Erasmus School of Health Policy & Management

# How patient preferences can contribute to development and regulation of medicines

Jorien Veldwijk, PhD

Erasmus School of Health Policy & Management - Erasmus University Rotterdam Erasmus Choice Modelling Centre - Erasmus University Rotterdam

**Erasmus University Rotterdam** 

# Involving patients versus patients' preferences

- Every patient has wishes, needs, values and preferences
- Involving 1-2 or small group of patients versus perspective of representative sample?

• Likert-scale survey?

	Very important	Important	Neutral	Unimportant	Very unimportant
Price		0	0	0	0
Waiting time		0	0	0	0
Side-effects		0	0	0	0
Effectiveness	×	0	0	0	0

• Pairwise comparisons!

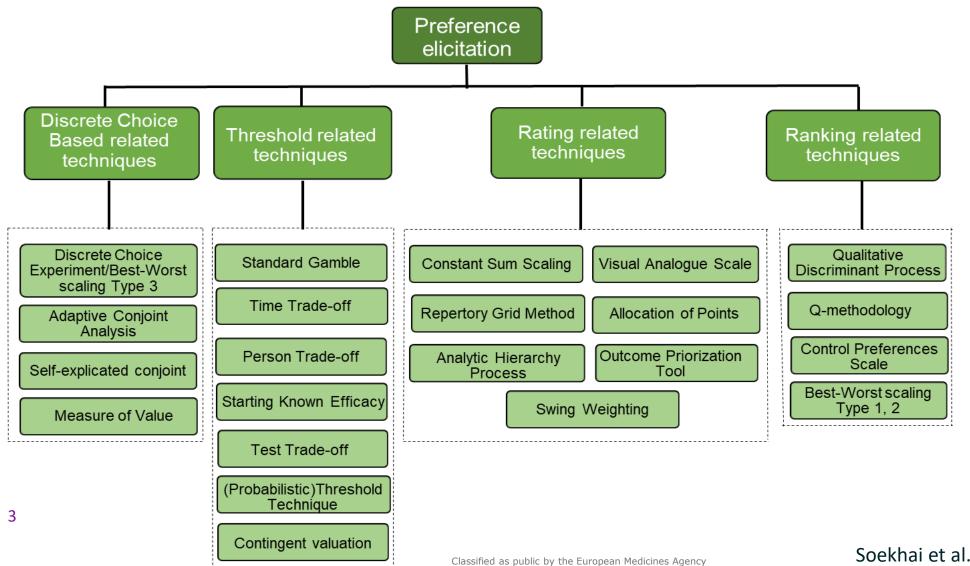
Quantifying the relative importance of different aspects of a good or service-



FDA guideline for the evaluation of devices for market approval

Classified as public by the European meaning Agency

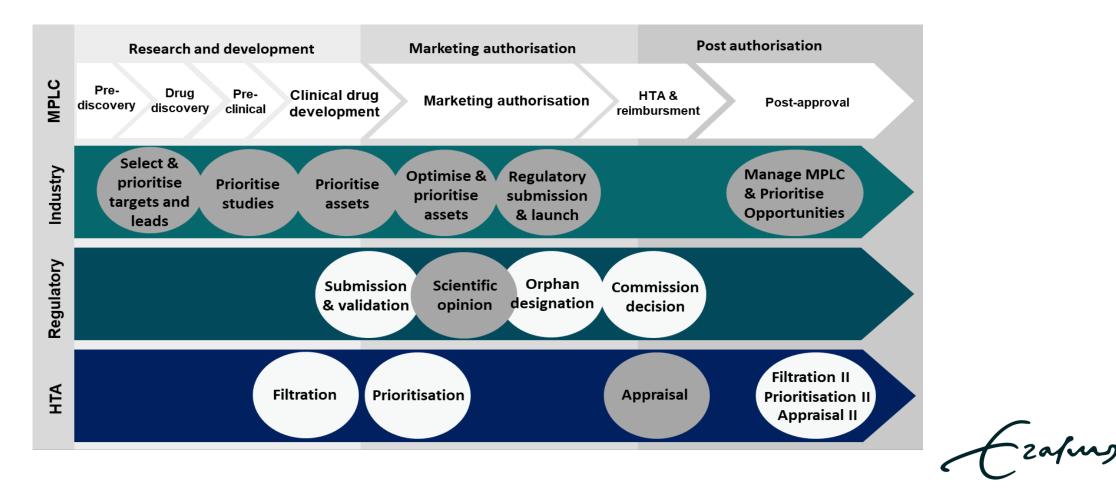
### Methods for measuring patient preferences



Soekhai et al., 2019, Value in Health

zafing

# The medical product lifecycle: when and how patient preferences can inform decisions



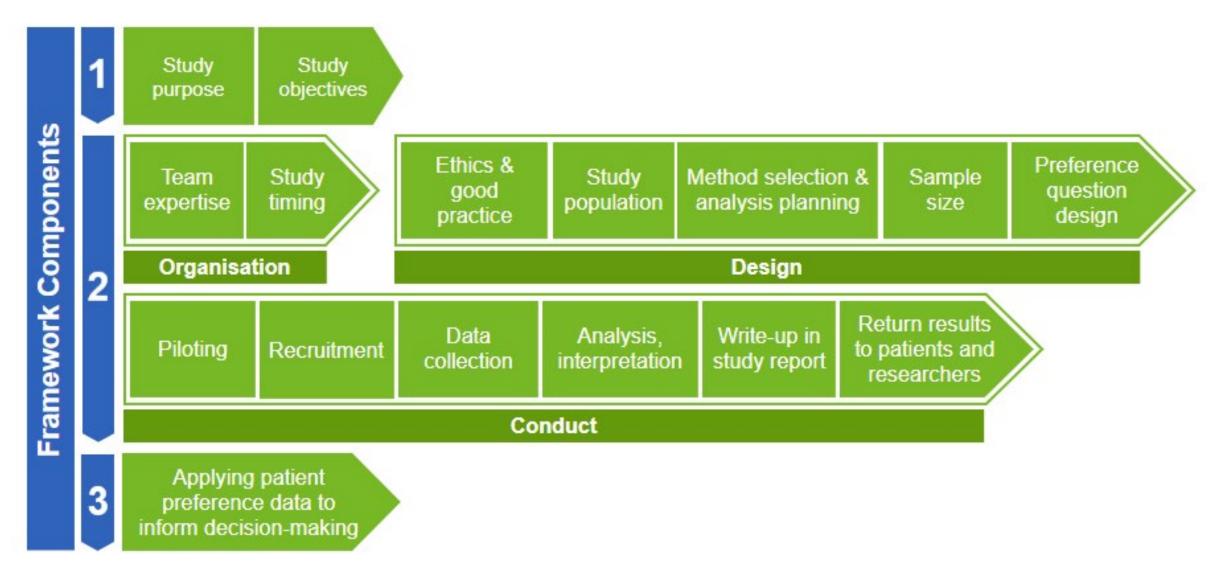
#### Whichello et al., 2020, Health Policy

#### Guidance needed on how to elicit preferences

- ISPOR task forces and special interest groups
- Erasmus Choice Modelling Centre
- Smarter Choice Better Health
- International Academy for Health Preference Research
- PREFER project: 5-year project focusing aiming to
  - A five-year project that has received funding from the Innovative Medicines Initiative 2 Joint Undertaking which received support from the European Union's Horizon 2020 research and innovation programme and the European Federation of Pharmaceutical Industries and Associations (EFPIA). A total of 31 partners from academia and industry working together.



### PREFER recommendations: framework



#### PREFER recommendations: key messages

- Involve patients, HTA and regulators in preference studies as early as possible
- Decide on a preference elicitation method based on research question, MPLC stage, population size and resources
- Include evidence-based or theoretically sound psychological characteristics in a preference study (consider at least health literacy or numeracy)
- Select educational materials based on the specific educational needs of the participants and develop this material using a systematic and evidence-based approach

# Concluding remarks and future directions

- Methodological development of preference methods
  - Evidence-based guidance
  - External validity
  - Internal validity & data quality
- Continued dialogue with decision makers in MPLC
  - Ongoing assessment of trust in methods and outcomes
  - Moving beyond current decision frameworks
- Building foundation for full integration of patients' preferences in decision-making along the medical product lifecycle

## Thank you

J. Veldwijk Veldwijk@eshpm.eur.nl

www.eur.nl/eshpm
www.eur.nl/ecmc
www.imi-prefer.eu

