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SCIENCE MEDICINES HEALTH

How could social media data be relevant to regulatory decision-making?

Social Media Workshop

PCWP and HCPWP Joint meeting

19 September, 2016

June M Raine, MHRA UK



Who – are patients & healthcare professionals listened to in regulatory decision-making?

Why regulatory interest in social media?

How might social media add value in pharmacovigilance?

What next for regulators to move forward from here?



Access to safe and beneficial medicines without unnecessary delay

Prompt identification of **signals** of harm in use and risk-proportionate action

Favourable **benefit-risk** of medicine throughout product life-cycle

Quality of manufacture and security of supply chain

Full, comprehensible and up to date **information** to support safe use

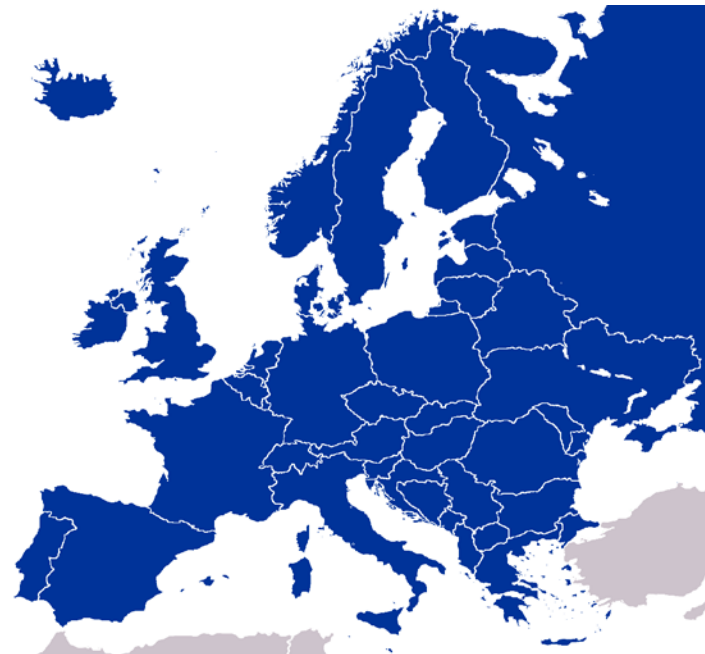


Monitoring benefit risk throughout product lifecycle in near real-time

Timely decision-making as evidence accrues

Using all available evidence supported by suitable methodologies

Patients & healthcare professionals' views integrated throughout



Public hearings



PRAC members





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COMMISSION

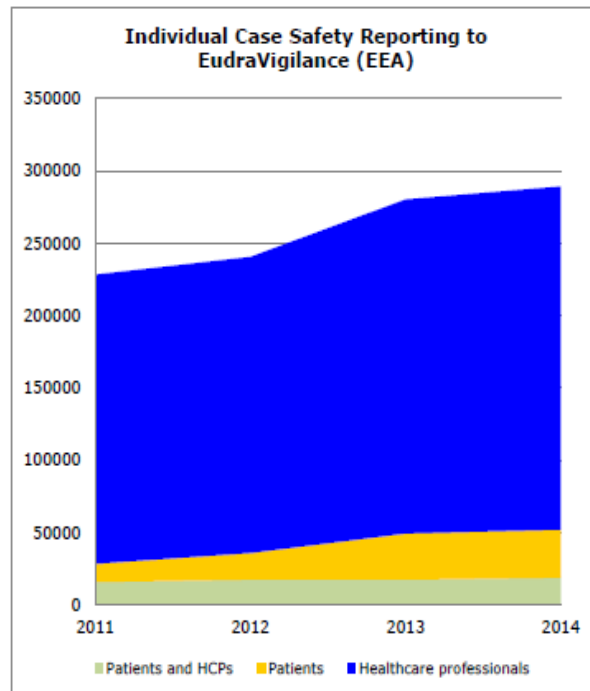
Brussels, 8.8.2016
SWD(2016) 284 final

COMMISSION STAFF WORKING DOCUMENT

Accompanying the document

Commission Report

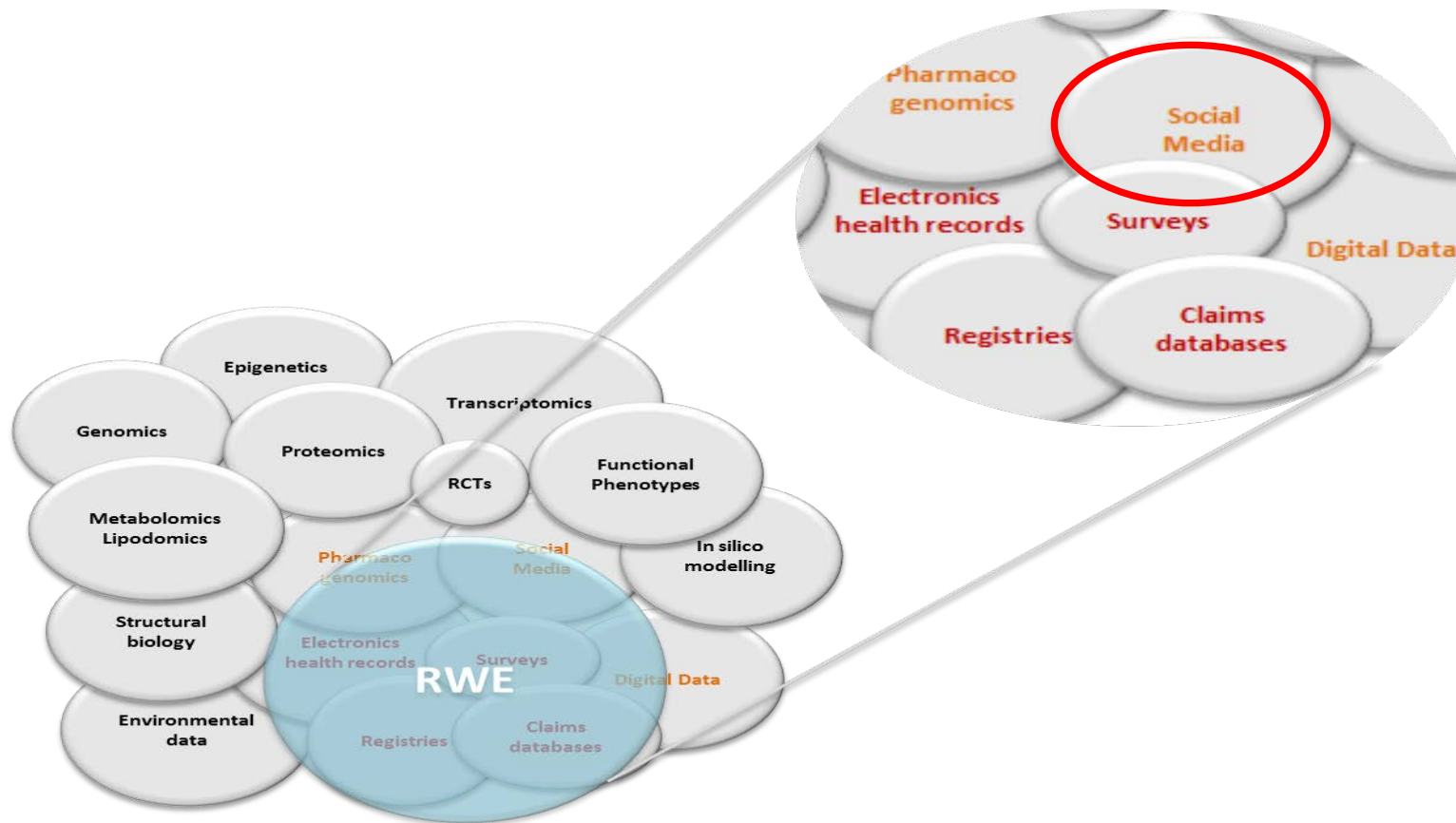
**Pharmacovigilance related activities of Member States and
the European Medicines Agency concerning medicinal products for human use
(2012 – 2014)**



Focus on evidence in real world clinical use



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Why interest in social media?

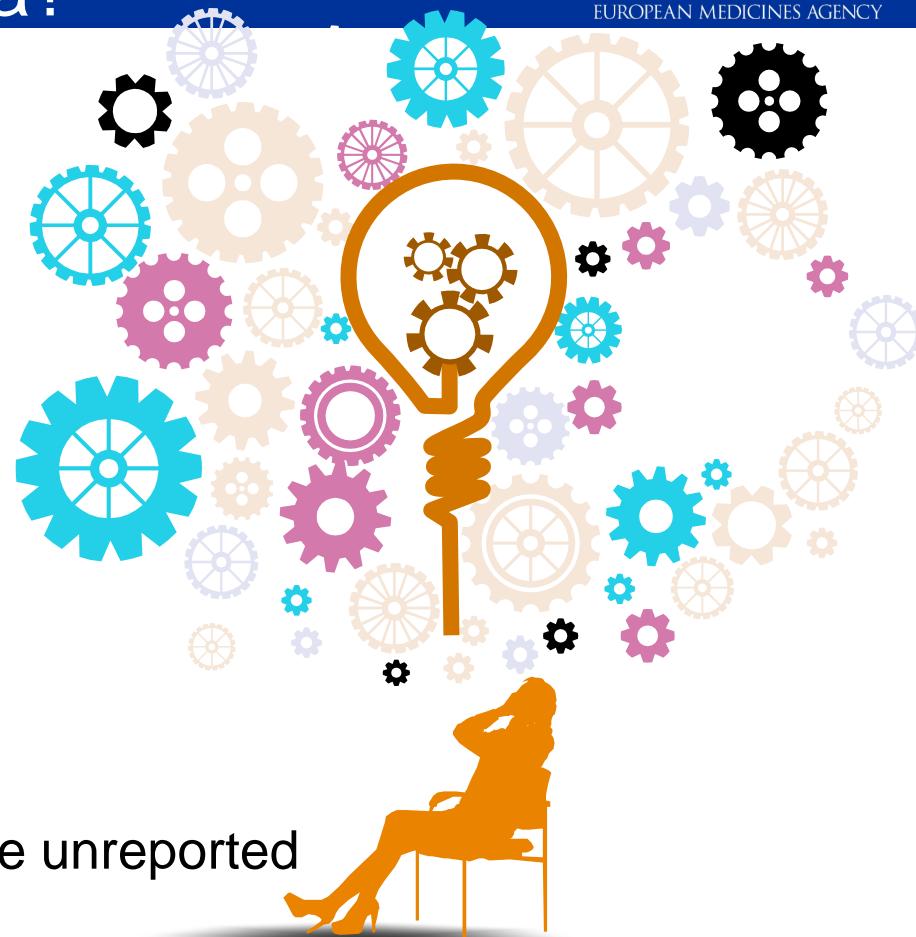


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Patients don't report ADRs because they don't know they can or should

Physicians don't report ADRs because reporting is time-consuming

The information available to regulators on harms in use is incomplete



96% adverse drug reactions are unreported



3.26pm take-off

3.27pm engine trouble

9 min

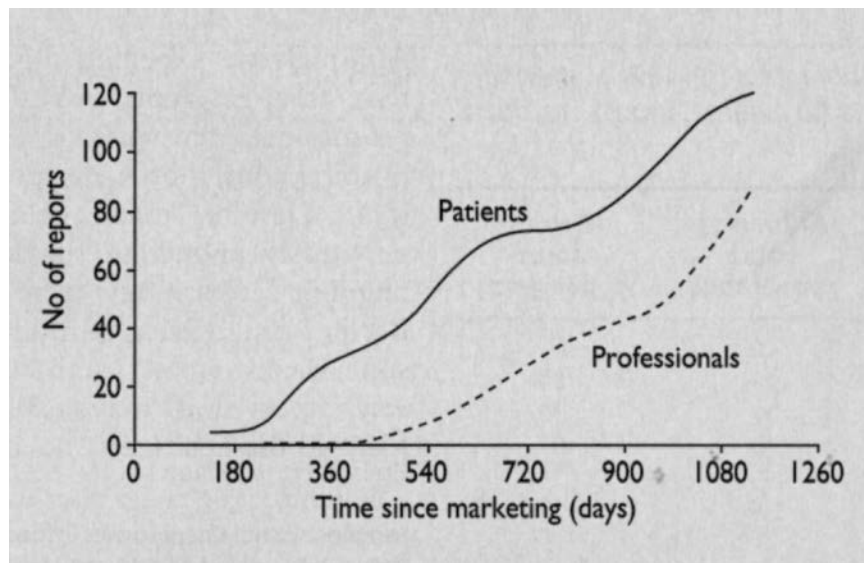
3.36pm first picture on TwitPic

"There's a plane in the Hudson. I'm on the ferry going to pick up the people. Crazy."

12 min

3.48pm: NY Times 'breaking'

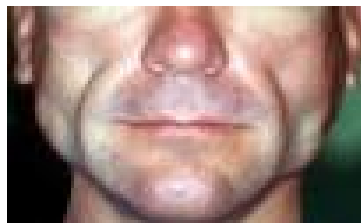




Patient reports of suspected adverse reactions associated with SSRIs preceded those of healthcare professionals

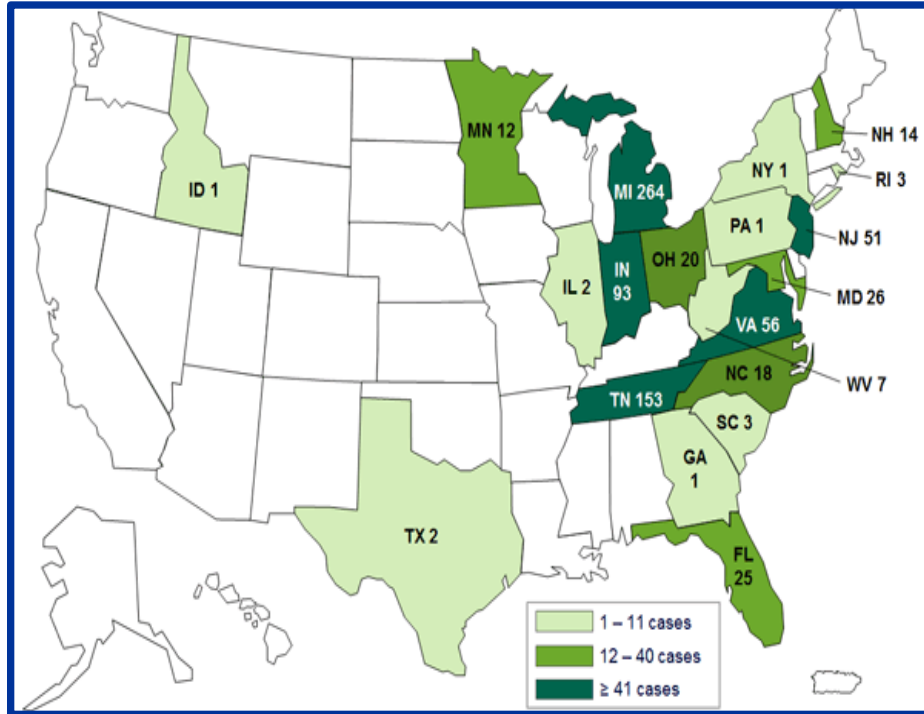
Lipoatrophy
associated with
certain anti HIV
medicines

"Crix belly"

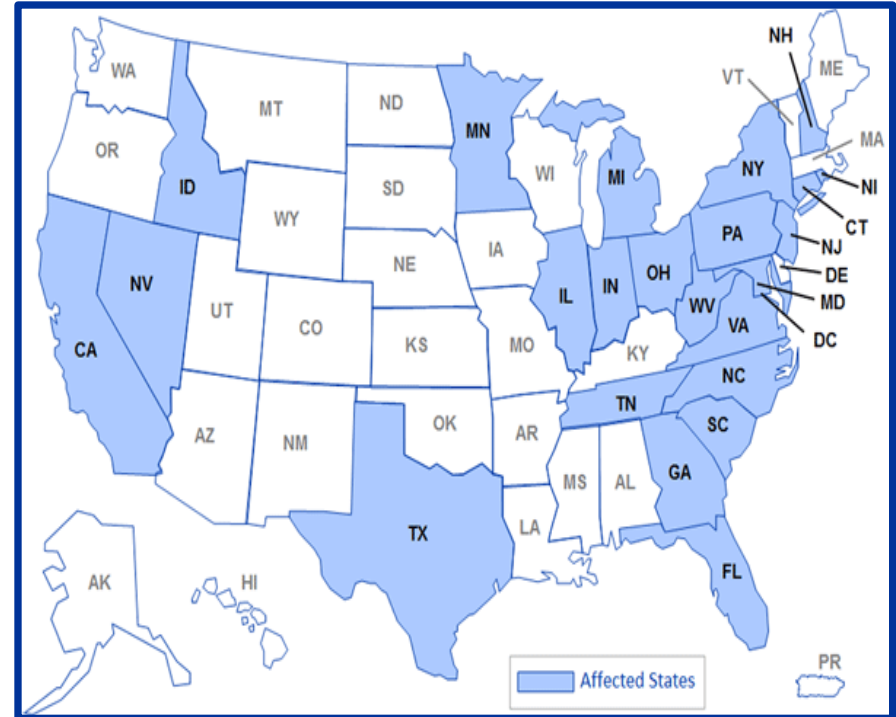


Henghel et al, Lo et al Lancet 1997, 1998

Meningitis Cases Are Linked to Steroid Injections in Spine



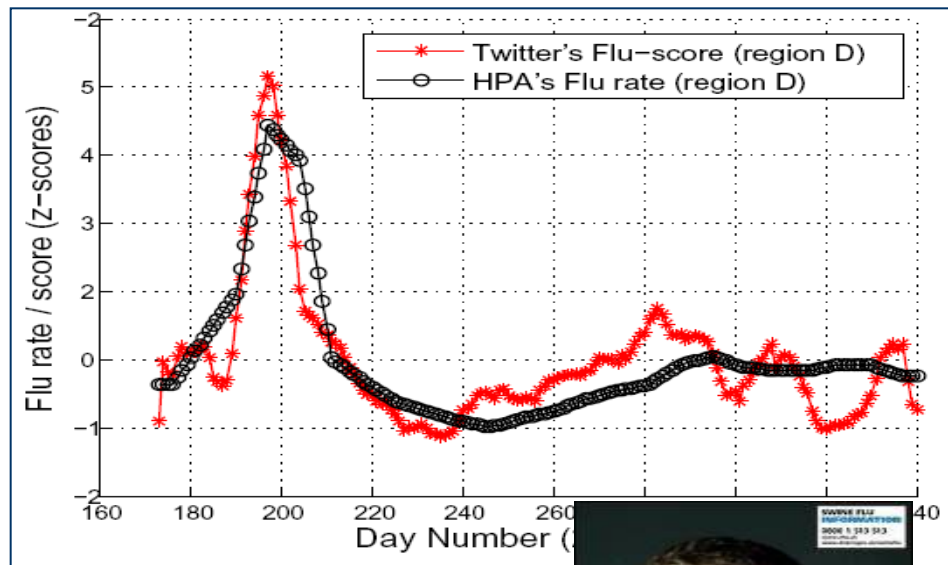
Total of 753 cases and 64 deaths from fungal meningitis



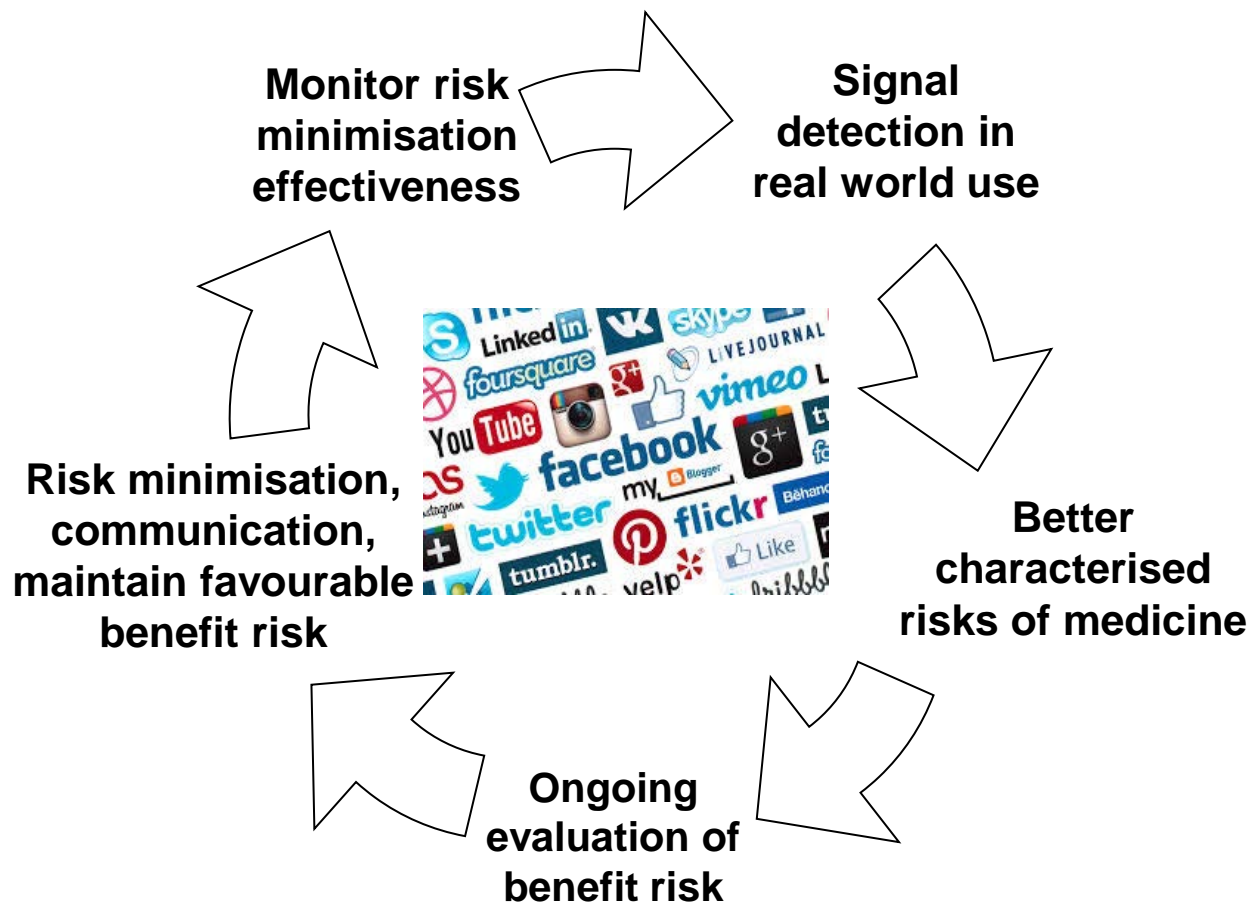
States which received recalled steroid from New England compounding centre

During 2009 flu pandemic, mentions of symptoms on Twitter correlated closely with number of cases recorded over same time period

Social media conversations could be used to predict the impact of outbreaks in future



How could social media be relevant to pharmacovigilance?





Rachel
@mamasnark



Follow

@JoeC Second day off Effexor & on Viibryd here. Brain zaps are fun. And by fun, I mean horrendous & miserable.

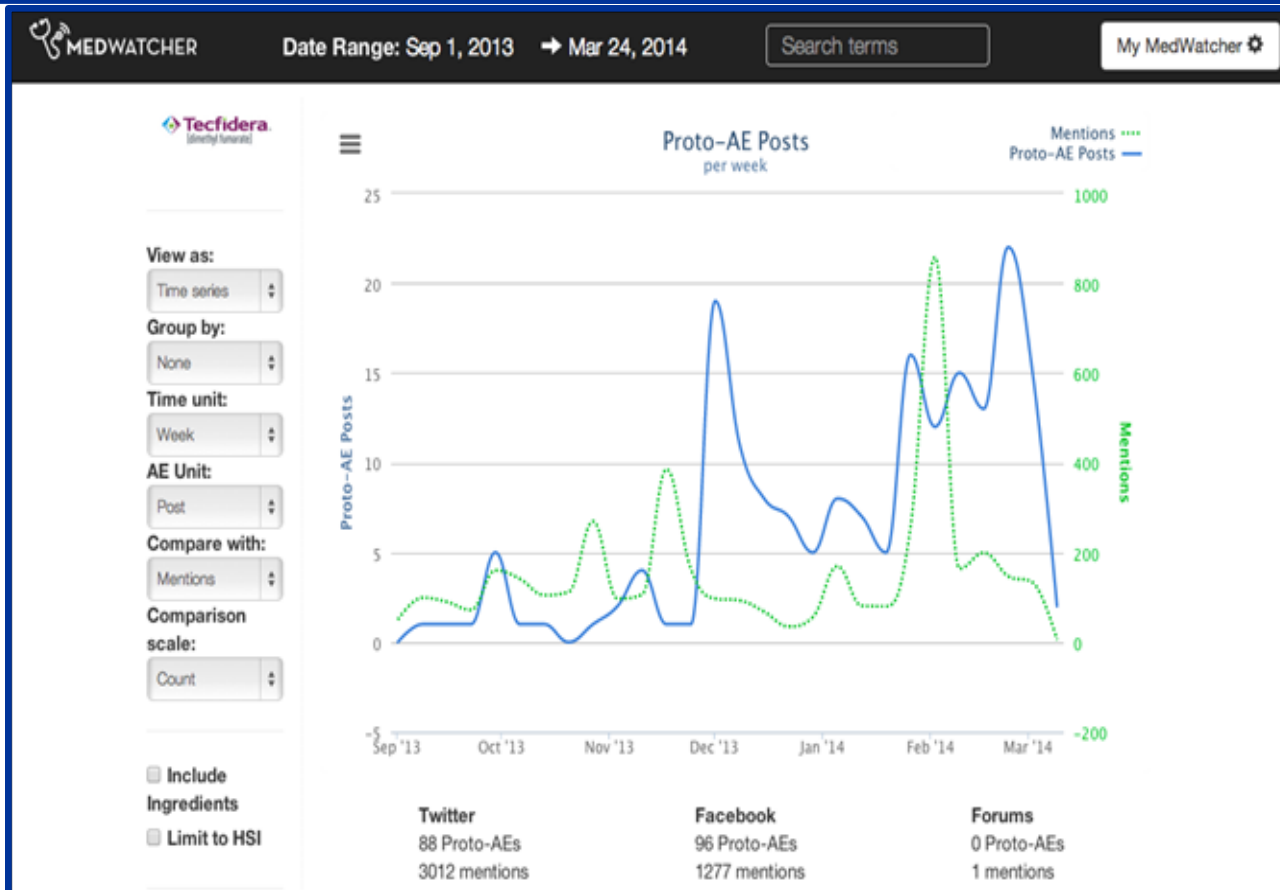
← Reply ↻ Retweet ★ Favorite ... More

12:31 PM - 16 Jun 13

Signal analysis?



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Signal strengthening?



Social media may supplement evidence from spontaneous reports of suspected adverse drug reactions

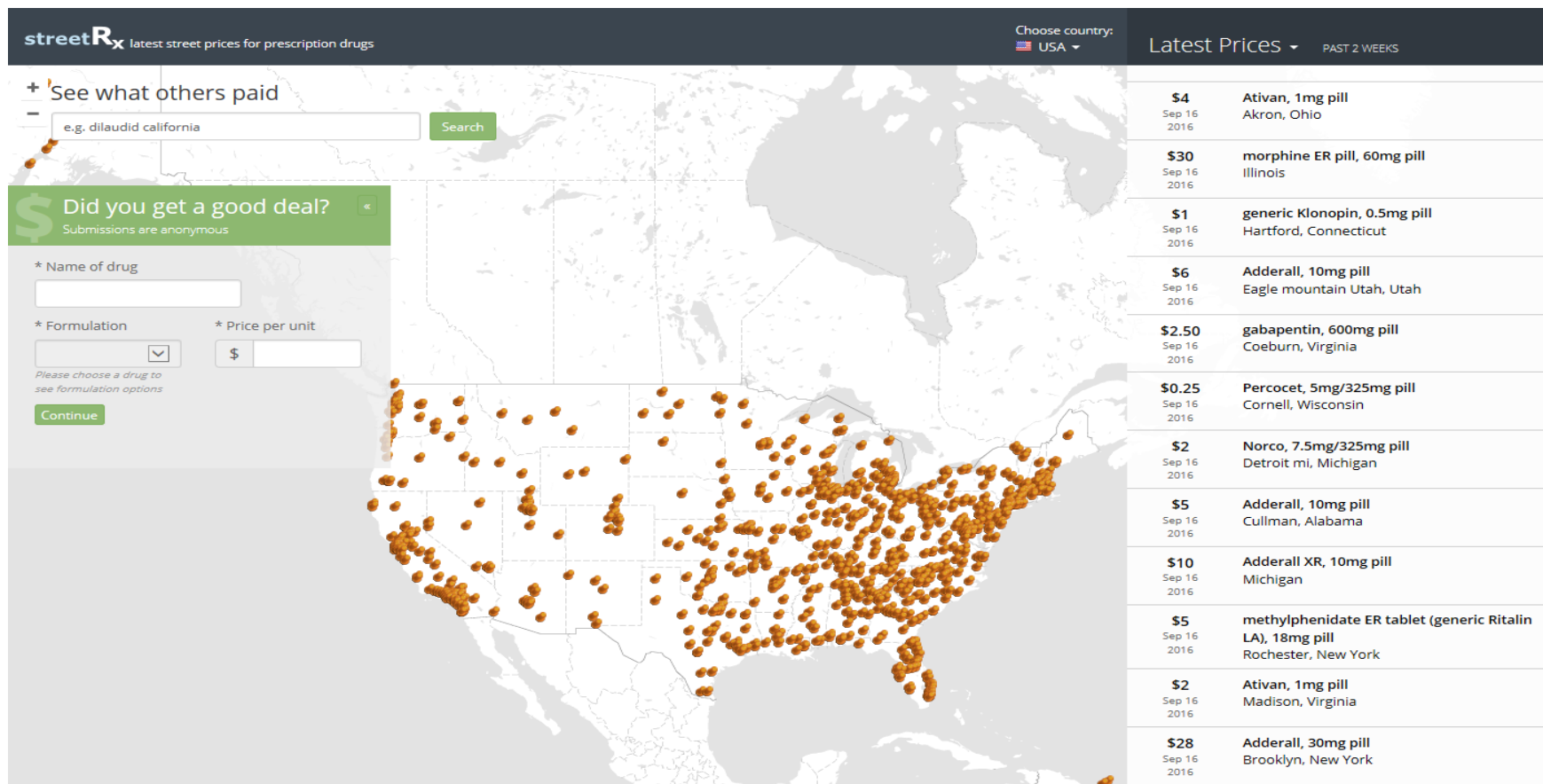
Differing value in detection/ analysis/ strengthening for different medicines or events

A “one size fits all” approach may not be the most helpful

Misuse and abuse



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Methylphenidate (Ritalin)

Study of Twitter “proto-AEs” for Ritalin has over 5,000 records

Further analysis yielded series of threads suggestive of patterns of misuse at educational institutions including colleges, universities at time of examinations



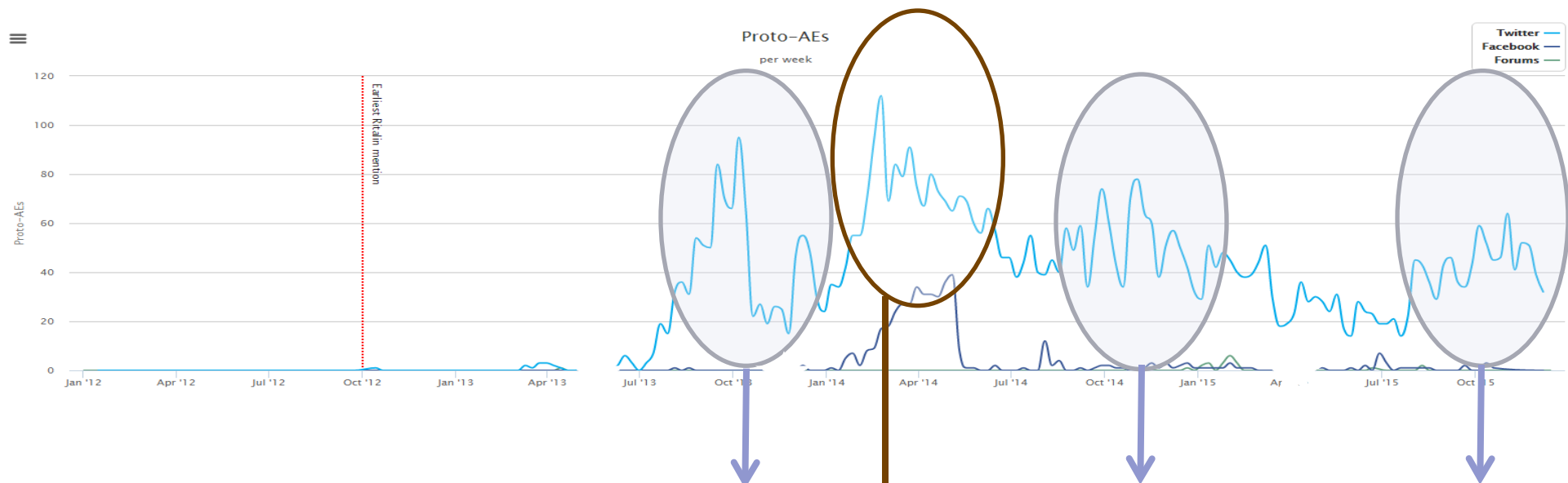
Personal communication, D Lewis 2016

Verbatim text	Active substance(s)	Proto-AEs 08 Jan 15	Mentions 08 Jan 15	% proto AEs
Ritalin	methylphenidate	4912	117492	4.18%
Methylphenidate		130	7940	1.64%

Social media conversations on Ritalin over time



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October → November – academic work, cold season, contributing to increase mentions

March → April – academic work contributing to increase

Pre-planned epidemiology study using Clinical Practice Research Datalink confirmed no evidence of increased risk of chronic fatigue syndrome

Results: The number of spontaneous reports of chronic fatigue following Cervarix vaccination was consistent with estimated background rates even assuming low reporting. Ecological analyses suggested that there had been no change in the incidence of fatigue syndromes in girls aged 12–20 years after the introduction of the vaccination, despite high uptake (IRR: 0.94, 95% CI: 0.78–1.14). The SCCS, including 187 girls, also showed no evidence of an increased risk of fatigue syndromes in the year post first vaccination (IRR: 1.07, 95% CI: 0.57–2.00, $p = 0.84$).

Vaccine 31 (2013) 4961–4967



Contents lists available at ScienceDirect

Vaccine

Journal homepage: www.elsevier.com/locate/vaccine

Bivalent human papillomavirus vaccine and the risk of fatigue syndromes in girls in the UK

Katherine Donegan, Raphaëlle Beau-Lejdstrom, Bridget King, Suzie Seabroke, Andrew Thomson, Philip Bryan*

Vigilance and Risk Management of Medicines, Medicines and Healthcare products Regulatory Agency, London, UK



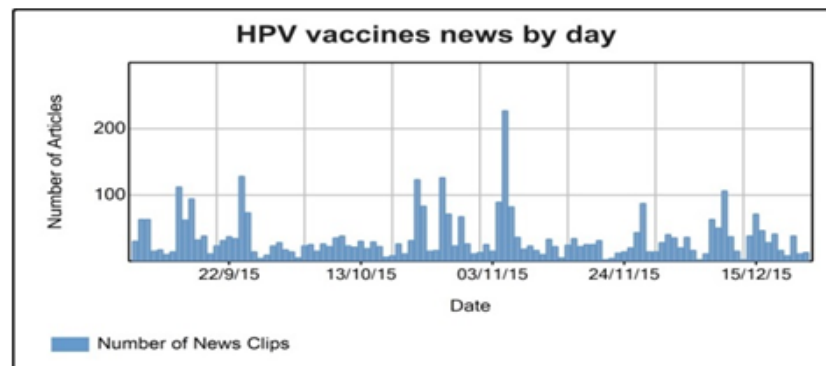
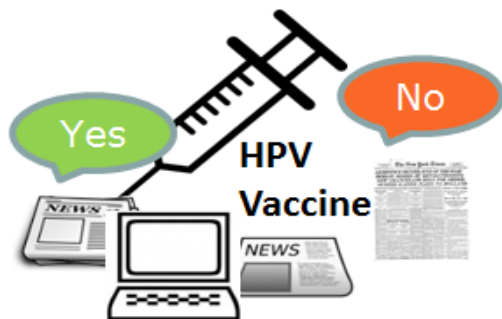
© bruce adams



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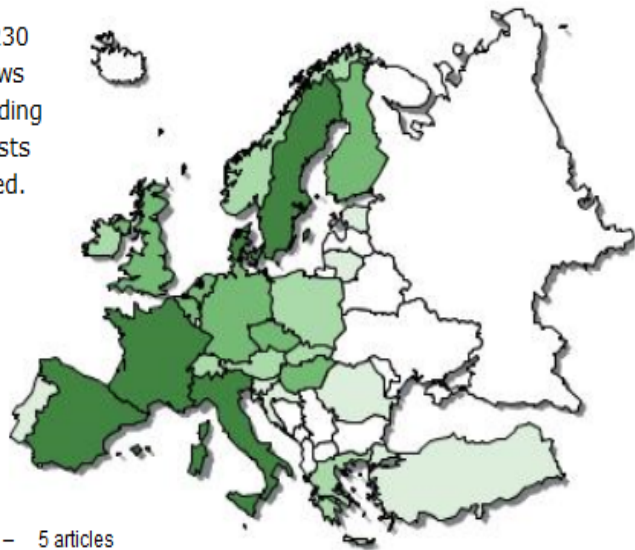
Media Monitoring of the HPV Vaccines Debate – What the public wants to know and experts should address

Priya Bahri, Julianna Fogd, Irina Caplanusi, Andrej Segec, Xavier Kurz, *European Medicines Agency (EMA)*, on behalf of the IMI-ADVANCE consortium. For more information email: priya.bahri@ema.europa.eu



4. Results

A total of 4230 articles ("news clips"), including 493 blog posts were collected.



Lighter green: 1 – 5 articles
Light green: 6 – 10 articles
Dark green: 14 – 47 articles
Darker green: 68 – 626 articles

Map depicting volume of media coverage from 7 Sep to 23 Dec 2015

MM of online news in most EU languages
60-100 items identified daily

Analysis of topics, concerns and information gaps, translation into **"virtual questions"**

When EU review started, public debate moved from **personal** to **scientific** points

Virtual questions grouped into 12 question areas - public had **wide** information needs

MM helped **assessors & decision-makers** ensure that **public concerns** were covered by the EU assessment, & adequate **details** provided in public statements on outcome

Where to look?

Blogs

facebook®

How collect, analyse data?

Email alerts

You Tube
Broadcast Yourself™

Language/terminology?

Linked in

Validation?

flickr

twitter

Duplicate detection?

Etc, etc

Forums

Moving forward on the basis of evidence

Innovative Medicines Initiative WEB-RADR consortium

How can we make **best use** of these new technologies to enhance pharmacovigilance?

Can use of social media be harnessed to support regulatory **decision-making in PV**?

What are the **legal & ethical** implications?

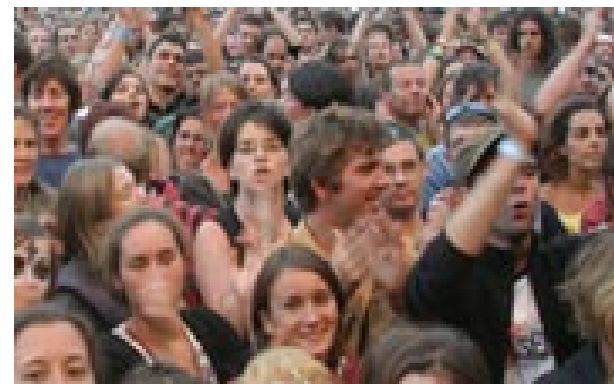
What **policy & guidance** need to be in place to ensure that data are used appropriately?



How may social media contribute to regulatory decisions?

- Signals in certain therapeutic areas and types of harms (quality defects)
- Hard-to-reach areas outside “traditional” pharmacovigilance eg misuse & abuse
- Timeliness and geographical location
- Research tool that identifies ‘user needs’, feeding into content strategies

Helping regulators to fill the “knowledge gap” more comprehensively and quickly





Patients are speaking - shouldn't we be listening?



Meet patients
where they're at



Protect their
privacy



Give them easy
to-use tools