



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

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Committee on Herbal Medicinal Products (HMPC)

## European Union herbal monograph on *Ribes nigrum* L., folium

Draft

<b>Initial assessment</b>	
Discussion in Working Party on European Union monographs and list (MLWP)	March 2009 May 2009 July 2009
Adoption by Committee on Herbal Medicinal Products (HMPC) for release for consultation	16 July 2009
End of consultation (deadline for comments)	15 December 2009
Re-discussion in MLWP	May 2010
Adoption by HMPC Monograph (EMA/HMPC/142986/2009) AR (EMA/HMPC/142989/2009) List of references (EMA/HMPC/143130/2009) Overview of comments received during public consultation (EMA/HMPC/5687/2010) HMPC Opinion (EMA/HMPC/282667/2010)	06 May 2010
<b>First systematic review</b>	
Discussion in Working Party on European Union monographs and list (MLWP)	November 2016
Adoption by Committee on Herbal Medicinal Products (HMPC) for release for consultation	31 January 2017
Start of public consultation	28 February 2017
End of consultation (deadline for comments). Comments should be provided using this <a href="#">template</a> to <a href="mailto:hmpc.secretariat@ema.europa.eu">hmpc.secretariat@ema.europa.eu</a>	31 May 2017

Keywords	Herbal medicinal products; HMPC; European Union herbal monographs; traditional use; <i>Ribes nigrum</i> L., folium; Ribis nigri folium; blackcurrant leaf
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BG (bulgarski): Лист от черно френско грозде	LT (lietuvių kalba): Juodųjų serbentų lapai
CS (čeština): list rybízu černého	LV (latviešu valoda): Upeņu lapas
DA (dansk): Solbærblad	MT (Malti): werqa tar-ribes
DE (Deutsch): Schwarze Johannisbeerblätter	NL (Nederlands): Zwarte Aalbes
EL (elliniká): φύλλο ριβησίου του μέλανος	PL (polski): Liść porzeczki czarnej
EN (English): blackcurrant leaf	PT (português): groselheira-negra, folha
ES (español): grosellero negro, hoja de	RO (română): frunza de coacaz negru
ET (eesti keel): musta sõstra leht	SK (slovenčina): list ríbezle čiernej
FI (suomi): mustaherukka, lehti	SL (slovenščina): list črnega ribeza
FR (français): cassis (feuille de)	SV (svenska): svartvinbär, blad
HR (hrvatski): list crnog ribizla	IS (íslenska):
HU (magyar): feketeribizli levél	NO (norsk): solbærblad
IT (italiano): Ribes nero foglia	

# European Union herbal monograph on *Ribes nigrum* L., folium

## 1. Name of the medicinal product

To be specified for the individual finished product.

## 2. Qualitative and quantitative composition<sup>1,2</sup>

Well-established use	Traditional use
	With regard to the registration application of Article 16d(1) of Directive 2001/83/EC <i>Ribes nigrum</i> L., folium (blackcurrant leaf) i) Herbal substance Not applicable ii) Herbal preparations a) Comminuted herbal substance b) Dry extract (DER 7:1), extraction solvent water c) Powdered herbal substance

## 3. Pharmaceutical form

Well-established use	Traditional use
	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use. The pharmaceutical form should be described by the European Pharmacopoeia full standard term.

## 4. Clinical particulars

### 4.1. Therapeutic indications

Well-established use	Traditional use
	<b>Indication 1)</b> Traditional herbal medicinal product for the relief of minor articular pain.

<sup>1</sup> The declaration of the active substance(s) for an individual finished product should be in accordance with relevant herbal quality guidance.

<sup>2</sup> The material complies with the Ph. Eur. monograph (ref.: 2528).

Well-established use	Traditional use
	<p data-bbox="815 255 970 284"><b>Indication 2)</b></p> <p data-bbox="815 313 1398 454">Traditional herbal medicinal product to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.</p> <p data-bbox="815 483 1353 582">The product is a traditional herbal medicinal product for use in the specified indication exclusively based upon long-standing use.</p>

#### 4.2. Posology and method of administration

Well-established use	Traditional use
	<p data-bbox="815 770 935 799"><b>Posology</b></p> <p data-bbox="815 808 1034 837"><i>Adults and elderly</i></p> <p data-bbox="815 855 970 884"><b>Indication 1)</b></p> <p data-bbox="815 902 1377 1043">a) Single dose: 2 to 4 g of the comminuted herbal substance in 200 ml of boiling water as a herbal infusion 3 times daily. Daily dose: 6-12 g.</p> <p data-bbox="815 1070 1345 1173">b) Single dose: 170 mg of dry extract (7:1, water), 1-3 times daily. Daily dose: 510 mg.</p> <p data-bbox="815 1200 1345 1303">c) Single dose: 340 mg of powdered herbal substance, 3-5 times daily. Daily dose: 1020-1700 mg.</p> <p data-bbox="815 1330 970 1359"><b>Indication 2)</b></p> <p data-bbox="815 1386 1345 1489">b) Single dose: 170 mg of dry extract (7:1, water), 1-3 times daily. Daily dose: 510 mg.</p> <p data-bbox="815 1516 1345 1619">c) Single dose: 340 mg of powdered herbal substance 3-5 times daily Daily dose: 1020-1700 mg.</p> <p data-bbox="815 1646 1390 1749">The use in children and adolescents under 18 years of age is not recommended (see section 4.4 'Special warnings and precautions for use').</p> <p data-bbox="815 1776 1015 1805"><b>Duration of use</b></p> <p data-bbox="815 1823 970 1852"><b>Indication 1)</b></p> <p data-bbox="815 1870 1358 1995">If the symptoms persist longer than 4 weeks during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted.</p>

Well-established use	Traditional use
	<p data-bbox="810 250 970 282"><b>Indication 2)</b></p> <p data-bbox="810 309 1359 452">If the symptoms persist longer than 2 weeks during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted.</p> <p data-bbox="810 479 1145 510"><b>Method of administration</b></p> <p data-bbox="810 533 1066 564"><b>Indications 1) and 2)</b></p> <p data-bbox="810 586 912 618">Oral use</p>

### 4.3. Contraindications

Well-established use	Traditional use
	<p data-bbox="810 788 1295 819">Hypersensitivity to the active substance</p> <p data-bbox="810 842 970 873"><b>Indication 2)</b></p> <p data-bbox="810 900 1337 999">Conditions where reduced fluid intake is recommended (e.g. severe cardiac or renal disease).</p>

### 4.4. Special warnings and precautions for use

Well-established use	Traditional use
	<p data-bbox="810 1187 1066 1218"><b>Indications 1) and 2)</b></p> <p data-bbox="810 1236 1366 1335">The use in children and adolescents under 18 years of age has not been established due to lack of adequate data.</p> <p data-bbox="810 1361 1401 1460">If the symptoms worsen during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted.</p> <p data-bbox="810 1487 970 1518"><b>Indication 1)</b></p> <p data-bbox="810 1541 1401 1639">Articular pain accompanied by swelling of joints, redness or fever, should be examined by a doctor.</p> <p data-bbox="810 1666 970 1697"><b>Indication 2)</b></p> <p data-bbox="810 1720 1359 1890">If complaints of symptoms such as fever, dysuria, spasms or blood in the urine occur during the use of the medicinal product, a doctor or a qualified health care professional should be consulted.</p> <p data-bbox="810 1917 1372 1980">To ensure an increase of the amount of urine, adequate fluid intake is required during</p>

Well-established use	Traditional use
	treatment.

**4.5. Interactions with other medicinal products and other forms of interaction**

Well-established use	Traditional use
	None reported

**4.6. Fertility, pregnancy and lactation**

Well-established use	Traditional use
	<p>Safety during pregnancy and lactation has not been established. In the absence of sufficient data, the use during pregnancy and lactation is not recommended.</p> <p>No fertility data available.</p>

**4.7. Effects on ability to drive and use machines**

Well-established use	Traditional use
	No studies on the effect on the ability to drive and use machines have been performed.

**4.8. Undesirable effects**

Well-established use	Traditional use
	<p>None known</p> <p>If adverse reactions occur, a doctor or a qualified health care practitioner should be consulted.</p>

**4.9. Overdose**

Well-established use	Traditional use
	No case of overdose has been reported.

## 5. Pharmacological properties

### 5.1. Pharmacodynamic properties

Well-established use	Traditional use
	Not required as per Article 16c (1)(a)(iii) of Directive 2001/83/EC

### 5.2. Pharmacokinetic properties

Well-established use	Traditional use
	Not required as per Article 16c (1)(a)(iii) of Directive 2001/83/EC

### 5.3. Preclinical safety data

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC, unless necessary for the safe use of the product.  Tests on reproductive toxicity, genotoxicity and carcinogenicity have not been performed.

## 6. Pharmaceutical particulars

Well-established use	Traditional use
	Not applicable

## 7. Date of compilation/last revision

31 January 2017