EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

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Committee on Herbal Medicinal Products (HMPC)

Community herbal monograph on *Cinnamomum verum* J. S. Presl (*Cinnamomum zeylanicum* Nees), cortex

Draft

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BG (bălgarski):	LT (lietuvių kalba):
CS (čeština):	LV (latviešu valoda): Kanēļkoka miza
DA (dansk): Ceylonkanel	MT (malti):
DE (Deutsch): Zimtrinde	NL (nederlands):
EL (elliniká): kannella Keylanis, kinnamomon Keylanis	PL (polski):
EN (English): Cinnamon	PT (português): Canela de Ceilão, casca
ES (espanol):	RO (română):
ET (eesti keel):	SK (slovenčina): Škoricovníková kôra
FI (suomi):	SL (slovenščina):
FR (français): Cannelle de Ceylan	SV (svenska):
HU (magyar): Ceyloni fahéjfa kéreg	*IS (íslenska)*:
IT (italiano): Cannella di Ceylon	*NO (norsk)*: Kanel

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Community herbal monograph on *Cinnamomum verum* J. S. Presl (C*innamomum zeylanicum* Nees), cortex

1. Name of the medicinal product

To be specified for the individual finished product.

2. Qualitative and quantitative composition[1,2]

Well-established use	Traditional use
	With regard to the registration application of Article 16d(1) of Directive 2001/83/EC as amended *Cinnamomum verum* J.S. Presl (C*innamomum zeylanicum* Nees), cortex (cinnamon) i) Herbal substance Not applicable. ii) Herbal preparations a) Comminuted herbal substance b) Liquid extract (DER 1:1), extraction solvent 70% ethanol v/v c) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent 70% ethanol v/v

3. Pharmaceutical form

Well-established use	**Traditional use**
	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use. The pharmaceutical form should be described by the European Pharmacopoeia full standard term.

1 The material complies with the Ph. Eur. monograph (ref.: 01/2008:0387).
2 The declaration of the active substance(s) for an individual finished product should be in accordance with relevant herbal quality guidance.

4. Clinical particulars

4.1. Therapeutic indications

Well-established use	Traditional use
	Traditional herbal medicinal product for symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence. The product is a traditional herbal medicinal product for use in a specified indication exclusively based upon long-standing use.

4.2. Posology and method of administration

Well-established use	Traditional use
	Posology *Adults and elderly:* a) Comminuted herbal substance: 0.5-1 g as an infusion; 1.5-4 g daily, up to 4 times daily b) Liquid extract: 0.5-1 ml 3 times daily c) Tincture: 2-4 ml daily The use in children and adolescents under 18 years of age is not recommended (see section 4.4 'Special warnings and precautions for use'). **Duration of use** If the symptoms persist longer than 2 weeks during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted. **Method of administration** Oral use.

4.3. Contraindications

Well-established use	Traditional use
	Hypersensitivity to the active substance or to Peru balsam.

4.4. Special warnings and precautions for use

Well-established use	Traditional use
	The use in children and adolescents under 18 years of age has not been established due to lack of adequate data. If the symptoms worsen during the use of the medicinal product, a doctor or a qualified health care professional should be consulted. For tinctures and extracts containing ethanol, the appropriate labelling for ethanol, taken from the 'Guideline on excipients in the label and package leaflet of medicinal products for human use', must be included.

4.5. Interactions with other medicinal products and other forms of interaction

Well-established use	Traditional use
	None reported.

4.6. Pregnancy and lactation

Well-established use	Traditional use
	Safety during pregnancy and lactation has not been established. In the absence of sufficient data, the use during pregnancy and lactation is not recommended.

4.7. Effects on ability to drive and use machines

Well-established use	Traditional use
	No studies on the effect on the ability to drive and use machines have been performed.

4.8. Undesirable effects

Well-established use	Traditional use
	None known. If adverse reactions occur, a doctor or a qualified health care practitioner should be consulted.

4.9. Overdose

Well-established use	Traditional use
	No case of overdose has been reported.

5. Pharmacological properties

5.1. Pharmacodynamic properties

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

5.2. Pharmacokinetic properties

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

5.3. Preclinical safety data

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended, unless necessary for the safe use of the product. Adequate tests on reproductive toxicity, genotoxicity and carcinogenicity have not been performed.

6. Pharmaceutical particulars

Well-established use	Traditional use
	Not applicable.

7. Date of compilation/last revision

15 July 2010