Use of RWE in medicines development and regulatory submissions – a regulator's perspective

Carla Torre



La Clairvoyance, Rene Magritte (1936)



Disclaimers

■ The views expressed in this presentation are my personal views and may not be understood or quoted as being made on behalf of or reflecting the position of the Portuguese Authority for Medicines and Health Products (INFARMED, I.P), the European Medicines Agency (EMA) or any of its committees or working parties/groups I am affiliated with.

I declare having no conflict of interest.



Outline

- RWD/E in medicine lifecycle: where are we? setting the scene in a landscape of recent events.
- RWE use case examples in regulatory submissions.
- Real-world challenges, solutions and opportunities for the use of RWE in regulatory decision making.



A single story of a continuum of tales in regulatory decision making

REVIEW

CLINICAL PHARMACOLOGY & THERAPEUTICS | VOLUME 109 NUMBER 5 | May 2021

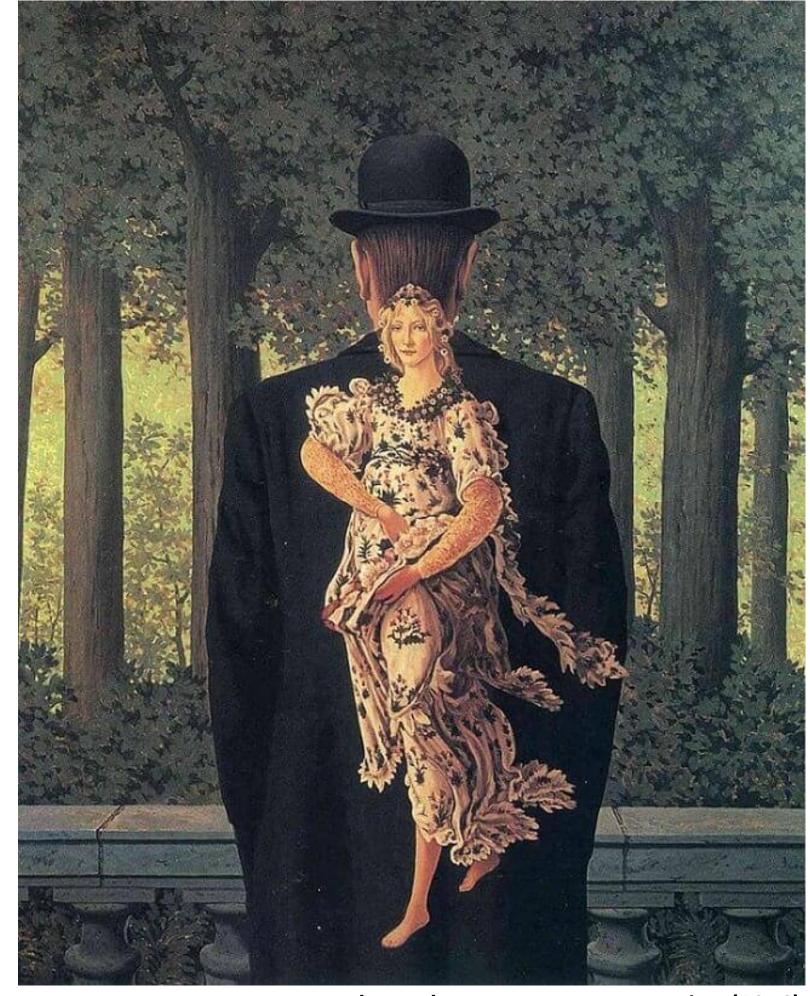
Randomized Controlled Trials Versus Real World Evidence: Neither Magic Nor Myth

Hans-Georg Eichler^{1,2,*}, Francesco Pignatti¹, Brigitte Schwarzer-Daum^{2,3}, Ana Hidalgo-Simon¹, Irmgard Eichler¹, Peter Arlett^{1,4}, Anthony Humphreys¹, Spiros Vamvakas¹, Nikolai Brun⁵ and Guido Rasi^{1,6}

Compared with drugs from the blockbuster era, recently authorized drugs and those expected in the future present a heterogenous mix of chemicals, biologicals, and cell and gene therapies, a sizable fraction being for rare diseases, and even individualized treatments or individualized combinations. The shift in the nature of products entails secular trends for the definitions of "drugs" and "target population" and for clinical use and evidence generation. We discuss that the lessons learned from evidence generation for 20th century medicines may have limited relevance for 21st century medicines. We explain why the future is not about randomized controlled trials (RCTs) vs. real-world evidence (RWE) but RCTs and RWE—not just for the assessment of safety but also of effectiveness. Finally, we highlight that, in the era of precision medicine, we may not be able to reliably describe some small treatment effects—either by way of RCTs or RWE.

- 1. The use of RWD to support regulatory decision making is not new different evidentiary role according to decision contexts
- 2. Current landscape: research question drives evidence choice embraces spectrum of data and methods

Leads to a driver change: it is NOT about RCT vs RWE...
.....BUT RCTs AND RWE



Ready-Made Bouquet, Rene Magritte (1956)

Shift in the nature of R&D pipeline: moving from blockbuster to nichebuster

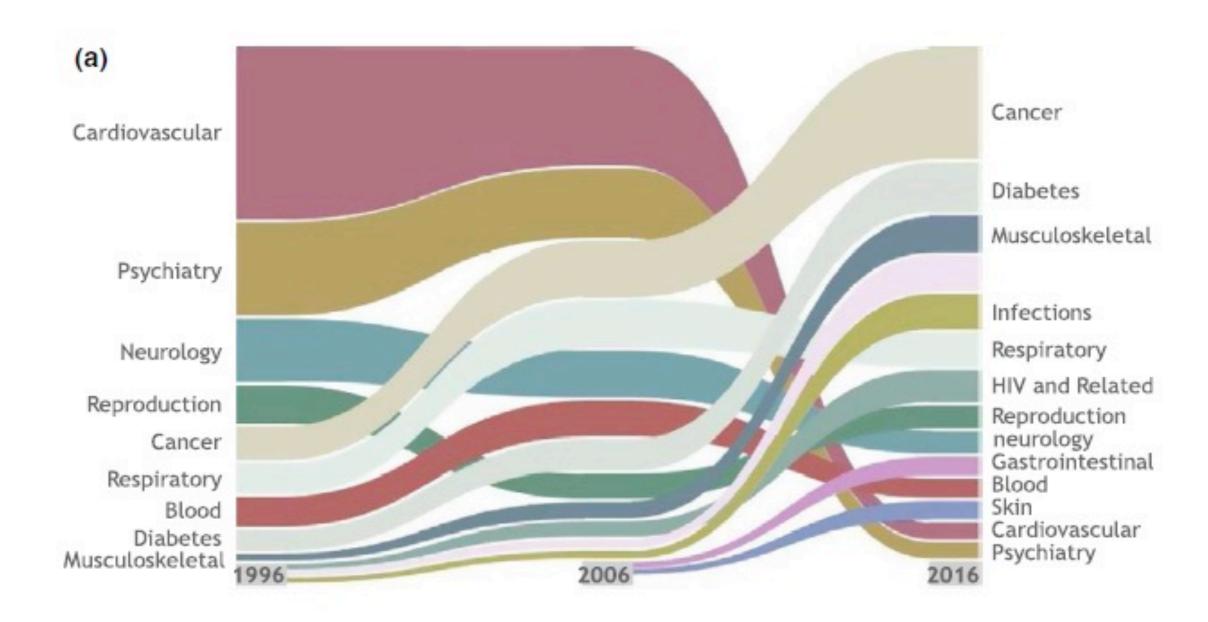
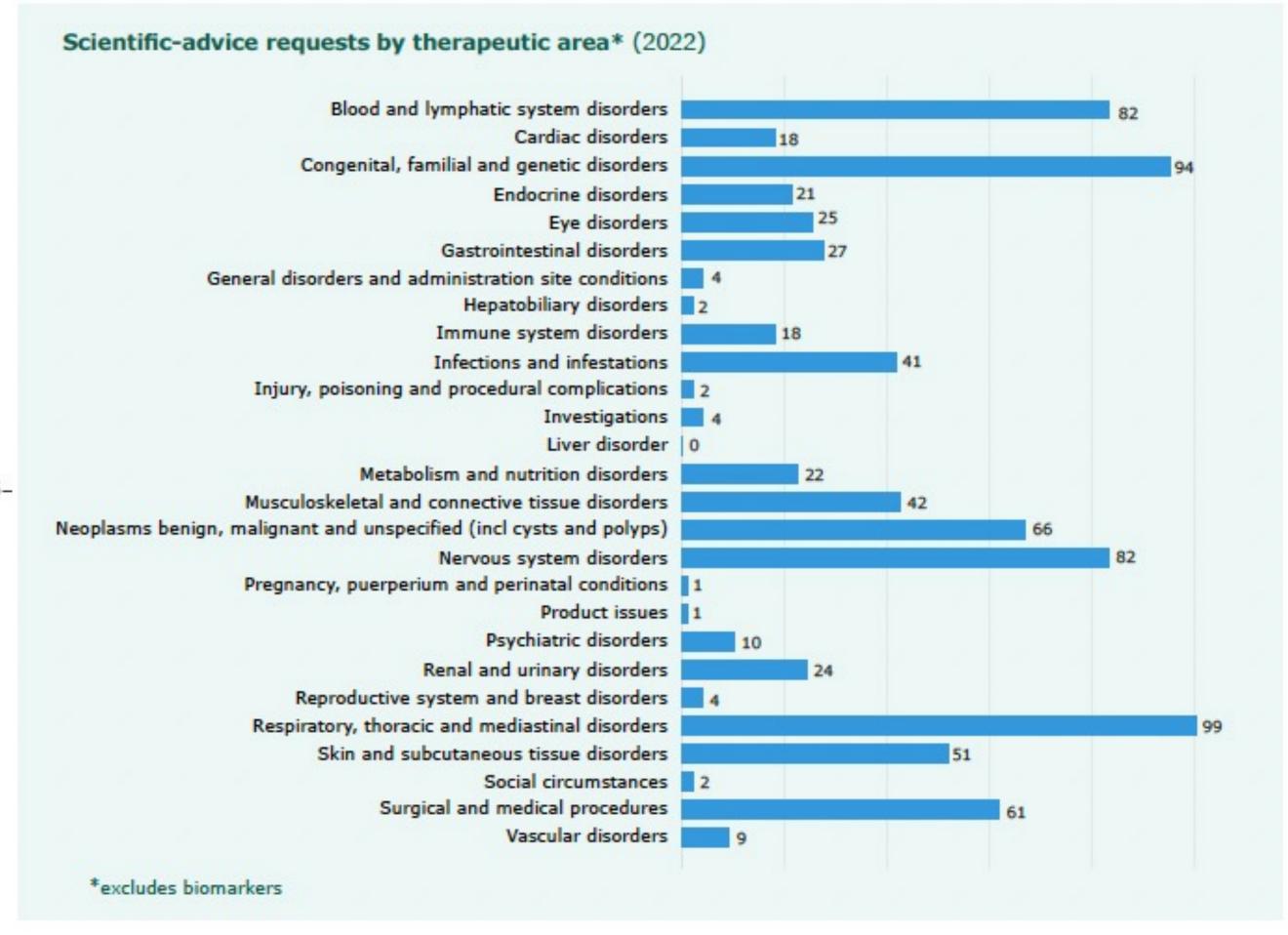


Figure 1 Therapeutic area trends. (a) United States share of revenue by therapeutic area, 1996-



Shift in the nature of R&D pipeline: moving from blockbuster to nichebuster

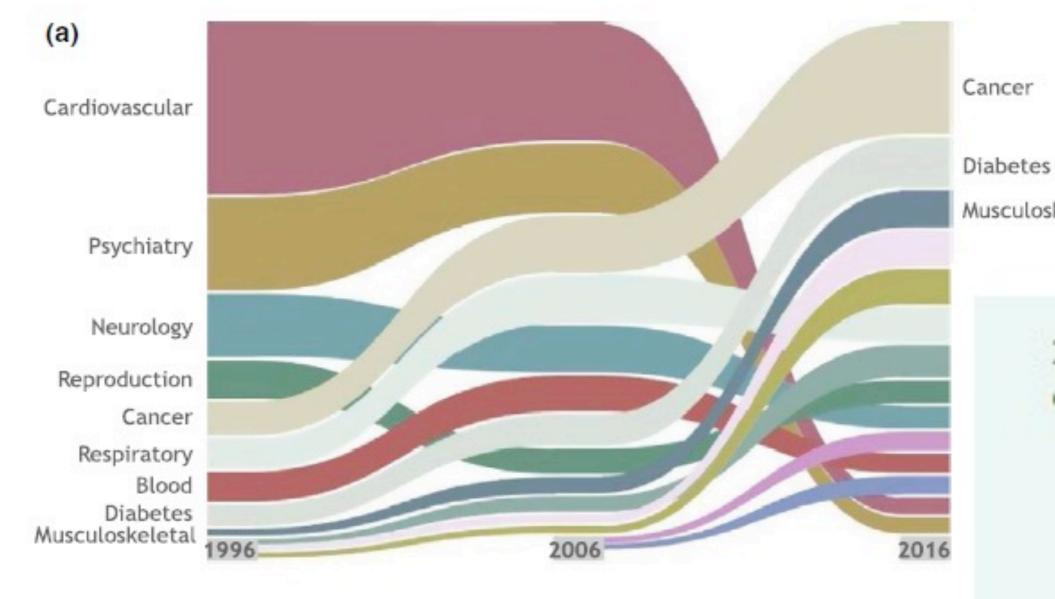
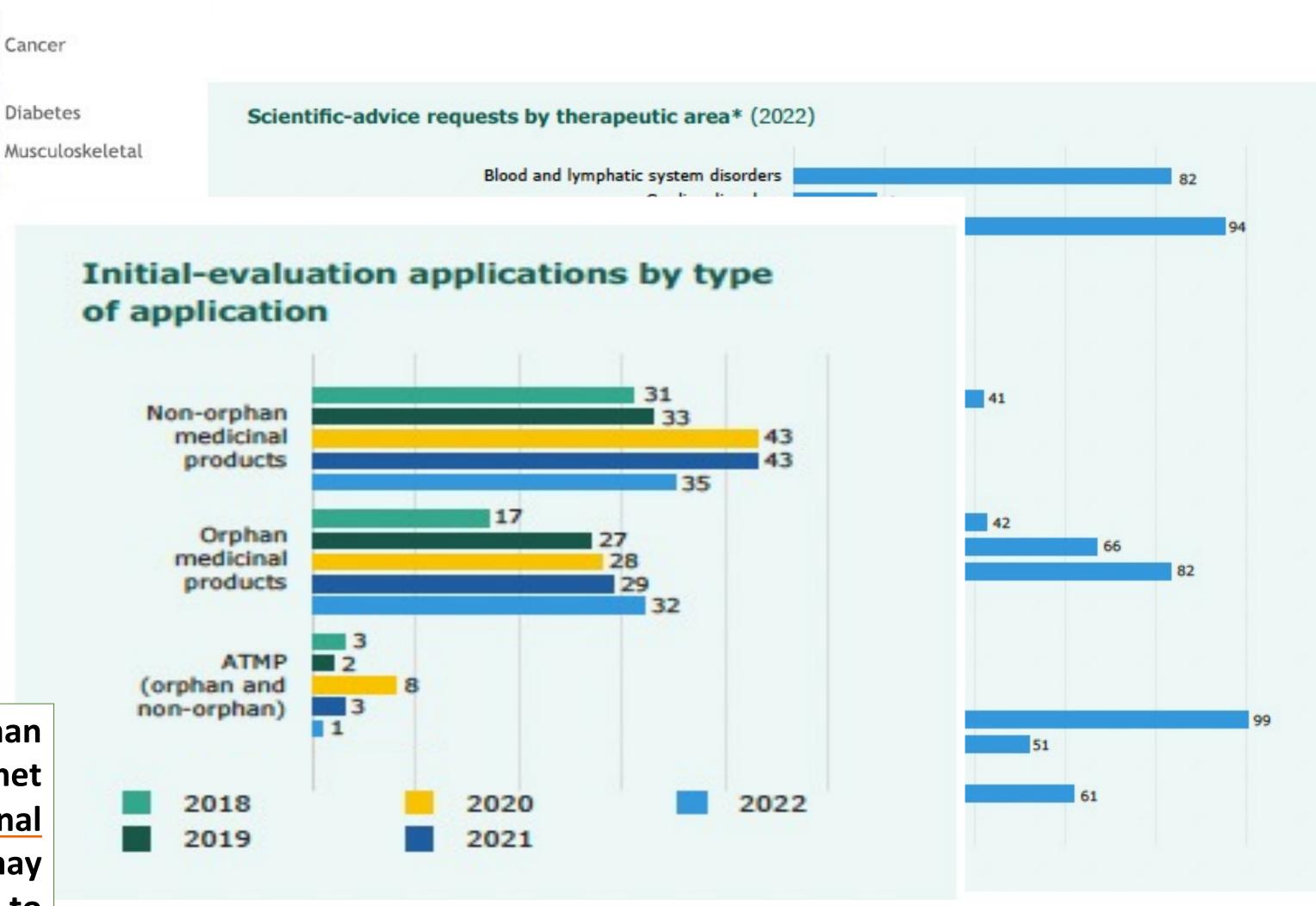


Figure 1 Therapeutic area trends. (a) United States share of revenue by thera

An increasing number of medicines orphan products/ATMPs for conditions with significant unmet need, face challenges when aligning with the traditional drug development pathway (e.g. traditional RCTs may be *unfeasible*, *unethical*, or less well suited to "precision medicines")



COVID-19 as a window of opportunity to RWE

son of those outcomes with RWD from patients in studies of the natural history of the condition. Although RWD were less prominent here than in the tacrolimus approval, in both cases, reviewers found the data fit for use and

tions of RWD and RWE and practices related to them. In general, the pandemic has accelerated awareness and adoption of RWD and RWE, but their use was already increasing before the pandemic. In addition, though

more conduc tional vance

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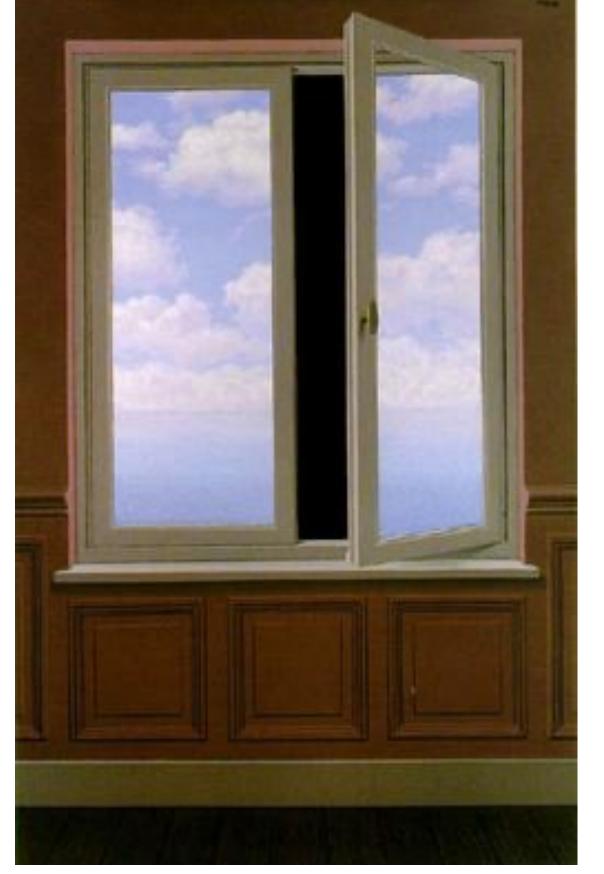
This art 2022, at

1. Food work for gram. De

Overall, Covid-19 presents an opportunity to leverage RWD to inform clinical and regulatory decisions, but scientific rigor must be maintained.

concluded that the study design addressed the regulatory question and that the study conduct met FDA requirements.¹

robust RWE has sometimes informed pandemic responses,5 challenges involved in diagnosing, treating, and reporting on a



The telescope, Rene Magritte (1963)



The pandemonium of RWD during a pandemic

News in focus

COVID-19 RETRACTIONS RAISE CONCERNS ABOUT DATA OVERSIGHT

Studies relied on health-record analyses from firm that declined to share its raw data for an audit.

By Heidi Ledford and Richard Van Noorder

wo weeks after a high-profile paper in The Lancet1 reported that the antimalarial drug hydroxychloroquine



who is running a clinical trial of ivermectin and had raised questions about the preprint's data. Researchers testing hydroxychloroquine in clinical trials are worried that the Lancet find

in South America, says Carlos Chaccour of the

Barcelona Institute for Global Health in Spain

ist at the University of California, San Diego, who is helping to run a trial of the drug in people Most data on hydroxychloroguine ir

COVID-19 have come from in vitro studies or small clinical trials. On 5 June, however researchers working on a large randomized

Nature 588, 553 (2020)

Hydroxychloroquine or chloroquine with or without a macrolide for treatment of COVID-19: a multinational registry analysis

Mandeep R Mehra, Sapan S Desai, Frank Ruschitzka, Amit N Patel

Background Hydroxychloroquine or chloroquine, often in combination with a second-generation ma widely used for treatment of COVID-19, despite no conclusive evidence of their benefit. Although used for approved indications such as autoimmune disease or malaria, the safety and bend regimens are poorly evaluated in COVID-19.

Methods We did a multinational registry analysis of the use of hydroxychloroquine macrolide for treatment of COVID-19. The registry comprised data from 671 hospitals in s ntinents. We included patients hospitalised between Dec 20, 2019, and April 14, 2020, with a positive laboratory h Patients who received one of the treatments of interest within 48 h of diagna ne alone, or hydroxychloroquine w groups (chloroquine alone, chloroquine with a macrolide, hydroxychlor macrolide), and patients who received none of these treatments formed Patients for whom or the treatments of interest was initiated more than 48 h after diagnosis or on mechanical ventila as well as patients who received remdesivir, were excluded. The main outcome t were in-hospital mor and the occurrence of de-novo ventricular arrhythmias (ed ventricular tachycardi ventricular fibrillation).

OVID-19 were hospitalised during the s Findings 96 032 patients (mean age 53 · 8 years, 46 · 39 · women) period and met the inclusion criteria. Of the chloroquine, 3783 received chloroquine with hydroxychloroquine with a macrolide) and 🛭 e control group. 10 698 (11 · 1%) patients die hospital. After controlling for multiple cardiovascular disease and its risk fact and baseline disease severity), w (18 · 0%; hazard ratio 1 · 335, 95% 1 · 2. 457), hydro, chloroquine with a macrolide (23 · 8%; 1 · 447, 1 · 368-1 · chloroquine (16 · 4%; 1 · 365, 18-1 · 531). chloroquine with a macrolide (22 · 2%; 1 · 368, 1 · 273-1 · 469) were an increased in-hospital mortality. Compared with the control group (0. independently associated 935–2 · 900, hydroxychloroquine with a macrolide (8 · 1%; 5 · 106, 4 · 106–5 · 0-4-5%), and chloroquine with a macrolide (6-5%; 4-011, 3-344-4-812) ed risk of de-novo ventricular arrhythmia during hospitalisation.

firm a benefit of hydroxychloroquine or chloroquine, when used alone or spital outcomes for COVID-19. Each of these drug regimens was associated with decre Surgisphere reased frequency of ventricular arrhythmias when used for treatment of COVID-1

wey Distinguished Chair in Advanced Cardiovascular Medicine at Brigham and Women's Hos

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Introduction

The absence of an effective treatment against severe antiviral properties as well as immunomodula acute respiratory syndrome coronavirus 2 (SARS-CoV-2) effects.14 However, the use of this class of drugs infection has led clinicians to redirect drugs that are COVID-19 is based on a small number of aneo

drugs have been shown in laboratory conditions to



This online publication has been corrected. The corrected version

Retraction: Cardiovascular Disease, Drug Therapy, and Mortality in Covid-19. N Engl J Med. DOI: 10.1056/NEJMoa2007621.

TO THE EDITOR: Because all the authors were not granted access to the raw data and the raw data could not be made available to a third-party auditor, we are unable to validate the primary data sources underlying our article, "Cardiovascular Disease, Drug Therapy, and Mortality in soldo-6736(20)31324-6 and analyses conducted by Surgisphere Corporation the COVID-19 pandemic. We deeply apologise to Covid-19." We therefore request that the article be retracted. We apologize to the editors and to readers of the Journal for the difficulties that this

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N ENGL J MED 382;26 NEJ

The New England Journal (Downloaded from nejm.org on June 16, 2023. For personal Copyright © 2020 Massachusetts Medical

M Retraction—Hydroxychloroquine or chloroquine with or without a macrolide for treatment of COVID-19: a multinational registry analysis

June 4,2020 were raised with respect to the veracity of the data in good faith and at a time of great need during and its founder and our co-author, Sapan Desai, in you, the editors, and the journal readership for any our publication. We launched an independent third- embarrassment or inconvenience that this may have Sapan Desai to evaluate the origination of the database MRM reports personal fees from Abbott Mediconic Janssen Rojvant Surgisphere would not transfer the full dataset, client to these trials or other activities since 2018. Before 2018 FR reports grants an for analysis as such transfer would violate client grants and personal fees from Novartis, personal fees from Amgen, persona agreements and confidentiality requirements. As such, fees from BMS, personal fees from Pizer, personal fees from Roche, grants and personal fees from Vifor, personal fees from Roche, grants and personal fees from Vifor, personal fees from Roche, grants and grants a our reviewers were not able to conduct an independent from Bayer, personal fees from Cardiorentis, personal fees from B and private peer review and therefore notified us of their withdrawal from the peer-review process.

We always aspire to perform our research in accordance mmehra@bwh.harvard.edu with the highest ethical and professional guidelines. We Brigham and Women's Hospital Heart and Vascular Center and Harvard Medical can never forget the responsibility we have as researchers School, Boston, MA 02115, USA (MRM); University Heart Center, University to scrupulously ensure that we rely on data sources that

Hospital Zurich, Switzerland (FR); Department of Biomedical
Engineering, University of Utah, Salt Lake City, UT, USA (ANP); and HCA adhere to our high standards. Based on this development, Research Institute, Nashville, TN, USA (ANP) we can no longer vouch for the veracity of the primary

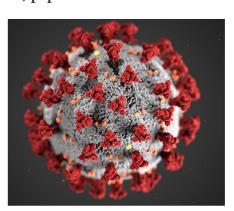
1 Mehra MR, Desai SS, Ruschitzka F, Patel AN. Hydroxychloroquine or data sources. Due to this unfortunate development, the authors request that the paper be retracted.

ngelheim, other from Heartware, and grants from Mars, ANP declares no

*Mandeep R Mehra, Frank Ruschitzka, Amit N Patel

www.thelancet.com Vol 395 June 13, 2020

Retracted coronavirus (COVID-19) papers



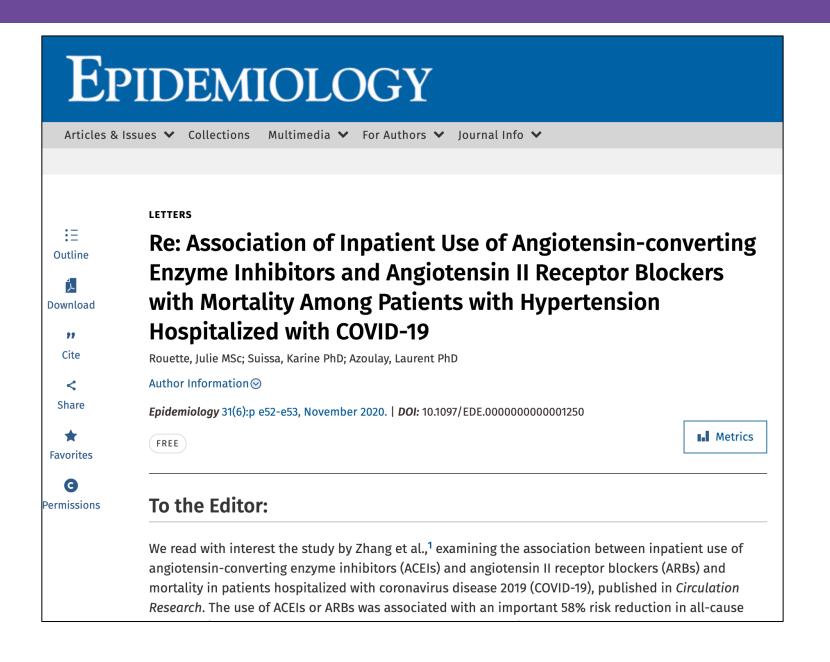


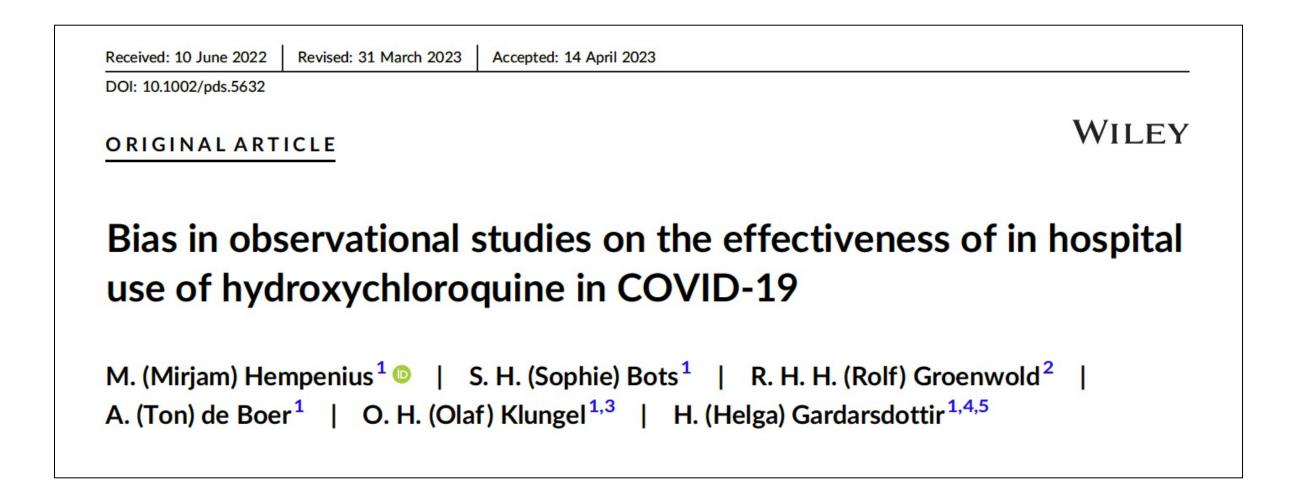
Our list of retracted or withdrawn COVID-19 papers is up to 341*.

Accessed: 14/06/2023

TRUST

The pandemonium of RWD during a pandemic







American Journal of Epidemiology

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Vol. 190, No. 8 https://doi.org/10.1093/aje/kwab028 Advance Access publication: February 10, 2021

Commentary

Biases in Evaluating the Safety and Effectiveness of Drugs for the Treatment of COVID-19: Designing Real-World Evidence Studies

Christel Renoux, Laurent Azoulay, and Samy Suissa*

Correspondence to Dr. Samy Suissa, Centre for Clinical Epidemiology, Jewish General Hospital 3755 Cote Ste-Catherine,
 H4.61, Montreal, Québec, Canada H3T 1E2 (e-mail: samy.suissa@mcgill.ca).

Initially submitted August 12, 2020; accepted for publication February 5, 2021.



The Treachery of Images, Rene Magritte (1929)

COVID-19 as a window of opportunity to RWE

Received: 12 July 2022 Revised: 23 September 2022 Accepted: 6 November 2022

DOI: 10.1111/bcp.15611

ORIGINAL ARTICLE

Revised: 23 September 2022 Accepted: 6 November 2022

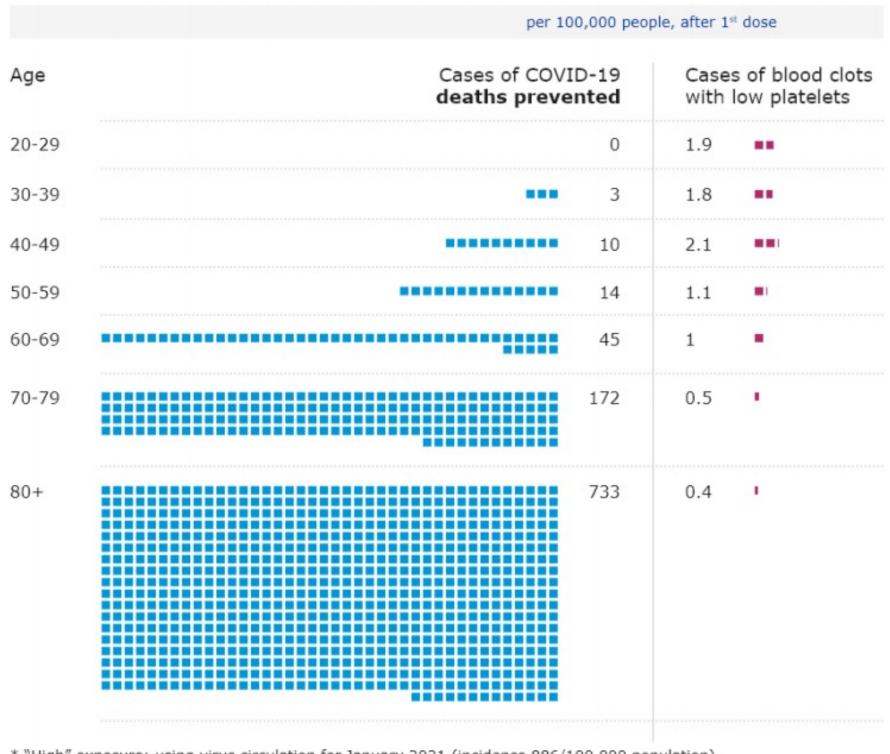
BRITISH PHARMACOLOGICAL SOCIETY

COVID-19-related medicine utilization study in pregnancy: The COVI-PREG cohort



4. COVID-19 deaths prevented with Vaxzevria compared with unusual blood clots with low platelets

High infection rate*



^{* &}quot;High" exposure: using virus circulation for January 2021 (incidence 886/100,000 population)

'Real-World Evidence – Where are we now?'

RWD may support valid regulatory decisions on benefits and risks of medicines throughout their lifecycle

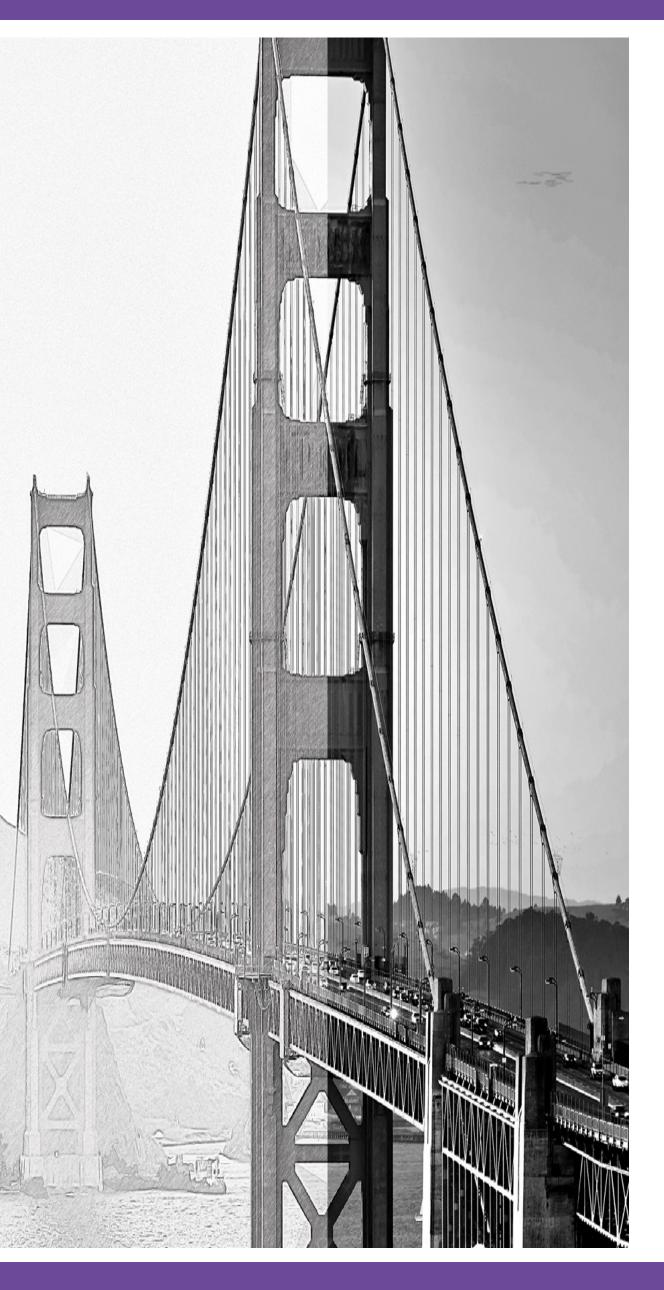
Randomized, Interventional Study		Nonrandomized, Interventional Study	Nonrandomized, Noninterventional Stud
Traditional randomized trial using RWD in planning	Trial in clinical practice settings, with pragmatic elements	Externally controlled trial	Observational study
RWD used to assess enrollment criteria and trial feasibility RWD used to support selection of trial sites	Selected outcomes identified using, e.g., health records data, claims data, or data from digital health technologies RCT conducted using, e.g., electronic case report forms for health records data or claims data	Single-group trial with external control group derived from RWD	Case-control study Case-crossover study
	Generation of RWE		
	Increasing reliance on RV	VD	

Reliance on RWD in Representative Types of Study Design.

RCT denotes randomized, controlled trial; RWD real-world data; and RWE real-world evidence.



Bridging Science





'Never before in history of medicines regulation, regulators have initiated platforms for 'own' data or extensive data'.

Hubert Leufkens, ICPE 2020

Trends in recent RWD use in EMA/FDA approved medicines

Clinical Pharmacology & Therapeutics

Review | ⊕ Open Access | ⊚ 🕦 😑 😵

Marketing Authorization Applications Made to the European Medicines Agency in 2018–2019: What was the Contribution of Real-World Evidence?

Robert Flynn, Kelly Plueschke, Chantal Quinten, Valerie Strassmann, Ruben G. Duijnhoven, Maria Gordillo-Marañon, Marcia Rueckbeil, Catherine Cohet, Xavier Kurz

First published: 24 October 2021 | https://doi.org/10.1002/cpt.2461 | Citations: 1

The views expressed in this article are the personal views of the authors and may not be understood or quoted as being made on behalf of or reflecting the position of the European Medicines Agency or one of its committees or working parties.

Clinical Pharmacology & Therapeutics

Review 🙃 Open Access 💿 🕦 😑 S

The Role of Real-World Evidence in FDA-Approved New Drug and Biologics License Applications

Christina A. Purpura, Elizabeth M. Garry, Nicholaas Honig, Abigail Case, Jeremy A. Rassen 🔀

First published: 02 November 2021 | https://doi.org/10.1002/cpt.2474 | Citations: 1

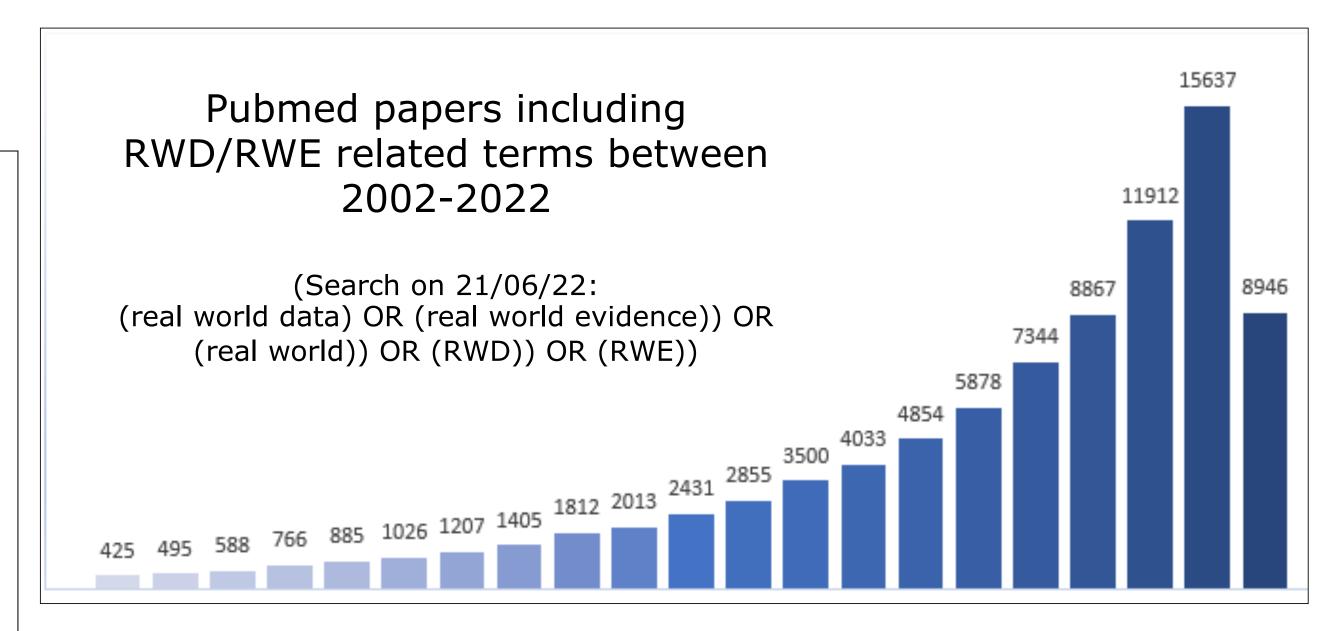
Clinical Pharmacology & Therapeutics

Article 🗈 Open Access 💿 🕦 💲

Use of Real-World Data and Evidence in Drug Development of Medicinal Products Centrally Authorized in Europe in 2018–2019

Sini Marika Eskola, Hubertus Gerardus Maria Leufkens, Andrew Bate, Marie Louise De Bruin, Helga Gardarsdottir

First published: 24 October 2021 | https://doi.org/10.1002/cpt.2462



Trends in recent use in EMA/FDA approved medicines

	Flynn et al. (2022) What was the Contribution of Real-World Evidence in EU?	Eskola et. al (2022) Use of Real-World Data and Evidence in Drug Development in EU	Purpura et al. (2022) The Role of Real-World Evidence in FDA
Number of products reviewed	158	111	136
Period	Jan 2018 – Dec 2019 (submitted marketing applications, including non-published information)	Jan 2018 - Dec 2019 (approved marketing applications, only published information)	Jan 2019 – June 2021 (approved marketing applications, only published information)
Number of products with RWE included	63 (39.9%)	111 (100%)	116 (85.2%)
Therapeutic area with higher use of RWE	Oncology and anti-infectives	Oncology, hematology and anti-infectives	Oncology and anti-infectives
	High variability in percentages of applications with RWE due to:Different definitions		
	 Different sources of information (e.g., authorised vs. submitted applications) Different methods 		



Trends in recent use in EMA approved medicines



Part I

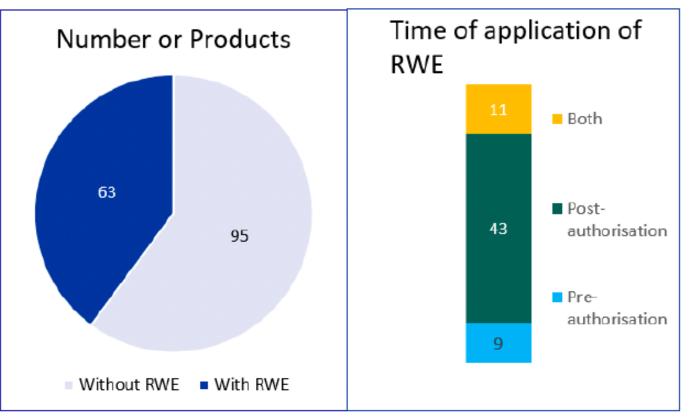
Marketing Authorization Applications Made to the European Medicines Agency in 2018–2019: What was the Contribution of Real-World Evidence?

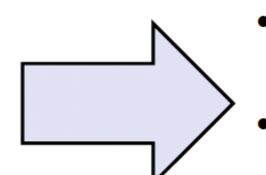
Robert Flynn^{1,2,†}, Kelly Plueschke^{1,†}, Chantal Quinten¹, Valerie Strassmann³, Ruben G. Duijnhoven^{1,4}, Maria Gordillo-Marañon^{1,5}, Marcia Rueckbeil^{1,6}, Catherine Cohet¹ and Xavier Kurz^{1,*}

- Majority of products:
 Antineoplastic and
 Immunosuppressants
 (35% iMAA and 42% EoI)
- Main RWD sources:
 Registries, Hospital data

LISBOA UNIVERSIDADE FACULDADE DE FARMÁCIA UNIVERSIDADE DE LISBOA

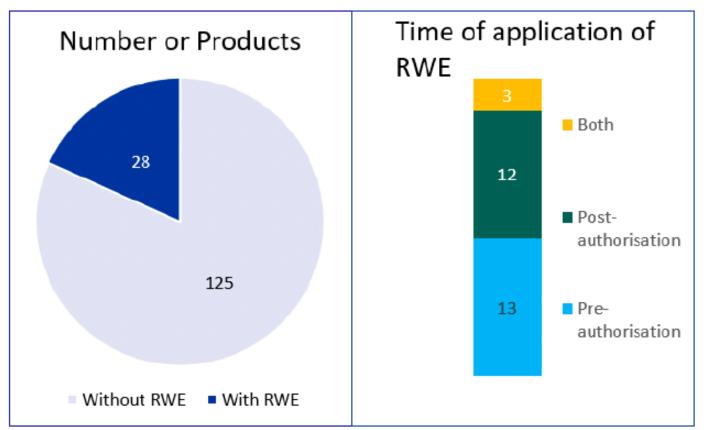
Initial MA Applications (n=158)

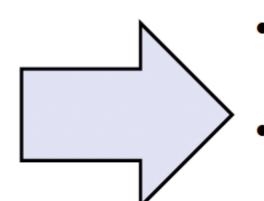




40% (63/158) iMAA included RWD Mainly post-authorisation

Extensions of indications (n=153)





18% (28/153) EoI included RWD Both pre and post-authorisation

Trends in recent use in EMA approved medicines



Part II

Contribution of Real-World Evidence in European Medicines Agency's Regulatory Decision Making

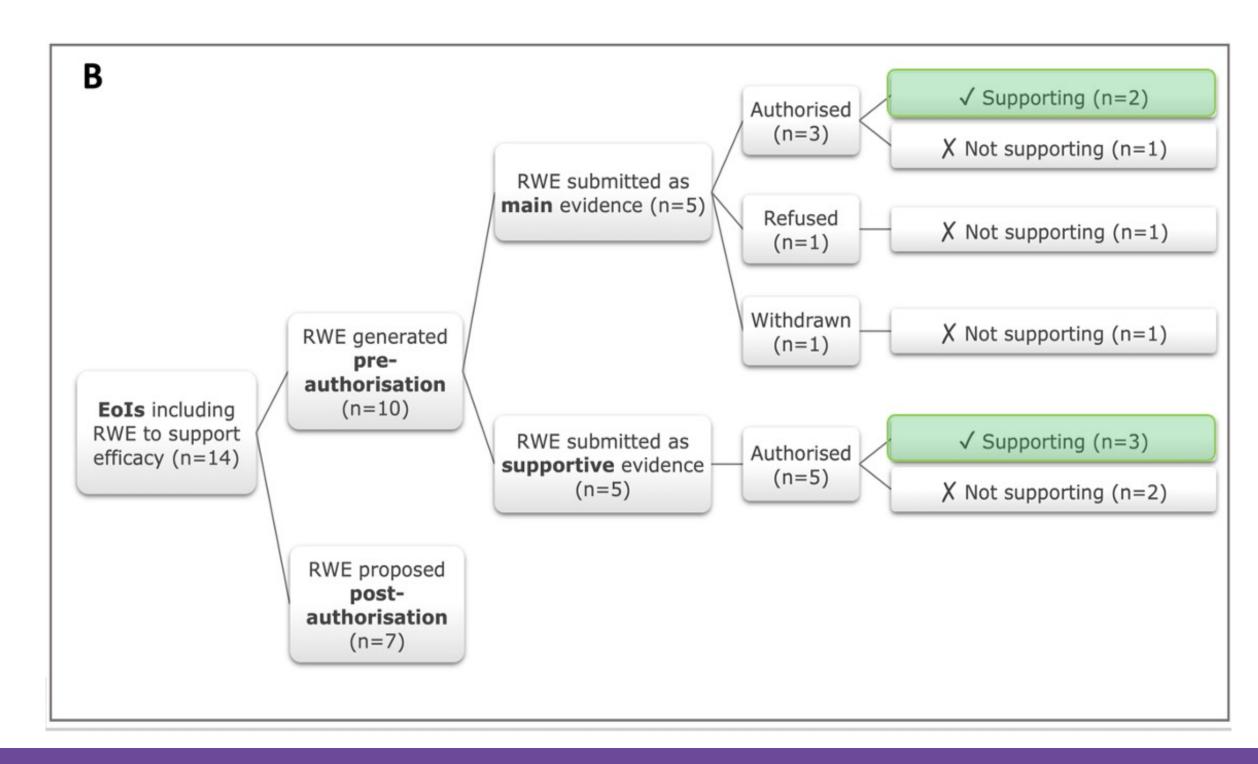
Elisabeth Bakker, Kelly Plueschke, Carla J. Jonker, Xavier Kurz, Viktoriia Starokozhko, Peter G. M. Mol 🔀

What was the actual **contribution of RWE** to the Committee for Medicinal Products for Human Use (CHMP) decision making on MAAs and EoIs?

Initial marketing authorisation applications: preauthorisation RWE

Α √ Supporting (n=3) Authorised (n=4)X Not supporting (n=1) RWE submitted as Refused main evidence X Not supporting (n=1) (n=1)(n=8)*Withdrawn RWE generated X Not supporting (n=3) (n=3)authorisation (n=16)√ Supporting (n=1) Authorised MAAs including RWE to support (n=3)Not addressed (n=2) efficacy (n=32) RWE submitted as Refused supportive evidence X Not supporting (n=1) (n=1)(n=8)RWE proposed √ Supporting (n=1) postauthorisation Withdrawn (n=20)X Not supporting (n=1) (n=4)Not addressed (n=2)

Extension of indication applications: pre-authorisation RWE



Trends in recent use in EMA approved medicines

Part II

- Considering variety of purpose for which RWD is used and data sources used, appraisal of RWE still requires a case-by-case analysis
- As RWD is usually considered in the overall evidence package of the applications, it is
 difficult to isolate its exact impact on decision making
- Strengths were mentioned less often than limitations. Some examples:

Strengths	Limitations	
Registries are able to obtain data over several years from	Missing data	
a quite significant number of patients with a rare disease	 Lack of representativeness of e.g.,: 	
	Study population	
 Appropriateness of: 	Study period	
 Use of historical controls 	 Measuring time points 	
 Study population 	Small sample size	
 Follow-up time 	 Lack of an adequate or pre-specified analysis plan 	
 Measuring time points 	 Risk of several types of confounding and bias, e.g.: 	
	Selection bias	
	 Publication bias 	

Can we use existing guidance to support the development of robust real-world evidence for health technology assessment/payer decision-making?



Capkun et al, International Journal of Technology Assessment in Health Care, 2022

3. Governance

issues

Real-World Evidence in EU Medicines Regulation: Enabling Use and Establishing Value

Peter Arlett^{1,*}, Jesper Kjær², Karl Broich³ and Emer Cooke¹

We outline our vision that by 2025 the use of real-world evidence will have been enabled and the value will have been established across the spectrum of regulatory use cases. We are working to deliver this vision through collaboration where we leverage the best that different stakeholders can bring. This vision will support the development and use of better medicines for patients.

Arlett et al, Clin Pharmacol Ther. 2022

PERSPECTIVES

Real-World Data for Regulatory Decision Making: Challenges and Possible Solutions for Europe

Alison Cave^{1,*}, Xavier Kurz¹ and Peter Arlett¹

Real-world data (RWD) offers the possibility to derive novel insights on the use and performance of medicines in everyday clinical use, complementing rather than competing with evidence from randomized control trials. While Europe is rich in healthcare data, its heterogeneous nature brings operational, technical, and methodological challenges. We present a number of potential solutions to address the full spectrum of regulatory use cases and emphasize the importance of early planning of data collection.

Arlett et al, Clin Pharmacol Ther. 2019

Real-world data and real-world evidence in regulatory decision making

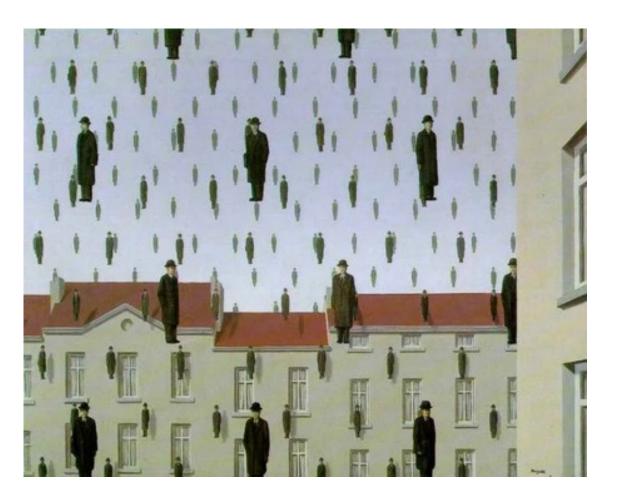


CIOMS Working Group report Draft, 6 June 2023



access processes and governance

I. DATA



Golconda, Rene Magritte (1953)

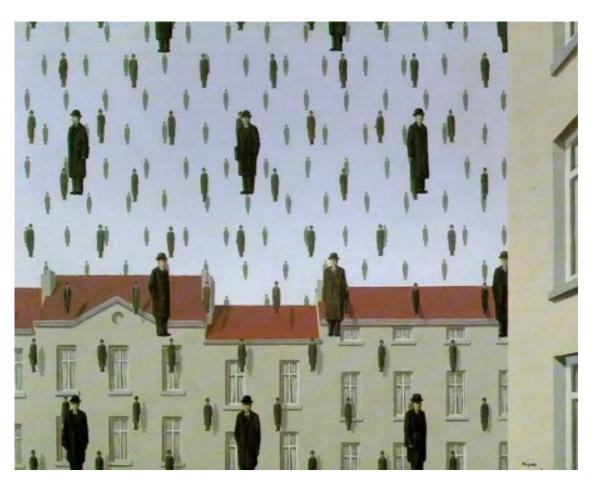
Availability, Governance & Quality

- Heterogeneity of RWD types (e.g. EHR, claims, registries, patient-generated data) and level care settings (e.g. primary, secondary, tertiary) and characteristics (e.g. purpose, population coverage, data elements/coding terminology)
- **Different levels of data quality**: **dimensions** (validity, completeness, timeliness, etc exposure, outcomes, confounders), **quality assurance** and **control procedures**
- Variety of models of governance, data sharing and access (different landscape of national/regional laws and regulation)
- Reliable RWE is built on using fit-for-purpose RWD: ensure the data speak to the question at hand and are high quality



Availability, Governance & Quality

I. DATA



Golconda, Rene Magritte (1953)

Data Quality framework

High-level Data Quality principles and

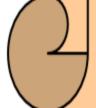
definitions applying to all data types;

- Data Quality dimensions
 (completeness, uniqueness, timeliness, validity);
- Data Quality standards (= metadata)
 (integration with ISO standards)
- Collaboration with the joint action
 `Towards A European Health Data
 Space TEHDAS' focused on technical and scientific aspects of data quality



Data discoverability

- Criteria for RW databases selection
- Common set of metadata for describing and identifying RWD sources
- Public catalogues of European RWD sources and of observational studies
- <u>List of metadata for Real World</u>
 <u>Data catalogues</u>





II. METHODOLOGY



Philosopher's lamp, Rene Magritte (1936)

- Analytical Integrity: appropriateness of study designs decisions and data analyses; original purpose of data collection often are not for research
- Compliance with best methodological standards (e.g. ENCePP guide on methodological standards for PhEpi, EMA GVP, tools to address critical elements that influence the validity of findings from observational studies/methodological quality, risk of bias e.g. ROBINS, etc).

II. METHODOLOGY



Philosopher's lamp, Rene Magritte (1936)

THE LEGACY OF UNBREAKABLE PRINCIPLES

Databases should not distract us from sound methodological and clinical thinking.

Brian L. Strom, Bordeaux ICPE meeting (2004)



III. TRUST



The lovers, Rene Magritte (1928)

Improving Transparency to build societal Trust

- Compliance with methodological standards detailed description of study design, data collection, methods and analyses that are transparent, auditable, and reproducible.
- Pre-registration of protocols in publicly available repositories/databases (e.g. EU PAS Registers), protocol templates/harmonization (e.g. HARPER), SAP, transparent reporting and responsible communication of results are key components of establishing reliable RWE for regulatory decision-making.



IV. POLICY & GOVERNANCE ENVIRNOMENT



- Importance of strengthening international collaboration on activities to enable the use of RWE in regulatory decision-making.
 - **Gaps** due to the lack of standardisation of RWD/RWE terminology and formats, the heterogeneity of RWD data quality, etc.
 - Addressing these challenges should be supported by common definitions, guidance and best practices.
- Roadmap of EMA comprehensive guidance on the use of RWD to generate RWE to support regulatory decisionmaking driven questions are needed.
- Capacity building, continuous training and engagement with all stakeholders → Patients/HCP are key.

Summary remarks

- RCTs and RWE are not alternatives/'competitors' <u>BUT</u> complementary
- RCTs remain foundational to generate evidence on safety and efficacy of medicines approval
- RWE in supporting the evaluation of medicines across different phases of development has been evolving, driven by the recognition to answer specific research questions → Enabling its use and Establishing its value supports innovative medicines for patients and safer and more effective use

Data Methodology Trust Policy & Governance Environment

Early dialogue and **frequent interactions with regulators** is key (e.g., awareness of opportunities & limitations in the planning, design and review phases of RWE generation)

Continuum drug life cycle approach: a story of learnings and confirming tales

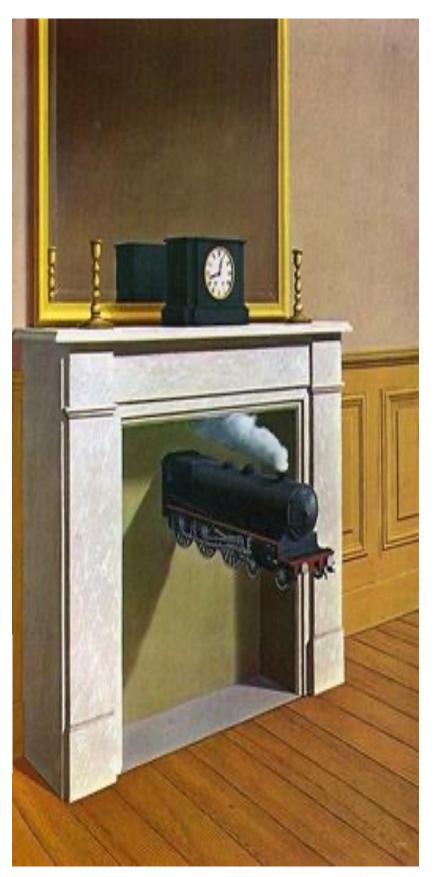
All scientific work is incomplete — whether it be observational or experimental. All scientific work is liable to be upset or modified by advancing knowledge.

That does not confer upon us a freedom to ignore the knowledge we already have, or to postpone the action that it appears to demand at a given time.

Bradford-Hill A, The Environment and Disease: Association or Causation? (1965)

THANK YOU FOR YOUR ATTENTION!





Time Transfixed, Rene Magritte (1938)