

Skills Training for Young Patient Advocates (STYPA) 2023



@eupatientsforum

“ A STRONG PATIENTS’ VOICE TO
DRIVE BETTER HEALTH IN EUROPE ”



Skills Training for Young Patient Advocates (STYPA)

- STYPA 2023 took place in Riga, Latvia on 13th – 16th July
- 29 participants took part. Applicants came from a number of different countries and disease areas. To take part, applicants must be:
 - Either a young patient with a chronic and/or lifelong illness/condition (affiliated with a patient organisation or unaffiliated); a young employee or volunteer in a patient organization; or a family member or carer of a patient
 - 18-30 years old at the time of application
 - Living in Europe
- As well as the in-person training, participants also benefit from a welcome webinar before the training, and three follow-up webinars, which aim to help them with their advocacy projects
- The aim of the training is to help young people develop their advocacy skills.



Skills Training for Young Patient Advocates (STYPA)



The specific objectives of STYPA 2023 are:

- To strengthen participants' knowledge on shortages;
- To equip young patients with the necessary knowledge to engage in patient advocacy on the topic of shortages in a transparent and ethical manner;
- To foster participants' future engagement in public awareness and advocacy efforts in their respective countries on shortages and access to medicines.

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- Some of the focus topics included:
 - Why do shortages happen in the first place?
 - How can patients be part of the access and shortages policy solutions
 - What are the regulatory aspects that patients must be aware of?
- Experts ranged from industry representatives, public health representatives, patients' representatives, healthcare professionals and regulators;
- Participants had the chance to explore the topic alongside the experts through a “patient agora”.



<https://www.youtube.com/watch?v=9HLTDsHvKT8>

<https://www.linkedin.com/feed/update/urn:li:activity:7102575600950726656/>

1

Strengthening the **involvement and representation** of young patients in **patient organisations**.

2

Promoting **young patients' rights and recognition of their needs and expectations** within and beyond health policy area.

3

Encouraging **better integration** of young patients within society (e.g. civil society, labour market, education).

4

Empowering young patients to develop **leadership and advocacy skills, self-efficiency and confidence**.

EPF Youth Group Background



The EPF Youth Group was founded
in 2012



Bringing the youth perspective
from different patient
communities from all over Europe



Young patients between 18 – 30
years old



They have online Monthly calls and
meet in person twice a year



As of 2020 the group has a
dedicated seat on the EPF Board
with full voting rights



TO JOIN: *you must be between 18 and
30 years old* and you need an
**endorsement letter from an EPF
member organisation**

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More information

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