



Pharmacoepidemiological Research on Outcomes of Therapeutics by a European Consortium

## **UPDATE ON PROTECT**

# (FROM FINAL SYMPOSIUM, 19-20 FEBRUARY)

Xavier Kurz

## **PROTECT: Goals**



#### TO STRENGTHEN THE MONITORING OF BENEFIT-RISK OF MEDICINES IN EUROPE BY DEVELOPING INNOVATIVE METHODS



TO ENHANCE EARLY DETECTION AND ASSESSMENT OF ADVERSE DRUG REACTIONS FROM DIFFERENT DATA SOURCES (CLINICAL TRIALS, SPONTANEOUS REPORTING AND OBSERVATIONAL STUDIES)

TO ENABLE THE INTEGRATION AND PRESENTATION OF DATA ON BENEFITS AND RISKS



## **PROTECT: Objectives**

#### **DATA COLLECTION**



- efficient and simple methods for early data collection directly from patients
- non-prescribed medicines
- linkage to health event databases

#### **SIGNAL DETECTION**

- spontaneous reports: in-depth analysis of methods and good practice recommendations
- ✓ better use of electronic health records and clinical trials

#### **RISK ASSESSMENT**

- understanding the variability in results of studies of a same safety issue in different data sources, supporting decision-making
- detailed guidance and standards regarding design, conduct and analysis of pharmacoepidemiological studies for evaluation of safety concerns

#### **BFNEFIT-RISK ASSESSMENT**



- analysis, testing and recommendations of methods for integrating and communicating data on benefits and risks from clinical trials, observational studies and drug reaction reports
- ✓ benefit-risk assessment based on patients and prescribers' perspectives





## Visualizing Uncertainty among laypersons and experts

PROTECT SYMPOSIUM 20 February 2015

Andrea Beyer Phd

PROTECT Research questions

#### Validation of Methods for Presentation of BR data

- Research Questions:
  - What graphical presentation methods are most useful for regulators/physicians in evaluating benefit-risk tradeoffs?
  - What graphical presentation methods are most useful for helping patients to understand benefits and risks of medicines?

#### **Extension of Methodology** to Elicit Patient Preferences

- Research Questions:
  - How comparable are the methods used in WP5 for eliciting preferences?
  - What are the differences in preferences for treatment outcomes among 3 stakeholders (patients, healthcare professionals, medical assessors)?



## **Study design – Study Popualtion**

Patients	Healthcare Professionals	Medical Assessors
	Diabetes	
	Atrial Fibrillation	
	Breast Cancer	



## **Study design – Countries**

Patients and Healthcare Professionals

- United Kingdom
- The Netherlands
- France

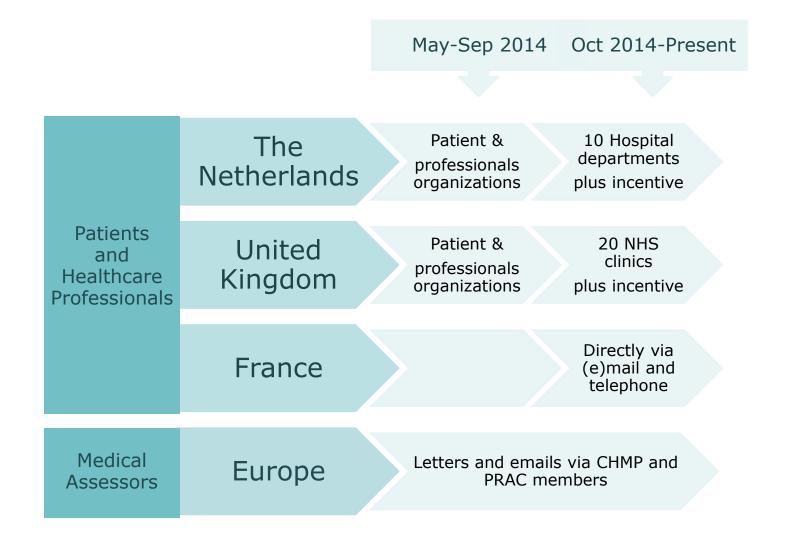
Medical Assessors

• All European countries invited to participate via CHMP and PRAC



### **Study design - Recruitment methods**

PROTECT





## Study design – Focus groups (150 pts per disease area)

Disease Area	Benefits	Risks
Diabetes	Reduction HbA1c levels	Hospitalization for heart failure
	Change in fasting plasma glucose levels	Pancreatitis
		Weight gain
Atrial fibrillation	Reduction ischemic stroke	Fatal bleeding
	Reduction myocardial infarction	Major bleeding
	Reduction pulmonary embolism	Minor bleeding
Breast cancer	Overall survival	Gastrointestinal symptoms
	Progression free survival	Cardiac disorders
		Peripheral neuropathy



#### **Examples of presentation formats**

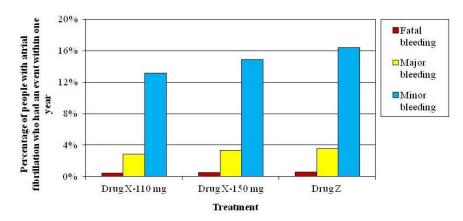
#### Drug Vignette (similar to EPAR):

A study for the treatment of diabetes showed that HbA1c levels in patients who took Drug X, fell by 0.5% after 2 years, compared with a decrease of 0.2% in patients taking placebo. Furthermore, fasting plasma glucose levels decreased 3.1 mg/dl in the patients who took Drug X, whereas it increased 1.6 mg/dl in the patients taking placebo.

#### Abbreviated Effects Table

	Description	Drug X	Placebo
	Reduction in HbA1c levels	0.5%	0.2%
efits	Change in fasting plasma	3.1 mg/dl	1.6 mg/dl
Benefits	glucose levels (mean)	reduction	increase
	Hospitalization for heart failure	3.5%	2.8%
S	Pancreatitis	0.3%	0.3%
Risks	Weight gain (mean)	0.6 kg	1.0 kg

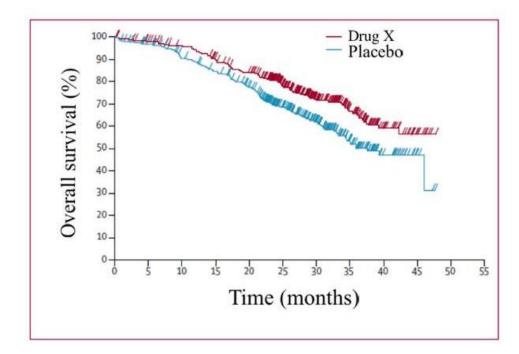
#### Bar graphs



#### **Examples of presentation formats**

#### Survival curve

PROTECT



#### Pictograms

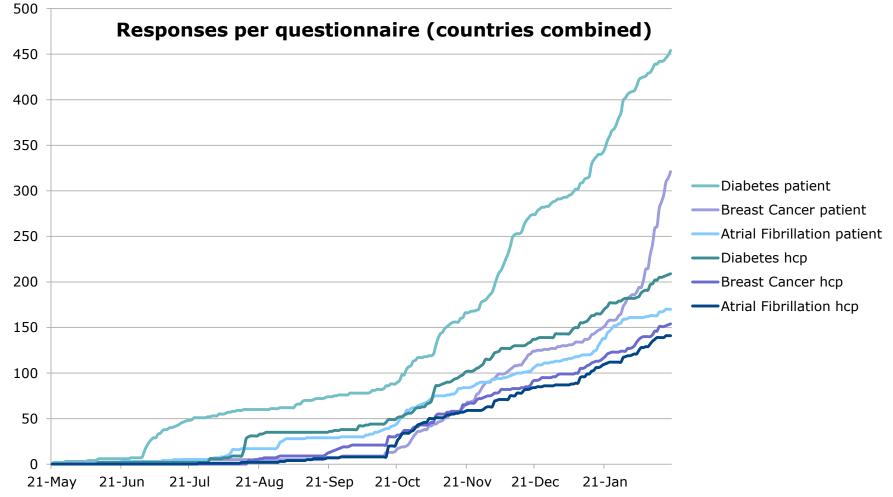
Diarrhea in breast cancer patients treated with Drug X

Rek Communication Format © John	Pang 2000	10 10 100 100 1	For more inform	ation contact, www.nekcomm.com

Patients with diamhea



#### **Recruitment efforts – Progress**



PROTECT

## **Demographics (countries combined)**

	Diabetes	Atrial fibrillation	Breast cancer
	N= 419 Patients	N= 161 Patients	N= 190 Patients
Gender (male)	59%	69%	0%
Age (mean <u>+</u> sd)	60 <u>+</u> 12	64 <u>+</u> 9.9	57 <u>+</u> 11
Education			
< Associate degree	64%	62%	57%
$\geq$ Associate degree	36%	38%	43%
Numeracy level (mean $\pm$ sd)	1.9 <u>+</u> 1.0	2.1 <u>+</u> 1.0	1.8 <u>+</u> 1.1
- 0 questions correct	12%	9%	16%
- 1 question correct	21%	21%	20%
- 2 questions correct	30%	23%	32%
- 3 questions correct	37%	47%	32%



### **Comprehension – Benefit and Risks (DB)**

	Percentage of patients with correct answe			
	0 questions correct	1 question correct	2 questions correct	3 questions correct
Drug vignette – Benefits	3%	6%	48%	43%
Drug vignette – Risks	9%	6%	18%	67%
Table – Benefits	4%	8%	34%	54%
Table – Risks	6%	4%	10%	80%
Bar graph – Benefits	4%	7%	41%	48%
Bar graph – Risks	5%	8%	14%	73%



#### **Comprehension – Benefit and Risks (AF)**

	Percentage of patients with correct answers			
	0 questions correct	1 question correct	2 questions correct	3 questions correct
Drug vignette – Benefits	7%	10%	18%	65%
Drug vignette – Risks	11%	7%	17%	65%
Table – Benefits	5%	6%	18%	71%
Table – Risks	4%	13%	12%	71%
Bar graph – Benefits	5%	9%	53%	33%
Bar graph – Risks	5%	7%	41%	47%



#### **Comprehension – Benefit and Risks (BC)**

	Percentage of patients with correct answers			
	0 questions correct	1 question correct	2 questions correct	3 questions correct
Drug vignette – Benefits	4%	7%	12%	77%
Drug vignette – Risks	5%	4%	15%	76%
Table – Benefits	2%	9%	19%	70%
Table – Risks	2%	4%	12%	82%
Survival curve – Benefits	6%	7%	18%	69%
Pictogram – Risks	4%	7%	24%	65%

#### PROTECT Dissemination and recommendations arising from PROTECT



0 .

#### Welcome to the PROTECT Benefit-Risk Website

PROTECT, the Pharmacoepidemiological Research on Outcomes of Therapeutics by a European Consortium, contains a number of work programmes whose goal is to strengthen the monitoring of the benefit-risk balance of medicines in Europe and to enhance early detection and assessment of adverse drug reactions from different data sources.

The evaluation of the balance between benefits and risks of drugs is fundamental to numerous stakeholders including patients, healthcare providers, health technology assessors, regulators and biopharmaceutical companies. Decision-making with regards to benefit-risk assessment is often complex. It is important to ensure transparent, robust and comprehensive methodologies are used, and also that patient and public preferences on benefits and risks feed into the decision-making process.

## http://PROTECTBenefitRisk.eu/



### **Contribution from PROTECT to regulatory practice: from science to process improvement**

PCWP/HCPWP joint meeting 4 March 2015

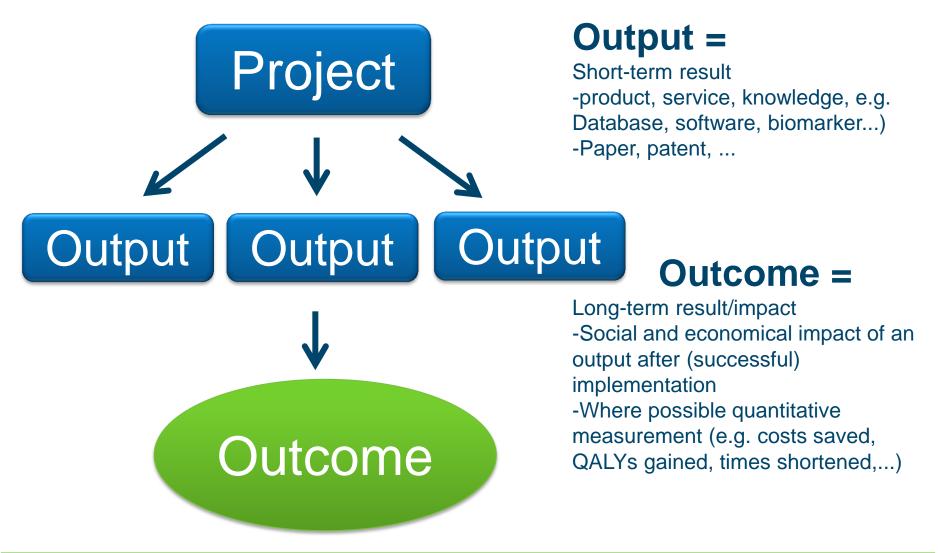
Xavier Kurz





## **Translation of outputs into outcome**





Source: Angela Wittelsberger. ADVANCE 3rd General Assembly meeting, 18-19 September 2014







## ULTIMATE JUDGE OF SUCCESS IS WHETHER THE EXCELLENT RESEARCH RESULTS (OUTPUTS) ARE CONVERTED INTO OUTCOMES FOR INNOVATION AND PUBLIC HEALTH





## PROTECT PROTECT Impact assessment Objectives

 To develop a conceptual framework for the review of the potential impact of outputs of regulatory science projects and the prioritisation of their implementation into regulatory practice

Using the PROTECT project as an example:

- 2. To test this conceptual framework to the outputs of PROTECT.
- 3. To make recommendations to EMA and its committees for an appropriate action on PROTECT results.



#### Scope: Regulatory science

**EMA definition**: Range of scientific disciplines that are applied to the quality, safety and efficacy assessment of medicinal products and that **inform regulatory decision-making throughout the lifecycle of a medicine**. It encompasses basic and applied medicinal science and social sciences, and contributes to the **development of regulatory standards and tools**.

European Medicines Agency process for engaging in external regulatory sciences and process improvement research activities for public and animal health EMA/14946/2013.

http://www.ema.europa.eu/docs/en\_GB/document\_library/Other/2013/03/WC500139888.pdf

**FDA definition**: Science of developing **new tools, standards, and approaches** to assess the safety, efficacy, quality, and performance of all FDAregulated products.

Advancing Regulatory Science. -Moving Regulatory Science into the 21st Century. http://www.fda.gov/ScienceResearch/SpecialTopics/RegulatoryScience/default.htm?utm\_campaign=Goo



#### Questions to be addressed

- When are results matured enough to form a basis to implement changes in regulatory or clinical practice?
- To what extent should results/recommendations from regulatory science projects be systematically validated, scrutinised and peer reviewed in the scientific community before their implementation?
- Should there be a trade-off between timing of implementation and scientific replication/validation?
- Which outputs should be prioritised for implementation?

PROTECT Proposed criteria

Domain	Indicator	Description
Description	Process	Changes in process to be reflected in guidelines or procedures
	Behaviour	Impact on behaviour of individuals or targeted entities
	Outcome	Positive or negative impact reflected in actions
Evaluation	Impact of change	Evaluation of the level of benefits brought by the change in each dimension
	Maturity	Need for further development or verification before use
	Feasibility	
	- Resources	Amount of resources needed for implementation
	- Acceptability	Acceptability by stakeholders
	- Compliance	Alignment with the legislation
	Timing of implementation	Timing with which the deliverable can be implemented

## Scoring

PROTECT

- Semi-quantitative: zero, low, medium, high
  - Weighting possible according to stakeholders' perspective
  - Criteria divided in two categories:

#### Feasibility category

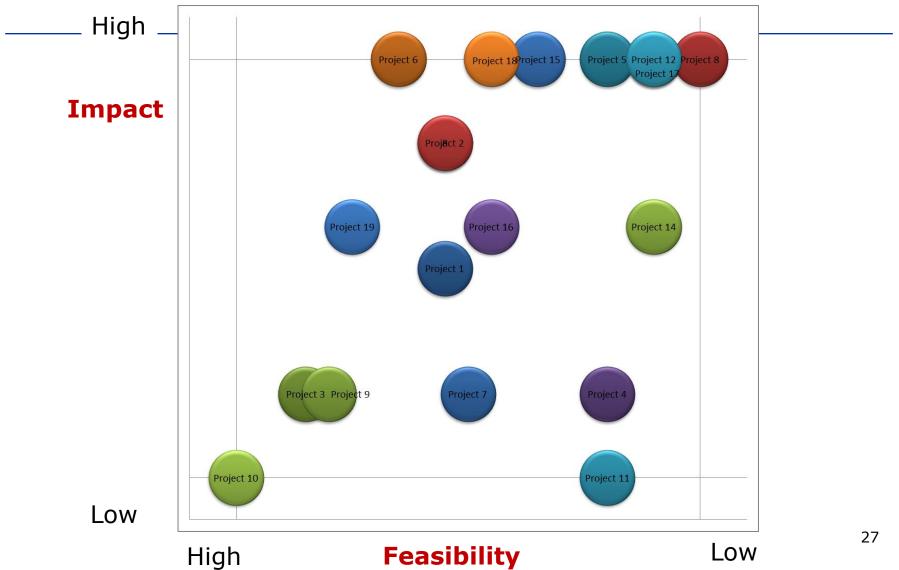
- Impact of the implementation of the output in terms of resources (human, financial, infrastructure, IT or other resource needed)
- Acceptability by concerned stakeholders
- Compliance with the existing applicable legislation
- Evaluation of the timing for implementation (e.g. <6 m., 1 y., 2 y, >2 y.)

#### **Impact category**

- Evaluation of the level of benefit brought by the change in each indicator
- Deliverable maturity (inadequate, incomplete, nearly complete, complete)



#### Visual representation



## **PROTECT** Example

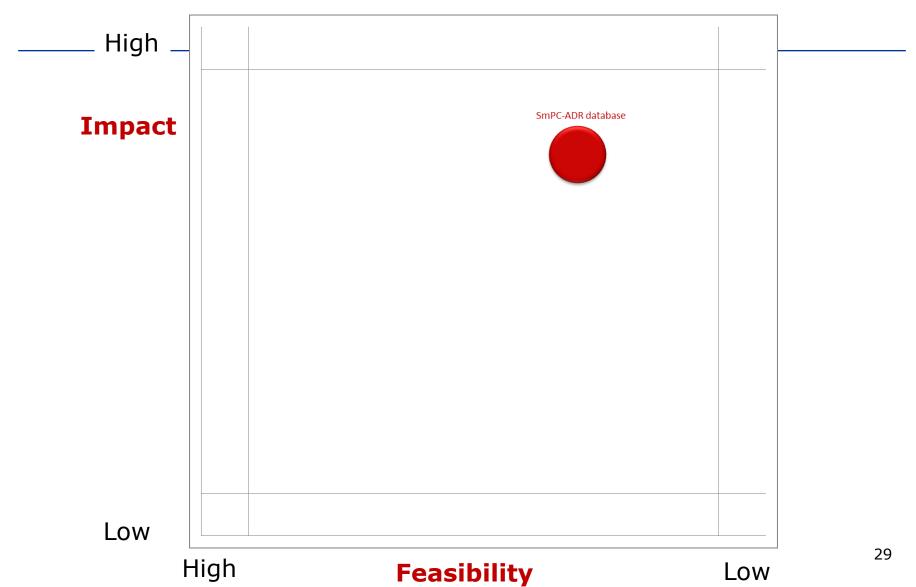
#### PROTECT ADR database: Impact assessment

Indicators	
Intended target	
- Process	++
- Behaviour	-
- Outcome	+++
Impact of change	+++
Maturity	++
Feasibility	
- impact on resources	+
- acceptability	+++
- alignment with legislation	+++
Timing	++

Last update: 30 June 2013



#### SmPC-ADR database



# PROTECT

## Planned PROTECT Deliverables

All planned deliverables: "Final" deliverables:	101 42
WP2. Improving consistency between pharmacoepidemiological studies	7
WP3. Methods for signal detection	16
WP4. Direct-to-Patient Pharmacovigilance	7
WP5. Benefit-risk integration and representation	8
WP6. Replication studies	3
WP7. Training & Communication	1

Several outputs (reports, publications, databases, ...) for each deliverable

### Next steps

**PROTEC** 

- 1. Confirm evaluation criteria and scoring options
- 2. Confirm relative weightings
- 3. Identify which outputs are to be assessed as part of the prioritisation exercise.
- Select documentation for each output (e.g. published article, executive summary)
- 5. Evaluate outputs against scoring matrix
- 6. Prioritise implementation of outputs



