



EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

Paediatric Pulmonary Arterial Hypertension (PAH)

Regulators perspective on a Global challenge

EMA – FDA – HC paediatric PAH workshop – 12th June 2017

Cécile Ollivier – European Medicines Agency – Science and Innovation Support Office

An agency of the European Union





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Context for development and approval of paediatric medicines

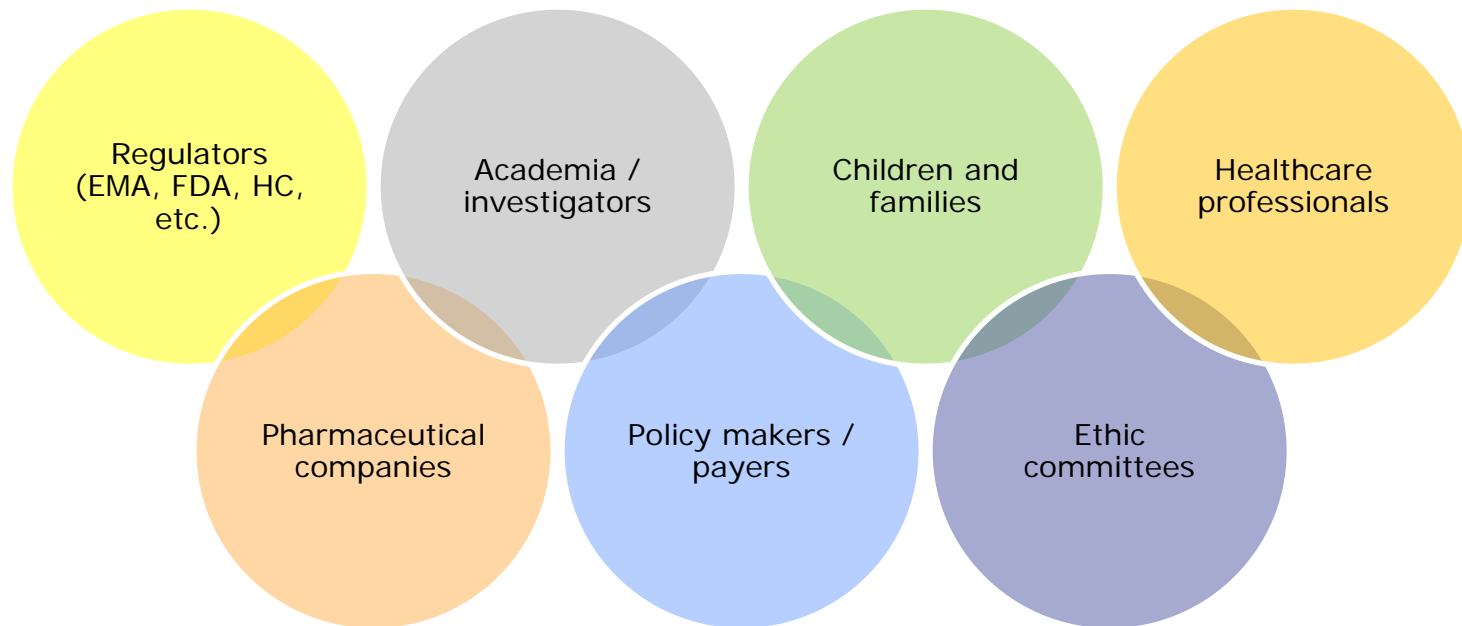


Children are “therapeutic orphans”

- Depending on the country or the age group, 50% to 80% of children are still treated off-label
- Off-label use and lack of well-tested medicines for children have resulted in several major catastrophes
- Regulator’s duty is to ensure that medicines for use in children are of high quality, ethically researched and authorised appropriately
- Such an assessment requires clinically robust and relevant data
- Local differences: regulatory requirements, operational practicalities, standards of care, cultural expectations
- Hurdles to conduct multiregional paediatric drug development



Global key players driving drug development priorities



Need for global studies

Why?

- Address the feasibility related to small number of patients
- Allocate resources to those areas where studies are most needed
- Better utilisation of scattered (clinical) expertise across territories
- Generate robust and relevant data in a timely manner

How?

- Development and use of paediatric research coordinating centers
- Collaborative studies and data sharing
- Common scientific approach and regulators alignment (ICH E11 revision)



Paediatric PAH

Paediatric PAH: High need to be addressed



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Class of products	Product	PIP	WR*	Authorisation for adults			Authorisation status for children		
				EU	US	Canada	EU	US	Canada
Prostacyclin Analogue	Treprostinil	X		NO	YES	YES	NO	NO	NO
	Selexipag	X		YES	YES	YES	NO	NO	NO
	Treprostinil diethanolamine	X		NO	YES	NO	NO	NO	NO
	Iloprost	N/A		YES	YES	NO	NO	NO	NO
Endothelin Receptors Antagonist (ERAs)	Bosentan	X		YES	YES	YES	PK data	NO	PK data
	Ambrisentan	X		YES	YES	YES	NO	NO	NO
	Macitentan	X	WR*	YES	YES	YES	NO	NO	NO
Phosphodiesterase type 5 inhibitor (PDE5 inhibitor)	Sildenafil	X	WR*	YES	YES	YES	YES	NO	NO
	Tadalafil	X	WR*	YES	YES	YES	NO	NO	NO
Guanylate cyclase (sGC) stimulators	Riociguat	X		YES	YES	YES	NO	NO	NO
Vasodilator	Epoprostenol	N/A		YES (NAP*)	YES	YES	NO	NO	NO



Context of development for paediatric PAH medicines

- **Population:** rare and heterogeneous
- **Medicinal products:** high number of competing products
- **Gaps in knowledge:** pathophysiology, extrapolation, endpoints
- **Treatment strategies:** from monotherapy to combinations



Online Survey

Why: Lack of consensus within the scientific community

Participants:

- 22 Healthcare professionals treating adult and children with PAH
- 4 Industry participants involved in PAH drug development
- 26 Parents of children with PAH and a child with PAH

Questions: Pathophysiology, pharmacological behaviour, mechanism of action, extrapolation, endpoints, quality of life and clinical trials

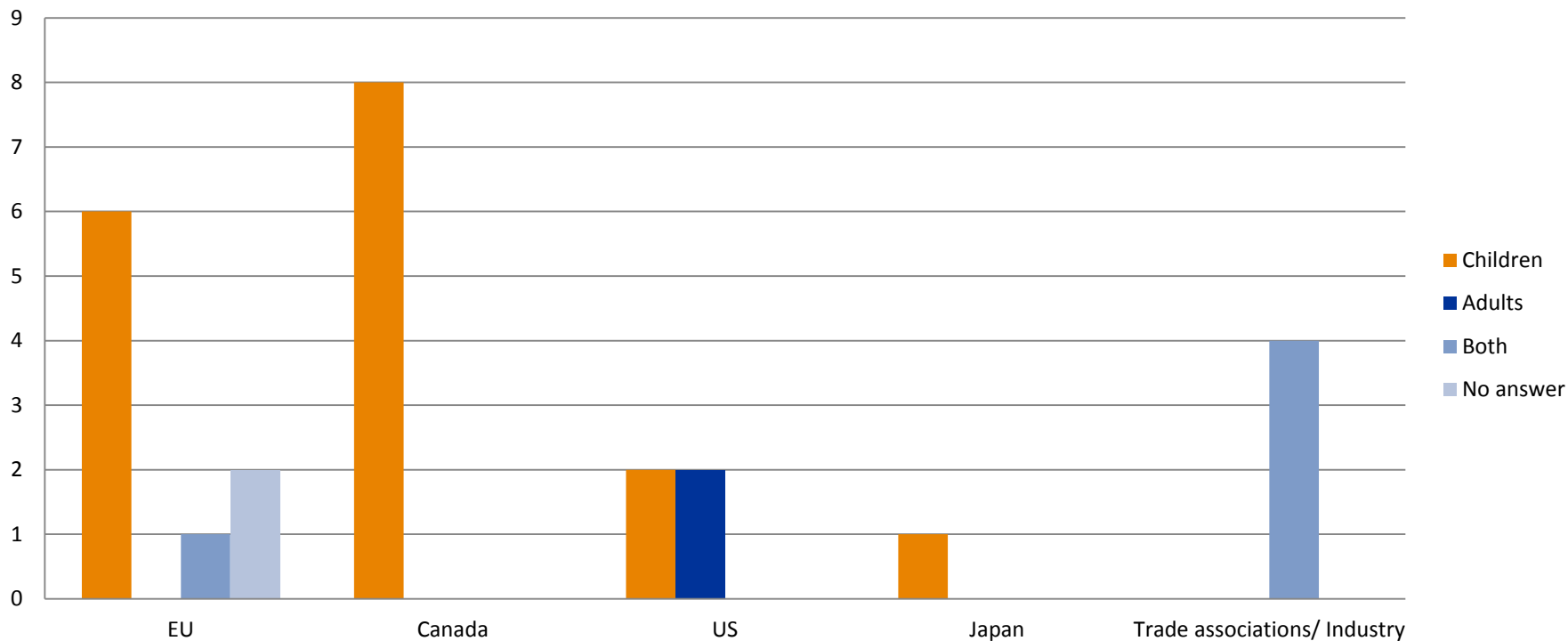


Healthcare professionals

- Clinical and Pharmacological parameters
- Endpoints (6MWT, non-invasive)

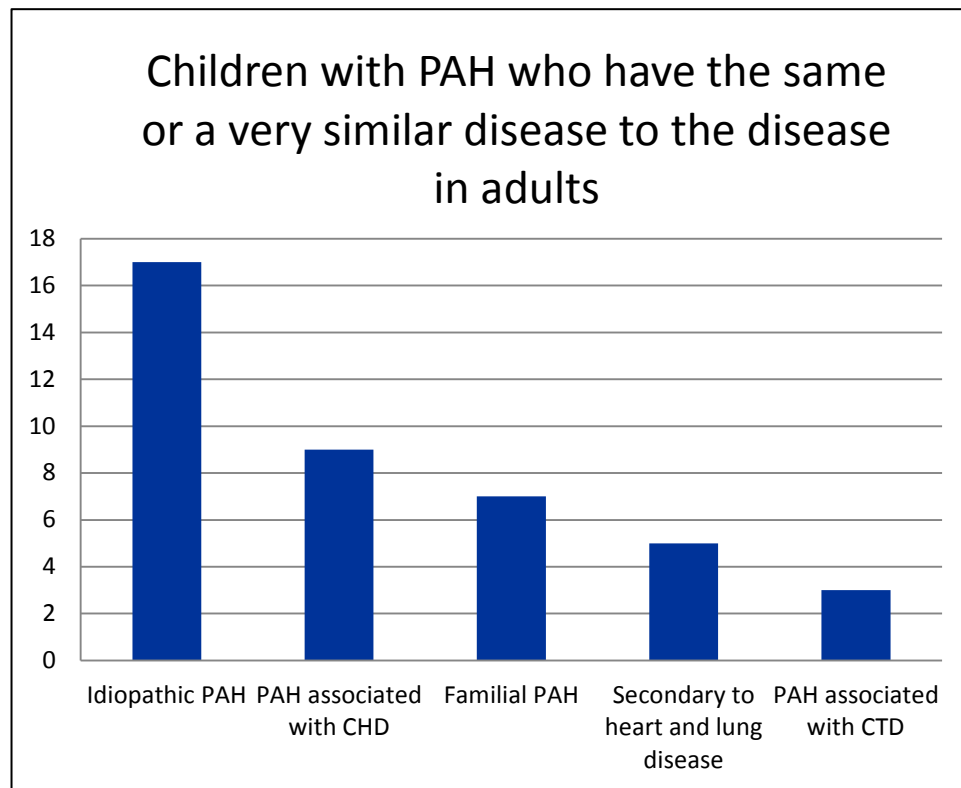
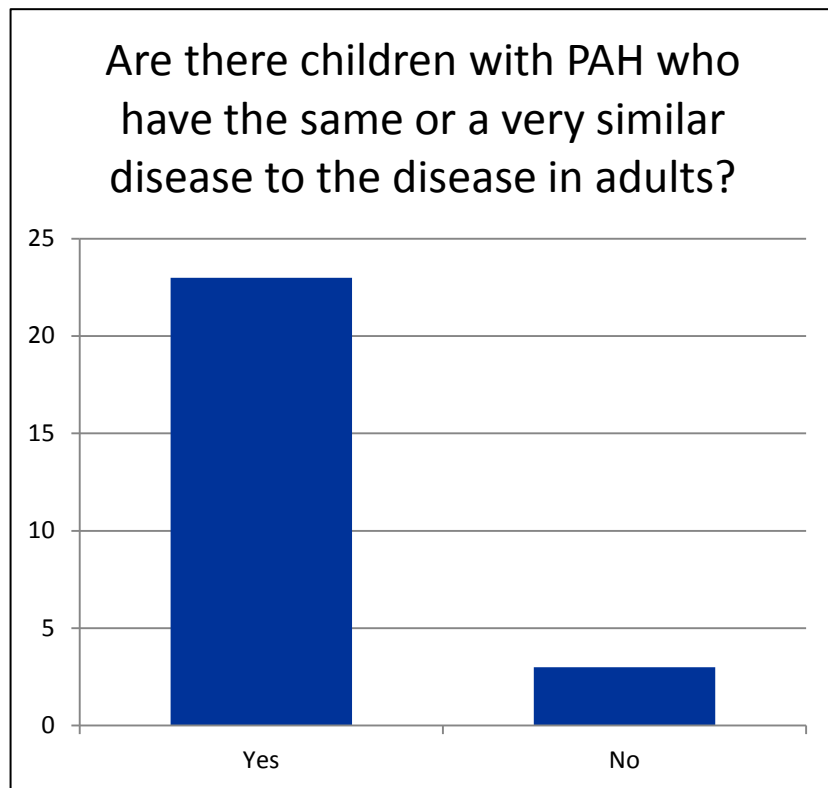


HCPs - Online survey response rate



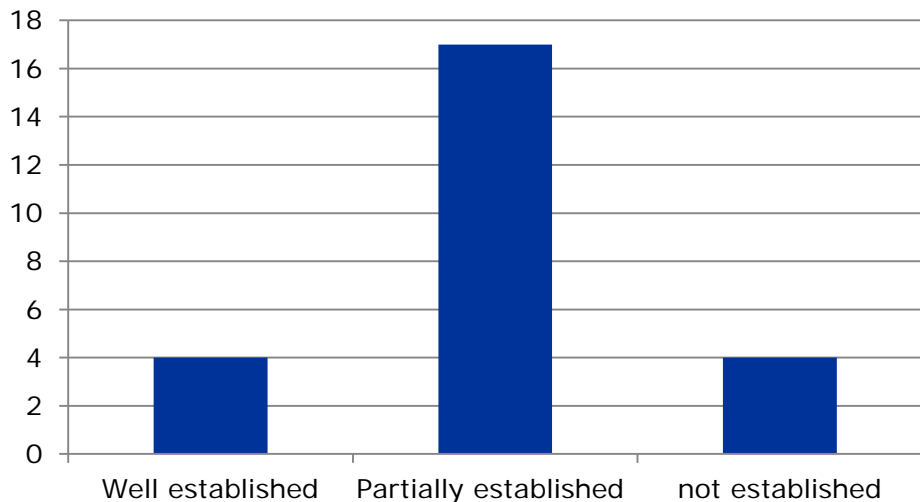


PAH in adults and children – Clinical parameters

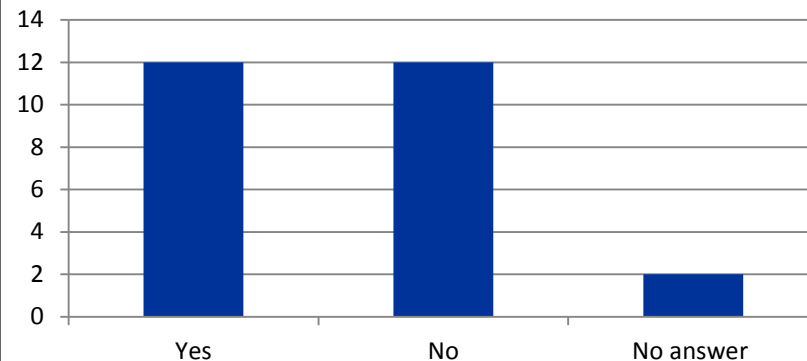


PAH in adults and children – Pharmacological parameters

How established is it that the biological systems operate similarly in adults and children?

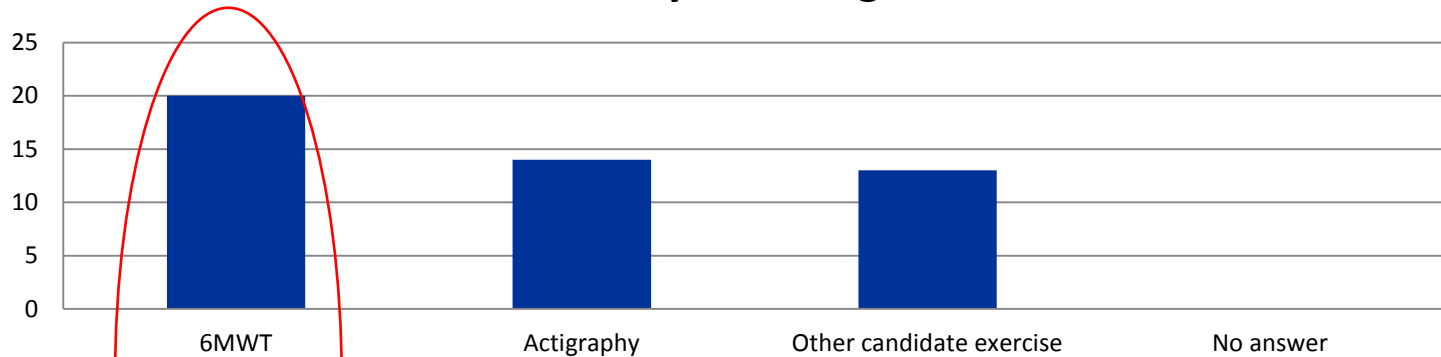


Do available data support exposure-matching as the principal basis for extrapolating from adults to children with some drugs and some forms of PAH?

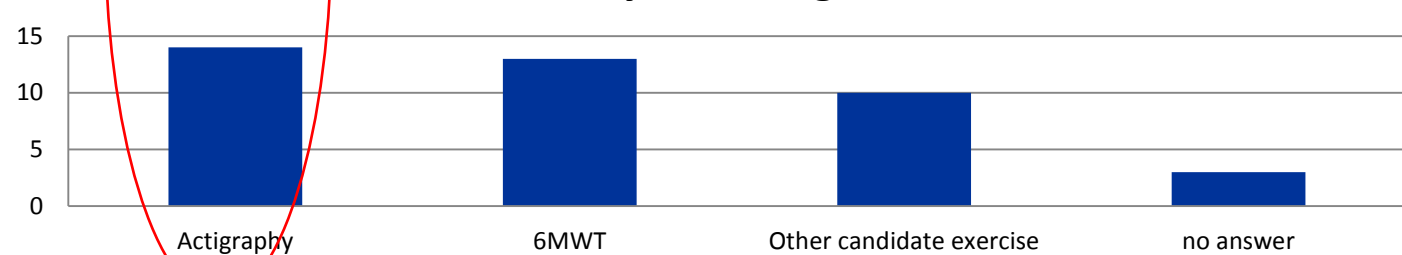


What endpoints could be used in children:

From 12 to less than 18 years of age



From 6 to less than 12 years of age



Non-invasive techniques and candidate surrogate markers



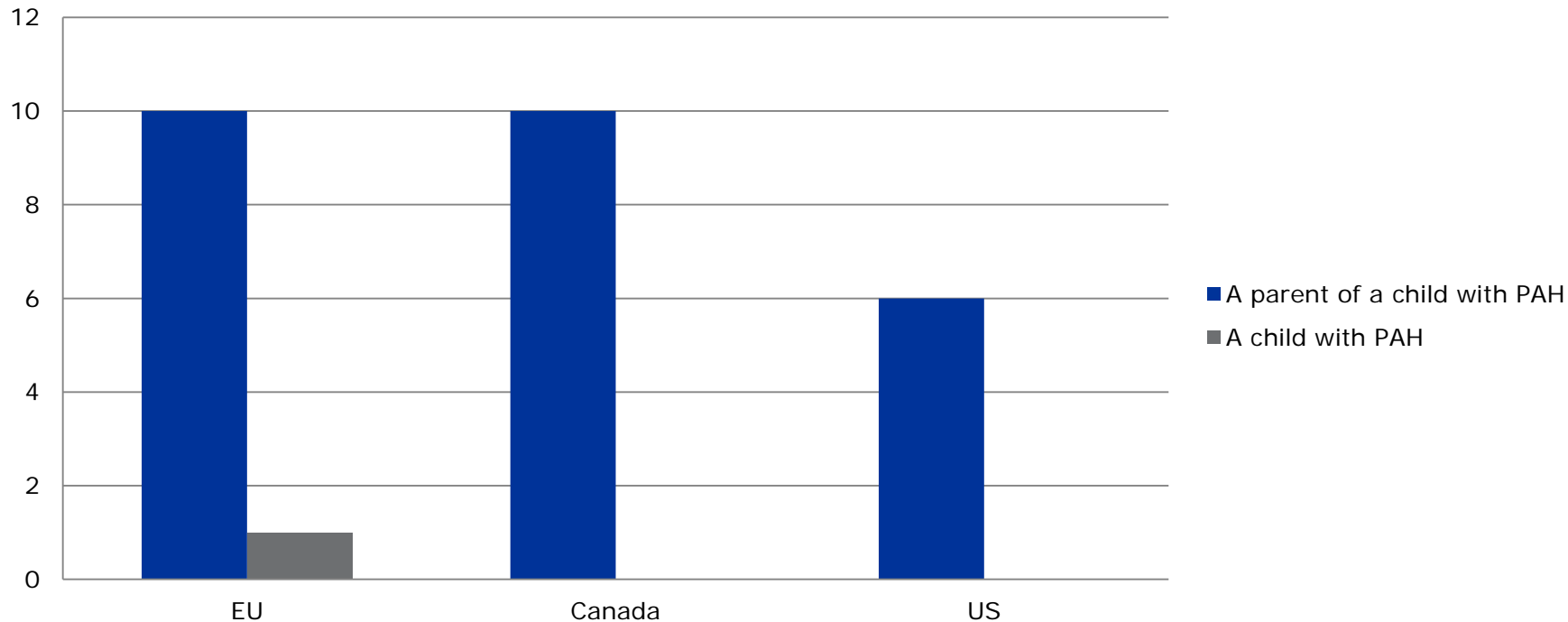


Patients

- Off-Label use
- Endpoints
- Daily monitoring
- Clinical trials



Patients - Online survey response



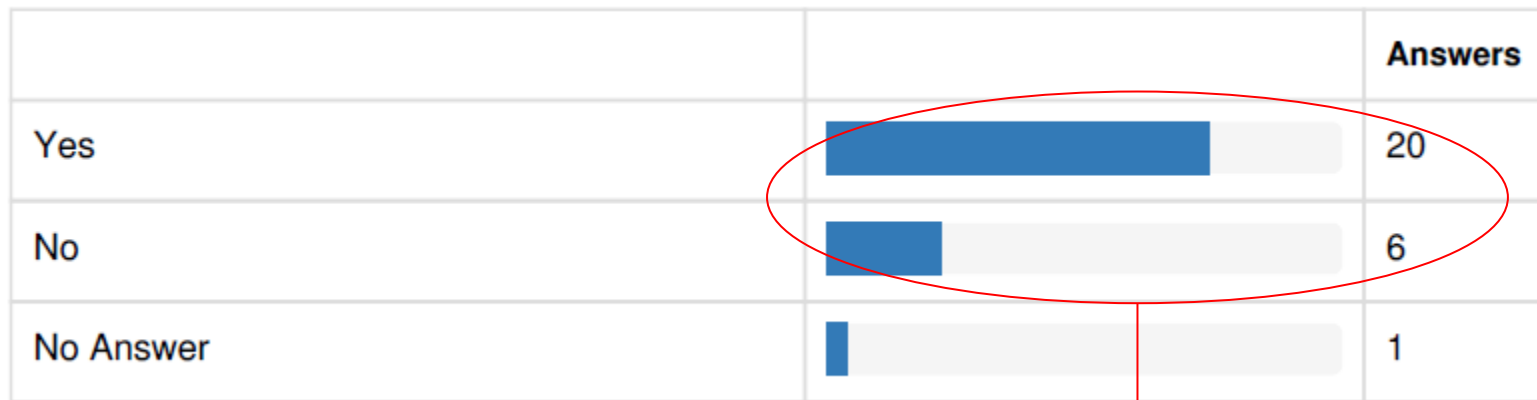


Have you or your child received the following medicinal product?

		Answers
Treprostinil (Tyvaso)		4
Bosentan (Tracleer)		15
Ambrisentan (Volibris)		11
Macitentan (Opsumit)		3
Sildenafil (Revatio)		22
Tadalafil (Adcirca)		12
Riociguat (Adempas)		0
Others?		10
No Answer		0



Do you agree to have drugs being prescribed off-label?



"We don't have a choice"

6 Minutes Walk Test – is it a good indicator?

1. If you are familiar with the 6-minute walk test, do you think this test is a good indicator of your child health status?

		Answers
Yes		17
No		9
No Answer		1

"depends on other variables"



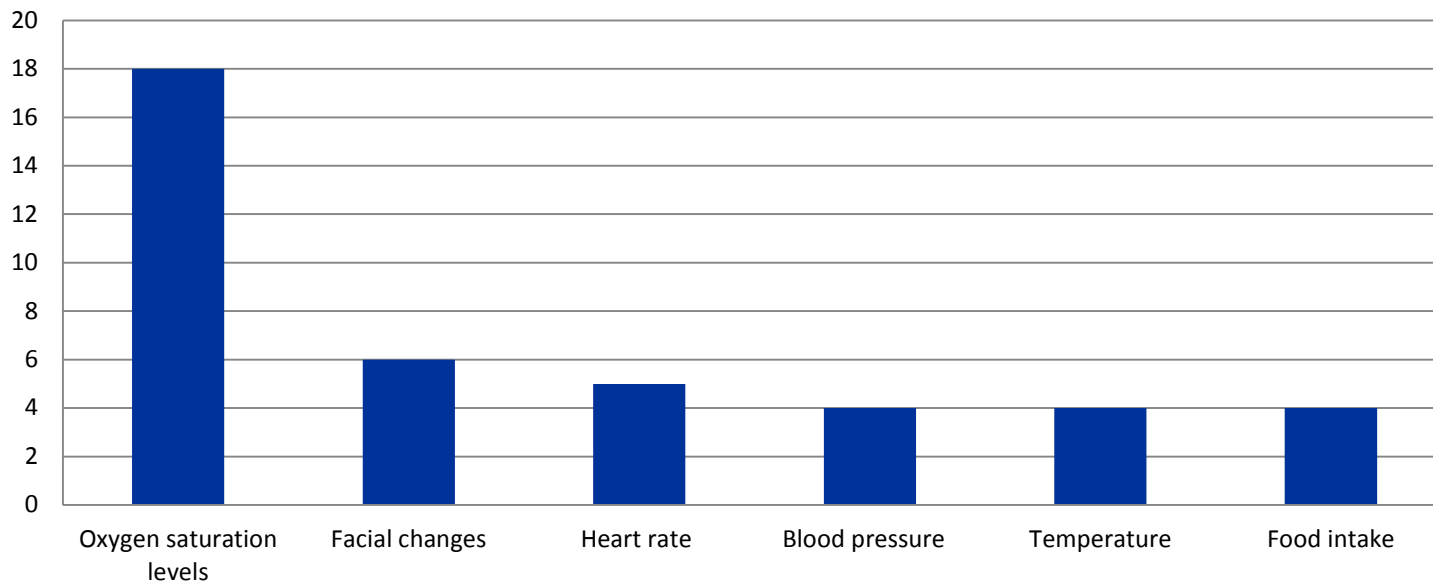
Signs indicating a worsening of the condition:

2. What are the signs indicating that you or your child's condition is worsening?

		Answers
Decline in daily school attendance over time		9
Decline in daily activities at home over time		13
Significant increase in fatigue		25
Sudden significant decline in overall quality of life		11
Change in physical appearance		18
No Answer		0

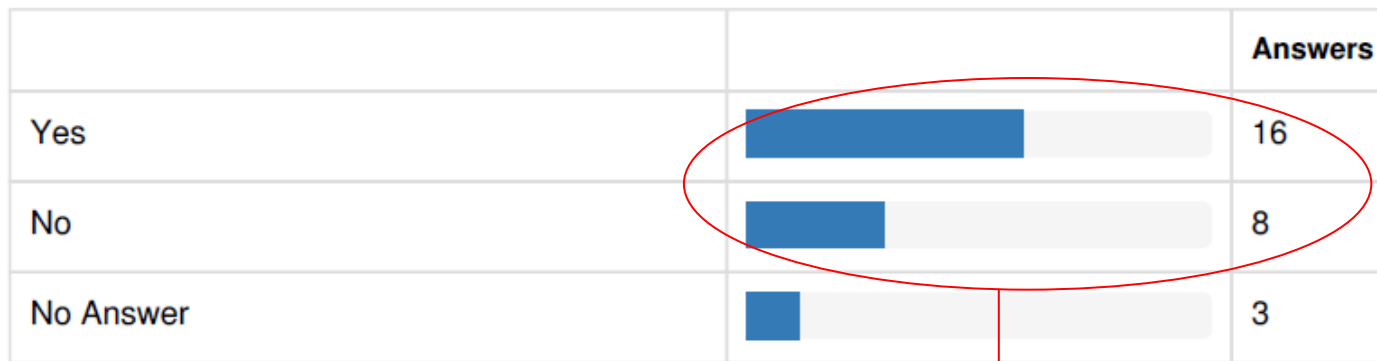


What parents are monitoring in daily life



Parents and clinical trials:

If clinical trials have to be conducted to assess if and how the drugs approved for PAH in adults will work in children, would you or your child be willing to participate in a clinical trial?



"Yes but"

**If not, what would be your barriers/concerns?**

		Answers
Too risky for me or my child, don't want to test anything that is not already approved for children		3
Risk that me or my child would receive a placebo instead of the new drug		6
Live too far away from a center or do not have the time to go to a center on a regular basis		4
Involves invasive examinations (e.g.:blood samples)		6
I don't have the impression that I'm informed well enough about all risks, advantages and expected outcomes.		5
No Answer		13



Drug developers

Adults developments highlights



Product	Study Design	Endpoints	Number of patients
Selexipag (Upravi)	1 study: DB,R,placebo-controlled, parallel groups. (study duration4,2 years)	Time to first occurrence of a morbidity or mortality event up to end of treatment + 6MWD	1,156 patients
Bosentan (Tracleer)	2 studies: R,DB, placebo-controlled	6MWD at 12 weeks for study 1 and 16 weeks for study 2	32 + 213 patients
Ambrisentan (Volibris)	2 studies: DB,R, placebo-controlled	6MWD at 12 weeks	201 + 192
Macitentan (Opsumit)	1 study: DB, placebo-controlled, parallel-group	Time to first occurrence of a morbidity or mortality event, up to the end of double-blind treatment +6MWD	742 patients
Sildenafil (Revatio)	1 study: R, DB, placebo-controlled	6MWD at 12 weeks	278 patients
Tadalafil (Adcirca)	1 study: R, DB, placebo-controlled	6MWD at 16 weeks	405 patients (from 12 years of age)
Riociguat (Adempas)	1 study: R, DB, placebo-controlled	6MWD at 12 weeks	443 patients

Paediatric developments highlights



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Product	Original Study design	Initial PIP adoption date
Selexipag (Uptravi)	<ul style="list-style-type: none"> DB, R, placebo add-on (S,E,PK) in children from 1 year < 7 year DB, R, placebo add-on (S,E,PK) in children from 7 year < 18 year 	06/2008
Treprostinil diethanolamine	<ul style="list-style-type: none"> PK study in children from 1 year < 7 year PK study in children from 7 year < 18 year DB,R, multiple dose, placebo add-on (E,S) in children < 8 years of age Bridging for children > 8 years of age 	07/2010
Bosentan (Tracleer) COMPLETED	<ul style="list-style-type: none"> OL, R, multiple dose (PK, safety) in children from 3 months <12 years 	03/2011
Ambrisentan (Volibris)	<ul style="list-style-type: none"> OL, R, low and high dose (S,E,PK) in children from 1 year < 7 year OL, R, low and high dose (S,E,PK) in children from 7 year < 18 year 	11/2008
Macitentan (Opsumit)	<ul style="list-style-type: none"> DB, R, placebo add-on (S,E,T,PK) in children from 1 month < 7 year DB, R, placebo add-on (S,E,T,PK) in children from 7 year < 18 year 	12/2008
Sildenafil (Revatio) COMPLETED	DB,R, placebo, low/medium/high dose (E,S,T) + long term extension	11/2007
Tadalafil (Adcirca)	<ul style="list-style-type: none"> OL, PK, S DB, R, add-on, placebo (E,LT-S) 	09/2010
Riociguat (Adempas)	<ul style="list-style-type: none"> OL, R, multiple dose (S,T,PK,E) 	12/2008
Imatinib (Glivec)	<ul style="list-style-type: none"> DB, R, placebo-controlled (PK,PD,S,E) 	01/2010
Macitentan/Tadalafil Ambrisentan/Tadalafil	<ul style="list-style-type: none"> Full waiver 	05/2016 10/2016



Source: EMA
PIPs
decisions



Paediatric PAH: Paediatric Investigation Plans

- Paediatric developments are **disconnected** from the adult developments (endpoints/population)
- **Different endpoints** are necessary for different age groups
- Total number of children to be recruited to complete all the agreed PIPs: **783**
- Problems in recruitment leading to **significant delays** and changes in timelines



What are the hurdles?



Gaps in “belief” between patients, healthcare professionals, regulators, and drug developers

- Healthcare professionals believe that there are still gaps in knowledge that need to be addressed in order to **bridge clinical and pharmacological parameters**

Children who respond to short-term vasodilator drug testing have a 5-year survival rate of 90%, whereas children who do not initially respond have a 5-year survival rate of 33%.

- Regulators believe that there are still gaps in knowledge that need to be addressed in order **for products to be approved** for use in children

Understanding of the disease in children, drug pharmacology and/or clinical response cannot be quantified yet with sufficient precision



Gaps in “belief” between patients, healthcare professionals, regulators, and drug developers

- Drug developers believe that there are too many **differences between regional regulatory requirements/obligations** to proceed rationally
 - *EMA PIPs and FDA written requests*
- Patients and families want **access to approved therapies** but do not want to enrol in any type of clinical trials.



Bridging the gaps: workshop objectives

- To facilitate **communication** and stimulate **collaboration** between stakeholders
- To involve **patients in study design**
- To **harmonise** scientific and regulatory requirements at global level
- To identify **gaps in knowledge** to be addressed in children with PAH.
- To help ensuring that the data generated will address the scientific questions that are important for licensing in children **in a timely manner**



Bridging the gaps: Points to be addressed today

Population (Session 2):

- Paediatric age groups and subgroups of PAH eligible to be enrolled in studies and when?
- How much can we learn and borrow from the adults development? (integrated strategy)

Endpoints (session 3):

- 6MWT vs actigraphy
- Need for identification and validation of appropriate non-invasive endpoint(s)

Study design (session 3):

- Use of a control (e.g.: placebo), PK/PD/Efficacy/Safety studies considerations

Data:

- Source of existing data from Healthcare professionals and industry (data sharing)
- Prospective planning for post-marketing data collection



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Thank you for your attention

Further information

Cecile.ollivier@ema.europa.eu

European Medicines Agency

30 Churchill Place • Canary Wharf • London E14 5EU • United Kingdom

Telephone +44 (0)20 3660 6000 **Facsimile** +44 (0)20 3660 5555

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