18F) is indicated for detecting loss of functional dopaminergic neuron terminals in  
113 the striatum. It can be used for diagnosis of Parkinson's disease and differentiation between essential  
114 tremor and parkinsonian syndromes.

115

#### 116 Oncology

117 Among medical imaging modalities, PET with fluorodopa (18F) provides a functional approach of  
118 pathologies, organs or tissues where enhanced intracellular transport and decarboxylation of the amino  
119 acid dihydroxyphenylalanine is the diagnostic target. The following indications have been particularly  
120 documented:

121

#### 122 *Diagnosis*

- Diagnosis and localisation of focal hyperplasia of beta islet cells in the case of hyperinsulinism in  
infants and children

122 - Diagnosis and localisation of paragangliomas in patients with a gene mutation of the succinate  
123 dehydrogenase D variant

124 - Localisation of pheochromocytoma

125

#### 126 *Staging*

127 - Pheochromocytoma and paraganglioma

128 - Well differentiated neuroendocrine tumours of midgut (jejunum, ileum, ileocaecal valve, appendix,  
129 ascendant colon)

130

#### 131 *Detection in case of reasonable suspicion of recurrences or residual disease*

132 - Primary brain tumours of all grades of differentiation.

133 - Pheochromocytoma and paraganglioma

134 - Medullary thyroid cancer with elevated serum levels of calcitonin

135 - Well differentiated neuroendocrine tumours of midgut ( jejunum, ileum, ileocaecal valve, appendix,  
136 ascendant colon)

137 - Other endocrine digestive tumours when somatostatin receptor scintigraphy is negative

138

139

## 140 **4.2 Posology and method of administration**

141

### 142 Posology

143

#### 144 *Paediatric population*

145 The use in children and adolescents has to be considered carefully, based upon clinical needs and  
146 assessing the risk/benefit ratio in this patient group. The activity to administer to children or adolescents  
147 can be calculated as follows, according to the recommendations of the European Association of Nuclear  
148 Medicine (EANM) task force:

149 - PET 3D acquisition mode is strongly recommended, using the following formula: activity  
150 administered [MBq] = 14 x multiplication factor (shown in the table below), minimum activity =  
151 14MBq

152 - If only PET 2D acquisition mode is available, use the following formula: activity administered  
153 [MBq] = 25.9 x multiplication factor (shown in the table below), minimum activity = 26MBq

154

Weight [kg]	Multiple	Weight [kg]	Multiple	Weight [kg]	Multiple
<b>3</b>	1	<b>22</b>	5.29	<b>42</b>	9.14
<b>4</b>	1.14	<b>24</b>	5.71	<b>44</b>	9.57
<b>6</b>	1.71	<b>26</b>	6.14	<b>46</b>	10.00
<b>8</b>	2.14	<b>28</b>	6.43	<b>48</b>	10.29
<b>10</b>	2.71	<b>30</b>	6.86	<b>50</b>	10.71
<b>12</b>	3.14	<b>32</b>	7.29	<b>52-54</b>	11.29
<b>14</b>	3.57	<b>34</b>	7.72	<b>56-58</b>	12.00
<b>16</b>	4.00	<b>36</b>	8.00	<b>60-62</b>	12.71
<b>18</b>	4.43	<b>38</b>	8.43	<b>64-66</b>	13.43
<b>20</b>	4.86	<b>40</b>	8.86	<b>68</b>	14.00

155

156

#### 157 *Adults and elderly population*

158 In oncology, the recommended activity for an adult weighting 70 kg is 2 to 4 MBq (this activity has to be  
159 adapted according to the body weight of the patient, the type of camera used PET(/CT), and acquisition  
160 mode), administered by direct slow intravenous injection over approximately one minute.

161 One half of this activity may be administered for neurological indications not requiring whole body  
162 images.

163

164 In neurology, the recommended activity for an adult weighting 70 kg is 1 to 2 MBq (this activity has to be  
165 adapted according to the body weight of the patient and acquisition mode), administered by direct slow  
166 intravenous injection over approximately one minute.  
167 One half of this activity may be administered for neurological indications not requiring whole body  
168 images.

169

#### 170 *Renal / Hepatic impairment*

171 Careful consideration of the activity to be administered is required since an increased radiation exposure is  
172 possible in these patients.

173

#### 174 Method of administration

175

176 For intravenous use: the fluoro-(<sup>18</sup>F)-L-dopa must be administered by slow intravenous injection, over  
177 approximately one minute.

178

179 For multidose use.

180

181 The activity of fluorodopa (18F) has to be measured with activimeter immediately prior to injection.  
182 The injection of fluorodopa (18F) must be intravenous in order to avoid irradiation as a result of local  
183 extravasation, as well as imaging artefacts.

184

185 For instructions on extemporaneous preparation of the medicinal product before administration, see  
186 sections 6.6 and 12.

187

188 For patient preparation, see section 4.4.

189

#### 190 *Image acquisition*

191

#### 192 **Neurology**

- 193 - “dynamic” acquisition of PET images of the brain during 90 to 120 minutes right after injection,
- 194 - or one “static” PET acquisition starting 90 minutes after the injection.

195

#### 196 **Oncology**

- 197 - Gliomas: a "static" acquisition of the brain between 10 and 30 min after injection.
- 198 - Medullary thyroid cancers: static whole body acquisition starting within the first 15 minutes after  
199 injection, possibly with a later acquisition centred on foci identified during the earlier time.
- 200 - Neuroendocrine tumours of the midgut: Whole body acquisition 1 hour after injection possibly with  
201 an early acquisition (before the development of physiological biliary activity) centred on the abdomen.
- 202 - Paragangliomas: Whole body acquisition 30 minutes to 1 hour after injection.

203

204

### 205 **4.3 Contraindications**

206

- 207 - Hypersensitivity to the active substance, to any of the excipients listed in section 6.1
- 208 - Pregnancy (see section 4.6).

209

### 210 **4.4 Special warnings and precautions for use**

211

212 Potential for hypersensitivity or anaphylactic reactions

213

214 If hypersensitivity or anaphylactic reactions occur, the administration of the medicinal product must be  
215 discontinued immediately and intravenous treatment initiated, if necessary. To enable immediate action in  
216 emergencies, the necessary medicinal products and equipment such as endotracheal tube and ventilator  
217 must be immediately available.

218

219 Individual benefit / risk justification

220 For each patient, the radiation exposure must be justifiable by the likely benefit. The activity administered  
221 should in every case be as low as reasonably achievable to obtain the required diagnostic information.

222  
223 Renal / hepatic impairment

224 Careful consideration of the benefit risk ratio in these patients is required since an increased radiation  
225 exposure is possible.

226  
227 Paediatric population

228 For information on the use in paediatric population, see section 4.2.

229 Careful consideration of the indication is required since the effective dose per MBq is higher than in adults  
230 (see section 11).

231  
232 Patient preparation

233 (Invented) name should be given to patients fasting for a minimum of 4 hours without limiting water  
234 intake (and with glucose if necessary).

235  
236 In order to obtain images of best quality and to reduce the radiation exposure of the bladder, patients  
237 should be encouraged to drink sufficient amounts and to empty their bladder prior to and after the PET  
238 examination.

239  
240 In neurological indications, it is recommended to suspend any antiparkinsonian treatment at least 12 hours  
241 before the PET examination.

242  
243 Interpretation of fluorodopa (18F) PET images

244  
245 **Neurology**

246 The interpretation of fluorodopa (18F) uptake values in the different parts of the brain requires the  
247 comparison to age and sex matched controls. Recent publications refer to data base of normal cases and  
248 voxel-based Statistical Parametric Mapping (SPM) and automated region of interest (ROI) analysis.

249  
250 **Oncology**

251 False positive results in inflammatory lesions seem to be very rare with fluorodopa (18F) PET.  
252 Nevertheless, the possibility of an inflammatory lesion should be kept in mind when an unexpected  
253 fluorodopa (18F) focus is detected. The physiologic biodistribution must be taken into account in the  
254 interpretation; in particular uptake in the basal ganglia, diffuse uptake in the pancreas, uptake in the  
255 gallbladder leading to subsequent activity in the gut, and uptake in the kidney leading to “hot spots” aspect  
256 in the ureters and a high activity in the bladder.

257  
258 After the procedure

259 Close contact with infants and pregnant women should be restricted during the initial 12 hours following  
260 the injection.

261  
262 Specific warnings

263 Depending on the time when you administer the injection prepared extemporaneously after pH adjustment,  
264 the content of sodium given to the patient may in some cases be greater than 1 mmol (23 mg). This should  
265 be taken into account in patient on low sodium diet.

266  
267 Precautions with respect to environmental hazard: see section 6.6.

268  
269 **4.5 Interaction with other medicinal products and other forms of interaction**

270  
271 **Carbidopa**



272 Prior to fluorodopa (18F) administration, use of carbidopa may increase fluorodopa (18F) bioavailability  
273 to the brain by inhibiting peripheral decarboxylase activity and restricting peripheral fluorodopa (18F)  
274 metabolism with 3-O-methyl-fluorodopa (18F) formation.

275

### 276 **Haloperidol**

277 Increased intracerebral dopamine turnover caused by haloperidol may result in increased accumulation of  
278 fluorodopa (18F).

279

### 280 **Monoamine oxidase (MAO) inhibitors**

281 Concurrent use with MAO inhibitors may result in increased accumulation of fluorodopa (18F) in the  
282 brain.

283

### 284 **Reserpine**

285 Reserpine-induced depletion of the contents of intraneuronal vesicles may prevent retention of fluorodopa  
286 (18F) in the brain.

287

### 288 Paediatric population

289 Interaction studies have only been performed in adults.

290

## 291 **4.6 Fertility, pregnancy and lactation**

292

### 293 Women of childbearing potential

294 When an administration of radiopharmaceuticals to a woman of childbearing potential is intended, it is  
295 important to determine whether or not she is pregnant. Any woman who has missed a period should be  
296 assumed to be pregnant until proven otherwise. If in doubt about her potential pregnancy (if the woman  
297 has missed a period, if the period is very irregular, etc.), alternative techniques not using ionising radiation  
298 (if there are any) should be offered to the patient.

299

### 300 Pregnancy

301 The use of fluorodopa (18F) is contraindicated in pregnant women due to preventive radiation protection  
302 of the foetus (see section 4.3).

303

### 304 Breastfeeding

305 Before administering radiopharmaceuticals to a mother who is breastfeeding consideration should be  
306 given to the possibility of delaying the administration of radionuclide until the mother has ceased  
307 breastfeeding, and to what is the most appropriate choice of radiopharmaceuticals, bearing in mind the  
308 secretion of activity in breast milk. If the administration is considered necessary, breastfeeding should be  
309 interrupted for 12 hours and the expressed feeds discarded.

310

311 Close contact with infants should be restricted during the initial 12 hours following the injection.

312

### 313 Fertility

314 No studies on fertility have been performed.

315

## 316 **4.7 Effects on ability to drive and use machines**

317

318 The effect on the ability to drive and use machines has not been studied.

319

## 320 **4.8 Undesirable effects**

321

322 Pain at injection has been reported in rare cases which resolved within minutes without corrective  
323 measures.

324 Exposure to ionising radiation is linked with cancer induction and a potential for development of  
325 hereditary defects. As the effective dose is 7 mSv when the maximal recommended activity of 280 MBq is  
326 administered, these adverse reactions are expected to occur with a low probability.

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#### Paediatric population

Not reported.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system listed in [Appendix V](#).\*  
[\*For the printed material, please refer to the guidance of the annotated QRD template.]

### **4.9 Overdose**

An overdose in the pharmacological sense is unlikely given with the doses used for diagnostic purposes.

In the event of administration of a radiation overdose with fluorodopa (18F) the absorbed dose to the patient should be reduced where possible by increasing the elimination of the radionuclide from the body by forced diuresis and frequent bladder voiding. It might be helpful to estimate the effective dose that was applied.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: other diagnostic radiopharmaceuticals for tumour detection.

ATC code: V09IX05.

#### Mechanism of action

(Invented) name positron emission tomography (PET) reflects the uptake of fluorodopa (18F) by the target cells and its conversion to fluorodopamine by aromatic aminoacid decarboxylase.

#### Pharmacodynamic effects

Adult, elderly and paediatric populations:

At the chemical concentrations and activities recommended for diagnostic examinations, fluorodopa (18F) does not appear to have any pharmacodynamic activity.

#### Clinical efficacy and safety

No pivotal clinical studies were conducted, which is acceptable for this kind of procedure with more than 10 years of experience.

### **5.2 Pharmacokinetic properties**

#### Distribution

Studies in healthy humans after administration of fluorodopa (18F) have shown a ubiquitous distribution of the activity throughout the body tissues.

#### Organ uptake

The aromatic amino acid analogue fluorodopa (18F) accumulates rapidly in the tissue, particularly the striatum of the human brain and is transformed into the catecholamine neurotransmitter dopamine.

Human studies have shown that the uptake of fluorodopa (18F) in the striatum and cerebellum can be increased approximately two-fold by administration of the amino acid decarboxylase inhibitor carbidopa.

#### Elimination

381 fluorodopa (18F) is removed according to a bi-exponential kinetic process with biological half-lives of 12  
382 hours (67-94 %) and 1.7 - 3.9 hours (6-33 %). Both these half-lives appear to be age-dependent. The <sup>18</sup>F-  
383 activity is excreted through the kidneys, 50 % with a half-life of 0.7 hours and 50 % with a half-life of 12  
384 hours.

#### 385 Half-life

387 On basis of distribution, organ uptake and elimination data, a biokinetic model for fluorodopa (18F) was  
388 developed. This model assumes that 100 % of the <sup>18</sup>F activity is homogeneously distributed in the body  
389 and eliminated through the kidneys with biological half-lives of 1 hour (50 %) and 12 hours (50 %). This  
390 model was considered to be dependent of age.

#### 391 Renal / Hepatic impairment

393 The pharmacokinetics in patients with renal or hepatic impairment has not been characterised.

#### 394 Paediatric population

396 The available data on normal biodistribution in children showed that it is similar to that of adults. No  
397 further specific data on pharmacokinetics are available in children.

### 399 **5.3 Preclinical safety data**

401 Toxicological studies with rats have demonstrated that with a single intravenous injection of undiluted  
402 fluorodopa (18F) at 5 mL/kg no deaths were observed.

403 This product is not intended for regular or continuous administration.

404 Toxicity studies with repeated administration, mutagenicity studies and long-term carcinogenicity studies  
405 have not been carried out.

## 408 **6. PHARMACEUTICAL PARTICULARS**

### 410 **6.1 List of excipients**

412 Water for injections

413 *[Product specific]*

### 415 **6.2 Incompatibilities**

417 This medicinal product must not be mixed with other medicinal products.

418 *[Product specific]*

### 420 **6.3 Shelf life**

422 *[Product specific]*

### 424 **6.4 Special precautions for storage**

426 *[Product specific]*

427 Storage of radiopharmaceuticals should be in accordance with national regulation on radioactive materials.

### 429 **6.5 Nature and contents of container <and special equipment for use, administration or 430 implantation>**

432 *[Product specific]*

433 One vial contains XX to XX mL of solution, corresponding to XX to XX MBq or GBq at calibration time.

434 <Multidose vial>

435 <Not all pack sizes may be marketed.>

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## **6.6 Special precautions for disposal <and other handling>**

### General warnings

Radiopharmaceuticals should be received, used and administered only by authorised persons in designated clinical settings. Their receipt, storage, use, transfer and disposal are subject to the regulations and/or appropriate licences of the competent official organisation.

Radiopharmaceuticals should be prepared by the user in a manner which satisfies both radiation safety and pharmaceutical quality requirements. Appropriate aseptic precautions should be taken.

For instructions on extemporary preparation of the medicinal product before administration, see section 12.

If at any time in the preparation of the medicinal product the integrity of the vial is compromised it should not be used.

Administration procedures should be carried out in a way to minimise risk of contamination of the medicinal product and irradiation of the operators. Adequate shielding is mandatory.

The administration of radiopharmaceuticals creates risks for other persons from external radiation or contamination from spills of urine, vomiting, etc. Radiation protection precautions in accordance with national regulations must be taken.

Any unused product or waste material should be disposed of in accordance with local requirements.

## **7. MARKETING AUTHORISATION HOLDER**

{Name and address}

<{tel}>

<{fax}>

<{e-mail}>

## **8. MARKETING AUTHORISATION NUMBER(S)**

## **9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

<Date of first authorisation: {DD month YYYY}>

<Date of latest renewal: {DD month YYYY}>

## **10. DATE OF REVISION OF THE TEXT**

<{MM/YYYY}>

<{DD/MM/YYYY}>

<{DD month YYYY}>

## **11. DOSIMETRY**

The data listed below are from ICRP publication 106.

Organ	Absorbed dose per unit activity administered (mGy/MBq)				
	Adult	15 years	10 years	5 years	1 year
<b>Adrenals</b>	0.0099	0.0130	0.0190	0.0310	0.0550
<b>Bladder</b>	0.3000	0.3800	0.5700	0.7800	1.0000
<b>Bone surfaces</b>	0.0096	0.0120	0.0180	0.0280	0.0510
<b>Brain</b>	0.0071	0.0088	0.0150	0.0240	0.0440
<b>Breasts</b>	0.0067	0.0085	0.0130	0.0210	0.0390
<b>Gallbladder</b>	0.0100	0.0130	0.0200	0.0290	0.0500
<b>Gastrointestinal tract</b>					
<b>Stomach</b>	0.0095	0.0120	0.0180	0.0280	0.0500
<b>Small intestine</b>	0.0130	0.0170	0.0260	0.0390	0.0650
<b>Colon</b>	0.0150	0.0180	0.0270	0.0410	0.0630
<b>(Upper large</b>	0.0120	0.0150	0.0230	0.0360	0.0590
<b>(Lower large</b>	0.0180	0.0220	0.0330	0.0470	0.0690
<b>Heart</b>	0.0089	0.0110	0.0180	0.0280	0.0500
<b>Kidneys</b>	0.0310	0.0370	0.0520	0.0780	0.1400
<b>Liver</b>	0.0091	0.0120	0.0180	0.0290	0.0520
<b>Lungs</b>	0.0079	0.0100	0.0160	0.0250	0.0460
<b>Muscles</b>	0.0099	0.0120	0.0190	0.0300	0.0510
<b>Oesophagus</b>	0.0082	0.0100	0.0160	0.0250	0.0470
<b>Ovaries</b>	0.0170	0.0220	0.0330	0.0470	0.0740
<b>Pancreas</b>	0.0100	0.0130	0.0200	0.0310	0.0560
<b>Red marrow</b>	0.0098	0.0120	0.0190	0.0270	0.0470
<b>Skin</b>	0.0070	0.0085	0.0140	0.0220	0.0400
<b>Spleen</b>	0.0095	0.0120	0.0180	0.0290	0.0530
<b>Testes</b>	0.0130	0.0180	0.0300	0.0450	0.0700
<b>Thymus</b>	0.0082	0.0100	0.0160	0.0250	0.0470
<b>Thyroid</b>	0.0081	0.0100	0.0170	0.0270	0.0500
<b>Uterus</b>	0.0280	0.0330	0.0530	0.0750	0.1100
<b>Remaining organs</b>	0.0100	0.0130	0.0190	0.0300	0.0520
<b>Effective dose (mSv/MBq)</b>	0.0250	0.0320	0.0490	0.0700	0.1000
Bladder wall contributes 51 % of the effective dose					

491

492 The effective dose resulting from the administration of a maximal recommended activity of 280 MBq of  
493 fluorodopa (18F) for an adult weighing 70 kg is about 7 mSv

494 For an administered activity of 280 MBq, the typical radiation dose to the critical organs, bladder, uterus  
495 and kidney are: 84 mGy, 7.8 mGy, 8.7 mGy respectively.

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## 12. INSTRUCTIONS FOR PREPARATION OF RADIOPHARMACEUTICALS

500 The packaging must be checked before use and the activity measured using an activimeter.

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502 Withdrawals should be performed under aseptic conditions. The vials must not be opened. After  
503 disinfecting the stopper, the solution should be withdrawn via the stopper using a single dose syringe fitted  
504 with suitable protective shielding and a disposable sterile needle or using an authorised automated  
505 application system.

506  
507 If the integrity of this vial is compromised, the product should not be used.

508 Quality control

509 The solution is to be inspected visually prior to use and only clear solutions free of visible particles should  
510 be used.

511  
512 Detailed information on this medicinal product is available on the website of the European Medicines  
513 Agency <http://www.ema.europa.eu><, and on the website of {name of MS Agency (link)}>.

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## **B. PACKAGE LEAFLET**

543 **Package leaflet: Information for the patient**

544 **{(Invented) name strength pharmaceutical form}**  
545 **fluorodopa (18F)**

546 <▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety  
547 information. You can help by reporting any side effects you may get. See the end of section 4 for how to  
548 report side effects.> [For medicinal products subject to additional monitoring ONLY]

549 **Read all of this leaflet carefully before you start <taking> <using> this medicine because it contains**  
550 **important information for you.**

- 551
- 552 - Keep this leaflet. You may need to read it again.
  - 553 - If you have any further questions, ask your nuclear medicine doctor who will supervise the
  - 554 procedure.
  - 555 - - If you get any side effects, talk to your nuclear medicine doctor. This includes any possible side
  - 556 effects not listed in this leaflet.

557 **What is in this leaflet**

- 558
- 559 1. What X is and what it is used for?
  - 560 2. What you need to know before X is used ?
  - 561 3. How X is used?
  - 562 4. Possible side effects
  - 563 5. How X is stored?
  - 564 6. Contents of the pack and other information

565 **1. What X is and what it is used for**

566 This medicine is a radiopharmaceutical product for diagnostic use only.

567 X is used for diagnosis in Positron Emission Tomography (PET) examinations and is administered prior to  
568 such an examination.

569 The radioactive substance in X (to show dopamine metabolism) is detected by PET and is shown as a  
570 picture.

571 Positron Emission Tomography is an imaging technology used in nuclear medicine that produces pictures  
572 of your body. It works with a minute amount of radioactive pharmaceutical to produce quantitative and  
573 precise images of specific metabolic processes in the body. This examination is carried out to help decide  
574 on how to treat the illness you are suffering from or you are suspected of suffering from.

575 **2. What you need to know before X is used ?**

576 **X must not be used:**

- 577 - if you are allergic (hypersensitive) to the fluorodopa (18F) or any of the other ingredients of X or to
- 578 any of the components of the medicinal product prepared before administration (see section 6),
- 579 - if you are pregnant.

580 **Warnings and precautions:**

581 Take special care with X and inform your nuclear medicine doctor before being administered X in the  
582 following cases:

- 583 - if you are pregnant or believe you may be pregnant,



- 597 - if you are breast-feeding,  
598 - if you suffer from Parkinson's disease or are taking medicine for Parkinson's disease.

599

600 **Before X administration you should:**

- 601 - drink plenty of water before the start of the examination in order to urinate as often as possible  
602 during the first hours after the study  
603 - be fasting for at least 4 hours

604

605 **Children and adolescents**

606 Please talk to your nuclear medicine doctor if you are under 18 years old.

607

608 **Other medicines and X**

609 Tell your nuclear medicine doctor who will supervise the procedure if you are taking or have recently  
610 taken any other medicines, including medicines obtained without a prescription, since they may interfere  
611 with the interpretation of the images:

- 612 - Medicine for Parkinson's disease : if you are taking medicine for Parkinson's disease, you should  
613 stop taking this medicine at least 12 hours before your TEP examination  
614 - Carbidopa (a medicine for Parkinson's disease)  
615 - Haloperidol (an active substance used in psychotic symptoms, e.g. thought disorders or impaired  
616 consciousness)  
617 - MAO (monoamine oxidase) inhibitors (medicine for depressions)  
618 - Reserpine (active substance for lowering blood pressure)

619

620 **X with food and drink**

621 You should be fasting for at least 4 hours before the administration of X.

622 For the best quality image and so that radiation exposure of the bladder is reduced, it is, however,  
623 recommended that you drink plenty before and after the examination (water and unsweetened tea are  
624 permitted) and frequently empty your bladder.

625

626 **Pregnancy and breast-feeding**

627 If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your  
628 nuclear medicine doctor for advice before you are given this medicine.

629

630 You must inform the nuclear medicine doctor before the administration of X if there is a possibility you  
631 might be pregnant, if you have missed your period or if you are breast-feeding. When in doubt, it is  
632 important to consult your nuclear medicine doctor who will supervise the procedure.

633

634 If you are pregnant

635 The use of X is contraindicated in pregnant women.

636

637 If you are breast-feeding

638 If you are breast-feeding, breast milk may be drawn off before injection and stored for subsequent use.

639 Breast-feeding should be stopped for at least 12 hours. Any milk produced during this period should be  
640 discarded.

641

642 Please ask your nuclear medicine doctor when you can resume breast-feeding.

643

644 **Driving and using machines**

645 The effect on the ability to drive and use machines has not been studied.

646

647 **X contains sodium**

648 Once prepared immediately before administration, this product may contain more than 1 mmol of sodium  
649 (23 mg). You should take this into account if you are on a low sodium diet.

650

651

652 **3. How X is used?**  
653

654 There are strict laws on the use, handling and disposal of radiopharmaceutical products. X will only be  
655 used in special controlled areas. This product will only be handled and given to you by people who are  
656 trained and qualified to use it safely. These persons will take special care for the safe use of this product  
657 and will keep you informed of their actions.  
658

659 The nuclear medicine doctor supervising the procedure will decide on the quantity of X to be used in your  
660 case. It will be the smallest quantity necessary to get the desired information.  
661

662 *Adults*

663 In oncology : the quantity to be administered usually recommended for an adult ranges from X to X  
664 MBq/kg (megabecquerel, the unit used to express radioactivity), depending on the patient's body mass, the  
665 type of camera used for imaging and the acquisition mode.

666 In neurology: this dose can be halved (X-X MBq/kg body weight) for neurological examinations, i.e.  
667 when examining nervous system disorders for which an image of the entire body is not necessary.  
668

669 *Use in children and adolescents*

670 There are few clinical data available on using this medicine for children and adolescents under 18.  
671 In children and adolescents, the quantity to be administered will be adapted to the child's weight.  
672

673 **Administration of X and conduct of the procedure**

674 X is administered by slow intravenous injection over a period of approximately one minute.

675 One injection is sufficient to conduct the test that your doctor needs.

676 After injection you will be offered a drink and asked to urinate immediately preceding the test.  
677

678 **Duration of the procedure**

679 Your nuclear medicine doctor will inform you about the usual duration of the procedure.  
680

681 **After administration of X, you should:**

- 682 - avoid any close contact with young children and pregnant women for the 12 hours following the  
683 injection
- 684 - urinate frequently in order to eliminate the product from your body  
685

686 The nuclear medicine doctor will inform you if you need to take any special precautions after receiving  
687 this medicine. Contact your nuclear medicine doctor if you have any questions.  
688

689 **If you have been administered more X than you should**

690 An overdose is almost impossible because you will receive a single dose of X precisely controlled by the  
691 specialist physician supervising the procedure. However, in the case of an overdose, you will receive the  
692 appropriate treatment. The elimination of the radioactive constituents should be increased as much as  
693 possible. You should drink as much as possible and frequently empty your bladder. It may become  
694 necessary to take diuretics.  
695

696 Should you have any further question on the use of X, please ask the nuclear medicine doctor who  
697 supervises the procedure.  
698  
699

700 **4. Possible side effects**  
701

702 Like all medicines, X can cause side effects, although not everybody gets them.

703 No serious adverse effects have been observed to date.

704 In rare cases, pain during the injection has been reported, which resolved within minutes without any  
705 specific measures.  
706

707 This radiopharmaceutical will deliver low amounts of ionising radiation associated with the least risk of  
708 cancer and hereditary abnormalities.

709  
710 Your doctor has considered that the clinical benefit that you will obtain from the procedure with the  
711 radiopharmaceutical overcomes the risk due to radiation.

712  
713 **Reporting of side effects**

714 If you get any side effects, talk to your nuclear medicine doctor. This includes any possible side effects not  
715 listed in this leaflet. You can also report side effects directly via the national reporting system listed in  
716 [Appendix V](#).\* By reporting side effects you can help provide more information on the safety of this  
717 medicine.

718 [\*For the printed material, please refer to the guidance of the annotated QRD template.]

719  
720  
721 **5. How X is stored**

722  
723 You will not have to store this medicine. This medicine is stored under the responsibility of the specialist  
724 in appropriate premises. Storage of radiopharmaceuticals will be in accordance with national regulation on  
725 radioactive materials.

726  
727 The following information is intended for the specialist only.  
728 X must not be used after the expiry date which is stated on the label.

729  
730  
731 **6. Contents of the pack and other information**

732  
733 **What X contains**

- 734 - The active substance is fluorodopa (18F). 1 mL of pharmaceutical form contains X GBq or MBq  
735 fluorodopa (18F) at the date and time of calibration.
- 736 - The other ingredients [product specific]

737  
738 **What X looks like and contents of the pack**

739  
740 X is a clear and colourless or slightly yellow liquid.  
741 The total activity of the vial at the date and time of calibration is between XX GBq or MBq and XX GBq  
742 or MBq.

743  
744 **Marketing Authorisation Holder and Manufacturer**

745 {Name and address}  
746 <{tel}>  
747 <{fax}>  
748 <{e-mail}>

749  
750 This medicinal product is authorised in the Member States of the EEA under the following names:

751  
752 **This leaflet was last revised in** <{MM/YYYY}><{month YYYY}>.

753  
754 Detailed information on this medicine is available on the European Medicines Agency web site:  
755 <http://www.ema.europa.eu><, and on the website of {name of MS Agency (link)}>. <There are also links to  
756 other websites about rare diseases and treatments.>

757  
758 <This leaflet is available in all EU/EEA languages on the European Medicines Agency website.>

759  
760 -----  
761

762 The following information is intended for healthcare professionals only:

763

764 The complete SmPC of X is provided as a separate document in the product package, with the objective to  
765 provide healthcare professionals with other additional scientific and practical information about the  
766 administration and use of this radiopharmaceutical.

767

768 Please refer to the SmPC (SmPC should be included in the box)