

# Potential trial designs and suitable study populations

EMA stakeholder interaction on the development of medicinal products for chronic non-infectious liver diseases (PBC, PSC, NASH)

3 December 2018

Bettina E Hansen

IHPME, University of Toronto

Toronto Center for Liver Disease, UHN

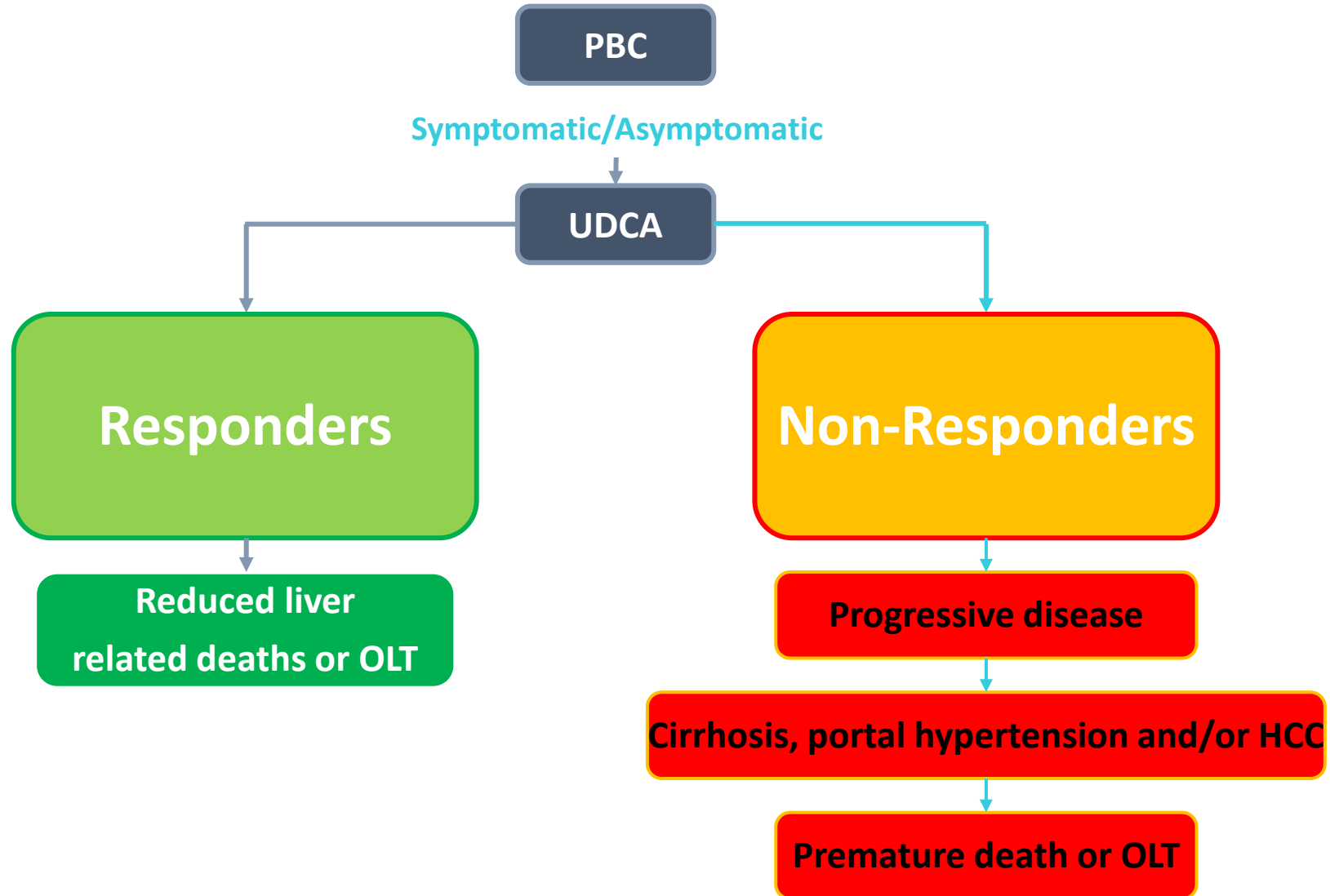
Gastro & Hepatology, Erasmus MC, The Netherlands



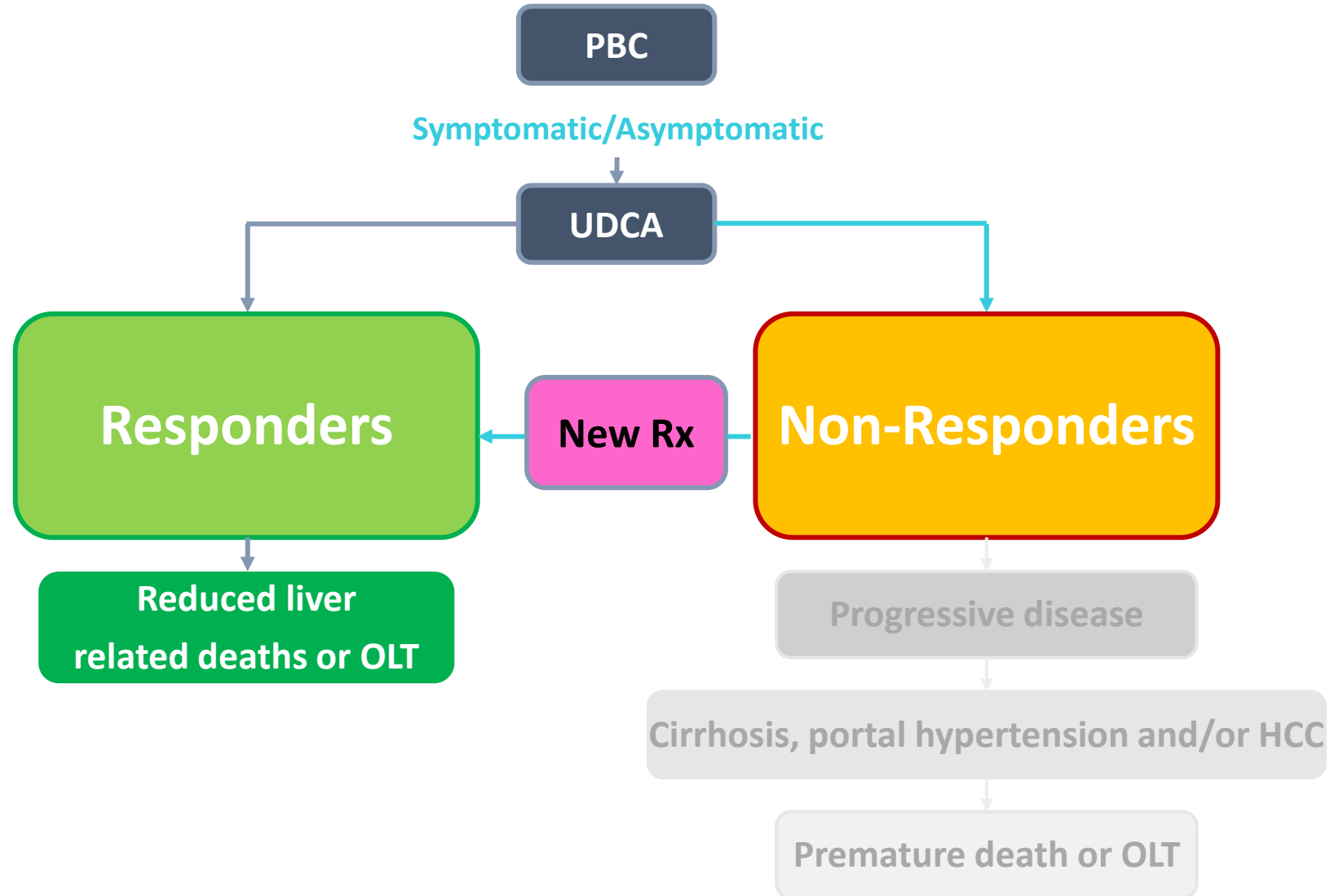
Institute of Health Policy, Management and Evaluation  
UNIVERSITY OF TORONTO



# Selection of study population



# New Treatment (Rx) if insufficient response to UDCA



# Inclusion criteria often related to response criteria

---



Duration: 1 year

## **POISE<sup>1</sup> – trial**

Inclusion: ALP > 1.67 OR abnormal bilirubin, but bilirubin < 3xULN

Response: ALP ≤ 1.67 AND min. 15 % reduction compared to baseline AND normal bilirubin

## **BEZURSO<sup>2</sup> - trial**

Inclusion: Non-responder according to Paris I

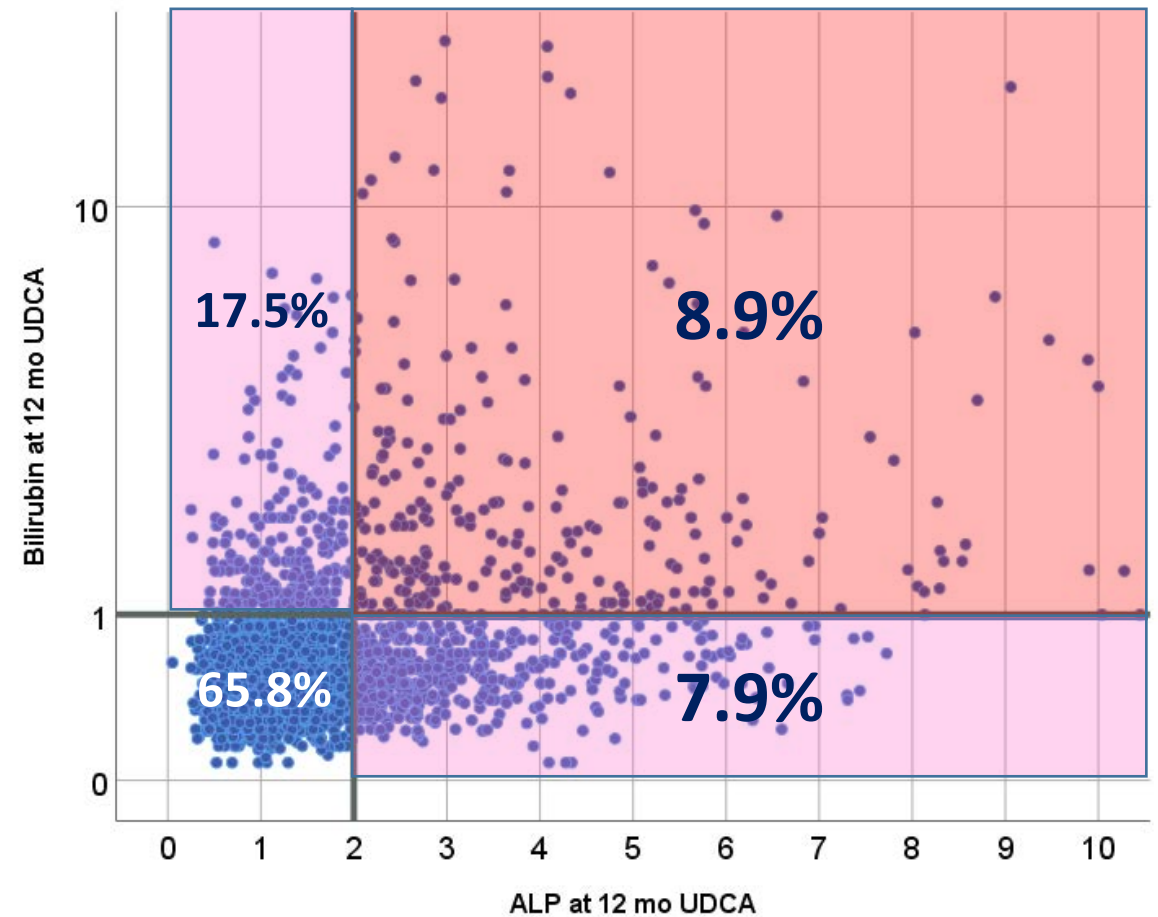
Response: normal bilirubin, normal ALP, AST, ALT, albumin and PT

<sup>1</sup>Nevens et al ; NEJM 2016; <sup>2</sup>Corpechot et al; NEJM 2018

# Study population: high risk

EMA advocates a study population:

- at highest risk for progression
  - in urgent need of new treatment
- risk population after min 1 year of UDCA:
  - ALP >2 xULN ? AND ?
  - abnormal bilirubin
- additional selection may depend on
  - AST, albumin, GGT, Mayo risk



Hansen, Global PBC dec 2018

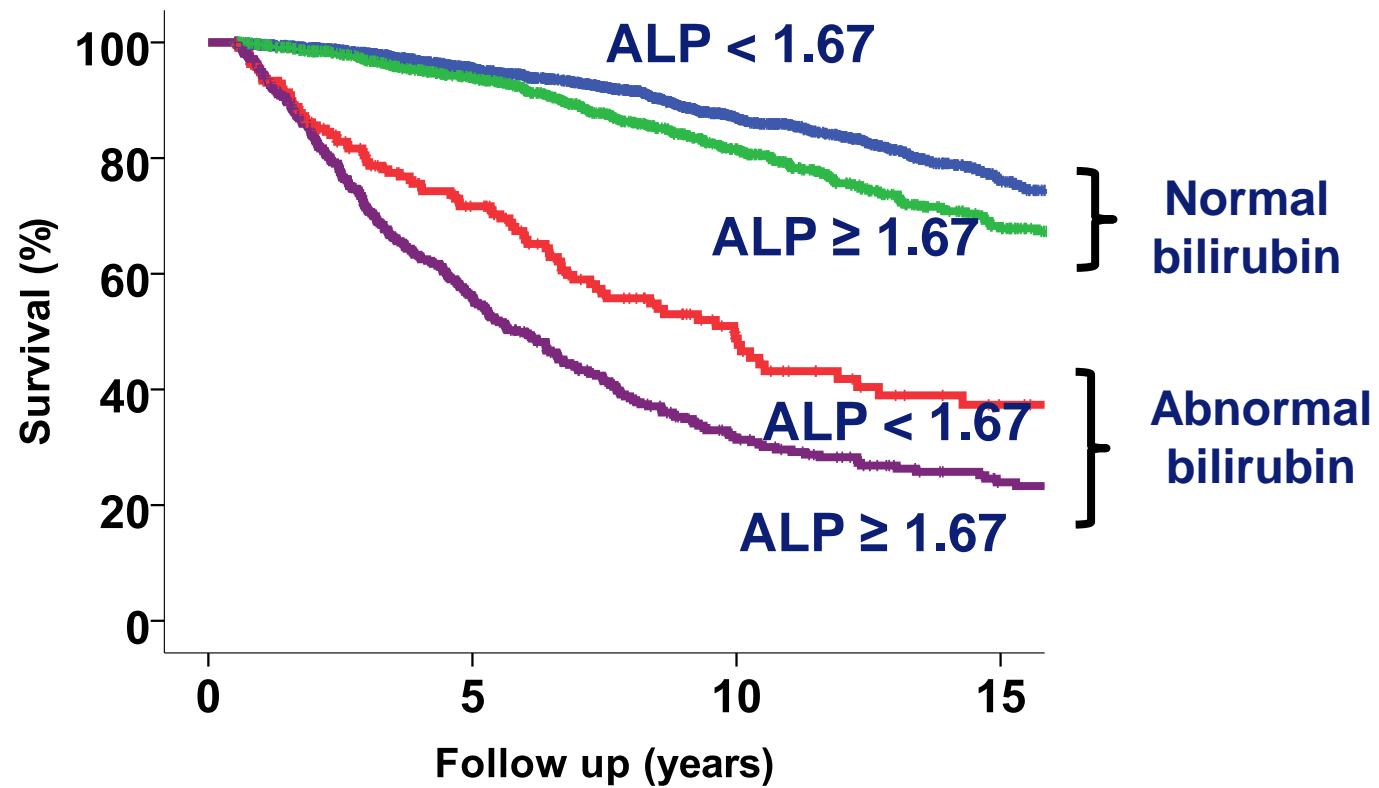
# Suitable study population

---

Selection of an appropriate study population is critical to:

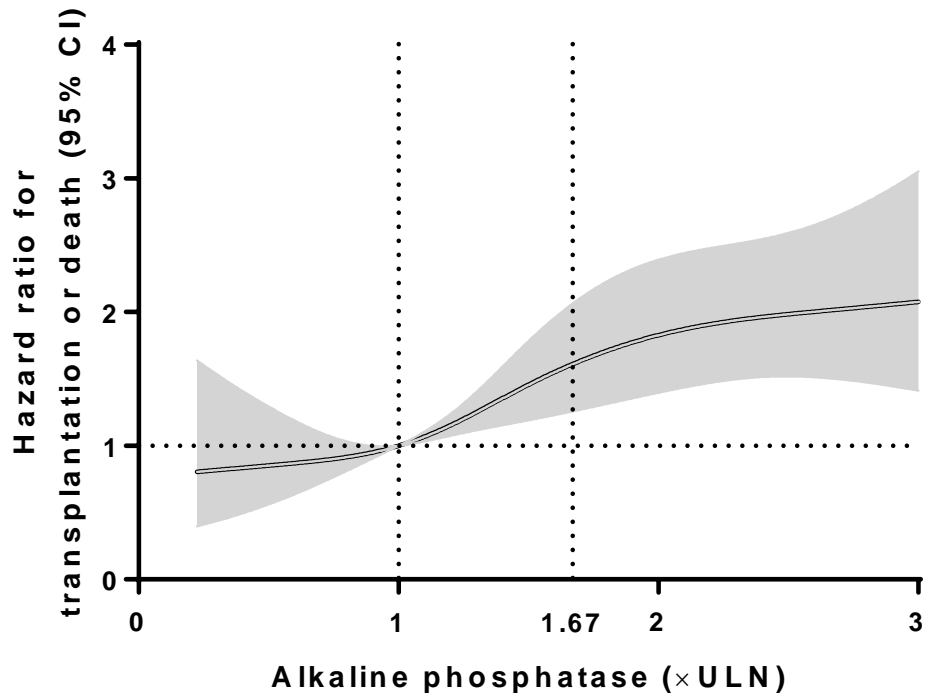
- Ethical acceptability
- Minimize bias confounders
- Numbers of subjects
- Speed of enrollment
- Interpretation and extrapolation of data
- Acceptance by physicians and regulatory authorities

# Study population: at risk



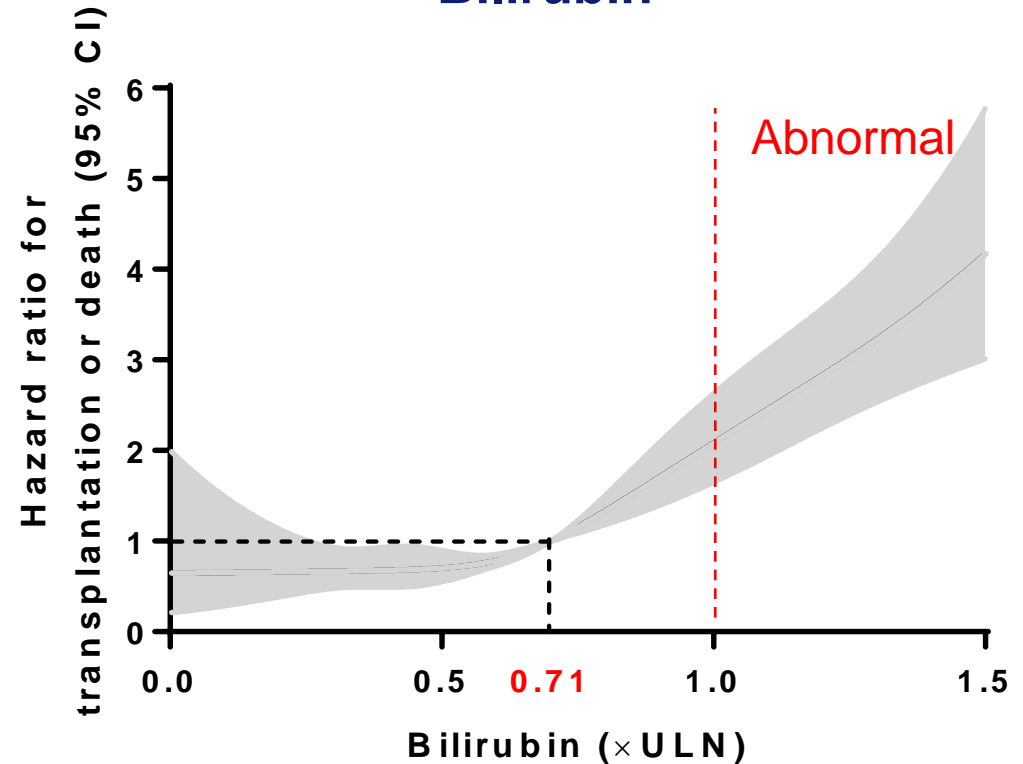
# Zooming in on ALP below 2 and normal bilirubin

## Alkaline phosphatase (ALP)



**ALP: lower is better**

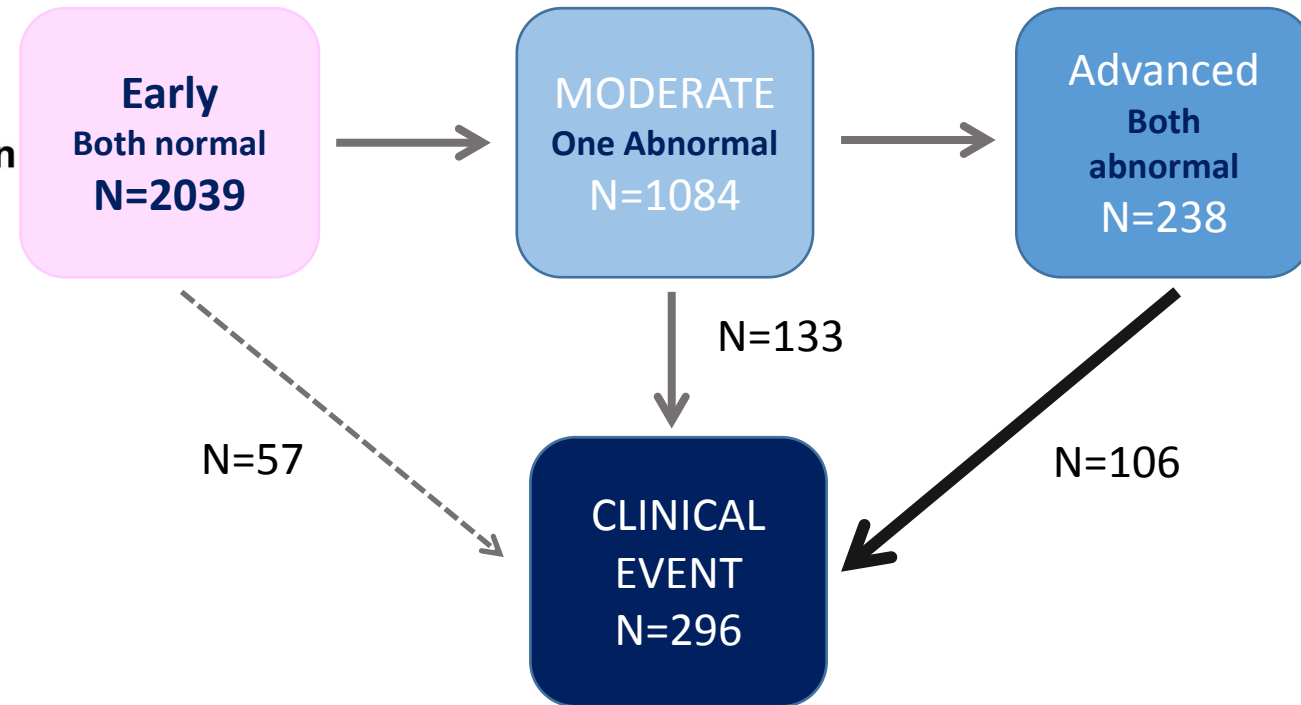
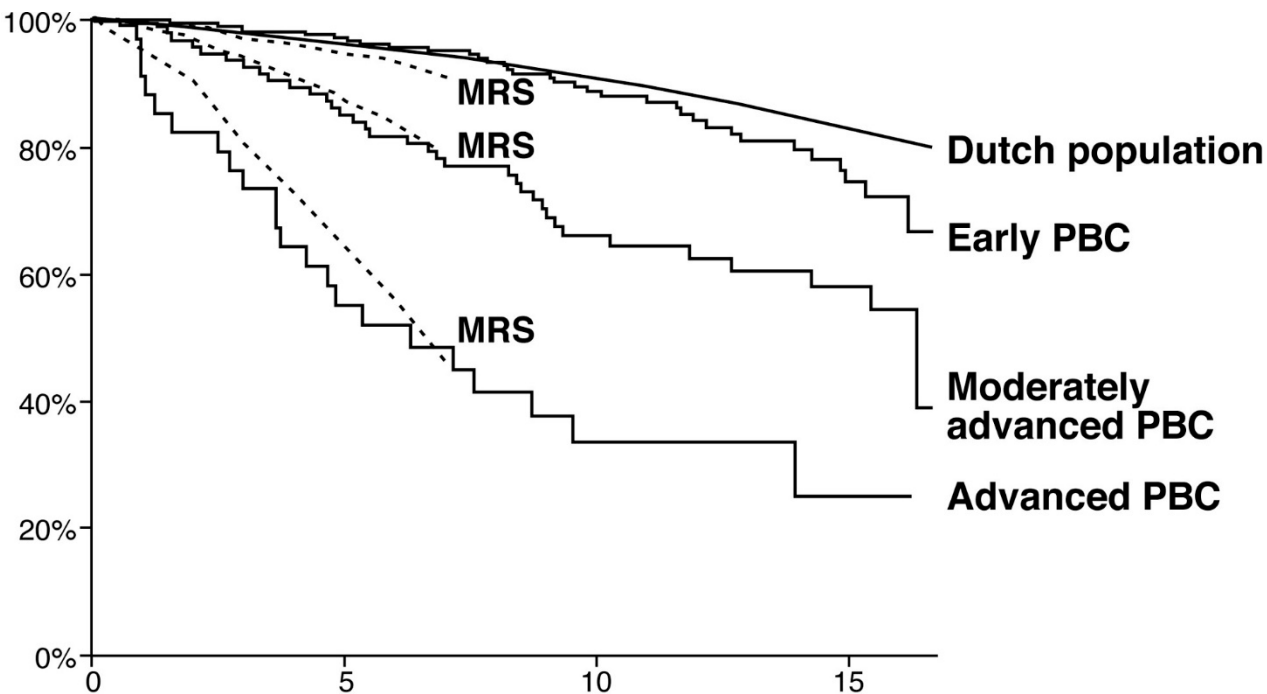
## Bilirubin



**Bilirubin: > 0.6 - 0.7 at higher risk**

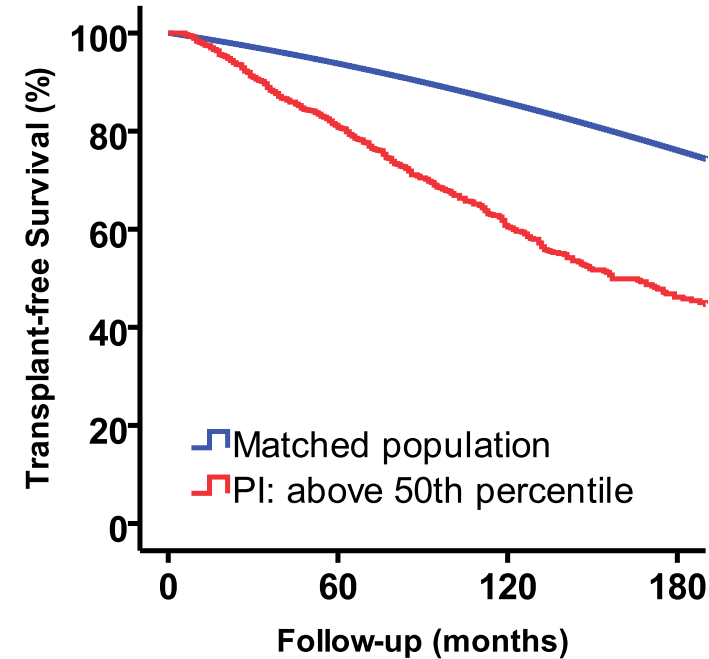
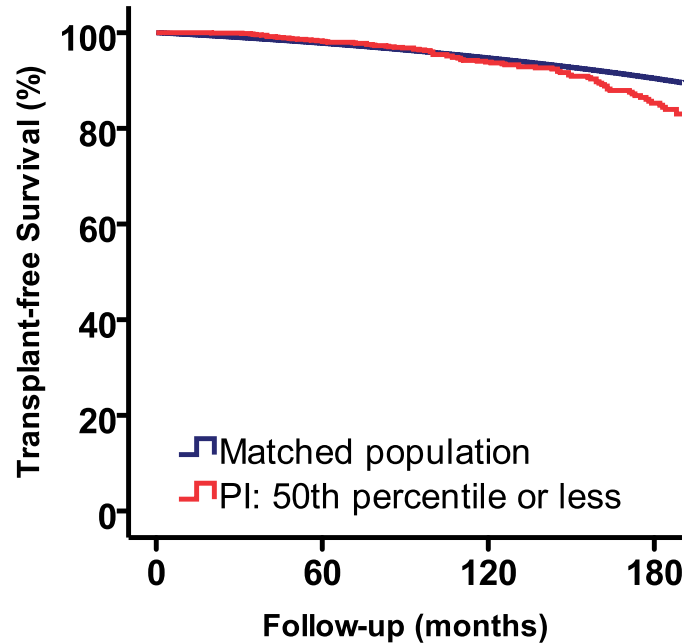


# Rotterdam Disease Stage: Bilirubin & albumin

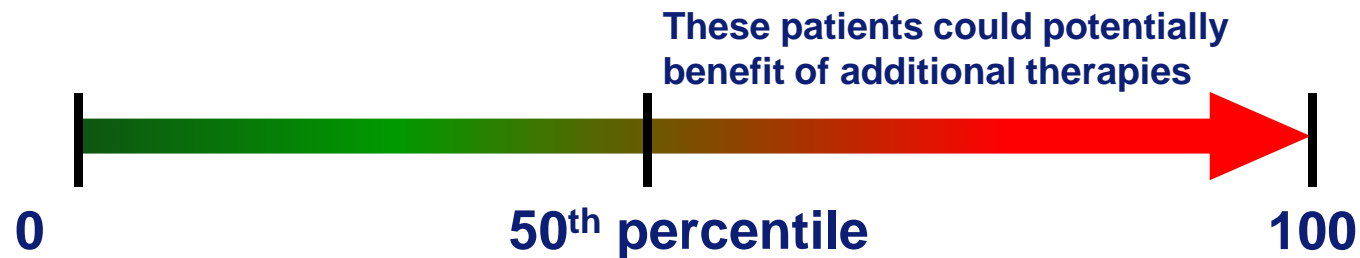


<sup>1</sup>Kuiper et al; *Gastroenterology* 2009; Hansen 2017 APASL

# Use of Globe score or other risk scores to select study population



HR globe score > threshold = 4.5  
C-stat = 0.82



# Discussion: selection of high risk population

---

## PROS

- In urgent need
- Balance of cost benefit?
- ....

## CONS

- May be to late
  - Treatment not efficient in high risk group
- Other population need to wait
- Extrapolation of results questionable
- Ethical aspects
- ....

# Recycle and Reuse data and knowledge

---



Huge databanks are part of the solution - **Especially these are powerful:**

- For rare diseases and events are distant in time
- To gain knowledge of the natural history / standard of care
- To understand differences in disease stage, patient characteristics, geographical differences
- To study outcomes
- To study biomarkers
- To support the search for potential surrogate endpoints
- To use for design of new studies (power analysis, selection of patients)
- **To use as potential historical controls**

# Design of phase 3 and 4 studies

---

- Phase 3

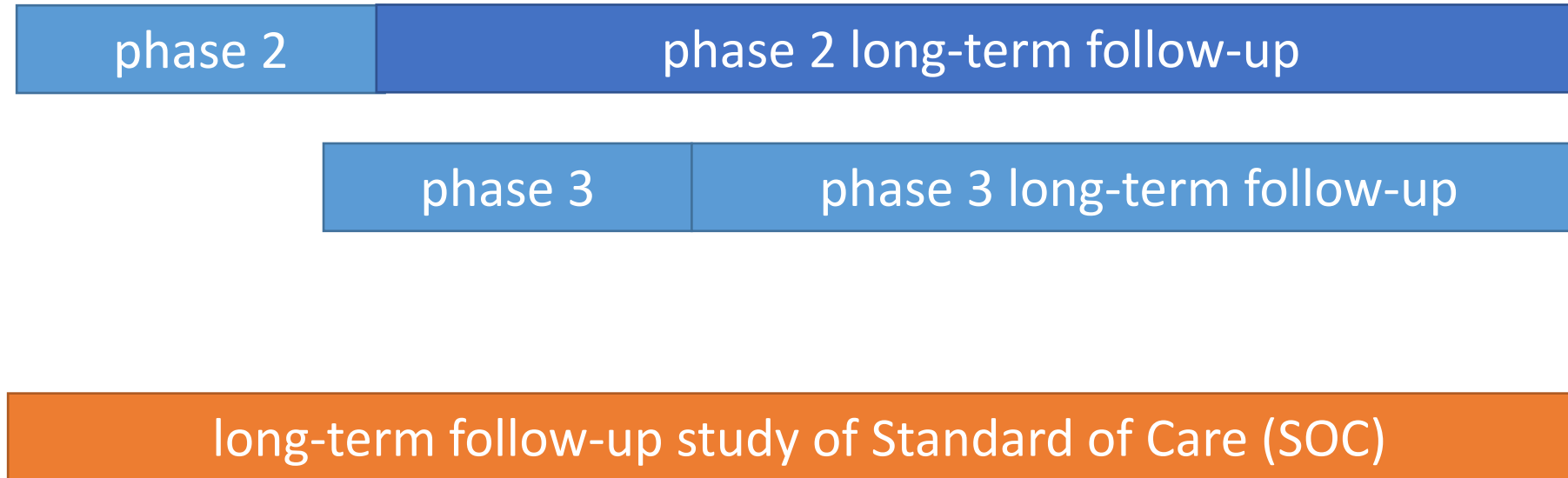
- Two/3 arm study (active arm (add on ) versus control arm (UDCA))
- intermediate endpoint

- Phase 4 confirmatory study

- two arm study: active versus control
- true endpoint = liver transplantation or death, decompensation, MELD>14
- Power calculation – min 8-15 years follow-up n>500 patients – event driven

# Design phase 4 confirmatory study using a (historical) matched control arm

---



# Design Phase 4 confirmatory study using a matched control arm

---



## Pros

- reuse of gained knowledge
- reuse of data
  - = recycling data and knowledge
- reduction of study-time
  - to clinical endpoint
  - to assess **benefit or harm**
  - to approval for the patients

## Cons

- selection bias
- heterogeneity
- quality bias

# Design phase 4 confirmatory study using a matched control arm

---



**Consider if disease is rare and/or chronic = clinical endpoint is far away**

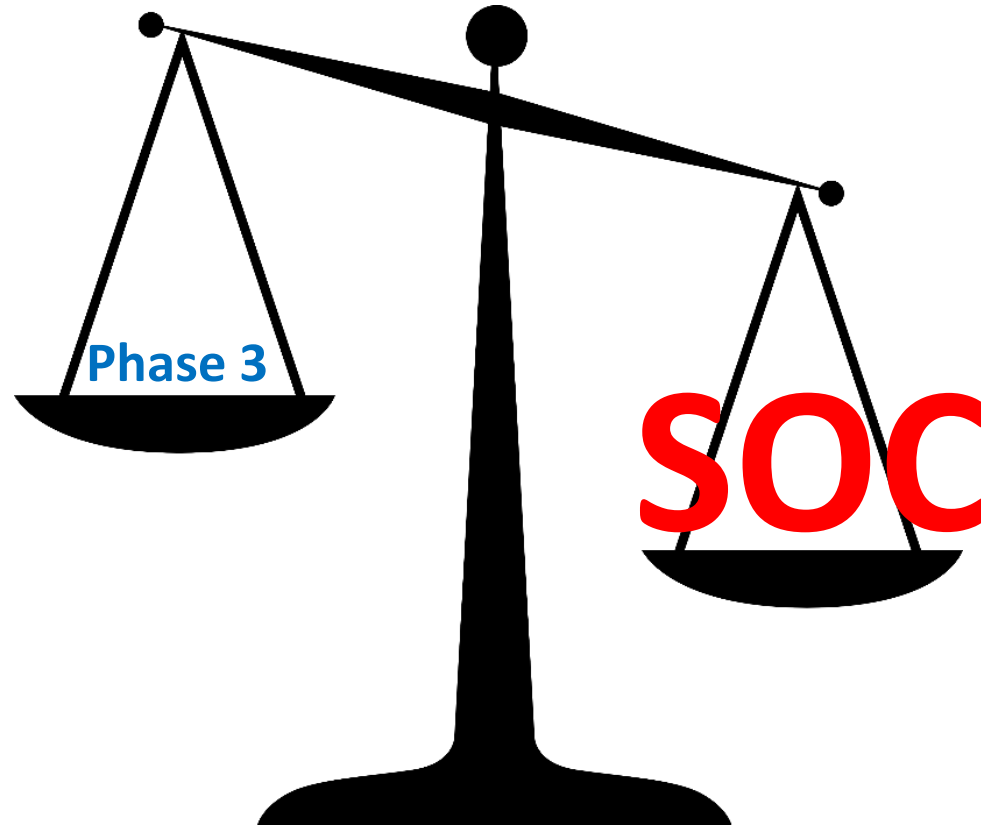
## **How to solve Cons**

- selection bias
  - ➔ Use incl/excl criteria
- heterogeneity
  - ➔ use weights (IPTW) to stabilize differences
- quality bias
  - ➔ minimize bias, install quality control



# An example

---



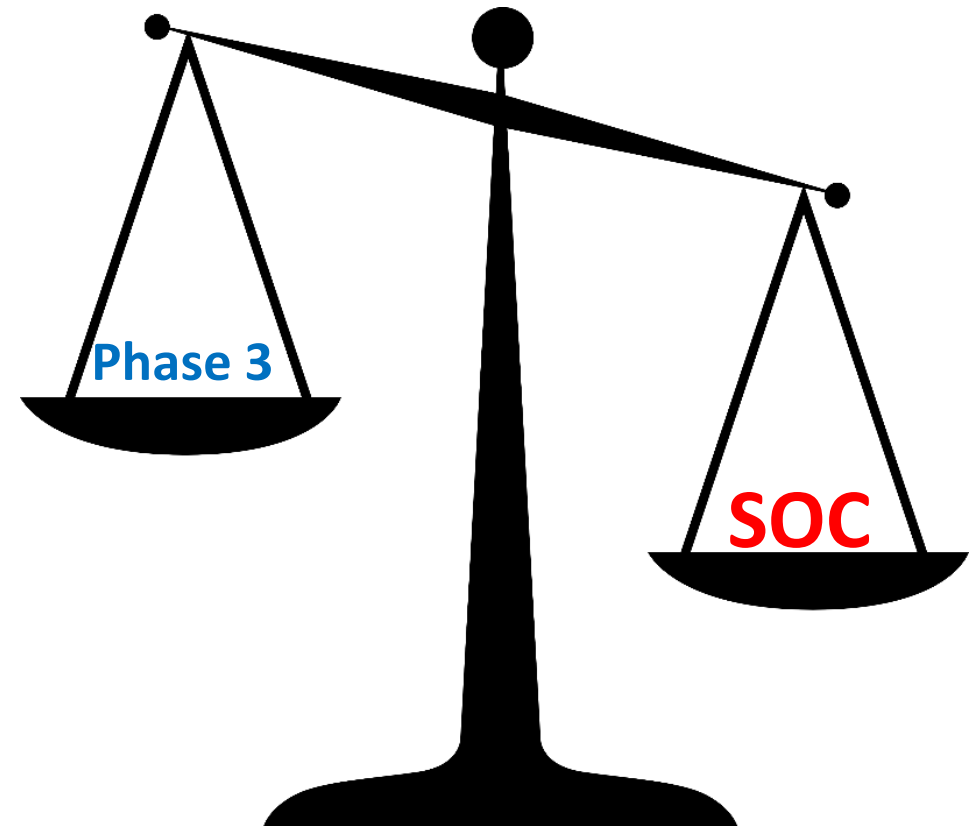
# Selection

---

In the control cohort apply

Selection criteria phase 3

- ALP > 1.67xULN or bilirubin > 1xULN
- Bilirubin < threshold xULN
- UDCA min 12 months or untreated
  
- Of all visits fulfilling above first visit selected
- diagnosed after 1990 to control for
  - population differences
  - UDCA dosage differences
  - Changes in treatment of decompensation
  - Listing for liver transplantation

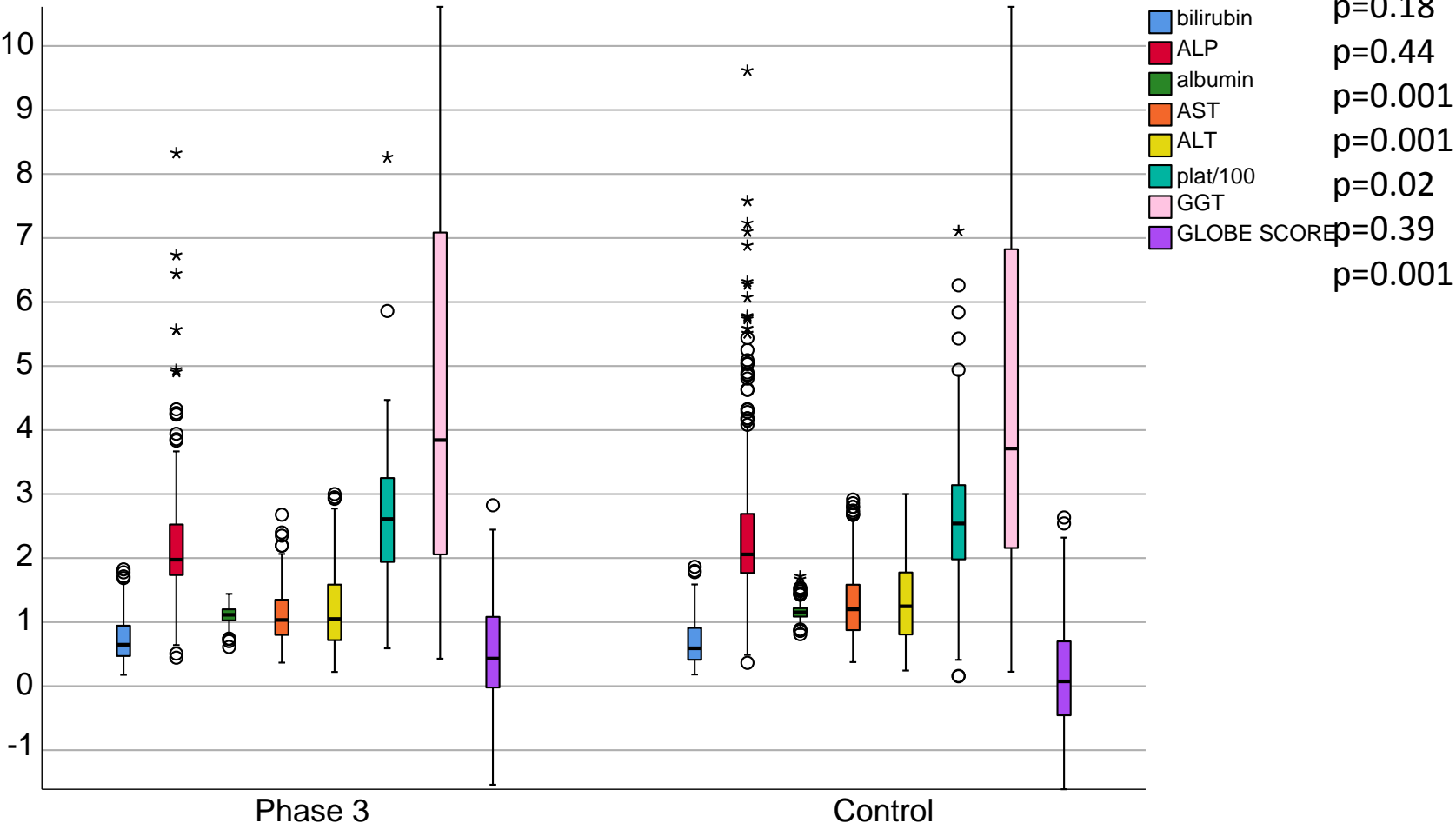


# Comparison Phase 3 and Selection

---

	<b>Phase 3</b> n=137	<b>Selection</b> n=361	<b>p</b>
Sex %Female	83.9%	92.5%	0.007
Age, yr (mean,SD)	58.8 (11.9)	54.9 (12.2)	0.002
UDCA %	97.8%	94.2%	0.10
Duration UDCA(yr) (mean, SD)	3.6 (3.4)	3.9 (3.7)	0.001

# Comparison Phase 3 and Selection



# Comparison Phase 3 and Global Selection IPTW weighted analysis

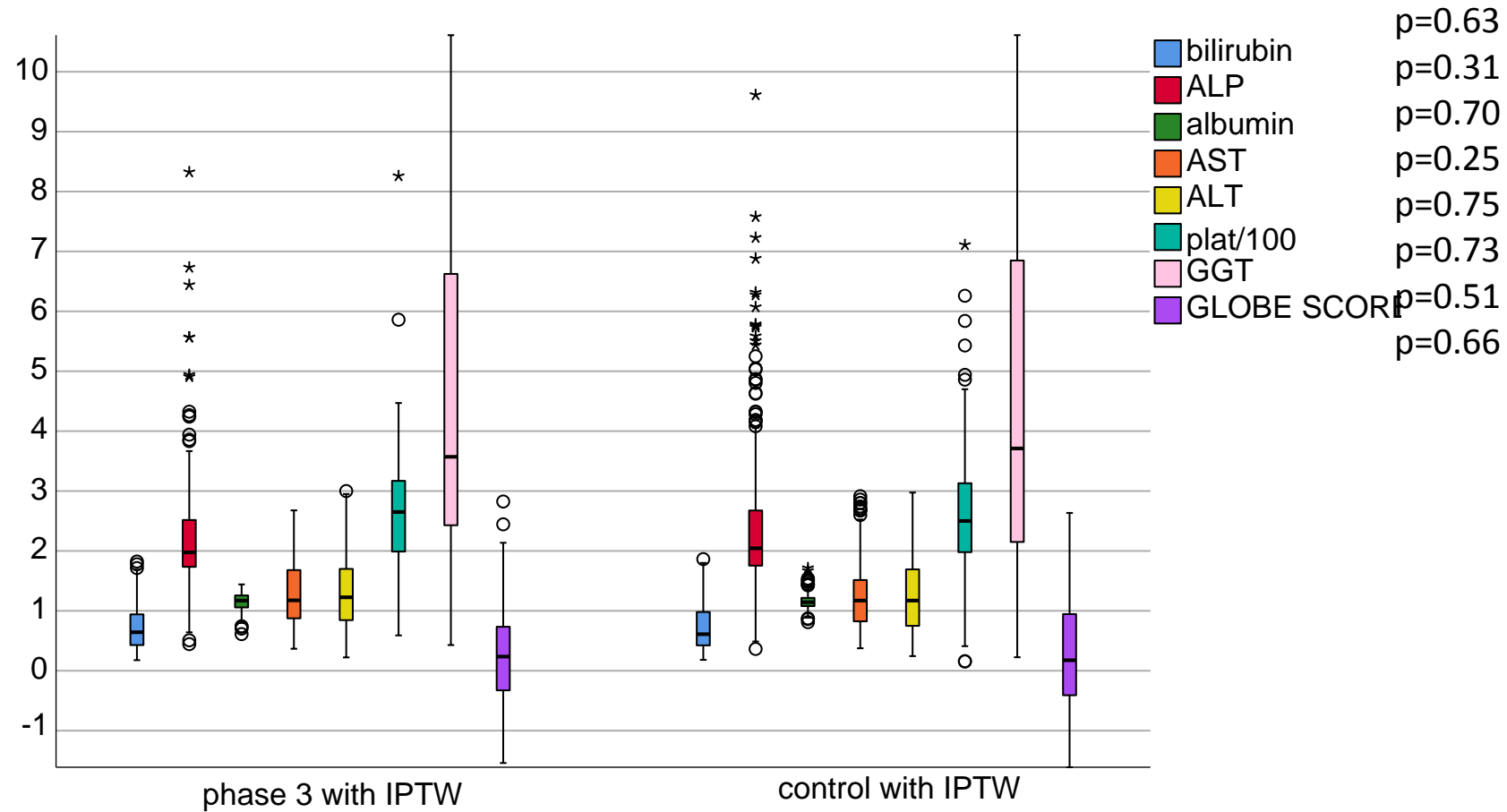
---

	<b>Phase 2</b>	<b>Global</b>	<b>p</b>
	n=135	n=361	
	sum of weights	sum of weights	
Sex %Female	90.4%	88.7%	0.75
Age, yr (mean,SD)	55.8 (11.8)	56.4 (12.7)	0.63
UDCA	94.1%	95.2%	0.65
Duration UDCA(yr) (mean, SD)	3.8 (3.7)	3.8 (3.6)	0.98



# Comparison Phase 2 and Global Selection

## *IPTW weighted analysis*



# Design phase 4 confirmatory study using a matched control arm

---



**Consider if disease is rare and/or chronic = clinical endpoint is far away**

## **How to solve Cons**

- ✓ selection bias
  - ➔ use incl/excl criteria
- ✓ heterogeneity
  - ➔ use weights to stabilize differences
- quality bias
  - ➔ minimize bias, install quality control

# Quality control

---

- SOP which includes:
  - Site visits: at site data inspection/capture
  - REDCAP data collection – safe tracking and storing
  - Queries automatically generated
  - Lab-test provided with units and Upper/Lower Limit of Normal
- All clinical endpoints (decompensation, HCC, liver transplantation, death and cause of death) reassessed by board of experts

## Inclusion of other SOC-databases:

- Prospective data collection in parallel with phase 3



# Comments and discussion

---

- In case of rare/chronic disease reuse/recycle of historical database is feasible
- Selection bias can be avoided
- Heterogeneity can be avoided with use of IPTW weights to mimic a RCT
- Quality control rules must be applied and standardized
- Consider prospective SOC/registry cohort to run in parallel