



# EURORDIS Summer School



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Therapeutic Development Director, EURORDIS

PCWP meeting, 26<sup>th</sup> November, EMA, London, UK

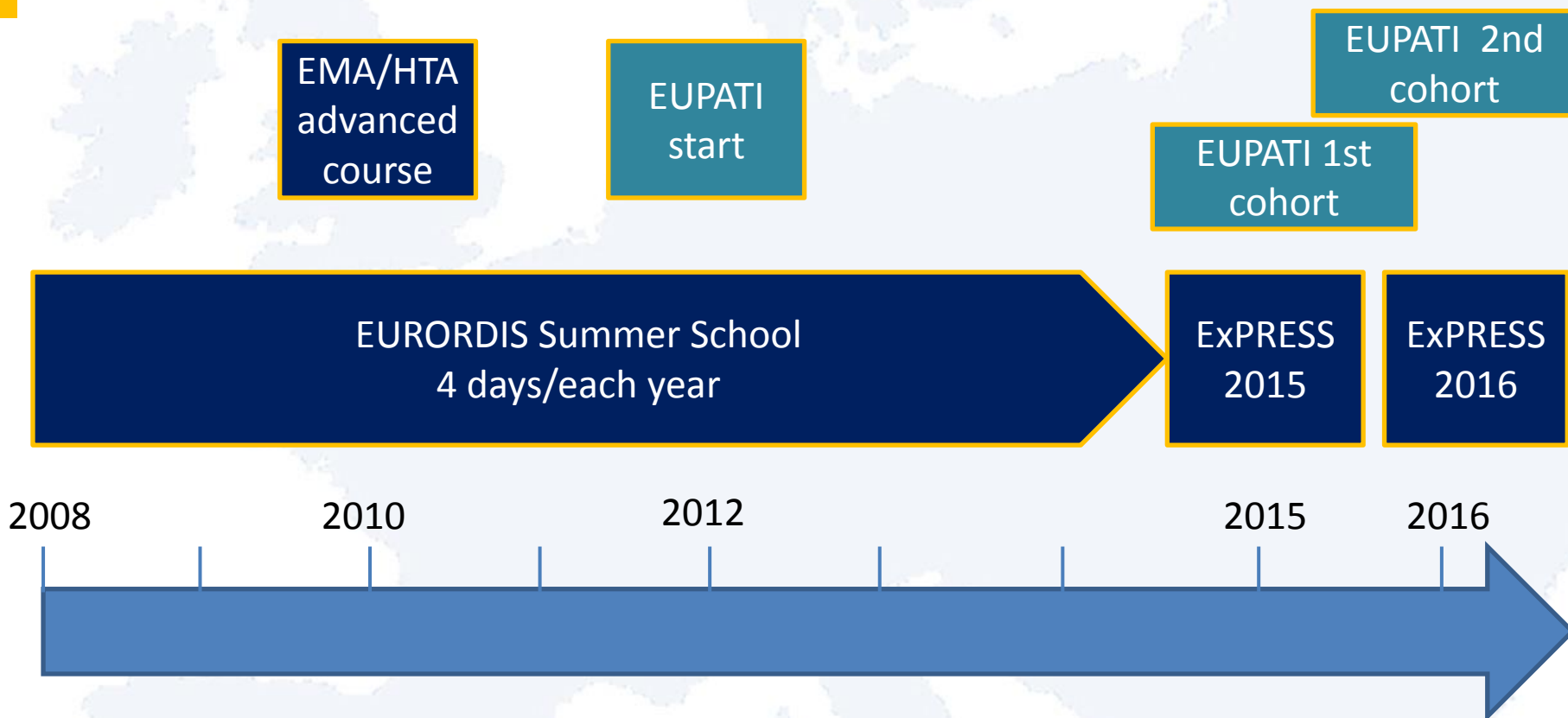
# Who are we?

An international non-profit, non-governmental umbrella rare disease patients' organisation representing an estimated 30 million individuals in Europe. Our Mission:

- To build a strong **pan-European community** of patient organisations and people living with rare diseases
- To be **their voice** at the European level
- To directly or indirectly fight against the impact of rare diseases on their lives



# Training programmes at EURORDIS



# Objectives of the Summer School

- Capacity building programme
- Patient engagement all along the life cycle of product development
- Content is continuously adapted in line with evolution in the field of regulation and processes

# Format & Content

- 4-days F2F in Barcelona (formal lectures, breakout sessions, mini COMP, mini PDCO, etc.) coupled with online training (quizzes, video recordings, webinars)
- Content not Rare Disease specific, collaboration with ECRIN (participants from other medical fields, medical devices, nutrition, etc)
- Evidence-based medicine, clinical research, clinical trials methodology, ethics, statistics, regulatory principles & processes in the EU, EMA organisation and opportunities for patients, HTA appraisal, pharmacovigilance, etc.



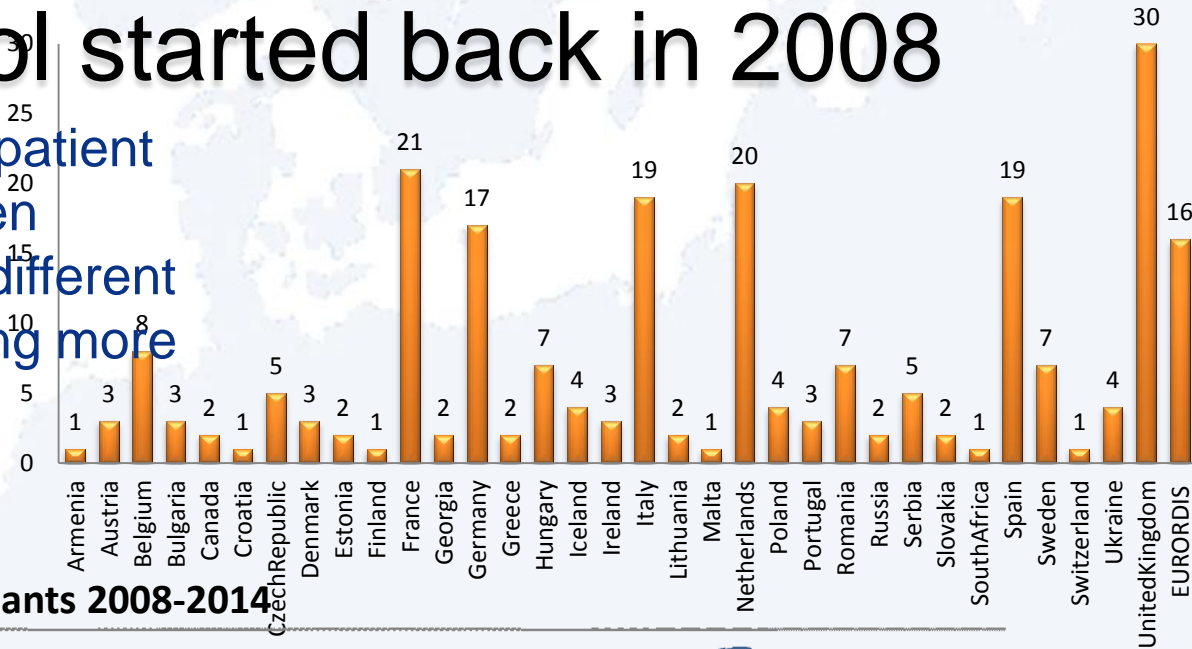
# Organisation of four-day programme

- Pre-Summer School preparation
- Four-day programme
  - General organisation
    - Days 1 and 2 – Clinical trials and Drug development
    - Days 3 and 4 – EMA overview and committees, HTA, etc.
  - Specific organisation
    - Mix of small group sessions and large group formal presentations
    - Problem-based learning model
    - Small group sessions of 10 -12 individuals (maximum) to encourage interactions and exchanges
    - Case-based tutorials

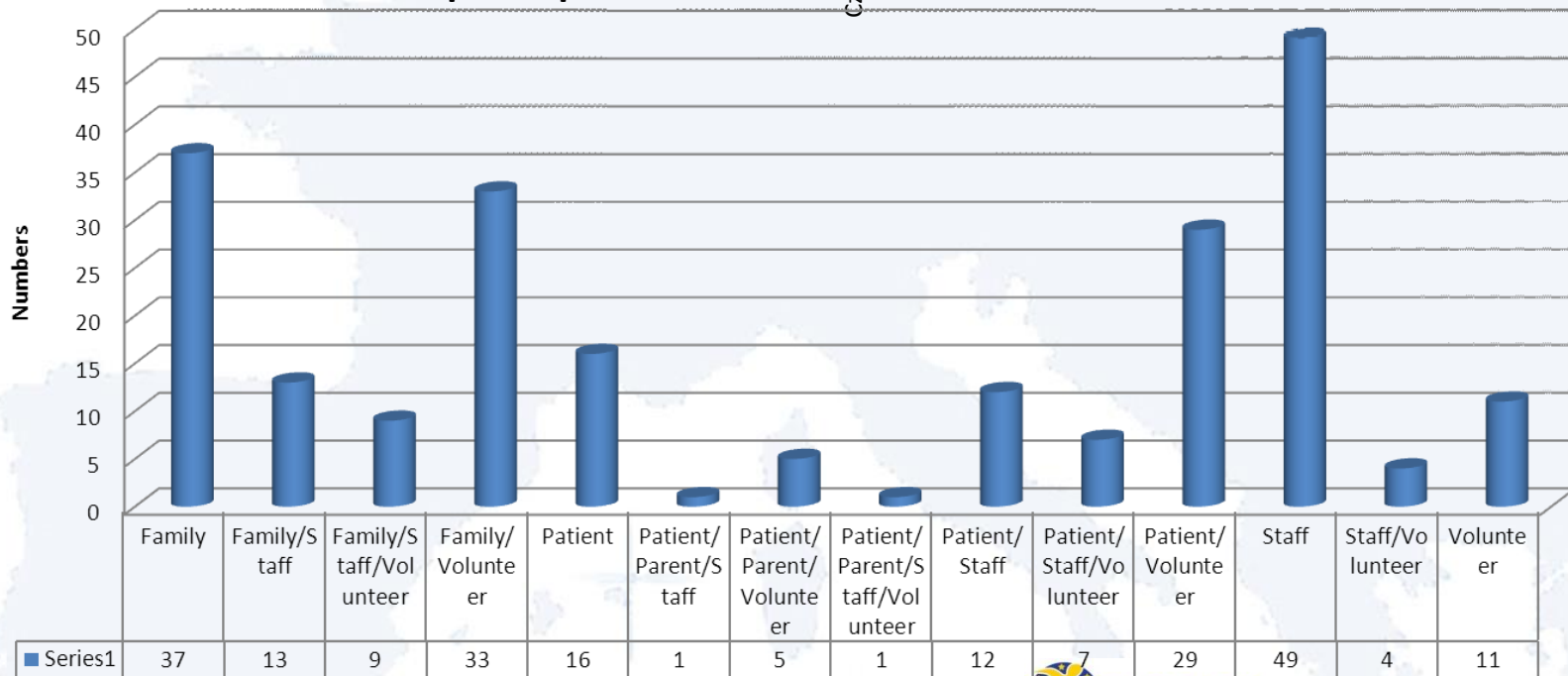


# Summer School started back in 2008

- From 2008 to 2014, 227 patient representatives have been trained, coming from 33 different countries and representing more than 75 diseases



Distribution / Countries of the participants 2008-2014



A light blue map of Europe serves as the background for the slide. A yellow rectangular box is centered on the map, containing the event details.

# “ExPRESS Yourself!”

## Expert Patients and Researchers

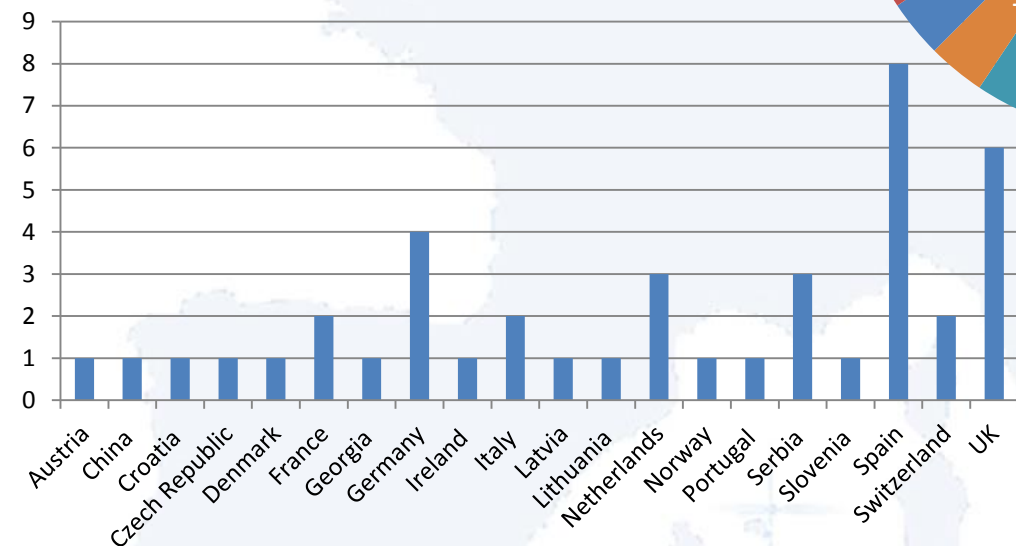
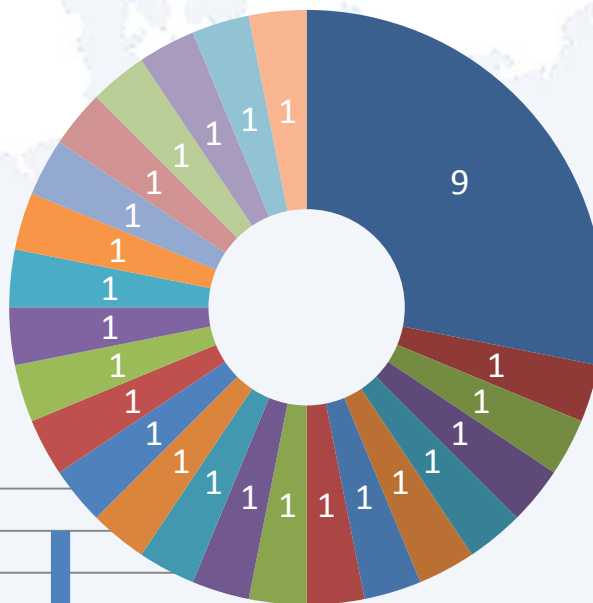
### EURORDIS Summer School

UAB Campus Barcelona, Spain  
June 1 - 5, 2015



# ExPRESS 2015!

- 30 patient representatives
- 12 academic researchers
- 20 different countries



# ExPRESS 2015!

- This Summer School was co-organised by:
  - COST Action BM2107
  - European Medicines Agency
  - EURORDIS
  - Plataforma Malalties Minoritàries
- Programme Committee:



Annemieke Aartsma-Rus  
Monica Ensini  
Nathalie Goemans  
Elizabeth Vroom



Nathalie Bere  
Maria Mavris



Nancy Hamilton  
Virginie Hivert  
François Houÿez  
Yann Le Cam



Josep Torrent-Farnell

# Also thanks to:

- Funding from:



Co-funded by  
the Health Programme  
of the European Union



- Coordination and local organisation:

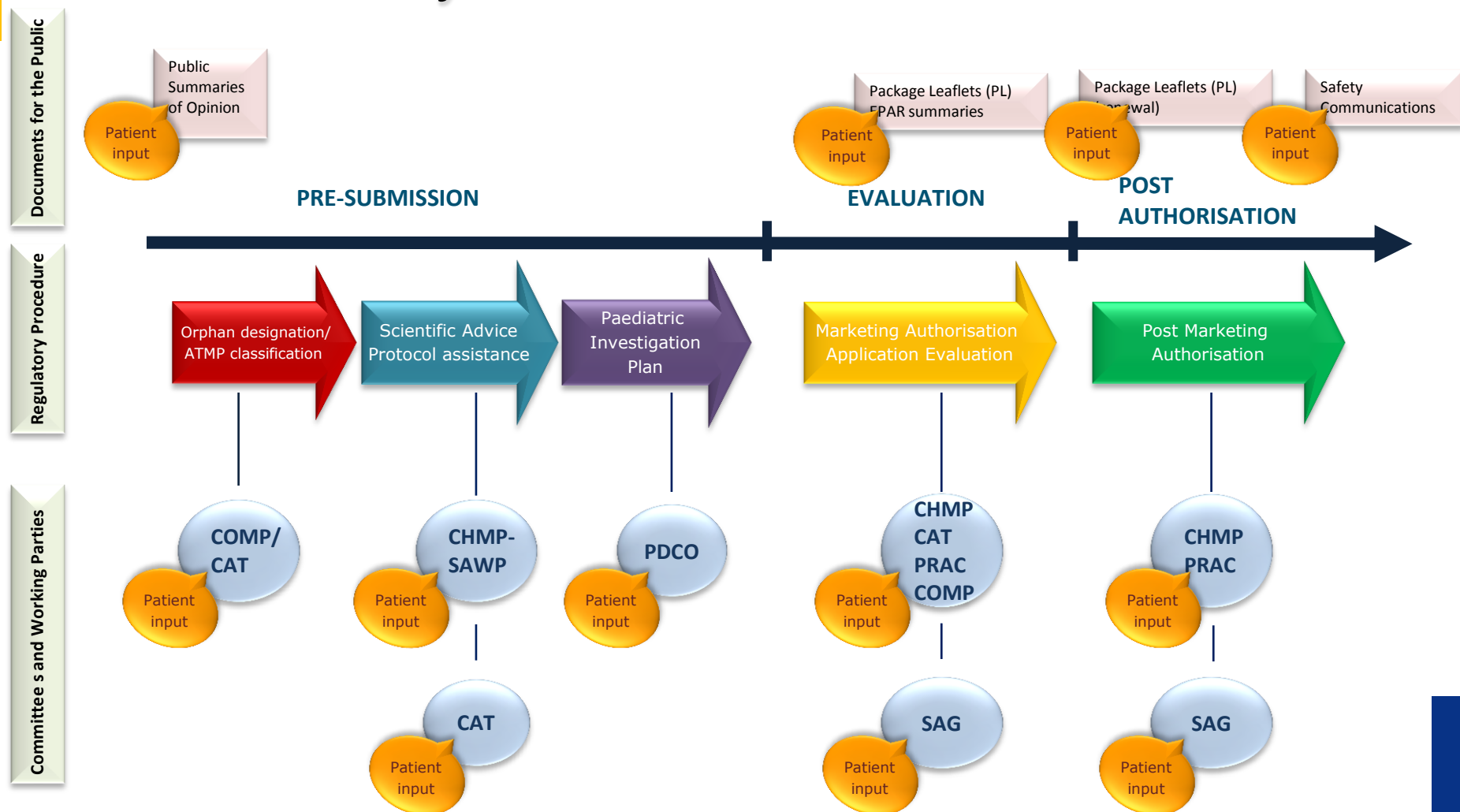
- Nancy Hamilton (EURORDIS)
- Iolanda Arbiol (Platforma Malalties Minoritàries)

- Our Faculty: Great thanks!! Highly committed people, academics, regulators, industry and expert patients – some of them since the beginning

# What is it about? & What is new?

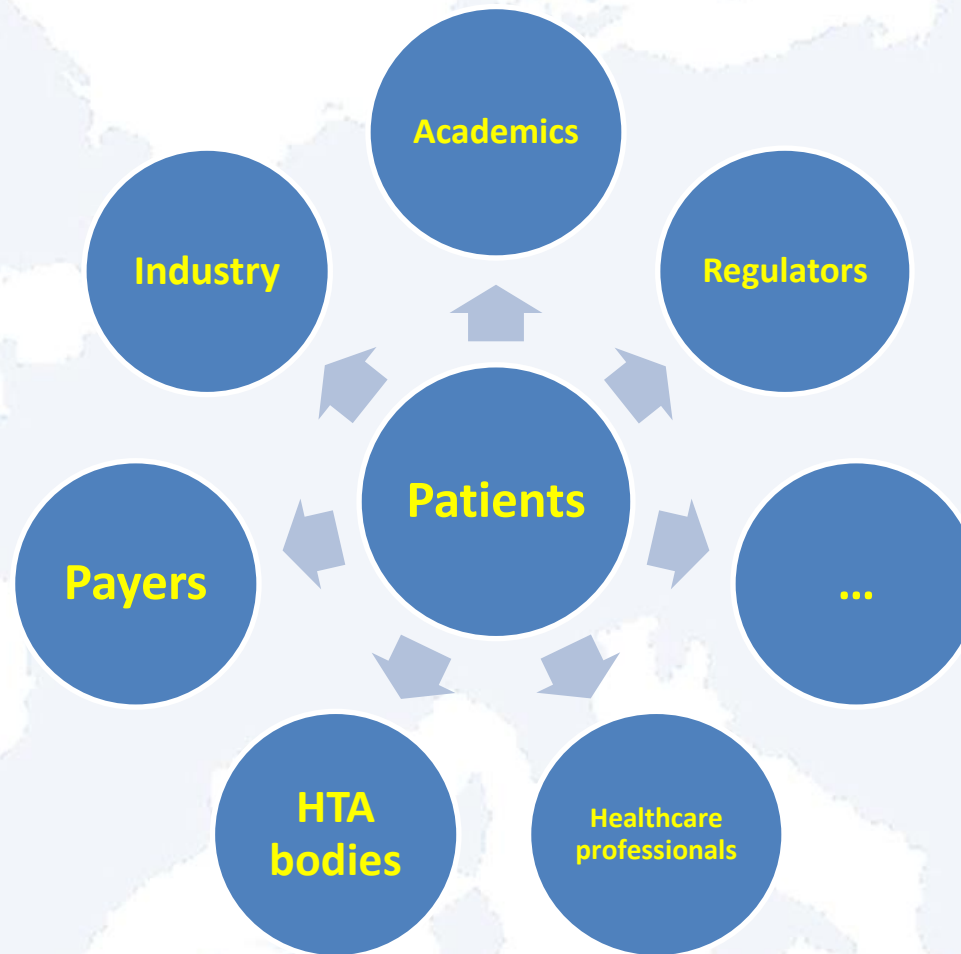
- First Training Programme with Patients and Researchers being trained together
- Blended approach with plenary/formal lectures, small groups sessions, round table discussion and practical exercises ('mock' COMP & SAWP, review of product information, etc.)
- Capacity building Programme → increasing involvement in the R&D processes, Health Technology Assessment, information and access to medicines

# Opportunities for Patient involvement along the medicine lifecycle at EMA





# Patient involvement all along the product life cycle: interaction with all the stakeholders



# Feedback from patients

- **Question - what did you think about having the researchers with us in the training:**
  - In discussions with the researchers, I expected more disagreement.
  - We never get the chance to exchange with researchers, so it was very special to be able to approach them and realize that they are also normal people!
  - In the sessions, it was nice to listen to someone looking at diseases at a totally different perspective.
  - It was nice to make personal connections with them as people and see how they relate to our diseases in a different way.
  - It was interesting to learn about what they are doing and about what other diseases are doing. The networking opportunity was appreciated.

# Feedback from academics

- **The best thing/what they liked most**
  - Learned a LOT
  - Interaction with patients
  - Small group sessions (some said this was where they learned most)
  - This is a very unique opportunity to get this type of training
  - Participants noted that they have a changed view on the regulatory process and regulators; they understand more why regulation is needed and were pleasantly surprised about how nice and approachable the regulators are
  - Patient engagement was made much more tangible, researchers more convinced now that patients can be involved in research every step of the way
  - How cultural differences became apparent ... and can be better understood

# We are now working on ExPRESS 2016

- Online content accumulated from previous editions of the EURORDIS Summer School such as webcasts and slide presentations as well as webinars, and interactive training modules.
- Even more hands-on/practical approach related to opportunities offered to be engaged into therapeutic development and regulatory processes (Scientific Advice/Protocol Assistance, Early dialogue with HTA bodies, Benefit/Risk assessment at CHMP, Adaptive Pathways, etc.)
- Reinforcement of networking and interactions between patients and researchers - sharing experiences & peer-to-peer training



# Summer School → Emergence of leadership + Network of alumnis



From 2008 to 2013



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2014



2015