

Use of Subgroups to “Rescue” a Trial or Improve Benefit-Risk

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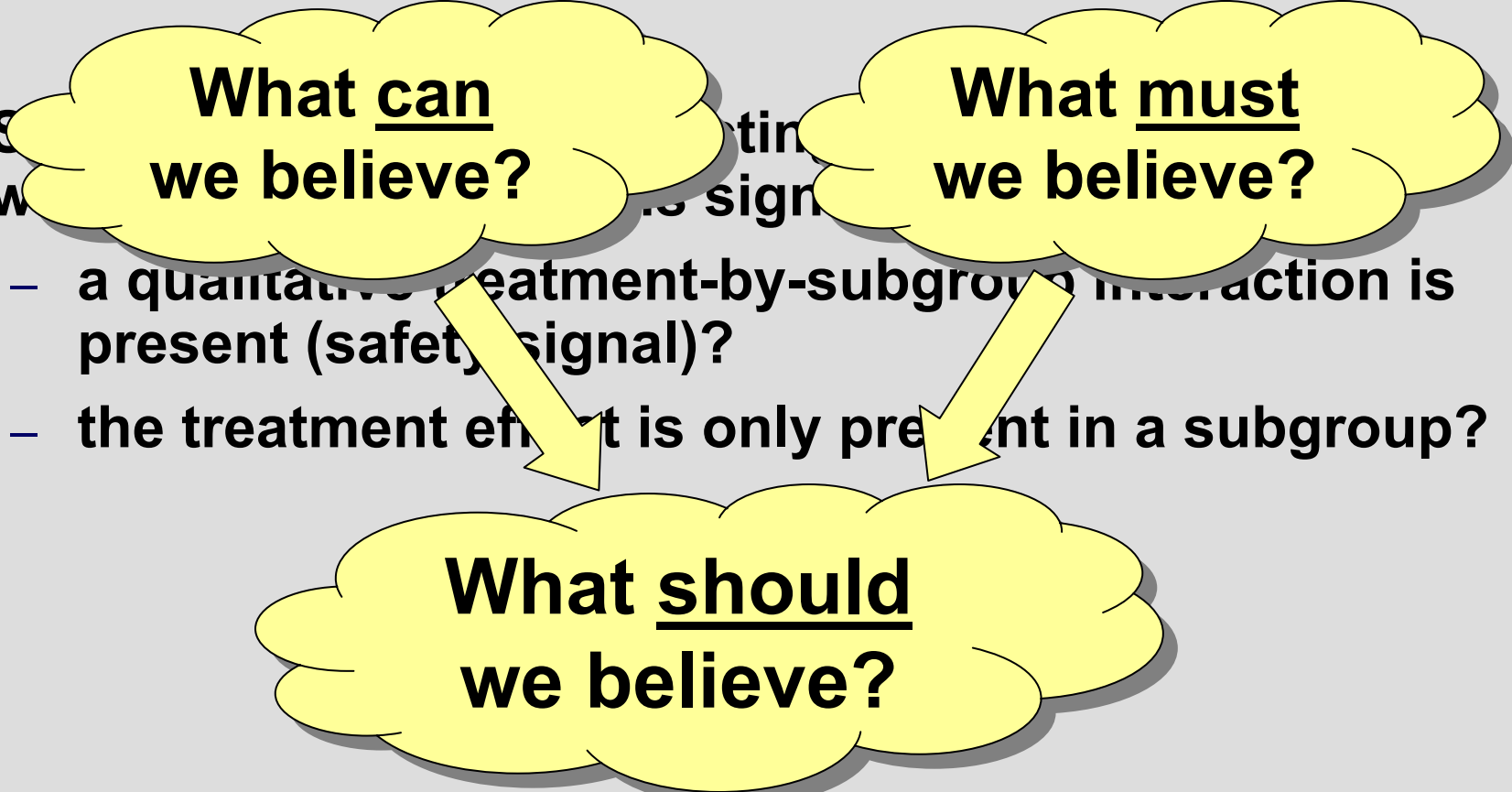
Abbott Park, IL USA

Disclaimer

- ◆ The opinions in this presentation are those of the author and not necessarily those of Abbott

Questions for Consideration

- ◆ Under what circumstances should we consider approval for a subgroup if the overall result is non-significant?

- ◆ 

What can we believe?

What must we believe?

 - a quantitative treatment-by-subgroup interaction is present (safety signal)?
 - the treatment effect is only present in a subgroup?

What should we believe?

Fibrate Drug Class – Background

Bezafibrate

Ciprofibrate

Clofibrate

Fenofibrate

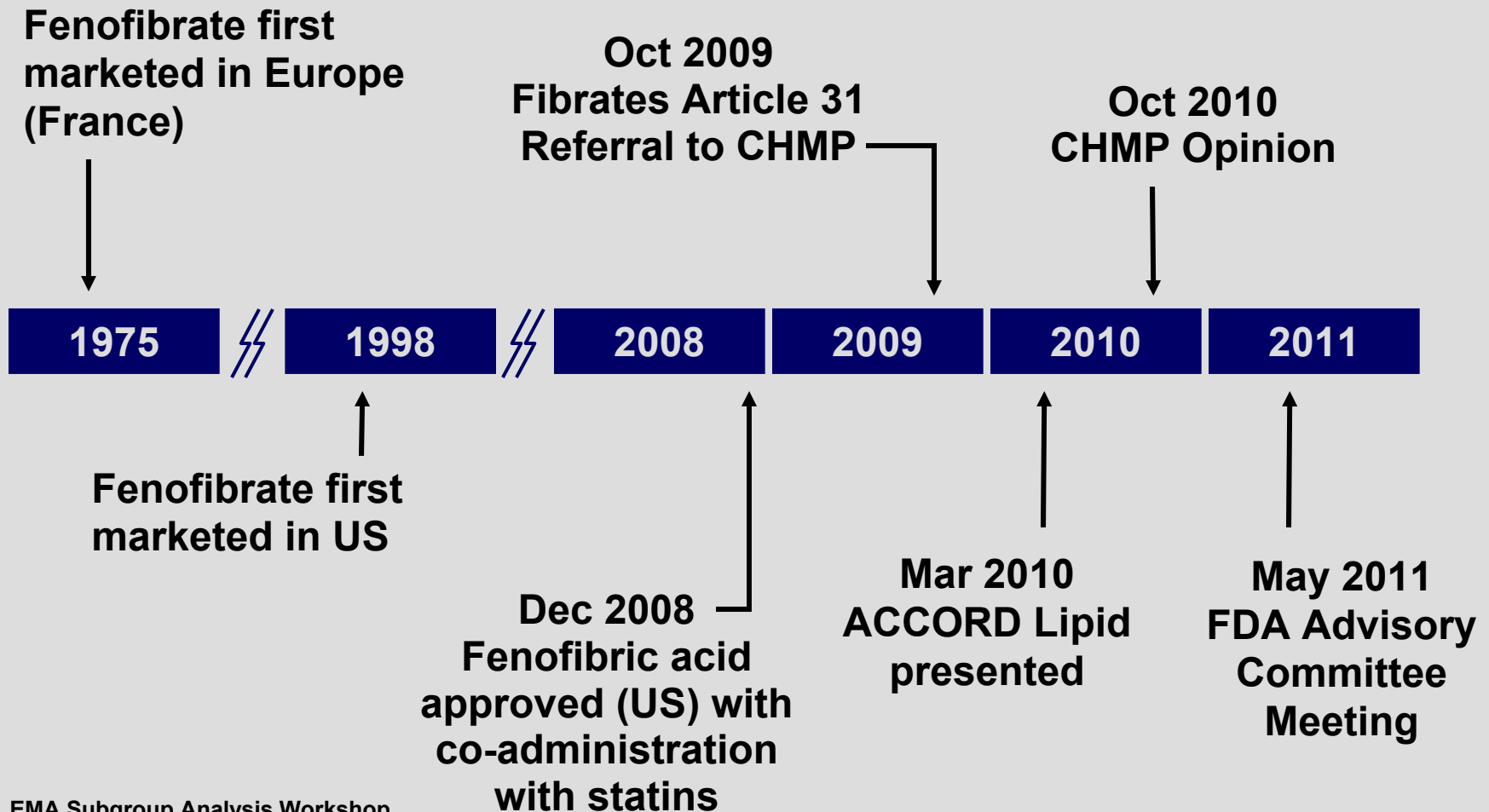
Fenofibric acid

Gemfibrozil

} Share same
active moiety

- ◆ Fibrates reduce triglycerides (TG) and increase HDL cholesterol (HDL-C)
- ◆ Fibrates approved in the EU and US as monotherapy for isolated severe hypertriglyceridaemia

Fenofibrate/Fenofibric Acid History



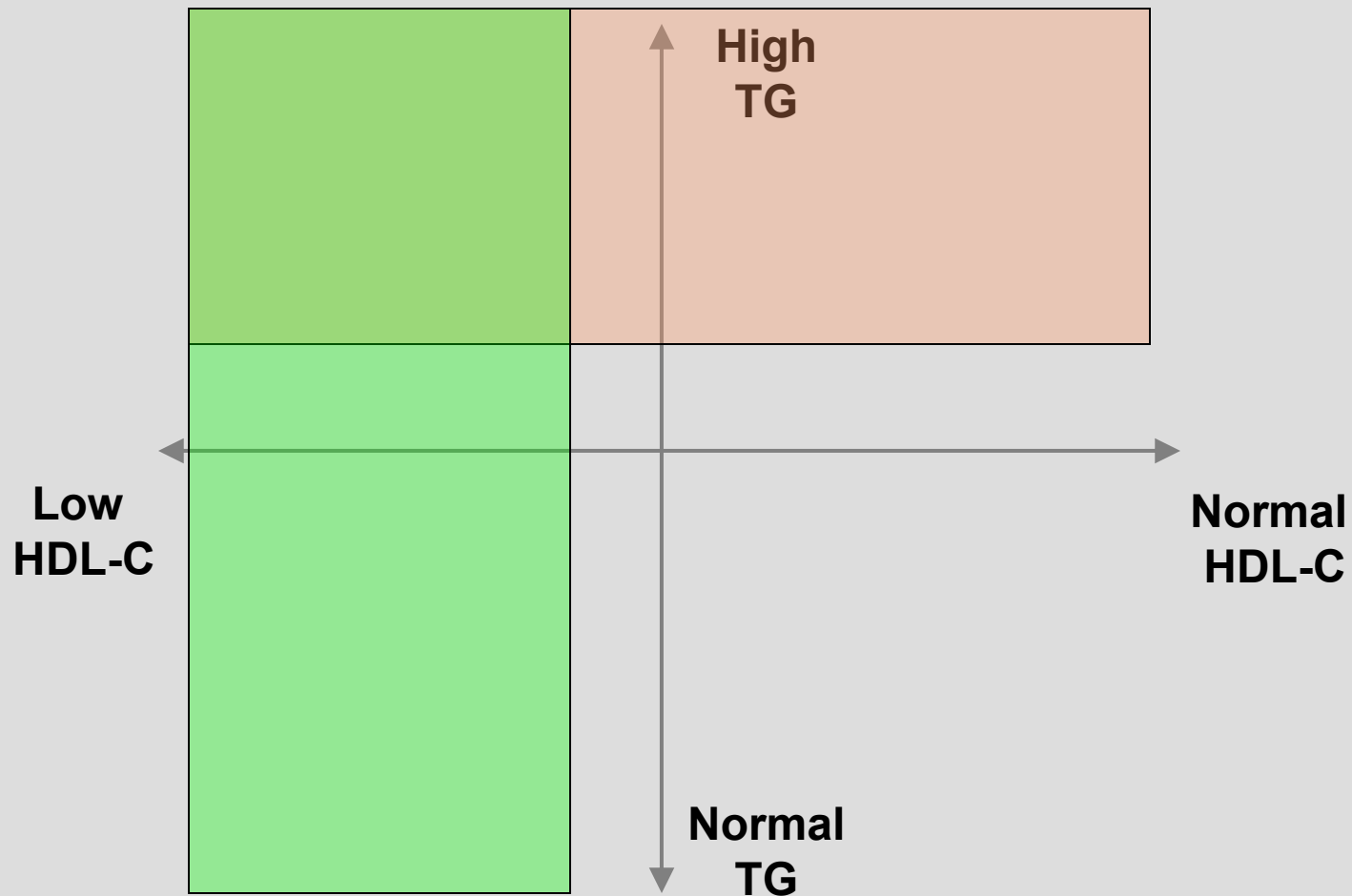
Trilipix (Fenofibric Acid)

Approved Coadministration Indication

- ◆ Trilipix was approved by FDA 15 Dec 2008 with the following coadministration indication:
 - An adjunct to diet in combination with a statin to reduce TG and increase HDL-C in **patients with mixed dyslipidemia** and CHD or a CHD risk equivalent who are **on optimal statin therapy** to achieve their LDL-C goal

Suggests: Combination therapy can be considered for patients **already receiving statins** if they still have **dyslipidemia** (presumably elevated TG or low HDL-C)

Fenofibric Acid Labeling and Treatment Guidelines Suggest Combination Treatment for Residual High TG or Low HDL-C



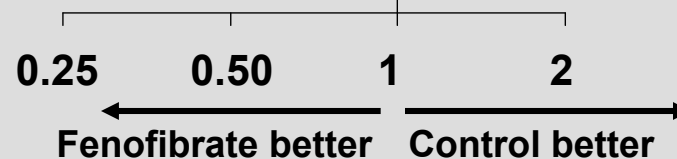
ACCORD Lipid Study Design

	Simvastatin + Placebo	Simvastatin + Fenofibrate	
Intensive glycemia (HbA _{1c} < 6%)	1,383	1,374	<u>Select Entry Criteria</u> – LDL-C 60 - 180 not receiving lipid medications – HDL-C < 55 (female or black) or < 50 (others) – TG < 750 on no meds <u>or</u> < 400 on meds (no minimum TG threshold) – Patients allowed but not required to be receiving a statin at study entry
Standard glycemia (HbA _{1c} 7 - 7.9%)	1,370	1,391	
	2,753	2,765	

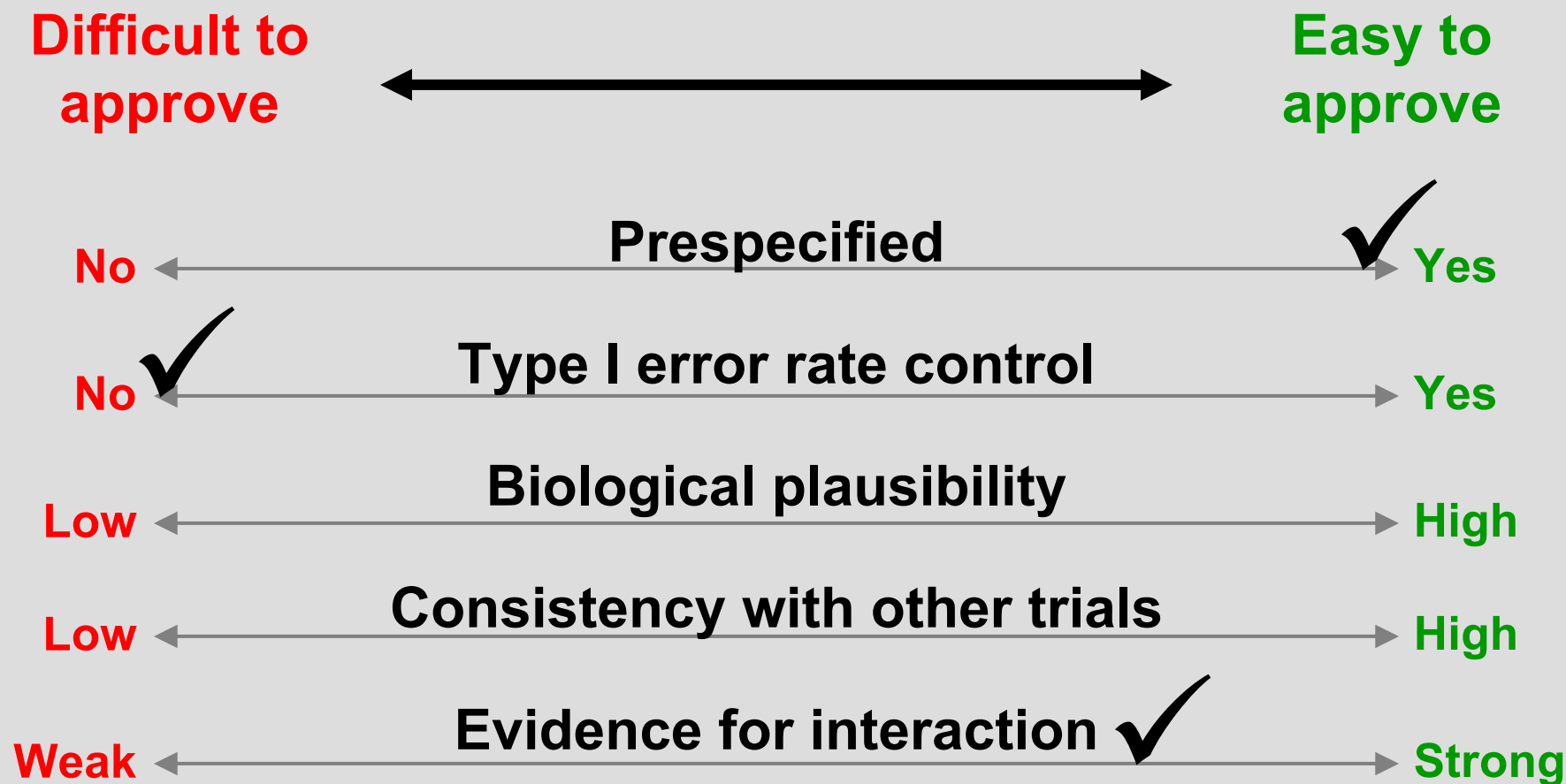
ACCORD Lipid Key Subgroup Results

	Fenofibrate- simvastatin % with events (N)	Simvastatin monotherapy (N)	Hazard ratio (95% CI)	Interaction p-value	Within- group p value
Overall	10.5 (2765)	11.3 (2753)			0.324
Dyslipidemic Patients*	12.4 (485)	17.3 (456)		0.057	0.032
All Others	10.1 (2264)	10.1 (2284)			0.935
Women	9.0 (851)	6.6 (843)		0.011	0.069
Men	11.2 (1914)	13.3 (1910)			0.037

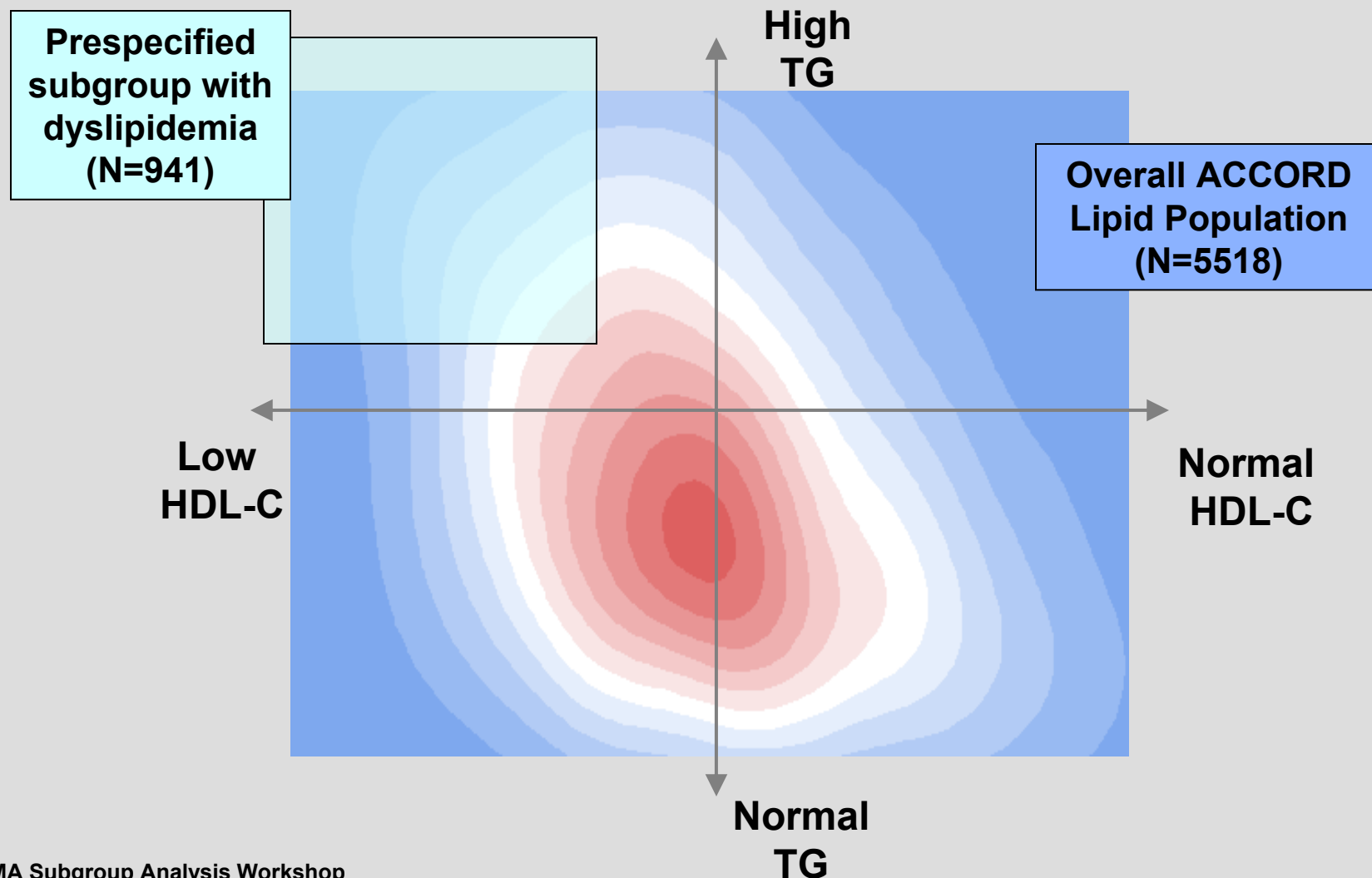
* Prespecified Subgroup:
Baseline TG $\geq$ 204 mg/dL and
HDL-C $\leq$ 34 mg/dL



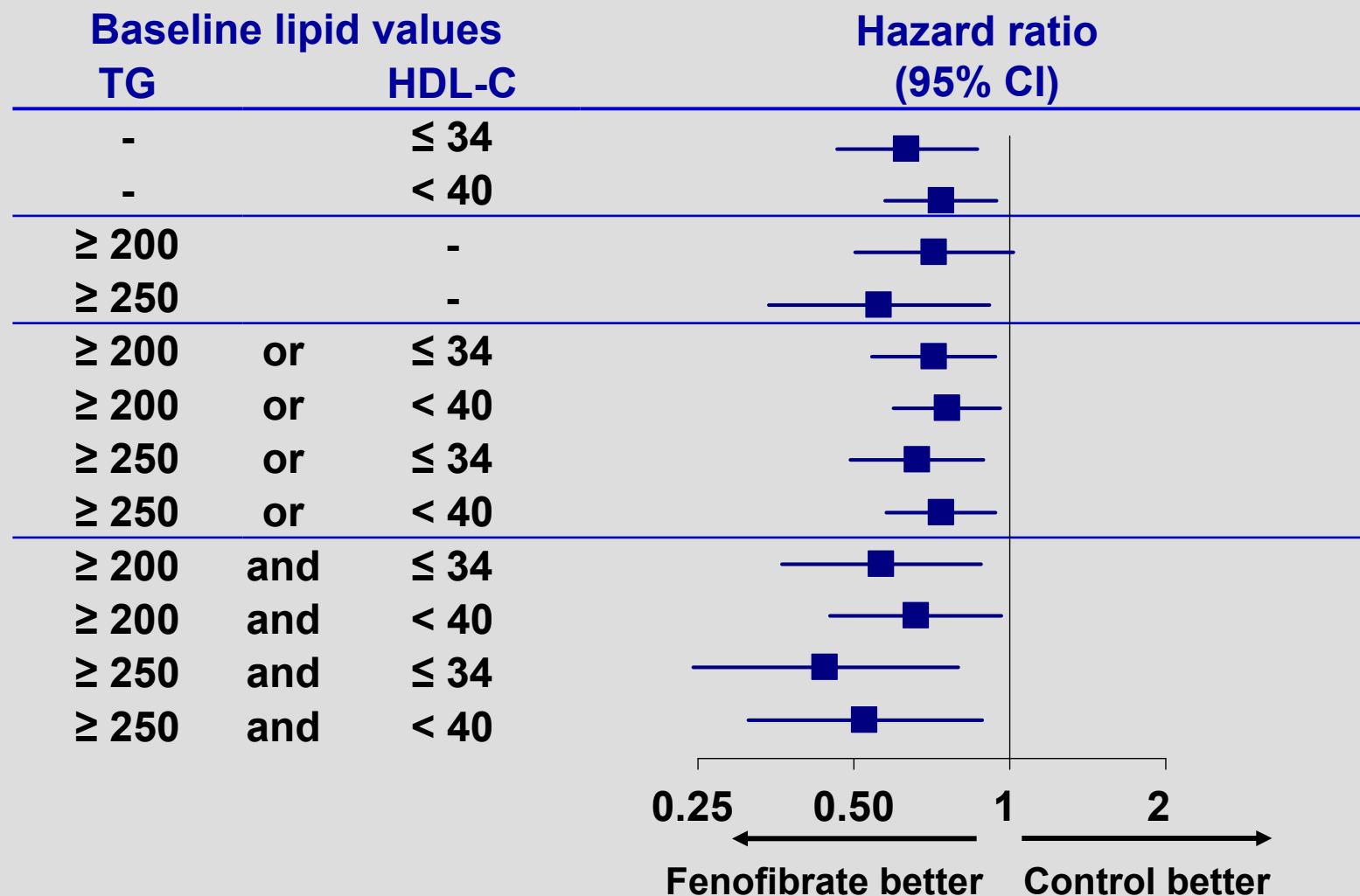
When should we consider approval for a subgroup if the overall result is nonsignificant?



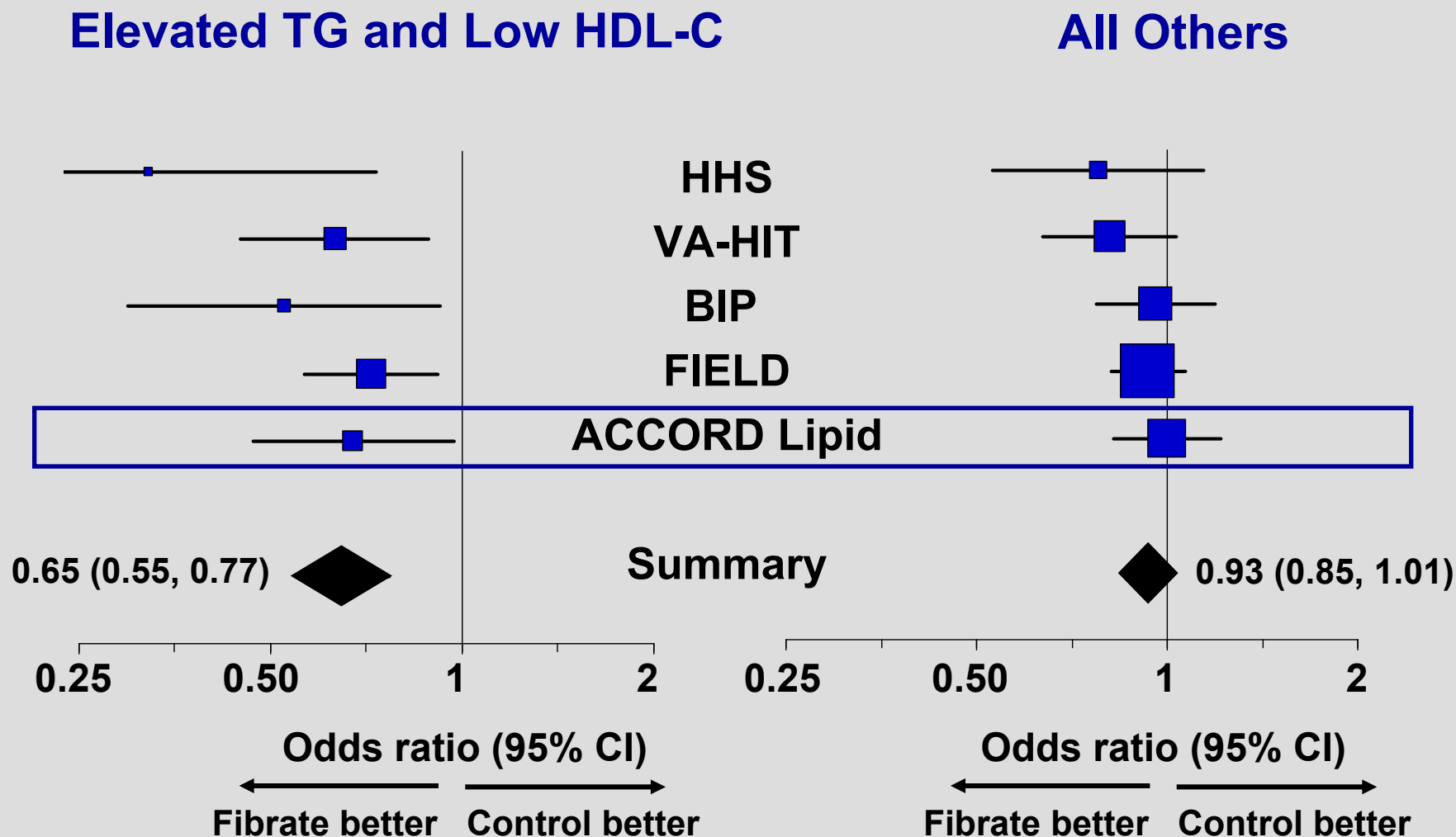
Prespecified Subgroup with Dyslipidemia in ACCORD Lipid



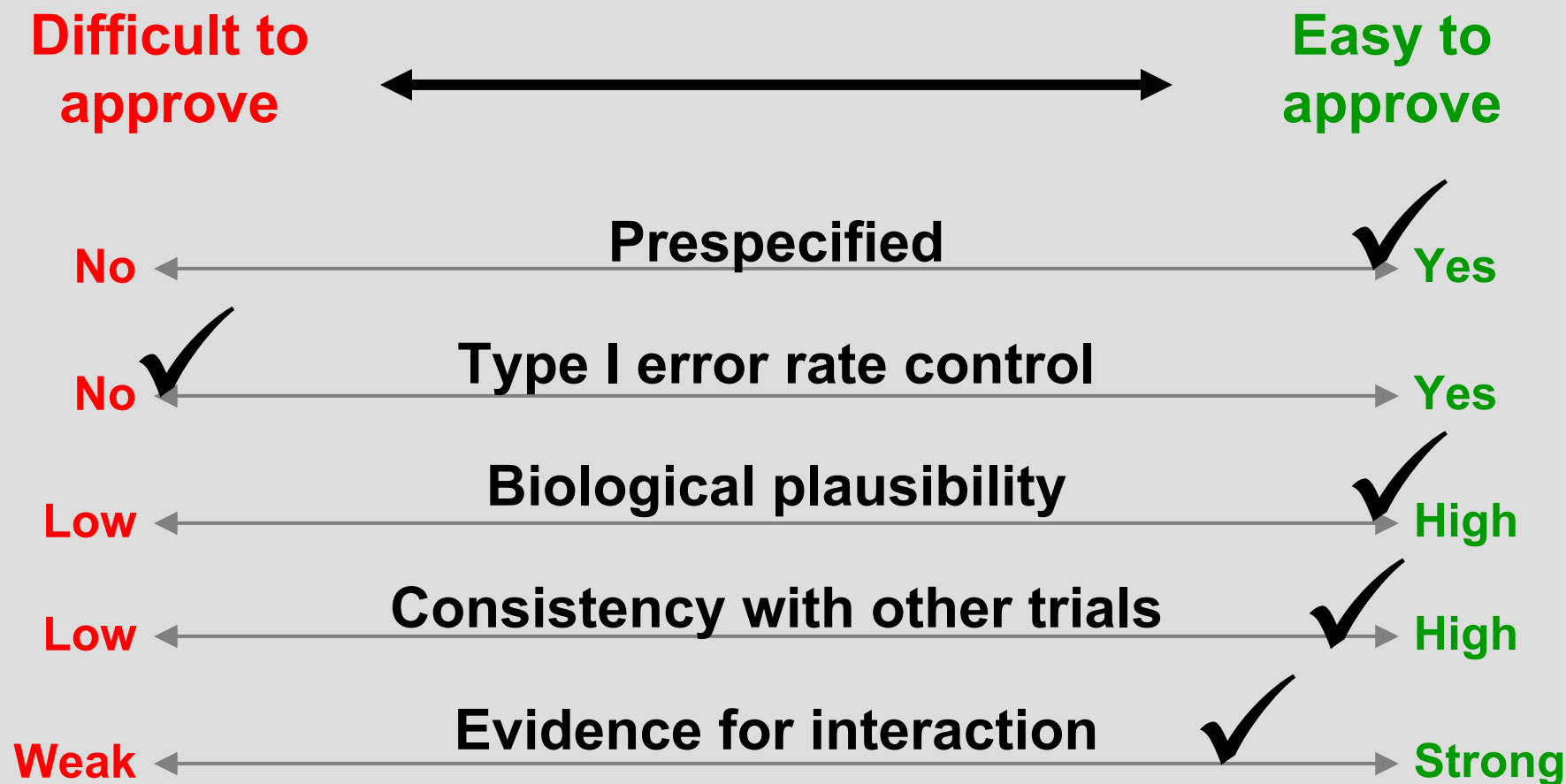
CV Risk Reduction in Patients Receiving a Statin at Baseline in ACCORD Lipid



ACCORD Lipid Consistent with Earlier Fibrate CV Outcomes Trials



Scorecard – ACCORD Lipid results in Subgroup with Dyslipidemia



Regulatory Actions

◆ CHMP, October 2010

- Majority vote that fenofibrate “can also be used together with a statin in some circumstances when a statin on its own has not been enough to completely control blood lipid levels”

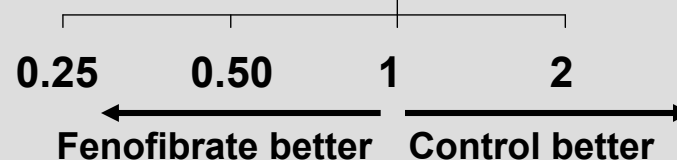
◆ US FDA Advisory Committee, May 2011

- Vote of 9–4 to retain coadministration indication of fenofibric acid
- Vote of 13–0 in favor of an additional trial to confirm benefit

ACCORD Lipid Key Subgroup Results

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* Prespecified Subgroup:
Baseline TG $\geq$ 204 mg/dL
and HDL-C $\leq$ 34 mg/dL



When should we restrict approval to a subgroup?

**Difficult to restrict
to subgroup**

**Easy to restrict
to subgroup**



Prespecified

No



Yes

Type I error rate control

No



Yes

Biological plausibility

Low

High

Consistency with other trials

Low

High

Evidence for interaction

Weak



Strong

Biological plausibility of a treatment-by-gender interaction

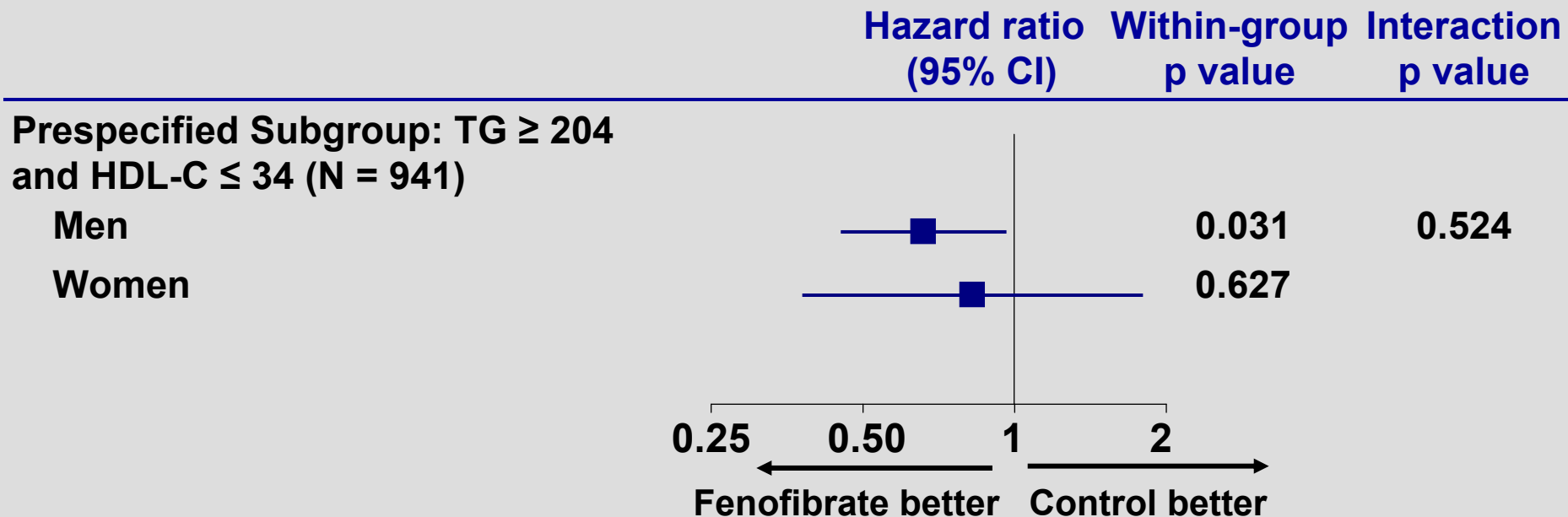
◆ Several issues evaluated:

- Outcomes by gender in subgroup with dyslipidemia
- Potential explanations
 - Baseline imbalances
 - Lipid changes
 - Other laboratory changes
 - Pharmacokinetic interactions

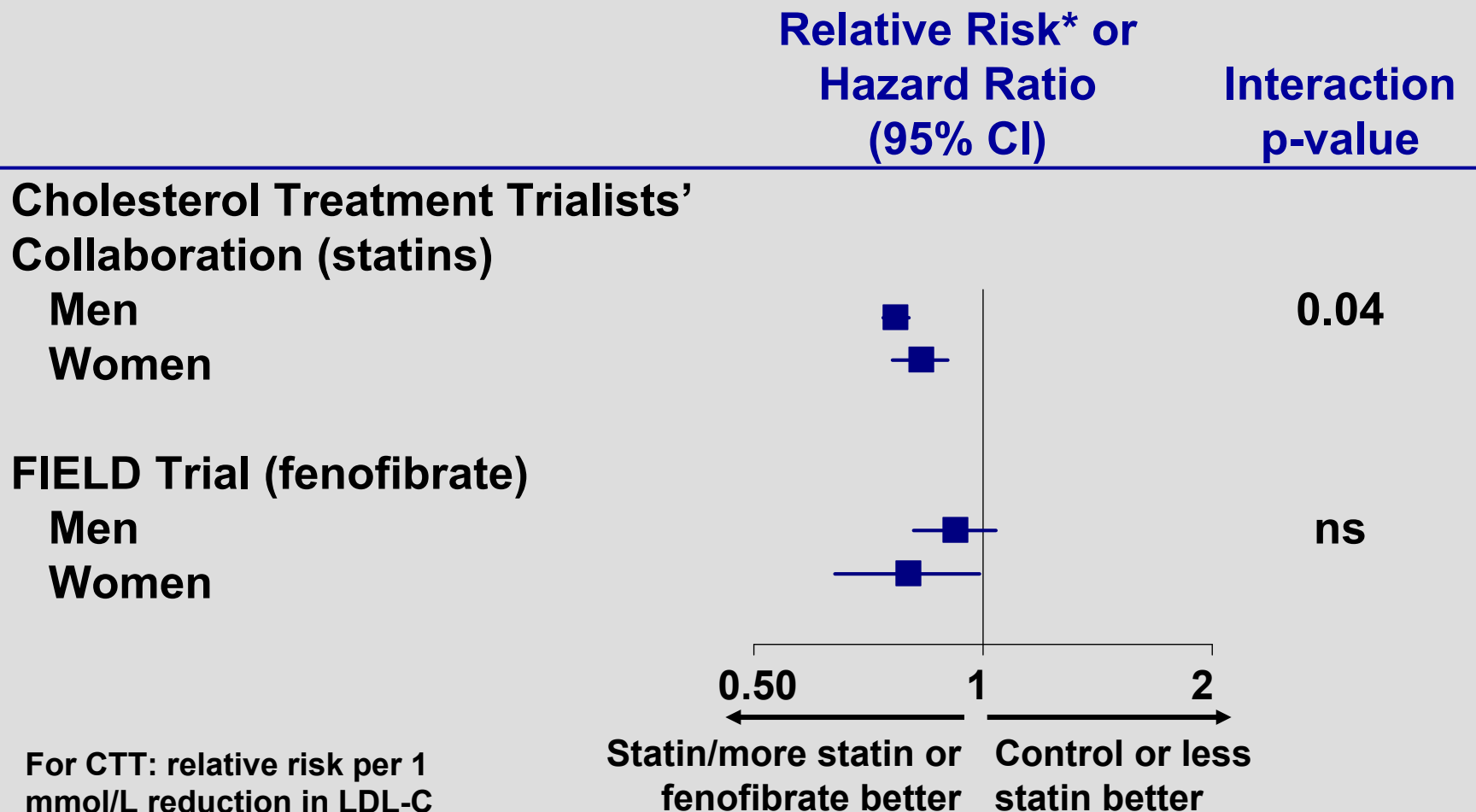
Potential Explanations for Treatment-by-Gender Interaction in ACCORD Lipid

Factor	Finding
Baseline imbalances	No meaningful imbalances; multivariable analyses did not alter findings
Lipid changes	Lipid changes in women similar to or better than those in men
Other laboratory changes	No differential gender effects
Pharmacokinetic interactions	No gender effects on fibrate-statin interactions

No Treatment-by-Gender Interaction in Prespecified Subgroup with Dyslipidemia



No Qualitative Treatment-by-Gender Interaction in Statin or Fenofibrate Monotherapy Trials



* For CTT: relative risk per 1 mmol/L reduction in LDL-C

Scorecard – ACCORD Lipid Results by Gender

**Difficult to restrict
to subgroup**

**Easy to restrict
to subgroup**



Prespecified

No



Yes

Type I error rate control

No



Yes

Biological plausibility

Low



High

Consistency with other trials

Low



High

Evidence for interaction

Weak



Strong

Regulatory Actions

- ◆ In product labeling, a description of the ACCORD Lipid trial and results was added, including description of the results by gender

Summary

◆ Approving subgroups (efficacy)

- If not part of a prespecified plan with strong FWER

What can
we believe?

What must
we believe?

◆ Restricting to subgroups (safety)

- If statistical evidence strong, don't conclude type I error without thorough investigation of biological plausibility

What should
we believe?