# Safe medication practice – what can we learn from root cause analysis and related methods?

Dr David Gerrett, Senior Pharmacist Patient Safety NHS Improvement

Information Day on Medication Errors 20 October 2016 | London, UK



#### Disclaimer

The views and opinions expressed in the following PowerPoint slides are those of the individual presenter and should not be attributed to Drug Information Association, Inc. ("DIA"), its directors, officers, employees, volunteers, members, chapters, councils, Special Interest Area Communities or affiliates, or any organisation with which the presenter is employed or affiliated.

These PowerPoint slides are the intellectual property of the individual presenter and are protected under the copyright laws of the United States of America and other countries. Used by permission. All rights reserved. Drug Information Association, DIA and DIA logo are registered trademarks or trademarks of Drug Information Association Inc. All other trademarks are the property of their respective owners.



# NHS Improvement vision for patient safety

Increasing our understanding of what goes wrong in healthcare

Enhancing the capability and capacity of the NHS to improve safety

By tackling the major underlying barriers to widespread safety improvement

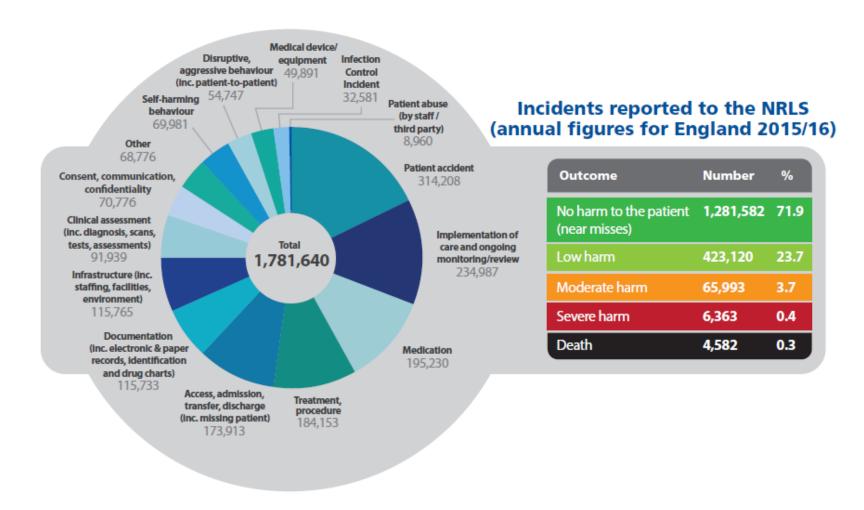


# Patient Safety in NHS Improvement





# The National Reporting and Learning System (NRLS)





## Medication error, a key point

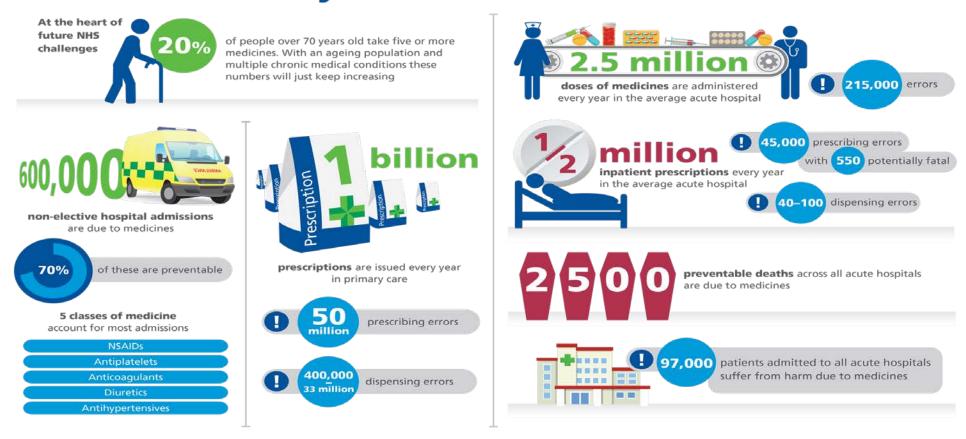
What are we up against?

Fundamentally we can't do Root Cause Analysis (RCA) or any other analysis measure on all error, its not practically possible



#### Think scale! We've 'estimated' the error in the NHS

#### **Medication safety in the NHS**



97% of medication errors reported to the NHS result in no or low patient harm



# Actions to improve learning

National Faults	National Remedies
3.3 million <b>prescribing errors</b> each year in the community	-National prescribing competency test for medical graduates -NIHR Greater Manchester Primary Care Patient Safety Translational Research Centre including roll out of PINCER study findings to detect prescribing errors
26 000 – 2.2 million <b>dispensing errors</b> each year in the community	-Medication Safety Officers network (including independent pharmacies and large companies) to improve local learning from errors -NIHR Greater Manchester Primary Care Patient Safety Translational Research Centre including use of Manchester Patient Safety Assessment Framework in community pharmacies
45 000 prescribing errors in an average acute hospital each year  40-100 dispensing errors in an average acute hospital each year	-National prescribing competency test for medical graduates -NIHR Imperial Patient Safety Translational Research Centre including assessment of electronic prescribing and administration systems and providing immediate feedback to doctors to reduce errors - Additional national funding to implement electronic prescribing systems - Medication Safety Thermometer to monitor and drive system improvements to reduce patient harms due to high risk medicines - Additional national funding to implement safer dispensing systems - Medication Safety Officers network to improve local learning from errors

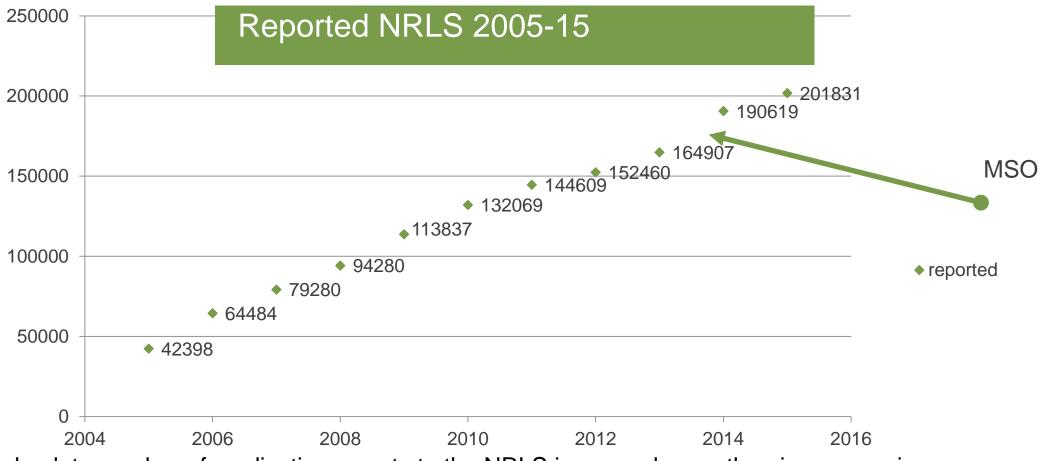


# Actions to improve learning

National Faults	nal Faults National Remedies					
215 000 medicines administration errors in an average acute hospital each year	Medication Safety Thermometer to monitor and drive system improvements to reduce errors e.g. omitted doses -Medication Safety Officers network to improve local learning from errors -Additional national funding to implement safer administration technologies					
In hospitals 6500 patients suffer harm due to medicines and 167 patients die avoidably due to medicines each year	<ul> <li>-Medication Safety Thermometer to monitor and drive system improvements to reduce patient harms due to high risk medicines e.g. Anticoagulation ,Insulin, Opioids</li> <li>-Medication Safety Officers network to improve local learning from errors</li> <li>-Mortality reviews help identify and drive system improvements to reduce avoidable deaths</li> </ul>					
40,000 of non elective hospital admissions each year are due to medicines	Medication Safety Officers network to improve local learning from avoidable admissions due to medication errors -NIHR Imperial and Greater Manchester Primary Care Patient Safety Translational Research Centres including roll out of PINCER study findings to detect prescribing errors and development and of an Improving Prescribing in the Elderly medication review tool -QOF target to reduce unavoidable non elective hospital admissions					



# There are a lot of potential investigations!!



In 2014 the absolute number of medication reports to the NRLS increased more than in any previous year, representing a 15.6% increase on the year before.



# Key points

► Too many can't investigate every error, have to be selective



# There are a lot of potential investigators!!

Organisation	count	count aggregate
NHS Acute Medium	46	
NHS Acute Large	41	
NHS Acute Teaching	30	
NHS Acute Small	24	
NHS Acute Specialist	17	
NHS Acute Trust		158
CCG		80
NHS Mental Health Trust		51
Community pharmacy sector		21
Other Independent Sector		21
NHS Community Trusts		18
NHS England Area Team		14
NHS Ambulance Trust		9
Community Interest Company		8
Independent		2
Cosmetic Surgery		1
Mental Health		1
NHS Acute		1
Online Pharmacy		1
Social Care Enterprise		1
Grand Total		387

Registered Medication Safety Officer As of August 2016



# It has to be done for the right reason!

- The perfection myth
  - if we try hard enough we will not make any errors
- The punishment myth
  - if we punish people when they make errors they will make fewer of them



## Two approaches

#### **Person centred approach**

- Individuals who make errors are 'careless, at fault, reckless'
- Blame and punish
- Remove individual = improve safety

#### **Systems approach**

- Poor organisational design sets people up to fail
- Focus on the system rather than the individual
- Change the system = improve safety



# Analysis options

- 1. Fault Tree Analysis (FTA)
- 2. Failure Modes Effect Analysis (FMEA)
- 3. Root Cause Analysis (RCA)





# What healthcare practitioner's think

Attendees at workshops said (n=100+, 5 events)

FTA only 5% had ever heard of it

FMEA: needs to be proactive and multidisciplinary and multi-sector, Better alternative (UKMi risk assessment tool). Quantifies and is also Industry recognised. Little published application

RCA: All heard about it. A 'waste of time and money' unless done well, it's a week, it's a big undertaking. Reactive, not proactive. Part of the process, doesn't lead anywhere



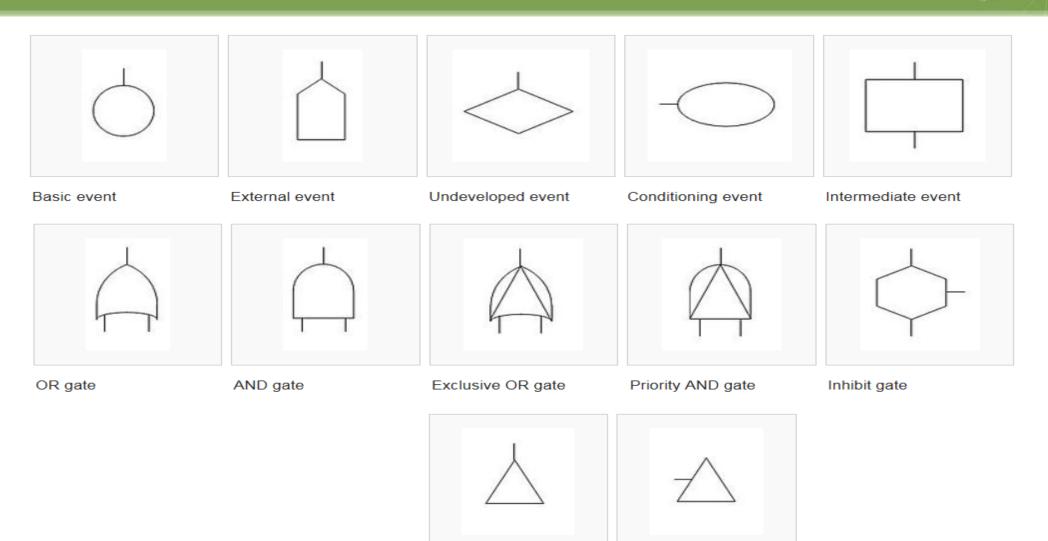
#### FTA

- Bell Telephone Laboratories developed the concept in 1962 for the US Air Force for use with the Minuteman system.
- Later adopted and extensively applied by the Boeing Company
- Fault tree analysis is one of many symbolic 'analytical logic techniques'
- little application in Health, but extensively used elsewhere
- mathematically orientated, uses symbols to denote relationships
- Has been assessed for use in healthcare

[1] Cranfield University. Marcus L. Durand. The Evaluation of Methods for the Prospective Patient Safety Hazard Analysis of Ward-Based Oxygen Therapy PhD 2009



# Symbols



Transfer in

Transfer out



#### FTA

Often there is a activity and you have to ask...Why? Consider a genuine, current, patient-safety situation

- 'nurse drawing up insulin with a syringe out of [insulin Brand] pen.'
- '[insulin Brand] was being given by drawing up a dose from an insulin pen fill cartridge using an insulin needle. These cartridges are only intended for use with a re - usable insulin pen, not for directly drawing up doses'
- 'In addition the insulin was being drawn up into an insulin syringe from an insulin cartridge designed to be used in a pen style delivery device'

WHY, WHY, WHY





#### FTA

Prescription for insulin pen, self administration but patient is not able to inject – HCP is called,

HCP is required to administer Insulin with products at hand

EU regulations on needle stick injury Sharps containers, Safety needles

Inject insulin

Stick needle in pen and withdraw

Decide to

Withdraw

from pen

Previous needle stick injury, patient's given non-safety needles

Error may fail to change the volume to account For differing strengths



#### **FMEA**

- Prospective
- Has a linguistic semantics
- Not comprehensive (holistic) healthcare is complex
- Has 'types' functional, concept design, process
- Has been applied (limited) to medication

http://www.ihi.org/resources/Pages/Tools/FailureModesEffectsAnalysisComparisonFiveMedicationDispensingScenarios.aspx

Think that you know of the perfect storm, insulin pens, EU regulations, multiple strengths.

Could 'you' have predicted what HCPs would do?

We asked >100 HCPs



#### **FMEA**

What they (100+ HCPs) said

FMEA could have got there with the right people at the table Predicting human behaviour is challenging Predict interesting work arounds!

Means different things to different people Need a National one page description of FMEA and a template.



# The UKMi 'FMEA-like' assessment -

Produc	i A	transport of	completed by		Date
No	Themes			Assessment	Details/ notes
A	Licensing status			•	
A1	Does the product have a UK marketing authorisation?		→ A2 No		
2	Is it only going to be used within that marketing authorisation?	Yes	□→B No	<del>-</del> >A3	
3	Is there a suitable product available with a marketing authorisation for the intended u	ise?		Yes No	
\$	Is the anticipated use supported by a reasonable evidence base?			Yes No	
6	Is technical and patient information available in English to support the anticipated us	e?		Yes No	
8	Do you have assurance of pharmaceutical quality? For example,  If the medicine is unficienced, is the supplier of the medicine suitably licensed?  What type of assurance process does the manufacturer have in place?			Yes No	
В	Name, packaging and labelling, and other pharmaceutical issues			•	•
	Could the medicine's names be confused with those currently in existence? (Is there risk of sound alike/look-alike errors?)			Yes No	
32	Is the medicine's generic name clearly identifiable in English on the packaging?			Yes No	
_	ls other critical information also clearly identifiable in English on the packaging? (e.g. product specific warnings)				
	Is the critical information above clear on all sides of the packaging as well as on the ampoule) and secondary (e.g. carton) packaging	primary (	(e.g.	Yes No	
	For branded medicines, is the generic name also suitably prominent?			Yes No	
	Is pharmaceutical information such as the batch number, expiry date, and storage or unambiguous on the packaging?			Yes No	
	Where medicines contain more than one active ingredient, are all generic constituent the packaging?	ts clearly	stated on	Yes No	
	Is the expression of strength on the packaging consistent with prescribing practice?				
- 1	Does the packaging encourage (or at the least not hinder) differentiation between a from a single supplier, or between different products from different suppliers? [Is there risk of selection errors?]	renge of	products	Yes No	
c	Information provided with the product			•	
71	Is an English language patient information leaflet available with the product?			Yes No	
2	Is English language prescribing information available for the product?		Yes No		
3	Is appropriate technical information available in English at the point of care to guide preparation, and administration?	calculatio	ons,	Yes No	
_	Does the product information only contain positive statements about use? For examy use only" as opposed to "not for intrathecal use"	ple "for in	tevenous	Yes No	
	Presoribing risks				
	is the product an additional treatment option, or is it replacing another product or dru				
	Are there issues associated with non-familiarity or confusion with existing treatments	æ		Yes No	
	Is the dosing and prescribing complex?			Yes No	L
	Who will prescribe the item? [consider prescriber's scope of practice and processes				
ı	is the prescribed dose consistent with the way the strength, form, and (where applica presented?	able) bas	e salt are	Yes No	
	Known risks and management				
	Has the item (or any similar product) been the subject of any medicines safety alerts description as a never event, or inclusion in a MHRA drug safety bulletin]	: [e.g. N	HSA report,	Tes LINo L	1
	Is the medicine under intensive regulatory surveillance?			Yes No	1
	is the medicare under micrisive regulatory surveillance: Are new or amended clinical or laboratory monitoring requirements associated with t	he inhod	luction of	Yes No	1
	the medicinal product?				1
4	Is there potential for significant harm in deliberate or inadvertent overdose? If yes,			Yes No	
ŀ	Are suitable reversibility and artidote strategies available?			Yes No	I
_ +				Yes No	<b></b>
E5	<ul> <li>Are suisable reversionly and articolor solvings a variable:</li> <li>Are clinical management strategies in such circumstances defined?</li> <li>Where necessary, is additional patient information available to support safe use of the</li> </ul>	e medic	ine? For	Yes No	$\vdash$

	Preparation, Calculation, Labelling & Information	lv.				
٠,	Are there current known operator safety issues with the drug?  Is the medicine of a class where operator safety issues might be a concern?	Yes				
	Is the medicine or a class where operator salety issues might be a concern:     Is the medicine subject to COSHH regulations, for example?	Yes				
		Yes		No	Ū	
2	Is the medicine supplied to the end user in a presentation that is		_		_	
	<ul> <li>ready-to-use (i.e. correct volume and correct strength and is ready to draw up) or</li> </ul>	Yes				
	<ul> <li>ready-to-administer (i.e. in a final container ready for administration to the patient)?</li> </ul>	Yes				
3	In the form presented, are commonly used doses easy to measure?	Yes		Nic	Ō	
4	If manipulation is required prior to administration,	П				
	<ul> <li>is it complex (i.e. does it have 5 or more defined steps)?</li> </ul>	Yes		No		l
	<ul> <li>does it involve any special or unusual complexities (using the contents of part ampoules or vials,</li> </ul>	Yes		No		l
	complex dilution or mixing with other drugs, or need to crush preparations or make other extemporaneous products prior to administration)?		_		_	
5	Is a complex calculation (i.e. has more than one step) necessary prior to preparation and/or	Yes		Ne		
	administration?	١	_		_	
5	Does the product easily enable essential labelling to be in place at point of administration?	Yes		N.		
		1	_	1	_	
	Administration		_		_	
1	Is administration of the product in any way complex?	Yes				
2	Is the route of administration of the product intrinsically high risk (such as intrathecal)?	Yes	_	_	_	
3	Does administration require the use of a device and/or disposables?	Yes		Ne		
	If yes, are there any issues related to their use?	Yes		Ne		l
4	For injectable medicines,				_	
		Yes		IN-		l
	omed?	1			_	I
	is any specific monitoring required during administration? If yes, is it practical & achievable?	Yes		No		l
	Supply chain issues				_	
	Is the product readily and reliably available from a recognised supplier?	Yes	_	N.	_	
	Are expiry dates (both for the product in its original form, and in-use as necessary) available and clear?	_	_	_	_	
		Yes				
_	Are there any specific storage requirements? e.g. refrigeration, space (if bulky)	Yes	_		_	
4	Are there any issues relating to secure storage? e.g. is there likelihood of misappropriation?	Yes		No	Ō	
5	Overell, consider whether the storage requirements can likely be met?	Yes		No	Ō	
	Disposal	•				i
	Does the product pose any special risks during disposal to either the user or staff?	Yes	П	Ne		
	Are there any specific disposal requirements for the product?	Yes	_	_	_	
	Impact of setting	110		PR.	_	L
		100	_		_	
•	Is the product for use in a highly specialist environment? For example in neonates, fluid restricted	Yes	ш	No	ш	l
	patients, or those in critical care scenarios. If yes, is there the potential that it will be used outside such an environment?	Yes	_		_	l
	rryes, is there the potential that it will be used outside such an environment: Have issues associated with such use been identified and addressed?					l
_		Yes				
	Is the medicine one which is likely to be used across other boundaries of care?	Yes		•		l
	If yes, have issues associated with such use been identified and addressed?	Yes		No		I
3	Is the medicine one for which self-administration by patients is a possibility?	Yes		N		
	Have any issues associated with such use been identified and addressed?	Yes		•		l
	Where the manipulation of the product is complex, is the environment in which it is to be prepared	Yes				l -
1	where the manipulation of the product is complex, is the environment in which it is to be prepared conducive to its safe use? That is, will it be as free as possible from distractions and is it an otherwise	1"				I
	suitable environment for complex manipulation?	ı				l
	Summary & Outcome (Committees Involved; whether or not approved for use in the organisation etc.)	_				
	As a consequence of the product's introduction, will any changes to practice occur?	Yes		IN-		
	As a consequence of the products introduction, will any changes to practice occur: If ves. are those changes likely to introduce new risks?	1""				I
	or yes, are those changes mery to introduce new risks:  Or do they have the potential to address patient safety risks known to be present currently?	ı				I
	Overall, when considered against the status quo, are the risks identified in relation to the product's	V		100		
-	Overall, when considered against the status quo, are the risks identified in relation to the product's introduction reasonable?	Yes		T WE	_	
	Where it is possible to assess, are any patient safety risks outweighed by the potential clinical benefits	Yes		No	Ō	
3						
3	the product offers against available alternatives?	ı				I

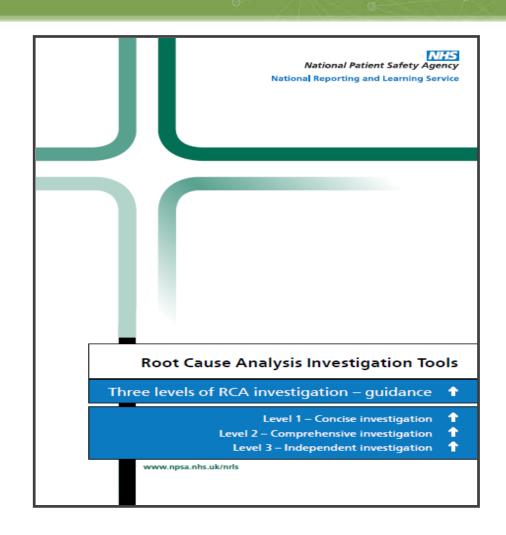
- ....is useful because its 'holistic'. It enables the structured assessment of human factors (also known as Ergonomics) in a PSI
- Still looks for a 'root cause' but that may be multi-factorial (insulin pens)
- But there are still too many medication errors



Its critical to understand which incidents to undertake an RCA

Classify according to

- the degree of harm or damage caused at the time
- its realistic future potential for harm if it occurred again
- Better to do fewer RCAs well than consider it as an ending in its own right

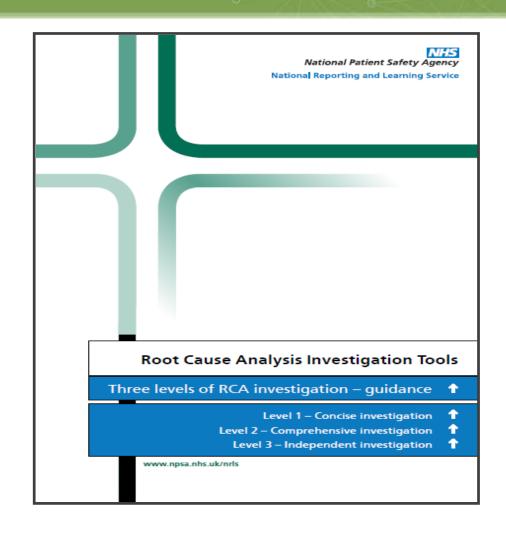




Its critical to understand which incidents to undertake an RCA

Classify according to

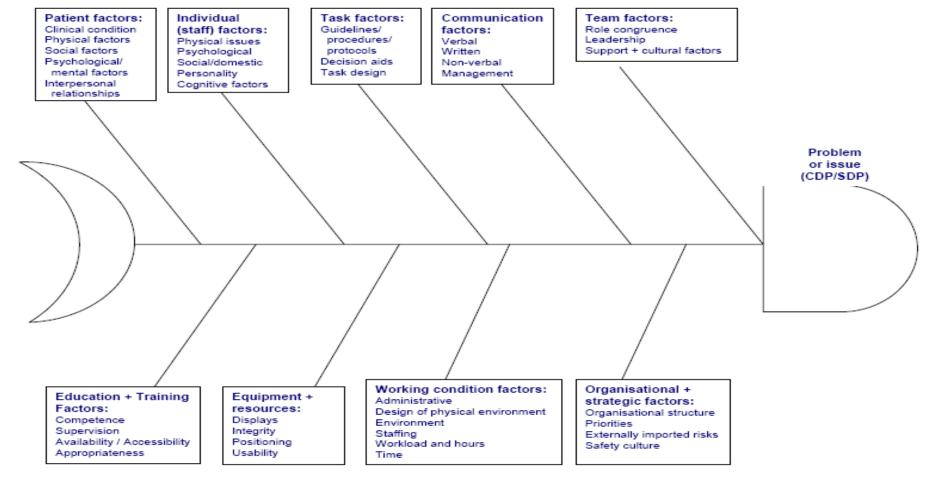
- Need to accept that RCA is not the automatic 'turn to' solution





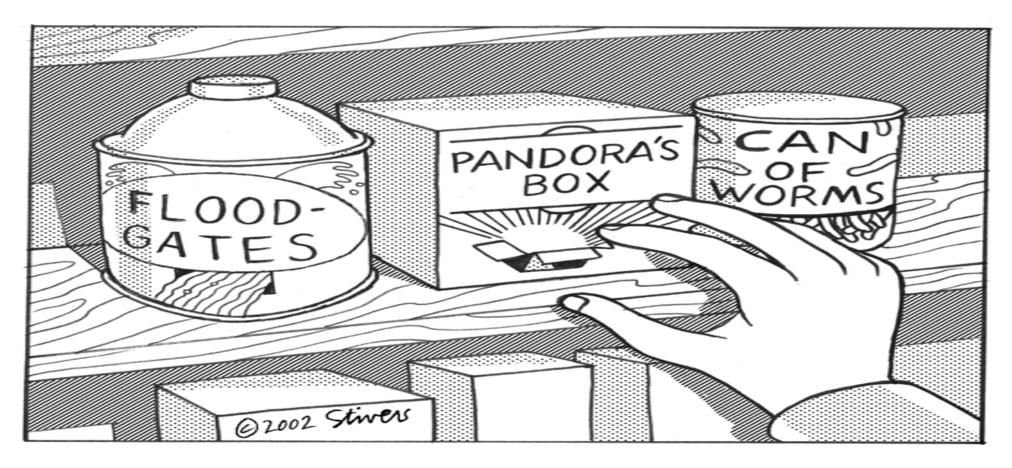
#### Root Cause Analysis Investigation Fishbone Diagram - tool







Analysis - beware of what you find, or think you have found





#### Extracts from MSOs RCAs

Process for checking medication prior to spinal injections was not followed

Failure to follow hospital policies and procedures

No omissions or errors in care or treatment were identified which would have led to this incident occurring

It is common practice throughout the NHS to give verbal advice, this is often done without adequate safeguards



What was learnt...

Standardisation of practices for handling medication (storage, checking)

"There is no policy within the Trust for the administration of nebulisers and therefore confusion may arise as to how certain drugs should be delivered and whether this can be overridden in an emergency"

"A medication administration error (potential prevented never event) was not reported at the time that it was detected"



# Key points

- Too many can't investigate every error, have to be selective
- ► The nature of error may determine the method of analysis





# System-wide learning from root cause analysis: a report from the New South Wales Root Cause Analysis Review Committee

Jonny Taitz, Kelvin Genn, Vanessa Brooks, Deborah Ross, Kathleen Ryan, Bronwyn Shumack, Tony Burrell, Peter Kennedy, on behalf of the NSW RCA Review Committee

'Conclusion given the number of hours per RCA, it seems a shame that the final output of the process may not in fact achieve the desired patient safety improvements'

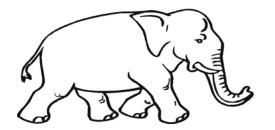


# Key points

- Too many can't investigate every error, have to be selective
- The nature of error may determine the method of analysis



- Investigations to determine the cause of error should be just the start of the undertaking
- We are guilty of failing to learn from the plethora of investigations





#### What we'd like the audience to remember

Reserve investigations for things that might make a difference to patient care, and do it properly

If there are actions, do them

Share the findings



# Ask