



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

# Scientific advice/protocol assistance and patient representatives

---

Kristina Larsson

September 2013

Patients/Consumers Working Party (PCWP) and Healthcare  
Professionals Working Party (HCPWP) joint meeting



An agency of the European Union



# Plan

---

- What is scientific advice
- When/Why will patients be involved
- Numbers so far
- How can patients contribute to benefit/risk discussion
  - Personal experience



# What is scientific advice

---

## Voluntary procedure:

- Applicants ask questions through a scientific advice/protocol assistance procedure
- Can be sought at any stage of drug development and on any area of development (quality, non-clin or clinical)
- Fee based

Given by the Scientific Advice Working Party (SAWP):  
30 experts from national authorities and university departments and hospitals chosen by required expertise.

Supported by the EMA Secretariat



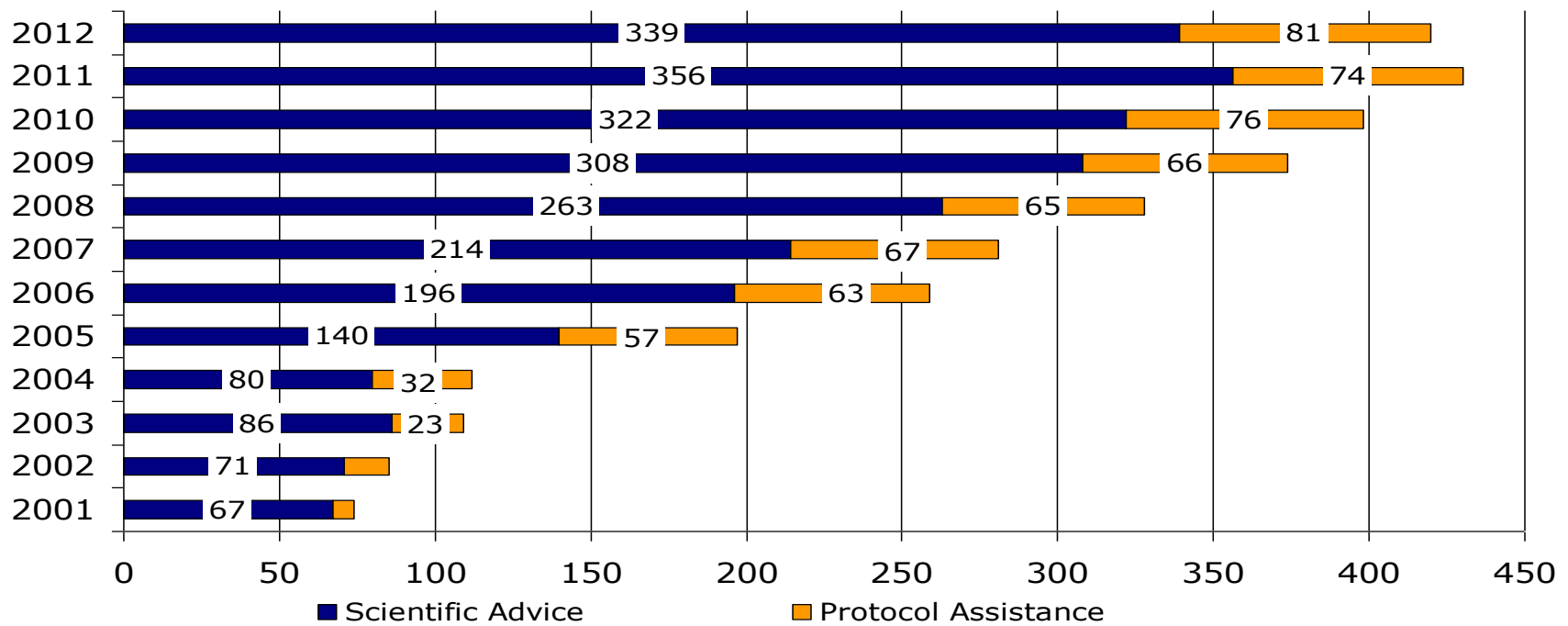
# How is it given

---

- Applicant submits the questions and supportive documentation
- 2 Coordinators from the SAWP writes the report
- In 50% of the cases, in particular when the regulatory experts do not agree with the Applicant's proposal, **a face-to-face meeting** with the company is organised
- Written responses are adopted by the CHMP and send to the Applicant: scientific advice letter
- Short procedure: 40 days or 70 days when a face-to-face meeting takes place.



## Scientific Advice main activity so far: product related scientific advice and protocol assistance for orphan drugs





## Numbers so far for patient reps

Protocol assistance	2008	2009	2010	2011	2012
Total no of PA sent to Eurordis	56	77	68	74	60*
Number of PRs identified	-	-	-	20	22
Number of PRs involved	8	13	18	16	19

Scientific advice	<b>2013</b> 12 procedures identified, for 6 we found patient reps and in total 10 patient reps participated
-------------------	--



# When/Why will patients be involved

---

## Scientific advice / Protocol assistance

- We attempt to include patients representatives for all procedures.
- Not all procedures are regarded as candidate for patient reps to participate e.g. the advice can be very technical on quality and non-clin only, follow-up advices only confirming previous agreement etc.
- Patient rep will be involved from start of the procedure and in particular valuable in case of a face-to-face meeting with the Applicant.

Qualification of biomarkers: genomics, imaging, **scales, PRO**  
1 procedure so far including 2 patient reps.



# How can patients contribute to benefit/risk discussion

---

Case by case but in general:

- To add your views on the issues being discussed e.g.
  - Feasibility of the study proposed
  - Relevant patient population
  - Comparator or not
  - Duration of study
  - Relevant patient outcomes
  - Safety concerns
- Add additional comments on the development.
- In writing and/or in person/TC if a discussion meeting takes place.





# Real life examples/personal experience where patients involved

---

## Example 1: Product for cystic fibrosis

*A discussion of the products ability to improve fat and protein absorption.*

Patient rep confirmed that fat absorption is the **worst symptom of the disease.**

Patient rep asked whether product lacking a protease component would be a risk for physically active CF patients.



## Example 2 Enzyme replacement therapy

---

Comments from patient rep on aspects of a clinical trial in a lysosomal storage disorder which would be beneficial for the patients:

- Reduced infusion times
- Fewer adverse events
- Less likely to have off-target effects
- Less likely to create antibody reactions that diminish the drug efficacy
- Reduced pharmacy time to reconstitute drug
- More flexibility for clinicians to change drug frequency



## Example 3 treatment for rare paediatric cancer

---

The Applicant proposed a single arm pivotal study which the SAWP questioned:

Patient rep/physician confirmed that no patients would be enrol in a placebo comparative study. Since there are several competing studies the parent would bring their child to another investigator/study.

The SAWP agreed to the single arm study.



# Further information

---

Home EMA > Regulatory > Human medicines > Scientific advice and protocol assistance

**We very much welcome patients additional involvement and look forward to seeing more patient representatives in scientific advice.**

**Questions?**

[Kristina.larsson@ema.europa.eu](mailto:Kristina.larsson@ema.europa.eu)