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4 **Reflection paper on the use of extrapolation in the**
5 **development of medicines for paediatrics**
6 **Draft**

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8 Comments should be provided using this [template](#). The completed comments form should be sent to extrapolation@ema.europa.eu

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32 **Executive summary**

33 For the purpose of this Reflection Paper extrapolation is defined as ‘extending information and
34 conclusions available from studies in one or more subgroups of the patient population (source
35 population(s)), or in related conditions or with related medicinal products, in order to make inferences
36 for another subgroup of the population (target population), or condition or product, thus reducing the
37 amount of, or general need for, additional information (types of studies, design modifications, number
38 of patients required) needed to reach conclusions’.

39 The main focus of the document is to provide a framework for extrapolation as a methodology to
40 generate evidence for regulatory assessment in a target population. Specifically the framework
41 addresses the use of quantitative methods to help assess the relevance of existing information in a
42 source population to one or more target population(s) in respect of the disease, the drug
43 pharmacology and clinical response. Based on this, predictions on the expected effects of treatment in
44 the target population can be formulated. These predictions will be conditional on certain assumptions,
45 and a specific extrapolation plan can be developed to address gaps in knowledge and assumptions, so
46 that the totality of available evidence can address the scientific questions of interest for marketing
47 authorisation in the target population. The principle elements of the framework are:

48 **Extrapolation Concept:** Existing information about the disease, the drug pharmacology and the
49 populations should be quantified. Based on the differences between source (e.g. adults and/or
50 children) and target populations (e.g. other paediatric population), important assumptions and
51 uncertainties about the relation between dose, exposure, pharmacodynamic response and clinical
52 efficacy should be identified. From this exercise it can be assessed whether clinical efficacy can be
53 predicted, e.g. *via* drug exposure (PK), a relationship between drug exposure (PK) and
54 pharmacodynamic (PD) response or, in the absence of a quantified Pharmacokinetic (PK)/
55 pharmacodynamic (PD) relationship, based on other pharmacological or clinical justification. A
56 structured documentation, including an assessment of the impact of identified assumptions and
57 uncertainties on the predictions should be provided.

58 **Extrapolation Plan:** In accordance with the assumptions and uncertainties as identified by the
59 extrapolation concept, specific objectives(s) and methodological approaches should be proposed for
60 the tests and trials that need to be conducted to draw inferences that are relevant for the target
61 population. These tests and trials should primarily aim to generate evidence that strengthens and
62 ultimately, based on success criteria, validates the extrapolation concept. This validation confirms
63 whether regulatory decisions can rely on the initial, or revised, predictions for the expected effects of
64 treatment in the target population or if more data needs to be generated.

65 **Mitigation of uncertainty and risk:** As with any regulatory decision, the data generated in the
66 target population may not be sufficient to address all uncertainties related to efficacy and safety by the
67 time of a marketing authorisation in the target population. In some situations it may be important to
68 gather additional data post-authorisation to address residual uncertainties.

69 An exhaustive list of methodological approaches is not provided. The framework should encourage
70 exploration of potentially suitable methods for specific situations. Different approaches may be taken
71 and the applicant should justify their choice. While the focus is on extrapolation for the development
72 of medicines in children, the underlying principles may be extended to other areas.

73 1. Introduction

74 The Paediatric Regulation came into force in the European Union (EU) on 26 January 2007. The
75 Regulation aims to ensure that medicines for use in children are of high quality, are ethically
76 researched and are authorised appropriately. Children should have the same opportunity as adults to
77 use safe and effective drug products.

78 To obtain a marketing authorisation in a specific patient population it is necessary to establish
79 therapeutic efficacy and a positive risk-benefit in addition to ensuring the quality of the medicinal
80 product. Depending on the therapeutic setting, efficacy can relate to onset of effect, maintenance of
81 effect or durability of response and longer-term clinical outcomes. To balance against efficacy,
82 toxicities arising from short-term and long-term use should be quantified in terms of frequency,
83 severity and duration. Selecting an appropriate dose and posology for the target population is critical
84 to ensuring a positive risk-benefit balance.

85 In general, development of medicinal products proceeds with non-clinical and clinical studies designed
86 prospectively based on evidence that is accumulated in respect of mechanism of action, PK, PD or
87 clinical efficacy. Evidence generated in one source population may be sufficiently relevant to another
88 target population, that it can support subsequent development in that target population.

89 In consequence, the evidence needed to address the scientific questions that are important for
90 marketing authorisation in the target population might be modified based on what is known for other
91 populations, to focus on addressing relevant identified gaps in knowledge. Requirements for evidence
92 generation in the target population will be a continuum, ranging from identification of an appropriate
93 posology for the target population and quantification of a PK/PD relationship through to a full clinical
94 development in the event that no extrapolation is possible.

95 It is, therefore, essential to take full advantage of existing information about the disease, the drug and
96 the populations studied when planning and evaluating clinical studies in children. A more targeted
97 generation of evidence should help to ensure that children only participate in clinical trials with specific
98 objectives that further the scientific understanding of a medicinal product for use in children and
99 address the requirements for regulatory decision-making.

100 A decision to extrapolate to children will carry more or less uncertainty depending on disease and drug
101 characteristics, and the understanding thereof. In some cases extrapolation will not be justifiable
102 where the disease is completely different in children or selected age subgroups compared to adults
103 (e.g. neonatal disease) or the understanding of the drug's pharmacology is insufficient. In other cases
104 it would be unethical not to extrapolate since the understanding of the disease and drug pharmacology
105 is so well established (e.g. when a certain exposure leads to the same clinical outcome in adult and
106 children, such as in HIV, and for some antibacterial agents).

107 Frequently, the knowledge of the disease and the drug is somewhere in between these extremes. The
108 decision to extrapolate will rely on knowledge about the disease as well as understanding of the clinical
109 pharmacology of the drug. Whilst some of this knowledge might be elicited through expert clinicians
110 and clinical pharmacologists, various quantitative methods also exist that may be applied to support
111 extrapolation. Objective quantification on the extent to which evidence from a source population are
112 relevant to a target population form a more reliable basis to construct an extrapolation exercise and a
113 better platform for discussion between regulator and developer.

114 Having identified the scientific questions relevant to obtain a marketing authorisation and the extent to
115 which extrapolation can be used to address these, specific objectives for studies in children can be
116 defined. Study objectives within an extrapolation plan might differ from objectives in studies that aim
117 to establish clinical efficacy based on clinical outcome variables. For example, pivotal evidence in an

118 extrapolation plan might be based on matching exposure between the source and target population or
119 precisely quantifying an exposure-response relationship. Additional approaches to optimise drug
120 development in children might be employed including less common statistical and pharmacometric
121 methods. Regardless of the complexity of the methodological approach, sound application and
122 interpretation of results requires multidisciplinary collaboration.

123 **2. Scope**

124 This reflection paper aims to provide guidance to applicants and assessors on the main regulatory
125 requirements that are expected to be met for the evaluation of extrapolation approaches in
126 development of medicines for children. However, indicating preferences for the use of particular
127 quantitative methods to address specific objectives of paediatric development is not within the scope of
128 this document. The principles outlined should encourage further exploration of potentially suitable
129 methods for specific situations, and choice of strategies should be justified.

130 Applicants are encouraged to discuss extrapolation prospectively with regulatory authorities,
131 considering the potential for future extrapolation exercises even when designing studies to support
132 initial MA in a source population.

133 While the focus is on extrapolation for paediatric medicines development, the underlying principles
134 may be extended to other areas.

135 **3. Legal basis and relevant guidelines**

136 This reflection paper should be read in conjunction with the introduction and general principles of the
137 Annex I to Directive 2001/83/EC as amended, all other pertinent elements outlined in current and
138 future EU and ICH guidelines and regulations especially those on:

- 139 • ICH E11 and ICH E11 (R) 1: Clinical Investigation of medicinal products in the paediatric
140 population (CPMP/ICH/2711/99);
- 141 • Guideline on the qualification and reporting of physiologically based pharmacokinetic (PBPK)
142 modelling and simulation;
- 143 • Guideline on the role of Pharmacokinetics in the development of medicinal products in the
144 Paediatric Population (CHMP/EWP/147013/2004);
- 145 • Guideline on Clinical Trials in Small Populations (CHMP/EWP/83561/2005);
- 146 • Guideline on the investigation of medicinal product in the term and preterm neonate
147 (EMA/267484/2007);
- 148 • Guideline on the need for non-clinical testing in juvenile animals on human pharmaceuticals for
149 paediatric indications (EMA/CHMP/SWP/169215/2005).

150 **4. General considerations**

151 Extrapolation is based on information in the source population (e.g. adults and/or children) being
152 relevant to the target population (e.g. other paediatric population), in a way that can be quantified and
153 used as a basis for further development. For example, the influence of factors that determine
154 exposure, such as body size and organ maturation, can be investigated in situations where the PK is
155 assumed to be predictive of a PD response. Quantifiable links between population characteristics
156 (body size, age and maturation), drug exposure (PK), pharmacodynamic response (PD) and clinical
157 efficacy become, in this example, the foundation for the extrapolation concept (see further below).

158 Having identified the scientific questions of interest for a development targeting a marketing
159 authorisation, the **extrapolation concept** can be developed through quantitative synthesis and
160 comparison between source and target populations. The extrapolation concept will include those
161 scientific questions of interest that can be addressed on the basis of extrapolation. Other scientific
162 questions of interest, where information from the source population is of no, or negligible, relevance
163 still need to be addressed elsewhere in the development plan but can be handled outside of the
164 extrapolation concept and plan. The extrapolation concept will identify not only gaps in knowledge
165 that need to be filled and assumptions that need to be investigated for an extrapolation to be valid but
166 also important aspects of the concept where gaps in knowledge do not exist and hence further data
167 need not be generated. For example, if the relationship between a particular PK metric or PD response
168 and efficacy is well quantified and is applicable to the target population, no relevant gap in knowledge
169 exists and further data to confirm that relationship will not need to be generated. Important
170 uncertainties and assumptions should be addressed based on specific study objectives and designs that
171 are documented in the **extrapolation plan**. If the objectives of these studies are met the
172 extrapolation concept might be considered valid. Otherwise the extrapolation concept and plan should
173 be revisited. **Mitigation of uncertainty and risk** for residual uncertainties may continue to be
174 addressed post-authorisation. It is important to seek regulatory agreement on an extrapolation
175 concept and proposed extrapolation plan before studies are conducted, and again for important
176 changes to the concept or plan as data in the target population emerge. The extent to which
177 extrapolation may be applied may differ between age groups of the paediatric population.

178 When extrapolation from the target population can be employed across a range of age subsets, studies
179 should particularly focus on those age subsets or disease subsets where gaps in knowledge are
180 greatest (e.g. infants and neonates) and extrapolation requires the most support. Interpolation to
181 other paediatric age subsets might then be justified.

182 The clinical studies will need to be tailored accordingly and additional clinical studies with different
183 objectives would be required in age subsets where use of extrapolation cannot be supported. It may
184 be beneficial to introduce specific clinical study design elements in trials of the adult population (e.g.
185 additional timepoints, dose-levels or biomarker) to inform and strengthen a future extrapolation
186 concept for development in children.

187 If differences in disease, drug pharmacology and/or clinical response can be quantified with sufficient
188 precision, an extrapolation plan might be constructed based on the relationship between dose,
189 exposure and pharmacodynamic response or efficacy. Equally the understanding of disease and
190 pharmacology might be such that a mechanistic model can be developed. Where gaps in
191 understanding of disease or pharmacology are greater, the use of existing knowledge from source
192 population and clinical data in the source population might still be relevant to inform and optimise the
193 development required in the paediatric population. If so, the overall quantity of clinical data to be
194 generated in the target population might be reduced without compromising the level of confidence in
195 conclusions.

196 The development programme in a target population will be driven not only by the content of an
197 extrapolation plan but also by rationale drug development (e.g. study of lower dose levels to confirm
198 safety might be required in circumstances where the potential incidence, or degree of toxicity is of
199 particular concern before administering a dose that predictions indicate likely to be efficacious). In
200 some development programmes the studies required according to an extrapolation plan

201 Evidence for efficacy and risk-benefit generated within the framework of extrapolation should result in
202 the same quality of regulatory decision-making as that based on self-standing clinical trials.
203 Assessments of efficacy and benefit-risk are often associated with uncertainties and this will also be
204 the case when the clinical data generated in the target population are to support evidence of efficacy
205 through extrapolation. It is possible that uncertainties underlying the extrapolation concept will not be

206 fully resolved by the time of marketing authorisation despite a conclusion of efficacy or positive risk-
207 benefit. In this case these might be addressed through additional follow-up data generated post-
208 authorisation.

209 **5. Proposed Framework:**

210 ***5.1. Extrapolation concept: synthesising evidence to identify gaps in*** 211 ***knowledge and to make predictions for effects in the target population***

212 The extrapolation concept should build upon relevant available data from source (adult or other
213 paediatric populations) and target populations. All relevant data should be systematically reviewed to
214 identify potential differences between characteristics of the source and target populations e.g. body
215 size, age and maturation, drug exposure (PK) and their relation to pharmacodynamic response (PD)
216 and clinical efficacy.

217 Gaps in knowledge should be identified as uncertainties to be addressed in the extrapolation plan. The
218 strength of existing knowledge and how much weight can be attributed to this is a combination of
219 actual data and value judgements. (Semi) quantitative methods that summarise value judgements
220 can facilitate their integration with actual data.

221 **5.1.1. Evidence synthesis and predictions**

222 The similarities and potential differences between source and target population should be assessed
223 using mechanistic and / or empirical approaches. The choice of the approach to be used should be
224 based on the available knowledge and the existing uncertainties about the disease and drug effects in
225 the source and the target populations.

226 In order to develop explicit predictions, quantitative methods should be applied, to the extent possible,
227 to each of the following:

- 228 • Disease manifestation and progression: quantitative synthesis of natural course of disease data or
229 disease models can be used to characterise differences between source and target populations.
- 230 • Clinical response: quantitative synthesis or meta-analysis of existing treatment data, or disease
231 response models could be used to quantify the degree of differences between populations in clinical
232 response (efficacy, relevant safety aspects) given similar exposure or similar PD response.
- 233 • Characterization of PK and PD: modelling relevant data (in-vitro, animal and clinical data) using for
234 example empirical population PK/PD, systems pharmacology or mechanism-based approaches to
235 investigate or predict the drug exposure (PK), the relationship between PK and pharmacodynamic
236 response (PD) and clinical efficacy, and the impact of potentially important covariates (e.g. body
237 size and organ maturation).

238 When mechanism-based models are used, they should be qualified for the intended use. Expectations
239 for qualification of a model used only to predict response in the target population to inform the design
240 of a clinical study will differ to those for a model proposed for use to reduce or to replace prospective
241 data generation.

242 When more empirical approaches are used, appropriate statistical methods can be applied for
243 comparison and for quantification of uncertainty (precision of estimated effects) between groups (e.g.
244 a Bayesian framework or model-based meta-analysis).

245 Quantitative approaches to elicit expert interpretation to integrate the available information with
246 expert judgement could be considered as part of the extrapolation exercise although there is limited
247 regulatory experience in the application of such approaches.

248 The evidence synthesis (qualitative and quantitative) should result in explicit predictions for drug
249 effects in the target population reflecting the impact of differences in e.g. drug exposure (PK) and
250 pharmacodynamic response (PD) in the target population as compared to the source population in
251 response to the treatment. Structured documentation should be provided, detailing gaps in knowledge
252 and including an assessment of the impact of identified uncertainties on the predictions (see 5.1.2).

253 Safety information from the source population (e.g: other paediatric population for another disease or
254 from other drugs with the same of mode of action) may be used to predict risks related to the mode of
255 action of the drug and related to dose. However considering that risks related to growth and
256 maturation cannot be extrapolated from adults, generation of new safety data are often likely to be
257 needed in the target population to address unexpected (age-specific) risks.

258 **5.1.2. Assumptions and uncertainties in making predictions**

259 The reliability of the prediction(s) must be determined to enable decisions on the objectives for the
260 extrapolation plan. To allow this, a structured and transparent approach should be taken towards
261 documenting and evaluating the impact of potential sources of uncertainty and important assumptions
262 about the predictions made, and the consequent inferences.

263 It is inevitable that there will be uncertainty coming from the quality, completeness and relevance of
264 source data and the assumptions made in constructing the extrapolation concept.

265 Uncertainties in using the source data to develop specific predictions in the target population could, for
266 example, be due to the (lack of) consistency, coherence, and volume of evidence, complexity and high
267 biological variability, measurement error and variability or lack of understanding. Assumptions can be
268 divided into those that can be addressed through available evidence and those that will be based on
269 data that will be obtained in future studies (whether in the source or in the target population).

270 Assumptions are usually structured around five main areas, clinical pharmacology (the compound and
271 the patient), physiology, disease considerations, existing data, as well as the mathematical and
272 statistical assumptions underpinning any quantitative model.

273 Scenario analysis including sensitivity analysis can be useful to investigate the impact of the identified
274 assumptions and uncertainties in the extrapolation concept, such as what is known and not known
275 about the medicinal product, the paediatric formulation, clinical pharmacology, disease progression,
276 and clinical response. Scenario analysis based on ranges of plausible values or relationships for each
277 assumption or uncertainty can help to identify which aspects are critical for the extrapolation plan,
278 specifically those where inference is not robust to different scenarios examined. This in turn can
279 identify those assumptions and uncertainties that needs to be explicitly addressed before marketing
280 authorisation either before initiating the extrapolation plan or as part of the plan, and which can be
281 addressed post-approval. The scope of the extrapolation (in particular whether the plan is to reduce or
282 replace clinical studies) should be considered when determining the plan for assessing the impact.

283 **5.2. Extrapolation plan**

284 An agreed extrapolation concept will outline not only gaps in knowledge that need to be filled and
285 assumptions that need to be investigated but also important aspects of the extrapolation that are not
286 required to be further investigated in the target population. The extrapolation plan on the other hand
287 will address the specific scientific questions that remain to be answered through clear study objectives.
288 In accordance with the requirements to obtain a marketing authorisation, regulatory decision making
289 will be made on the totality of evidence: that which is available and agreed to be relevant from the
290 source population and that which is generated in the target population.

291 The extent to which data will need to be generated in the target population lies on a continuum and
292 may differ between age groups of the paediatric population. Each extrapolation concept and plan will
293 be individual but some general scenarios can be outlined for illustration. For example, where it is
294 known that a particular exposure will achieve therapeutic efficacy, critical gaps in knowledge might
295 relate only to establishing adequate dosing in paediatric patients by matching exposure levels (see also
296 PKPD studies in the extrapolation plan). Examples of this could be some antibacterial agents.
297 Alternatively, when there is confidence in the similarity of disease such that therapeutic efficacy can be
298 inferred from obtaining a target pharmacodynamic response, approaches that confirm the PKPD
299 relationship in the target population could be appropriate. In both scenarios, adequate studies will be
300 needed to establish the dosing recommendations (see also PKPD studies in the extrapolation plan).
301 Finally, when there is remaining uncertainty on the predictability of the PD marker(s) on the clinical
302 response, there might still be a need to generate at least some efficacy (and safety) data in the target
303 population. Appropriate methodology must be used to support the proposed reduction in the amount
304 of clinical data that need to be generated (see also Therapeutic Studies in the extrapolation plan).

305 The measures proposed in the extrapolation plan should be as detailed as possible in their pre-
306 planning and clearly documented. When differences between source and target population require
307 investigation across age subsets but the clinical endpoint, biomarkers or surrogates in adults can't be
308 used in all paediatric age subsets (e.g. 6 minute walking test), it may be prudent to initiate the
309 validation of endpoints for use in children during the trials in adults. It may be possible to use
310 surrogate or intermediate clinical endpoints for studies in the extrapolation plan, providing that they
311 have been validated and that they account for the physiologic developmental changes in the paediatric
312 population. If an endpoint is an accepted surrogate, there is no obligation to confirm clinical benefits.

313 The initial extrapolation plan should allow for refinement given emerging information (e.g. natural
314 history or epidemiological data relevant to similarity or differences in disease, PK, PD and clinical
315 response) during the development program. If the initiation of paediatric studies depends on data
316 from an initial study or qualification measure, these preceding studies should be outlined as interim or
317 exploratory steps in the extrapolation plan.

318 Evidence generated should feedback into the extrapolation concept and the underlying assumptions
319 should take account of new data and be reviewed before initiation of subsequent paediatric studies.
320 The extrapolation plan should encompass all studies that contribute to extrapolation, including those to
321 be conducted post-authorisation studies.

322 The benefit of a staggered approach across age groups, due to safety concerns or the need to have PK
323 and PD information in older children before enrolling younger children, should be balanced against the
324 need for timely access to a medicinal product even for the youngest age groups of the paediatric
325 population.

326 **5.2.1. Design of studies in the extrapolation plan**

327 The objectives of studies in the extrapolation plan should be tailored to their role in the extrapolation
328 concept. Objectives would differ between a study that is designed to explore safety and dose finding
329 in order to inform the design of subsequent efficacy and safety studies in the target population and a
330 study that aims to demonstrate similar exposure or PK/PD relationship between the source and the
331 target population. For the latter, it is important to consider the extent of information required,
332 translated into justified and pre-defined criteria to evaluate the success of the study. For example, the
333 magnitude of differences in exposure to be excluded in order to conclude that exposure is similar in the
334 source and target populations.

335 Sections 5.2.1.1 and 5.2.2.2 provide general recommendations on the design of paediatric studies
336 when extrapolation strategies are considered.

337 **5.2.1.1. Pharmacokinetic studies and Pharmacokinetic / pharmacodynamic Studies in the**
338 **extrapolation plan**

339 PK and/or PD data will almost always need to be generated as part of the extrapolation plan.
340 Replacement of PK or PKPD studies with model predictions for dose selection purposes is normally not
341 acceptable, as there still are gaps in existing knowledge of paediatric PK and PKPD. For example, gaps
342 in knowledge related to organ maturation and ontogeny of enzymatic and transport functions
343 particularly in the youngest age groups of the paediatric population are sources of uncertainties and
344 can affect the reliability in the predictions.

345 As described above (5.2.1) clinical PK or PKPD investigations may serve different purposes within an
346 extrapolation plan. Clinical PK/PD studies that can be required as elements of a plan include:

- 347 • Exploratory PK/PD dose ranging or dose finding studies in one or several paediatric age ranges;
348 • PK or PK/PD studies that aim to confirm inferred exposure levels in one or several paediatric age
349 ranges.

350 Depending on the PK and/or PK/PD study objectives various designs, different metrics of interest and
351 decision criteria can be considered. Every effort should be made that the studies are designed and
352 powered to meet their objectives. Reference is made to the "Guideline on the Role of
353 Pharmacokinetics in the Development of Medicinal Products in the Paediatric Population" for general
354 guidance on PK/PD investigations. Methods for study design optimization such as FIM-based methods,
355 clinical trial simulations and adaptive study design should be used as appropriate.

356 The choice of exposure metric(s), the PKPD relationship and criteria by which similarity between source
357 and target populations is assessed must be justified. Criteria can be developed as part of the
358 extrapolation concept, by thorough dose finding in the source population and description of the
359 exposure-response relationship or can be developed through the extrapolation plan. For studies that
360 aim to confirm assumptions of the extrapolation concept, the success criteria will need to be pre-
361 specified.

362 For example if based on the extrapolation concept the exposure-response relationship is established to
363 be identical in adults and children, the objective of the PK study should be to identify the dose in
364 different age groups that match the PK exposures that were related with clinical efficacy in adults. Still
365 the relevant exposure metrics of interest, e.g. AUC_{0-t}, C_{max}, and the acceptable equivalence margins
366 should be pre-specified. Ideally the study should be powered to meet a pre-specified and justified
367 equivalence margin. Even in this simple scenario it may be impossible to get comprehensive evidence
368 in all age groups. For example there may be not enough infants to confirm a dose that gives rise to
369 equivalent exposure in this population. Systems knowledge on organ and enzyme maturation effects
370 on PK could help reduce uncertainties in this particular subgroup. An additional objective of the PK
371 study in this subgroup may be to collect data to exclude major deviations from our PK understanding
372 coming from systems knowledge. The metrics, design and the power of study should be adapted
373 accordingly.

374 **Design considerations:** There is a wide spectrum of approaches and study designs that may be
375 acceptable to explore or confirm an adequate dosing rationale or assumptions of the extrapolation
376 concept. Different age cohorts can be enrolled in parallel or sequentially when justified, i.e from older
377 to younger children, in paediatric PK or PKPD studies. Usually the dose regimen tested in children is
378 the one predicted to give similar exposure or response to adults. However, more dose level may need
379 to be tested in children if the exposure response relationship is not known or cannot be assumed to be
380 the same as in adults. Measures to handle unanticipated differences in PK/PD should generally be
381 factored into the study design. Interim analysis or real time PK/PD evaluation may also be used to
382 adjust doses in children.

383 The PK/PD studies may be stand alone studies or be conducted as part of a confirmatory efficacy trial.
384 In either case, it should be ensured that they are optimally designed for their purpose.

385 **5.2.1.2. Therapeutic Studies in the extrapolation plan**

386 The objective of the therapeutic study might be to exclude any large discrepancy between the
387 predicted and observed efficacy and the success criteria should reflect this aim accordingly. For other
388 extrapolation plans, the generation of efficacy data will be specified as the pivotal evidence, perhaps at
389 a nominal significance level that is higher than the conventional 5% two-sided level to reflect the
390 justified use of information from the source population. The following design aspects should be
391 considered carefully:

392 Sample size: studies should be adequately powered based on clear objectives aligned to the
393 extrapolation plan. If the required sample size is not feasible because of constraints such as rarity of
394 disease, target population or ethical considerations this should be addressed separately and not by
395 artificially amending study objectives, criteria for success or information to support the sample size
396 calculation (e.g. the anticipated variability).

397 Once a reduced sample size supported by extrapolation of data from a source population has been
398 justified, this should be translated to the prospective study design through appropriate statistical
399 approaches. Examples of approaches could be using a higher nominal significance level than the usual
400 5% two-sided, widening a non-inferiority margin or using Bayesian methods to explicitly borrow
401 information (from adult trials, from control groups, from other paediatric clinical trials). The
402 acceptability and appropriateness of each approach will depend on the knowledge generated in the
403 context of the extrapolation exercise, both in terms of the adult data and any paediatric data.
404 Quantitative justifications should be provided for the extent to which the evidence generated in the
405 target population is reduced. Uncertainties in borrowing information from external data sources should
406 be reflected in the extent to which reductions in sample size are proposed. Borrowing information to
407 such an extent that data generated in the target population would not be informative cannot usually be
408 supported.

409 As data are generated through the development cycle, it is possible that the assumptions behind the
410 parameters that have gone into the sample size calculation may need to be revisited.

411 If there are subgroups identified a priori for whom it is important to generate sufficient data,
412 stratification may be important, and recruitment may need to specify a minimum number of patients to
413 be recruited in each subgroup (for example subsets based on pubertal development stage). It might
414 then be preferable to regard these as separate age subsets in the extrapolation concept and plan.

415 Choice of control group: randomised, controlled studies, double-blind where feasible, are preferable in
416 order to provide an estimate of the active treatment effect. Estimates of treatment effects relative to
417 control might form a better basis for comparison between the source and the target population than
418 absolute changes from baseline within two different patient populations.

419 The formal incorporation of historical controls is possible, but inherently introduces further
420 uncertainties to such comparisons. The historical controls should match the treated paediatric
421 population as closely as possible.

422 Endpoints: endpoints for studies in the extrapolation plan should be aligned with the extrapolation
423 concept. For studies with an intention to extrapolate efficacy from adults to children where using PK
424 as a bridge would not suffice, the primary endpoint that may predict outcome in confirmatory PK/PD
425 trials should be a clinically meaningful endpoint that directly measures how a patient feels, functions,
426 or survives. Studies should ideally include outcome measures applicable to young children that should
427 correlate with clinical markers of disease severity and may also predict outcome. If there are no

428 clinical trial endpoints, including biomarkers or surrogate endpoints, applicable to both the source and
429 target populations, the use of extrapolation based on clinical data becomes more complicated. Where
430 it is necessary to investigate clinical efficacy in the target population, endpoints chosen should be
431 clinically relevant to the paediatric population and the research question, and should be sufficiently
432 sensitive to enable the study to detect a clinically relevant difference between treatment groups if one
433 exists. Sensitivity of the endpoint is especially important if the patient population is limited by
434 feasibility constraints. As continuous scales are often the most sensitive to detect true differences
435 between predicted and observed efficacy, they may be more suited to provide a meaningful basis for
436 extrapolation than those based on responder rates alone.

437 **5.2.2. Validation of the extrapolation concept**

438 If the data generated from the studies specified in the extrapolation plan are able to address the gaps
439 in knowledge and assumptions identified in the extrapolation concept, according to the agreed criteria
440 for success, the use of extrapolation to support regulatory decision making can be considered valid.

441 If the data generated do not confirm the extrapolation concept, e.g. the predictions made for similarity
442 in PK or, PK/PD relationships, or for efficacy, cannot be confirmed, the extrapolation concept needs to
443 be updated (see section 5.2) to reflect the data generated and the ability to extrapolate should be
444 reconsidered. Consequently, according to the remaining uncertainties, the extrapolation concept and
445 plan to generate more data in the target population or part of the target population should be re-
446 assessed.

447 **5.3. Mitigation of uncertainty and risk**

448 A formal, structured plan to mitigate risks and address key uncertainties during development and in
449 the post-authorisation setting should be proposed as part of the extrapolation plan and updated in
450 response to the results of the studies conducted.

451 If a high degree of confidence in an extrapolation concept exists, this will inevitably result in less data
452 being generated in the target. The data generated in the target population may not fully address all
453 uncertainties and assumptions underlying the extrapolation concept by the time of marketing
454 authorisation. Additional data, generated post-authorisation, may be necessary for example, to
455 document longer-term efficacy outcomes.

456 **5.4. Submission and reporting of the extrapolation exercise**

457 When developing an extrapolation concept and plan, it will be necessary to provide an overview of the
458 existing available data and planned clinical data from the source and target populations. The source
459 data should be the basis for the description of evidence synthesis and investigation of differences
460 between source and target population. It should lead to a clear description of the extrapolation
461 concept, and the associated gaps in knowledge (uncertainties) and assumptions.

462 When model-informed approaches are used a modeling and simulation plan, including the approach to
463 qualifying or evaluating a model for a specific purpose of use, should be submitted and discussed with
464 regulators. All pertinent information regarding the model building and evaluation should be pre-
465 specified as part of the extrapolation plan, including sources of data, study size and duration, relevant
466 covariates, number of samples and sampling times. The relevant Modelling and Simulation reports
467 should be submitted following the format proposed in relevant guidance documents.

468 Based on the extrapolation concept, the specification of key scientific questions of interest and specific
469 trials listed with objectives, key design elements and criteria for success that can inform the size of the

470 trial should be presented using the extrapolation framework in regulatory procedures at e.g. PDCO,
471 SAWP or CHMP.

472 Once a test or trial that is part of the extrapolation plan has been completed, a report may be
473 submitted as a complement of the Clinical Study Report, integrating the new information with existing
474 knowledge to update – if appropriate – the extrapolation concept and plan.

Extrapolation framework table

		Pharmacology	Disease manifestation & progression	Clinical response to treatment	
		Drug disposition & effect		Efficacy & safety	
SOURCE POPULATION Adults and/or paediatric	Extrapolation concept	Mechanisms	Age-related differences in <ul style="list-style-type: none"> - ADME - mode of action - PD effects (E-R) - toxicity 	<ul style="list-style-type: none"> - Age-related differences in aetiology - pathophysiology - manifestation - progression - indicators 	Age-related <ul style="list-style-type: none"> - differences, - applicability, - validation of efficacy & safety endpoints
		Quantitative evidence	PB-PK/PD models Pop-PK/PD models Covariates: <ul style="list-style-type: none"> - age, maturation, etc - disease, comorbidity, 	Quantitative synthesis of natural disease data Disease progression models Covariates: <ul style="list-style-type: none"> - age - disease types, severity - comorbidity 	Quantitative synthesis or meta-analysis of treatment data Disease response models Covariates: <ul style="list-style-type: none"> - age - disease types, severity - comorbidity
	Prediction	Predict doses to achieve <ul style="list-style-type: none"> - similar exposure, or - similar PD effect, and - acceptable safety per paediatric subgroup	Describe/predict differences in natural course of disease progression by paediatric subgroup	Given similar drug exposure or PD response, predict degree of differences in <ul style="list-style-type: none"> - efficacy - safety - benefit-risk balance by paediatric subgroup	
		➤ refine predictions using emerging data			
TARGET POPULATION Children, different paediatric subgroups	Extrapolation plan	PK studies or PK/PD studies needed for confirmation of doses in target population	Epidemiological data <ul style="list-style-type: none"> - natural disease course - SOC treatment in target population	<ul style="list-style-type: none"> - Design of clinical studies - Sample size(s) required in target population to conclude on benefit-risk balance 	
	Validation & Extrapolation	Validate <ul style="list-style-type: none"> - modelling approaches - modelling assumptions - confirm predicted differences in PK and PD Establish appropriate doses in the target population	Confirm predicted differences in disease progression Conclude on disease progression in target population	Confirm predicted differences in clinical response Conclude on positive benefit-risk in target population	
	➤ alternatively, adapt extrapolation concept and plan				
	Further validation	PK/PD data from <ul style="list-style-type: none"> - phase III trials - post MA studies 	Epidemiological data Other drug developments	Post MA studies Prospective meta-analyses Pharmacoepidemiological data Other drug developments	