

# Optimizing the Dosage of Human Prescription Drugs and Biological Products for the Treatment of Oncologic Diseases

**FDA Final Guidance** 

Mirat Shah, MD
Medical Oncologist, Breast and Gynecologic Malignancies
Clinical Lead, Project Optimus
U.S. Food and Drug Administration

# **Outline**



Project Optimus

Guidance Overview

Questions and Discussion

# Oncology Center of Excellence Project Optimus



Mission: To reform the dosing paradigm in oncology drug development

Main Message: Dosage optimization is essential to safe and effective cancer therapies

Who We Are: A multidisciplinary team of medical oncologists, clinical pharmacologists, biostatisticians, toxicologists, and other scientists with

expertise in key facets of dosage optimization

More Info: Project Optimus website



# **Consequences of Not Optimizing the Dosage Premarket**



- Drug may be poorly-tolerated at the approved dosage
  - Patients exposed to avoidable toxicities
  - Patients stop taking a potentially efficacious therapy
  - Patients choose a different therapy

It takes a long time to revise the dosage postmarket

 The drug does not make it to market or must be withdrawn from the market

# Right Time for Dosage Optimization = Prior to Approval



- Improves decision-making for the drug development program
- Prevents avoidable toxicity 

  increases uptake and improves adherence
- More efficient, more feasible
- Allows for more rapid development of new indications and combination therapies

"Dose is the foundation of drug development. Having the wrong dose is like building a house on quicksand."

- Rick Pazdur

## **Guidance Documents**



Guideline for Industry

Dose-Response Information to Support Drug Registration

ICH-E4

November 1994

#### **Guidance for Industry**

Exposure-Response Relationships — Study Design, Data Analysis, and Regulatory Applications

U.S. Department of Health and Human Services
Food and Drug Administration
Center for Drug Evaluation and Research (CDER)
Center for Biologics Evaluation and Research (CBER)
April 2003
CP

Optimizing the Dosage of Human Prescription Drugs and Biological Products for the Treatment of Oncologic Diseases

Guidance for Industry

This guidance document is being distributed for comment purposes only.

U.S. Department of Health and Human Services
Food and Drug Administration
Oncology Center of Excellence (OCE)
Center for Drug Evaluation and Research (CDER)
Center for Biologics Evaluation and Research (CBER)
January 2023
Clinical/Medical

## **Oncology Dosage Optimization Guidance**



# Optimizing the Dosage of Human Prescription Drugs and Biological Products for the Treatment of Oncologic Diseases Guidance for Industry

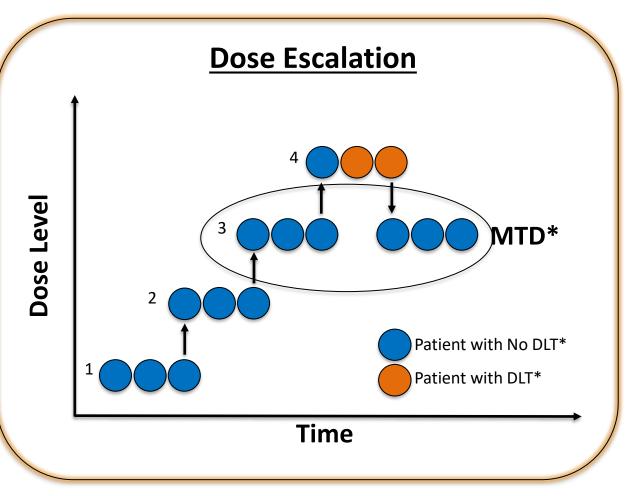
U.S. Department of Health and Human Services
Food and Drug Administration
Oncology Center of Excellence (OCE)
Center for Drug Evaluation and Research (CDER)
Center for Biologics Evaluation and Research (CBER)
January 2023
Clinical/Medical

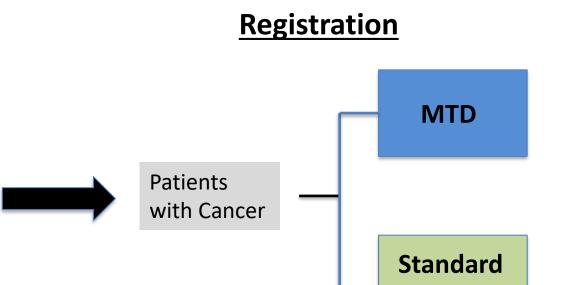
- Use the totality of data for dosage selection
  - Including dose- and exposure- response relationships for efficacy and safety
- Randomized comparisons support identification of optimized dosage(s)
- Safety assessments should include low-grade symptomatic toxicities which affect tolerability
- Dosage optimization important for all products, including those with rapid development timelines
- No one size fits all → Meet with FDA early to discuss plans

# **Traditional Dosage Selection**



of Care





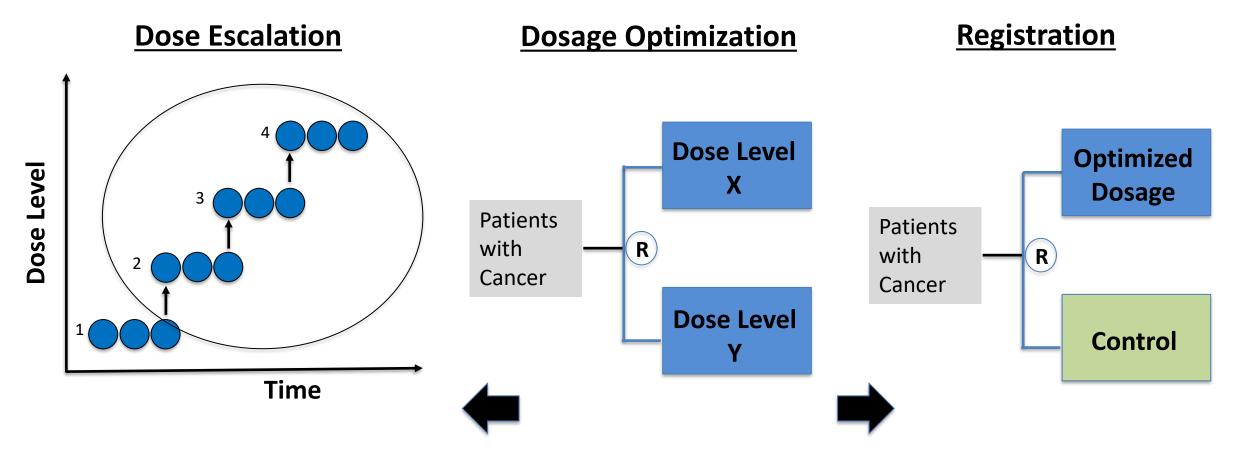
- \*DLT Dose-limiting toxicity,
- \*MTD Maximum tolerated dose

#### Hallmarks:

- Few patients at each dose level
- Short observation period for DLTs
- Emphasis on DLTs, but not other safety

# **Updated Dosage Selection Strategy**





**Identify Target Dosage Range** 

Further Evaluate Dosages

**Compare to Standard of Care** 

# **Updated Dosage Selection Strategy**



#### **Early Development**

- Characterize PK
- Identify PD endpoints for safety and activity
- Consider backfilling cohorts in dose escalation
- Evaluate preliminary dose- and exposure- relationships

#### **Dosage Optimization**

- Evaluate multiple dosages in a randomized trial
- Target a specific disease(s)
- Randomization preferred to reduce bias/improve interpretability of dose and exposure- relationships
- Further characterize dose- and exposure- relationships

#### **Registrational Trial**

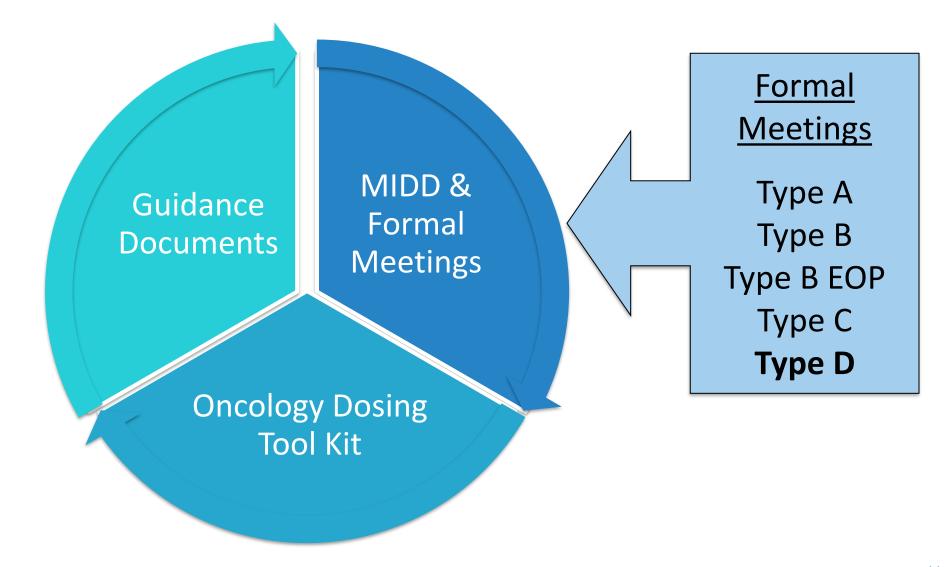
Develop more comprehensive assessment of efficacy and safety/tolerability

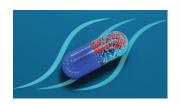
#### Use the Totality of Data:

- Nonclinical
- PK
- PD
- Safety
- Tolerability
- Activity
- Dose- and exposureresponse relationships
- Data in other populations or settings



# **FDA Tools to Support Dosage Optimization**





# **Oncology Dosing Tool Kit**



This tool kit is a resource intended to support stakeholders in their decision-making regarding dosage optimization, i.e., identifying the dosage(s) that maximize the benefit/risk profile of a drug. Collection and interpretation of relevant data (see table below) can provide support for the dosage(s) chosen for evaluation in a clinical trial and/or help identify gaps in the dosage optimization strategy. The tool kit can be used iteratively to support decision-making throughout clinical development and to ultimately select the dosage(s) to be evaluated in the registration trial. In this tool kit, "registrational trial(s)" refer to the trial(s) designed to evaluate safety and effectiveness in support of a marketing application.

#### **Overarching Questions**

- Which dosages will be evaluated during dose escalation?
- Which dosages will be chosen for further investigation; e.g., in a randomized dosage evaluation\*?
- What dosages will be selected for the registration trial(s)?

#### **Tool Kit Key Areas**

- Translational Evidence
- PK Characteristics
- Safety
- Efficacy
- Dose- and Exposure-Response
- Other Information



**More Info: Oncology Dosing Tool Kit website** 

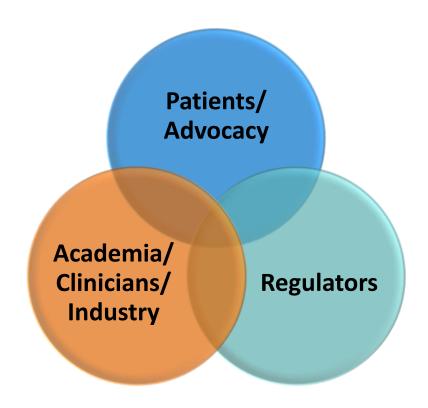
#### **Recent Discussions**

- Dosage optimization for combination therapies
  - FDA- ASCO Combination Therapies Workshop
  - September 2023
  - Materials
- Modeling and simulation to support dosage optimization
  - FDA-ISOP Workshop Series
  - October 16 and November 9, 2023
  - Materials
- Quantitative methods for dosage optimization
  - FDA- AACR Workshop
  - February 15, 2024
  - Materials



# Since Initiation of Project Optimus...

- Growing consensus among stakeholders on need for dosage optimization
- The focus has shifted from "why?" to "how?"
- Ensuring that the approach is tailored to the specific drug development program is an ongoing challenge



### **Conclusions**



- Premarket dosage optimization offers benefits to patients, drugmakers, and oncology overall
- It is important to consider the totality of data at each step of dosage selection
- Randomized trials support selection of a dosage optimized for benefit-risk
- One size doesn't fit all oncology product development programs
- FDA is committed to engaging with stakeholders to realize the promise of this new dosing paradigm in oncology

# **Dosage Optimization Resources**



#### **Multi-Stakeholder Meetings**

- Friends of Cancer Research Annual Meeting 2021
- Friends of Cancer Research White Paper 2021
- FDA- ASCO Workshop: Getting the Dose Right
- Pediatric ODAC 2023: Dosage Optimization in Pediatric Oncology Clinical Trials
- FDA-ASCO Second Annual Workshop: Getting the Dosage Right for Combination Therapies
- FDA-AACR Workshop: Quantitative Approaches To Select Dosages for Clinical Trials
- Friends of Cancer Research Annual Meeting 2023
- FDA- AACR Workshop: Optimizing Dosages for Oncology Products

#### **Publications**

- The Drug-Dosing Conundrum in Oncology- When Less is More
- How to Get the Dose Right
- Improving Dose-Optimization Processes Used in Oncology Drug Development to Minimize Toxicity and Maximize Benefit to Patients

#### **Guidance Documents**

- ICH E4: Dose-Response Information to Support Drug Registration
- Exposure- Response Relationships
- Optimizing the Dosage of Human Prescription Drugs and Biological Products for the Treatment of Oncologic Diseases

# Acknowledgements



- Laleh Amiri-Kordestani
- Jeanne Fourie-Zirkelbach
- Jonathon Vallejo
- Joyce Cheng
- Stacy Shord
- Atik Rahman
- Marc Theoret
- Richard Pazdur
- All members of the Project Optimus team

# **Backup**



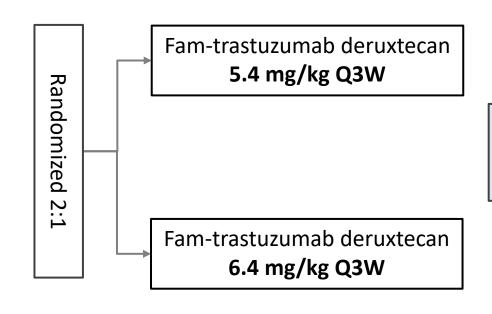


# **Example: Fam-Trastuzumab Deruxtecan**

#### **DESTINY-Lung02**

#### **Key Eligibility Criteria**

- Metastatic Non-Small Cell Lung Cancer (NSCLC)
- Activating *HER2* mutation
- No history of interstitial lung disease



#### **Key Endpoints**

- Overall response rate (ORR)
- Duration of response (DOR)

# **DESTINY-Lung02: Efficacy and Safety**



Efficacy	5.4 mg/kg* (N=52)	6.4 mg/kg** (N=28)
Overall Response Rate (ORR) % (95% CI)	<b>58</b> (43, 71)	<b>43</b> (25, 63)
<b>Duration of Response (DOR)</b> (months), median (95% CI)	8.7 (7.1, NE)	5.9 (2.8, NE)

Toxicity	5.4 mg/kg* (N=101) %	6.4 mg/kg** (N=50) %
Interstitial Lung Disease (ILD)/Pneumonitis	6	14
Drug Discontinuation	8	16

- Lack of clinically significant exposure-efficacy relationship for ORR
- Positive exposure-safety relationships for ILD/pneumonitis, grade 3+ TEAEs

\*\*From ESMO 2022

<sup>\*</sup>From USPI drugs@FDA