

Irene Wilson - Group Leader UK Mastocytosis Charity



What Happened to me

Neuromyelitis Optica happened to me – that's what!

Diagnosed Edinburgh January 2013

Aquaporin 4 antibody positive

6 lots of Plasma Exchange

now on Azathioprine

Complications of Neuromyelitis Optica

**Complete collapse of T4 and severe anterior subluxation
(grade 111/1V) of T3 on T5 with severe stenosis cord
compression and myelopathy**

January 2013
Paralysed from chest
down legs and feet
double in size and
covered in lesions



6 lots of Plasma Exchange Four Months in Hospital



Eighteen months on

Still undergoing intense physiotherapy

Still motor problems

Bladder and bowel remain paralysed

No relapse

Still on Azathioprine