Erasmus School of Health Policy & Management

How patient preferences can contribute to development and regulation of medicines

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Involving patients versus patients' preferences

- Every patient has wishes, needs, values and preferences
- Involving 1-2 or small group of patients versus perspective of representative sample?

• Likert-scale survey?

	Very important	Important	Neutral	Unimportant	Very unimportant
Price		0	0	0	0
Waiting time		0	0	0	0
Side-effects		0	0	0	0
Effectiveness	×	0	0	0	0

• Pairwise comparisons!

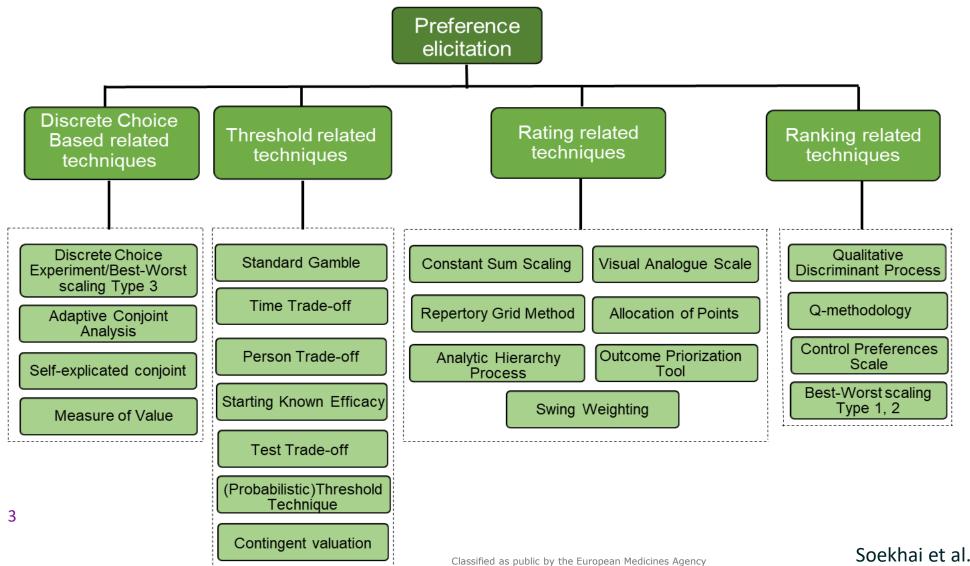
Quantifying the relative importance of different aspects of a good or service-



FDA guideline for the evaluation of devices for market approval

Classified as public by the European meaning Agency

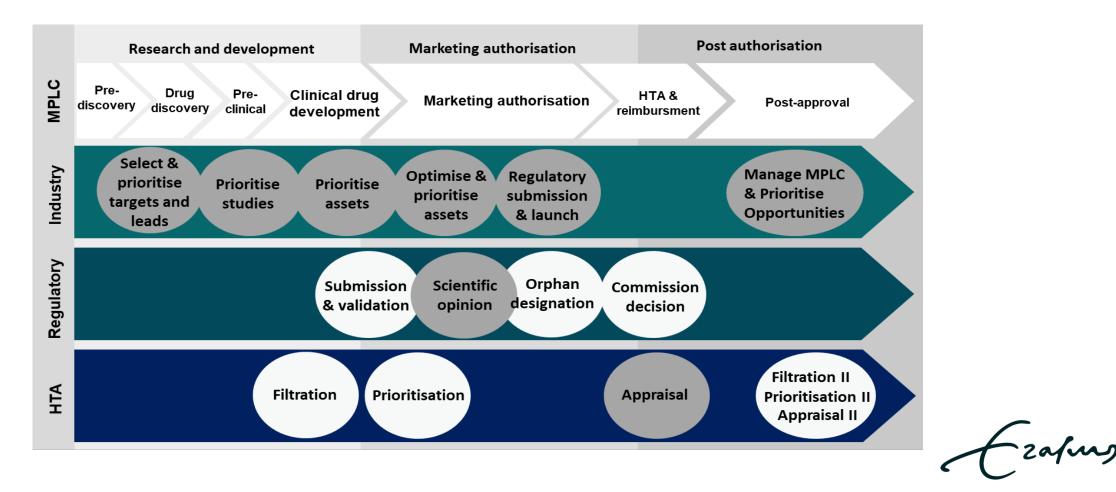
Methods for measuring patient preferences



Soekhai et al., 2019, Value in Health

zafing

The medical product lifecycle: when and how patient preferences can inform decisions



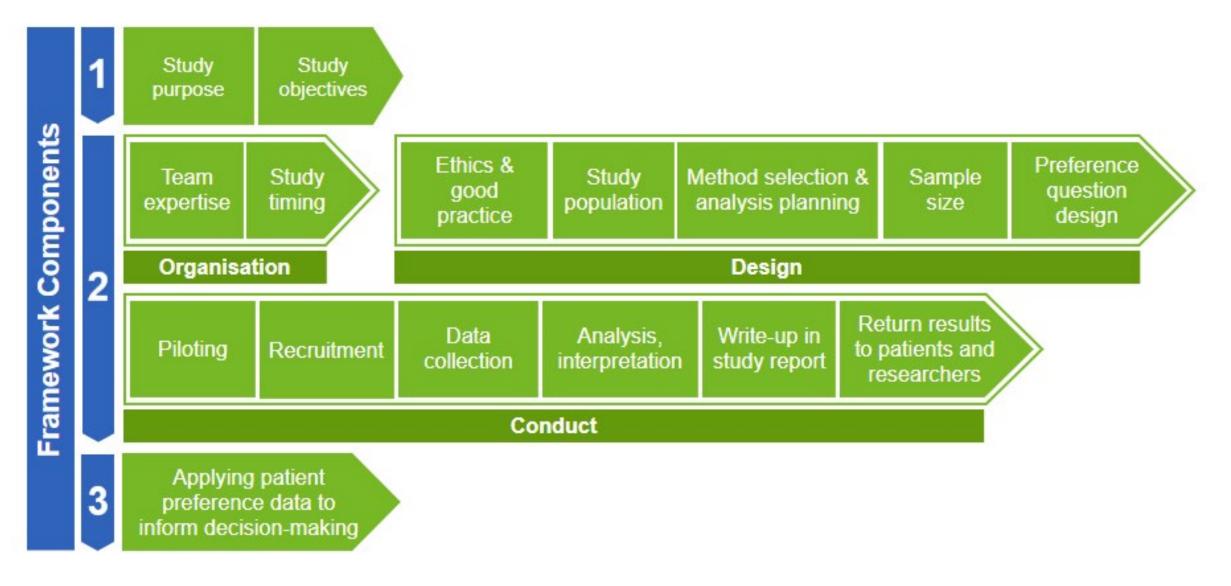
Whichello et al., 2020, Health Policy

Guidance needed on how to elicit preferences

- ISPOR task forces and special interest groups
- Erasmus Choice Modelling Centre
- Smarter Choice Better Health
- International Academy for Health Preference Research
- PREFER project: 5-year project focusing aiming to
 - A five-year project that has received funding from the Innovative Medicines Initiative 2 Joint Undertaking which received support from the European Union's Horizon 2020 research and innovation programme and the European Federation of Pharmaceutical Industries and Associations (EFPIA). A total of 31 partners from academia and industry working together.



PREFER recommendations: framework



PREFER recommendations: key messages

- Involve patients, HTA and regulators in preference studies as early as possible
- Decide on a preference elicitation method based on research question, MPLC stage, population size and resources
- Include evidence-based or theoretically sound psychological characteristics in a preference study (consider at least health literacy or numeracy)
- Select educational materials based on the specific educational needs of the participants and develop this material using a systematic and evidence-based approach

Concluding remarks and future directions

- Methodological development of preference methods
 - Evidence-based guidance
 - External validity
 - Internal validity & data quality
- Continued dialogue with decision makers in MPLC
 - Ongoing assessment of trust in methods and outcomes
 - Moving beyond current decision frameworks
- Building foundation for full integration of patients' preferences in decision-making along the medical product lifecycle

Thank you

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