



European Heart Network
Fighting heart disease and stroke

Updates from the Cardiovascular Space

Member's Voice Session (PCWP)

18 November 2025

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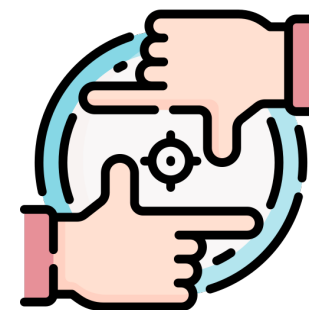


Towards an EU cardiovascular health plan

The EU cardiovascular health plan is being developed in consultation with Member States, stakeholders and citizens.



**Expected in December
2025**



**Looking at strategies in
prevention, early detection,
management, and
rehabilitation**

Not a mere disease specific initiative



Gender equality: Women are dramatically underrepresented in CVD-related research, a problem shared with several other disease areas



Shared prevention agenda: High blood pressure, obesity, poor diet, alcohol, tobacco and inactivity are drivers of most major NCDs.



Integrated care for multimorbidity: Many CVD patients experience overlapping conditions (i.e. diabetes + kidney disease)



These are just the usual suspects... but CVD has links also with mental and dental health, health transitions (pregnancy, hormones...)



More and more young people are affected by CVD with implications on the workforce and society at large

What EHN is doing



Bring patients' and young voices to the discussion



Joining forces with EU stakeholders in informing the plan



Sustaining our network of national foundations in building capacity ahead of and for implementation

Join the
efforts
towards a
healthier
EU!

EACH Cardiovascular Health Summit

*with Secretariat provided
by the European Society of Cardiology*

Brussels,
10–11 December 2025

*Cardiovascular
health for all*



#CVHealthForAll