



EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

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Committee on Herbal Medicinal Products (HMPC)

Opinion of the HMPC on a European Union herbal monograph on *Urtica dioica* L.; *Urtica urens* L., radix

Opinion

The HMPC, in accordance with Article 16h(3) of Directive 2001/83/EC and as set out in the appended assessment report, establishes, by a majority of 23 out of 24 votes a revised European Union herbal monograph on *Urtica dioica* L.; *Urtica urens* L., radix which is set out in Annex I.

The divergent position is appended to this opinion.

The Norwegian HMPC member agrees with the above-mentioned recommendation of the HMPC.

This opinion is forwarded to Member States and Norway, together with its Annex I and appendices.

The revised European Union herbal monograph and assessment report will be published on the European Medicines Agency website. They replace those adopted on 24 September 2012.

Amsterdam, 22 January 2025.

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Annex I: European Union herbal monograph (EMA/HMPC/322646/2023)

Appendix I: Assessment report (EMA/HMPC/322627/2023)

Appendix II: Divergent positions

The member of the HMPC mentioned below did not agree with the HMPC's opinion for the following reason:

Cyprus (CY) has a divergent opinion on the HMPC's position on the European Union herbal monograph on *Urticae radix* since we are not fully convinced for its efficacy even though it is a herbal medicine of a traditional use, the benefits are considered mild. There are no concerns about its safety.

Christina Sylvia Chrysostomou, HMPC member from Cyprus.

Amsterdam, 22 January 2025.