EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

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Committee on Herbal Medicinal Products (HMPC)

Community herbal monograph on *Filipendula ulmaria* (L.) Maxim. (= *Spiraea ulmaria* (L.)), flos

Draft

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BG (bălgarski):	LT (lietuvių kalba):
CS (čeština): tužebníkový květ	LV (latviešu valoda):
DA (dansk):	MT (malti):
DE (Deutsch):	NL (nederlands): Moerasspirea
EL (elliniká):	PL (polski):
EN (English): meadowsweet flower	PT (português):
ES (espanol):	RO (română):
ET (eesti keel):	SK (slovenčina):
FI (suomi):	SL (slovenščina):
FR (français):	SV (svenska):
HU (magyar):	*IS (íslenska)*:
IT (italiano):	*NO (norsk)*:

7 Westferry Circus • Canary Wharf • London E14 4HB • United Kingdom
Telephone +44 (0)20 7418 8400 **Facsimile** +44 (0)20 7523 7051
E-mail info@ema.europa.eu **Website** www.ema.europa.eu
An agency of the European Union

Community herbal monograph on *Filipendula ulmaria* (L.) Maxim. (= *Spiraea ulmaria* (L.)), flos

1. Name of the medicinal product

To be specified for the individual finished product.

2. Qualitative and quantitative composition[1]

Well-established use	Traditional use
	With regard to the registration application of Article 16d(1) of Directive 2001/83/EC as amended *Filipendula ulmaria* (L.) Maxim. (= *Spiraeae ulmaria* (L.)), flos (meadowsweet flower) i) Herbal substance Not applicable. ii) Herbal preparations Comminuted herbal substance

3. Pharmaceutical form

Well-established use	Traditional use
	Comminuted herbal substance as herbal tea for oral use. The pharmaceutical form should be described by the European Pharmacopoeia full standard term.

4. Clinical particulars

4.1. Therapeutic indications

Well-established use	Traditional use
	Indication 1) Traditional herbal medicinal product for the supportive treatment of common cold.

1 The declaration of the active substance(s) for an individual finished product should be in accordance with relevant herbal quality guidance.

Well-established use	Traditional use
	Indication 2) Traditional herbal medicinal product for the relief of minor articular pain. The product is a traditional herbal medicinal product for use in specified indications exclusively based upon long-standing use.

4.2. Posology and method of administration

Well-established use	Traditional use
	Posology *Adults, Elderly* Comminuted herbal substance as herbal tea: daily dose: 2.5-6 g, as an infusion in 1-3 doses The use in children and adolescents under 18 years of age is not recommended (see section 4.4 'Special warnings and precautions for use'). **Duration of use** Indication 1) The therapy should start at first signs of common cold. If the symptoms persist longer than 7 days during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted. Indication 2) Not to be used for more than 4 weeks. If the symptoms persist during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted. **Method of administration** Oral use.

4.3. Contraindications

Well-established use	Traditional use
	Hypersensitivity to salicylates. Hypersensitivity to the active substance.

4.4. Special warnings and precautions for use

Well-established use	Traditional use
	The use in children and adolescents under 18 years of age has not been established due to lack of adequate data. Concomitant use with salicylates and other NSAIDs is not recommended without medical advice. Indication 1) If fever exceeds 39°C, persists or is associated with severe headache or if symptoms worsen during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted. Indication 2) The product is not intended to be used in case of acute arthritis as this condition requires medical advice.

4.5. Interactions with other medicinal products and other forms of interaction

Well-established use	Traditional use
	None reported.

4.6. Pregnancy and lactation

Well-established use	Traditional use
	Safety during pregnancy and lactation has not been established. In the absence of sufficient data, the use during pregnancy and lactation is not recommended.

4.7. Effects on ability to drive and use machines

Well-established use	Traditional use
	No studies on the effect on the ability to drive and use machines have been performed.

4.8. Undesirable effects

Well-established use	Traditional use
	None known. If adverse reactions occur, a doctor or a qualified health care practitioner should be consulted.

4.9. Overdose

Well-established use	Traditional use
	No case of overdose has been reported.

5. Pharmacological properties

5.1. Pharmacodynamic properties

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

5.2. Pharmacokinetic properties

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

5.3. Preclinical safety data

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended, unless necessary for the safe use of the product. Tests on reproductive toxicity, genotoxicity and carcinogenicity have not been performed.

6. Pharmaceutical particulars

Well-established use	Traditional use
	Not applicable.

7. Date of compilation/last revision

25 November 2010