Public summary of opinion on orphan designation
Mazindol for the treatment of narcolepsy

On 12 February 2015, orphan designation (EU/3/15/1444) was granted by the European Commission to HAC Pharma, France, for mazindol for the treatment of narcolepsy.

What is narcolepsy?

Narcolepsy is a sleep disorder which affects the brain’s ability to regulate the normal sleep-wake cycle. This can lead to symptoms such as an irresistible urge to sleep, even in inappropriate times and places, and disturbed night-time sleep. In addition, some patients have episodes of severe muscle weakness (cataplexy) leading to collapse.

Narcolepsy is a long-term debilitating disease because it causes excessive daytime sleepiness and cataplexy, increasing the risk of accidents and interfering with normal life. The condition can be life-threatening.

What is the estimated number of patients affected by the condition?

At the time of designation, narcolepsy affected less than 4 in 10,000 people in the European Union (EU). This was equivalent to fewer than 205,000 people*, and is below the ceiling for orphan designation, which is 5 people in 10,000. This is based on the information provided by the sponsor and the knowledge of the Committee for Orphan Medicinal Products (COMP).

What treatments are available?

At the time of designation, several medicines were authorised in the EU for narcolepsy. They included modafinil and sodium oxybate. Some medicines such as methylphenidate were used off-label to treat this condition.

The sponsor has provided sufficient information to show that mazindol might be of significant benefit for patients with narcolepsy because early clinical studies showed beneficial effects in patients who did

*Disclaimer: For the purpose of the designation, the number of patients affected by the condition is estimated and assessed on the basis of data from the European Union (EU 28), Norway, Iceland and Liechtenstein. This represents a population of 512,900,000 (Eurostat 2015).
not respond to current treatments. This assumption will need to be confirmed at the time of marketing authorisation, in order to maintain the orphan status.

**How is this medicine expected to work?**

Mazindol is an anorectic (appetite suppressant) medicine that was developed for the treatment of obesity in the 1960’s. It was withdrawn, as were all anorectics, from the market in the EU at the end of the 90’s but remained authorised outside the EU.

Although the way mazindol works is not clearly understood, this medicine is expected to work in narcolepsy in a similar way to amphetamines by increasing the levels dopamine and norepinephrine in the brain. Dopamine and norepinephrine are neurotransmitters (chemical messengers) that carry signals between brain cells, including those that promote alertness and wakefulness.

**What is the stage of development of this medicine?**

As mazindol is a well-known substance, the sponsor provided data from the published literature to support its application for orphan designation.

At the time of submission, a clinical trial with mazindol for the treatment of narcolepsy was ongoing.

At the time of submission, mazindol was not authorised anywhere in the EU for narcolepsy or designated as an orphan medicinal product elsewhere for this condition.

In accordance with Regulation (EC) No 141/2000 of 16 December 1999, the COMP adopted a positive opinion on 9 January 2015 recommending the granting of this designation.

Opinions on orphan medicinal product designations are based on the following three criteria:

- the seriousness of the condition;
- the existence of alternative methods of diagnosis, prevention or treatment;
- either the rarity of the condition (affecting not more than 5 in 10,000 people in the EU) or insufficient returns on investment.

Designated orphan medicinal products are products that are still under investigation and are considered for orphan designation on the basis of potential activity. An orphan designation is not a marketing authorisation. As a consequence, demonstration of quality, safety and efficacy is necessary before a product can be granted a marketing authorisation.
For more information

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For contact details of patients’ organisations whose activities are targeted at rare diseases see:

- [Orphanet](#), a database containing information on rare diseases, which includes a directory of patients’ organisations registered in Europe;
- [European Organisation for Rare Diseases (EURORDIS)](#), a non-governmental alliance of patient organisations and individuals active in the field of rare diseases.
Translations of the active ingredient and indication in all official EU languages\(^1\), Norwegian and Icelandic

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\(^1\) At the time of designation