

15 March 2023
EMA/HMPC/228356/2012, Rev. 2
Committee on Herbal Medicinal Products (HMPC)

European Union herbal monographs: Overview of recommendations for the uses of herbal medicinal products in the paediatric population

Last update: March 2023

Introduction

The purpose of this list is to provide an overview of the recommendations for use of the herbal substances and/or herbal preparations in the paediatric population as set out in the European Union (EU) herbal monographs. The list summarises the indications and any limitations of use in children as assessed by the Committee on Herbal Medicinal Product (HMPC).

The age range and use of herbal medicinal products, within this special population of patients, are frequently discussed by healthcare professionals. The purpose of this overview is to provide a summary of the information from the monographs for ease of reference.

The list pertains to the specific herbal substances/preparations¹ as mentioned in the EU herbal monographs and not to other categories of herbal products such as food or food supplements.

¹ Ethanol is often used as extraction solvent in the manufacture of herbal medicinal products. Solvents specified for herbal preparations as listed here do not reflect the ethanol content in the finished product. The final amount is calculated by the producer and appears on the label and in the package leaflet of each individual product. For more information please consult the 'Reflection paper on ethanol content in herbal medicinal products and traditional herbal medicinal products used in children' ([EMA/HMPC/85114/2008](#)).



The list is divided into two groups of herbal medicinal products:

- well-established use (marketing authorisation, WEU): demonstrated sufficient safety and efficacy data (page 14-22);
- traditional use (simplified registration, TU): accepted on the basis of sufficient safety data and plausible efficacy (page 23-100).

The EU herbal monographs are generally applied within the EU and are taken into account by Member States when examining an application. Member States are not obliged to follow the monographs and it is possible that a Member State, with a due justification, will choose not to adhere to a specific monograph.

The list is derived from information in the EU herbal monographs as adopted.

For further information reference should be made to the specific EU herbal monographs and assessment reports.

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Herbal substances with final EU herbal monographs (alphabetical order):

A	Cinnamomi cortex aetheroleum	Fumariae herba	M	Phaseoli fructus (sine semine)
Absinthii herba	Cinnamomi cortex	G	Malvae folium	Pilosellae herba cum radice
Agni casti fructus TU WEU	Colae semen	Gentianae radix	Malvae sylvestris flos	Plantaginis lanceolatae folium
Agrimoniae herba	Crataegi folium cum flore	Ginkgo folium TU WEU	Mate folium	Plantaginis ovatae semen
Agropyri repentis rhizoma	Curcumae longae rhizoma	Ginseng radix	Marrubii herba	Plantaginis ovatae seminis tegumentum
Aloes folii succus siccatus	Curcumae xanthorrhizae rhizoma	H	Matricariae aetheroleum	Polygoni avicularis herba
Althaeae radix	Cynarae folium	Hamamelidis cortex	Matricariae flos	Polypodii rhizoma
Anisi aetheroleum	Echinaceae anqustifoliae radix	Hamamelidis folium	Melaleucae aetheroleum	Primulae flos
Anisi fructus	Echinaceae pallidae radix	Hamamelidis folium et cortex aut ramunculus destillatum	Meliloti herba	Primulae radix
Arctii radix	Echinaceae purpureae herba TU WEU	Harpagophytii radix	Melissae folium	Pruni africanae cortex
Arnicae flos	Echinaceae purpureae radix	Hederae helicis folium	Menthae piperitae aetheroleum	Psyllii semen
Avenae fructus	Eleutherococci radix	Helichrysi flos	TU WEU	Q
Avenae herba	Epilobii herba	Herniariae herba	Menyanthidis trifoliatae folium	Quercus cortex
B	Eschscholziae herba	Hippocastani cortex	Millefolii flos	R
Betulae folium	Equiseti herba	Hippocastani semen TU WEU	Millefolii herba	Rhamni purshianaee cortex
Boldii folium	Eucalypti aetheroleum	Hyperici herba TU WEU	Myrtilli fructus recens	Rhei radix
Bursae pastoris herba	F	Juglandis folium	Myrtilli fructus siccus	Rhodiola roseae rhizoma et radix
C	Filipendulae ulmariae flos	Juniperi aetheroleum	Myrrha	Ribis nigri folium
Calendulae flos	Filipendulae ulmariae herba	Juniperi galbulus	O	Ricini oleum
Camelliae sinensis non fermentatum folium	Foeniculi amari fructus	Lavandulae aetheroleum	Oenotherae oleum	Rosae flos
Capsici fructus	Foeniculi amari fructus	Lavandulae flos	Oleae folium	Rosmarini aetheroleum
Caryophylii floris aetheroleum	Foeniculi dulcis fructus	Lecithinum ex soya	Ononis radix	Rosmarini folium
Carvi aetheroleum	Frangulae cortex	Leonuri cardiacaee herba	Origani dictamni herba	Rubi idaei folium
Carvi fructus	Fragariae folium	Lichen islandicus	Origani majoranae herba	Rusci rhizoma
Centaurii herba	Fraxini folium	Lini semen TU WEU	Orthosiphonis folium	S
Chamomillae romanae flos	Fucus vesiculosus thallus	Lupuli flos	Passiflorae herba	Sabalis serrulatae fructus
Cichorii intybi radix			Pelargonii radix	Salicis cortex TU WEU
Cimicifugae rhizoma				

[Salviae officinalis folium](#)
[Sambuci flos](#)
[Sennae folium](#)
[Sennae fructus](#)
[Sideritis herba](#)
[Silybi mariani fructus](#)
[Sisymbrii officinalis herba](#)
[Soiae oleum raffinatum](#)

[Solidaginis virgaureae herba](#)
[Species amarae](#)
[Species digestivae](#)
[Species diureticae](#)
[Species sedativae](#)
[Symphyti radix](#)
T
[Tanaceti parthenii herba](#)

[Taraxaci folium](#)
[Taraxaci officinalis radix](#)
[Taraxaci radix cum herba](#)
[Thymi aetheroleum](#)
[Thymi herba](#)
[Tiliae flos](#)
[Tormentillae rhizoma](#)
[Trigonellae foenugraeci semen](#)

U
[Urticae folium](#)
[Urticae herba](#)
[Uvae ursi folium](#)
V
[Vaccinii macrocarpi fructus](#)
Valerianae radix [TU WEU](#)

Valerianae radix and Lupuli flos
[TU WEU](#)
[Verbasci flos](#)
[Verbenae citriodorae folium](#)
[Violae herba cum flore](#)
Vitis viniferae folium [TU WEU](#)
Z
Zingiberis rhizoma [TU WEU](#)

Herbal substances with final EU herbal monographs (according to therapeutic areas):

[**CIRCULATORY DISORDERS**](#)

[**CONSTIPATION**](#)

[**COUGH AND COLD**](#)

[**EYE DISCOMFORT**](#)

[**FATIGUE AND WEAKNESS**](#)

[**GASTROINTESTINAL DISORDERS**](#)

[**LOSS OF APPETITE**](#)

[**MENTAL STRESS AND MOOD DISORDERS**](#)

[**MOUTH AND THROAT DISORDERS**](#)

[**PAIN AND INFLAMMATION**](#)

[**SKIN DISORDERS AND MINOR WOUNDS**](#)

[**SLEEP DISORDERS AND TEMPORARY INSOMNIA**](#)

[**URINARY TRACT AND GENITAL DISORDERS**](#)

CIRCULATORY DISORDERS	
C	Crataegi folium cum flore
G	Ginkgo folium TU WEU
H	Hamamelidis cortex , Hamamelidis folium , Hippocastani cortex , Hippocastani semen TU WEU
L	Leonuri cardiaca herba
M	Meliloti herba , Myrtilli fructus recens
Q	Quercus cortex
R	Rosmarini aetheroleum , Rosmarini folium , Rusci rhizoma
V	Vitis viniferae folium TU WEU

CONSTIPATION	
A	Aloes folii succus siccatus
F	Frangulae cortex
L	Lini semen
P	Plantaginis ovatae semen , Plantaginis ovatae seminis tegumentum , Polypodii rhizoma , Psyllii semen
R	Rhamni purshiana cortex , Rhei radix , Ricini oleum
S	Sennae folium , Sennae fructus

COUGH AND COLD	
A	Anisi aetheroleum , Anisi fructus
E	Echinaceae angustifoliae radix , Echinaceae pallidae radix , Echinaceae purpureae herba , Echinaceae purpureae radix , Eucalypti aetheroleum
F	Filipendulae ulmariae flos , Filipendulae ulmariae herba , Foeniculi amari fructus , Foeniculi amari fructus aetheroleum , Foeniculi dulcis fructus
H	Hederae helicis folium
M	Malvae folium , Malvae sylvestris flos , Marrubii herba , Matricariae flos , Menthae piperitae aetheroleum
O	Origani dictamni herba
P	Pelargonii radix , Polypodii rhizome , Polygoni avicularis herba , Primulae flos , Primulae radix
S	Salicis cortex , Sambuci flos , Sideritis herba
T	Thymi aetheroleum , Thymi herba , Tiliae flos , Thymi herba and Primulae radix
V	Verbasci flos

EYE DISCOMFORT	
H	Hamamelidis folium et cortex aut ramunculus destillatum

FATIGUE AND WEAKNESS	
C	Camelliae sinensis non fermentatum folium , Colae semen ,
E	Eleutherococci radix
G	Ginseng radix
L	Lecithinum ex soya
M	Mate folium

GASTROINTESTINAL DISORDERS	
A	Absinthii herba , Agrimoniae herba , Althaeae radix , Anisi aetheroleum , Anisi fructus
B	Boldii folium
C	Carvi aetheroleum , Carvi fructus , Centaurii herba , Chamomillae romanae flos , Cichorii intybi radix , Cinnamomi cortex , Cinnamomi corticis aetheroleum , Curcumae longae rhizoma , Curcumae xanthorrhizae rhizoma , Cynarae folium
F	Foeniculi amari fructus , Foeniculi dulcis fructus , Fragariae folium , Fucus vesiculosus thallus , Fumariae herba
G	Gentianae radix
H	Harpagophytii radix , Hyperici herba , Helichrysi flos
J	Juniperi aetheroleum , Juniperi galbulus
L	Lini semen
M	Malvae folium , Malvae sylvestris flos , Marrubii herba , Matricariae flos , Melissae folium , Menthae piperitae aetheroleum , Menthae piperitae folium , Menyanthidis trifoliatae folium , Millefolii flos , Millefolii herba , Myrtilli fructus siccus
O	Origani dictamni herba , Origani majorana herba
Q	Quercus cortex
R	Rosmarini aetheroleum , Rosmarini folium , Rubi idaei folium
S	Salviae officinalis folium , Sideritis herba , Silybi mariani fructus , Species amarae , Species digestivae
T	Taraxaci officinalis radix , Taraxaci radix cum herba , Tormentillae rhizome
V	Verbenae citriodorae folium
Z	Zingiberis rhizome TU WEU

LOSS OF APPETITE	
A	Absinthii herba , Arctii radix
C	Centaurii herba , Cichorii intybi radix
G	Gentianae radix
H	Harpagophytii radix
L	Lichen islandicus
M	Marrubii herba , Menyanthidis trifoliatae folium , Millefolii flos , Millefolii herba
T	Taraxaci officinalis radix , Taraxacum radix cum herba , Trigonellae foenugraeci semen

MENTAL STRESS AND MOOD DISORDERS	
A	Avenae herba
E	Eschscholziae herba
H	Hyperici herba TU WEU
L	Lavandulae aetheroleum , Lavandulae flos , Leonuri cardiaca herba , Lupuli flos
M	Melissae folium
P	Passiflorae herba
R	Rhodiola roseae rhizoma et radix
S	Species sedativae
T	Tiliae flos
V	Valerianae radix TU WEU , Valerianae radix and Lupuli flos , Verbena citriodora folium

MOUTH AND THROAT DISORDERS	
A	Agrimoniae herba , Althaeae radix
C	Calendulae flos , Caryophylii aetheroleum
H	Hamamelidis cortex , Hamamelidis folium
L	Lichen islandicus
M	Matricariae flos , Melaleucae alternifoliae aetheroleum , Myrrha , Myrtilli fructus siccus
P	Plantaginis lanceolatae folium , Polygoni avicularis herba
R	Rosae flos , Rubi idaei folium
S	Salviae officinalis folium , Sisymbrii officinalis herba

PAIN AND INFLAMMATION	
C	Capsici fructus
E	Eucalypti aetheroleum
F	Filipendulae ulmariae flos , Filipendulae ulmariae herba , Fraxini folium
H	Harpagophyti radix
J	Juniperi aetheroleum
M	Meliloti herba , Menthae piperitae aetheroleum TU WEU , Menyanthidis trifoliatae folium
Q	Quercus cortex
R	Ribis nigri folium , Symphyti radix
S	Salicis cortex TU WEU
T	Tanaceti parthenii herba , Tormentillae rhizoma
U	Urticae herba , Urticae folium

SKIN DISORDERS AND MINOR WOUNDS	
A	Agrimoniae herba , Arctii radix , Arnicae flos , Avenae fructus
C	Calendulae flos
E	Echinaceae purpureae herba
H	Hamamelidis cortex , Hamamelidis folium , Hamamelidis folium et cortex aut ramunculus destillatum , Hyperici herba
J	Juglandis folium
M	Matricariae flos , Melaleucae alternifoliae aetheroleum , Menthae piperitae aetheroleum , Millefolii flos , Millefolii herba , Myrrha
O	Oenotherae oleum , Origani dictamni herba , Origani majorana herba
R	Rosae flos
S	Salviae officinalis folium , Soiae oleum raffinatum
T	Trigonellae foenumgraeci semen
U	Urticae herba
V	Violae herba cum flore

SLEEP DISORDERS AND TEMPORARY INSOMNIA	
A	Avenae herba
C	Crataegi folium cum flore
E	Eschscholziae herba
L	Lavandulae aetheroleum , Lavandulae flos , Lupuli flos
M	Melissae folium
P	Passiflorae herba
R	Rhodiola roseae rhizoma et radix
S	Species sedativae
V	Valerianae radix TU WEU , Valerianae radix and Lupuli flos TU WEU , Verbenae citriodoraе folium

URINARY TRACT AND GENITAL DISORDERS	
A	<i>Agni casti fructus</i> TU WEU , <i>Agropyri repentis rhizoma</i> , <i>Arctii radix</i>
B	Betulae folium , Bursae pastoris herba
C	Cimicifugae rhizoma
E	Equiseti herba , Epilobii herba
F	<i>Foeniculi amari fructus</i> , <i>Foeniculi dulcis fructus</i> , <i>Fragariae folium</i> , <i>Fraxini folium</i>
H	Herniariae herba
J	Juniperi aetheroleum , Juniperi galbulus
M	Mate folium , Millefolii flos , Millefolii herba
O	Oleae folium , Ononidis radix , Orthosiphonis folium
P	<i>Phaseoli fructus sine semine</i> , <i>Pilosellae herba cum radice</i> , <i>Polygoni avicularis herba</i> , <i>Pruni africanae cortex</i>
R	Ribis nigri folium , Rubi idaei folium
S	Sabalis serrulatae fructus , Solidaginis virgaureae herba , Species diureticae
T	Taraxaci folium , Taraxaci officinalis radix , Taraxaci radix cum herba
U	Urticae herba , Urticae folium , Uvae ursi folium
V	Vaccinii macrocarpi fructus

Well-established use herbal medicinal products

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Agni casti fructus Monograph Assessment report	Urinary tract and genital disorders	For the treatment of premenstrual syndrome.	Herbal preparation Dry extract (DER 6-12:1), extraction solvent: ethanol 60% m/m	Herbal preparation in solid dosage form for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data.
Aloes folii succus siccatus Monograph Assessment report	Constipation	For short-term use in cases of occasional constipation.	Herbal preparation Dry extract (DER 1-3:1), extraction solvent: water, standardised to contain 28.6 -36.6% hydroxyanthracene derivatives, calculated as aloin (photometric method)	Standardised herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults	The use is contraindicated.
Capsici fructus Monograph Assessment report	Pain and inflammation	For the relief of muscle pain such as low back pain.	Herbal preparations -Soft extract (DER 4-7:1), standardised to 2.0-2.78% total capsaicinoids, extraction solvent ethanol 80% (V/V) -Soft extract (DER 1.5-2.5:1), extraction solvent ethanol 96% (V/V) -Soft extract (DER 11-30:1), extraction solvent propan-2-ol	Herbal preparation in a medicated plaster or in semi-solid dosage forms for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
Cimicifugae rhizoma Monograph Assessment report	Urinary tract and genital disorders	For the relief of menopausal complaints such as hot flushes and profuse sweating.	Herbal preparations a) Dry extract (DER 5-10:1), extraction solvent ethanol 58% (V/V) b) Dry extract (DER 4.5-8.5:1), extraction solvent ethanol 60% (V/V) c) Dry extract (DER 6-11:1), extraction solvent propan-2-ol 40% (V/V)	Herbal preparation in solid dosage forms for oral use.	Female adults in the menopause	The indication is not relevant to children and adolescents.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Echinaceae purpureae herba Monograph Assessment report	Cough and cold	For the short-term prevention and treatment of common cold.	Herbal preparations - expressed juice (1.5-2.5:1) - dried juice corresponding to the expressed juice above	Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Frangulae cortex Monograph Assessment report	Constipation	For short-term use in cases of occasional constipation.	Herbal preparations Comminuted herbal substance or herbal preparations thereof, standardised	Standardised comminuted herbal substance as herbal tea for oral use. Standardised herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults Elderly	Children under 12 years of age: the use is contraindicated.
Ginkgo folium Monograph Assessment report	Circulatory disorders	For the improvement of (age-associated) cognitive impairment and of quality of life in mild dementia.	Herbal preparation Dry extract (DER 35-67:1), extraction solvent: acetone 60% m/m3	Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The indication is not relevant to children and adolescents.
Hederae helicis folium Monograph Assessment report	Cough and cold	Used as an expectorant in case of productive cough.	Herbal preparations a) Dry extract (DER 4-8:1), extraction solvent ethanol 24-30% m/m b) Dry extract (DER 6-7:1), extraction solvent ethanol 40% m/m c) Dry extract (DER 3-6:1), extraction solvent ethanol 60% m/m d) Liquid extract (DER 1:1), extraction solvent ethanol 70% V/V e) Soft extract (DER 2.2-2.9:1), extraction solvent ethanol 50% V/V: propylene glycol (98:2)	Herbal preparations in solid or liquid dosage forms for oral use.	Children older than 2 years Adolescents Adults Elderly	Children under 2 years of age: the use is contraindicated.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Hippocastani semen Monograph Assessment report	Circulatory disorders	For treatment of chronic venous insufficiency, which is characterised by swollen legs, varicose veins, a feeling of heaviness, pain, tiredness, itching, tension and cramps in the calves.	Herbal preparations Dry extracts (extraction solvent ethanol 40-80% (V/V) standardised to contain 6.5-10% triterpene glycosides, calculated as protoaescigenin)	Herbal preparations in modified or immediate release dosage forms for oral use.	Adults Elderly	The use is not recommended due to a lack of data on safety and efficacy.
Hyperici herba Monograph Assessment report	Mental stress and mood disorders	For the treatment of mild to moderate depressive episodes.	Herbal preparations a) Dry extract (DER 3-7:1), extraction solvent methanol (80% (V/V)) b) Dry extract (DER 3-6:1), extraction solvent ethanol (80% (V/V))	Herbal preparation in solid dosage forms for oral use.	Adults Elderly	The use is not recommended since no sufficient data are available.
Hyperici herba Monograph Assessment report	Mental stress and mood disorders	For the short-term treatment of symptoms in mild depressive disorders.	Herbal preparation c) Dry extract (DER 2.5-8:1), extraction solvent ethanol (50-68% (V/V))	Herbal preparation in solid dosage forms for oral use.	Adults Elderly	The use is not recommended since no sufficient data are available.
Lini semen Monograph Assessment report	Constipation	For the treatment of habitual constipation or in conditions in which easy defaecation with soft stool is desirable.	Herbal substance As defined in the Ph. Eur. Monograph	Herbal substance for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Menthae piperitae aetheroleum Monograph Assessment report	Gastro intestinal disorders	For the symptomatic relief of minor spasms of the gastrointestinal tract, flatulence and abdominal pain, especially in patients with irritable bowel syndrome.	Herbal preparation Essential oil	Herbal preparation in solid gastro-resistant dosage forms for oral use.	Children older than 8 years Adolescents Adults Elderly	The use is not recommended due to lack of data on safety and efficacy.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Menthae piperitae aetheroleum Monograph Assessment report	Pain and inflammation	For the symptomatic relief of mild tension type headache.	Herbal preparation Essential oil	Herbal preparation in liquid or semi-solid dosage forms for cutaneous use.	Adults Elderly	The use is not recommended due to lack of data on safety and efficacy.
Plantaginis ovatae semen Monograph Assessment report	Constipation	For the treatment of habitual constipation.	Herbal substance Dried ripe seeds Herbal preparation Powdered herbal substance	Solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
Plantaginis ovatae semen Monograph Assessment report	Constipation	In conditions in which easy defaecation with soft stools is desirable, e.g. in cases of painful defaecation after rectal or anal surgery, anal fissures or haemorrhoids.	Herbal substance Dried ripe seeds Herbal preparation Powdered herbal substance	In solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
Plantaginis ovatae seminis tegumentum Monograph Assessment report	Constipation	For the treatment of habitual constipation.	Herbal substance Episperm and collapsed adjacent layers removed from the seeds Herbal preparation Powdered herbal substance	Solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Plantaginis ovatae seminis tegumentum</i> Monograph Assessment report	Constipation	In conditions in which easy defaecation with soft stool is desirable, e.g. in cases of painful defaecation after rectal or anal surgery, anal fissures and haemorrhoids.	Herbal substance Episperm and collapsed adjacent layers removed from the seeds Herbal preparation Powdered herbal substance	In solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Plantaginis ovatae seminis tegumentum</i> Monograph Assessment report	Constipation	In patients to whom an increased daily fibre intake may be advisable e.g. as an adjuvant in constipation predominant irritable bowel syndrome, as an adjuvant to diet in hypercholesterolemia.	Herbal substance Episperm and collapsed adjacent layers removed from the seeds Herbal preparation Powdered herbal substance	Solid dosage forms such as granules or powders for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Psyllii semen</i> Monograph Assessment report	Constipation	For the treatment of habitual constipation.	Herbal substance Ripe, whole, dry seeds Herbal preparation Powdered herbal substance	In solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data
<i>Psyllii semen</i> Monograph Assessment report	Constipation	In conditions in which easy defaecation with soft stool is desirable, e.g. in cases of painful defaecation after rectal or anal surgery, anal fissures or haemorrhoids.	Herbal substance Ripe, whole, dry seeds Herbal preparation Powdered herbal substance	Solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Rhamni purshianae cortex Monograph Assessment report	Constipation	For short-term use in cases of occasional constipation.	Herbal preparations Comminuted herbal substance, or herbal preparations thereof, standardised	Standardised comminuted herbal substance as herbal tea for oral use. Standardised comminuted herbal substance or herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults Elderly	Children under 12 years of age: the use is contraindicated.
Rhei radix Monograph Assessment report	Constipation	For short-term use in cases of occasional constipation.	Herbal preparation Comminuted herbal substance, or herbal preparations thereof, standardised.	Standardised comminuted herbal substance as herbal tea for oral use. Standardised herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults Elderly	Children under 12 years of age: the use is contraindicated.
Ricini oleum Monograph Assessment report	Constipation	Laxative for short term use in cases of occasional constipation.	Herbal preparation Fatty oil obtained from seeds of Ricinus communis L. by cold expression	Liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data
Salicis cortex Monograph Assessment report	Pain and inflammation	For the short-term treatment of low back pain.	Herbal preparation Dry extract (8-14:1) extraction solvent ethanol 70% (V/V), 15% total salicin	Quantified herbal preparation in solid dosage form.	Adults	The use is contraindicated due to the risk of Reye's syndrome.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Sennae folium Monograph Assessment report	Constipation	For short-term use in cases of occasional constipation.	Herbal preparation Comminuted herbal substance or herbal preparations thereof, standardised	Standardised comminuted herbal substance as herbal tea for oral use. Standardised herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults Elderly	Children under 12 years of age: the use is contraindicated.
Sennae fructus Monograph Assessment report	Constipation	For short-term use in cases of occasional constipation.	Herbal preparation Comminuted herbal substance or herbal preparations thereof, standardised	Standardised comminuted herbal substance as herbal tea for oral use. Standardised herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults Elderly	Children under 12 years of age: the use is contraindicated.
Sennae fructus Monograph Assessment report	Constipation	For bowel cleansing prior to clinical procedures requiring bowel preparation.	Herbal preparation Comminuted herbal substance or herbal preparations thereof, standardised	Standardised comminuted herbal substance as herbal tea for oral use. Standardised herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults Elderly	Children under 12 years of age: the use is contraindicated.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Thymi herba and Primulae radix Monograph Assessment report	Cough and cold	Used as an expectorant in case of productive cough.	Herbal preparation a) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and tincture from Primula root (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 50% V/V b) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and liquid extract from Primula root (DER 1:2-2.5), extraction solvent ethanol 70% m/m c) Dry extract from Thyme (DER 6-10:1), extraction solvent ethanol 70% V/V and dry extract from Primula root (DER 6-7:1), extraction solvent ethanol 47.4% V/V	Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of efficacy data
Valerianae radix Monograph Assessment report	Mental stress and mood disorders	Relief of mild nervous tension.	Herbal preparations Dry extract (DER 3-7.s4:1), extraction solvent: ethanol 40-70% (V/V)	Solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Valerianae radix Monograph Assessment report	Sleep disorders and temporary insomnia	Sleep disorders.	Herbal preparations Dry extract (DER 3-7.s4:1), extraction solvent: ethanol 40-70% (V/V)	Solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Valerianae radix and Lupuli flos Monograph Assessment report	Sleep disorders and temporary insomnia	For the relief of sleep disorders.	Herbal preparations used in fixed combinations of a) Dry extracts of valerian root (DER 4-8:1, methanol 45-51% m/m) and hop strobile (DER 3-10:1, methanol 40-51% m/m) b) Dry extracts of valerian root (DER 4-7:1, ethanol 70% (V/V)) and hop strobile (DER 4-8:1, methanol 40% (V/V))	Solid dosage forms for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Vitis viniferae folium Monograph Assessment report	Circulatory disorders	For treatment of chronic venous insufficiency, which is characterised by swollen legs, varicose veins, a feeling of heaviness, pain, tiredness, itching, tension and cramps in the calves.	Herbal preparation Dry extract (DER 4-6:1); extraction solvent water	Herbal preparation in solid dosage forms for oral use.	Adults	The indication is not relevant to children and adolescents.
Zingiberis rhizoma Monograph Assessment report	Gastro-intestinal disorders	For the prevention of nausea and vomiting in motion sickness.	Herbal preparation Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

Traditional use herbal medicinal products

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Absinthii herba Monograph Assessment report	Loss of appetite	For temporary loss of appetite.	Herbal preparations - Comminuted herbal substance - Expressed juice from the fresh herb (1:0.5-0.9) - Tincture (1:5, ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use	Adults	The use is not recommended due to lack of adequate data.
Absinthii herba Monograph Assessment report	Gastro-intestinal disorders	For mild dyspeptic/gastrointestinal disorders.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Expressed juice from the fresh herb (1:0.5-0.9) - Tincture (1:5, ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use	Adults	The use is not recommended due to lack of adequate data.
Agni casti fructus Monograph Assessment report	Urinary tract and genital disorders	For the relief of minor symptoms in the days before menstruation (premenstrual syndrome).	Herbal preparations a) Powdered herbal substance b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 68-70% (V/V) c) Dry extract (DER 7-13:1), extraction solvent ethanol 60% m/m. d) Dry extract (DER 10.0-18.5:1), extraction solvent ethanol 50-52% m/m	Herbal preparation in solid or liquid dosage forms for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data.
Agrimoniae herba Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild diarrhoea.	Herbal preparations a) Comminuted herbal substance b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) c) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Agrimoniae herba Monograph Assessment report	Mouth and throat disorders	For the symptomatic relief of minor inflammations of the mouth and throat.	Herbal preparations a) Comminuted herbal substance b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) c) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Comminuted herbal substance for infusion preparation or decoction preparation for oromucosal use. Herbal preparations in liquid dosage forms for oral use or oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Agrimoniae herba Monograph Assessment report	Skin disorders & minor wounds	For the relief of minor skin inflammation and small, superficial wounds.	Herbal preparations a) Comminuted herbal substance b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) c) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Comminuted herbal substance for infusion preparation or decoction preparation for cutaneous use or use as bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Agropyri repentis rhizoma Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparations a) Comminuted herbal substance b) Liquid extract (DER 1:1), extraction solvent ethanol 20-25% (V/V) c) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 40% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adolescents (preparation a) only) Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Althaeae radix Monograph Assessment report	Mouth and throat disorders	Used as a demulcent preparation for the symptomatic treatment of oral or pharyngeal irritation and associated dry cough.	Herbal preparations A- Comminuted herbal substance B- Liquid extract (DER1:19.5-23.5), extraction solvent water C- Macerate for preparation of syrup D- Dry extract (DER 3-9:1), extraction solvent water E- Liquid extract (DER 1:1), extraction solvent ethano 25% V/V	Comminuted herbal substance as herbal tea for oral use. Comminuted herbal substance for macerate preparation for oromucosal use. Herbal preparations in liquid or solid dosage forms for oral or oromucosal use.	Preparations A,B,C,E: Children older than 3 years Adolescents Adults Preparation D: Children older than 6 years Adolescents Adults	The use is not recommended because medical advice should be sought. The use is not recommended because of solid dosage form (preparation d).
Althaeae radix Monograph Assessment report	Gastro-intestinal disorders	Used as a demulcent preparation for the symptomatic relief of mild gastrointestinal discomfort.	Herbal preparation A- Comminuted herbal substance E- Liquid extract (DER 1:1), extraction solvent ethanol 25% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage form for oral use	Adolescents Adults	The use is not recommended due to lack of adequate data.
Anisi aetheroleum Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	Herbal preparation Pimpinella anisum L., aetheroleum (anise oil)	Solid or liquid dosage forms for oral use.	Adults	The use is contraindicated due to lack of adequate data and the presence of estragole.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Anisi aetheroleum Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal preparation Pimpinella anisum L., aetheroleum (anise oil)	Solid or liquid dosage forms for oral use.	Adults	The use is contraindicated due to lack of adequate data and the presence of estragole.
Anisi fructus Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	Herbal substance Dried aniseed Herbal preparation Dried aniseed, comminuted or crushed	Herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Anisi fructus Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal substance Dried aniseed Herbal preparation Dried aniseed, comminuted or crushed	Herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Arctii radix Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	Herbal preparations - Comminuted herbal substance as an infusion - Powdered herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) - Soft extract , extraction solvent water. - Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5) extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Arctii radix Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal preparations - Comminuted herbal substance as an infusion - Powdered herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) - Soft extract, extraction solvent water - Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5) extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Arctii radix Monograph Assessment report	Skin disorders and minor wounds	Used in treatment of seborrhoeic skin conditions.	Herbal preparations - Comminuted herbal substance as an infusion - Powdered herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) - Soft extract, extraction solvent water. - Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5) extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Arnicae flos Monograph Assessment report	Skin disorders and minor wounds	For the relief of bruises, sprains and localised muscular pain.	Herbal preparations - Tincture (DER 1:10), extraction solvent: ethanol 70% (v/v) - Tincture (DER 1:10), extraction solvent: ethanol 60% (v/v) - Tincture (DER 1:5), extraction solvent: ethanol 60% (v/v) - Liquid extract of fresh flowers (DER 1:20), extraction solvent: ethanol 50% (m/m)	Herbal preparations in semi-solid and liquid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Avenae fructus Monograph Assessment report	Skin disorders and minor wounds	For the symptomatic treatment of minor inflammations of the skin (such as sunburn) and as an aid in healing of minor wounds.	Herbal preparation Dried fruits comminuted to oat flour 'Colloidal oatmeal'	Dried fruits comminuted to oat flour. 'Colloidal oatmeal' for cutaneous use.	Infants, Children, Adolescents, Adults	

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Avenae herba Monograph Assessment report	Mental stress and mood disorders	For relief of mild symptoms of mental stress to aid sleep.	Herbal preparations - Comminuted herbal substance - Expressed juice from the fresh herb (1:0.64-0.80) - Liquid extract (1:4-6; ethanol 15-50% (V/V)) - Liquid extract (1:4-6; water) - Corresponding dry extracts	Solid or liquid dosage form or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Avenae herba Monograph Assessment report	Sleep disorders and temporary insomnia	To aid sleep.	Herbal preparations - Comminuted herbal substance - Expressed juice from the fresh herb (1:0.64-0.80) - Liquid extract (1:4-6; ethanol 15-50% (V/V)) - Liquid extract (1:4-6; water) Corresponding dry extracts	Solid or liquid dosage form or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Betulae folium Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparations a) Comminuted herbal substance b) Powdered herbal substance c) Dry extract (DER 3-8:1), extraction solvent water d) Liquid extract prepared from fresh leaves (DER 1:2-2.4), extraction solvent water e) Liquid extract prepared from fresh leaves stabilised by 96% ethanol vapours (DER 1:1), extraction solvent ethanol 50- 60% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use	Adolescents Adults	The use is not recommended due to lack of adequate experience.
Boldi folium Monograph Assessment report	Gastro-intestinal disorders	For symptomatic relief of dyspepsia and mild spasmodic disorders of the gastrointestinal tract.	Herbal preparations - Comminuted herbal substance - Dry extract (DER 5:1), extraction solvent water	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data and because of concerns requiring medical advice.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Bursae pastoris herba Monograph Assessment report	Urinary tract and genital disorders	For the reduction of heavy menstrual bleeding in women with regular menstrual cycles, after serious conditions have been excluded by a medical doctor.	Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data and because medical advice should be sought.
Calendulae flos Monograph Assessment report	Skin disorders and minor wounds	For the symptomatic treatment of minor inflammations of the skin (such as sunburn) and as an aid in healing of minor wounds.	Herbal substance As defined in the Ph. Eur. monograph Herbal preparations a) Comminuted herbal substance b) Liquid extract (1:1), extraction solvent ethanol 40-50% (V/V) c) Liquid extract (1:1.8-2.2), extraction solvent ethanol 40-50% (V/V) d) Tincture (1:5), extraction solvent ethanol 70-90% (V/V) e) Liquid extract (1:10), extraction solvent fatty vegetable oil e.g. olive oil f) Extract (1:5-1:25), extraction solvent hardened vegetable fat, petroleum jelly	Herbal substance or comminuted herbal substance for infusion for cutaneous use. Herbal preparations in liquid or semi-solid dosage forms for cutaneous use.	Children older than 6 years Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Calendulae flos Monograph Assessment report	Mouth and throat disorders	For the symptomatic treatment of minor inflammations in the mouth or the throat.	Herbal substance As defined in the Ph. Eur. monograph Herbal preparations a) Comminuted herbal substance d) Tincture (1:5), extraction solvent ethanol 70-90% (V/V)	Herbal substance or comminuted herbal substance for infusion for oromucosal use. Herbal preparation in liquid dosage form for oromucosal use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Camelliae sinensis non fermentatum folium</i> Monograph Assessment report	Fatigue and weakness	For relief of fatigue and sensation of weakness	Herbal substance Whole dried leaf Herbal preparations - Comminuted herbal substance - Powdered herbal substance	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<i>Carvi aetheroleum</i> Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic relief of digestive disorders such as bloating and flatulence.	Herbal preparations Essential oil	Herbal preparation in liquid dosage forms for oral use. Herbal preparation in semi-solid dosage forms for cutaneous use.	Oral use: Adults Cutaneous use: Infants, Children, Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Carvi fructus</i> Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic relief of digestive disorders such as bloating and flatulence.	Herbal substance As defined in the Ph. Eur. monograph Herbal preparations Comminuted herbal substance	Herbal substance or comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Caryophylii floris aetheroleum</i> Monograph Assessment report	Mouth and throat disorders	For the symptomatic treatment of minor inflammations in the mouth or the throat.	Herbal preparation Essential oil obtained by steam distillation from the dried flower buds of <i>Syzygium aromaticum</i> (L.) Merill et L. M. Perry	Herbal preparations in liquid dosage forms for dental and oromucosal use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Caryophylii floris aetheroleum Monograph Assessment report	Mouth and throat disorders	For the temporary relief of toothache due to a dental cavity.	Herbal preparation Essential oil obtained by steam distillation from the dried flower buds of <i>Syzygium aromaticum</i> (L.) Merill et L. M. Perry	Herbal preparations in liquid dosage forms for dental and oromucosal use.	Adults	The use is not recommended due to lack of adequate data.
Centaurii herba Monograph Assessment report	Gastro-intestinal disorders	Used in mild dyspeptic/gastrointestinal disorders.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Liquid extract (1:1; ethanol 25% (V/V)) - Tincture (1:5; ethanol 70% (V/V)) - Soft extract (1:10; water)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Centaurii herba Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Liquid extract (1:1; ethanol 25% (V/V)) - Tincture (1:5; ethanol 70% (V/V)) - Soft extract (1:10; water)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Chamomillae romanae flos Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic treatment of mild, spasmodic gastrointestinal complaints including bloating and flatulence.	Herbal substance As defined in the Ph. Eur. monograph Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 70% (V/V)	Herbal substance and comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Cichorii intybi radix Monograph Assessment report	Gastro-intestinal disorders Loss of appetite	For the relief of symptoms related to mild digestive disorders (such as feeling of abdominal fullness, flatulence and slow digestion) and temporary loss of appetite.	Herbal preparations Comminuted herbal substance.	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Cinnamomi corticis aetheroleum Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	Herbal preparations Essential oil obtained by steam distillation from the cortex	Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Cinnamomi cortex Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 70% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Cinnamomi cortex Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic treatment of mild diarrhoea.	Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 70% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Colae semen</i> Monograph Assessment report	Fatigue and weakness	For symptoms of temporary fatigue and sensation of weakness.	Herbal preparations - Powdered herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 60% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 60% (V/V)	Powdered herbal substance in solid dosage forms for oral use. Powdered herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<i>Crataegi folium cum flore</i> Monograph Assessment report	Circulatory disorders	Used to relieve symptoms of temporary nervous cardiac complaints (e.g. palpitations, perceived extra heart beat due to mild anxiety) after serious conditions have been excluded by a medical doctor.	Herbal preparations a) Comminuted herbal substance b) Powdered herbal substance c) Dry extract (DER 4-7:1), extraction solvent: methanol 70% V/V d) Dry extract (DER 4-7.1:1), extraction solvent: ethanol 45-70% V/V e) Liquid extract (DER 1:0.9-1.1), extraction solvent: ethanol 45% V/V f) Liquid extract (DER 1:2), extraction solvent: ethanol 45% V/V g) Liquid extract (DER 1:19.2-20), extraction solvent: sweet wine h) Expressed juice from the fresh leaves and flowers (DER 1:0.63-0.9) i) Expressed juice from the fresh leaves and flowers (DER 1:0.9-1.1) j) Tincture (DER 1:3.5-4.5), extraction solvent: ethanol 35% V/V	Comminuted herbal substance as herbal tea for oral use. Powdered herbal substance in solid dosage forms for oral use. Herbal preparations e) to j) in liquid dosage forms for oral use. Herbal preparations c), d) and k) in solid or liquid dosage forms for oral use.	Adults	The use is not recommended because of concerns requiring medical advice.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Crataegi folium cum flore</i> Monograph Assessment report	Sleep disorders	For relief of mild symptoms of mental stress and to aid sleep.	Herbal preparations a) Comminuted herbal substance k) Dry extract (DER 4-5:1), extraction solvent: water	Comminuted herbal substance as herbal tea for oral use. Herbal preparations k) in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Curcumae longae rhizoma</i> Monograph Assessment report	Gastro-intestinal disorders	Used for the relief of digestive disturbances, such as feelings of fullness, slow digestion and flatulence.	Herbal preparations a) Powdered herbal substance b) Comminuted herbal substance c) Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 70% (V/V) d) Dry extract (DER 13-25:1), extraction solvent ethanol 96% (V/V) e) Dry extract (DER 5.5-6.5:1), extraction solvent ethanol 50% (V/V) f) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.
<i>Curcumae xanthorrhizae rhizoma</i> Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of digestive disturbances, such as feelings of fullness, slow digestion and flatulence.	Herbal preparations - Comminuted herbal substance - Dry extract (DER 20-50:1), extraction Solvent ethanol 96% (v/v) - Dry extract (DER 9-12:1), extraction solvent acetone	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Cynarae folium Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic relief of digestive disorders such as dyspepsia with a sensation of fullness, bloating and flatulence.	Herbal preparations a) Comminuted dried leaves for herbal tea b) Powdered dried leaves c) Dry extract of dried leaves (DER 2.5-7.5:1), extraction solvent water d) Dry extract of fresh leaves (DER 15-35:1), extraction solvent water e) Soft extract of fresh leaves (DER 15-30:1), extraction solvent water f) Soft extract of dried leaves (DER 2.5-3.5:1), extraction solvent ethanol 20% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage form for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Echinaceae angustifoliae radix Monograph Assessment report	Cough and cold	For supportive treatment of common cold.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 45% (V/V) - Liquid extract (DER 1:1), extraction solvent: ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use. Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Echinaceae pallidae radix Monograph Assessment report	Cough and cold	For the relief of symptoms of common cold.	Herbal preparations a) Dry extract (DER 4-8:1), extraction solvent: ethanol 50% (V/V) b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 50% (V/V)	Solid or liquid dosage forms for oral and oromucosal use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Echinaceae purpureae herba Monograph Assessment report	Skin disorders and minor wounds	For treatment of small superficial wounds.	Herbal preparation - Expressed juice - Dried expressed juice	Semi-solid or liquid dosage form for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Echinaceae purpureae radix Monograph Assessment report	Cough and cold	For the relief of symptoms of common cold.	Herbal preparation - Dry extract (DER 5.5-7.5:1), extraction solvent ethanol 45% (V/V)	Solid dosage form for oral and oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Echinaceae purpureae radix Monograph Assessment report	Skin disorders and minor wounds	For the relief of spots and pimples due to mild acne	Herbal preparation - Dry extract (DER 4:1); extraction solvent water	Solid dosage form for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Eleutherococci radix Monograph Assessment report	Fatigue and weakness	For symptoms of asthenia such as fatigue and weakness.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Liquid extract (1:1, ethanol 30-40% (V/V)) - Dry extract (13-25:1, ethanol 28-40% (V/V)) - Dry extract (17-30:1, ethanol 70% (V/V)) - Dry aqueous extract (15-17:1) - Tincture (1:5, ethanol 40% (V/V)) - Liquid extract (1:11), extraction solvent sweet wine - Liquid extract (1:20), extraction solvent sweet wine	Comminuted herbal substance as herbal tea for oral use. Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Epilobii herba Monograph Assessment report	Urinary tract and genital disorders	For the relief of lower urinary tract symptoms related to benign prostatic hyperplasia after serious conditions have been excluded by a medical doctor.	Herbal preparation - Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The indication is not relevant to children and adolescents.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Equiseti herba Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparations a) Comminuted herbal substance b) Expressed juice from fresh herbal substance (DER 1:1.6-2.0) c) Liquid extract from fresh herbal substance (DER 1:9), extraction solvent: water d) Dry extract (DER 4-7:1) extraction solvent: water e) Liquid extract (DER 1:5), extraction solvent: ethanol 96% (V/V) : water : sweet wine 16.5% (V/V) (16.5:13.5:70) (m/m) f) Liquid extract (DER 1:4.5-5.0) extraction solvent: sweet wine 16% (V/V):ethanol 96% (V/V) (91:9) (m/m) g) Liquid extract (DER 1:1) extraction solvent: 25% ethanol h)Liquid extract (DER 1:4-5), extraction solvent: ethanol 31.5% (V/V) i) Dry extract (DER 7.5-10.5:1) extraction solvent: ethanol 70% (V/V)	Comminuted herbal substance as herbal tea or in solid dosage forms for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Equiseti herba Monograph Assessment report		For supportive treatment of superficial wounds.	Herbal preparations a) Comminuted herbal substance b) Expressed juice from fresh herbal substance (DER 1:1.6-2.0)	Comminuted herbal substance for infusion or decoction preparation for cutaneous use. Herbal preparations in liquid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Eschscholziae herba Monograph Assessment report	Mental stress & mood disorders	For relief of mild symptoms of mental stress	Herbal preparation Powdered herbal substance	Powdered herbal substance in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Eschscholziae herba</i> Monograph Assessment report	Sleep disorders & temporary insomnia	Used to aid sleep.	Herbal preparation Powdered herbal substance	Powdered herbal substance in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<i>Eucalypti aetheroleum</i> Monograph Assessment report	Cough and cold	For relief of cough associated with cold.	Herbal preparation Essential oil	Herbal preparation in solid or liquid dosage forms for oral use . Herbal preparations in liquid dosage forms for inhalation or as bath additives. Herbal preparations in liquid or semi-solid dosage forms for cutaneous use.	Oral use: Adolescents Adults. Cutaneous use; Inhalation; Use as bath additive: Children older than 4 years Adolescents Adults	Children younger than 30 months: the use is contraindicated because there is a risk that 1,8-cineole containing preparations, can induce laryngospasm. Children older than 30 months: the use is not recommended due to lack of adequate data.
<i>Eucalypti aetheroleum</i> Monograph Assessment report	Pain and inflammation	For the symptomatic relief of localised muscle pain	Herbal preparation Essential oil	Herbal preparations in liquid dosage forms as bath additives. Herbal preparations in liquid or semi-solid dosage forms for cutaneous use.	Children older than 4 years Adolescents Adults	Children younger than 30 months: the use is contraindicated because there is a risk that 1,8-cineole containing preparations, can induce laryngospasm. Children older than 30 months: the use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Filipendulae ulmariae flos Monograph Assessment report	Cough and cold	For the supportive treatment of common cold.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Filipendulae ulmariae flos Monograph Assessment report	Pain and inflammation	For the relief of minor articular pain.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Filipendulae ulmariae herba Monograph Assessment report	Cough and cold	For the supportive treatment of common cold.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use. Powdered herbal substance in solid dosage forms for oral use. Herbal preparation in liquid dosage form for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Filipendulae ulmariae herba Monograph Assessment report	Pain and inflammation	For the relief of minor articular pain.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use. Powdered herbal substance in solid dosage forms for oral use. Herbal preparation in liquid dosage form for oral use.	Adults	The use is not recommended due to lack of adequate data.
Foeniculi amari fructus Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	Herbal substance Dried fennel, bitter Herbal preparation Dried fennel, bitter, comminuted	Herbal tea for oral use.	Children older than 4 years Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
Foeniculi amari fructus Monograph Assessment report	Urinary tract and genital disorders	For symptomatic treatment of minor spasm associated with menstrual periods.	Herbal substance Dried fennel, bitter Herbal preparation Dried fennel, bitter, comminuted	Herbal tea for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data and because medical advice should be sought.
Foeniculi amari fructus Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal substance Dried fennel, bitter Herbal preparation Dried fennel, bitter, comminuted	Herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Foeniculi amari fructus aetheroleum Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal preparation <i>Foeniculum vulgare</i> Miller subsp. <i>vulgare</i> var. <i>vulgare</i> , aetheroleum (Bitter fennel fruit, oil)	Solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Foeniculi dulcis fructus Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating, and flatulence.	Herbal substance Dried fennel, sweet Herbal preparation Dried fennel, sweet, comminuted	Solid dosage forms or as herbal tea for oral use.	Children older than 4 years Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
Foeniculi dulcis fructus Monograph Assessment report	Urinary tract and genital disorders	For symptomatic treatment of minor spasm associated with menstrual periods.	Herbal substance Dried fennel, sweet Herbal preparation Dried fennel, sweet, comminuted	Solid dosage forms or as herbal tea for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data and because medical advice should be sought.
Foeniculi dulcis fructus Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal substance Dried fennel, sweet Herbal preparation Dried fennel, sweet, comminuted	Solid dosage forms or as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
Fragariae folium Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Fragariae folium Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild diarrhoea.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Fraxini folium Monograph Assessment report	Pain and inflammation	For relief of minor articular pain.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Fraxini folium Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Fucus vesiculosus thallus Monograph Assessment report	Gastro-intestinal disorders	Used as an adjuvant to reduced calorie diet to help weight loss in overweight adults.	Herbal preparations Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended because of concerns requiring medical advice.
Fumariae herba Monograph Assessment report	Gastro-intestinal disorders	Used to increase bile flow for the relief of symptoms of indigestion (such as sensation of fullness, flatulence and slow digestion).	Herbal preparations <ul style="list-style-type: none"> - Comminuted herbal substance - Powdered herbal substance - Dry extract (DER 3.5-5:1), extraction solvent water - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) - Juice of the fresh plant 	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Gentianae radix Monograph Assessment report	Gastro-intestinal disorders	Used in mild dyspeptic/gastrointestinal disorders.	Herbal preparations a) Comminuted herbal substance b) Dry extract (DER 4.5-5.5:1), extraction solvent ethanol 53% (V/V) c) Liquid extract (DER 1:1), extraction solvent ethanol 45% (V/V) d) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.
Gentianae radix Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal preparations a) Comminuted herbal substance b) Dry extract (DER 4.5-5.5:1), extraction solvent ethanol 53% (V/V) c) Liquid extract (DER 1:1), extraction solvent ethanol 45% (V/V) d) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.
Ginkgo folium Monograph Assessment report	Circulatory disorders	For the relief of heaviness of legs and the sensation of cold hands and feet associated with minor circulatory disorders, after serious conditions have been excluded by a medical doctor.	Herbal preparations Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Ginseng radix Monograph Assessment report	Fatigue and weakness	For symptoms of asthenia such as fatigue and weakness.	Herbal preparations White ginseng: a) Comminuted herbal substance b) Powdered herbal substance c) Dry extract (DER 2-7:1), extraction solvent ethanol 34-40% V/V d) Dry extract(DER 3-7:1),extraction solvent ethanol 40% V/V, containing 4% ginsenosides (sum of Rb1, Rb2, Rc, Rd,Re,Rf,Rg1, Rg2) e) Dry extract (DER 3-7:1), extraction solvent ethanol 57.9% V/V (=50% m/m)-60% V/V f) Dry extract (DER 3.3-5:1), extraction solvent methanol 60% V/V g) Soft extract (DER 1.7-3.2:1), extraction solvent ethanol 60%-70% V/V h) Soft extract (DER 2 -6:1), extraction solvent methanol 30% V/V i) Liquid extract (DER 1:0.8-1.2),extraction solvent ethanol 30.5% V/V (=25% m/m)-34% V/V j) Liquid extract (DER 1:11-13.6), extraction solvent liquor wine Red ginseng: a) Powdered herbal substance b) Dry extract (DER 2-4.5:1), extraction solvent ethanol 60% V/V	Comminuted herbal substance (herbal preparation a) as herbal tea for oral use. Herbal preparations f, k, l in solid dosage forms for oral use. Herbal preparations g, h, i, j in liquid dosage forms for oral use. Herbal preparation b, c, d, e in solid and liquid dosage forms.	Adults Elderly	The use is not recommended due to lack of adequate data.
Hamamelidis cortex Monograph Assessment report	Skin disorders and minor wounds	For relief of minor skin inflammation and dryness of the skin.	Herbal preparations - Dried comminuted herbal substance - Tincture (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) - Dry extract (DER 5-7.7:1), extraction solvent ethanol 30% m/m	Herbal preparations in semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Hamamelidis cortex Monograph Assessment report	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids.	Herbal preparations - Dried comminuted herbal substance - Tincture (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) - Dry extract (DER 5-7.7:1), extraction solvent ethanol 30% m/m	Comminuted herbal substance for decoction for anorectal use. Herbal preparations in semi-solid or liquid dosage forms for anorectal use. Herbal preparations in solid dosage forms for rectal use.	Adults	The use is not recommended due to lack of adequate data.
Hamamelidis cortex Monograph Assessment report	Mouth and throat disorders	Used as a mouthwash and gargles for relief of minor inflammation of mucous membranes of the oral cavity.	Herbal preparations - Dried comminuted herbal substance - Tincture (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) - Dry extract (DER 5-7.7:1), extraction solvent ethanol 30% m/m	Comminuted herbal substance for decoction for oromucosal use. Herbal preparations in liquid dosage forms for oromucosal use.	Adults	The use is not recommended due to lack of adequate data.
Hamamelidis folium Monograph Assessment report	Skin disorders and minor wounds	For relief of minor skin inflammation and dryness of the skin.	Herbal preparations - Distillate prepared from fresh leaves and bark (1:1.12-2.08; ethanol 6% m/m) - Distillate prepared from dried twigs (1:2; ethanol 14-15%)	Herbal preparations in semisolid or liquid dosage forms for cutaneous, use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Hamamelidis folium</i> Monograph Assessment report	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids.	Herbal preparations - Distillate prepared from fresh leaves and bark (1:1.12-2.08; ethanol 6% m/m) - Distillate prepared from dried twigs (1:2; ethanol 14-15%)	Herbal preparations in semisolid or liquid dosage forms for anorectal use. Herbal preparations in solid dosage forms for rectal use.	Adults	The use is not recommended due to lack of adequate data.
<i>Hamamelidis folium</i> Monograph Assessment report	Mouth and throat disorders	Used as a mouthwash and gargles for relief of minor inflammation of mucous membranes of the oral cavity.	Herbal preparations - Dried comminuted herbal substance - Tincture (fresh leaves) (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) - Liquid extract (fresh leaves) (DER 1:1), extraction solvent ethanol 45% (V/V) - Liquid extract (DER 1:1), extraction solvent ethanol 30% m/m - Liquid extract (DER 1:2), extraction solvent ethanol 60% (V/V)	For decoction for oromucosal use. Herbal preparations in semisolid or liquid dosage forms for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Hamamelidis folium et cortex aut ramunculus destillatum</i> Monograph Assessment report	Skin disorders and minor wounds	For relief of minor skin inflammation and dryness of the skin.	Herbal preparations - Dried comminuted herbal substance - Tincture (fresh leaves) (Ratio of herbal substance to extraction solvent 1:10, extraction solvent ethanol 45% (V/V) - Liquid extract (fresh leaves) (DER 1:1), extraction solvent ethanol 45% (V/V) - Liquid extract (DER 1:1), extraction solvent ethanol 30% m/m - Liquid extract (DER 1:2), extraction solvent ethanol 60% (V/V)	Herbal preparations in semisolid or liquid dosage forms for cutaneous use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Hamamelidis folium et cortex aut ramunculus destillatum Monograph Assessment report	Eye discomfort	Used for the temporary relief of eye discomfort due to dryness of the eye or to exposure to wind or sun.	Herbal preparations - Dried comminuted herbal substance - Tincture (fresh leaves) (Ratio of herbal substance to extraction solvent 1:10, extraction solvent ethanol 45% (V/V) - Liquid extract (fresh leaves) (DER 1:1), extraction solvent ethanol 45% (V/V) - Liquid extract (DER 1:1), extraction solvent ethanol 30% m/m - Liquid extract (DER 1:2), extraction solvent ethanol 60% (V/V)	Liquid dosage forms for ocular use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Harpagophyt radix Monograph Assessment report	Pain and inflammation	For relief of minor articular pain.	Herbal preparations a) Comminuted herbal substance b) Powdered herbal substance c) Liquid extract (DER 1:1), extraction solvent ethanol 30% V/V d) Soft extract (DER 2.5-4.0:1), extraction solvent ethanol 70% V/V e) Dry extract (DER 1.5-2.5:1), extraction solvent water f) Dry extract (DER 5-10:1), extraction solvent water g) Dry extract (DER 2.6-4:1), extraction solvent ethanol 30% V/V h) Dry extract (DER 1.5-2.1:1), extraction solvent ethanol 40% V/V i) Dry extract (DER 3-5:1), extraction solvent ethanol 60% V/V j) Dry extract (DER 3-6:1), extraction solvent ethanol 80% V/V k) Dry extract (DER 6-12:1), extraction solvent ethanol 90% V/V l) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate experience.
Harpagophyt radix Monograph Assessment report	Gastro-intestinal disorders	For the relief of mild digestive disorders such as bloating and flatulence and where there is loss of appetite.	Herbal preparations a) Comminuted herbal substance d) Soft extract (DER 2.5-4.0:1), extraction solvent ethanol 70% V/V e) Dry extract (DER 1.5-2.5:1), extraction solvent water g) Dry extract (DER 2.6-4:1), extraction solvent ethanol 30% V/V i) Dry extract (DER 3-5:1), extraction solvent ethanol 60% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate experience.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Helichrysi flos</i> Monograph Assessment report	Gastro-intestinal disorders	Used in digestive disorders with a feeling of fullness and bloating.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<i>Herniariae herba</i> Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.
<i>Hippocastani cortex</i> Monograph Assessment report	Circulatory disorders	For relief of symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	Herbal preparations Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<i>Hippocastani cortex</i> Monograph Assessment report	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids, after serious conditions have been excluded by a medical doctor.	Herbal preparations Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Hippocastani semen Monograph Assessment report	Circulatory disorders	Used to relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	Herbal preparations a) Dry extract corresponding to a specified amount of triterpene glycosides, calculated as protoescigenin, extraction solvent ethanol 25-50% (V/V) b) Liquid extract (DER 1:3.5-5), extraction solvent ethanol 50% (V/V)) c) Dry extract (DER 5-10:1), extraction solvent methanol 80% (V/V) d) Dry extract (DER 5-8:1), extraction solvent methanol 80% (V/V) e) Dry extract (DER 4.5-5.5:1), extraction solvent ethanol 50% (V/V) f) Dry extract (DER 5-7:1), extraction solvent ethanol 60% (V/V) g) Liquid extract (DER 1:1.5-2.5), extraction solvent ethanol 55% V/V h) Liquid extract (DER 1:2), extraction solvent ethanol 19% m/m i) Dry extract (DER 3-6:1), extraction solvent water	Herbal preparations in semi-solid dosage forms for cutaneous use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults Elderly	The use is not recommended because of concerns requiring medical advice.
Hippocastani semen Monograph Assessment report	Circulatory disorders	For relief of signs of bruises, such as local oedema and haematoma.	Herbal preparations a) Dry extract corresponding to a specified amount of triterpene glycosides, calculated as protoescigenin, extraction solvent ethanol 25-50% (V/V) b) Liquid extract (DER 1:3.5-5), extraction solvent ethanol 50% ethanol (V/V) c) Dry extract (DER 5-10:1), extraction solvent methanol 80% (V/V) d) Dry extract (DER 5-8:1), extraction solvent methanol 80% (V/V) e) Dry extract (DER 4.5-5.5:1), extraction solvent ethanol 50% (V/V) f) Dry extract (DER 5-7:1), extraction solvent ethanol 60% (V/V) g) Liquid extract (DER 1:1.5-2.5), extraction solvent ethanol 55% V/V h) Liquid extract (DER 1:2), extraction solvent ethanol 19% m/m i) Dry extract (DER 3-6:1), extraction solvent water	Herbal preparations in semi-solid dosage forms for cutaneous use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults Elderly	The use is not recommended in the absence of sufficient safety data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Hyperici herba Monograph Assessment report	Mental stress and mood disorders	For the relief of temporary mental exhaustion.	Herbal preparations a) Dry extract (DER 4-7:1), extraction solvent ethanol 38% (m/m) = 45% V/V c) Liquid extract (DER 1:13), extraction solvent maize oil or other suitable vegetable oil d) Tincture (ratio herbal substance: extraction solvent 1:5), extraction solvent ethanol 50-70% (V/V) e) Tincture (ratio herbal substance: extraction solvent 1:10), extraction solvent ethanol 45-50% (V/V) f) Liquid extract (DER 1:2-7), extraction solvent ethanol 50% (V/V) g) Liquid extract from fresh herb (DER 1:1), extraction solvent ethanol 96% (V/V) h) Expressed juice from the fresh herb (DER 1:0.5-0.9) j) Comminuted herbal substance k) Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparations a), k) in solid dosage forms for oral use. Herbal preparations c), d), e), f), g), h) in liquid dosage forms for oral use.	Adults Elderly	The use is not recommended since no sufficient data are available.
Hyperici herba Monograph Assessment report	Mental stress and mood disorders	For the supportive treatment of nervous restlessness and associated with difficulties in falling asleep.	Herbal preparations j) Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults Elderly	The use is not recommended since no sufficient data are available.
Hyperici herba Monograph Assessment report	Skin disorders and minor wounds	For the symptomatic treatment of minor inflammations of the skin (such as sunburn) and as an aid in healing of minor wounds.	Herbal preparations b) Liquid extract (DER 1:4-20), extraction solvent vegetable oil d) Tincture (ratio herbal substance: extraction solvent 1:5), extraction solvent ethanol 50-70% (V/V) e) Tincture (ratio herbal substance: extraction solvent 1:10), extraction solvent ethanol 45-50% (V/V) j) Comminuted herbal substance	Comminuted herbal substance for infusion preparation for cutaneous use. Herbal preparations in liquid or semi-solid dosage forms for cutaneous use.	Adolescents Adults Elderly	The use is not recommended since no data on the safe use in children are available.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Hyperici herba Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic relief of mild gastrointestinal discomfort.	Herbal preparations i) Stabilised expressed juice from fresh herb: the fresh herb is first stabilised over a boiling ethanol, then pressed and adjusted with water to a DER of 1:1. j) Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use.	Adults Elderly	The use is not recommended since no sufficient data are available.
Juglandis folium Monograph Assessment report	Skin disorders and minor wounds	For the relief of minor inflammatory conditions of the skin.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance for decoction preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
Juglandis folium Monograph Assessment report	Skin disorders and minor wounds	Used in excessive perspiration of hands and feet.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance for decoction preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
Juniperi aetheroleum Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	Herbal preparations Essential oil obtained by steam distillation from the ripe, non-fermented berry cones	Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Juniperi aetheroleum Monograph Assessment report	Gastro-intestinal disorders	For symptomatic relief of digestive disorders such as dyspepsia and flatulence.	Herbal preparations Essential oil obtained by steam distillation from the ripe, non-fermented berry cones	Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Juniperi aetheroleum</i> Monograph Assessment report	Pain and inflammation	Used as adjuvant in the relief of minor muscular and articular pain.	Herbal preparations Essential oil obtained by steam distillation from the ripe, non-fermented berry cones	Herbal preparation in liquid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Juniperi galbulus</i> Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	Herbal substance Cone berries Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:1) with 25% ethanol (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) - Soft extract (DER 1.7-1.8:1), extraction solvent water	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal substance or herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<i>Juniperi galbulus</i> Monograph Assessment report	Gastro-intestinal disorders	For symptomatic relief of digestive disorders such as dyspepsia and flatulence	Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:1) with 25% ethanol (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal substance or herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<i>Lavandulae aetheroleum</i> Monograph Assessment report	Mental stress and mood disorders	For relief of mild symptoms of mental stress and exhaustion and to aid sleep.	Herbal preparations Essential oil obtained by steam distillation from the flowering tops of <i>Lavandula angustifolia</i> Miller	Herbal preparation in liquid dosage form for oral use and as a bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Lavandulae aetheroleum Monograph Assessment report	Sleep disorders and temporary insomnia	For relief of mild symptoms of mental stress and exhaustion and to aid sleep.	Herbal preparations Essential oil obtained by steam distillation from the flowering tops of <i>Lavandula angustifolia</i> Miller	Herbal preparation in liquid dosage form for oral use and as a bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Lavandulae flos Monograph Assessment report	Mental stress and mood disorders	For relief of mild symptoms of mental stress and exhaustion and to aid sleep.	Herbal substance As defined in the Ph. Eur. monograph Herbal preparations - Comminuted herbal substance - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 50-60% (V/V)	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage form for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Lavandulae flos Monograph Assessment report	Sleep disorders and temporary insomnia	For relief of mild symptoms of mental stress and exhaustion and to aid sleep.	Herbal substance As defined in the Ph. Eur. monograph Herbal preparations - Comminuted herbal substance - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 50-60% (V/V)	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage form for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Lecithinum ex soya Monograph Assessment report	Fatigue and weakness	For the relief of temporary fatigue and sensation of weakness.	Herbal preparations Soya-bean lecithin (de-oiled phospholipids from soya bean)	Liquid or solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Leonuri cardiacae herba Monograph Assessment report	Mental stress and mood disorders	Used to relieve symptoms of nervous tension.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Tinctures and liquid extract in liquid dosage forms for oral use. Powdered herbal substance for oral use. Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Leonuri cardiacae herba Monograph Assessment report	Circulatory disorders	Used to relieve symptoms of nervous cardiac complaints such as palpitations, after serious conditions have been excluded by a medical doctor.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Tinctures and liquid extract in liquid dosage forms for oral use. Powdered herbal substance for oral use. Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Lichen islandicus Monograph Assessment report	Mouth and throat disorders	Used as a demulcent for the symptomatic treatment of oral or pharyngeal irritation	Herbal preparations a) Comminuted herbal substance b) Soft extract (DER 2-4:1), extraction solvent water c) Soft extract (DER 0.4-0.8:1), extraction solvent water d) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 40% V/V	Comminuted herbal substance as herbal tea for oral use (a). Herbal preparations in liquid form for oral use (d). Herbal preparations in solid dosage forms for oromucosal use (b,c).	Preparation a): Adolescents Adults Preparation d): Adults Preparations b),c): Children older than 6 years Adolescents Adults	a, d: The use is not recommended due to lack of adequate data. b, c: The use is not recommended because of the pharmaceutical form(solid dosage form).
Lichen islandicus Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Lini semen Monograph Assessment report	Gastro-intestinal disorders	For use as a demulcent preparation for the symptomatic relief of mild gastrointestinal discomfort.	Herbal substance As defined in the Ph. Eur. monograph	Herbal substance for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
Lupuli flos Monograph Assessment report	Mental stress and mood disorders	For relief of mild symptoms of mental stress.	Herbal preparations - Comminuted herbal substance - Powered herbal substance - Liquid extract (1:1) extraction solvent ethanol/water 45% (V/V) - Liquid extract (1:10) extraction solvent sweet wine - Tincture (1:5) extraction solvent ethanol 60% (V/V) - Dry extract (4-5:1) extraction solvent methanol 50 % V/V	Comminuted herbal substance as herbal tea for oral use. Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Lupuli flos Monograph Assessment report	Sleep disorders and temporary insomnia	Used to aid sleep.	Herbal preparations - Comminuted herbal substance - Powered herbal substance - Liquid extract (1:1) extraction solvent ethanol/water 45% (V/V) - Liquid extract (1:10) extraction solvent sweet wine - Tincture (1:5) extraction solvent ethanol 60% (V/V) - Dry extract (4-5:1) extraction solvent methanol 50 % V/V	Comminuted herbal substance as herbal tea for oral use. Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Malvae folium Monograph Assessment report	Cough and cold	Used as a demulcent preparation for the symptomatic treatment of oral or pharyngeal irritation and associated dry cough.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance for infusion or decoction preparation for oromucosal use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Malvae folium Monograph Assessment report	Gastro-intestinal disorders	Used as a demulcent preparation for the symptomatic relief of mild gastrointestinal discomfort.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use. Comminuted herbal substance for infusion or decoction preparation for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Malvae sylvestris flos Monograph Assessment report	Cough and cold	Used as a demulcent preparation for the symptomatic treatment of oral or pharyngeal irritation and associated dry cough.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance for infusion or decoction preparation for oromucosal use	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Malvae sylvestris flos</i> Monograph Assessment report	Gastro-intestinal disorders	Used as a demulcent preparation for the symptomatic relief of mild gastrointestinal discomfort.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use. Comminuted herbal substance for infusion or decoction preparation for oral use	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
<i>Marrubii herba</i> Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Expressed juice (DER 1:0.70-0.90) - Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 20-30% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Marrubii herba</i> Monograph Assessment report	Gastro-intestinal disorders	Used for symptomatic treatment of mild dyspeptic complaints such as bloating and flatulence.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Expressed juice (DER 1:0.70-0.90) - Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 20-30% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Marrubii herba Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Expressed juice (DER 1:0.70-0.90) - Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 20-30% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Mate folium Monograph Assessment report	Fatigue and weakness	For symptoms of fatigue and sensation of weakness.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Mate folium Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Matricariae flos Monograph Assessment report	Gastrointestinal disorders	For the symptomatic treatment of minor gastro-intestinal complaints such as bloating and minor spasms.	Herbal preparations a) Comminuted herbal substance b) Liquid extract (DER 1:1), extraction solvent ethanol 96% V/V: water : ammonia solution 10% m/m (50:47.5:2.5) d) Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1) ³ e) Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) g) Liquid extract (DER 1:1.7-2.6), extraction solvent ethanol 48% V/V i) Liquid extract (DER 1:2), extraction solvent ethanol 70% V/V j) Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k) Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l) Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Preparation a Infants from 6 months Children Adolescents Adults Preparations e,g,k,l Children older than 6 years Adolescents Adults Preparations b,d,i,j Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Matricariae flos Monograph Assessment report	Cough and cold	For the relief of symptoms of common cold.	Herbal preparations a) Comminuted herbal substance d) Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1) e) Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) g) Liquid extract (DER 1:1.7-2.6), extraction solvent ethanol 48% V/V h) Liquid extract (DER 1:1), extraction solvent ethanol 55% V/V j) Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k) Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l) Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide)	Herbal substance or comminuted herbal substance as herbal tea for oral use and inhalation. Herbal preparations in liquid dosage forms for preparation of dilutions for steam inhalation.	Preparation h: Children older than 6 years Adolescents Adults Preparations a,d,e,g,j,k,l: Adolescents Adults	The use is not recommended due to lack of adequate data.
Matricariae flos Monograph Assessment report	Mouth and throat disorders	For the treatment of minor ulcers and inflammations of the mouth and throat.	Herbal preparations a) Comminuted herbal substance c) Liquid Extract (DER 1:4.3-5.7), extraction solvent ethanol 96% V/V : water : ammonia solution 10% m/m (50:47.5:2.5) d) Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1) e) Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) h) Liquid extract (DER 1:1), extraction solvent ethanol 55% V/V i) Liquid extract (DER 1:2), extraction solvent ethanol 70% V/V j) Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k) Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l) Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide)	Herbal substance or comminuted herbal substance for infusion preparation for oromucosal use. Herbal preparations in liquid dosage forms for preparation of dilutions for oromucosal use.	Preparations a, h: Children older than 6 years Adolescents Adults Preparations c,d,e,i,j,k,l: Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Matricariae flos Monograph Assessment report	Skin disorders & minor wounds	For adjuvant therapy of irritations of skin and mucosae in the anal and genital region, after serious conditions have been excluded by a medical doctor.	Herbal preparations a) Commинuted herbal substance d) Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1) e) Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) g) Liquid extract (DER 1:1.7-2.6), extraction solvent ethanol 48% V/V h) Liquid extract (DER 1:1), extraction solvent ethanol 55% V/V j) Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k) Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l) Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide) m) Liquid extract (DER 2.7-5.5:1), extraction solvent ethanol 95.4% V/V (containing 0.22% sodium acetate, 0.12% sodium hydroxide) n) Dry extract (DER 11-16:1), extraction solvent ethanol 95.4% V/V (containing 0.22% sodium acetate, 0.12% sodium hydroxide) o) Liquid extract (DER 1:2.0-2.8), extraction solvent propan-2-ol 48% V/V	Herbal preparations in semi-solid dosage forms for cutaneous use. Herbal preparations in liquid dosage forms for use as bath additives.	Preparations m,o: Infants from 4 weeks Children Adolescents Adults Preparations a,d,e,g,h,j,k,l,n : Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Matricariae flos Monograph Assessment report	Skin disorders & minor wounds	For the treatment of minor inflammation of the skin (sunburn) and superficial wounds and small boils (furuncles).	Herbal preparations a) Comminuted herbal substance c) Liquid Extract (DER 1:4.3-5.7), extraction solvent ethanol 96% V/V : water : ammonia solution 10% m/m (50:47.5:2.5) ³ d) Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1) ³ e) Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) f) Dry extract (DER 4-7:1), extraction solvent ethanol 50% m/m g) Liquid extract (DER 1:1.7-2.6), extraction solvent ethanol 48% V/V i) Liquid extract (DER 1:2), extraction solvent ethanol 70% V/V j) Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k) Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l) Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide) m) Liquid extract (DER 2.7-5.5:1), extraction solvent ethanol 95.4% V/V (containing 0.22% sodium acetate, 0.12% sodium hydroxide) n) Dry extract (DER 11-16:1), extraction solvent ethanol 95.4% V/V (containing 0.22% sodium acetate, 0.12% sodium hydroxide) o) Liquid extract (DER 1:2.0-2.8), extraction solvent propan-2-ol 48% V/V	Herbal preparations in semi-solid dosage forms for cutaneous use. Herbal preparations in liquid dosage forms for use as bath additives.	Preparations m,o: Infants from 4 weeks Children Adolescents Adults Preparations a,c,d,e,f,g,i,j,k,l,n: Adolescents Adults	The use is not recommended due to lack of adequate data.
Matricariae aetheroleum Monograph Assessment report	Skin disorders & minor wounds	For adjuvant therapy of irritations of skin and mucosae in the anal and genital region, after serious conditions have been excluded by a medical doctor.	Herbal preparation Essential oil	Herbal preparations in liquid dosage forms for use as a bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Melaleucae alternifoliae aetheroleum Monograph Assessment report	Skin disorders & minor wounds	For treatment of small superficial wounds and insect bites.	Herbal preparation Essential oil	Herbal preparation in liquid and semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Melaleucae alternifoliae aetheroleum Monograph Assessment report	Skin disorders & minor wounds	For treatment of small boils (furuncles and mild acne).	Herbal preparation Essential oil	Herbal preparation in liquid and semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Melaleucae alternifoliae aetheroleum Monograph Assessment report	Skin disorders & minor wounds	For the relief of itching and irritation in cases of mild athlete's foot.	Herbal preparation Essential oil	Herbal preparation in liquid and semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Melaleucae alternifoliae aetheroleum Monograph Assessment report	Mouth and throat disorders	For symptomatic treatment of minor inflammation of the oral mucosa	Herbal preparation Essential oil	Herbal preparation in liquid dosage form for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Meliloti herba Monograph Assessment report	Circulatory disorders	Used to relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	Herbal preparation - Comminuted herbal substance - Powdered herbal substance	Comminuted herbal substance as herbal tea, infusion, for oral use. Herbal substance in solid dosage forms for oral use	Adults	The indication is not relevant to children and adolescents.
Meliloti herba Monograph Assessment report	Pain and inflammation	For the treatment of minor inflammations of the skin.	Herbal preparation Liquid extract, ratio of herbal substance to extraction solvent 1:3, extraction solvents: ethanol 70% (V/V), rapeseed oil	Semi-solid dosage forms for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
Melissae folium Monograph Assessment report	Mental stress and mood disorders	For relief of mild symptoms of mental stress.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 45-53% V/V - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45-53 % V/V - Dried water or ethanol (45-53% V/V) extracts corresponding to the tea, liquid extract and tincture above	Herbal substance or herbal preparations in solid or liquid dosage forms for oral use or as herbal tea.	Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
Melissae folium Monograph Assessment report	Sleep disorders and temporary insomnia	Used to aid sleep.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 45-53% V/V - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45-53 % V/V - Dried water or ethanol (45-53% V/V) extracts corresponding to the tea, liquid extract and tincture above	Herbal substance or herbal preparations in solid or liquid dosage forms for oral use or as herbal tea.	Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Melissae folium</i> Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild gastrointestinal complaints including bloating and flatulence.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 45-53% V/V - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45-53% V/V - Dried water or ethanol (45-53% V/V) extracts corresponding to the tea, liquid extract and tincture above	Herbal substance or herbal preparations in solid or liquid dosage forms for oral use or as herbal tea.	Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
<i>Menthae piperitae aetheroleum</i> Monograph Assessment report	Pain and inflammation	For the symptomatic relief of localised muscle pain.	Herbal preparation Essential oil	Herbal preparation in liquid or semi-solid dosage forms for cutaneous or transdermal use.	Children older than 4 years Adolescents Adults Elderly	Children younger than 2 years: the use is contraindicated. Children between 2-4 years: the use is not recommended due to lack of adequate data.
<i>Menthae piperitae aetheroleum</i> Monograph Assessment report	Skin disorders and minor wounds	For the symptomatic relief of localised pruritic conditions in intact skin.	Herbal preparation Essential oil	Herbal preparation in liquid or semi-solid dosage forms for cutaneous or transdermal use.	Children older than 4 years Adolescents Adults Elderly	Children younger than 2 years: the use is contraindicated. Children between 2-4 years: the use is not recommended due to lack of adequate data.
<i>Menthae piperitae aetheroleum</i> Monograph Assessment report	Cough and cold	For the relief of symptoms in coughs and colds.	Herbal preparation Essential oil	Herbal preparation in liquid or semi-solid dosage forms for cutaneous or transdermal use.	Adolescents Adults Elderly	Children younger than 2 years: the use is contraindicated. Children older than 2 years: the use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Menthae piperitae aetheroleum Monograph Assessment report	Cough and cold	For the relief of symptoms in coughs and colds.	Herbal preparation Essential oil	Herbal preparation in liquid dosage forms for inhalation.	Adolescents Adults Elderly	Children younger than 2 years: the use is contraindicated. Children older than 2 years: the use is not recommended due to lack of adequate data.
Menthae piperitae aetheroleum Monograph Assessment report	Cough and cold	For the relief of symptoms in coughs and colds.	Herbal preparation Essential oil	Herbal preparation in liquid or solid dosage forms for oral and oromucosal use.	Adolescents Adults Elderly	Children younger than 2 years: the use is contraindicated. Children older than 2 years: the use is not recommended due to lack of adequate data.
Menthae piperitae folium Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic relief of digestive disorders such as dyspepsia and flatulence.	Herbal substance <i>Mentha x piperita</i> L., folium (dried peppermint leaf) Herbal preparations a) Comminuted herbal substance b) Tincture (1:5; ethanol 45% (V/V)) c) Tincture (1:5; ethanol 70% (V/V))	Herbal substance and comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Children older than 4 years Adolescents Adults Elderly	Children younger than 4 years: the use is not recommended due to lack of adequate data.
Menyanthidis trifoliatae folium Monograph Assessment report	Gastro-intestinal disorders	Used for the relief of mild digestive disorders such as bloating and flatulence.	Herbal preparations a) Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Menyanthidis trifoliatae folium</i> Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal preparations a) Comminuted herbal substance b) Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.
<i>Menyanthidis trifoliatae folium</i> Monograph Assessment report	Pain and inflammation	Used for relief of minor articular and muscular pain,	Herbal preparations a) Comminuted herbal substance b) Powdered herbal substance c) Liquid extract (DER 1:1) extraction solvent ethanol 25% (V/V) d) Tincture (1:5), extraction solvent 45% ethanol (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.
<i>Millefolii flos</i> Monograph Assessment report	Loss of appetite	For temporary loss of appetite.	Herbal substance Dried inflorescence Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:5.8), extraction solvent liquor vine: ethanol 96% (V/V) (91:9 m/m)	Herbal substance and comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Millefolii flos Monograph Assessment report	Gastro-intestinal disorders	Symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	Herbal substance Dried inflorescence Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:5.8), extraction solvent liquor vine: ethanol 96% (V/V) (91:9 m/m)	Herbal substance and comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Millefolii flos Monograph Assessment report	Skin disorders and minor wounds	Treatment of small superficial wounds.	Herbal substance Dried inflorescence Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:5.8), extraction solvent liquor vine: ethanol 96% (V/V) (91:9 m/m)	Herbal substance for infusion preparation for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Millefolii flos Monograph Assessment report	Urinary tract and genital disorders	Symptomatic treatment of minor spasm associated with menstrual periods.	Herbal substance Dried inflorescence Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:5.8), extraction solvent liquor vine: ethanol 96% (V/V) (91:9 m/m)	Herbal substance and comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use.	Adolescents Adults	Prepubertal children: the indication is not relevant to this age category.
Millefolii herba Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal preparations a) Comminuted herbal substance b) Expressed juice from fresh herb (DER: 1:0.65-0.93) c) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) d) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) e) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 31.5% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Millefolii herba Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	Herbal preparations a) Comminuted herbal substance b) Expressed juice from fresh herb (DER: 1:0.65-0.93) c) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) d) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) e) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 31.5% (V/V) f) Dry extract (DER 6-9:1), extraction solvent water	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Millefolii herba Monograph Assessment report	Skin disorders and minor wounds	For the treatment of small superficial wounds.	Herbal preparations a) Comminuted herbal substance	Comminuted herbal substance for infusion preparation for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Millefolii herba Monograph Assessment report	Urinary tract and genital disorders	For the symptomatic treatment of minor spasm associated with menstrual periods.	Herbal preparations a) Comminuted herbal substance g) Dry extract (DER 5-10:1), extraction solvent water	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Myrrha Monograph Assessment report	Skin disorders and minor wounds	For treatment of minor wounds and small boils (furuncles).	Herbal preparation Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 90% V/V)	Herbal preparation in liquid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Myrrha Monograph Assessment report	Mouth and throat disorders	For treatment of minor ulcers and inflammation in the mouth (stomatitis and gingivitis).	Herbal preparation Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 90% (V/V)	Herbal preparation in liquid dosage forms for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Myrtilli fructus recens Monograph Assessment report	Circulatory disorders	Used to relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	Herbal preparation Dry extract; DER 153-76:1; extraction solvent methanol 70% v/v containing 36% anthocyanosides, corresponding to 25% anthocyanidins	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Myrtilli fructus recens Monograph Assessment report	Circulatory disorders	Used to relieve symptoms of cutaneous capillary fragility.	Herbal preparation Dry extract; DER 153-76:1; extraction solvent methanol 70% v/v containing 36% anthocyanosides, corresponding to 25% anthocyanidins	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Myrtilli fructus siccus Monograph Assessment report	Gastrointestinal disorders	For symptomatic treatment of mild diarrhoea.	Herbal substance Ripe, dry fruits Herbal preparation Comminuted herbal substance	Herbal substance or comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Myrtilli fructus siccus Monograph Assessment report	Mouth and throats disorders	For symptomatic treatment of minor inflammations of the oral mucosa.	Herbal substance Ripe, dry fruits Herbal preparation Comminuted herbal substance	Herbal substance or comminuted herbal substance as herbal tea for decoction preparation for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Oenotherae oleum Monograph Assessment report	Skin disorders and minor wounds	For the symptomatic relief of itching in acute and chronic dry skin conditions exclusively based upon long-standing use.	Herbal preparations Fatty oil obtained from seeds of <i>Oenothera biennis</i> L. or <i>Oenothera lamarckiana</i> L. by extraction and/or expression	Herbal preparation in solid dosage forms for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Oleae folium Monograph Assessment report	Urinary tract and genital disorders	Used to promote the renal elimination of water, in mild cases of water retention after serious conditions have been excluded by a medical doctor.	Herbal substance Fresh or dried leaves Herbal preparations - Comminuted dried leaves - Powdered dried leaves in solid dosage forms for oral use.	Herbal substance or comminuted herbal substance as herbal tea for oral use. Powdered dried leaves in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Ononidis radix Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints	Herbal preparations Comminuted herbal substance.	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Origani dictamni herba Monograph Assessment report	Cough and cold	For the relief of cough associated with cold	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Origani dictamni herba Monograph Assessment report	Gastro-intestinal disorders	For the relief of mild gastrointestinal disorders	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Origani dictamni herba Monograph Assessment report	Skin disorders & minor wounds	For the relief of minor skin inflammations and bruises.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance for infusion or decoction preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
Origani majorana herba Monograph Assessment report	Gastro-intestinal disorders	Used for the symptomatic relief of mild spasmodic gastro-intestinal complaints such as bloating and flatulence.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Origani majorana herba Monograph Assessment report	Skin disorders & minor wounds	Used for relief of irritated skin around the nostrils.	Herbal preparation Extract (ratio of herbal substance to extraction solvent 1:5), extraction solvents ethanol 96% V/V and white petroleum jelly.	Herbal preparations in semi-solid dosage forms for cutaneous use.	Children older than 1 year Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Orthosiphonis folium Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	Herbal preparations a) Comminuted herbal substance b) Powdered herbal substance c) Liquid extract (DER 1:1), extraction solvent ethanol 25% m/m d) Dry extract (DER 5-7:1), extraction solvent water e) Dry extract (DER 8-12:1), extraction solvent ethanol 60% (V/V)) f) Dry extract (DER 7-8:1), extraction solvent ethanol 70% (V/V)) g) Dry extract (DER 5-7:1), extraction solvent ethanol 30% (V/V))	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid or dosage forms for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.
Passiflorae herba Monograph Assessment report	Mental stress and mood disorders	For relief of mild symptoms of mental stress.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Liquid extract (1:8 ; extraction solvent 25% ethanol) - Liquid extract (1:8 ; extraction solvent 45% ethanol) - Liquid extract 1:3.6) extraction solvent ethanol 60%V/V - Liquid extract (1:1 ; extraction solvent 25% ethanol) -Liquid extract (1:1 ; extraction solvent 70% ethanol) - Liquid extract (1:3.8-4.3) extraction solvent ethanol (96% V/V) + glycerol (85% m/m) + Water (11.8 + 1 + 7.9) Dried extracts corresponding to the tea and liquid extracts above	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Passiflorae herba Monograph Assessment report	Sleep disorders and temporary insomnia	Used to aid sleep.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Liquid extract (1:8 ; extraction solvent 25% ethanol) - Liquid extract (1:8 ; extraction solvent 45% ethanol) - Liquid extract 1:3.6) extraction solvent ethanol 60%V/V - Liquid extract (1:1 ; extraction solvent 25% ethanol) - Liquid extract (1:1 ; extraction solvent 70% ethanol) - Liquid extract (1:3.8-4.3) extraction solvent ethanol (96% V/V) + glycerol (85% m/m) + Water (11.8 + 1 + 7.9) Dried extracts corresponding to the tea and liquid extracts above	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Pelargonii radix Monograph Assessment report	Cough and cold	For the symptomatic treatment of common cold.	Herbal preparations a) Liquid extract (DER 1:8-10), extraction solvent ethanol 11% (m/m) b) Dry extract, (DER 4-25:1), extraction solvent ethanol 11% (m/m)	Herbal preparations in liquid and solid dosage forms for oral use.	Children older than 6 years Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Phaseoli fructus sine semine Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use	Adults	The use is not recommended due to lack of adequate data.
Pilosellae herba cum radice Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	Herbal preparations: a) Comminuted herbal substance b) Powdered herbal substance	Herbal preparations in solid dosage forms for oral use. Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Pistacia Lentiscus, resin (mastix)		Used in mild dyspeptic disorders.	Herbal preparation Powdered herbal substance	Powdered herbal substance in solid dosage form for oral use.	Adults	The use is not recommended due to lack of adequate data.
Pistacia Lentiscus, resin (mastix)		Used for the symptomatic treatment of minor inflammations of the skin and as an aid in healing of minor wounds.	Herbal preparation Powdered herbal substance	Powdered herbal substance in semi-solid dosage form for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Plantaginis lanceolatae folium</i> Monograph Assessment report	Mouth and throat disorders	Used as a demulcent for the symptomatic treatment of oral or pharyngeal irritations and associated dry cough.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Dry extract (DER 3-6:1); extraction solvent: water - Liquid extract (DER 1: 0.8-1.2); extraction solvent: ethanol:20-40% V/V -Soft extract (DER 1.5-1.7:1); extraction solvent: ethanol 20% m/m - Expressed juice (DER 1:0.5-0.9) from the fresh herb - Syrup according to ÖAB 2009 (formally, the native herbal preparation is a liquid extract (DER 1:1); extraction solvent: water) -Dry extract (DER 3-5:1); extraction solvent: ethanol 20% m/m - Liquid extract (DER 1: 5.8-5.9); extraction solvent: water	Comminuted herbal substance as herbal tea for oral use. Powdered herbal substance in a solid dosage form and other herbal preparations in liquid or solid dosage forms for oral and/or oromucosal use.	Oral use: Children older than 3 years. Oromucosal use: Adults	Oral use: the use is not recommended due to lack of adequate data and because medical advice should be sought. Oralmucosal use: the use is not recommended due to lack of adequate data.
<i>Polygoni aviculalis herba</i> Monograph Assessment report	Cough and cold	Used for the relief of symptoms of common cold.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Polygoni aviculalis herba</i> Monograph Assessment report	Mouth and throat disorders	Used for symptomatic treatment of minor inflammations in the mouth or the throat.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance for decoction preparation for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Polygoni aviculalis herba</i> Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Polypodii rhizoma Monograph Assessment report	Cough and cold	Used as an expectorant in cough and cold.	Herbal preparation Comminuted herbal substance for tea preparation	Solid dosage forms for oral use (tea preparation).	Adolescents Adults	The use is not recommended due to lack of adequate data.
Polypodii rhizoma Monograph Assessment report	Constipation	For short-term use in cases of occasional constipation.	Herbal preparation Comminuted herbal substance for tea preparation	Solid dosage forms for oral use (tea preparation).	Adolescents Adults	The use is not recommended due to lack of adequate data.
Primulae flos Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal substance Whole or cut, dried flowers Herbal preparations - Liquid extract (1:1, extraction solvent ethanol 25% (V/V)) - Comminuted herbal substance for tea preparation	Herbal substance or comminuted herbal substance for tea preparation or other herbal preparation in liquid and solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Primulae radix Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal substance Whole or cut, dried rhizome and root Herbal preparations - Dry extract (3-9:1), extraction solvent ethanol 40-50% (V/V) - Liquid extract (1:1), extraction solvent ethanol 70% (V/V), - Liquid extract (1:2.0-2.5), extraction solvent ethanol 70% (V/V) - Tincture (1:5), extraction solvent ethanol 70% (V/V) - Soft extract (5-10:1), extraction solvent water - Soft extract (1-4:1), extraction solvent ethanol 20-55% (V/V) - Soft extract (6-10:1), extraction solvent methanol, water, ammonia solution 10% (50,0:49,5:0,5) - Soft extract (6-10:1), extraction solvent methanol 50% - Comminuted herbal substance for tea preparation	Herbal substance or comminuted herbal substance for tea preparation or other herbal preparations in liquid and solid dosage forms for oral use.	Children older than 4 years Adolescents Adults	The use is not recommended because medical advice should be sought.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Pruni africanae cortex Monograph Assessment report	Urinary tract and genital disorders	For the relief of lower urinary tract symptoms related to benign prostatic hyperplasia after serious conditions have been excluded by a medical doctor.	Herbal preparations Soft extract (DER 114-222:1), extraction solvent chloroform; (stabilised by 1.2 % of ethanol >99.9 %)	Herbal preparations in solid dosage forms for oral use.	Adults	The indication is not relevant to children and adolescents.
Quercus cortex Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild diarrhoea.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Dry extract (DER 5.0-6.5:1), extraction solvent ethanol 50% m/m	Comminuted herbal substance as a herbal tea for oral use. Herbal preparation in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Quercus cortex Monograph Assessment report	Pain and inflammation	For symptomatic treatment of minor inflammation of the oral mucosa or skin.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as a herbal tea for a decoction preparation for oromucosal or cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
Quercus cortex Monograph Assessment report	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids, after serious conditions have been excluded by a medical doctor.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as a herbal tea as a decoction preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Rhodiola roseae rhizoma et radix Monograph Assessment report	Mental stress and mood disorders	For temporary relief of symptoms of stress, such as fatigue and sensation of weakness.	Herbal preparation Dry extract (DER 1.5-5:1), extraction solvent ethanol 67-70% (V/V)	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Rhodiola roseae rhizoma et radix Monograph Assessment report	Sleep disorders and temporary insomnia	For temporary relief of symptoms of stress, such as fatigue and sensation of weakness.	Herbal preparation Dry extract (DER 1.5-5:1), extraction solvent ethanol 67-70% (V/V)	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Ribis nigri folium Monograph Assessment report	Pain and inflammation	For relief of minor articular pain.	Herbal preparations - Comminuted herbal substance - Dry extract (DER 7:1), extraction solvent water: dry extract 7:1, water) - Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Ribis nigri folium Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparation - Dry extract (DER 7:1), extraction solvent water: dry extract (7:1, water) - Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Rosae flos Monograph Assessment report	Mouth and throat disorders	Used for mild inflammations of the oral and pharyngeal mucosa.	Herbal substance Dried petals Herbal preparation Comminuted herbal substance	Herbal substance or comminuted herbal substance for infusion preparation for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Rosae flos Monograph Assessment report	Skin disorders & minor wounds	Used for relief of minor skin inflammation.	Herbal substance Dried petals Herbal preparation Comminuted herbal substance	Herbal substance or comminuted herbal substance for infusion preparation for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Rosmarini aetheroleum Monograph Assessment report	Gastro-intestinal disorders	For symptomatic relief of dyspepsia and mild spasmodic disorders of the gastrointestinal tract.	Herbal preparation Essential oil	Herbal preparation in liquid or semi-solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Rosmarini aetheroleum Monograph Assessment report	Circulatory disorders	For relief of minor muscular and articular pain and in minor peripheral circulatory disorders.	Herbal preparation Essential oil	Herbal preparation in liquid or semi-solid dosage forms for cutaneous use and as a bath additive.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Rosmarini folium Monograph Assessment report	Gastro-intestinal disorders	For symptomatic relief of dyspepsia and mild spasmotic disorders of the gastrointestinal tract.	Herbal substance Whole or fragmented, dried leaf Herbal preparations - Comminuted herbal substance - Extract (DER 1:17.5-18.9), extraction solvent: liqueur wine: - Extract (DER 1:12.5-13.5), extraction solvent: liqueur wine -Expressed juice (DER 1:1.8-2.2) from Rosmarini herba recens - Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V)	Herbal substance and/or comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
Rosmarini folium Monograph Assessment report	Circulatory disorders	Used as an adjuvant in the relief of minor muscular and articular pain and in minor peripheral circulatory disorders.	Herbal substance Whole or fragmented, dried leaf Herbal preparation Comminuted herbal substance	Herbal substance and/or comminuted herbal substance use as bath additive. Herbal preparations in liquid dosage forms for use as bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Rubi idaei folium Monograph Assessment report	Urinary tract and genital disorders	For the symptomatic relief of minor spasm associated with menstrual periods.	Herbal preparations - Comminuted herbal substance - Dry extract (4:1): extraction solvent water	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage form for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Rubi idaei folium Monograph Assessment report	Mouth and throat disorders	For the symptomatic treatment of mild inflammation in the mouth or throat.	Herbal preparations - Comminuted herbal substance - Dry extract (4:1): extraction solvent water	Comminuted herbal substance for infusion preparation for oromucosal use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data.
Rubi idaei folium Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic treatment of mild diarrhoea.	Herbal preparations - Comminuted herbal substance - Dry extract (4:1): extraction solvent water	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage form for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data.
Rusci rhizoma Monograph Assessment report	Circulatory disorders	Used to relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	Herbal preparations a) Powdered herbal substance b) Dry extract (DER 2.5-6.5:1); extraction solvent water c) Dry extract (DER 5-8.5:1); extraction solvent ethanol 80% (V/V) d) Dry extract (DER 6-9:1); extraction solvent ethanol 96% (V/V)	Herbal substance or herbal preparation in solid dosage forms for oral use.	Adults	The indication is not relevant to children and adolescents.
Rusci rhizoma Monograph Assessment report	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids, after serious conditions have been excluded by a medical doctor.	Herbal preparations a) Powdered herbal substance b) Dry extract (DER 2.5-6.5:1); extraction solvent water c) Dry extract (DER 5-8.5:1); extraction solvent ethanol 80% (V/V)	Herbal substance or herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Sabalis serrulatae fructus Monograph Assessment report	Urinary tract and genital disorders	For the relief of lower urinary tract symptoms related to benign prostatic hyperplasia, after serious conditions have been excluded by a doctor.	Herbal preparation Soft extract (DER 7.5-14.3:1), extraction solvent: ethanol 90% to 96 % m/m	Herbal preparations in solid dosage form for oral use.	Adults	The use is not relevant because the indication does not occur in children and adolescents.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Salicis cortex Monograph Assessment report	Pain and inflammation	Used for the relief of minor articular pain.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Dry extract (DER 8-20:1) extraction solvent water - Dry extract (DER 16-23:1) extraction solvent water - Liquid extract (DER 1:1), extraction solvent ethanol 25% V/V - Tincture (1:5), extraction solvent ethanol 25% V/V	Solid or liquid dosage form, or as herbal tea for oral use.	Adults	The use is contraindicated due to the risk of Reye's syndrome.
Salicis cortex Monograph Assessment report	Pain and inflammation	Used for headache.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Dry extract (DER 8-20:1) extraction solvent water - Dry extract (DER 16-23:1) extraction solvent water - Liquid extract (DER 1:1), extraction solvent ethanol 25% V/V - Tincture (1:5), extraction solvent ethanol 25% V/V	Solid or liquid dosage form, or as herbal tea for oral use.	Adults	The use is contraindicated due to the risk of Reye's syndrome.
Salicis cortex Monograph Assessment report	Cough and cold	Used for the relief of fever associated with common cold.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Dry extract (DER 8-20:1) extraction solvent water - Dry extract (DER 16-23:1) extraction solvent water - Liquid extract (DER 1:1), extraction solvent ethanol 25% V/V - Tincture (1:5), extraction solvent ethanol 25% V/V	Solid or liquid dosage form, or as herbal tea for oral use.	Adults	The use is contraindicated due to the risk of Reye's syndrome.
Salviae officinalis folium Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild dyspeptic, complaints such as heartburn and bloating.	Herbal preparations - Comminuted herbal substance - Dry extract (DER 4-7:1), extraction solvent water - Liquid extract (DER 1:3.5-5), extraction solvent ethanol 31.5% V/V - Liquid extract (DER 1:4-6), extraction solvent liquor wine: ethanol 96% V/V (38.25:61.75 m/m) - Tincture (ratio of herbal substance to extraction solvent 1	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Salviae officinalis folium Monograph Assessment report	Skin disorders and minor wounds	For relief of excessive sweating.	Herbal preparations - Comminuted herbal substance - Dry extract (DER 4-7:1), extraction solvent water - Liquid extract (DER 1:3.5-5), extraction solvent ethanol 31.5% V/V - Liquid extract (DER 1:4-5) extraction solvent ethanol 50% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Salviae officinalis folium Monograph Assessment report	Skin disorders and minor wounds	For relief of minor skin inflammations.	Herbal preparations - Comminuted herbal substance	Comminuted herbal substance for infusion preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
Salviae officinalis folium Monograph Assessment report	Mouth and throat disorders	For the symptomatic treatment of inflammations in the mouth or the throat.	Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 70% V/V - Liquid extract (DER 1:3.5-5), extraction solvent ethanol 31.5% V/V - Liquid extract (DER 1:4-6), extraction solvent liquor wine: ethanol 96% V/V (38.25:61.75 m/m) - Tincture (ratio of herbal substance to extraction solvent 1	Comminuted herbal substance for infusion preparation for oromucosal use. Herbal preparations in liquid or semi-solid dosage forms for oromucosal use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Sambuci flos Monograph Assessment report	Cough and cold	Used for the relief of early symptoms of common cold.	Herbal substance As defined in the Ph. Eur. monograph. Herbal preparations a) Comminuted herbal substance b) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) c) Tincture (DER 1:5), extraction solvent ethanol 25% (V/V)	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Sideritis herba Monograph Assessment report	Cough and cold	For the relief of cough associated with cold.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Sideritis herba Monograph Assessment report	Gastro-intestinal disorders	For the relief of mild gastrointestinal discomfort.	Herbal preparations Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Silybi mariani fructus Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic relief of digestive disorders, sensation of fullness and indigestion and to support the liver function, after serious conditions have been excluded by a medical doctor.	Herbal preparations a) Comminuted herbal substance for herbal tea b) Powdered herbal substance c) Dry extract (DER 20-70:1), extraction solvent acetone d) Dry extract (DER 30-40:1), extraction solvent ethanol 96% (V/V) e) Dry extract (DER 20-35:1), extraction solvent ethyl acetate f) Dry extract (DER 26-45:1), extraction solvent ethyl acetate g) Dry extract (DER 36-44:1), extraction solvent ethyl acetate h) Dry extract (DER 20-34:1), extraction solvent methanol 90% (V/V) i) Soft extract (DER 10-17:1), extraction solvent ethanol 60% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use	Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Sisymbrii officinalis herba Monograph Assessment report	Mouth and throat disorders Cough and cold	For the relief the symptoms of throat irritation such as hoarseness and dry cough.	Herbal preparations - Dry extract (DER 3.5-5.5:1), extraction solvent water - Dry extract (DER 6-8:1), extraction solvent water	Herbal preparations in solid dosage form for oromucosal use. Herbal preparation in liquid dosage form for oral use.	Oromucosal use: Children older than 6 years Adolescents Adults Oral use: Children older than 3 years Adolescents Adults	Oromucosal use in children under 6 years of age is not recommended because of the pharmaceutical form (solid dosage form). Oral use in children under 3 years of age is not recommended due to lack of adequate data and because medical advice should be sought.
Soiae Oleum raffinatum Monograph Assessment report	Skin disorders and minor wounds	For the symptomatic relief of dry skin conditions associated with mild recurrent eczema.	Herbal preparations Soya-bean oil, refined	Liquid dosage forms for use as a bath additive	Infants Children Adolescents Adults	The use is not recommended due to lack of adequate data.
Solidaginis virgaureae herba Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine - as adjuvant in treatment of minor urinary complaints.	Herbal preparations - Comminuted herbal substance - Liquid extract (1:1) prepared with ethanol/water 25% (V/V) - Tincture (1:5 (V/V)) prepared with ethanol/water 45% (V/V) - Dry extract (5-7:1) prepared with ethanol/water 30 – 60% (V/V)	Solid or liquid dosage forms or herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
Species amarae Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal preparations Combinations of the comminuted herbal substances (see combinations table in the monograph)	Comminuted herbal substances as herbal tea for oral use	Adolescents (depending on the herbal substances) Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<i>Species digestivae</i> Monograph Assessment report	Gastro-intestinal disorders	Used for the symptomatic relief of mild dyspeptic / gastrointestinal disorders including bloating and flatulence.	Herbal preparations Combinations of the comminuted herbal substances (see combinations table in the monograph)	Comminuted herbal substances as herbal tea for oral use	Adolescents (depending on the herbal substances) Adults Elderly	The use is not recommended due to lack of adequate data.
<i>Species diureticae</i> Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparations Combinations of the comminuted herbal substances (see combinations table in the monograph)	Comminuted herbal substances as herbal tea for oral use	Adolescents Adults	The use is not recommended due to lack of adequate data.
<i>Species sedativae</i> Monograph Assessment report	Mental stress and mood disorders	Used for relief of mild symptoms of mental stress and to aid sleep.	Herbal preparations Combinations of the comminuted herbal substances (see combinations table in the monograph)	Comminuted herbal substances as herbal tea for oral use	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
<i>Species sedativae</i> Monograph Assessment report	Sleep disorders and temporary insomnia	Used for relief of mild symptoms of mental stress and to aid sleep.	Herbal preparations Combinations of the comminuted herbal substances (see combinations table in the monograph)	Comminuted herbal substances as herbal tea for oral use	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
<i>Symphyti radix</i> Monograph Assessment report	Pain and inflammation	For the symptomatic relief of minor sprains and bruises.	Herbal preparations Liquid extract prepared by extraction with ethanol 65% (V/V) followed by partial evaporation and adjustment to a DER 2:1	Herbal preparations in semi-solid dosage forms for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Tanaceti parthenii herba Monograph Assessment report	Pain and inflammation	For the prophylaxis of migraine headaches, after serious conditions have been excluded by a medical doctor.	Herbal preparation Powdered herbal substance	Herbal preparation in solid dosage forms for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.
Taraxaci folium Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparations - Dried leaves, comminuted - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) - Expressed juice from fresh leaves	Herbal preparations in liquid dosage forms for oral use. Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Taraxaci officinalis radix Monograph Assessment report	Gastro-intestinal disorders	For the relief of symptoms related to mild digestive disorders (such as feeling of abdominal fullness, flatulence, and slow digestion).	Herbal preparations a) Comminuted dried root b) Expressed juice (DER 1:1) from fresh root subjected to a steam of ethanol c) Juice from fresh root d) Liquid extract (DER 1:1), extraction solvent ethanol 30% V/V e) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage form for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Taraxaci officinalis radix Monograph Assessment report	Loss of appetite	For temporary loss of appetite.	Herbal preparations a) Comminuted dried root b) Expressed juice (DER 1:1) from fresh root subjected to a steam of ethanol	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage form for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Taraxaci officinalis radix Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints	Herbal preparations a) Comminuted dried root b) Expressed juice (DER 1:1) from fresh root subjected to a steam of ethanol c) Juice from fresh root d) Liquid extract (DER 1:1), extraction solvent ethanol 30% V/V e) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage form for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Taraxaci radix cum herba Monograph Assessment report	Gastro-intestinal disorders	For the relief of symptoms related to mild digestive disorders (such as feeling of abdominal fullness, flatulence, and slow digestion).	Herbal preparations - Dried root with herb, comminuted - Dry extract (DER 5.6-8.4:1), extraction solvent ethanol 60% (V/V) - Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 30% (V/V) - Liquid extract (DER 0.75:1), extraction solvent ethanol 30% m/m - Expressed juice (DER 1:0.5-0.8), fresh flowering Taraxaci radix cum herba	Herbal preparations in solid or liquid dosage forms for oral use. Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Taraxaci radix cum herba Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal preparations - Dried root with herb, comminuted - Dry extract (DER 5.6-8.4:1), extraction solvent ethanol 60% (V/V) - Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 30% (V/V) - Liquid extract (DER 0.75:1), extraction solvent ethanol 30% m/m - Expressed juice (DER 1:0.5-0.8), fresh flowering Taraxaci radix cum herba	Herbal preparations in solid or liquid dosage forms for oral use. Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Taraxaci radix cum herba Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal preparations Dried root with herb, comminuted	Herbal preparations in solid or liquid dosage forms for oral use. Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Thymi aetheroleum Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal preparation Essential oil	Herbal preparations in liquid dosage forms for oral use.	Adults Elderly	The use is not recommended due to lack of adequate data.
Thymi aetheroleum Monograph Assessment report	Cough and cold	For the relief of symptoms in coughs and colds.	Herbal preparation Essential oil	Herbal preparations in liquid or semi-solid dosage forms for cutaneous use and use as a bath additive.	Use as bath additive: Children older than 3 years Adolescents Adults Elderly Cutaneous use: Adults	Use as bath additive: the use is not recommended due to lack of adequate data and because medical advice should be sought. Cutaneous use: the use is not recommended due to lack of adequate data.
Thymi herba Monograph Assessment report	Cough and cold	Used as an expectorant in cough associated with cold.	Herbal preparations: a) Liquid extract (DER 1:1), extraction solvent ethanol 24% (V/V) b) Liquid extract (DER 1:1.16), extraction solvent glycerol 85% (m/m): ethanol 25% (m/m)(0.1:2) c) Liquid extract (1:2-2.5), extraction solvent ammonia solution 10% (m/m) : glycerol 85% (m/m) : ethanol 25% (V/V) : water (1:20:70:109) d) Tincture (1:10), extraction solvent ethanol 70% (V/V) e) Tincture (1:5), extraction solvent ethanol 70% (V/V) f) Soft extract (DER 5-8:1), extraction solvent ethanol 25-30% (V/V) g) Liquid extract fresh herb (DER 1:1.5-2.4), extraction solvent water (often referred as "expressed juice") h) Dry extract (DER 6-10:1), extraction solvent ethanol 70% (V/V) i) Dry extract (DER 1.6-2.4:1), extraction solvent ethanol 96% (V/V) j) Liquid extract (DER 1-4.5), extraction solvent ammonia solution 10% (m/m) : glycerol 85% (m/m) : ethanol 96% (V/V) : water (1.2:25:112:113) k) Dry extract (7-13:1), extraction solvent water l) Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Herbal preparations c) and g): Children older than 4 years Adolescents Adults Other preparations: Adolescents Adults	Children younger than 4 years: the use is not recommended because medical advice should be sought. Children from 4 to 12 years: the use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Thymi herba and Primulae radix Monograph Assessment report	Cough and cold	Traditional herbal medicinal product used as an expectorant in cough associated with cold.	Herbal preparations a) Dry extract from Thyme (DER 6-10:1), extraction solvent ethanol 70% V/V and dry extract from Primula root (DER 3.5-4.5:1), extraction solvent water b) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and soft extract from Primula root (DER 3-7:1), extraction solvent methanol: water: ammonia solution 26% (50:49.5:0.5) c) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and soft extract from Primula root (DER 1-2:1), extraction d) Dry extract from Thyme (DER 4.5-7:1), extraction solvent methanol 25% V/V and dry extract from Primula root (DER 4-6:1), extraction solvent water e) Liquid extract from Thyme (DER 1:2-3), extraction solvent ethanol 20% V/V and liquid extract from Primula root (DER 1:2-3), extraction solvent ethanol 15% V/V f) Soft extract from Thyme (DER 5-7:1), extraction solvent methanol 25% V/V and soft extract from Primula root (DER 6-10:1), extraction solvent water g) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and tincture from Primula root (Ratio herbal substance to extraction solvent 1:5), extraction solvent ethanol 50% V/V h) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and liquid extract from Primula root (DER 1:2-2.5), extraction solvent ethanol 70% m/m i) Liquid extract from the mixture of Thyme (DER 1:3.3) and Primula root (DER 1:2-4.6), extraction solvent water	Herbal preparations in liquid or solid dosage forms for oral use.	Preparations c,g,h : Children older than 4 years All preparations: Adolescents Adults	Children younger than 4 years: the use is not recommended because medical advice should be sought. Children from 4 to 12 years: the use is not recommended due to lack of adequate data. (preparations a,b,d,e,f,i)
Tiliae flos Monograph Assessment report	Cough and cold	For the relief of symptoms of common cold.	Herbal preparations - Commинuted herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use.	Children older than 4 years Adolescents Adults	The use in children under 4 years of age has not been established due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Tiliae flos Monograph Assessment report	Mental stress and mood disorders	For the relief of mild symptoms of mental stress.	Herbal preparations - Comminuted herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use in children under 12 years of age has not been established due to lack of adequate data.
Tormentillae rhizoma Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild diarrhoea.	Herbal preparations a) Comminuted herbal substance b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V) c) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) d) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) e) Dry extract (DER 3.5-4.5:1), extraction solvent ethanol 60% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations b), c), d), e) in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Tormentillae rhizoma Monograph Assessment report	Pain and inflammation	For the symptomatic treatment of minor inflammations of the oral mucosa.	Herbal preparations a) Comminuted herbal substance: as infusion: 1.3-2 g per 100 ml of water as decoction: 0.8-3 g per 100 ml of water b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance for infusion or decoction preparation for oromucosal use. Herbal preparation b) in liquid dosage forms for oromucosal use.	Adults	The use is not recommended due to lack of adequate data.
Trigonellae foenugraeci semen Monograph Assessment report	Skin disorders and minor wounds	Used for the symptomatic treatment of minor inflammations of the skin.	Herbal substance As defined in the Ph. Eur. monograph Herbal preparations b) Powdered herbal substance	Herbal substance or powdered herbal substance for infusion for cutaneous use.	Adults Elderly	The use is not recommended due to lack of adequate safety data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Trigonellae foenugraeci semen Monograph Assessment report	Loss of appetite	Used in temporary loss of appetite.	Herbal substance As defined in the Ph. Eur. monograph Herbal preparations a) Comminuted herbal substance b) Powdered herbal substance c) Dry extract (DER 4:1), extraction solvent ethanol 20% (V/V) d) Soft extract (DER 5-6:1), extraction solvent ethanol 60% (V/V)	Herbal substance or comminuted herbal as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adults Elderly	The use is not recommended due to lack of adequate safety data.
Urticae folium Monograph Assessment report	Pain and inflammation	For relief of minor articular pain.	Herbal substance Cut dried leaves Herbal preparations - Comminuted herbal substance - Liquid extracts (1:5) prepared with 96% ethanol (V/V):water:wine 16.5% (V/V) (1.65:1.35:7) - Dry extract (4.7-6:1), extraction solvent: water, - Dry extract (5-10:1), extraction solvent: water - Dry extract (8-10:1), extraction solvent: ethanol 50% (V/V)	Solid or liquid dosage forms or as an herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
Urticae folium Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal substance cut dried leaves Herbal preparations - Comminuted herbal substance - Liquid extracts (1:5) prepared with 96% ethanol (V/V):water:wine 16.5% (V/V) (1.65:1.35:7) - Dry extract (4.7-6:1), extraction solvent: water - Dry extract (5-10:1), extraction solvent: water - Dry extract (8-10:1), extraction solvent: ethanol 50% (V/V)	Solid or liquid dosage forms or as an herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
Urticae herba Monograph Assessment report	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	Herbal substance Dried cut or fragmented aerial parts of the plant collected or harvested during the flowering period	Liquid dosage forms or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Urticae herba Monograph Assessment report	Pain and inflammation	For relief of minor articular pain.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Expressed juice (1:0.5-1.1) from fresh herb - Expressed juice (1.36-1.96:1) from fresh herb - Liquid extract (1:1), extraction solvent: ethanol 25% (V/V) - Liquid extract (1:1.8-2.2), extraction solvent: ethanol 30% (V/V) - Tincture (1:5), extraction solvent: ethanol 45% (V/V) - Dry extract (5-10:1), extraction solvent: water	Liquid dosage forms or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
Urticae herba Monograph Assessment report	Skin disorders and minor wounds	Used in seborrhoeic skin conditions.	Herbal preparations - Comminuted herbal substance - Powdered herbal substance - Expressed juice (1:0.5-1.1) from fresh herb - Expressed juice (1.36-1.96:1) from fresh herb - Liquid extract (1:1), extraction solvent: ethanol 25% (V/V) - Liquid extract (1:1.8-2.2), extraction solvent: ethanol 30% (V/V) - Tincture (1:5), extraction solvent: ethanol 45% (V/V) - Dry extract (5-10:1), extraction solvent: water	Liquid dosage forms or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
Uvae ursi folium Monograph Assessment report	Urinary tract and genital disorders	For relief of symptoms of mild recurrent lower urinary tract infections such as burning sensation during urination and/or frequent urination in women, after serious conditions have been excluded by a medical doctor.	Herbal preparations a) Comminuted herbal substance b) Powdered herbal substance c) Dry extract (DER 3.5-5.5:1), extraction solvent ethanol 60% (V/V), containing 23.5-29.3% of hydroquinone derivatives calculated as anhydrous arbutin (spectrophotometry) d) Dry extract (DER 2.5-4.5:1), extraction solvent water, containing 20-28% of hydroquinone derivatives calculated as anhydrous arbutin (spectrophotometry) e) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Female adults Elderly	The use is not recommended because of concerns requiring medical advice.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Vaccinii macrocarpi fructus Monograph Assessment report	Urinary tract and genital disorders	For relief of symptoms of mild recurrent lower urinary tract infections such as burning sensation during urination and/or frequent urination in women, after serious conditions have been excluded by a medical doctor.	Herbal preparations Expressed juice from the fresh fruit (DER 1: 0.6-0.9)	Herbal preparations in liquid dosage forms for oral use.	Female adults Elderly	The use is not recommended because data is not sufficient and medical advice should be sought.
Vaccinii macrocarpi fructus Monograph Assessment report	Urinary tract and genital disorders	For prevention of recurrent uncomplicated lower urinary tract infections in women, after serious conditions have been excluded by a medical doctor.	Herbal preparations Expressed juice from the fresh fruit (DER 1: 0.6-0.9)	Herbal preparations in liquid dosage forms for oral use.	Female adults Elderly	The use is not recommended because data is not sufficient and medical advice should be sought.
Valerianae aetheroleum Monograph Assessment report	Sleep disorders and temporary insomnia	Used to aid sleep.	Herbal preparation essential oil	Herbal preparations in liquid dosage forms for oral use. Herbal preparations in liquid dosage forms for use as bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
Valerianae aetheroleum Monograph Assessment report	Mental stress and mood disorders	Relief of mild symptoms of mental stress.	Herbal preparation essential oil	Herbal preparations in liquid dosage forms for oral use. Herbal preparations in liquid dosage forms for use as bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Valerianae radix Monograph Assessment report	Sleep disorders and temporary insomnia	Used to aid sleep.	Herbal preparations <ul style="list-style-type: none"> a) Comminuted herbal substance b) Powdered herbal substance c) Expressed juice from fresh root (1:0.60-0.85) d) Dry extract (DER 4-6:1), extraction solvent: water e) Liquid extract (DER 1:4-6), extraction solvent: water f) Dry extract (DER 4-7:1), extraction solvent: methanol 45% (V/V) g) Dry extract (DER 5.3-6.6:1), extraction solvent: methanol 45% (m/m) h) Liquid extract (DER 1:7-9), extraction solvent: sweet vine i) Liquid extract (DER 1:1), extraction solvent: ethanol 60% (V/V) j) Tincture (ratio of herbal substance to extraction solvent 1:8), extraction solvent: ethanol 60% (V/V) k) Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent: ethanol 56% l) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 70% (V/V) m) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 60-80% (V/V) n) Dry extract (DER 5.5-7.4:1), extraction solvent: ethanol 85% (m/m) 	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid or solid dosage forms for oral use. Comminuted herbal substance for use as bath additive (prep. a).	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Valerianae radix Monograph Assessment report	Mental stress and mood disorders	Relief of mild symptoms of mental stress.	Herbal preparations a) Comminuted herbal substance b) Powdered herbal substance c) Expressed juice from fresh root (1:0.60-0.85) d) Dry extract (DER 4-6:1), extraction solvent: water e) Liquid extract (DER 1:4-6), extraction solvent: water f) Dry extract (DER 4-7:1), extraction solvent: methanol 45% (V/V) g) Dry extract (DER 5.3-6.6:1), extraction solvent: methanol 45% (m/m) h) Liquid extract (DER 1:7-9), extraction solvent: sweet vine i) Liquid extract (DER 1:1), extraction solvent: ethanol 60% (V/V) j) Tincture (ratio of herbal substance to extraction solvent 1:8), extraction solvent: ethanol 60% (V/V) k) Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent: ethanol 56% l) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 70% (V/V) m) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 60-80% (V/V) n) Dry extract (DER 5.5-7.4:1), extraction solvent: ethanol 85% (m/m)	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid or solid dosage forms for oral use. Comminuted herbal substance for use as bath additive (prep. a).	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Valerianae radix and Lupuli flos Monograph Assessment report	Sleep disorders and temporary insomnia	Used to aid sleep.	<p>Herbal preparations used in fixed combinations of</p> <p>Liquid extracts:</p> <ul style="list-style-type: none"> a) Liquid extract (DER 1:6.3) from a mixture of valerian root-hop strobile (1:1), extraction solvent ethanol 40% (V/V) b) Mixture (1:1) of valerian root tincture (DER 1:10-11), extract solvent ethanol 58% (V/V) and hop strobile tincture (DER 1:12-13), extract solvent ethanol 65% V/V <p>Dry extracts:</p> <ul style="list-style-type: none"> a) Dry extracts of valerian root (DER 4-6:1), extraction solvent water and hop strobile (DER 3-6:1), extraction solvent water b) Dry extracts of valerian root (DER 5-7:1), extraction solvent methanol 45% m/m and hop strobile (DER 5-7:1), extraction solvent water c) Dry extracts of valerian root (DER 4-5:1), extraction solvent ethanol 60% (V/V) and hop strobile (DER 5-9:1), extraction solvent water d) Dry extracts of valerian root (DER 4-7:1), extraction solvent methanol 45% (V/V) and hop strobile (DER 4-8:1), extraction solvent ethanol 40% (V/V) e) Dry extracts of valerian root (DER 3-7:1), extraction solvent ethanol 70% (V/V) and hop strobile (DER 4-8:1), extraction solvent ethanol 40% (V/V) f) Dry extracts of valerian root (DER 6-7:1), extraction solvent ethanol 70% (V/V) and hop strobile (DER 11-14:1), extraction solvent ethanol 96% (V/V) g) Dry extracts of valerian root (DER 5-8:1), extraction solvent ethanol 85% (V/V) and hop strobile (DER 9-11:1), extraction solvent ethanol 90% (V/V) 	Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Valerianae radix and Lupuli flos Monograph Assessment report	Mental stress and mood disorders	For relief of mild symptoms of mental stress.	Herbal preparations used in fixed combinations of Liquid extracts: a) Liquid extract (DER 1:6.3) from a mixture of valerian root-hop strobile (1:1), extraction solvent ethanol 40% (V/V) b) Mixture (1:1) of valerian root tincture (DER 1:10-11), extract solvent ethanol 58% (V/V) and hop strobile tincture (DER 1:12-13), extract solvent ethanol 65% V/V Dry extracts: a) Dry extracts of valerian root (DER 4-6:1), extraction solvent water and hop strobile (DER 3-6:1), extraction solvent water b) Dry extracts of valerian root (DER 5-7:1), extraction solvent methanol 45% m/m and hop strobile (DER 5-7:1), extraction solvent water c) Dry extracts of valerian root (DER 4-5:1), extraction solvent ethanol 60% (V/V) and hop strobile (DER 5-9:1), extraction solvent water d) Dry extracts of valerian root (DER 4-7:1), extraction solvent methanol 45% (V/V) and hop strobile (DER 4-8:1), extraction solvent ethanol 40% (V/V) e) Dry extracts of valerian root (DER 3-7:1), extraction solvent ethanol 70% (V/V) and hop strobile (DER 4-8:1), extraction solvent ethanol 40% (V/V) f) Dry extracts of valerian root (DER 6-7:1), extraction solvent ethanol 70% (V/V) and hop strobile (DER 11-14:1), extraction solvent ethanol 96% (V/V) g) Dry extracts of valerian root (DER 5-8:1), extraction solvent ethanol 85% (V/V) and hop strobile (DER 9-11:1), extraction solvent ethanol 90% (V/V)	Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Verbasci flos Monograph Assessment report	Cough and cold	To relieve symptoms of sore throat associated with dry cough and cold.	Herbal substance As defined in the Ph. Eur. monograph. Herbal preparation Comminuted herbal substance	Herbal substance or comminuted herbal substance as herbal tea for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Verbenae citriodorae folium Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild gastrointestinal complaints including bloating and flatulence.	Herbal substance As defined in the Ph. Eur. monograph. Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Verbenae citriodorae folium Monograph Assessment report	Mental stress and mood disorders	For relief of mild symptoms of mental stress and to aid sleep.	Herbal substance As defined in the Ph. Eur. monograph. Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Verbenae citriodorae folium Monograph Assessment report	Sleep disorders and temporary insomnia	For relief of mild symptoms of mental stress and to aid sleep.	Herbal substance As defined in the Ph. Eur. monograph. Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
Violae herba cum flore Monograph Assessment report	Skin disorders and minor wounds	For symptomatic treatment of mild seborrhoeic skin conditions.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
Violae herba cum flore Monograph Assessment report	Skin disorders and minor wounds	For symptomatic treatment of mild seborrhoeic skin conditions.	Herbal preparation Comminuted herbal substance	Comminuted herbal substance as herbal tea for infusion preparation for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Vitis viniferae folium Monograph Assessment report	Circulatory disorders	To relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	Herbal preparations - Comminuted herbal substance as herbal tea - Powdered herbal substance - Soft extract (DER 2.5-4:1); extraction solvent water	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in solid dosage forms for oral use. Herbal preparation in semi-solid dosage forms for cutaneous use.	Adults	The indication is not relevant to children and adolescents.
Vitis viniferae folium Monograph Assessment report	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids.	Herbal preparations - Comminuted herbal substance as herbal tea - Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
Vitis viniferae folium Monograph Assessment report	Circulatory disorders	For symptomatic treatment of cutaneous capillary fragility.	Herbal preparations - Comminuted herbal substance as herbal tea - Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
Zingiberis rhizoma Monograph Assessment report	Gastro-intestinal disorders	For the symptomatic relief of motion sickness.	Herbal preparation Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
Zingiberis rhizoma Monograph Assessment report	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastrointestinal complaints including bloating and flatulence.	Herbal preparation Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.