

Workshop on Single Arm Trials in Oncology Products  
EMA, London, June 30, 2016

# How to improve the reliability of Single Arm Trials

Paolo Bruzzi

Clinical Epidemiology Unit

IRCCS San Martino-IST - National Cancer Research Institute

Genoa - ITALY

# Focus of the presentation

*Not discussed*

Experimental studies

*Observational studies*

aimed at evaluating the  
efficacy (phase III)

*Phase I and II, dose finding,  
proof of principle*

of cancer drugs

*Other treatments, other diseases*

without a randomized  
control group

*Classical RCT's, (Cluster trials?  
Crossover trials?)*

# Single Arm Trials

- a) Without a control group
- b) With a (or  $>1$ ) control group
  - Historical
  - Concurrent

# Single Arm Trials

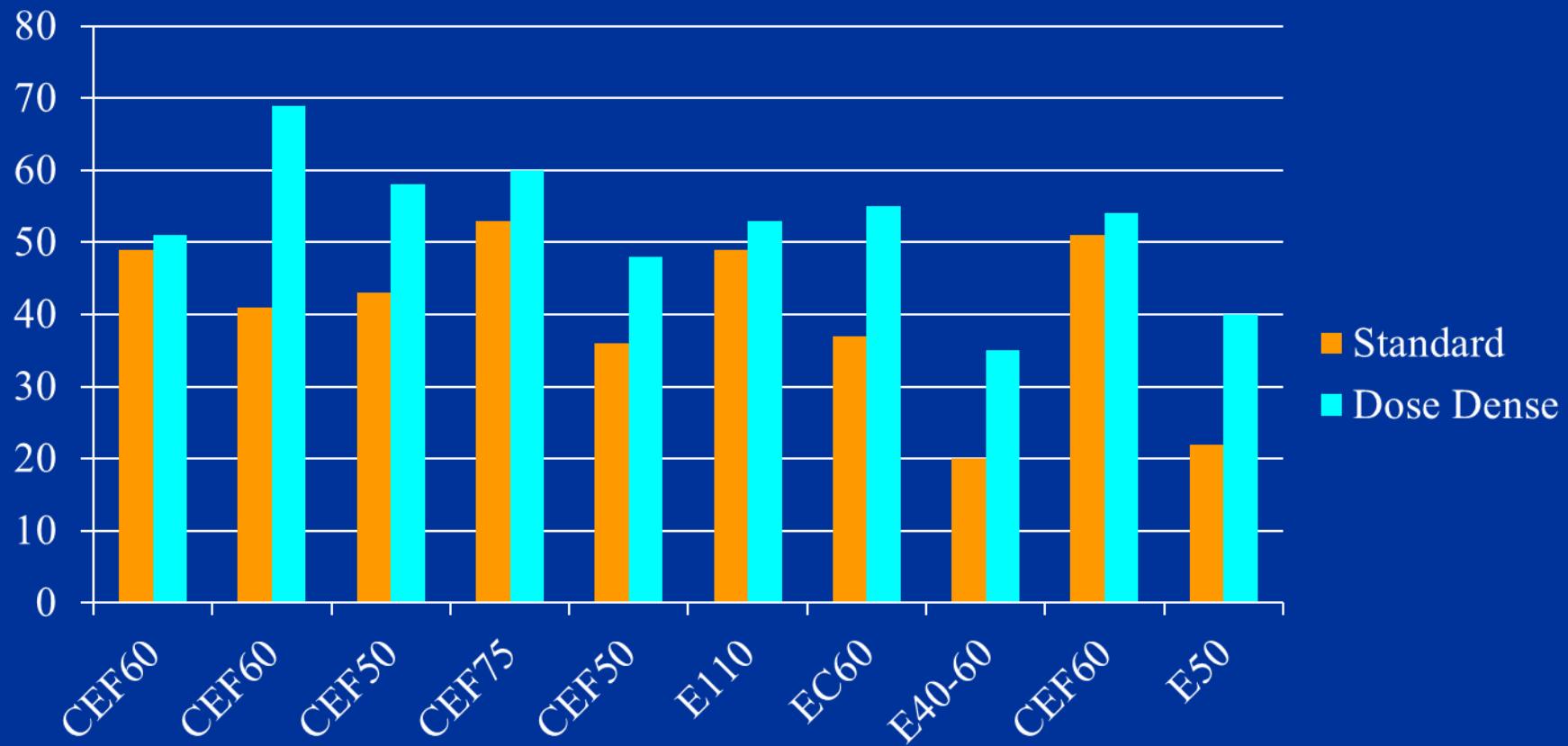
a) Without a control group

Absolute benefit = “success” rate

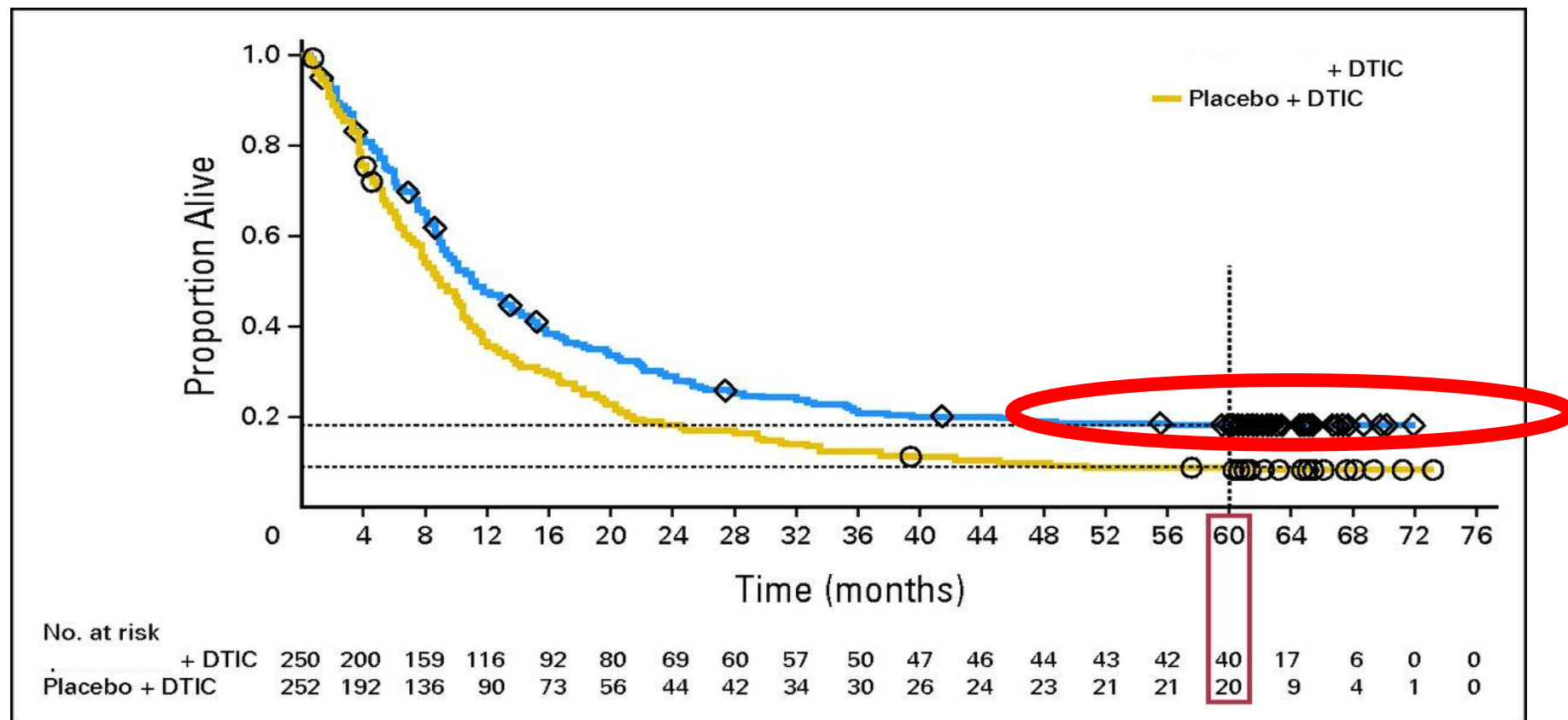
(e.g. % of Responses, of long-term survivors, etc.)

- Breakthrough drugs (e.g. Gleevec in GIST)
- Otherwise unreliable (large variations)

# Response Rate in RCT's of standard & dose dense Anthracyclines in MBC

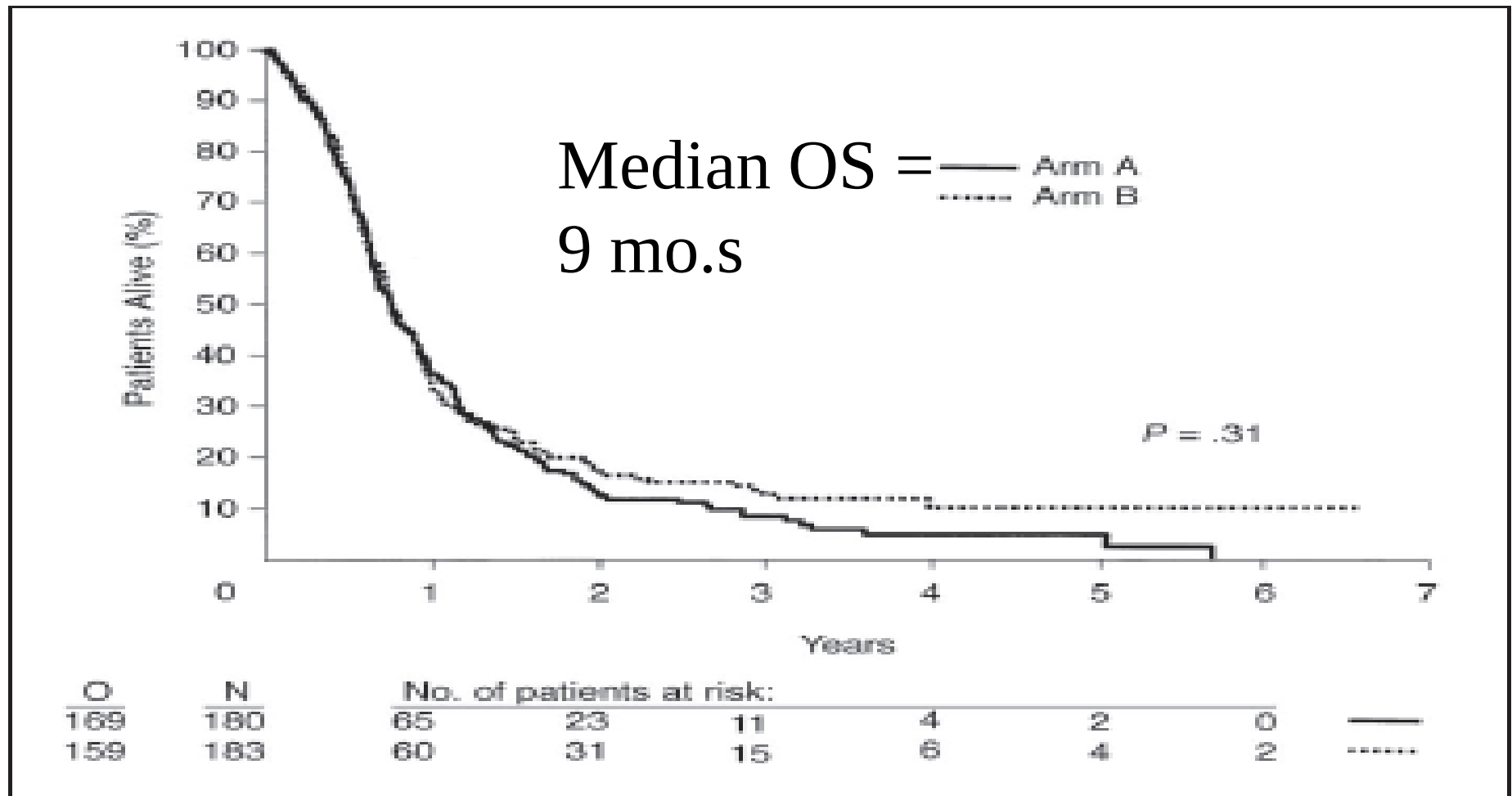


**Kaplan-Meier estimates of overall survival in patients treated with ipilimumab plus dacarbazine (DTIC) or placebo plus DTIC in phase III CA184-024 study.**



Michele Maio et al. JCO doi:10.1200/JCO.2014.56.6018

# Metastatic Melanoma, DTIC/Plat./IF +/- IL2 - 2005 (Keilholz EU)



**Fig 1.** Overall survival according to treatment arm. O, number of observations; N, number of patients.

# RCT's in Metastatic Melanoma (control group)

| Year        | Author - Treatment      |  | Median OS (months) | HR          |
|-------------|-------------------------|--|--------------------|-------------|
| 2001        | DTIC, Young             |  | 4                  | 1           |
| 2004        | DTIC, Avril             |  | 5.6                | 0.71        |
| <i>2002</i> | <i>PoliCT, Ridolfi</i>  |  | <i>9.5</i>         | <i>0.42</i> |
| <i>2005</i> | <i>PoliCT, Keilholz</i> |  | <i>9</i>           | <i>0.44</i> |
| 2011        | DTIC, Robert            |  | 9.1                | 0.44        |



# Stacchiotti JCO 2012

## Phase II of Imatinib in Chordoma

- Uncontrolled, 14 centers
- 56 patients in 18 mos
- PD > 30 events (Median PFS = 9 months)
- OS  $\approx$  25 events (Median OS = 35 months)
- Response Rate
  - CR: 0
  - PR: 1/50 (2%),
  - SD: 35 (70%)

# Stacchiotti JCO 2012

## Phase II of Imatinib in Chordoma

*Conclusions: “...confirms that imatinib has some antitumor activity in chordoma. ... The lack of RECIST responses and the potentially slow natural course of the disease ... do not allow us to affirm that this treatment is effective”*

# How to improve the reliability of Single Arm Trials

1. A control group should be available for comparison (and considered in study design)

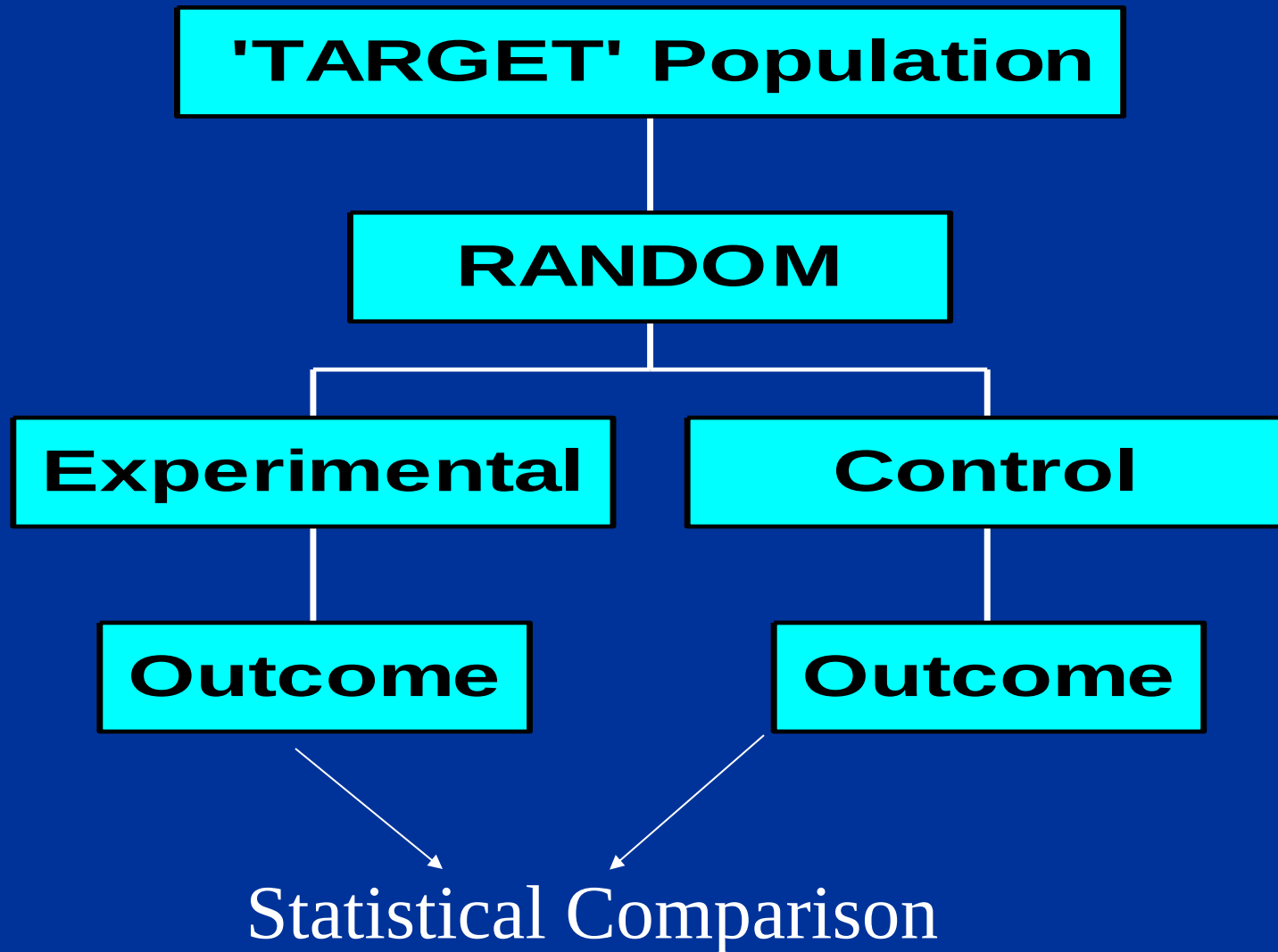
# Single Arm trials

*a) Without a control group*

b) With a control group

- Historical
- Concurrent

# Randomized Clinical Trial



# Single Arm Trial

**'TARGET' Population**

**Period, Center,  
Doctor, Patient**

**Experimental**

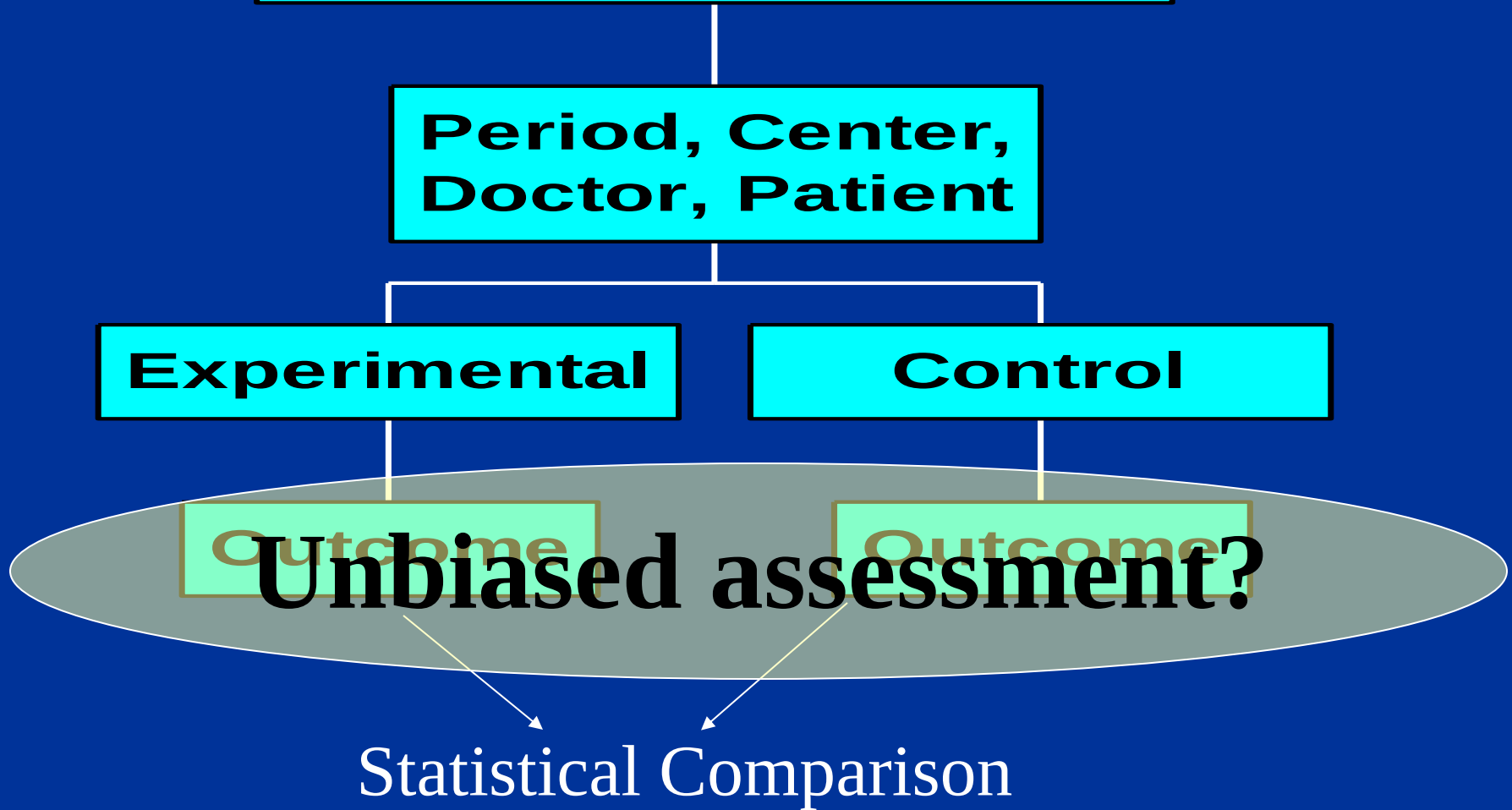
**Control**

**Outcome**

**Outcome?**

**Unbiased assessment?**

Statistical Comparison



# Unbiased assessment of outcome

- Hard Endpoint = Overall Survival
- Soft endpoint (RR, PFS, RFS, etc.)
  - Valid Surrogate?
  - Unbiased (or comparable) assessment in different periods, centers, etc.?

Blinded review of endpoints (feasible and effective?)

# How to improve the reliability of Single Arm Trials

1. A control group should be available for comparison (and considered in study design)
2. The study endpoint should be OS. Otherwise a bias must be always suspected



# Single Arm Trial

**'TARGET' Population**

**Period, Center,  
Doctor, Patient**

Experimental

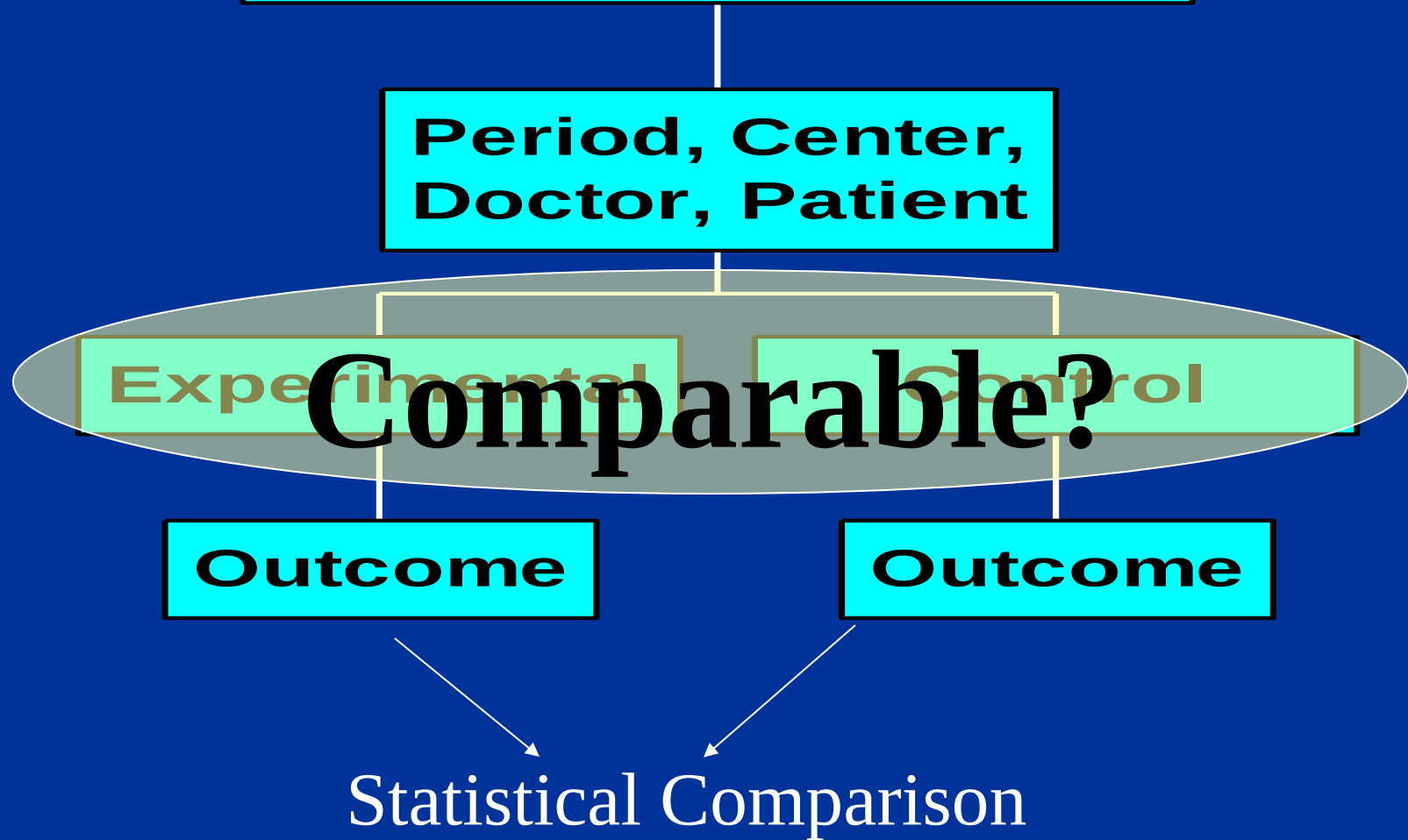
Control

**Comparable?**

**Outcome**

**Outcome**

Statistical Comparison



# Problems with historical controls

- Biological Variability (e.g. endomet. C., breast c.)

- Selection Criteria (Clinical Center, Period

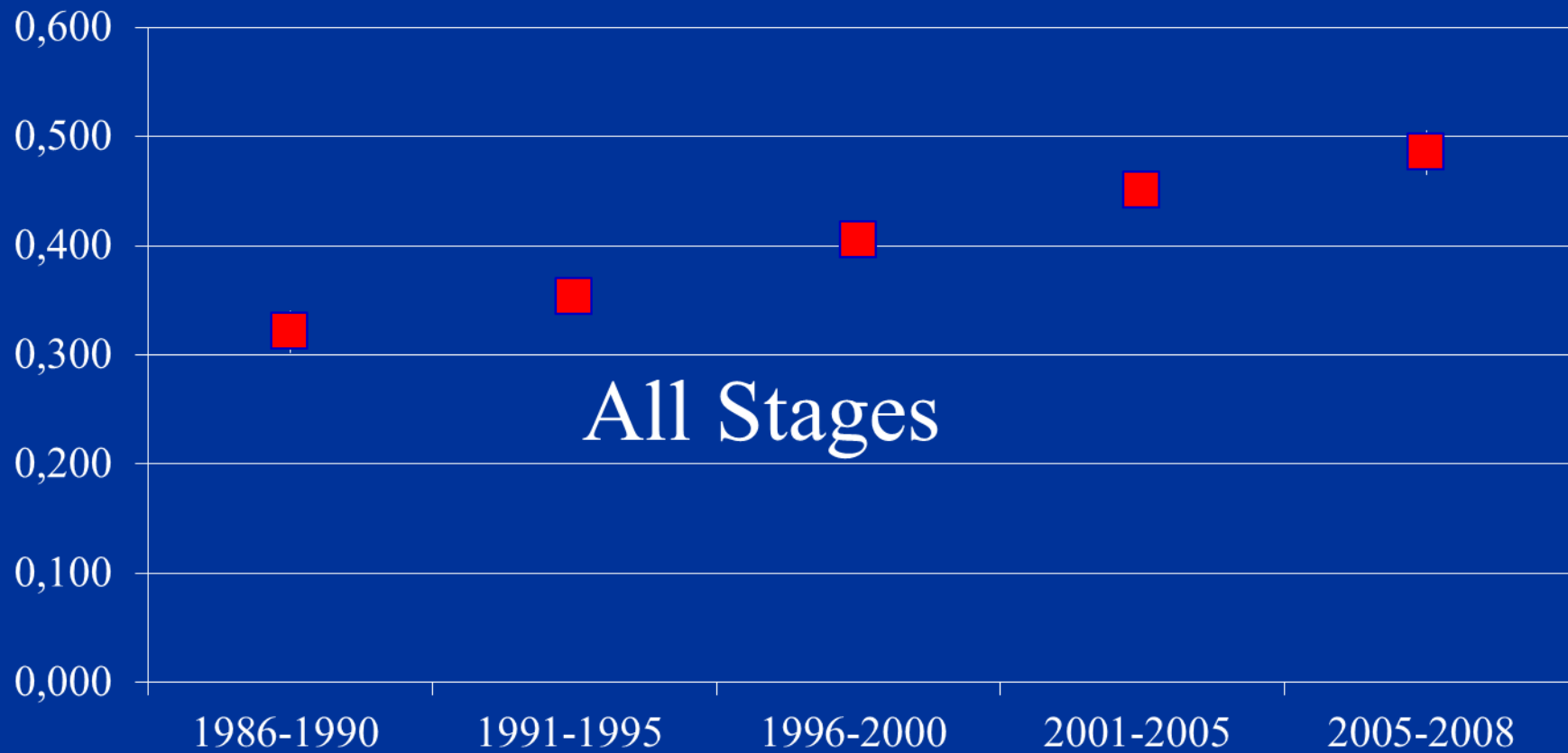
Statistical adjustments  
ineffective

- Disease stage at diagnosis (earlier diagnosis, technologies)

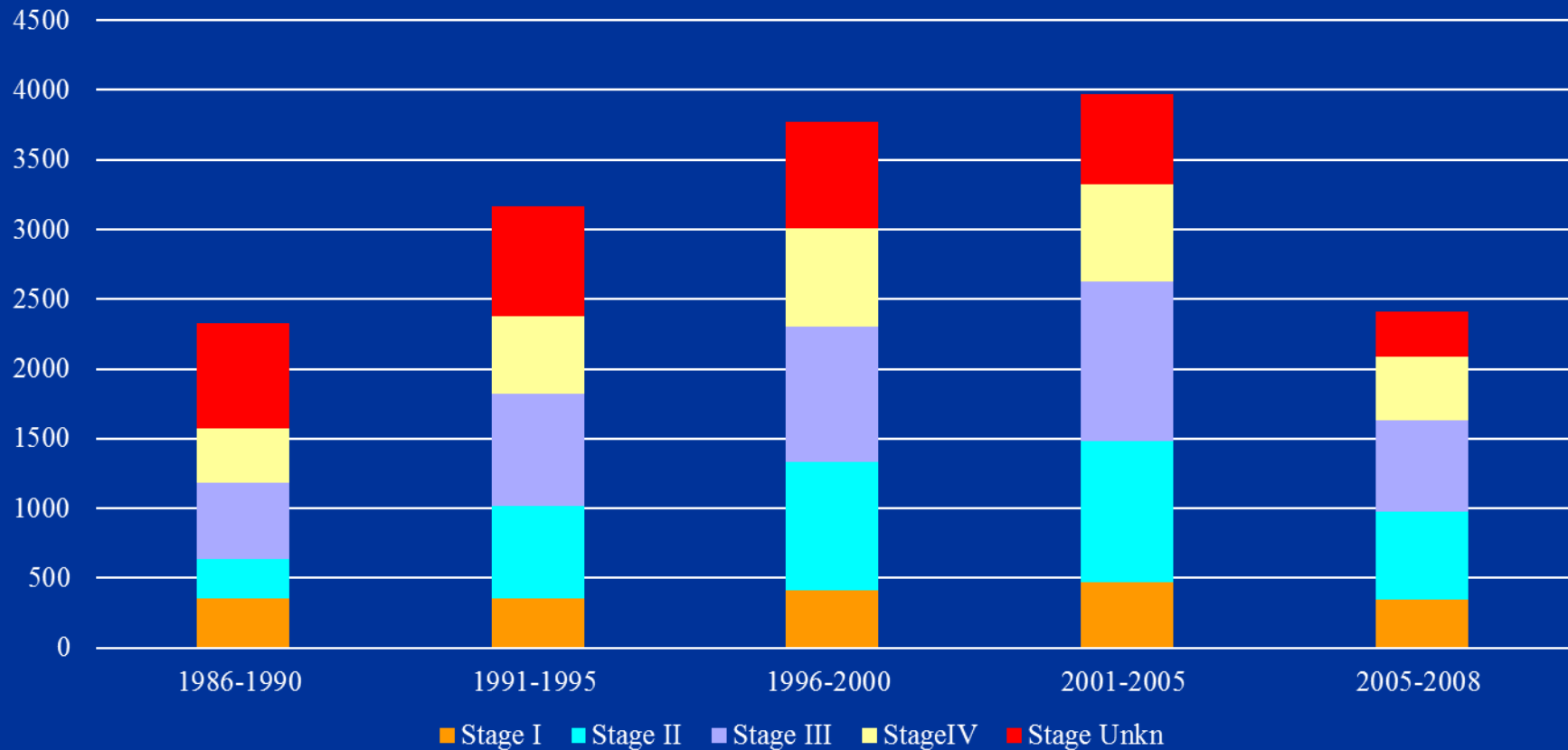
- Stage Migration (Will Rogers' phenomenon)

# Genoa Cancer Registry

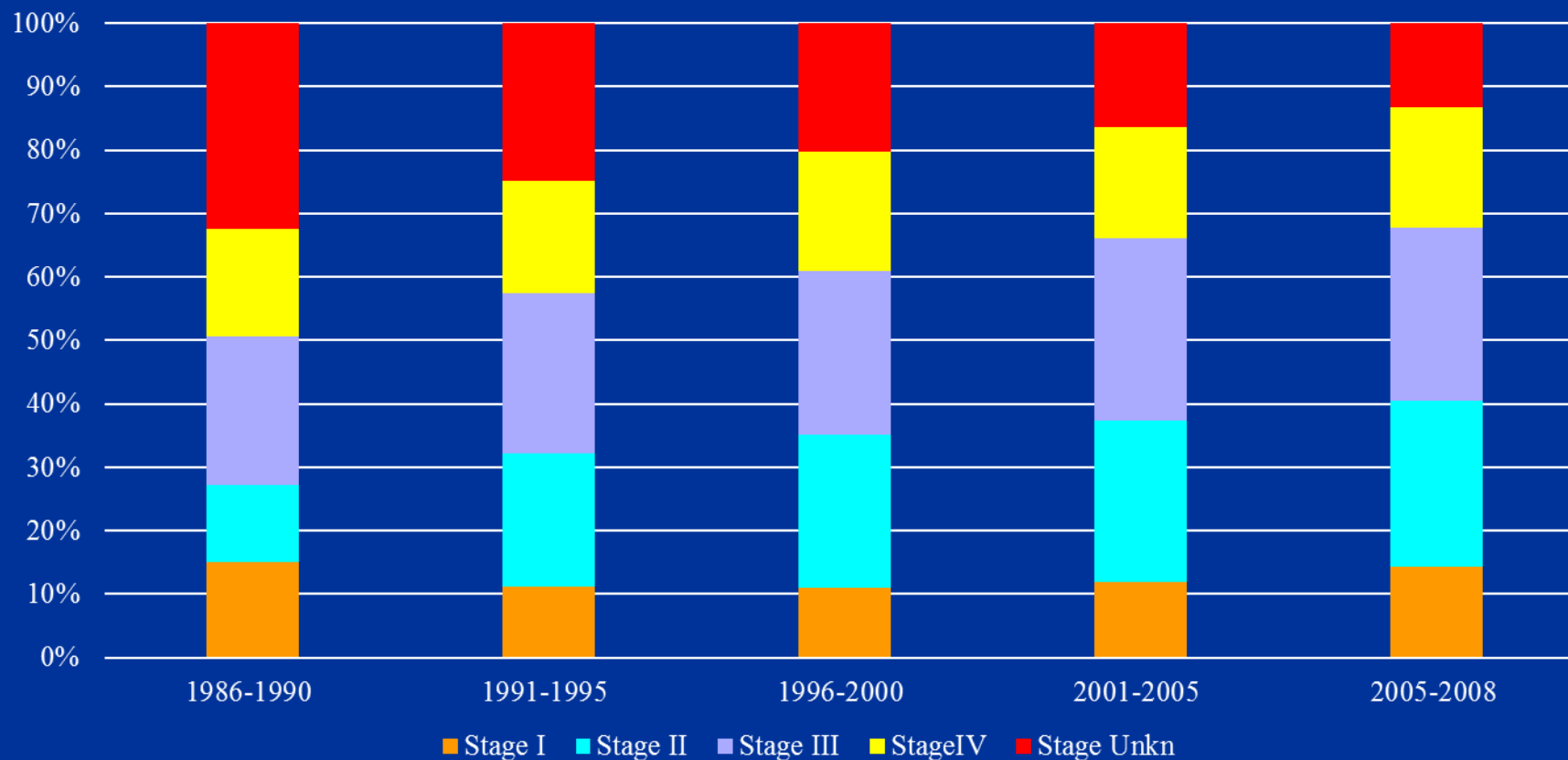
## Colorectal cancer - 5 yrs Survival



# Genoa Cancer Registry – Cases of Incident Colon Cancer

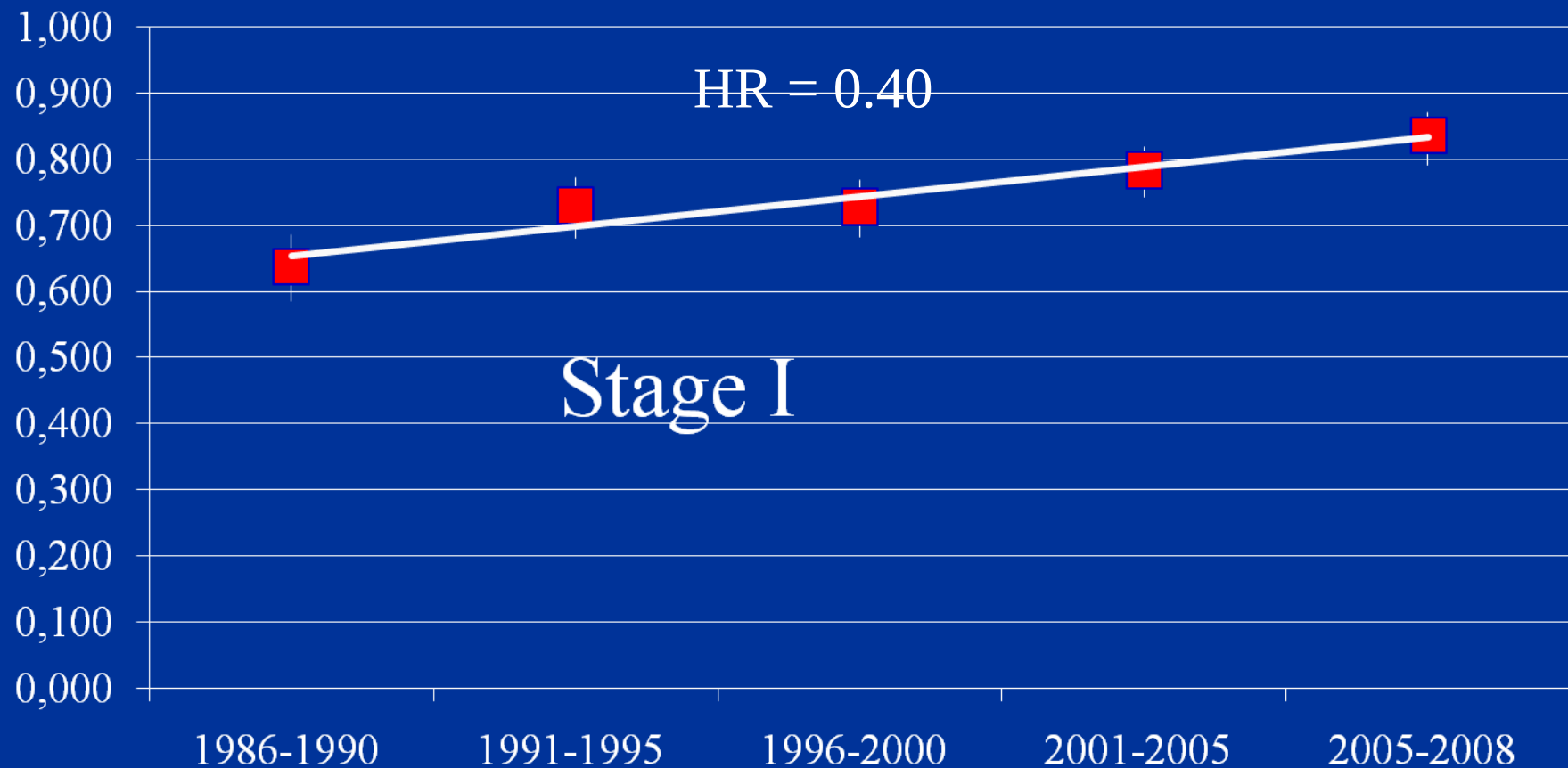


# Genoa Cancer Registry – Cases of Incident Colon Cancer



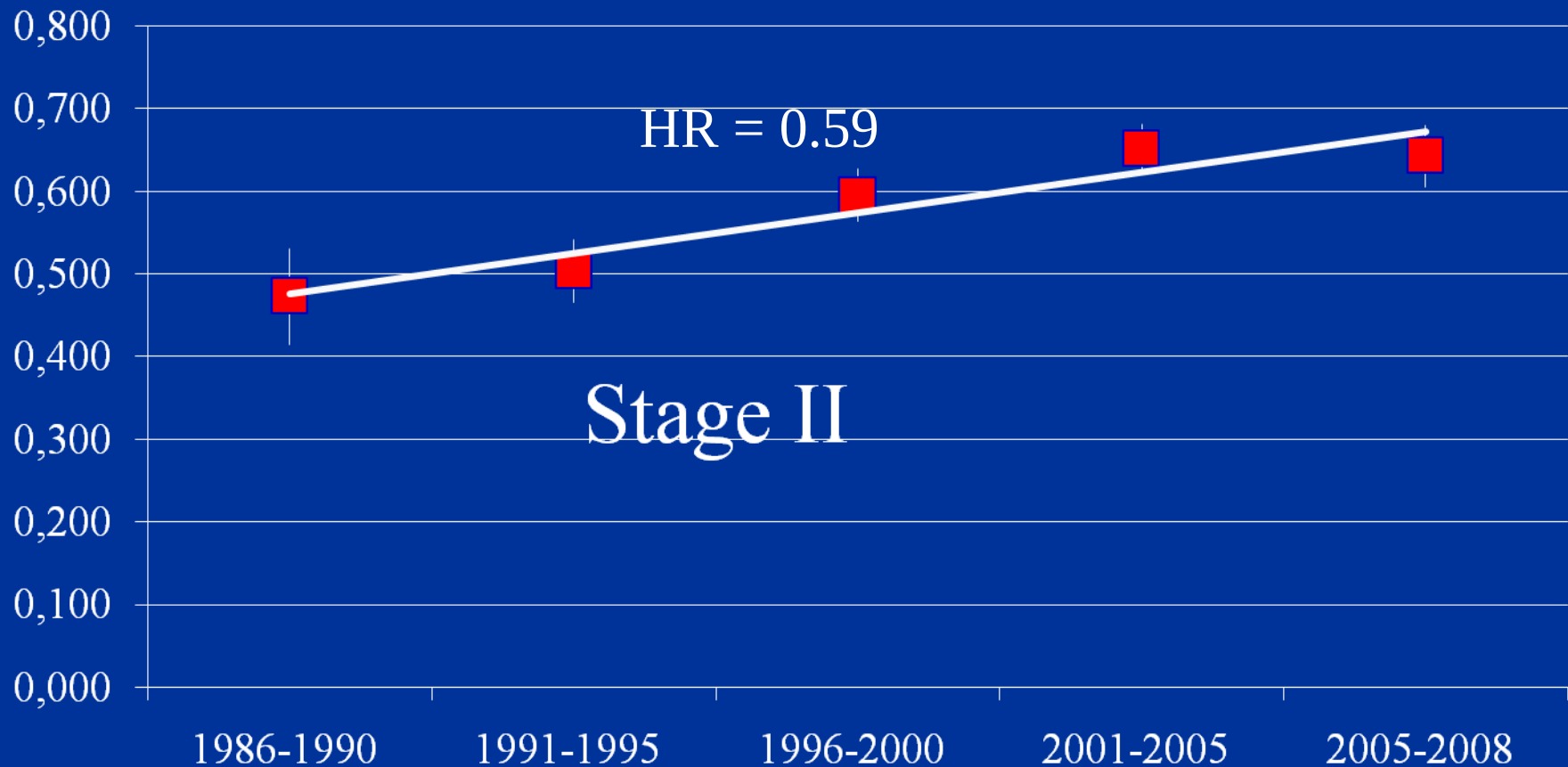
# Genoa Cancer Registry

## Colorectal cancer - 5 yrs Survival



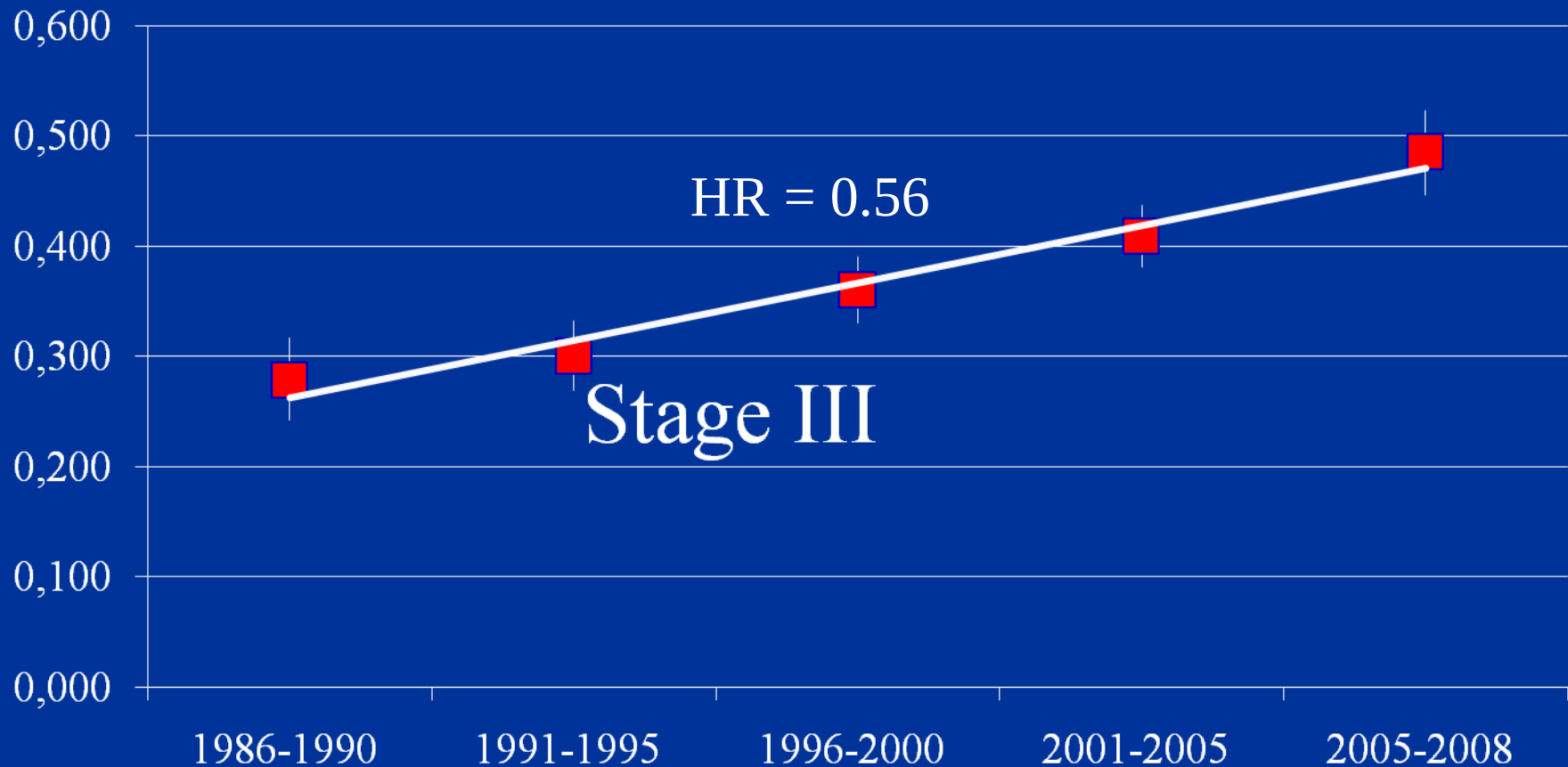
# Genoa Cancer Registry

## Colorectal cancer - 5 yrs Survival



# Genoa Cancer Registry

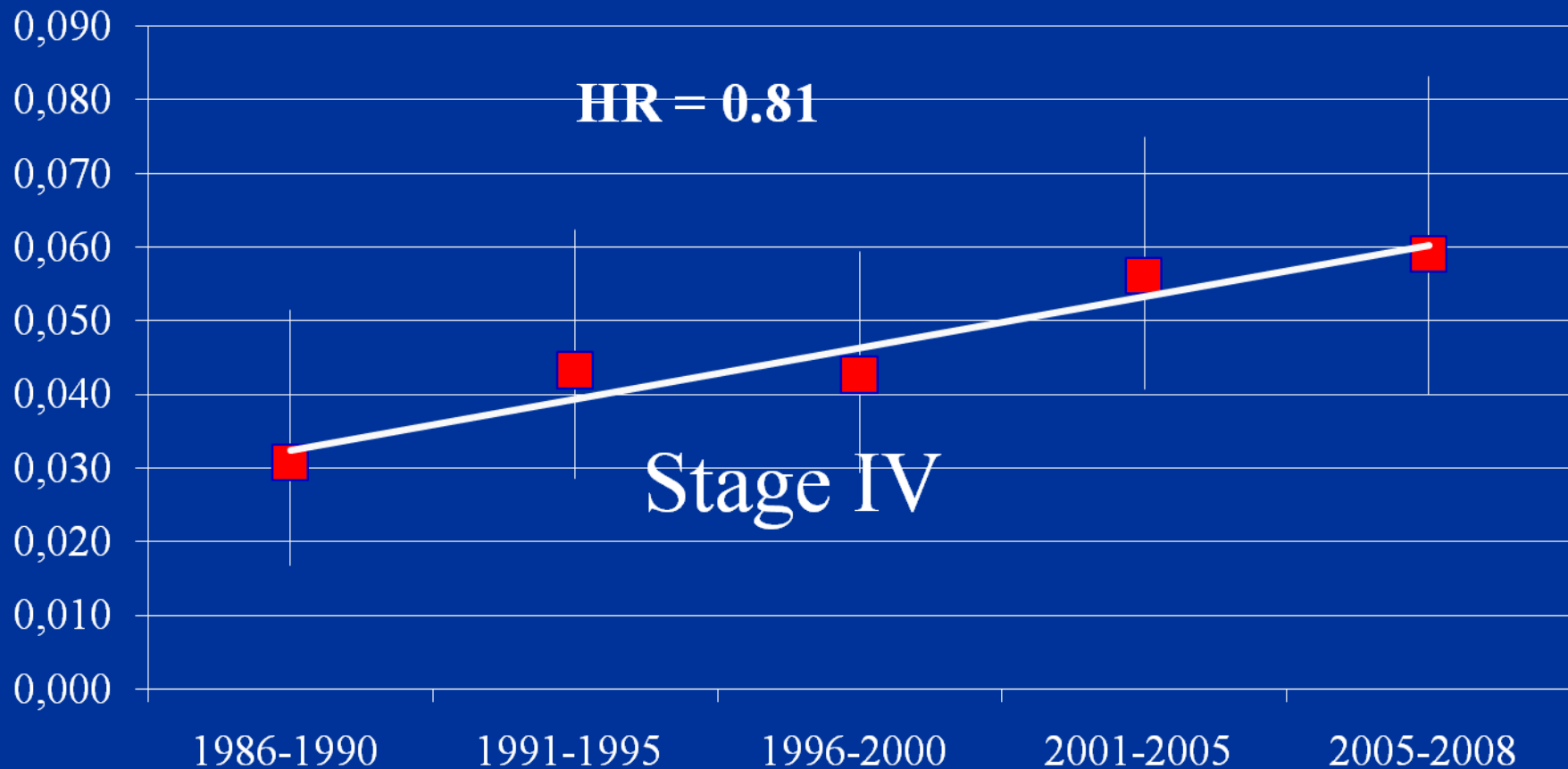
## Colorectal cancer - 5 yrs Survival





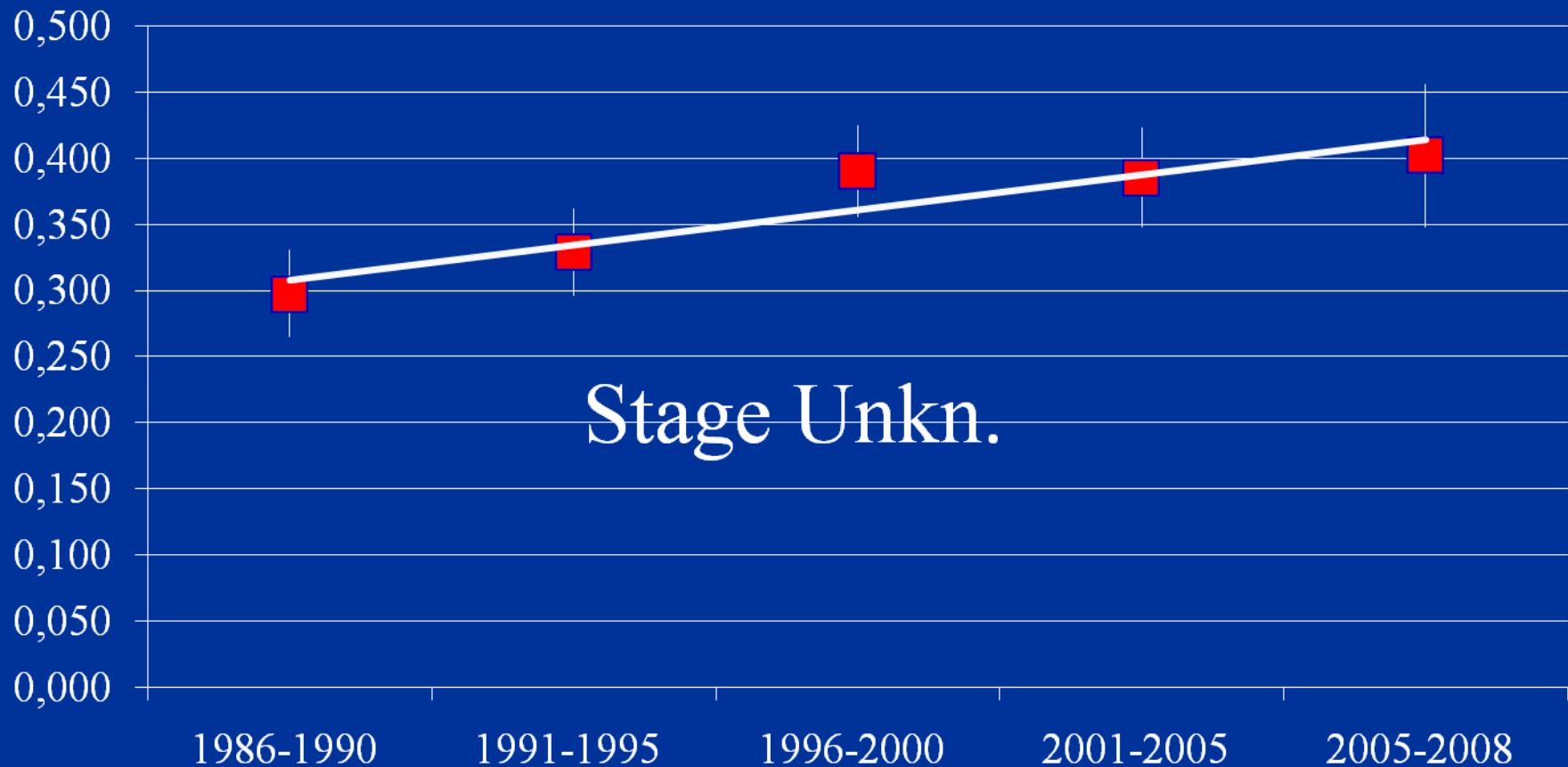
# Genoa Cancer Registry

## Colorectal cancer - 5 yrs Survival



# Genoa Cancer Registry

## Colorectal cancer - 5 yrs Survival

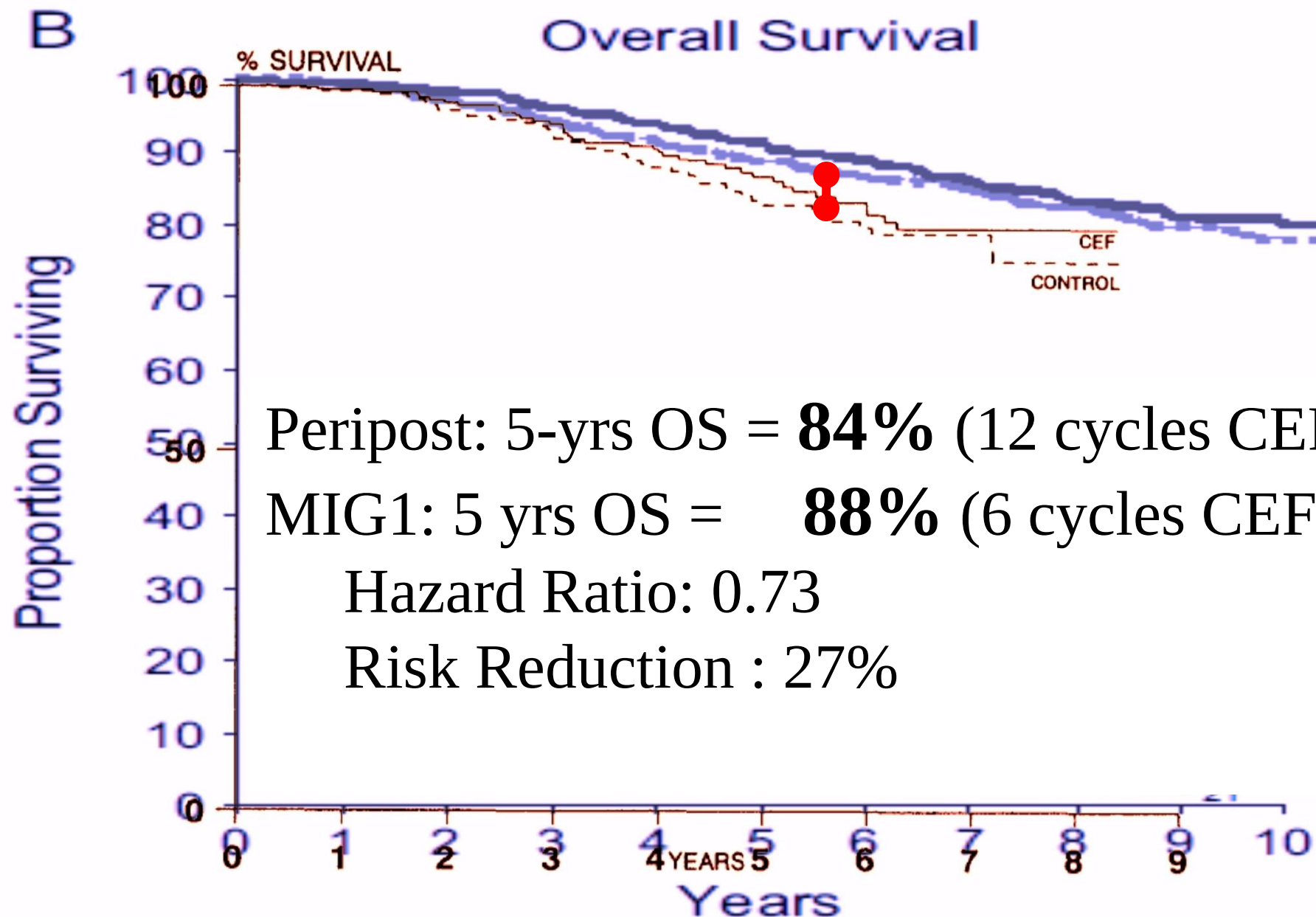


# 5-years-survival in control groups from two consecutive RCT's in early BC

- Peripost (85-92): Control group: 12 cycles - CEF21
- MIG1 (92-95): Control group: 6 Cycles CEF21

Same therapy, same selection criteria, largely same centers

Sertoli, JCO 1995 - Venturini, JNCI 2005



Same therapy, same selection criteria, largely same centers

# How to improve the reliability of Single Arm Trials

1. A control group should be available for comparison (and considered in study design)
2. The study endpoint should be OS. Otherwise a bias must be always suspected
3. Historical trends in survival must be accounted for (concurrent controls?)

# Problems with Concurrent Controls

- Where? (Same centers/Other centers?)
- How? (Diagnostic (molecular)/staging procedures? Informed consent?)
- (*Sample Size?*)

a) Natural (cluster) experiments

b) Registries?

## a) Natural (cluster) experiments

Adrenocortical carcinoma, rare tumor, grim prognosis

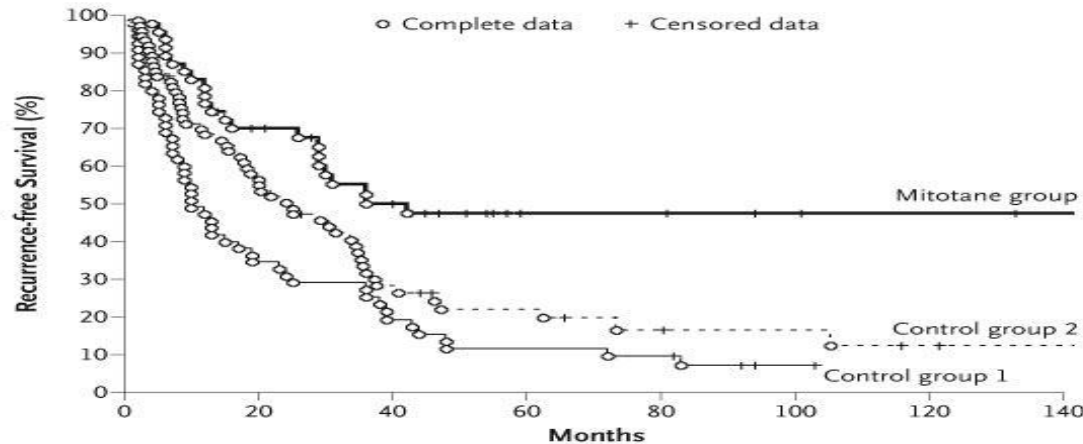
Adjuvant therapy after resection? Efficacy Unknown

Eight tertiary referral centers for ACC in Italy, 4 routinely used adjuvant Mitotane, 4 never used it (Control group 1)

Control group 2 : All cases included in the German ACC Registry (adjuvant therapy never used)

# Adjuvant Mitotane in adrenocortical Carc.

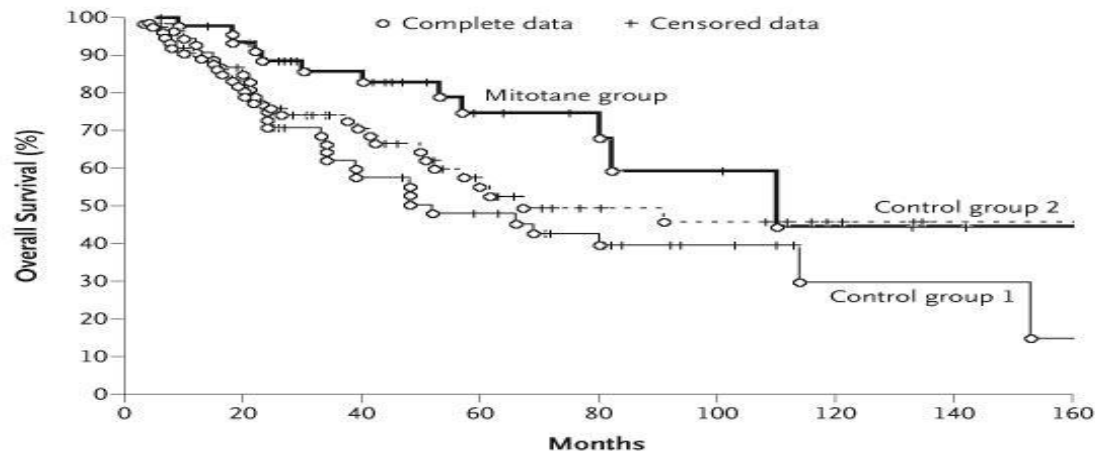
**A** Recurrence-free Survival



No. at Risk

|                 |    |    |    |    |   |   |   |   |
|-----------------|----|----|----|----|---|---|---|---|
| Mitotane group  | 47 | 30 | 20 | 8  | 5 | 4 | 2 | 2 |
| Control group 1 | 55 | 19 | 13 | 6  | 5 | 1 | 0 | 0 |
| Control group 2 | 75 | 37 | 15 | 10 | 5 | 4 | 2 | 1 |

**B** Overall Survival



No. at Risk

|                 |    |    |    |    |    |    |   |   |   |
|-----------------|----|----|----|----|----|----|---|---|---|
| Mitotane group  | 47 | 42 | 29 | 18 | 13 | 5  | 3 | 3 | 1 |
| Control group 1 | 55 | 43 | 28 | 20 | 14 | 9  | 5 | 2 | 2 |
| Control group 2 | 75 | 55 | 37 | 22 | 14 | 12 | 8 | 5 | 5 |

Mitotane: All resected pts receiving. Adjuv. Mitotane

Control 1: Pts from Italian Centers not using adjuv. Mitotane

Control 2: Pts from German centers (Mitot. never used)  
(Terzolo M, NEJM 2007)



## b) Registries

### 1. Population based (Cancer Registries)

#### **Pro's**

- Unselected, representative series of patients
- Historical trends assessable

#### **Con's**

- Poorly diagnosed and staged
- Molecular Classification
- Heterogeneous therapies

# Registries

## 2. Institution based (Hospital Registries)

### Pro's

- Thoroughly diagnosed and staged
- Molecular Classification
- All outcomes assessed

### Con's

- Selected series of patients (referral patterns?)
- Historical trends not assessable

# Registries

## 3. Disease based (one disease, many institutions)

### Pro's

- Thoroughly diagnosed and staged
- Molecular Classification
- All outcomes assessed
- Historical trends assessable

### Con's

- Selection bias ? (Population coverage)

# Italian Neuroblastoma Registry

- Population based (Italy)
- Acceptable Coverage (>80%)
- Centralised pathology & molecular biology
- Long term follow-up data
- Homogeneous treatment protocols
- Historical trends evaluable

# 1985-97: Three Consecutive protocols of the Italian Neuroblastoma Cooperative Group

A -> B: Intensification; B -> C: more drugs

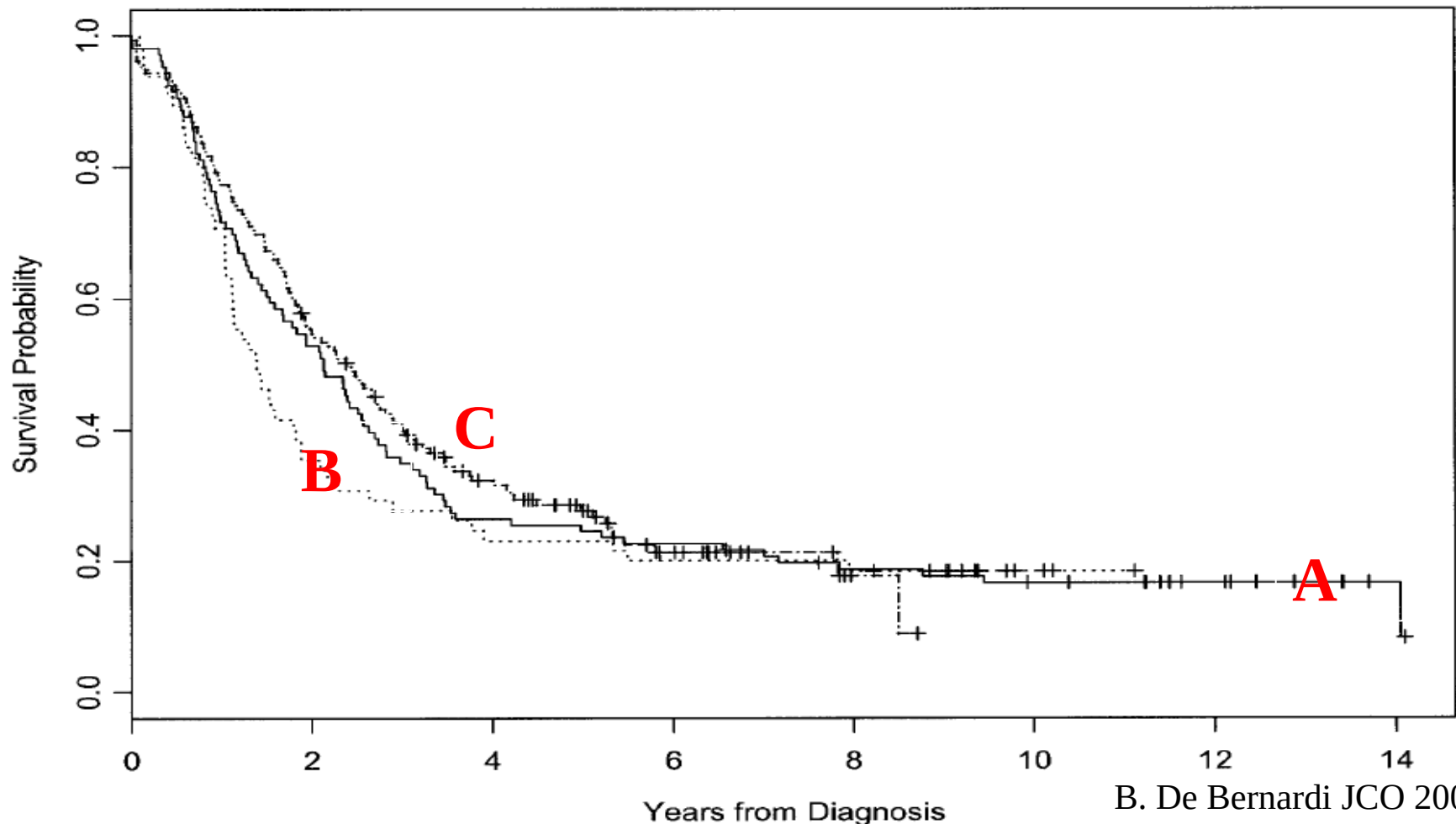


Fig 2. Overall survival by treatment protocol; —, ICGNB-85; ···, ICGNB-89; ---, ICGNB-92.

B. De Bernardi JCO 2003

Conclusion: The therapeutic modifications adopted in the ICGNB-89 and ICGNB-92 protocols **were not associated with a significant improvement in response rate or in the 5-year OS** and EFS as compared with the ICGNB-85 protocol.

Attempts at intensifying chemotherapy were associated with greater toxicity

# How to improve the reliability of Single Arm Trials

1. A control group should be available for comparison (and considered in study design)
2. The study endpoint should be OS. Otherwise a bias must be always suspected
3. Historical trends in survival must be accounted for (concurrent controls?)
4. Prospectively planned comparisons with appropriate registry data may be very useful

# Study Designs of single arm trials

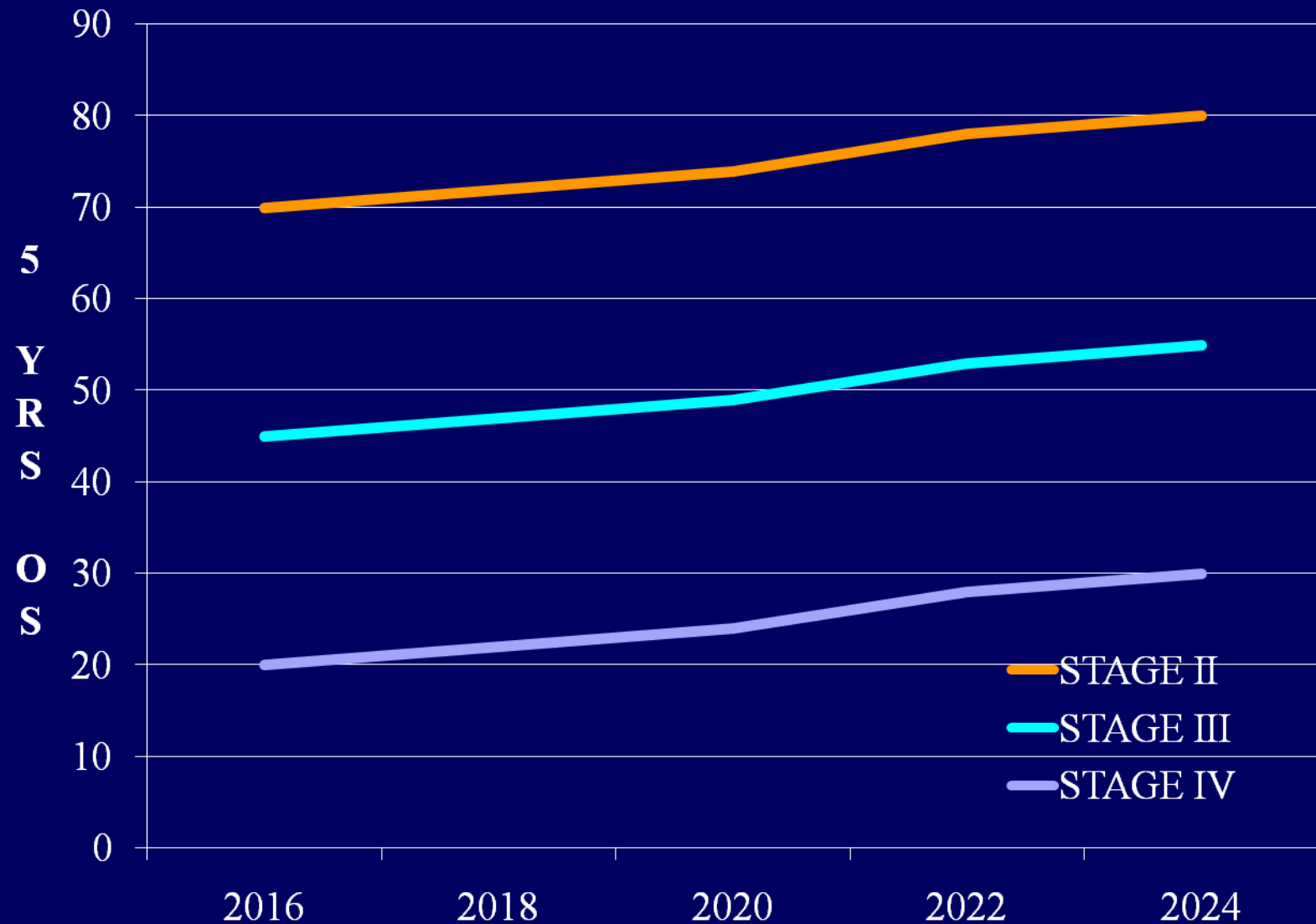
- True prospective cohort studies, where the comparison is between centers participating/not participating to the trial of the new drug
- Single arm trials nested into population or disease registries



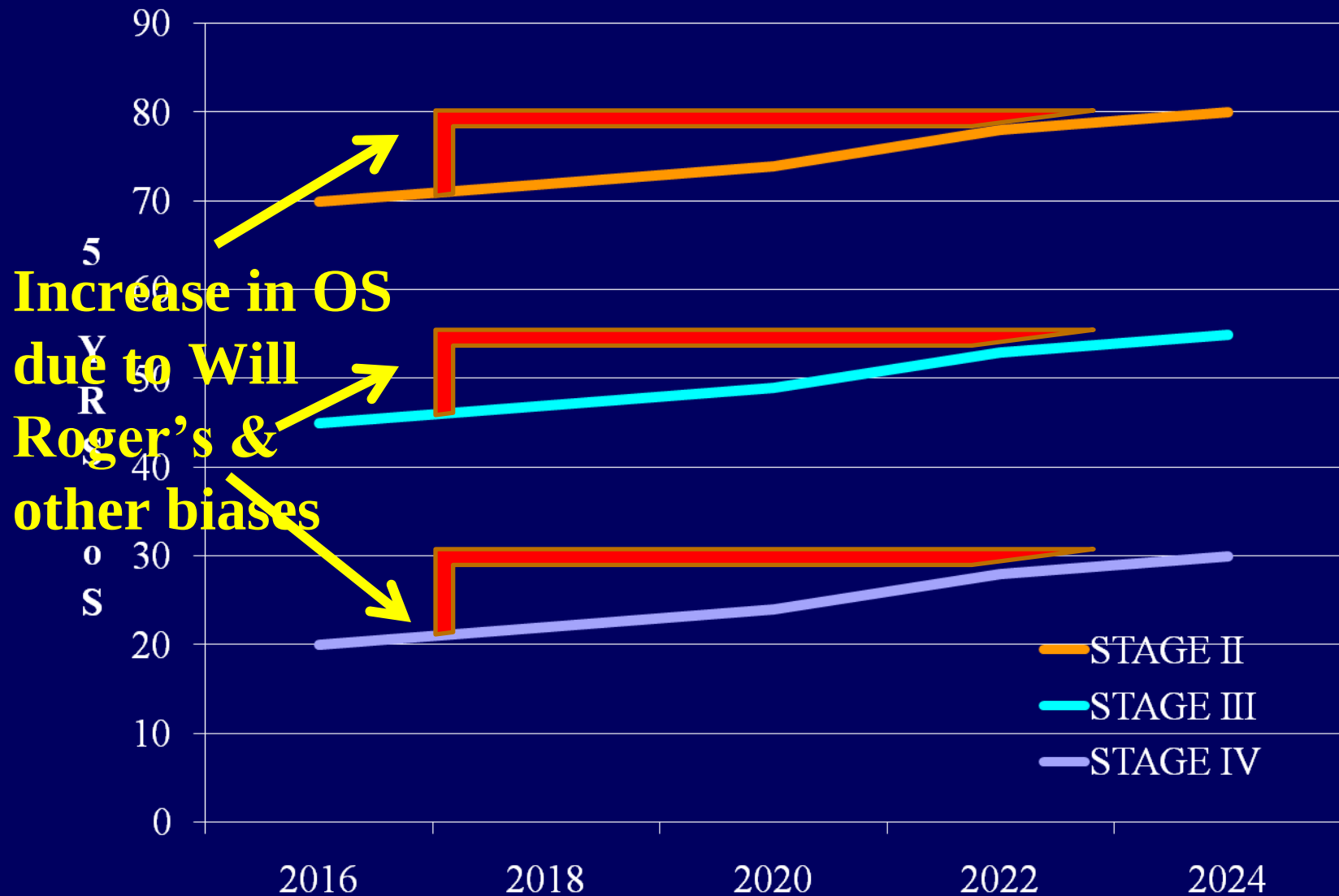
# Study design to assess the efficacy of a new drug with an external control group

- The drug is introduced into a group of patients selected from a registry of incident cases
- (A control group of patients with similar characteristics is identified in the same registry)
- Historical trends in prognosis are estimated
- A sudden change in prognosis following the introduction of the new drug is expected only among eligible patients

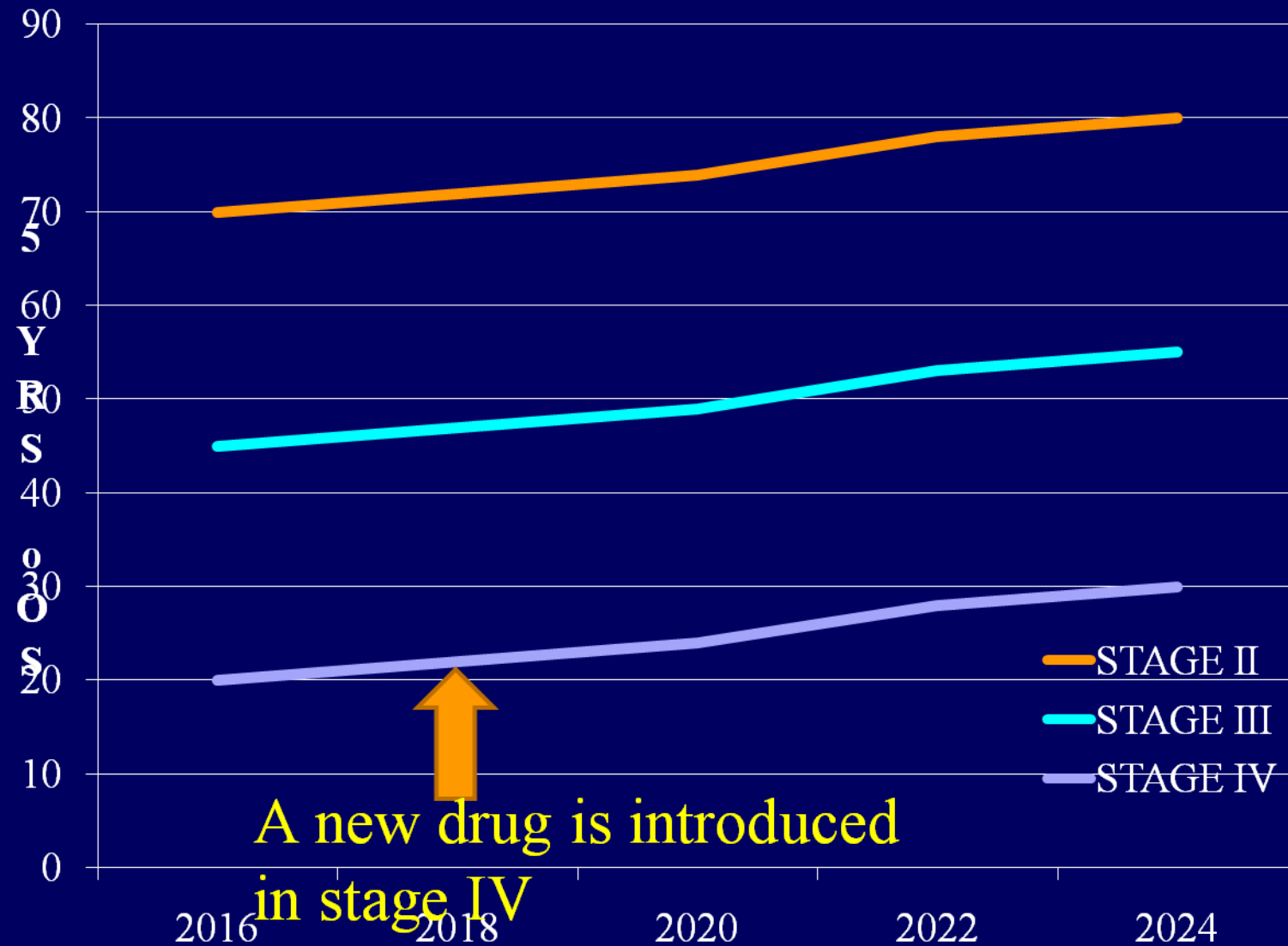
# OS by stage (mutation, etc.) over time



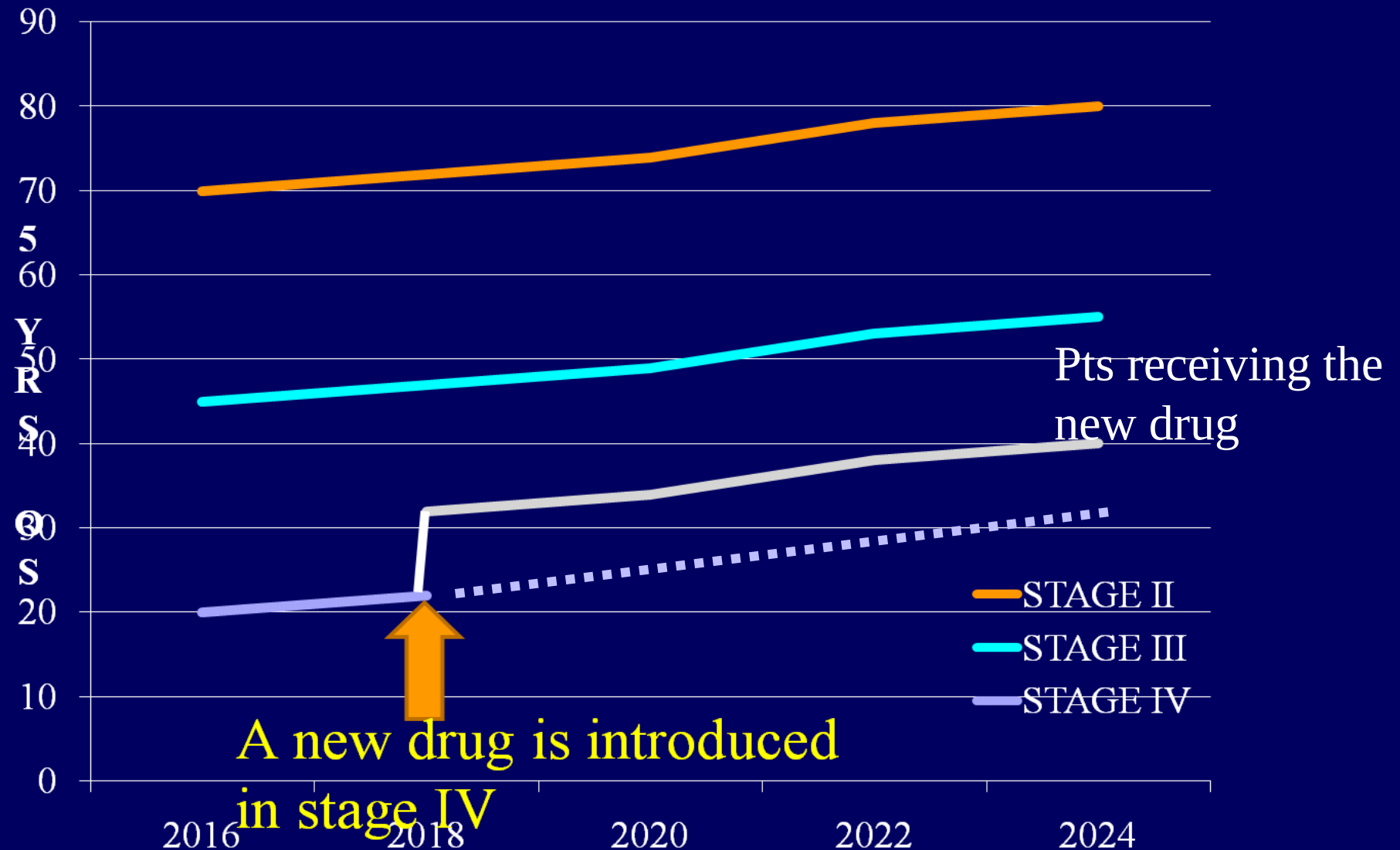
# OS by stage over time



# OS by stage over time



# OS by stage over time



# Requirements

- Blinded review of selection criteria and prognostic factors to ensure comparability
- Analysis resembles that of a randomised trial (Intention to treat, Consort Chart, etc.)
- Comparison is with “expected” OS based on historical trends or/and OS observed in centers not participating to the trial
- Limited Reliance on statist. adjustments (multivariate analyses, propensity score)

# Question

Positive evidence of a study of this kind would be deemed sufficient for registration of a new drug?

If yes, the establishment of prospective disease registries with adequate clinical and molecular data/material is a priority, particularly in cancer conditions where RCT's are problematic (grim prognosis, rarity, etc.)

# Single Arm Trial: not a shortcut to registration

- Rationale
- Primary Aim
- Design
- Endpoint-Masking
- Selection Criteria
- ~~Randomization~~
- Treatment Protocol
- Statistical Plan
- Interpretation of Results



Treated and untreated patients are comparable?



# Conclusion

In rare cancers, we should not forget what we've learnt from frequent tumors