M&S in Preclinical Development Predicting thyroid hormones side effects in human from preclinical toxicity studies

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Sandra Visser Global Network Leader Non-Clinical Modeling & Simulation Implementation Leader Model Based Drug Discovery

AstraZeneca, Innovative Medicines, Global DMPK CoE

AstraZeneca 秋

Modelling and Simulation Continuum at AZ



Model Based Drug Discovery and Development Pharmacokinetic-Pharmacodynamic Principles



Using a quantitative pharmacology approach to support decision making, by establishing a translational exposure – target engagement – efficacy/safety model in animals and humans and predicting the dose to man, optimal dosing schedule and clinical study design.



Biomarker Classification Map Target Engagement and Clinical Outcome



PoM: degree, duration of target engagement sufficient for viable hypothesis test

PoP: beneficial effect on targeted disease process or pathophysiology

PoC: beneficial effect on clinical outcome

Adapted from Danhof et al Pharmaceutical Research 22(9)1432. 2005



Model Based Drug Dx and Dv Strategy Aspiration and Benefits of applying Quantitative Pharmacology Strategy along value chain





Case Study: Mechanism-based Pharmacokinetic-Pharmacodynamic Feedback Model of Thyroid Hormones after Inhibition of Thyroperoxidase in the Dog: Crossspecies Prediction of Thyroid Hormone Profiles in Rats and Humans.

Petra Ekerot, Douglas Ferguson, Sandra Visser

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Impact of TPO inhibition on Thyroid Hormones

Thyroperoxidase (TPO) is a key enzyme involved in the synthesis of thyroxine (T4) and triiodothyronine (T3) thyroid hormones. The thyroid hormones T_4 and T_3 play important roles in metabolism, growth and development.

T4 (& T3) <u>inhibit</u> the synthesis of TSH. TRH stimulates the pituitary to produce TSH which stimulates synthesis and secretion of T_4 and T_3 . – creating a negative regulatory feedback loop.

<u>Aim:</u> To create a model to describe how TPO inhibition would impact on the position of homeostasis using data from toxicity studies in dogs.





Model development AZD-1 1-month and 6-month dog safety study

Study	Dose groups (M/F) (µmol/kg)	PK and hormone sampling (day)
1 Month (28d)	0, 15, 90, 700	Day: -5, 1, 4, 8 ,14, 28
	0, 700	Day: 31 35, 42, 57
6 Month (27w)	0, 15, 60, 250	Week: -2, -1, 7, 13, 27
	0, 250	Week: 28, 31, 40

Simultaneous fitting of plasma levels of T_4 , $T_3 \& TSH$ to characterize onset, intensity and return to baseline (including rebound)



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PKPD model of thyroid hormone regulation drug and system parameters





Validation & Interspecies Translation

Validation:

 Successful prediction of T4, T3 and TSH profiles in dogs after 1-month dosing of AZD-2 based on *in-vitro* IC₅₀ for TPO inhibition and PK profile and model system parameter estimates from AZD-1 analysis.

Cross-species translation:

- Adjust rate-constants for known species differences in hormone half-lives & adjust in vivo IC50 for measured species differences in in vitro IC50 assays

Species	T ₄ , half-life	T₃, half- life	% T ₃ derived from peripheral conversion of T ₄	
Man	7 days ^[1]	1 day ^[1]	72 ^[2]	 [1] Eisenberg et al., 2010: Thyroid, 20: 1215-1228 [2] Nicoloff et al., 1972: J. Clin. Investigations, 51: 473-44 [3] Bianchi et al., 1983: J. Clin. Endocrinology, 56: 1152-
Rat	21 hrs ^[3]	6 hrs ^[3]	65 ^[4]	 [4] Taroura et al., 1991: Fd Chem. Tox., 29: 595-599 [5] Kinlaw et al., 1985: J. Clin. Investigations, 75: 1238-12 [6] Maddison, J.E. & Page S.W., 'Small Animal Clinical
Dog	14-16 hrs ^[5]	5-6 hrs ^[5]	37 ^[6]	Pharmacology; p499

Prediction of rat hormone levels Revising safety screening cascade

Interspecies extrapolation

 Accurate prediction of thyroid hormone levels in 1-month rat safety study - both in terms of absolute levels and time to steady state



in-vitro/in-vivo correlation

- Cross-compound correlation established relating *in-vivo* IC₅₀ to *in-vitro* IC₅₀ based on series of 3-day rat safety studies
- Prediction of thyroid hormone levels in rat based on *in-vitro* TPO inhibition data -> reduced the need for *in vivo* safety screening of new drug candidates



Translation to man Predicting T4 and TSH after 21 days MAD with AZD-1



Translation to man

- Model <u>predicts</u> minor effects in human 21 day safety consistent with small (non-significant) effects observed
- Builds confidence in ability to extrapolate pre-clinical safety results



Concluding remarks Key learnings

The proposed mechanism-based PKPD feedback model provides a scientific basis for the prediction of TPO inhibition mediated effects on plasma thyroid hormones levels in humans based on results obtained in vitro and animals studies.

Benefits to Discovery Pre-clinical safety studies can predict effects in man, which improves screening and selection of drug candidates. In vitro-vivo correlations reduce the in vivo safety screening needs (saving animals and \$)

Benefits to Development Predicted timescale of anticipated T_4 effects allowed MAD for AZD-2 to proceed as planned without costly time delays. The model is currently used guiding dose selection and study design for Phase 2 studies by prediction the safety profile of AZD-2.



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