



Common elements of the CTA review process in National Competent Authorities

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Role of National Competent Authority

Protection of subjects

Scientifically valid and ethical trials

Reliable data

Prevent fraud

through

- stating provisions and guidelines
- supervision and inspections
- information, education and advice

All NCAs demand

A clinical trial should be

- safe
- evaluable
- address a clinically relevant question

The Clinical Trials Directive 2001/20/EC

Pre Clinical Trials Directive

- Individual demands for contents of a CTA in 27 countries
- Variety of procedures and extent of CTA assessment
- Phase I studies not assessed in some countries
- Time to approval unpredictable
- Ethics review according to various procedures

With Clinical Trials Directive in place

- Approximation of laws, regulations and administrative provisions in Member States
- Common databases (EudraCT and EV CTM)
- Clear focus on patient safety and GCP
- Guidance and networking to enhance harmonisation
- Formal and informal interaction with multinational trials

However

- Implemented with somewhat varying interpretation

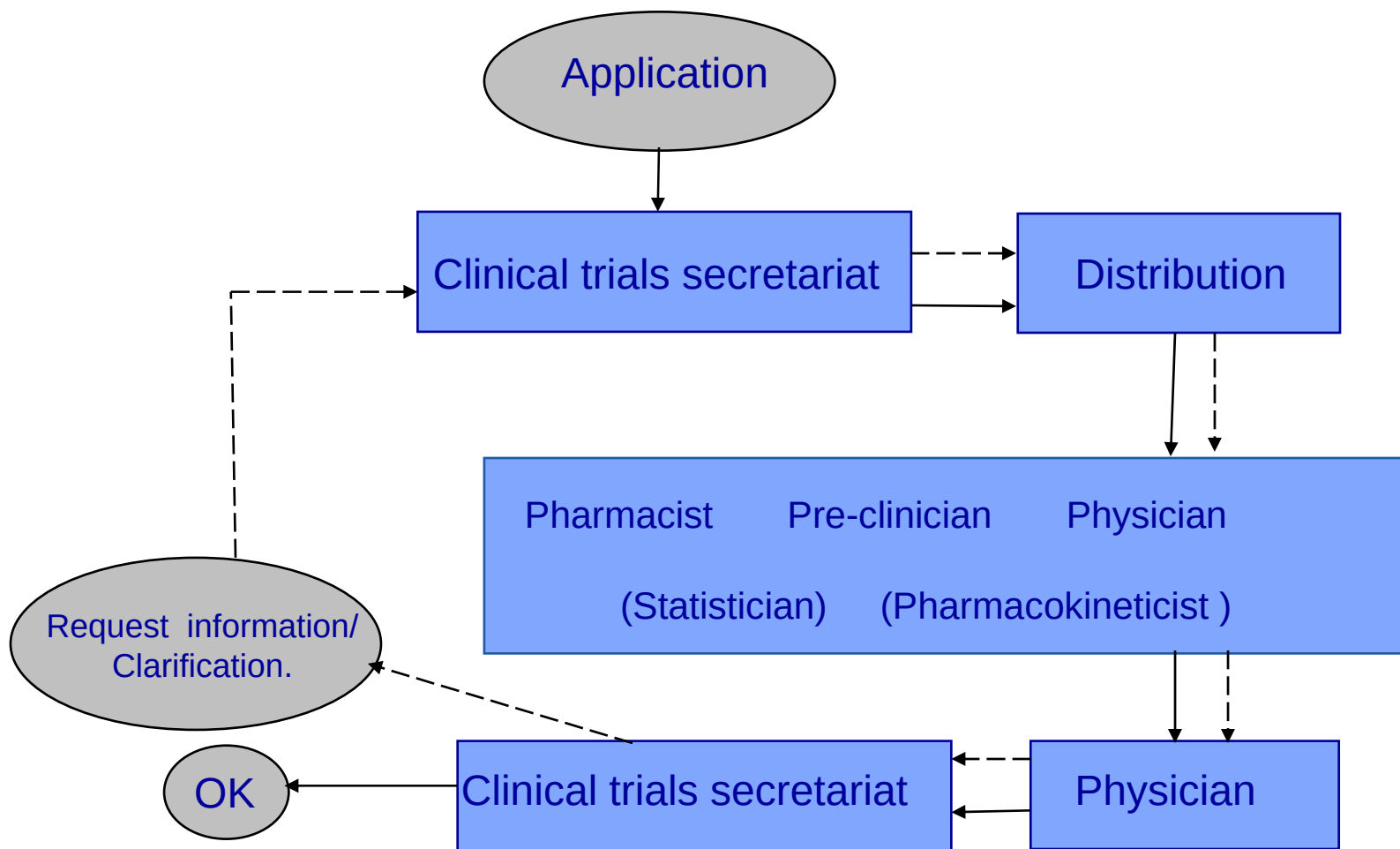
CTAs under the Clinical Trials Directive

- Same set of documents submitted to all NCAs
- Same principles for assessment in all NCAs
- One possibility to request information/clarification
- Defined timelines (up to 60 days)
- Communication between NCAs
- CAs expected to arrive at the same conclusion for multinational studies (approval/rejection)

List of documentation to be included in CTA

- **Cover letter**
- **Clinical Trial Application Form**
- **Protocol**
- **Investigator Brochure (IB) or approved SPC**
- **Investigational Medicinal Product Dossier (IMPD)**
- **Non-Investigational Product Dossier (if applicable)**
- **Content of IMP labelling**
- **Copy of EC opinion (when available)**
- **If applicable**
 - Information on Scientific Advice
 - Copy of agreement on Paediatric Investigational Plan

Procedural aspects, an example



Procedural aspects

All NCAs assess

- The same set of documents
- According to the same principles

With different volumes of CTAs

- Some NCA have dedicated staff for clinical trials
- In other NCA same staff review CTs and MAs
- Some NCA use external consultants

Request for information during assessment

- Some examples, most common areas

Toxicology

- Repeated dose toxicology
- Photosafety

IMP related

- Labelling
- GMP/manufacturing licence

Clinical

- Dose
- Inclusion/exclusion criteria

EU guidance for CTAs

- Detailed guidance on the submission to competent authorities of a request for authorisation of a clinical trial on a medicinal product for human use (**update in progress**)
- Detailed guidance on the European clinical trial database (EudraCT)
- Detailed guidance on the collection, verification and presentation of adverse reaction reports arising from clinical trials on medicinal products for human use
- Detailed guidance on the European database of Suspected Unexpected Serious Adverse Reactions (SUSAR) (**update in progress**)

www.eudra.org

Hurdles for SMEs

- **Secure Regulatory understanding and competence**
 - * In house or insourced
 - * When insourcing choose carefully
- **Understand regulatory "need and must" for product development**
- **Acknowledge there are no quick , easy and cheap trails**

A market plan, however brilliant, is not sufficient!

Service provided by NCAs and EMA

- **Detailed information "step by step" from webpage**

Including reference to CT directive, legislation, ordinance, provisions, guidelines, Q&A

- **NCA Scientific Advice**

- development program- or protocol level

- **EMA Central Scientific Advice at EMA**

- product development level

Summary

For clinical trials, all NCAs assess the same documents according to the same principles in order to secure clinical trials are

- safe
- evaluable
- address a clinically relevant question