



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

EMA/HMPC/229263/2020  
EMA/HMPC/M/H/0236  
Committee on Herbal Medicinal Products (HMPC)

## Opinion of the HMPC on changes to be introduced into an entry in the list of herbal substances, preparations and combinations thereof for use in traditional herbal medicinal products

**Scientific name of the plant:** *Mentha x piperita* L.

Botanical family: Lamiaceae (Labiatae)

Common name : peppermint oil

Herbal substance: Not applicable

Herbal preparation: Essential oil

### Opinion

The HMPC, in accordance with Article 16f(1) of Directive 2001/83/EC, and as set out in the appended assessment report, recommends , by consensus changes to be introduced to the list entry for the above-mentioned herbal preparation for which the indication, the specified strength and the posology, the route of administration and any other information necessary for the safe use as a traditional medicinal product is set out in Annex I.

The Norwegian HMPC member agrees with the above-mentioned introduced changes of the HMPC.

This opinion is forwarded to the European Commission, to Member States and Norway, together with its Annex I.

Amsterdam, 15 January 2020

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**Official address** Domenico Scarlattilaan 6 • 1083 HS Amsterdam • The Netherlands

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# **Annex I: Revised list of herbal substances, preparations and combinations thereof for use in traditional herbal medicinal products (EMA/HMPC/679997/2013)**

## **Appendix I: Assessment report (EMA/HMPC/522409/2013)**