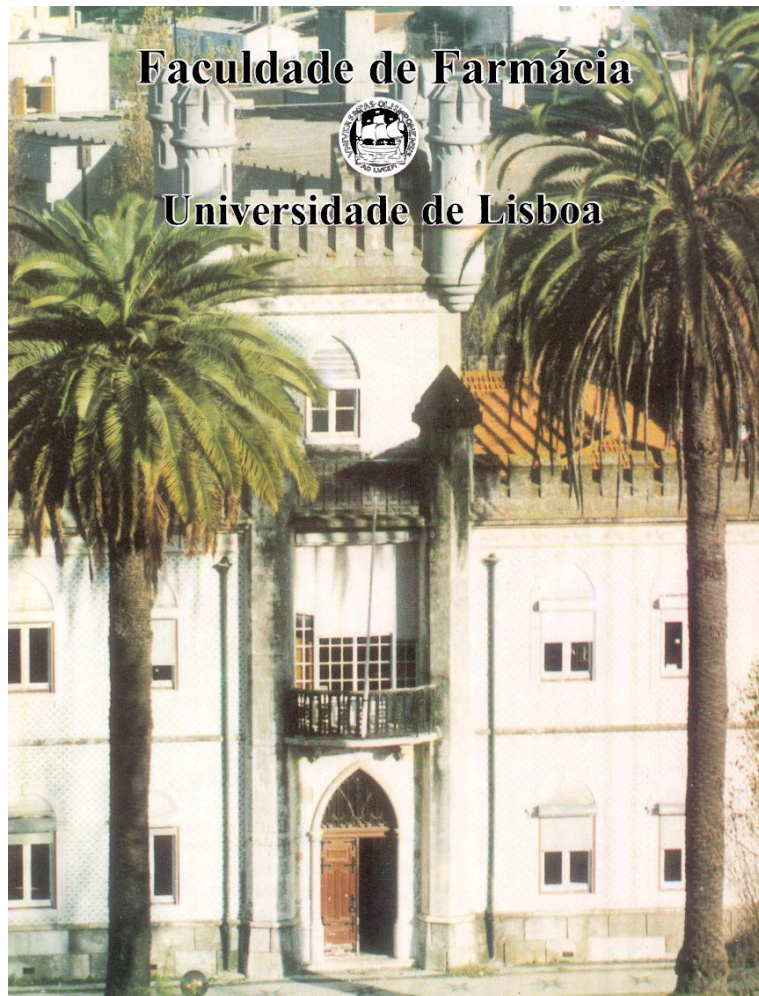


# Global Development Challenges: Classical and Advanced Therapy Medicinal products



*Beatriz Silva Lima*  
*iMED, Lisbon University and Infarmed, Portugal*  
*CHMP, CAT, SAWP Member and SWP Chair*

# NONCLINICAL STUDIES FOR NEW DRUG CANDIDATES

## The ultimate aim

Efficiently and effectively justify / support safe introduction in clinical trials & further progression

- through clinical evaluation
- to registration
- **TO MARKET**

# NONCLINICAL STUDIES FOR NEW DRUG CANDIDATES

## Supportive Role on Early Clinical Trials

### **For Decisions on eg**

#### **– FIM dose estimation based on**

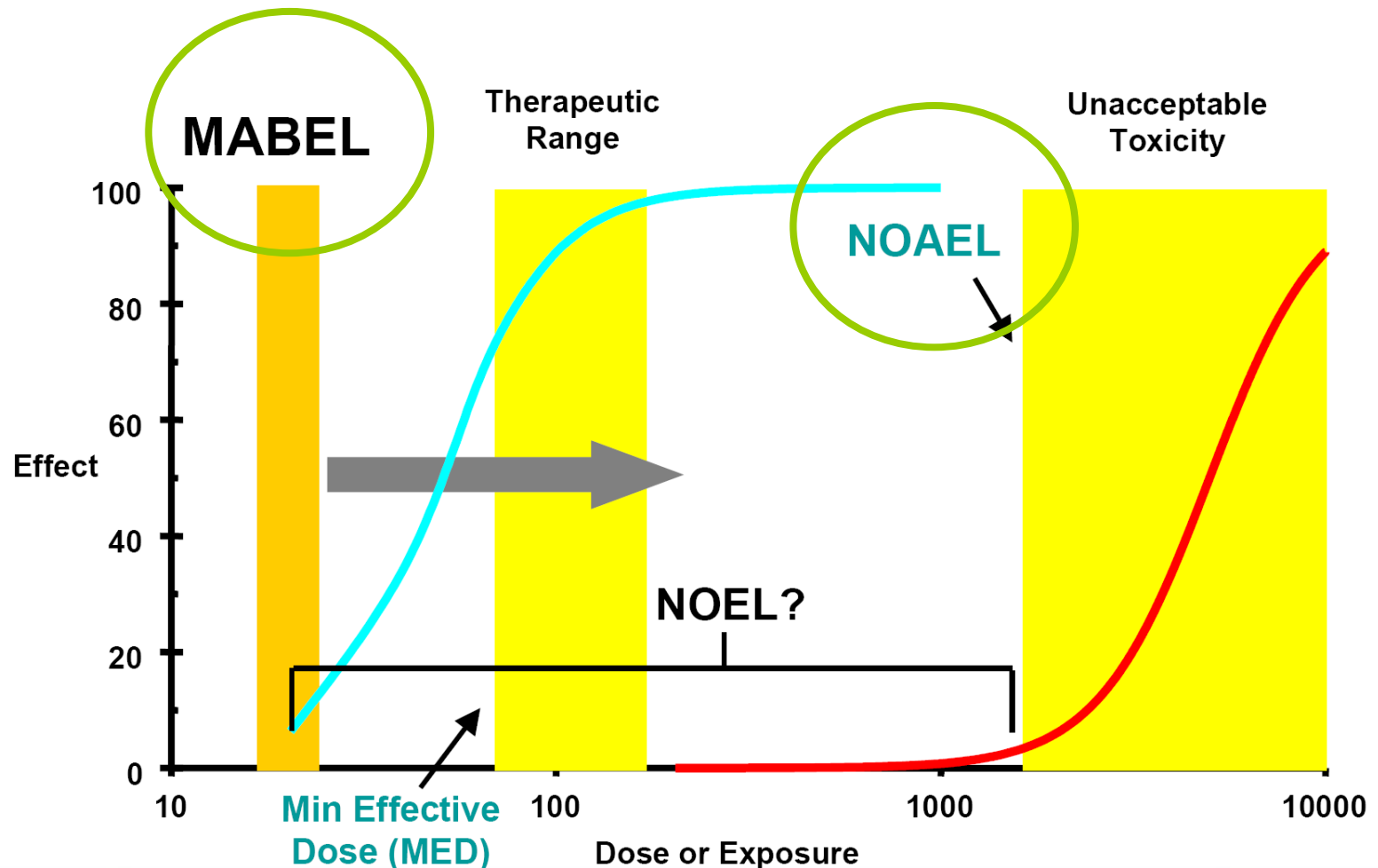
- Pharmacology
- Safety
  - Safety Pharmacology
  - Toxicology

#### **– Highlights on safety aspects to monitor**

- eg liver; CNS; dermal; renal; ...

– ... ..

# FIM: Safe Starting Dose in Man Should Be Driven by Pharmacology & Toxicology



# NONCLINICAL STUDIES FOR NEW DRUG CANDIDATES

## Subsequent CTs : Stepwise NC program

### Adjusted to the Clinical Study

- Subjects

ICH M3; CPMP/ICH/286/95  
Under Revision

- Extension of Target Population

- Disease

- Incidence
- severity

# The «Core» Nonclinical Package (MA)

## ➤ Pharmacodynamics

- Proof of concept
- Secondary effects
- Safety Pharmacology

## ➤ Pharmacokinetics

- ADME
- Species selection
- Human Extrapolation

## ➤ Toxicology

- Predictive
- Mechanistic (?)

# Toxicology

*General Toxicity*

*Superseded by human data*

*Special Toxicity*

**NOT** *superseded by human data*

# Toxicology

Acute  
Toxicity



6 months

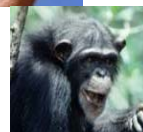
Repeated Dose  
Studies



2-4 weeks



1 month



3 months

9 (12) months

*Special Toxicity*  
*NOT superseded by human data*



# Toxicology

Acute  
Toxicity



Repeated Dose  
Studies



6 months

2-4 Weeks

1 month

3 months

9 (12) months

## Genotoxicity

- *in vitro*
- *in vivo*

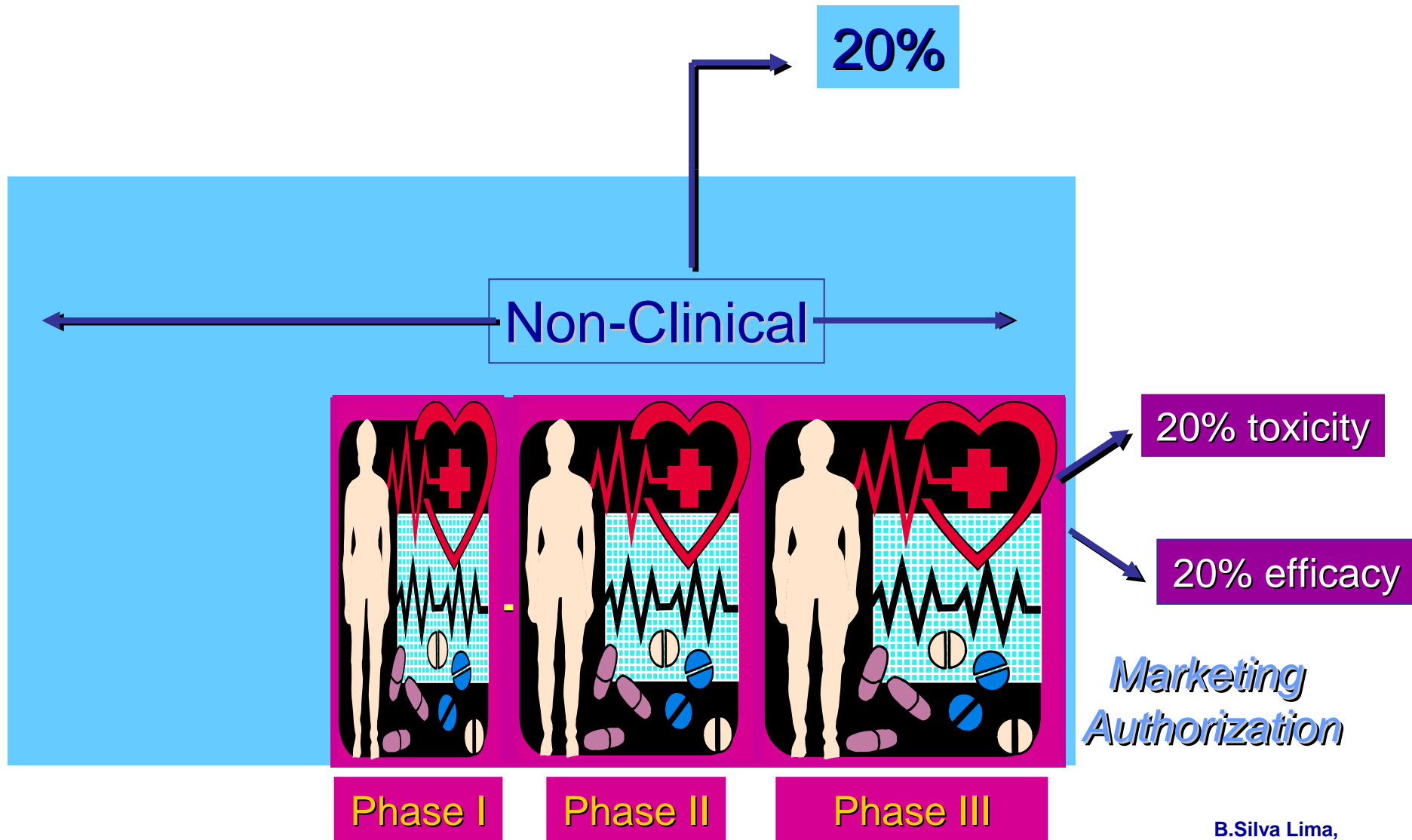
## Carcinogenicity

1 life-span  
+  
1 additional model

## Reproduction Toxicology

- fertility
- embryofetal toxicity
- peri-post natal toxicity

# Rates & Causes for Drug Failure During Development

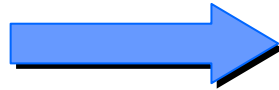


# Question for NC and Clinical Scientists

## How to Improve?

Main Reasons For (Late) Attrition, in Clinical Trials, eg

– **Poor kinetics**



- Further In silico/in vitro ?
- Exploratory Clinical Trials?

– **Insufficient efficacy**

– **Unpredicted safety aspects**

- Role for PhGenetics?
- Role for Omics?
- Role for Biomarkers?
- More relevant studies?

# ICH M3; CPMP/ICH/286/95

## Early-Phase I (ICH 3 Guideline Ongoing Revision)

PK/PD: microdose studies

Adapted  
NC package

Low (PD range) dose studies  
*better/faster selection  
of «promising» molecules?*

- Safety pharmacology
- Local tolerance
- Genotoxicity *in vitro*
- Acute Toxicity
- Repeated dose tox. (2W)  
*male reproductive organs*

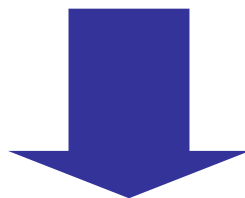
Phase I

# Some Reasons for Poor Safety Prediction of NC studies

- Development Programs Regulatory – Driven Only
- Innapropriate Study Planning
- Irrelevant Animal Models Used

# HOW To “Optimise” Predictivity of NC ?

**Small molecules vs Biopharmaceuticals  
vs Advanced Therapies**



**Same General Principles Through  
Different Strategies**

# HOW To “Optimise” Predictivity of NC ?

## •Use Relevant Species / Models !

➤ Similar to Human on

-Pharmacodynamics

-Kinetics (ADME)

-Pathophysiology

➤ respecting ethics & animal welfare

### Small Molecules

Interspecies similarities on

- Metabolism
- Distribution
- Excretion
- Pathophysiology

### Biologics

- Structural similarities
- Target expression
- Target Biology
- Drug-target interaction

# HOW To “Optimise” Predictivity of NC ?

## •In Case of Poor/Non-Relevant Species ?

- eg Human specific Metabolite:
- Test Isolate Metabolite?
- ... ..

- Use Homologue Molecule
- Use Transgenic Model
- ...

### Small Molecules

Interspecies similarities on

- Metabolism
- Distribution
- Excretion
- Pathophysiology

### Biologics

- Structural similarities
- Target expression
- Target Biology
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# HOW To “Optimise” Predictivity of NC ?

## •Study Planning

- In Relevant Species/Model
  - age (eg adult vs juvenile animals)
  - Gender
  - Disease status

- Duration (ICH M3)

Administration Schedule (eg anticancer; ICH S9)

- Early identification of need for mechanistic approaches (eg biomarkers)



Human relevance

# Expectations on Nonclinical Program

*At the time of filing MAA*

- MOST Concerns Should Have Been Addressed and/or Solved/Considered for Risk Management
- Major NC Problems Should NOT exist!

• **IN THE IDEAL DEVELOPMENT!**

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# Expectations on Nonclinical Program

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• **IN THE IDEAL DEVELOPMENT!**

# SINCE THE IDEAL DOES NOT EXIST ...

Concerns often Persist on eg.

- Carcinogenicity / genotoxicity
- Genotoxic Impurities
- Reproductive Toxicity
- Hepatotoxicity
- ...

However, Still Are ed for MAAs

- Poor justification of animal models
- Insufficient Kinetic and Toxicokinetics

# Questioning the Nonclinical Scientists

- Insufficient Nonclinical Programs?
- Nonclinical (Animal) Models Irrelevant?
- Nonclinical Signs Insufficiently Explored?



**Too High Expectations for These  
To Be Clarified In Clinical Studies?**

# Summaring: Major NC Challenges

- New mechanisms of action
  - to understand the mode of action (MOA)
  - to pick up PD - related toxicological effects
  - to consider/adapt the MOA in the species used
- Human specific molecules (eg proteins, Abs, ...)
  - use relevant species/model
  - use homologue molecules in the animal species
  - use animal models of the disease
  - use administration schedules and doses mimicking the human situation
- New Therapies/Technologies:(Cells/Biotech/Nano)
  - use of adapted approaches

Be Aware of  
3Rs  
&  
GMP/GLP/GCP

*Thank YOU!*



# Major Challenges

Take as ~~Starting Point~~

- Experimental Model
  - carefully chosen,
  - scientifically justified
  - And, if needed, controlled

Avoid Irrelevant

**SEEK FOR  
REGULATORY**

Be Aware  
3Rs  
&  
GMP/GLP/

*Thank You*