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4 **Information for the package leaflet regarding proline used**
5 **as an excipient in medicinal products for human use**
6 **Draft**

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Comments should be provided using this [template](#). The completed comments form should be sent to excipients@ema.europa.eu

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13 as an excipient in medicinal products for human use

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40 **Executive summary**

41 Proline is an amphiphilic, naturally occurring non-essential amino acid which is present in human
42 plasma and a major component of human proteins. The daily intake with food is about 5200 mg. The
43 normal proline plasma level is in the range of $266 \pm 35 \mu\text{mol/l}$.

44 Proline is not commonly used in pharmaceuticals as an excipient. It is approved for use in Privigen
45 (IVIg) and Hizentra (SCIg) solution for injection as a stabiliser for IgG. Proline is also contained in low
46 amounts in several vaccines, e.g. Havrix 720 Kinder (Hepatitis A).

47 Proline is not currently listed in the Annex of the guideline on 'Excipients in the Label and Package
48 Leaflet of Medicinal Products for Human Use' [1]. However, two major safety concerns have been
49 identified regarding an excessive exposure to proline. Both concerns are related to neurotoxicity
50 following excessive exposure to proline.

51 In patients suffering from hyperprolinaemia, a rare autosomal recessive inherited disorder leading to a
52 dysfunction of proline metabolism resulting in elevated plasma (normal $51\text{--}271 \mu\text{M}$; HP type I < HP
53 type II (up to $500\text{--}3700 \mu\text{M}$), it is reported that this may lead to seizures or other neurological
54 abnormalities and specific forms of schizophrenia. Consequently, additional exposure of these patients
55 to proline should be limited as much as possible and a warning has been added to the package leaflet
56 accordingly.

57 As for the second concern, some published pharmacological and behavioural research studies in rats
58 indicate that long-term administration of high doses of proline have effects on brain development in
59 juvenile rats (Wyse/Bavaresco). However, these animal models are not considered to be relevant for
60 non-deficient adults or children who would not be exposed for a prolonged period to high levels of
61 proline. Therefore no related warning has been included in the package leaflet.

62 **Proposal for new information in the package leaflet**

Name	Route of Administration	Threshold	Information for the Package Leaflet	Comments
Proline	All routes of administration	Zero	<p>This medicine contains x mg of proline in each <dosage unit/unit volume> <which is equivalent to x mg/<weight><volume>>.</p> <p>Proline may be harmful for patients with hyperprolinaemia, a rare genetic disorder in which proline builds up in the body.</p> <p>If you (or your child) have hyperprolinaemia, do not use this medicine unless your doctor has recommended it.</p>	<p>In patients suffering from hyperprolinaemia, exposure to proline should be minimised.</p> <p>Use in patients suffering from hyperprolinaemia only if strictly necessary (e.g. if no alternative treatment is available).</p>

63 Scientific background

64 1. Characteristics

65 1.1. Category (function)

66 Proline [(2-S)-Pyrrolidine-2-carboxylic acid] is used in pharmaceuticals as an excipient and as an active
67 substance in nutritional supplements. In IVIg the use of proline as a stabiliser has been demonstrated
68 to improve stability by inhibition of IgG aggregation, dimer formation and solution discolouration. This
69 is postulated to result from the interaction of hydrophobic groups on proline with hydrophobic domains
70 of IgG molecules, inhibiting hydrophobic interactions of two IgG molecules preventing excessive
71 dimerisation (Bolli et al., 2010 [3]).

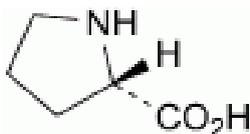
72 1.2. Physico-chemical Properties

73 Category

74 Proline (Ph. Eur. terminology standard term for L-proline) is an amphiphilic, naturally occurring non-
75 essential amino acid which is present in human plasma and a major component of human proteins
76 (Maeder et al., 2011 [24]). Currently, proline is mainly manufactured by fermentation.

77 Properties

78 $C_5H_9NO_2$



80 The substance is a white or almost white, crystalline powder or colourless crystals, which are very
81 soluble in water and freely soluble in ethanol (Ph. Eur. 01/2008:0785).

82 European Pharmacopeia specifications include the analysis for ninhydrin-positive substances by thin-
83 layer chromatography, in order to exclude the presence of other amino-acids over 0.5%. The relative
84 molecular mass of proline is 115.1.

85 1.3. Use in medicinal products

86 Proline is quite rarely used in pharmaceuticals as an excipient.

87 For example, its use as an excipient is approved for Privigen (IVIg) EMEA/H/C/000831 - formulated
88 with 250 mmol/L proline at pH 4.8 and has stability at room temperature for 3 years (Wasserman et
89 al., 2009 [31]).

90 Hizentra (20% human normal immunoglobulin SCIg) solution for injection has also been approved by
91 the EMA for subcutaneous administration (EMEA/H/C/002127). The product is stable at 25°C for 30
92 months and has been formulated with 250 mmol/L proline (Jolles et al., 2011 [20]). Proline can bind to
93 the hydrophobic regions of the IgG molecules and prevent interactions/breakdown and oxidation,
94 thereby stabilizing the molecule (Hagan et al., 2012 [16]).

95 In lower amounts proline is also contained in Repatha (evolocumab, mAB) and several vaccines, e.g.
96 Havrix 720 Kinder (Hepatitis A).

97 As an active substance proline is used as an oral nutritional supplement in OTC supplements by a
98 number of companies in doses ranging from 500 mg/d to 1000 mg/d and in numerous amino acid
99 mixtures intended for parenteral nutrition such as 10% FreAmine® III, B. Braun Medical Inc.

100 Proline may also be used as food additive, but exposure to humans through food is in orders of
101 magnitude higher than the anticipated level of exposure from the use as flavouring agents
102 (WHO/JEFCA [32]).

103 Of note, under certain exceptional physiological conditions (severe burn, preterm neonate), i.e. when
104 endogenous synthesis cannot meet metabolic need of proline, additional intake via dietary source is
105 needed (conditionally indispensable) (Dietary Reference Intakes: The Essential Guide to Nutrient
106 Requirements [10]; Wu, 2009 [10]); Wu et al., 2011 [34]).

107 **2. Pharmacy-toxicological data**

108 **2.1. Toxicology**

109 Published toxicological data for proline is limited. Conventional non-clinical studies for proline were
110 predominantly generated in support of the development and approval of Hizentra and Privigen and are
111 published in condensed form in the EPARs of those approved products. Further toxicological data has
112 been summarised by the WHO (WHO FOOD ADDITIVES SERIES: 54 [32]). Only few additional data
113 were collected from other published sources. Results from animal studies performed with proline are
114 summarised below.

115 There is no clear statement on the formal GLP status of the reviewed non-clinical data. At least the
116 studies conducted for regulatory purposes, i.e. those supporting marketing approval of Hizentra and
117 Privigen and the subchronic toxicological study performed under the Japanese food regulation (Tada et
118 al., 2010 [30]) should have been performed in line with GLP guidance or at least under comparable
119 regulatory acceptable standards.

120 **Safety pharmacology**

121 Published pharmacological studies from the literature indicate that proline is an amino acid with
122 potential CNS toxicity. A general overview on behavioural and neurochemical effects of proline is
123 reviewed by Wyse and Netto (2011 [37]).

124 Several published pharmacological and behavioral research studies in rats (i.e. watermaze test, open
125 field test) in which proline was given SC (twice daily) at high doses for several weeks to juvenile rats
126 (generally from post-natal day (PND) 6 to day 28, but later timeframes up to PND 39 have also been
127 investigated) indicate that long-term administration of high doses of proline have effects on brain
128 development in juvenile rats (Moreira et al., 1989 [23]; Delwing et al., 2003 [6]; Shanti et al., 2004
129 [29], Bavaresco et al., 2005 [2]; Delwing, 2006 [8]; Ferreira et al., 2011 [14]). A similar
130 “experimental model of hyperprolinemia” was used in these studies. This model was designed to
131 achieve sustained levels of proline in blood and brain comparable to those of human type II
132 hyperprolinemia patients. Using PK studies, administered doses (12800 to 16400 µmol of Pro/g bw)
133 were adjusted to achieve plasma proline levels between 1000 and 2000 µM, similar to those found in
134 hyperprolinemic type II patients (Moreira et al., 1989 [23]). Please refer also to section
135 Pharmacokinetic in juvenile animals below.

136 The findings from the behavioral studies indicate that treatment with proline impairs spatial memory in
137 rats and that this effect established in early life. Study reports further indicate that locomotor activity
138 was not adversely affected. Beside this, these and other studies found that high proline levels inhibit

139 enzyme activities as acetylcholinesterase, Na⁺, K⁺-ATPase, and aminotransferases, induce
140 degenerative changes in the brain (Pontes et al., 1999 [26]; Shanti et al., 2004 [29]; Delwing et al.,
141 2005 [7]) energy deficit (Delwing et al., 2007 [9]; Ferreira et al., 2010 [14]) and oxidative stress
142 (Delwing et al., 2003 [6]).

143 Overall, there is evidence that high proline concentrations in the CNS can induce neurotoxicity when
144 administered repeatedly at high doses leading to overload/exhausting of defence mechanisms and
145 enzymatic capacity can effect brain development particularly in juvenile animals.

146 Privigen contains high amounts of proline and is indicated in children of all age groups. In order to
147 address the literature data on putative effects of high doses of proline on brain development several
148 safety pharmacological studies were conducted in support marketing authorisation of Privigen.

149 Standard safety pharmacology studies with proline revealed no clinical signs of neurotoxicity, and no
150 relevant modifications of behaviour were seen with proline in rats (Study 1657/ZLB/02 Irwin Test with
151 proline, Study PSR 08/06 Pharmacokinetics of proline in Rats following a single s.c. or i.p. Injection)
152 (EPAR Hizentra [17]).

153 A safety pharmacology study (Irwin test, study no. 1657/ZLB/02) in rats was conducted under
154 conditions relevant for the clinical situation of Privigen, i.e. a 7 hrs/day infusion. In this study proline
155 was compared to glycine, a broadly used excipient in IVIG solutions that is neurologically active.
156 Groups of ten male rats were intravenously infused with two doses of proline (579 and 1449 mg/kg
157 bw/day) or glycine (378 and 945 mg/kg bw/day) for 7 hours during the first 4 days and during
158 approximately 3 hours on day 5. It was concluded that proline did not significantly affect the behaviour
159 of animals during and after infusion at both doses tested (EPAR Privigen [27]).

160 A Morris water maze task study in newborn rats (exact age not known) with subcutaneous
161 administration of proline with daily proline doses up to 4000 mg/kg administered daily for 2-5
162 consecutive days or once every 2–4 weeks was performed. Morris water maze performance was tested
163 at postnatal days 54 to 71, and the treated rats showed no change in spatial memory acquisition or
164 retention as compared to the control rats, which themselves showed good learning and reproducible
165 performance (EPAR Privigen [27]).

166 Another study in rats (Study PSR 08/06) that was designed to assess acute neurotoxicity of proline at
167 high proline serum concentrations, measuring clinical signs and proline serum concentrations after
168 subcutaneous or intraperitoneal bolus injections. Groups of six female rats were subcutaneously
169 injected with 2 g proline/kg bw or intraperitoneally with 2000 mg and 4000 mg proline/kg bw,
170 respectively. Animals of two control groups were subcutaneously and intraperitoneally injected with
171 sodium chloride solution of the same osmolarity as the high-dose proline solution used. Clinical signs
172 with special reference to neurotoxicity were assessed during 24 hours. Blood samples for measurement
173 of proline serum concentrations were also collected. After subcutaneous injection of 2000 mg
174 proline/kg bw which resulted in maximum serum concentrations of 12000 µmol/L, no clinical signs
175 were found. All other groups of animals including control group animals showed comparable clinical
176 signs primarily shortly after test article administration.

177 Following intraperitoneal injection, a high variation in proline serum concentrations between animals
178 within the same test article group was observed. Conclusions as to the toxicity of proline were
179 therefore only drawn from results obtained after subcutaneous administration of proline. No significant
180 effects on behaviour (Irwin test) at doses of proline up to 5 times the maximum dose administered
181 with Privigen in clinical studies were found except for a slight rise of body temperature after 5 days of
182 treatment. After single subcutaneous application of 2000 mg proline/kg bw/day to female rats, leading

183 to much higher serum concentrations than achieved with an intravenous infusion scheme, no clinical
184 signs of neurotoxicity, especially no signs of seizures, were observed (EPAR Privigen [27]).

185 **Pharmacokinetic in juvenile animals**

186 The efficiency of clearance of proline by young as compared to adult rats was less after a single
187 subcutaneous administration (Study PSR0307 Pharmacokinetics of proline or glycine following a single
188 subcutaneous administration in young rats). This pharmacokinetic observation was expected from
189 literature (EPAR Hizentra [17]).

190 In some published pharmacological and behavioral research studies in rats, proline was given SC
191 (twice daily) at high doses for several weeks to juvenile rats (generally from post-natal day (PND) 6 to
192 day 28. The model was designed to achieve sustained levels of proline in blood and brain comparable
193 to those of human type II hyperprolinemia patients. PK data for this model were determined in the
194 study of Moreira (Moreira et al., 1989 [23]). In order to obtain PK data, neonatal rats were sacrificed
195 either at PND 7, 14, 21 or 28 and Proline concentrations were determined in blood and cerebrum.
196 Using PK data, administered doses were adjusted to achieve plasma proline levels between 1000 and
197 2000 µM, similar to those found in hyperprolinemic type II patients.

198 Of note is that subcutaneous administration produced a non-steady elevation in proline levels, with
199 high peak plasma concentrations of 12000–14000 µmol/l one hour post-injection, dropping to 1300–
200 2600 µmol/L six hours post injection (saline control 70–100 µmol/L proline). PK data further indicate
201 that permeability of blood-brain barrier to proline and proline metabolism changes with the age of the
202 rats. While proline metabolism and excretion increase as age advances, proline permeability through
203 the blood-brain barrier decreased with age. It seems that blood-brain barrier of young adult 28-day-
204 old rats is practically impermeable to exogenous proline, whereas permeability was higher the younger
205 the rat (PND 7 > 14 > 28).

206 **Toxicity after single administration**

207 LD50 (oral, rat) of > 5110 mg/kg has been published (Merck Sicherheitsdatenblatt, Stand
208 17.08.2006). No clinical signs were found in a safety pharmacological study with single subcutaneous
209 injection of 2000 mg proline/kg bw (C_{max} 12000 µmol/L). Since proline is also substantial part of
210 human proteins (Maeder et al., 2011 [24]) and diet with normal daily intake of approximately 5200 mg
211 (WHO FOOD ADDITIVES SERIES: 54, original literature: Institute of Medicine (2002) [32]) a low acute
212 toxic potential can be assumed.

213 **Toxicity after repeated administration**

214 Rat

215 In a 5-day repeat-dose intravenous dose finding study (Study o. 25/034), groups of male rats were
216 administered daily for 7 hours with low and high dose proline (579 and 1449 mg/kg bw/day). Other
217 groups of rats were infused with low and high dose glycine (378 and 945 mg glycine/kg bw/day) or
218 with physiological saline. Serum concentrations of proline and glycine were assessed on Day 1 (before
219 infusion, 3 hrs after the start of the infusion and at the end of infusion), on Day 2 (before infusion) and
220 on Day 5 before infusion, 3 hrs after the start of the infusion and at the end of infusion). The high dose
221 level represented the maximal daily dose that could be infused in the animals. There were no signs of
222 toxicity in either dose group with glycine or proline. The No Observed Adverse Effect Level (NOAEL)
223 was therefore the high dose level, i.e. 1449 mg proline/kg bw/day and 945 mg glycine/kg bw/day,
224 respectively. Maximum serum levels of 4000 µmol/L were found at the NOAEL. The high dose was
225 considered appropriate as upper dose in the final 28-day toxicity study (EPAR Privigen and Hizentra
226 [27, 17]).

227 In a subsequent 28-day repeated dose intravenous study (Study No. 925/035), groups of female and
228 male rats were administered daily for 7 hours with low and high dose proline (579 and 1449 mg
229 proline/kg bw/day) as in the study before. Other groups of rats were infused with low and high doses
230 of glycine (378 and 945 mg glycine/kg bw/day) or with physiological saline. Serum concentrations of
231 proline and glycine were assessed on Days 1, 7, 14 and 28 before and at the end of the infusion. Urine
232 was collected at termination during 24 hours. The high dose group represented the maximal daily dose
233 that could be infused in the animals and was well tolerated and not associated with any marked
234 changes indicative of toxicity. There were no unscheduled deaths throughout the study. No treatment-
235 related clinical signs were observed in any group and there were no treatment-related eye lesions.
236 There was no obvious influence of treatment on the haematology and serum clinical chemistry
237 parameters. There were no treatment-related effects on the urine parameters. No obvious effects of
238 treatment with proline and glycine were observed in organ weights, or after macroscopic and
239 microscopic examinations of the tissues. The only treatment-related changes were slight (not
240 statistically significant) reductions in body weight gain and food consumption during the first two
241 weeks of treatment, especially in males. These affected principally the animals treated with both doses
242 proline, and glycine at 945 mg/kg/day, whereas glycine at 378 mg/kg/day was not affected. NOAELs of
243 1449 mg/kg/day for proline and 945 mg/kg/day for glycine could be established under the defined
244 experimental conditions. Maximum serum levels of 4100 µmol/L were found at the NOAEL (EPAR
245 Privigen and Hizentra [27, 17]).

246 In a 30-day study, a group of seven white female Sprague-Dawley rats were given proline at a dose of
247 50 mg/kg bw per day in water. A group of 10 rats served as the control group. After 30 days, all
248 animals were weighed, necropsied, and subjected to a complete gross examination. Histopathology
249 and microscopic examinations of the liver and kidneys were conducted. Samples of serum were
250 obtained for determination of enzyme activities, and concentrations of creatinine and total protein.
251 There were no treatment-related effects in rats given proline at 50 mg/kg bw/day compared with the
252 controls (Published in WHO/JEFCA report, original literature Kampel et al., 1989 [21]). Toxicokinetic
253 parameters were not determined.

254 In order to assess possible toxicity of proline when used as an ingredient of supplements, health foods
255 and cosmetics in Japan, a subchronic oral toxicity study of proline was conducted with groups of 10
256 male and 10 female Fischer 344 rats fed a powder diet containing 0%, 0.625%, 1.25%, 2.5% and
257 5.0% of proline for 90 days. No treatment-related clinical signs and mortality were noted. There were
258 no clear treatment-related effects with regard to body weight, food intake or urinalysis data. The
259 average daily water intakes of the treated female groups were significantly increased compared to the
260 controls. The haematology (red blood cell parameter) and serum biochemistry (glucose, blood urea
261 nitrogen, creatinine or uric acid) of the treated male and/or female groups were lower than those of
262 the control groups. However, these changes were lacked dose-dependence, and no abnormalities were
263 found in corresponding pathological findings. The NOAEL was determined to be a dietary dose of 5.0%
264 (2772 mg/kg body weight/day for males and 3009 mg/kg body weight/day for females) (Tada et al.,
265 2010 [30]). Toxicokinetics parameters were not determined.

266 Dog

267 In 7-day and 28-day repeat-dose toxicity studies in dogs, daily intravenous proline doses of up to
268 4350 mg/kg bw showed no overt toxicity (Study ZLB 06_009, 668316 proline preliminary 7-day dose
269 range finding intravenous (7h) infusion study in beagle dogs and Study CSL 07_002, 668321 28 Day
270 Intravenous (7h) Infusion Toxicity Study in the Beagle Dog with a 14 Day Recovery Period). The
271 NOAEL for proline was considered to be 4350 mg/kg bw (EPAR Hizentra [17]). Toxicokinetic

272 parameters were not determined. High safety margins (of 75 relative to the maximum clinical
273 exposure) on mg/kg basis could be established.

274 There is no data from repeated-dose toxicity studies with long term administration of proline.

275 **Genotoxicity**

276 In an assay for reverse mutation in *Salmonella typhimurium*, negative results were reported for proline
277 at concentrations of up to 57550 µg/plate (500 µmol/l) with and without metabolic activation, in *S.*
278 *typhimurium* strains TA1530, TA1531, TA1532 and TA1964 (Published in WHO/JEFCA report, original
279 literature Green & Savage, 1978 [32]).

280 Proline did not produce a clinically relevant genotoxic response in a sister chromatid exchanges assay
281 (SCEs) in human lymphocytes at concentrations of up to 115 mg/ml (Cited in WHO/JEFCA report,
282 original literature Xing & Na, 1996 [32]).

283 For proline no genotoxic effects were shown in results from in vitro and in vivo
284 genotoxicity/clastogenicity assays in combination with L-isoleucine and nicotinamide (Study 22196
285 *Salmonella thyphimurium*/ mammalian microsome plate incorporation assay (Ames Test), Study 49196
286 Bacterial reverse mutation test (Ames Test) using the pre-incubation method, Study CLE 1554-3-
287 D5140 Induction of chromosome aberration in cultured Chinese Hamster Ovary (CHO) cells, Study
288 Zen-0995 Pro-Tox (C): Bacterial Stress Gene Assay (16 constructs) with solutions containing
289 nicotinamide, proline, leucine, and isoleucine). Considering the known metabolism of the three
290 excipients, which suggest a low interaction between the compounds; these studies were considered
291 relevant for proline as a single excipient as well (EPAR Hizentra [17]).

292 Overall, there is no evidence of a genotoxic potential.

293 **Carcinogenicity**

294 Proline is an endogenously present substance lacking genotoxic potential. There is no evidence of a
295 cancer causing potential.

296 **Reproductive and developmental toxicity**

297 In an Embryo Toxicity study in rats (Study No. AA30034), proline was not teratogenic or embryotoxic
298 when administered intravenously (7-hour daily infusion) at doses of 1449 mg/kg/day during days 6 to
299 17 of gestation. There was also no indication for maternal toxicity. 1449 mg/kg/day are considered to
300 be the NOAEL (EPAR Hizentra [17]).

301 **Juvenile toxicity study**

302 Conventional juvenile toxicity studies are not available.

303 Some published pharmacological and behavioural research studies as well as some conventional safety
304 pharmacology studies are described in section 'other toxicity studies'.

305 The efficiency of clearance of proline by young as compared to adult rats was less after a single s.c.
306 administration (please refer to section "Pharmacokinetics in juvenile animals above) (EPAR Hizentra
307 [17]).

308 **Other studies**

309 Evidence of retrograde amnesia has been shown in both chick and mice (Davis and Cherkin, 1977,
310 1979 [4, 5]).

311 **2.2. Toxicokinetics**

312 In a 5-day repeat-dose intravenous dose finding study (Study No. 925/034), groups of male rats were
313 administered daily for 7 hours with low and high dose proline (579 and 1449 mg/kg bw/day). There
314 was a dose-dependent increase in the peak serum concentration of proline up to 13–14 times baseline
315 levels, equivalent to approximately 4000 µmol/l for the high dose group. Three hours after the start of
316 the infusion 83 and 71% of peak concentrations were reached at low and high dose proline,
317 respectively. There was no indication of accumulation of proline in serum in both the doses tested
318 (EPAR Privigen [27]).

319 In a 28-day repeated dose intravenous study (Study No. 925/035), groups of female and male rats
320 were administered daily for 7 hours with low and high dose of proline (579 and 1449 mg proline/kg
321 bw/day) as in the study before. There was a dose-dependent increase in the peak serum
322 concentrations of proline, up to 14 and 9 times baseline levels for males and females, respectively.
323 Maximal serum levels of 3100–4100 µmol/l and 2200–2800 µmol/l proline were found at termination of
324 the infusion on days of measurements at the high dose level for males and females, respectively,
325 without a trend to an increase or decrease during the 4 weeks of the study. No accumulation of
326 occurred at both doses as serum concentrations of proline were similar to baseline levels during the
327 treatment period before daily infusions. As expected total daily excretion of proline in urine was low
328 (EPAR Privigen).

329 In a single dose pharmacokinetic study (Study No. PSR 08/06) groups of female rats were injected s.c.
330 with 2000 mg proline/kg bw, or i.p. with 2000 mg proline/kg bw or 4000 mg proline/kg bw. Control
331 groups received i.p. or s.c. injections of sodium chloride solution of the same osmolarity as the high-
332 dose proline solution. Peak serum concentrations of 12000 µmol/l (mean; 70 fold baseline) for s.c.
333 treated animals and up to 18000 µmol/l and 43000 µmol/l after i.p. administration were reached
334 15 min after injection. Proline was eliminated quickly from the serum with baseline levels reached at
335 8 hours after injection for all animals except one high-dose i.p administered animal. Following i.p.
336 injection, a high variation in proline serum concentrations between animals within the same test article
337 group was observed (EPAR Privigen [27]).

338 In an intravenous teratogenicity study (Study No. AA30034) proline and glycine were compared.
339 Groups of pregnant rats were administered from Days 6–17 of gestation over 7 h/day with
340 300000 µmol/l proline (42 ml/kg bw/day equivalent to 1449 mg/kg bw/day) or 300000 µmol/l glycine
341 (42 ml/kg bw/day equivalent to 945 mg/kg bw/day) or, as a control, physiological saline (42 ml/kg
342 bw/day). Serum concentrations of proline and glycine were assessed on Days 6 and 17 of gestation
343 before and at the end of the infusion. Mean maximal serum levels on Days G6 and G17 were
344 3530 µmol/l and 2570 µmol/l proline in the animals infused with proline, and 1670 µmol/l and
345 1230 µmol/l glycine in the animals infused with glycine, respectively. No accumulation of proline and
346 glycine occurred. Serum concentrations of glycine were only marginally influenced by proline infusions
347 and vice versa (EPAR Privigen [27]).

348 In an “experimental model of hyperprolinemia” (Moreira et al., 1989), juvenile rats received
349 subcutaneous doses of proline of 12800 to 18200 µmol/kg bw (1500 to 2100 mg/kg bw) twice daily
350 from PD 6 till PD 28. This model was used in the numerous publications (Delwing et al., 2003 [6];
351 Bavaresco et al., 2005 [2]; Delwing, 2006 [8]) which indicate vulnerability of the immature,
352 developing brain to high doses of proline. This model was designed to achieve sustained levels of
353 proline in blood and brain comparable to those of human type II hyperprolinemia patients with proline
354 levels between 1000 and 2000 µM.

355

356 **Table 1.** Extract from the EPAR for Privigen

Rat Study duration	Proline: mean C _{max} at highest dose tested
Safety Pharmacology and Pharmacokinetics; exploratory study – Single dose, s.c. (Study No. PSR 08/06)	12000 µmol/l
Repeat dose toxicity – 5 days (Study No. 925/034)	4000 µmol/l
Repeat dose toxicity – 28 days (Study No. 925/035)	3100–4100 µmol/l (males) 2200–2800 µmol/l (females)
Reproduction Toxicity (segment II) (Study No. AA30034)	2600–3500 µmol/l

357 **3. Pharmacokinetics (in humans)**

358 Proline is a nonessential neutral amino acid and a component of nutritional proteins; the daily intake
 359 with food is about 5200 mg. The normal proline plasma level is in the range of 266 ± 35 µmol/l.
 360 Proline is formed from and metabolized to glutamate. However, under certain physiological conditions
 361 (severe burn, preterm neonate), i.e. when endogenous synthesis cannot meet metabolic need of
 362 proline, additional intake via dietary source is needed (conditionally indispensable) (Dietary Reference
 363 Intakes: The Essential Guide to Nutrient Requirements [11]; Wu, 2009 [35]; Wu, 2011 [35]). Proline is
 364 part of diet with normal daily intake of approximately 5.2 g (www.nap.edu). The normal proline plasma
 365 level is in the range of 266 ± 35 µmol/L. Proline is formed from and metabolised to glutamate. Normal
 366 serum proline levels vary by age: 3–10 years 68–148 µmol/L; 6–18 years 58–324 µmol/L and > 18
 367 years 102–336 µmol/L (Wu, 2006 [33]).

368 The half-life (t_{1/2}) of proline is approx. 5 hours.

369 It is tubularly reabsorbed in kidneys uses the same transporter as glycine and hydroxyproline and thus
 370 not secreted in the urine of healthy individuals.

371 Proline passes the blood-brain barrier (BBB) where it acts as a low potency member of the class of
 372 excitatory amino acids. In adults it is effluxed by the amino acid transporter ATA2, the orphan
 373 transporter v7-3 (solute carrier 6a15, or B0AT2), and the PROT transporter (FDA Memo). One or some
 374 of these transporters may not be well developed in young children.

375 **Privigen (IVIG)**

376 Privigen is stabilized with 250000 µmol/l proline (proline has a molecular weight of 115.13 g/mol→
 377 28.75 g/l).

378 Proline physiological serum range: 266 ± 35 µmol/l.

379 The serum concentrations of proline were measured in both clinical studies of Privigen (one study in
 380 primary immunodeficiency patients (PID) and one in immune thrombocytopenia (ITP)).

381 The pre-infusion levels in all subjects were within the expected physiological range.

382 In the PID study, all patients (n= 80, ages 3–69 years) received doses between 0.20 to 0.88 g/kg
 383 Privigen per infusion given at 3 to 4 week intervals. The median pre-infusion proline levels prior to
 384 the first and second infusion and also prior to the infusion at week 12 were between 207 and

385 236 µmol/l. The median post-infusion proline serum concentrations were 1927 µmol/l after the first
386 infusion and 1793 µmol/l after the second infusion. As expected, median proline values after
387 infusion increased with increasing median dose of Privigen.

388 In the ITP study (n=57; ages: 15–69 years), a dose of 1 g/kg was administered for two
389 consecutive days. The median pre-infusion levels of proline prior to the first and second infusions
390 were 199 µmol/l and 446 µmol/l, respectively. Proline serum concentration increased from pre-
391 infusion levels to median post-infusion levels of 2606 µmol/l after the first and 2951 µmol/l after
392 the second infusion. There was no cumulative effect of proline seen in the ITP study.

393 In an analysis of the ITP study the applicant showed that the rate of all temporally associated AEs
394 as well as that of the most frequent temporally associated AE, namely headache, did not increase
395 with higher proline serum concentrations.

396 The serum concentrations of L-glutamate were measured by HPLC in conjunction with the proline
397 assessment, but were only analysed retrospectively. Post-infusion levels of L-glutamate did not
398 increase to the same degree as proline concentrations. The median concentration of L-glutamate
399 after the first infusion was about 1.4 times above baseline. The transiently increased L-glutamate
400 serum concentrations after Privigen administration were lower than the glutamate serum
401 concentrations measured after a protein rich meal, where increases of > 2 fold have been reported.

402 Based on literature data, excretion of proline into the milk of lactating women and proline exposure
403 of nursing infants were assessed. The baby's proline dose derived from IgPro10 treatment of the
404 mother is considerably lower than the proline amounts naturally taken in with milk proteins or than
405 would be administered with amino acid solutions for parenteral nutrition. Proline uptake from milk
406 therefore does not pose a risk for the baby. This available information in humans, in conjunction
407 with the animal reproduction toxicity data and the data in juvenile animals obtained with proline,
408 supports the safety of proline applied to lactating women with Privigen. This information is
409 considered sufficient to justify not including any precautionary statements regarding proline uptake
410 with milk after IgPro10 administration to mothers in sections 4.6 and 5.3 of the Summary of
411 Product Characteristics [28].

412 **Hizentra**

413 Two PID studies were performed, one in the EU and one in the USA.

414 In the EU study in 51 PID patients (ages: 3–60 y) the mean dose per week was 120 mg/kg (range 59–
415 243 mg/kg)

416 Proline was measured during 1 dosing interval at Week 28 ± 1. Mean pre-infusion levels were
417 259 µmol/l, the level peaked at ~10 minutes after the infusion (370 µmol/l; max 662 µmol/l). One day
418 after infusion, the serum proline concentration had returned to approximately the same concentration
419 as before the infusion. There were no signs of proline accumulation. In 3/23 subjects individual
420 measurements showed proline concentrations were above the upper limit of the normal range
421 (450 µmol/l). No relevant differences were seen in children.

422 In the US study in 49 PID patients (ages: 5–72 y) the mean dose per week was 181.5 mg/kg. The
423 maximum proline level was 789 µmol/l. In comparison in the studies with Privigen median levels of
424 1927 µmol/l (in PID study) and 2951 µmol/l (in ITP study) were reached.

425 No additional concerns with regard to proline are raised by these studies with the s.c product.

426

427 **Table 2.** Partially adapted from Hagan et al. [16]

	Route Proline content	Studies	Dose IgG	Maximum proline dose	Proline serum level post-infusion µmol/L
IgPro 10 Privigen	i.v. 250 mmol/L	PID (3-69 y) N= 80	Range: 0.20 – <u>0.88</u> g/kg/month (long-term dosing)	253 mg/kg/month	Post day 1 Median: 1927
		ITP (15-69 y) N= 57	2 g/kg (short-term dosing) <u>Maximum daily dose:</u> 1 g/kg/d	288 mg/kg/d	Post day 1 Median: 2606 Max 7963* Post dose day 2 Median 2951 Max: 9661 **
IgPro 20 Hizentra	s.c. 250 mmol/L	PID (3-60 y) N= 51	Mean: 0.120 g/kg/week Range: 0.059- <u>0.243</u> (long-term dosing)	34 mg/kg/week	Mean: 370 Max: 662
		PID (5 -72y) N= 49 N =18 PK	Mean: 0.213 g/kg/week Range: 0.072-0.379 (long-term dosing)	55 mg/kg/week	Post dose day 1 Median: Max: 789
10% FreAmine® III	i.v	n.a	n.a (short-term dosing)	255–348 mg/kg	<u>n.a.</u>

428 *In the ITP study the patient with the highest proline level post-dose on the first Day (7963 µmol/l) experienced
429 mild AEs of which 2 were considered “possibly” related to the treatment (+ Coomb’s test and bilirubin increase) but
430 not to proline. This subject had a baseline of 180 µmol/L and returned to baseline by Day 4 post-dose.

431 **The patient with the highest proline level post-dose on the second Day (9661µmol/l) experienced mild –severe
432 AEs (headaches, fever, dizziness sleepiness, - the severe headache was considered “probably” related to the
433 treatment but as this is a typical side-effect of IVIG it is difficult to say what role proline played in this AE. This
434 subject had a baseline of 125 µmol/l and returned to baseline by Day 8 post-dose.

435 **4. Clinical safety data**

436 **4.1. Safety studies**

437 Two immunoglobulins authorised in the EU are currently in use and contain proline as an excipient:
438 Privigen given intravenously and Hizentra given subcutaneously. Depending on the indication, the IV
439 product is generally administered at doses of 200 mg/kg to 800 mg/kg per infusion every 3 to 4 weeks
440 in the replacement setting of primary immunodeficiency patients (PID) and at doses of 1000 mg/kg
441 was for two consecutive days in the immunomodulatory setting (e.g. ITP, GBS, Kawasaki). The second
442 product is administered weekly or biweekly at doses of 100 mg/kg to 200 mg/kg in replacement
443 therapy.

444 As animal studies in rats suggest that proline induces oxidative stress which may be involved in the
445 brain dysfunction observed hyperprolinemic patients, further investigations were undertaken during
446 the MAA of Privigen to address this issue (see above).

447 **4.1.1. Patients with hyperprolinaemia**

448 From patients suffering from hyperprolinaemia, a rare autosomal recessive inherited disorder leading
449 to a dysfunction of proline metabolism resulting in elevated plasma (normal 51–271 µM; HP type I <
450 HP type II (up to 500–3700 µM) it is reported that this may lead to seizures or other neurological 1*
451 forms of schizophrenia.

452 Consequently, additional exposure of these patients to proline should be limited as much as possible.

453 This is in line with Privigen's and Hizentra's current labellings which contraindicate their use for
454 patients suffering from hyperprolinaemia.

455 ***Privigen***

456 SmPC Section 4.3 Contraindications: Patients with hyperprolinaemia.

457 PIL section 2. Do NOT take Privigen if you suffer from hyperprolinaemia (a genetic disorder causing
458 high levels of the amino acid proline in the blood). This is an extremely rare disorder. Only a few
459 families with this disease are known worldwide.

460 ***Hizentra***

461 SmPC Section 4.3 Contraindications: Patients with hyperprolinaemia type I or II.

462 PIL section 2 Do NOT inject Hizentra if you suffer from hyperprolinaemia (a genetic disorder causing
463 high levels of the amino acid proline in the blood).

464 **4.1.2. Patients with normal proline metabolism**

465 Some published pharmacological and behavioral research studies in rats (i.e. watermaze test, open
466 field test) in which proline was given SC (twice daily) at high doses for several weeks to juvenile rats
467 (generally from post-natal day (PND) 6 to day 28, but later timeframes up to PND 39 have also been
468 investigated) indicate that long-term administration of high doses of proline have effects on brain
469 development in juvenile rats (Wyse/Bavaresco). The model used in these studies claims to be adjusted
470 to achieve plasma proline levels between 1000 µM and 2000 µM, comparable to those found in type II
471 hyperprolinemic patients (Moreira et al., 1989 [23]).

472 From other studies using a similar animal model it is reported that proline provokes several neurotoxic
473 effects in rats, such as memory impairment (Delwing et al., 2006 [8]) inhibition of enzymes activities
474 as acetylcholinesterase, Na⁺, K⁺-ATPase, and aminotransferases (Pontes et al., 1999 [25], 2001 [26];
475 Shanti et al., 2004 [29]; Delwing et al., 2005 [7]) energy deficit (Delwing et al., 2007 [9]; Ferreira et
476 al., 2010 [14]) and induction of oxidative stress (Delwing et al., 2003 [6]). This data indicate that high
477 proline concentrations in the CNS can induce some neurotoxicity when administered repeatedly at high
478 doses and may effect brain development in juvenile animals.

479 Of note Privigen and Hizentra (approved in the European Union via the centralised procedure) contain
480 high levels of proline and are indicated for the use in children of all age groups. In order to address the
481 neurotoxic potential of proline, specific non-clinical safety studies, with the particular intention to
482 mimic the clinical dose, application route and schema of Privigen and Hizentra were conducted. On the
483 basis of these studies, non-clinical data for proline reveal no special risk for humans based on safety

484 pharmacology and toxicity studies. This situation is reflected in the current labelling in sections 5.3 of
485 the SmPCs of Privigen and Hizentra [28, 18].

486 In sum, some published pharmacological and behavioural research studies in juvenile rats indicate that
487 long-term administration of high doses of proline may have effects on brain development in juvenile
488 rats. However, the results from Privigen in newborn rats were reassuring and suggested a non-
489 neurotoxic potential of proline, administered as an excipient with Privigen, on the developing brain.
490 Furthermore, no effects on brain development or any other special risk for humans (with an intact
491 proline metabolism) were observed in the conventional non-clinical studies conducted with proline for
492 approval of Privigen and Hizentra. These somewhat contradictory results may possibly be explained by
493 the different administration schedules and pharmacokinetics, i.e. high subcutaneous doses of proline
494 twice daily versus intermittent dosing mimicking clinical administration schedule of Privigen and
495 Hizentra and indicate a threshold for neurotoxicity in-between the exposition mimicking the clinical
496 scheme for Privigen/Hizentra and the exposition as described in the animal model causing proline
497 levels comparable to those of hyperprolinaemia type II patients depending on dose, administration
498 schedule (route, duration and frequency of exposure) and probably on the age of the animals.

499 A certain risk for neurotoxicity along with elevated plasma levels of proline is known from patients
500 suffering from hyperprolinaemia (up to 500–3700 µM, normal range 266 ± 35 µmol/L).

501 Considering that

- 502 a) the development of gray and white matter, myelination, synaptogenesis, pruning, and synaptic
503 modification continues in early childhood and synaptogenesis further continues to adolescence
504 [15];
- 505 b) the blood-brain-barrier is not fully developed until approx. 6 months;
- 506 c) an exact threshold for children cannot be deduced from the pre-clinical studies the relative
507 safety limit extrapolated from proline doses administered in the Privigen and Hizentra studies
508 and parenteral amino acid mixtures could serve as a guidance for intravenous and
509 subcutaneous administration levels of proline;

510 there might be a potential risk for neurotoxicity following long-term administration of high doses of
511 proline to very young individuals.

512 However, that standard toxicity studies did not identify any toxic effects and the signal for
513 neurotoxicity has been observed experimentally in a model specifically designed to study
514 hyperprolinaemia using very specific conditions. Taken this into account and because proline is only
515 rarely used as an excipient in adequately labeled medicinal products, it was felt that a common
516 labelling recommendation in the excipient guideline concerning neurotoxicity was not reasonable.

517 **4.2. Safety post marketing**

518 From the marketing authorisation data for both Privigen and Hizentra no clear safety signals were
519 detected with regard to proline. To broaden the safety data base on the paediatric population, an
520 intensified Pharmacovigilance protocol was proposed to uncover signals on relevant neurological
521 effects. This dedicated Signal Detection focuses on spontaneous ADR reports, including cases from the
522 scientific literature, concerning Kawasaki disease, the paediatric population and neurologic disorders
523 after Privigen administration.

524 In the last PRAC PSUR 07 Oct 2013 (on all IVIGs and SCIGs) the main focus was on haemolysis,
525 allergic/hypersensitivity reactions/anaphylactic reactions, thromboembolic events, an acute renal

526 failure. For Hizentra the MAH was asked to comment, on whether there had been any suspected cases
527 of hyperprolinaemia in the post-marketing observation spontaneously reported since launch.

528 **5. Risk assessment**

529 **5.1. Pre-clinical data**

530 Proline is a physiological, conditional-essential amino acid and a component of nutritional proteins with
531 the daily intake with food of about 5200 mg.

532 Results from a 5-day Irwin test in rats receiving daily intravenous 7 h infusion of proline at doses of up
533 to 4350 mg/kg (resulting in a plasma exposure of 4000 µmol/L) did not show any significant
534 neurobehavioral finding. In 5- and 28-day repeat-dose toxicity studies with subcutaneous
535 administration to rats there were no signs of toxicity (NOAEL 4350 mg/kg bw). There was also no
536 toxicological finding in a 3 months oral toxicity study in rats (NOAEL 2772 mg/kg bw).

537 In 7-day and 28-day repeat-dose toxicity studies in dogs, daily intravenous (7h infusion) proline doses
538 of up to 4350 mg/kg bw (NOAEL) showed no overt toxicity. There are no data from repeated-dose
539 toxicity studies with long term administration of proline.

540 Available in vitro and in vivo data provide sufficient assurance of the absence of genotoxic activity.

541 There was no evidence for maternal or reproductive toxicity in a segment II study in rats treated
542 intravenously (7-hour daily infusion) at doses of up to 1449 mg/kg/day during days 6 to 17 of
543 gestation (NOAEL).

544 The only notable evidence for potential toxicity of proline came from some published studies pertaining
545 to hyperprolinaemia. These studies have shown that repeated administration of, high doses of proline
546 have effects on brain development in very young rats. In an "experimental model of hyperprolinemia"
547 (Moreira et al., 1989 [23]), juvenile rats received subcutaneous doses of proline of 12800 to
548 18200 µmol/kg bw (1500 mg/kg bw to 2100 mg/kg bw) twice daily from PND 6 till PND 28 or PND 15
549 to PND 39. The finding that particularly very young individuals are vulnerable to high doses of proline
550 is supported by PK data that indicate that permeability of blood-brain barrier to proline and proline
551 metabolism changes with the age of the rats. While proline metabolism and excretion increase as age
552 advances, proline permeability through the blood-brain barrier decreased with age. It seems that
553 blood-brain barrier of young adult 28-day-old rats is practically impermeable to exogenous proline,
554 whereas permeability was higher the younger the rat (PND 7 > 14 > 28).

555 Further evidence supporting the vulnerability of particular young individuals as the brain rapidly
556 develops in this phase and since protective mechanisms like the blood brain barrier or systemic
557 clearance are immature in rats aged < PND 35 and human equivalent age groups; i.e. immature
558 development of blood-brain barrier (BBB) and amino acid efflux transporters (see above).
559 Furthermore, pharmacokinetic studies in juvenile animals have shown that efficiency of systemic
560 clearance of proline by young was less when compared to adult rats.

561 There are no data for adult or older juvenile animals with repeated or longer term administration of
562 proline addressing specific neurotoxic endpoints (e.g. dosing started later than PND 15). On the basis
563 of the available pharmacokinetic and toxicological data it might however be speculated that animal >
564 day 28 to 35 of age are less vulnerable to proline and may tolerate higher doses or a more often
565 dosing schedule without adverse neurological effects (see below).

566 Of note is that specific behavioural studies have been conducted in the context of the MAAs for Privigen
567 and Hizentra with the aim to qualify the excipient proline and to address concerns from the published

568 experimental studies indicating that proline may have neurological effects on brain development in
569 young rats. No effects on brain development or any other special risk for humans (with an intact
570 proline metabolism) were observed in these studies mimicking the clinical dosing schedule of Privigen
571 and Hizentra. Particularly in a Morris water maze task study in newborn rats with subcutaneous
572 administration of proline with daily proline doses up to 4 g/kg administered daily for 2–5 consecutive
573 days or once every 2–4 weeks there was no finding in water maze performance at postnatal days 54 to
574 71, and the treated rats showed no change in spatial memory acquisition or retention.

575 These apparently contradictory results may be explained by the different administration schedules
576 used, i.e. daily application of high subcutaneous doses for several weeks in the “experimental model of
577 hyperprolinemia” versus high single doses as given in standard safety pharmacology studies or doses
578 administered in a intermitted schedule, i.e. daily of up to 4000 mg/kg for 2–5 consecutive days or once
579 every 2–4 weeks and indicate a threshold for neurotoxicity in-between the exposition mimicking the
580 clinical scheme for Privigen/Hizentra and the exposition as described in the animal model causing
581 proline levels comparable to those of hyperprolinaemia type II patients - depending on dose,
582 administration schedule (route, duration and frequency of exposure) and probably on the age of the
583 animals. It might be speculated that the repeated twice daily subcutaneous administration inducing
584 high peak plasma concentrations of 12000 –14000 µmol/l induce overload/exhausting of defence
585 mechanisms and enzymatic capacity of brain tissues, resulting in CNS toxicity.

586 Overall, since results from animal studies are inconclusive, it is difficult to draw firm conclusions from
587 the current somewhat contradictory data, but data indicate that high repeated doses of proline may
588 pose a possible risk for the developing brain particularly in young individuals. A NOAEL/NOEL for
589 neurotoxicity in healthy young animals for proline might be established in-between the exposition
590 mimicking the clinical scheme for Privigen/Hizentra and the exposition as described in the animal
591 model causing proline levels comparable to those of hyperprolinaemia type II patients - depending on
592 dose, administration schedule (route, duration and frequency of exposure) and probably on the age of
593 the animals.

594 There were no other notable non-clinical findings from conventional studies of safety pharmacology,
595 acute and repeated dose toxicity, genotoxicity and reproductive toxicity. Repeated dose toxicity studies
596 have been conducted with rats (SC) and dogs (IV) of up to 28 days (NOAEL 4350 mg/kg) and in dogs
597 (oral) of up to 3 months (NOAEL 2772 mg/kg bw).

598 **5.2. Clinical aspects**

599 The effects of consistently high proline plasma levels can be seen in hereditary hyperprolinemia type I
600 (HPI) and type II (HPH). Each type is caused by an autosomal recessive inborn error of the proline
601 metabolic pathway.

- 602 • HPI is caused by an abnormality in the proline-oxidizing enzyme (POX). The POX gene (PRODH)
603 is located on chromosome 22 (22q11.21). This region is deleted in congenital malformation
604 syndromes including velo-cardio-facial syndrome, DiGeorge Syndrome and conotruncal
605 anomaly face syndrome. This gene locus is also related to susceptibility to schizophrenia. The
606 incidence of chromosome 22q11.2 deletion syndrome is ~27:100 000 live births. Approx. 50%
607 of patients with 22q11.2 deletion have hyperprolinemia and approx. 77% of patients with
608 22q11.2 deletion are immunodeficient (mainly thymic hypoplasia); antibody defects are only
609 present in 15%. Data from European and US registries for immunodeficiencies showed that 3%
610 of patients with DiGeorge syndrome require IgG therapy. An estimated 1675–2400 people with
611 22q11.2 deletion could be treated with IgG therapy in the USA. Half of these may be
612 hyperprolinemic.

- 613 • HPII is caused by a deficiency of Δ -1-pyrroline-5-carboxylate (P5C) dehydrogenase (P5CDh).
614 The P5CDh gene (ALDH4A1) is located on chromosome1 (1p36.13).

615 In patients with type I and II hyperprolinemia their proline serum levels are 10–15 times higher than
616 the normal level (proline physiological serum range: $266 \pm 35 \mu\text{mol/L}$). If not diagnosed early in life
617 some individuals with these genetic disorders will exhibit neurological and psychiatric disorders,
618 including seizures, mental retardation and schizophrenia (Mitsubuchi, 2014 [22]).

619 Thus, the developing brain seems to be sensitive to consistently high proline levels.

620 In products containing proline as an excipient one of the concerns is that proline passes the blood-
621 brain barrier (BBB) (The PDCO accepts 6 months as the age at which the BBB is developed). Proline is
622 effluxed by various amino acid transporters (see above) that may not be fully developed in very young
623 children.

624 As the brain development continues in early childhood into adolescence and as an exact threshold for
625 proline serum levels in children cannot be deduced from the pre-clinical studies, it would be advisable
626 for long-term treatment to avoid plasma proline levels seen in symptomatic hyperprolinemic patients;
627 this would approx. be 10x physiological serum range, i.e. $\sim 2500 \mu\text{mol/L}$.

628 However, the following aspects require further differentiation in assessing a possible danger resulting
629 from increased proline levels:

- 630 a. Will the treatment be given short-term as a single dose as for Privigen in ITP or Kawasaki or
631 long-term treatment as in PID (Privigen/Hizentra)?
- 632 b. Will the dosing interval in long-term treatment allow for a sufficient and rapid normalisation of
633 proline levels?

634 As the half-life of proline is approx. 5 hours and the dosing intervals of Hizentra (low dose; weekly)
635 and Privigen (higher dose, 3–4 weekly) should not lead to any accumulation, given an intact
636 proline metabolism. Proline is eliminated from the plasma by about 50% within 2 hours after end of
637 infusion, and more than 90% within 24 hours.

638 Thus, a relative safety limit may be extrapolated from Proline doses administered in the Privigen and
639 Hizentra studies and parenteral amino acid mixtures could serve as guidance for intravenous and
640 subcutaneous administration levels of proline.

641 Conclusion

642 In children and adolescents with an intact proline metabolism, parenteral short-term single doses of a
643 treatment containing proline as an excipient can be given at an amount of $\leq 350 \text{ mg/kg/daily}$.

644 In children and adolescents with an intact proline metabolism, parenteral long-term repeated doses of
645 a treatment containing proline as an excipient can be given at an amount of $\sim 0.060 \text{ g/kg/weekly}$ or
646 $\sim 250 \text{ mg/kg/monthly}$.

647 **6. Safety information relevant for the package leaflet**

648 Proline is not listed in the current Annex to the European Commission 'Guideline on Excipients in the
649 Label and Package Leaflet of Medicinal Products for Human Use [1, 12].

650 A certain risk for neurotoxicity along with elevated plasma levels of proline is known from patients
651 suffering from hyperprolinaemia (up to $500\text{--}3700 \mu\text{M}$, $266 \pm 35 \mu\text{mol/L}$). This is in line with the
652 labelling of the approved proline containing medical products is contraindicated in patients with

653 hyperprolinaemia, i.e. the use of Privigen and Hizentra (proline containing IgG medical products) is
654 contraindicated in Patients suffering from hyperprolinaemia type I and II).

655 Therefore, the risk of the **use of proline in hyperprolinaemia** has been included in the Annex.

656 Evidence for potential toxicity of proline in very young individuals came from some published studies
657 pertaining to hyperprolinaemia. Using a similar “experimental model of hyperprolinemia”, these studies
658 have shown that repeated administration of high doses of proline have effects on brain development in
659 very young rats (subcutaneous doses of proline of 12800 to 18200 µmol/kg bw (1500 mg/kg bw to
660 2100 mg/kg bw) twice daily from PND 6 till PND 28 or PND 15 to PND 39).

661 There is also some evidence for a potential risk for neurotoxicity following long term administration of
662 high doses of proline to very young individuals (see section 4.1.2), but there is no proline specific
663 labelling concerning the use of Privigen and Hizentra in children (approved for children (0–18 years))
664 and adults (with an intact proline metabolism). This is justified on basis of animal behavioural tests
665 reflecting clinical schedules of Privigen and Hizentra without relevant findings.

666 However, the current use of proline is restricted to a few products only (e.g. in Privigen (IVIg),
667 Hizentra (IClg), Repatha (evolocumab, mAB) and probably some vaccines (single dose)), there were
668 no noteworthy findings in standard toxicology studies and since the data that indicate a neurotoxic
669 potential of proline came from a model to study hyperprolinemia with very specific experimental
670 conditions, a specific general warning for the use of proline in young children and/or adolescents (not
671 suffering from hyperprolinemia) will not be meaningful.

672 Qualification of unusual proline amounts in upcoming MAAs/CTAs may be addressed individually by a
673 product specific discussion either way.

674 **A specific general warning for the use of proline in young children and/or adolescents (not**
675 **suffering from hyperproloinemia) is not meaningful.**

676 There is also no proline specific labelling in nutritional supplements. The use of such products is
677 generally contraindicated in “patients suffering from amino acid metabolism disorders”. In nutritional
678 supplements, proline is added as “active compound” and in consequence is out of the scope of this
679 document.

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776 **Annex 1. Causes for concerns identified for approved**
 777 **Biological medicinal products (Privigen and Hizentra)**

	Privigen (solution for infusion) IVIg	Hizentra 200 mg/ml solution for subcutaneous injection
SmPC 5.3 Preclinical safety data	<p>“Immunoglobulins are a normal constituent of the human body. L-proline is a physiological, non-essential amino acid.</p> <p>The safety of Privigen has been assessed in several preclinical studies, with particular reference to the excipient L-proline. Some published studies pertaining to hyperprolinaemia have shown that long-term, high doses of L-proline have effects on brain development in very young rats. However, in studies where the dosing was designed to reflect the clinical indications for Privigen, no effects on brain development were observed. Non-clinical data reveal no special risk for humans based on safety pharmacology and toxicity studies.”</p>	<p>“Immunoglobulins are a normal constituent of the human body. L-proline is a physiological, non-essential amino acid. The safety of Hizentra has been assessed in several preclinical studies, with particular reference to the excipient L-proline. Non-clinical data reveal no special risk for humans based on safety pharmacology and toxicity studies.”</p>
PIL 2. What you need to know before you are given XXX	<p>Do NOT take Privigen</p> <p>- if you suffer from hyperprolinaemia (a genetic disorder causing high levels of the amino acid proline in the blood).</p> <p>This is an extremely rare disorder. Only a few families with this disease are known worldwide.</p> <p>Privigen contains proline</p> <p>You must not take it if you suffer from hyperprolinaemia (see also section 2 “What you need to know before you are given Privigen”).</p> <p>→ Tell your doctor prior to treatment.</p>	<p>Do NOT inject Hizentra</p> <p>- if you suffer from hyperprolinaemia (a genetic disorder causing high levels of the amino acid proline in the blood).</p> <p>Hizentra contains proline</p> <p>You must not take it if you suffer from hyperprolinaemia (see also section 2 “What you need to know before you use Hizentra”). Please tell your doctor prior to treatment.</p>
Comments	→ Proline is used as an excipient for parenteral Ig (IV or SC) immunoglobulins Privigen and Hizentra. Considering the wording in	

	<p>5.3 of SPC that there is no special risk of the use of L-proline as an excipient in relation to hyperprolinaemia, is it relevant to include this information about proline and hyperprolinaemia in the PIL.</p> <p>→ Please note that the information in the PIL related to hyperprolinaemia is not consistent with the SPC.</p>
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