

24 September 2025 EMA/HMPC/216179/2025 Committee on Herbal Medicinal Products (HMPC)

# Addendum to Assessment report on *Primula veris* L. *Primula elatior* (L.) Hill, *flos*

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HMPC decision on review of monograph <i>Primula</i> veris L.; <i>Primula elatior</i> (L.) Hill, <i>flos</i> adopted on 19 September 2012	22 January 2025
Call for scientific data (start and end date)	From 01 March to 31 May 2025
Discussion in Committee on Herbal Medicinal	July 2025
Products (HMPC)	September 2025
Adoption by HMPC	24 September 2025

## Review of new data

Periodic review (from 2012 to 2025)

Sources checked for new information:

	Scientific data (e	(e.g. non-clinical a	and clinical safety	y data, clini	cal efficacy data	a)
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Scientific/Medical/Toxicological databases

PubMed/ Search period was set from September 2012 until May 2025. Search terms: Primula and (veris or elatior)

☑ Pharmacovigilance databases

□ data from EudraVigilance

☐ Other



	$\boxtimes$ Old market overview in AR (i.e. check products fulfilling 30/15 years of TU or 10 years of WEU on the market)
	$oxed{\boxtimes}$ New market overview (including pharmacovigilance actions taken in member states)
	□ PSUSA
	oximes Feedback from experiences with the monograph during MRP/DCP procedures
	☑ Ph. Eur. monograph
	☐ Other
Consist	tency (e.g. scientific decisions taken by HMPC)
	$oxed{oxed}$ Public statements or other decisions taken by HMPC
	$oxed{oxed}$ Consistency with other monographs within the therapeutic area
	☐ Other

# Availability of new information that could trigger a revision of the monograph

Regulatory practice

Scientific data	Yes	No
New non-clinical safety data that could trigger a revision of the monograph		
New clinical safety data that could trigger a revision of the monograph		
New data introducing a possibility of a new list entry		
New clinical data regarding the paediatric population or the use during pregnancy and lactation that could trigger a revision of the monograph		
New clinical studies introducing a possibility for new WEU indication/preparation		
Other scientific data that could trigger a revision of the monograph		
Regulatory practice	Yes	No
New herbal substances/preparations with 30/15 years of TU		
New herbal substances/preparations with 10 years of WEU		
New recommendations from a finalised PSUSA		
Feedback from experiences with the monograph during MRP/DCP procedures that could trigger a revision of the monograph		
New/Updated Ph. Eur. monograph that could trigger a revision of the monograph		$\boxtimes$
Other regulatory practices that could trigger a revision of the monograph		
Consistency	Yes	No
New or revised public statements or other HMPC decisions that could trigger a revision of the monograph		

Relevant inconsistencies with other monographs within the therapeutic area that could trigger a revision of the monograph	
Other relevant inconsistencies that could trigger a revision of the monograph	

#### **Summary of new references**

During the review 83 new references not available during the first/previous assessment were identified. Out of these new references, 71 were excluded as were related to other *Primula* species, combinations or not relevant to the existing monograph. Among the evaluated references, most of them were related to phytochemical composition, extraction methods and/or new analytical methods applied for the chemical characterization of *Primula flos*. Some *in vitro* studies were performed with specific extracts, not fully elucidated or different from the preparations included in the current monograph.

No references that could trigger revision of the monograph were identified.

Twelve references were provided by Interested Parties during the Call for data for both *Primula* ssp. *herba* and *radix*. Most of them coincided with the ones found in the review; others didn't differentiate the plant part used or referred to phytochemical or *in vitro* studies not relevant for this review.

#### Assessment of new data

#### New scientific data that could trigger a revision of the monograph

Not applicable.

During the periodic review, 2 case reports were recorded in Eudravigilance: 1 case of insomnia and 1 case of angioedema. None of them could be related to the intake of Primula flower and thus, this information does not trigger a revision of the monograph.

#### New regulatory practice that could trigger a revision of the monograph

New herbal substances/preparations with 30/15 years of TU or 10 years of WEU

Not applicable.

Up to date, there is no European Pharmacopoeia's monograph on Primula flos.

### Inconsistency that could trigger a revision of the monograph

Not applicable

Other issues that could trigger a revision of the monograph

Not applicable.

New information not considered to trigger a revision at present but that could be relevant for the next review

Not applicable
References

Not applicable.

Rapporteur's proposal on revision  ☐ Revision needed, i.e. new data/findings of relevance for the content of the monograph
$\square$ Revision likely to have an impact on the corresponding list entry (if applicable)
$oxed{\boxtimes}$ No revision needed, i.e. no new data/findings of relevance for the content of the monograph
HMPC decision on revision
$\square$ Revision needed, i.e. new data/findings of relevance for the content of the monograph
$oxed{\boxtimes}$ No revision needed, i.e. no new data/findings of relevance for the content of the monograph