ANNEX I

SUMMARY OF PRODUCT CHARACTERISTICS

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml, solution for injection in vial Liprolog 100 units/ml, solution for injection in cartridge Liprolog 100 units/ml KwikPen, solution for injection in a pre-filled pen Liprolog 100 units/ml Junior KwikPen, solution for injection in a pre-filled pen

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each ml contains 100 units insulin lispro* (equivalent to 3.5mg).

Vial

Each vial contains 1000 units of insulin lispro in 10 ml solution.

<u>Cartridge</u> Each cartridge contains 300 units of insulin lispro in 3 ml solution.

<u>KwikPen</u> Each pre-filled pen contains 300 units of insulin lispro in 3 ml solution. Each KwikPen delivers 1-60 units in steps of 1 unit.

<u>Junior KwikPen</u> Each pre-filled pen contains 300 units of insulin lispro in 3 ml solution. Each Junior KwikPen delivers 0.5 – 30 units in steps of 0.5 units.

*produced in *E.coli* by recombinant DNA technology.

For a full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Solution for injection.

Clear, colourless, aqueous solution.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

For the treatment of adults and children with diabetes mellitus who require insulin for the maintenance of normal glucose homeostasis. Liprolog is also indicated for the initial stabilisation of diabetes mellitus.

4.2 Posology and method of administration

Posology

The dosage should be determined by the physician, according to the requirement of the patient.

Junior KwikPen

Liprolog 100 units/ml Junior KwikPen is suitable for patients who may benefit from finer insulin dose adjustments.

Liprolog may be given shortly before meals. When necessary Liprolog can be given soon after meals.

Liprolog takes effect rapidly and has a shorter duration of activity (2 to 5 hours) given subcutaneously as compared with soluble insulin. This rapid onset of activity allows a Liprolog injection (or, in the case of administration by continuous subcutaneous infusion, a Liprolog bolus) to be given very close to mealtime. The time course of action of any insulin may vary considerably in different individuals or at different times in the same individual. The faster onset of action compared to soluble human insulin is maintained regardless of injection site. As with all insulin preparations, the duration of action of Liprolog is dependent on dose, site of injection, blood supply, temperature, and physical activity.

Liprolog can be used in conjunction with a longer-acting insulin or oral sulphonylurea agents, on the advice of a physician.

Liprolog KwikPens

Liprolog KwikPen is available in two strengths. The Liprolog 100 units/ml KwikPen (and Liprolog 200 units/ml KwikPen, *see separate SmPC*) delivers 1 - 60 units in steps of 1 unit in a single injection. The Liprolog 100 units/ml Junior KwikPen delivers 0.5 - 30 units in steps of 0.5 units in a single injection. The number of insulin units is shown in the dose window of the pen regardless of strength and no dose conversion should be done when transferring a patient to a new strength or to a pen with a different dose step.

Special populations

Renal impairment

Insulin requirements may be reduced in the presence of renal impairment.

Hepatic impairment

Insulin requirements may be reduced in patients with hepatic impairment due to reduced capacity for gluconeogenesis and reduced insulin breakdown; however, in patients with chronic hepatic impairment, an increase in insulin resistance may lead to increased insulin requirements.

Paediatric population

Liprolog can be used in adolescents and children (see section 5.1).

Method of administration

Liprolog preparations should be given by subcutaneous injection.

The KwikPen and Junior KwikPen are only suitable for subcutaneous injections. Liprolog in cartridges is only suitable for subcutaneous injections from a Lilly reusable insulin pen, BerliPen[®] areo 3 or compatible pump systems for continuous subcutaneous insulin infusion (CSII).

Subcutaneous administration should be in the upper arms, thighs, buttocks, or abdomen. Use of injection sites should be rotated so that the same site is not used more than approximately once a month, in order to reduce the risk of lipodystrophy and cutaneous amyloidosis (see section 4.4 and 4.8).

When administered subcutaneously care should be taken when injecting Liprolog to ensure that a blood vessel has not been entered. After injection, the site of injection should not be massaged. Patients must be educated to use the proper injection techniques.

Use of Liprolog in an insulin infusion pump

For subcutaneous injection of Liprolog using a continuous infusion pump, you may fill the pump reservoir from a Liprolog 100 units/ml vial. Some pumps are compatible with cartridges that can be inserted intact into the pump.

Only certain CE-marked insulin infusion pumps may be used to infuse insulin lispro. Before infusing insulin lispro, the pump manufacturer's instructions should be studied to ascertain the suitability for the particular pump. Use the correct reservoir and catheter for the pump. When filling the pump reservoir avoid damaging it by using the correct needle length on the filling system. The infusion set

(tubing and cannula) should be changed in accordance with the instructions in the product information supplied with the infusion set. In the event of a hypoglycaemic episode, the infusion should be stopped until the episode is resolved. If repeated or severe low blood glucose levels occur, consider the need to reduce or stop an insulin infusion. A pump malfunction or obstruction of the infusion set can result in a rapid rise in glucose levels. If an interruption to insulin flow is suspected, follow the instructions in the pump product literature. When used with an insulin infusion pump, Liprolog should not be mixed with any other insulin.

Intravenous administration of insulin

If necessary, Liprolog may also be administered intravenously, for example: for the control of blood glucose levels during ketoacidosis, acute illnesses or during intra and post operative periods. Liprolog 100 units/ml is available in vials if administration of intravenous injection is necessary.

Intravenous injection of insulin lispro should be carried out following normal clinical practise for intravenous injections, for example by an intravenous bolus or by an infusion system. Frequent monitoring of the blood glucose levels is required.

Infusion systems at concentrations from 0.1 units/ml to 1.0 units/ml insulin lispro in 0.9% sodium chloride or 5% dextrose are stable at room temperature for 48 hours. It is recommended that the system is primed before starting the infusion to the patient.

4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

Hypoglycaemia.

4.4 Special warnings and precautions for use

Traceability

In order to improve the traceability of biological medicinal products, the name and the batch number of the administered product should be clearly recorded.

Transferring a patient to another type or brand of insulin

Transferring a patient to another type or brand of insulin should be done under strict medical supervision. Changes in strength, brand (manufacturer), type (regular/soluble, NPH/isophane, etc.), species (animal, human, human insulin analogue), and/or method of manufacture (recombinant DNA versus animal-source insulin) may result in the need for a change in dosage. For fast-acting insulins, any patient also on basal insulin must optimise dosage of both insulins to obtain glucose control across the whole day, particularly nocturnal/fasting glucose control.

Vial

The shorter-acting Liprolog should be drawn into the syringe first, to prevent contamination of the vial by the longer-acting insulin. Mixing of the insulins ahead of time or just before the injection should be on advice of the physician. However, a consistent routine must be followed.

Hypoglycaemia and hyperglycaemia

Conditions which may make the early warning symptoms of hypoglycaemia different or less pronounced include long duration of diabetes, intensified insulin therapy, diabetic nerve disease or medications such as beta-blockers.

A few patients who have experienced hypoglycaemic reactions after transfer from animal-source insulin to human insulin have reported that the early warning symptoms of hypoglycaemia were less pronounced or different from those experienced with their previous insulin. Uncorrected hypoglycaemic or hyperglycaemic reactions can cause loss of consciousness, coma, or death.

The use of dosages which are inadequate or discontinuation of treatment, especially in insulindependent diabetics, may lead to hyperglycaemia and diabetic ketoacidosis; conditions which are potentially lethal.

Injection technique

Patients must be instructed to perform continuous rotation of the injection site to reduce the risk of developing lipodystrophy and cutaneous amyloidosis. There is a potential risk of delayed insulin absorption and worsened glycaemic control following insulin injections at sites with these reactions. A sudden change in the injection site to an unaffected area has been reported to result in hypoglycaemia. Blood glucose monitoring is recommended after the change in the injection site, and dose adjustment of antidiabetic medications may be considered.

Insulin requirements and dosage adjustment

Insulin requirements may be increased during illness or emotional disturbances.

Adjustment of dosage may also be necessary if patients undertake increased physical activity or change their usual diet. Exercise taken immediately after a meal may increase the risk of hypoglycaemia. A consequence of the pharmacodynamics of rapid-acting insulin analogues is that if hypoglycaemia occurs, it may occur earlier after an injection when compared with soluble human insulin.

Combination of Liprolog with pioglitazone

Cases of cardiac failure have been reported when pioglitazone was used in combination with insulin, especially in patients with risk factors for development of cardiac heart failure. This should be kept in mind if treatment with the combination of pioglitazone and Liprolog is considered. If the combination is used, patients should be observed for signs and symptoms of heart failure, weight gain and oedema. Pioglitazone should be discontinued if any deterioration in cardiac symptoms occurs.

Avoidance of medication errors

Patients must be instructed to always check the insulin label before each injection to avoid accidental mix-ups between the two different strengths of Liprolog KwikPen as well as other insulin products. Patients must visually verify the dialled units on the dose counter of the pen. Therefore, the requirement for patients to self-inject is that they can read the dose counter on the pen. Patients who are blind or have poor vision must be instructed to always get help/assistance from another person who has good vision and is trained in using the insulin device.

Excipients

This medicinal product contains less than 1 mmol sodium (23 mg) per dose, i.e., essentially "sodium-free".

4.5 Interaction with other medicinal products and other forms of interaction

Insulin requirements may be increased by medicinal products with hyperglycaemic activity, such as oral contraceptives, corticosteroids, or thyroid replacement therapy, danazol, beta₂ stimulants (such as ritodrine, salbutamol, terbutaline).

Insulin requirements may be reduced in the presence of medicinal products with hypoglycaemic activity, such as oral hypoglycaemics, salicylates (for example, acetylsalicylic acid), sulpha antibiotics, certain antidepressants (monoamine oxidase inhibitors, selective serotonin reuptake inhibitors), certain angiotensin converting enzyme inhibitors (captopril, enalapril), angiotensin II receptor blockers, beta-blockers, octreotide or alcohol.

The physician should be consulted when using other medications in addition to Liprolog (see section 4.4).

4.6 Fertility, pregnancy and lactation

Pregnancy

Data on a large number of exposed pregnancies do not indicate any adverse effect of insulin lispro on pregnancy or on the health of the foetus/newborn.

It is essential to maintain good control of the insulin-treated (insulin-dependent or gestational diabetes) patient throughout pregnancy. Insulin requirements usually fall during the first trimester and increase during the second and third trimesters. Patients with diabetes should be advised to inform their doctor if they are pregnant or are contemplating pregnancy. Careful monitoring of glucose control, as well as general health, is essential in pregnant patients with diabetes.

Breast-feeding

Patients with diabetes who are breast-feeding may require adjustments in insulin dose, diet or both.

Fertility

Insulin lispro did not induce fertility impairment in animal studies (see section 5.3).

4.7 Effects on ability to drive and use machines

The patient's ability to concentrate and react may be impaired as a result of hypoglycaemia. This may constitute a risk in situations where these abilities are of special importance (e.g. driving a car or operating machinery).

Patients should be advised to take precautions to avoid hypoglycaemia whilst driving, this is particularly important in those who have reduced or absent awareness of the warning signs of hypoglycaemia or have frequent episodes of hypoglycaemia. The advisability of driving should be considered in these circumstances.

4.8 Undesirable effects

Summary of safety profile

Hypoglycaemia is the most frequent undesirable effect of insulin therapy that a patient with diabetes may suffer. Severe hypoglycaemia may lead to loss of consciousness, and in extreme cases, death. No specific frequency for hypoglycaemia is presented, since hypoglycaemia is a result of both the insulin dose and other factors e.g. a patient's level of diet and exercise.

Tabulated list of adverse reactions

The following related adverse reactions from clinical trials are listed below as MedDRA preferred term by system organ class and in order of decreasing incidence (very common: $\geq 1/10$; common: $\geq 1/100$ to < 1/100; uncommon: $\geq 1/1,000$ to < 1/100; rare: $\geq 1/10,000$ to < 1/1,000; very rare: < 1/10,000); not known (cannot be estimated form the available data)

Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

MedDRA system organ classes	Very common	Common	Uncommon	Rare	Very rare	Not known
Immune system disorders						
Local allergy		X				
Systemic allergy				X		
Skin and subcutaneous tissue disorders						
Lipodystrophy			Х			
Cutaneous amyloidosis						X

Description of selected adverse reactions

Local allergy

Local allergy in patients is common. Redness, swelling, and itching can occur at the site of insulin injection. This condition usually resolves in a few days to a few weeks. In some instances, this condition may be related to factors other than insulin, such as irritants in the skin cleansing agent or poor injection technique.

Systemic allergy

Systemic allergy, which is rare but potentially more serious, is a generalised allergy to insulin. It may cause a rash over the whole body, shortness of breath, wheezing, reduction in blood pressure, fast pulse, or sweating. Severe cases of generalised allergy may be life-threatening.

Skin and subcutaneous tissue disorders

Lipodystrophy and cutaneous amyloidosis may occur at the injection site and delay local insulin absorption. Continuous rotation of the injection site within the given injection area may help to reduce or prevent these reactions (see section 4.4).

Oedema

Cases of oedema have been reported with insulin therapy, particularly if previous poor metabolic control is improved by intensified insulin therapy.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system listed in <u>Appendix V</u>.

4.9 Overdose

Insulins have no specific overdose definitions because serum glucose concentrations are a result of complex interactions between insulin levels, glucose availability and other metabolic processes. Hypoglycaemia may occur as a result of an excess of insulin activity relative to food intake and energy expenditure.

Hypoglycaemia may be associated with listlessness, confusion, palpitations, headache, sweating and vomiting.

Mild hypoglycaemic episodes will respond to oral administration of glucose or other sugar or saccharated products.

Correction of moderately severe hypoglycaemia can be accomplished by intramuscular or subcutaneous administration of glucagon, followed by oral carbohydrate when the patient recovers sufficiently. Patients who fail to respond to glucagon must be given glucose solution intravenously.

If the patient is comatose, glucagon should be administered intramuscularly or subcutaneously. However, glucose solution must be given intravenously if glucagon is not available or if the patient fails to respond to glucagon. The patient should be given a meal as soon as consciousness is recovered.

Sustained carbohydrate intake and observation may be necessary because hypoglycaemia may recur after apparent clinical recovery.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Drugs used in diabetes, insulins and analogues for injection, fast-acting. ATC code: A10AB04

The primary activity of insulin lispro is the regulation of glucose metabolism.

In addition, insulins have several anabolic and anti-catabolic actions on a variety of different tissues. Within muscle tissue this includes increasing glycogen, fatty acid, glycerol and protein synthesis and amino acid uptake, while decreasing glycogenolysis, gluconeogenesis, ketogenesis, lipolysis, protein catabolism and amino acid output.

Insulin lispro has a rapid onset of action (approximately 15 minutes), thus allowing it to be given closer to a meal (within zero to 15 minutes of the meal) when compared to soluble insulin (30 to 45 minutes before). Insulin lispro takes effect rapidly and has a shorter duration of activity (2 to 5 hours) when compared to soluble insulin.

Clinical trials in patients with type 1 and type 2 diabetes have demonstrated reduced postprandial hyperglycaemia with insulin lispro compared to soluble human insulin.

As with all insulin preparations, the time course of insulin lispro action may vary in different individuals or at different times in the same individual and is dependent on dose, site of injection, blood supply, temperature and physical activity. The typical activity profile following subcutaneous injection is illustrated below.



The above representation reflects the relative amount of glucose over time required to maintain the subject's whole blood glucose concentrations near fasting levels and is an indicator of the effect of these insulins on glucose metabolism over time.

Clinical trials have been performed in children (61 patients aged 2 to 11) and children and adolescents (481 patients aged 9 to 19 years), comparing insulin lispro to human soluble insulin. The pharmacodynamic profile of insulin lispro in children is similar to that seen in adults.

When used in subcutaneous infusion pumps, treatment with insulin lispro has been shown to result in lower glycosylated haemoglobin levels compared to soluble insulin. In a double-blind, crossover study, the reduction in glycosylated haemoglobin levels after 12 weeks dosing was 0.37 percentage points with insulin lispro, compared to 0.03 percentage points for soluble insulin (p = 0.004).

In patients with type 2 diabetes on maximum doses of sulphonyl urea agents, studies have shown that the addition of insulin lispro significantly reduces HbA_{1c} compared to sulphonyl urea alone. The reduction of HbA_{1c} would also be expected with other insulin products e.g. soluble or isophane insulins.

Clinical trials in patients with type 1 and type 2 diabetes have demonstrated a reduced number of episodes of nocturnal hypoglycaemia with insulin lispro compared to soluble human insulin. In some studies, reduction of nocturnal hypoglycaemia was associated with increased episodes of daytime hypoglycaemia.

The glucodynamic response to insulin lispro is not affected by renal or hepatic function impairment. Glucodynamic differences between insulin lispro and soluble human insulin, as measured during a glucose clamp procedure, were maintained over a wide range of renal function.

Insulin lispro has been shown to be equipotent to human insulin on a molar basis but its effect is more rapid and of a shorter duration.

5.2 Pharmacokinetic properties

The pharmacokinetics of insulin lispro reflect a compound that is rapidly absorbed, and achieves peak blood levels 30 to 70 minutes following subcutaneous injection. When considering the clinical relevance of these kinetics, it is more appropriate to examine the glucose utilisation curves (as discussed in 5.1).

Insulin lispro maintains more rapid absorption when compared to soluble human insulin in patients with renal impairment. In patients with type 2 diabetes over a wide range of renal function the

pharmacokinetic differences between insulin lispro and soluble human insulin were generally maintained and shown to be independent of renal function. Insulin lispro maintains more rapid absorption and elimination when compared to soluble human insulin in patients with hepatic impairment.

5.3 Preclinical safety data

In *in vitro* tests, including binding to insulin receptor sites and effects on growing cells, insulin lispro behaved in a manner that closely resembled human insulin. Studies also demonstrate that the dissociation of binding to the insulin receptor of insulin lispro is equivalent to human insulin. Acute, one month and twelve month toxicology studies produced no significant toxicity findings.

Insulin lispro did not induce fertility impairment, embryotoxicity or teratogenicity in animal studies.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

m-Cresol Glycerol Dibasic sodium phosphate. 7H₂O Zinc oxide Water for injections Hydrochloric acid and sodium hydroxide maybe used to adjust pH.

6.2 Incompatibilities

<u>Cartridge, KwikPen and Junior KwikPen</u> These medicinal products should not be mixed with any other insulin or any other medicinal product.

Vial

This medicinal product must not be mixed with other medicinal products except those mentioned in section 6.6.

6.3 Shelf life

Before use 3 years.

After first use /after cartridge insertion 28 days.

6.4 Special precautions for storage

Do not freeze. Do not expose to excessive heat or direct sunlight.

<u>Before use</u> Store in a refrigerator (2°C - 8°C).

After first use /after cartridge insertion

Vial

Store in a refrigerator $(2^{\circ}C - 8^{\circ}C)$ or below $30^{\circ}C$.

Cartridge

Store below 30°C. Do not refrigerate. The pen with the inserted cartridge should not be stored with the needle attached.

KwikPen and Junior KwikPen

Store below 30°C. Do not refrigerate. The pre-filled pen should not be stored with the needle attached.

6.5 Nature and contents of container

Vial

The solution is contained in type I flint glass vials, sealed with butyl or halobutyl stoppers and secured with aluminium seals. Dimeticone or silicone emulsion may be used to treat the vial stoppers.

10 ml Vial: Packs of 1 or 2 or a multipack of 5 (5 packs of 1). Not all packs may be marketed

Cartridge

The solution is contained in type I flint glass cartridges, sealed with butyl or halobutyl disc seals and plunger heads, and are secured with aluminium seals. Dimeticone or silicone emulsion may be used to treat the cartridge plungers, and/or the glass cartridges.

3 ml Cartridge: Packs of 5 or 10. Not all packs may be marketed

<u>KwikPen</u>

The solution is contained in type I flint glass cartridges, sealed with butyl or halobutyl disc seals and plunger heads and are secured with aluminium seals. Dimeticone or silicone emulsion may be used to treat the cartridge plunger, and/or the glass cartridge. The 3 ml cartridges are sealed in a disposable pen injector. Needles are not included.

3 ml KwikPen: Packs of 5 or a multipack of 10 (2 packs of 5). Not all packs may be marketed

Junior KwikPen

Type I glass cartridges, sealed with halobutyl disc seals secured with aluminium seals and bromobutyl plunger heads. Dimeticone or silicone emulsion may be used to treat the cartridge plunger. The 3 ml cartridges are sealed in a disposable pen injector, called the "Junior KwikPen". Needles are not included.

3 ml Junior KwikPen: Packs of 5 or a multipack of 10 (2 packs of 5). Not all packs may be marketed

6.6 Special precautions for disposal and other handling

Instructions for use and handling

To prevent the possible transmission of disease, each cartridge or pen must be used by one patient only, even if the needle on the delivery device is changed. Patients using vials must never share needles or syringes. The patient should discard the needle after every injection.

The Liprolog solution should be clear and colourless. Liprolog should not be used if it appears cloudy, thickened, or slightly coloured or if solid particles are visible.

Do not mix insulin in vials with insulin in cartridges. See section 6.2.

Preparing a dose

Vial

The vial is to be used in conjunction with an appropriate syringe (100 unit markings).

i) <u>Liprolog</u>

- 1. Wash your hands.
- 2. If using a new vial, flip off the plastic protective cap, but **do not** remove the stopper.
- 3. If the therapeutic regimen requires the injection of basal insulin and Liprolog at the same time, the two can be mixed in the syringe. If mixing insulins, refer to the instructions for mixing that follow in Section (ii) and 6.2.
- 4. Draw air into the syringe equal to the prescribed Liprolog dose. Wipe the top of the vial with a swab. Put the needle through the rubber top of the Liprolog vial and inject the air into the vial.
- 5. Turn the vial and syringe upside down. Hold the vial and syringe firmly in one hand.
- 6. Making sure the tip of the needle is in the Liprolog, withdraw the correct dose into the syringe.
- 7. Before removing the needle from the vial, check the syringe for air bubbles that reduce the amount of Liprolog in it. If bubbles are present, hold the syringe straight up and tap its side until the bubbles float to the top. Push them out with the plunger and withdraw the correct dose.
- 8. Remove the needle from the vial and lay the syringe down so that the needle does not touch anything.
- ii) Mixing Liprolog with longer-acting Human Insulins (see section 6.2)
- 1. Liprolog should be mixed with longer-acting human insulins only on the advice of a doctor.
- 2. Draw air into the syringe equal to the amount of longer-acting insulin being taken. Insert the needle into the longer-acting insulin vial and inject the air. Withdraw the needle.
- 3. Now inject air into the Liprolog vial in the same manner, but **do not** withdraw the needle.
- 4. Turn the vial and syringe upside down.
- 5. Making sure the tip of the needle is in the Liprolog, withdraw the correct dose of Liprolog into the syringe.
- 6. Before removing the needle from the vial, check the syringe for air bubbles that reduce the amount of Liprolog in it. If bubbles are present, hold the syringe straight up and tap its side until the bubbles float to the top. Push them out with the plunger and withdraw the correct dose.
- 7. Remove the needle from the vial of Liprolog and insert it into the vial of the longer-acting insulin. Turn the vial and syringe upside down. Hold the vial and syringe firmly in one hand and shake gently. Making sure the tip of the needle is in the insulin, withdraw the dose of longer-acting insulin.
- 8. Withdraw the needle and lay the syringe down so that the needle does not touch anything.

Cartridge

Liprolog cartridges are to be used with a Lilly reusable insulin pen or a <u>BerliPen[®] areo 3</u> and should not be used with any other reusable pen, as the dose accuracy has not been established with other pens.

The instructions with each individual pen must be followed for loading the cartridge, attaching the needle and administering the insulin injection.

KwikPen and Junior KwikPen

Before using the pre-filled pen the user manual included in the package leaflet must be read carefully. The pre-filled pen has to be used as recommended in the user manual.

Pens should not be used if any part looks broken or damaged.

Injecting a dose

If using a pre-filled or reusable pen refer to the detailed instructions for preparing the pen and injecting the dose, the following is a general description.

- 1. Wash your hands
- 2. Choose a site for injection.
- 3. Clean the skin as instructed.
- 4. Stabilise the skin by spreading it or pinching up a large area. Insert the needle and inject as instructed.
- 5. Pull the needle out and apply gentle pressure over the injection site for several seconds. Do not rub the area.
- 6. Dispose of the syringe and needle safely. For an injection device use the outer needle cap, unscrew the needle and dispose of it safely.
- 7. Use of the injection sites should be rotated so that the same is not used more than approximately once a month.

Any unused product or waste material should be disposed of in accordance with local requirements.

7. MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

8. MARKETING AUTHORISATION NUMBERS

EU/1/01/195/001 EU/1/01/195/002 EU/1/01/195/008 EU/1/01/195/009 EU/1/01/195/010 EU/1/01/195/016 EU/1/01/195/017 EU/1/01/195/030 EU/1/01/195/031

9. DATE OF FIRST AUTHORISATION/RENEWAL OF AUTHORISATION

Date of first authorisation: 1st August 2001 Date of last renewal: 1st August 2006

10. DATE OF REVISION OF THE TEXT

Detailed information on this medicinal product is available on the website of the European Medicines Agency http://www.ema.europa.eu

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix25 100 units/ml, suspension for injection in cartridge Liprolog Mix25 100 units/ml KwikPen, suspension for injection in a pre-filled pen

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each ml contains 100 units insulin lispro* (equivalent to 3.5mg).

Liprolog Mix25 consists of 25% insulin lispro solution and 75% insulin lispro protamine suspension.

Cartridge

Each cartridge contains 300 units of insulin lispro in 3 ml suspension.

<u>KwikPen</u>

Each pre-filled pen contains 300 units of insulin lispro in 3 ml suspension. Each KwikPen delivers 1-60 units in steps of 1 unit.

*produced in *E.coli* by recombinant DNA technology.

For a full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Suspension for injection.

White suspension.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Liprolog Mix25 is indicated for the treatment of patients with diabetes mellitus who require insulin for the maintenance of normal glucose homeostasis.

4.2 Posology and method of administration

Posology

The dosage should be determined by the physician, according to the requirement of the patient.

Liprolog Mix25 may be given shortly before meals. When necessary, Liprolog Mix25 can be given soon after meals. Liprolog Mix25 should only be given by subcutaneous injection. Under no circumstances should Liprolog Mix25 be given intravenously.

The rapid onset and early peak of activity of Liprolog itself is observed following the subcutaneous administration of Liprolog Mix25. This allows Liprolog Mix25 to be given very close to mealtime. The duration of action of the insulin lispro protamine suspension component of Liprolog Mix25 is similar to that of a basal insulin NPH.

The time course of action of any insulin may vary considerably in different individuals or at different times in the same individual. As with all insulin preparations, the duration of action of Liprolog Mix25 is dependent on dose, site of injection, blood supply, temperature, and physical activity.

Special populations

Renal impairment

Insulin requirements may be reduced in the presence of renal impairment.

Hepatic impairment

Insulin requirements may be reduced in patients with hepatic impairment due to reduced capacity for gluconeogenesis and reduced insulin breakdown; however, in patients with chronic hepatic impairment, an increase in insulin resistance may lead to increased insulin requirements.

Paediatric population

Administration of Liprolog Mix25 to children below 12 years of age should be considered only in case of an expected benefit when compared to soluble insulin.

Method of Administration

Subcutaneous administration should be in the upper arms, thighs, buttocks, or abdomen. Use of injection sites should be rotated so that the same site is not used more than approximately once a month, in order to reduce the risk of lipodystrophy and cutaneous amyloidosis (see section 4.4 and 4.8).

When administered subcutaneously care should be taken when injecting Liprolog Mix25 to ensure that a blood vessel has not been entered. After injection, the site of injection should not be massaged. Patients must be educated to use the proper injection techniques.

KwikPen

The KwikPen delivers 1 - 60 units in steps of 1 unit in a single injection. The needed dose is dialled in units. The number of units is shown in the dose window of the pen.

4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

Hypoglycaemia.

4.4 Special warnings and precautions for use

Traceability

In order to improve the traceability of biological medicinal products, the name and the batch number of the administered product should be clearly recorded.

Under no circumstances should Liprolog Mix25 be given intravenously.

Transferring a patient to another type or brand of insulin

Transferring a patient to another type or brand of insulin should be done under strict medical supervision. Changes in strength, brand (manufacturer), type (regular/soluble, NPH/isophane, etc.), species (animal, human, human insulin analogue), and/or method of manufacture (recombinant DNA versus animal-source insulin) may result in the need for a change in dosage.

Hypoglycaemia and hyperglycaemia

Conditions which may make the early warning symptoms of hypoglycaemia different or less pronounced include long duration of diabetes, intensified insulin therapy, diabetic nerve disease or medications such as beta-blockers.

A few patients who have experienced hypoglycaemic reactions after transfer from animal-source insulin to human insulin have reported that the early warning symptoms of hypoglycaemia were less

pronounced or different from those experienced with their previous insulin. Uncorrected hypoglycaemic or hyperglycaemic reactions can cause loss of consciousness, coma, or death.

Injection technique

Patients must be instructed to perform continuous rotation of the injection site to reduce the risk of developing lipodystrophy and cutaneous amyloidosis. There is a potential risk of delayed insulin absorption and worsened glycaemic control following insulin injections at sites with these reactions. A sudden change in the injection site to an unaffected area has been reported to result in hypoglycaemia. Blood glucose monitoring is recommended after the change in the injection site, and dose adjustment of antidiabetic medications may be considered.

The use of dosages which are inadequate or discontinuation of treatment, especially in insulindependent diabetics, may lead to hyperglycaemia and diabetic ketoacidosis; conditions which are potentially lethal.

Insulin requirements and dose adjustments

Insulin requirements may be increased during illness or emotional disturbances.

Adjustment of dosage may also be necessary if patients undertake increased physical activity or change their usual diet. Exercise taken immediately after a meal may increase the risk of hypoglycaemia.

Combination of Liprolog Mix25 with pioglitazone:

Cases of cardiac failure have been reported when pioglitazone was used in combination with insulin, especially in patients with risk factors for development of cardiac heart failure. This should be kept in mind if treatment with the combination of pioglitazone and Liprolog Mix25 is considered. If the combination is used, patients should be observed for signs and symptoms of heart failure, weight gain and oedema. Pioglitazone should be discontinued if any deterioration in cardiac symptoms occurs.

Avoidance of medication errors

Patients must be instructed to always check the insulin label before each injection to avoid accidental mix-ups between the two different strengths of Liprolog KwikPen as well as other insulin products. Patients must visually verify the dialled units on the dose counter of the pen. Therefore, the requirement for patients to self-inject is that they can read the dose counter on the pen. Patients who are blind or have poor vision must be instructed to always get help/assistance from another person who has good vision and is trained in using the insulin device.

Excipients

This medicinal product contains less than 1 mmol sodium (23 mg) per dose, i.e., essentially "sodium-free".

4.5 Interaction with other medicinal products and other forms of interaction

Insulin requirements may be increased by substances with hyperglycaemic activity, such as oral contraceptives, corticosteroids, or thyroid replacement therapy, danazol, beta₂ stimulants (such as ritodrine, salbutamol, terbutaline).

Insulin requirements may be reduced in the presence of substances with hypoglycaemic activity, such as oral hypoglycaemics, salicylates (for example, acetylsalicylic acid), sulpha antibiotics, certain antidepressants (monoamine oxidase inhibitors, selective serotonin reuptake inhibitors), certain angiotensin converting enzyme inhibitors (captopril, enalapril), angiotensin II receptor blockers, betablockers, octreotide or alcohol.

Mixing Liprolog Mix25 with other insulins has not been studied.

The physician should be consulted when using other medications in addition to Liprolog Mix25 (see section 4.4).

4.6 Fertility, pregnancy and lactation

Pregnancy

Data on a large number of exposed pregnancies do not indicate any adverse effect of insulin lispro on pregnancy or on the health of the foetus/newborn.

It is essential to maintain good control of the insulin-treated (insulin-dependent or gestational diabetes) patient throughout pregnancy. Insulin requirements usually fall during the first trimester and increase during the second and third trimesters. Patients with diabetes should be advised to inform their doctor if they are pregnant or are contemplating pregnancy. Careful monitoring of glucose control, as well as general health, is essential in pregnant patients with diabetes.

Breast-feeding

Patients with diabetes who are breast-feeding may require adjustments in insulin dose, diet or both.

Fertility

Insulin lispro did not induce fertility impairment in animal studies (see section 5.3).

4.7 Effects on ability to drive and use machines

The patient's ability to concentrate and react may be impaired as a result of hypoglycaemia. This may constitute a risk in situations where these abilities are of special importance (e.g. driving a car or operating machinery).

Patients should be advised to take precautions to avoid hypoglycaemia whilst driving, this is particularly important in those who have reduced or absent awareness of the warning signs of hypoglycaemia or have frequent episodes of hypoglycaemia. The advisability of driving should be considered in these circumstances.

4.8 Undesirable effects

Summary of safety profile

Hypoglycaemia is the most frequent undesirable effect of insulin therapy that a patient with diabetes may suffer. Severe hypoglycaemia may lead to loss of consciousness, and in extreme cases, death. No specific frequency for hypoglycaemia is presented, since hypoglycaemia is a result of both the insulin dose and other factors e.g. a patient's level of diet and exercise.

Tabulated list of adverse reactions

The following related adverse reactions from clinical trials are listed below as MedDRA preferred term by system organ class and in order of decreasing incidence (very common: $\geq 1/10$; common: $\geq 1/100$ to < 1/100; uncommon: $\geq 1/1,000$ to < 1/100; rare: $\geq 1/10,000$ to < 1/1,000; very rare: < 1/10,000); not known (cannot be estimated form the available data).

Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

MedDRA system organ classes	Very common	Common	Uncommon	Rare	Very rare	Not known
Immune system disorders						
Local allergy		X				
Systemic allergy				X		
Skin and subcutaneous tissue disorders						
Lipodystrophy			Х			
Cutaneous amyloidosis						X

Description of selected adverse reactions

Local allergy

Local allergy in patients is common . Redness, swelling, and itching can occur at the site of insulin injection. This condition usually resolves in a few days to a few weeks. In some instances, this condition may be related to factors other than insulin, such as irritants in the skin cleansing agent or poor injection technique.

Systemic allergy

Systemic allergy, which is rare but potentially more serious, is a generalised allergy to insulin. It may cause a rash over the whole body, shortness of breath, wheezing, reduction in blood pressure, fast pulse, or sweating. Severe cases of generalised allergy may be life-threatening.

Skin and subcutaneous tissue disorders

Lipodystrophy and cutaneous amyloidosis may occur at the injection site and delay local insulin absorption. Continuous rotation of the injection site within the given injection area may help to reduce or prevent these reactions (see section 4.4).

Oedema

Cases of oedema have been reported with insulin therapy, particularly if previous poor metabolic control is improved by intensified insulin therapy.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system listed in <u>Appendix V</u>.

4.9 Overdose

Insulins have no specific overdose definitions because serum glucose concentrations are a result of complex interactions between insulin levels, glucose availability and other metabolic processes. Hypoglycaemia may occur as a result of an excess of insulin activity relative to food intake and energy expenditure.

Hypoglycaemia may be associated with listlessness, confusion, palpitations, headache, sweating and vomiting.

Mild hypoglycaemic episodes will respond to oral administration of glucose or other sugar or saccharated products.

Correction of moderately severe hypoglycaemia can be accomplished by intramuscular or subcutaneous administration of glucagon, followed by oral carbohydrate when the patient recovers sufficiently. Patients who fail to respond to glucagon must be given glucose solution intravenously.

If the patient is comatose, glucagon should be administered intramuscularly or subcutaneously. However, glucose solution must be given intravenously if glucagon is not available or if the patient fails to respond to glucagon. The patient should be given a meal as soon as consciousness is recovered.

Sustained carbohydrate intake and observation may be necessary because hypoglycaemia may recur after apparent clinical recovery.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Drugs used in diabetes, insulins and analogues for injection, intermediate or long acting combined with fast acting. ATC Code: A10A D04.

The primary activity of insulin lispro is the regulation of glucose metabolism.

In addition, insulins have several anabolic and anti-catabolic actions on a variety of different tissues. Within muscle tissue this includes increasing glycogen, fatty acid, glycerol and protein synthesis and amino acid uptake, while decreasing glycogenolysis, gluconeogenesis, ketogenesis, lipolysis, protein catabolism and amino acid output.

Insulin lispro has a rapid onset of action (approximately 15 minutes), thus allowing it to be given closer to a meal (within zero to 15 minutes of the meal) when compared to soluble insulin (30 to 45 minutes before). The rapid onset and early peak of activity of insulin lispro is observed following the subcutaneous administration of Liprolog Mix25. Liprolog Basal has an activity profile that is very similar to that of a basal insulin (NPH) over a period of approximately 15 hours.

Clinical trials in patients with type 1 and type 2 diabetes have demonstrated reduced postprandial hyperglycaemia with Liprolog Mix25 compared to human insulin mixture 30/70. In one clinical study there was a small (0.38 mmol/l) increase in blood glucose levels at night (3a.m.).

In the figure below the pharmacodynamics of Liprolog Mix25 and Liprolog Basal are illustrated.



The above representation reflects the relative amount of glucose over time required to maintain the subject's whole blood glucose concentrations near fasting levels and is an indicator of the effect of these insulins on glucose metabolism over time.

The glucodynamic response to insulin lispro is not affected by renal or hepatic function impairment. Glucodynamic differences between insulin lispro and soluble human insulin, as measured during a glucose clamp procedure, were maintained over a wide range of renal function.

Insulin lispro has been shown to be equipotent to human insulin on a molar basis but its effect is more rapid and of a shorter duration.

In two 8-month open label crossover studies, type 2 diabetes patients who were either new to insulin therapy or already using one or two injections of insulin, received 4 months of treatment with Liprolog Mix25 (used twice daily with metformin) and insulin glargine (used once daily with metformin) in a randomised sequence. Detailed information can be found in the following table.

	Insulin-Naive Patients	Not Insulin-Naive Patients		
	n = 78	n = 97		
Mean total daily insulin dose at endpoint	0.63 units/kg	0.42 units/kg		
Haemoglobin A1c – Reduction ¹	1.30%	1.00 %		
	(mean at baseline $= 8.7\%$)	(mean at baseline $= 8.5\%$)		
Reduction of the mean of combined	3.46 mM	2.48 mM		
morning / evening two-hour postprandial				
blood glucose ¹				
Reduction of the mean fasting blood	0.55 mM	0.65 mM		
glucose ¹				
Incidence of hypoglycaemia at endpoint	25%	25%		
Bodyweight gain ²	2.33 kg	0.96 kg		

¹ from baseline to end of Liprolog Mix25 treatment

² in patients randomised to Liprolog Mix25 during the first crossover period

5.2 Pharmacokinetic properties

The pharmacokinetics of insulin lispro reflect a compound that is rapidly absorbed, and achieves peak blood levels 30 to 70 minutes following subcutaneous injection. The pharmacokinetics of insulin lispro protamine suspension are consistent with those of an intermediate acting insulin such as NPH. The pharmacokinetics of Liprolog Mix25 are representative of the individual pharmacokinetic properties of the two components. When considering the clinical relevance of these kinetics, it is more appropriate to examine the glucose utilisation curves (as discussed in 5.1).

Insulin lispro maintains more rapid absorption when compared to soluble human insulin in patients with renal impairment. In patients with type 2 diabetes over a wide range of renal function the pharmacokinetic differences between insulin lispro and soluble human insulin were generally maintained and shown to be independent of renal function. Insulin lispro maintains more rapid absorption and elimination when compared to soluble human insulin in patients with hepatic impairment.

5.3 Preclinical safety data

In *in vitro* tests, including binding to insulin receptor sites and effects on growing cells, insulin lispro behaved in a manner that closely resembled human insulin. Studies also demonstrate that the dissociation of binding to the insulin receptor of insulin lispro is equivalent to human insulin. Acute, one month and twelve month toxicology studies produced no significant toxicity findings.

Insulin lispro did not induce fertility impairment, embryotoxicity or teratogenicity in animal studies.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Protamine sulphate *m*-Cresol Phenol Glycerol Dibasic sodium phosphate.7H₂O Zinc oxide Water for injections Hydrochloric acid and sodium hydroxide may be used to adjust pH.

6.2 Incompatibilities

Mixing Liprolog Mix25 with other insulins has not been studied. In the absence of compatibility studies, this medicinal product must not be mixed with other medicinal products.

6.3 Shelf life

Before use 3 years.

After first use / after cartridge insertion 28 days.

6.4 Special precautions for storage

Do not freeze. Do not expose to excessive heat or direct sunlight.

<u>Before use</u> Store in a refrigerator (2°C - 8°C).

After first use / after cartridge insertion

Cartridge

Store below 30°C. Do not refrigerate. The pen with the inserted cartridge should not be stored with the needle attached.

KwikPen

Store below 30°C. Do not refrigerate. The pre-filled pen should not be stored with the needle attached.

6.5 Nature and contents of container

Cartridge

The suspension is contained in type I flint glass cartridges, sealed with butyl or halobutyl disc seals and plunger heads and secured with aluminium seals. Dimeticone or silicone emulsion may have been used to treat the cartridge plunger, and/or the glass cartridge.

3 ml Cartridge: Packs of 5 or 10. Not all packs may be marketed.

<u>KwikPen</u>

The suspension is contained in type I flint glass cartridges, sealed with halobutyl disc seals and plunger heads and secured with aluminium seals. Dimeticone or silicone emulsion may have been used to treat the cartridge plunger, and/or the glass cartridge. The 3 ml cartridges are sealed in a disposable pen injector, called the "Pen". Needles are not included.

3 ml KwikPen: Packs of 5 or a multipack of 10 (2 packs of 5). Not all packs may be marketed.

6.6 Special precautions for disposal and other handling

Instructions for use and handling

To prevent the possible transmission of disease, each cartridge or pen must be used by one patient only, even if the needle on the delivery device is changed. The patient should discard the needle after every injection.

The Liprolog Mix25 should be examined frequently and should not be used if clumps of material are present or if solid white particles stick to the bottom or wall of the container, giving a frosted appearance.

Preparing a dose

Cartridges or KwikPens containing Liprolog Mix25 should be rotated in the palms of the hands ten times and inverted 180° ten times immediately before use to resuspend the insulin until it appears uniformly cloudy or milky. If not, repeat the above procedure until contents are mixed. Cartridges contain a small glass bead to assist mixing.

Do not shake vigorously as this may cause frothing which may interfere with the correct measurement of the dose.

Cartridge

Liprolog Mix25 cartridges are to be used with a Lilly reusable insulin pen or a BerliPen[®] areo 3 and should not be used with any other reusable pen, as the dose accuracy has not been established with other pens.

The instructions with each individual pen must be followed for loading the cartridge, attaching the needle and administering the insulin injection.

KwikPen

Before using the KwikPen the user manual included in the package leaflet must be read carefully. The KwikPen has to be used as recommended in the user manual.

Pens should not be used if any part looks broken or damaged.

Injecting a dose

If using a pre-filled or reusable pen refer to the detailed instructions for preparing the pen and injecting the dose, the following is a general description.

- 1. Wash your hands.
- 2. Choose a site for injection.
- 3. Clean the skin as instructed.
- 4. Stabilise the skin by spreading it or pinching up a large area. Insert the needle and inject as instructed.
- 5. Pull the needle out and apply gentle pressure over the injection site for several seconds. Do not rub the area.
- 6. Using the outer needle cap, unscrew the needle and dispose of it safely.

7. Use of injection sites should be rotated so that the same site is not used more than approximately once a month.

Any unused product or waste material should be disposed of in accordance with local requirements.

7. MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

8. MARKETING AUTHORISATION NUMBERS

EU/1/01/195/003 EU/1/01/195/011 EU/1/01/195/018 EU/1/01/195/019

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation: 1st August 2001 Date of last renewal: 1st August 2006

10. DATE OF REVISION OF THE TEXT

Detailed information on this medicinal product is available on the website of the European Medicines Agency http://www.ema.europa.eu

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix50 100 units/ml, suspension for injection in cartridge Liprolog Mix50 100 units/ml KwikPen, suspension for injection in a pre-filled pen

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each ml contains 100 units insulin lispro* (equivalent to 3.5mg).

Liprolog Mix50 consists of 50% insulin lispro solution and 50% insulin lispro protamine suspension.

Cartridge

Each cartridge contains 300 units of insulin lispro in 3 ml suspension.

<u>KwikPen</u>

Each pre-filled pen contains 300 units of insulin lispro in 3 ml suspension. Each KwikPen delivers 1-60 units in steps of 1 unit.

* produced in E.coli by recombinant DNA technology

For a full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Suspension for injection.

White suspension.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Liprolog Mix50 is indicated for the treatment of patients with diabetes mellitus who require insulin for the maintenance of normal glucose homeostasis.

4.2 Posology and method of administration

Posology

The dosage should be determined by the physician, according to the requirement of the patient.

Liprolog Mix50 may be given shortly before meals. When necessary, Liprolog Mix50 can be given soon after meals. Liprolog Mix50 should only be given by subcutaneous injection. Under no circumstances should Liprolog Mix50 be given intravenously.

The rapid onset and early peak of activity of Liprolog itself is observed following the subcutaneous administration of Liprolog Mix50. This allows Liprolog Mix50 to be given very close to mealtime. The duration of action of the insulin lispro protamine suspension component of Liprolog Mix50 is similar to that of a basal insulin (NPH).

The time course of action of any insulin may vary considerably in different individuals or at different times in the same individual. As with all insulin preparations, the duration of action of Liprolog Mix50 is dependent on dose, site of injection, blood supply, temperature, and physical activity.

Special populations

Renal impairment

Insulin requirements may be reduced in the presence of renal impairment.

Hepatic impairment

Insulin requirements may be reduced in patients with hepatic impairment due to reduced capacity for gluconeogenesis and reduced insulin breakdown; however, in patients with chronic hepatic impairment, an increase in insulin resistance may lead to increased insulin requirements.

Paediatric population

Administration of Liprolog Mix50 to children below 12 years of age should be considered only in case of an expected benefit when compared to soluble insulin.

Method of administration

Subcutaneous administration should be in the upper arms, thighs, buttocks, or abdomen. Use of injection sites should be rotated so that the same site is not used more than approximately once a month, in order to reduce the risk of lipodystrophy and cutaneous amyloidosis (see section 4.4 and 4.8).

When administered subcutaneously care should be taken when injecting Liprolog Mix50 to ensure that a blood vessel has not been entered. After injection, the site of injection should not be massaged. Patients must be educated to use the proper injection techniques.

KwikPen

The KwikPen delivers 1 - 60 units in steps of 1 unit in a single injection. The needed dose is dialled in units. The number of units is shown in the dose window of the pen.

4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

Hypoglycaemia.

4.4 Special warnings and precautions for use

Traceability

In order to improve the traceability of biological medicinal products, the name and the batch number of the administered product should be clearly recorded.

Under no circumstances should Liprolog Mix50 be given intravenously.

Transferring a patient to another type or brand of insulin

Transferring a patient to another type or brand of insulin should be done under strict medical supervision. Changes in strength, brand (manufacturer), type (regular/soluble, NPH/isophane, etc.), species (animal, human, human insulin analogue), and/or method of manufacture (recombinant DNA versus animal-source insulin) may result in the need for a change in dosage.

Hypoglycaemia and hyperglycaemia

Conditions which may make the early warning symptoms of hypoglycaemia different or less pronounced include long duration of diabetes, intensified insulin therapy, diabetic nerve disease or medications such as beta-blockers.

A few patients who have experienced hypoglycaemic reactions after transfer from animal-source insulin to human insulin have reported that the early warning symptoms of hypoglycaemia were less

pronounced or different from those experienced with their previous insulin. Uncorrected hypoglycaemic or hyperglycaemic reactions can cause loss of consciousness, coma, or death.

The use of dosages which are inadequate or discontinuation of treatment, especially in insulindependent diabetics, may lead to hyperglycaemia and diabetic ketoacidosis; conditions which are potentially lethal.

Injection technique

Patients must be instructed to perform continuous rotation of the injection site to reduce the risk of developing lipodystrophy and cutaneous amyloidosis. There is a potential risk of delayed insulin absorption and worsened glycaemic control following insulin injections at sites with these reactions. A sudden change in the injection site to an unaffected area has been reported to result in hypoglycaemia. Blood glucose monitoring is recommended after the change in the injection site, and dose adjustment of antidiabetic medications may be considered.

Insulin requirements and dosage adjustment

Insulin requirements may be increased during illness or emotional disturbances.

Adjustment of dosage may also be necessary if patients undertake increased physical activity or change their usual diet. Exercise taken immediately after a meal may increase the risk of hypoglycaemia.

Combination of Liprolog Mix50 with pioglitazone

Cases of cardiac failure have been reported when pioglitazone was used in combination with insulin, especially in patients with risk factors for development of cardiac heart failure. This should be kept in mind if treatment with the combination of pioglitazone and Liprolog Mix50 is considered. If the combination is used, patients should be observed for signs and symptoms of heart failure, weight gain and oedema. Pioglitazone should be discontinued if any deterioration in cardiac symptoms occurs.

Avoidance of medication errors

Patients must be instructed to always check the insulin label before each injection to avoid accidental mix-ups between the two different strengths of Liprolog KwikPen as well as other insulin products. Patients must visually verify the dialled units on the dose counter of the pen. Therefore, the requirement for patients to self-inject is that they can read the dose counter on the pen. Patients who are blind or have poor vision must be instructed to always get help/assistance from another person who has good vision and is trained in using the insulin device.

Excipients

This medicinal product contains less than 1 mmol sodium (23 mg) per dose, i.e., essentially "sodium-free".

4.5 Interaction with other medicinal products and other forms of interaction

Insulin requirements may be increased by substances with hyperglycaemic activity, such as oral contraceptives, corticosteroids, or thyroid replacement therapy, danazol, beta₂ stimulants (such as ritodrine, salbutamol, terbutaline).

Insulin requirements may be reduced in the presence of substances with hypoglycaemic activity, such as oral hypoglycaemics, salicylates (for example, acetylsalicylic acid), sulpha antibiotics, certain antidepressants, (monoamine oxidase inhibitors, selective serotonin reuptake inhibitors), certain angiotensin converting enzyme inhibitors (captopril, enalapril), angiotensin II receptor blockers, betablockers, octreotide or alcohol.

Mixing Liprolog Mix50 with other insulins has not been studied.

The physician should be consulted when using other medications in addition to Liprolog Mix50 (see section 4.4).

4.6 Fertility, pregnancy and lactation

Pregnancy

Data on a large number of exposed pregnancies do not indicate any adverse effect of insulin lispro on pregnancy or on the health of the foetus/newborn.

It is essential to maintain good control of the insulin-treated (insulin-dependent or gestational diabetes) patient throughout pregnancy. Insulin requirements usually fall during the first trimester and increase during the second and third trimesters. Patients with diabetes should be advised to inform their doctor if they are pregnant or are contemplating pregnancy. Careful monitoring of glucose control, as well as general health, is essential in pregnant patients with diabetes.

Breast-feeding

Patients with diabetes who are breast-feeding may require adjustments in insulin dose, diet or both.

Fertility

Insulin lispro did not induce fertility impairment in animal studies (see section 5.3).

4.7 Effects on ability to drive and use machines

The patient's ability to concentrate and react may be impaired as a result of hypoglycaemia. This may constitute a risk in situations where these abilities are of special importance (e.g. driving a car or operating machinery).

Patients should be advised to take precautions to avoid hypoglycaemia whilst driving, this is particularly important in those who have reduced or absent awareness of the warning signs of hypoglycaemia or have frequent episodes of hypoglycaemia. The advisability of driving should be considered in these circumstances.

4.8 Undesirable effects

Summary of safety profile

Hypoglycaemia is the most frequent undesirable effect of insulin therapy that a patient with diabetes may suffer. Severe hypoglycaemia may lead to loss of consciousness, and in extreme cases, death. No specific frequency for hypoglycaemia is presented, since hypoglycaemia is a result of both the insulin dose and other factors e.g. a patient's level of diet and exercise.

Tabulated list of adverse reactions

The following related adverse reactions from clinical trials are listed below as MedDRA preferred term by system organ class and in order of decreasing incidence (very common: $\geq 1/10$; common: $\geq 1/100$ to < 1/100; uncommon: $\geq 1/1,000$ to < 1/100; rare: $\geq 1/10,000$ to < 1/1,000; very rare: < 1/10,000); not known (cannot be estimated form the available data).

Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

MedDRA system organ classes	Very common	Common	Uncommon	Rare	Very rare	Not known
Immune system disorders						
Local allergy		X				
Systemic allergy				X		
Skin and subcutaneous tissue disorders						
Lipodystrophy			Х			
Cutaneous amyloidosis						X

Description of selected adverse reactions

Local allergy

Local allergy in patients is common . Redness, swelling, and itching can occur at the site of insulin injection. This condition usually resolves in a few days to a few weeks. In some instances, this condition may be related to factors other than insulin, such as irritants in the skin cleansing agent or poor injection technique.

Systemic allergy

Systemic allergy, which is rare but potentially more serious, is a generalised allergy to insulin. It may cause a rash over the whole body, shortness of breath, wheezing, reduction in blood pressure, fast pulse, or sweating. Severe cases of generalised allergy may be life-threatening.

Skin and subcutaneous tissue disorders

Lipodystrophy and cutaneous amyloidosis may occur at the injection site and delay local insulin absorption. Continuous rotation of the injection site within the given injection area may help to reduce or prevent these reactions (see section 4.4).

Oedema

Cases of oedema have been reported with insulin therapy, particularly if previous poor metabolic control is improved by intensified insulin therapy.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system listed in <u>Appendix V</u>.

4.9 Overdose

Insulins have no specific overdose definitions because serum glucose concentrations are a result of complex interactions between insulin levels, glucose availability and other metabolic processes. Hypoglycaemia may occur as a result of an excess of insulin activity relative to food intake and energy expenditure.

Hypoglycaemia may be associated with listlessness, confusion, palpitations, headache, sweating and vomiting.

Mild hypoglycaemic episodes will respond to oral administration of glucose or other sugar or saccharated products.

Correction of moderately severe hypoglycaemia can be accomplished by intramuscular or subcutaneous administration of glucagon, followed by oral carbohydrate when the patient recovers sufficiently. Patients who fail to respond to glucagon must be given glucose solution intravenously.

If the patient is comatose, glucagon should be administered intramuscularly or subcutaneously. However, glucose solution must be given intravenously if glucagon is not available or if the patient fails to respond to glucagon. The patient should be given a meal as soon as consciousness is recovered.

Sustained carbohydrate intake and observation may be necessary because hypoglycaemia may recur after apparent clinical recovery.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Drugs used in diabetes, insulins and analogues for injection, intermediate or long acting combined with fast acting. ATC Code: A10A D04.

The primary activity of insulin lispro is the regulation of glucose metabolism.

In addition, insulins have several anabolic and anti-catabolic actions on a variety of different tissues. Within muscle tissue this includes increasing glycogen, fatty acid, glycerol and protein synthesis and amino acid uptake, while decreasing glycogenolysis, gluconeogenesis, ketogenesis, lipolysis, protein catabolism and amino acid output.

Insulin lispro has a rapid onset of action (approximately 15 minutes), thus allowing it to be given closer to a meal (within zero to 15 minutes of the meal) when compared to soluble insulin (30 to 45 minutes before). The rapid onset and early peak of activity of insulin lispro is observed following the subcutaneous administration of Liprolog Mix50. Liprolog Basal has an activity profile that is very similar to that of a basal insulin (NPH) over a period of approximately 15 hours. In the figure below the pharmacodynamics of Liprolog Mix50 and Liprolog Basal are illustrated.



Time, hours

The above representation reflects the relative amount of glucose over time required to maintain the subject's whole blood glucose concentrations near fasting levels and is an indicator of the effect of these insulins on glucose metabolism over time.

The glucodynamic response to insulin lispro is not affected by renal or hepatic function impairment. Glucodynamic differences between insulin lispro and soluble human insulin, as measured during a glucose clamp procedure, were maintained over a wide range of renal function.

Insulin lispro has been shown to be equipotent to human insulin on a molar basis but its effect is more rapid and of a shorter duration.

5.2 Pharmacokinetic properties

The pharmacokinetics of insulin lispro reflect a compound that is rapidly absorbed, and achieves peak blood levels 30 to 70 minutes following subcutaneous injection. The pharmacokinetics of insulin lispro protamine suspension are consistent with those of an intermediate acting insulin such as NPH. The pharmacokinetics of Liprolog Mix50 are representative of the individual pharmacokinetic properties of the two components. When considering the clinical relevance of these kinetics, it is more appropriate to examine the glucose utilisation curves (as discussed in 5.1).

Insulin lispro maintains more rapid absorption when compared to soluble human insulin in patients with renal impairment. In patients with type 2 diabetes over a wide range of renal function the pharmacokinetic differences between insulin lispro and soluble human insulin were generally maintained and shown to be independent of renal function. Insulin lispro maintains more rapid absorption and elimination when compared to soluble human insulin in patients with hepatic impairment.

5.3 Preclinical safety data

In *in vitro* tests, including binding to insulin receptor sites and effects on growing cells, insulin lispro behaved in a manner that closely resembled human insulin. Studies also demonstrate that the dissociation of binding to the insulin receptor of insulin lispro is equivalent to human insulin. Acute, one month and twelve month toxicology studies produced no significant toxicity findings.

Insulin lispro did not induce fertility impairment, embryotoxicity or teratogenicity in animal studies.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Protamine sulphate *m*-Cresol Phenol Glycerol Dibasic sodium phosphate.7H₂O Zinc oxide Water for injections Hydrochloric acid and sodium hydroxide may be used to adjust pH.

6.2 Incompatibilities

Mixing Liprolog Mix50 with other insulins has not been studied. In the absence of compatibility studies, this medicinal product must not be mixed with other medicinal products.

6.3 Shelf life

Before use 3 years.

After first use / after cartridge insertion 28 days.

6.4 Special precautions for storage

Do not freeze. Do not expose to excessive heat or direct sunlight.

Before use Store in a refrigerator (2°C - 8°C).

After first use / after cartridge insertion

Cartridge

Store below 30°C. Do not refrigerate. The pen with the inserted cartridge should not be stored with the needle attached.

KwikPen

Store below 30°C. Do not refrigerate. The pre-filled pen should not be stored with the needle attached.

6.5 Nature and contents of container

Cartridge

The suspension is contained in type I flint glass cartridges, sealed with butyl or halobutyl disc seals and plunger heads and secured with aluminium seals. Dimeticone or silicone emulsion may have been used to treat the cartridge plunger, and/or the glass cartridge.

3 ml Cartridge: Packs of 5 or 10. Not all packs may be marketed.

<u>KwikPen</u>

The suspension is contained in type I flint glass cartridges, sealed with halobutyl disc seals and plunger heads and secured with aluminium seals. Dimeticone or silicone emulsion may have been used to treat the cartridge plunger, and/or the glass cartridge. The 3 ml cartridges are sealed in a disposable pen injector, called the "Pen". Needles are not included.

3 ml KwikPen: Packs of 5 or a multipack of 10 (2 packs of 5). Not all packs may be marketed.

6.6 Special precautions for disposal and other handling

Instructions for use and handling

To prevent the possible transmission of disease, each cartridge or pen must be used by one patient only, even if the needle on the delivery device is changed. The patient should discard the needle after every injection.

The Liprolog Mix50 should be examined frequently and should not be used if clumps of material are present or if solid white particles stick to the bottom or wall of the container, giving a frosted appearance.

Preparing a dose

Cartridges or KwikPens containing Liprolog Mix50 should be rotated in the palms of the hands ten times and inverted 180° ten times immediately before use to resuspend the insulin until it appears

uniformly cloudy or milky. If not, repeat the above procedure until contents are mixed. Cartridges contain a small glass bead to assist mixing.

Do not shake vigorously as this may cause frothing which may interfere with the correct measurement of the dose.

Cartridge

Liprolog Mix50 cartridges are to be used with a Lilly reusable insulin pen or a BerliPen[®] areo 3 and should not be used with any other reusable pen, as the dose accuracy has not been established with other pens.

The instructions with each individual pen must be followed for loading the cartridge, attaching the needle and administering the insulin injection.

KwikPen

Before using the KwikPen the user manual included in the package leaflet must be read carefully. The KwikPen has to be used as recommended in the user manual.

Pens should not be used if any part looks broken or damaged.

Injecting a dose

If using a pre-filled or reusable pen refer to the detailed instructions for preparing the pen and injecting the dose, the following is a general description.

- 1. Wash your hands.
- 2. Choose a site for injection.
- 3. Clean the skin as instructed.
- 4. Stabilise the skin by spreading it or pinching up a large area. Insert the needle and inject as instructed.
- 5. Pull the needle out and apply gentle pressure over the injection site for several seconds. Do not rub the area.
- 6. Using the outer needle cap, unscrew the needle and dispose of it safely.
- 7. Use of injection sites should be rotated so that the same site is not used more than approximately once a month.

Any unused product or waste material should be disposed of in accordance with local requirements.

7. MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

8. MARKETING AUTHORISATION NUMBERS

EU/1/01/195/004 EU/1/01/195/012 EU/1/01/195/020 EU/1/01/195/021

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation: 1st August 2001 Date of last renewal: 1st August 2006

10. DATE OF REVISION OF THE TEXT

Detailed information on this medicinal product is available on the website of the European Medicines Agency http://www.ema.europa.eu

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 200 units/ml KwikPen, solution for injection in a pre-filled pen

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each ml contains 200 units insulin lispro* (equivalent to 6.9 mg).

Each pre-filled pen contains 600 units of insulin lispro in 3 ml solution.

Each KwikPen delivers 1-60 units in steps of 1 unit.

* produced in *E.coli* by recombinant DNA technology.

For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Solution for injection.

Clear, colourless, aqueous solution.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

For the treatment of adults with diabetes mellitus who require insulin for the maintenance of normal glucose homeostasis. Liprolog 200 units/ml KwikPen is also indicated for the initial stabilisation of diabetes mellitus.

4.2 Posology and method of administration

Posology

The dosage should be determined by the physician, according to the requirement of the patient.

Liprolog may be given shortly before meals. When necessary Liprolog can be given soon after meals.

Liprolog takes effect rapidly and has a shorter duration of activity (2 to 5 hours) given subcutaneously as compared with soluble insulin. This rapid onset of activity allows a Liprolog injection to be given very close to mealtime. The time course of action of any insulin may vary considerably in different individuals or at different times in the same individual. The faster onset of action compared to soluble human insulin is maintained regardless of injection site. The duration of action of Liprolog is dependent on dose, site of injection, blood supply, temperature, and physical activity.

Liprolog can be used in conjunction with a longer-acting insulin or oral sulphonylurea medicinal products, on the advice of a physician.

Liprolog KwikPens

Liprolog KwikPen is available in two strengths. The Liprolog 200 units/ml KwikPen (and Liprolog 100 units/ml KwikPen , *see separate SmPC*) delivers 1 - 60 units in steps of 1 unit in a single injection. The number of insulin units is shown in the dose window of the pen regardless of strength and no dose conversion should be done when transferring a patient to a new strength or to a pen with a different dose step.

Liprolog 200 units/ml KwikPen should be reserved for the treatment of patients with diabetes requiring daily doses of more than 20 units of rapid-acting insulin. The insulin lispro solution containing 200 units/ml should not be withdrawn from the pre-filled pen (the KwikPen) or mixed with any other insulin (see section 4.4 and section 6.2).

Special populations

Renal impairment

Insulin requirements may be reduced in the presence of renal impairment.

Hepatic impairment

Insulin requirements may be reduced in patients with hepatic impairment due to reduced capacity for gluconeogenesis and reduced insulin breakdown; however, in patients with chronic hepatic impairment, an increase in insulin resistance may lead to increased insulin requirements.

Method of administration

Liprolog solution for injection should be given subcutaneously.

Subcutaneous administration should be in the upper arms, thighs, buttocks, or abdomen. Use of injection sites should be rotated so that the same site is not used more than approximately once a month, in order to reduce the risk of lipodystrophy and cutaneous amyloidosis (see section 4.4 and 4.8).

When administered subcutaneously care should be taken when injecting Liprolog to ensure that a blood vessel has not been entered. After injection, the site of injection should not be massaged. Patients must be educated to use the proper injection techniques.

Liprolog 200 units/ml KwikPen solution for injection should not be used in an insulin infusion pump.

Liprolog 200 units/ml KwikPen solution for injection should not be used intravenously.

4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

Hypoglycaemia.

4.4 Special warnings and precautions for use

Traceability

In order to improve the traceability of biological medicinal products, the name and the batch number of the administered product should be clearly recorded.

Transferring a patient to another type or brand of insulin

Transferring a patient to another type or brand of insulin should be done under strict medical supervision. Changes in strength, brand (manufacturer), type (regular/soluble, NPH/isophane, etc.), species (animal, human, human insulin analogue), and/or method of manufacture (recombinant DNA *versus* animal-source insulin) may result in the need for a change in dosage. For fast-acting insulins, any patient also on basal insulin must optimise dosage of both insulins to obtain glucose control across the whole day, particularly nocturnal/fasting glucose control.

Hypoglycaemia and hyperglycaemia

Conditions which may make the early warning symptoms of hypoglycaemia different or less pronounced include long duration of diabetes, intensified insulin therapy, diabetic nerve disease or medicinal products such as beta-blockers.
A few patients who have experienced hypoglycaemic reactions after transfer from animal-source insulin to human insulin have reported that the early warning symptoms of hypoglycaemia were less pronounced or different from those experienced with their previous insulin. Uncorrected hypoglycaemic or hyperglycaemic reactions can cause loss of consciousness, coma, or death.

The use of dosages which are inadequate or discontinuation of treatment, especially in insulindependent diabetics, may lead to hyperglycaemia and diabetic ketoacidosis; conditions which are potentially lethal.

Injection technique

Patients must be instructed to perform continuous rotation of the injection site to reduce the risk of developing lipodystrophy and cutaneous amyloidosis. There is a potential risk of delayed insulin absorption and worsened glycaemic control following insulin injections at sites with these reactions. A sudden change in the injection site to an unaffected area has been reported to result in hypoglycaemia. Blood glucose monitoring is recommended after the change in the injection site, and dose adjustment of antidiabetic medications may be considered.

Insulin requirements and dosage adjustment

Insulin requirements may be increased during illness or emotional disturbances. Adjustment of dosage may also be necessary if patients undertake increased physical activity or change their usual diet. Exercise taken immediately after a meal may increase the risk of hypoglycaemia. A consequence of the pharmacodynamics of rapid-acting insulin analogues is that if hypoglycaemia occurs, it may occur earlier after an injection when compared with soluble human insulin.

Combination of Liprolog with pioglitazone

Cases of cardiac failure have been reported when pioglitazone was used in combination with insulin, especially in patients with risk factors for development of cardiac heart failure. This should be kept in mind, if treatment with the combination of pioglitazone and Liprolog is considered. If the combination is used, patients should be observed for signs and symptoms of heart failure, weight gain and oedema. Pioglitazone should be discontinued, if any deterioration in cardiac symptoms occurs.

<u>Avoidance of medication errors when using insulin lispro (200 units/ml) in pre-filled pen</u> The insulin lispro solution for injection containing 200 units/ml must not be transferred from the prefilled pen, the KwikPen, to a syringe. The markings on the insulin syringe will not measure the dose correctly. Overdose can result causing severe hypoglycemia. The insulin lispro solution for injection containing 200 units/ml must not be transferred from the KwikPen to any other insulin delivery device, including insulin infusion pumps.

Patients must be instructed to always check the insulin label before each injection to avoid accidental mix-ups between the two different strengths of Liprolog as well as other insulin products.

Patients must visually verify the dialled units on the dose counter of the pen. Therefore, the requirement for patients to self-inject is that they can read the dose counter on the pen. Patients who are blind or have poor vision must be instructed to always get help/assistance from another person who has good vision and is trained in using the insulin device.

Excipients

This medicinal product contains less than 1 mmol sodium (23 mg) per dose, i.e., essentially "sodium-free".

4.5 Interaction with other medicinal products and other forms of interaction

Insulin requirements may be increased by medicinal products with hyperglycaemic activity, such as oral contraceptives, corticosteroids, or thyroid replacement therapy, danazol, beta2 stimulants (such as ritodrine, salbutamol, terbutaline).

Insulin requirements may be reduced in the presence of medicinal products with hypoglycaemic activity, such as oral hypoglycemics, salicylates (for example, acetylsalicylic acid), sulpha antibiotics, certain antidepressants (monoamine oxidase inhibitors, selective serotonin reuptake inhibitors), certain angiotensin converting enzyme inhibitors (captopril, enalapril), angiotensin II receptor blockers, betablockers, octreotide or alcohol.

The physician should be consulted when using other medicinal products in addition to Liprolog 200 units/ml KwikPen (see section 4.4).

4.6 Fertility, pregnancy and lactation

Pregnancy

Data on a large number of exposed pregnancies do not indicate any adverse effect of insulin lispro on pregnancy or on the health of the foetus/newborn.

It is essential to maintain good control of the insulin-treated (insulin-dependent or gestational diabetes) patient throughout pregnancy. Insulin requirements usually fall during the first trimester and increase during the second and third trimesters. Patients with diabetes should be advised to inform their doctor if they are pregnant or are contemplating pregnancy. Careful monitoring of glucose control, as well as general health, is essential in pregnant patients with diabetes.

Breast-feeding

Patients with diabetes who are breast-feeding may require adjustments in insulin dose, diet or both.

Fertility

Insulin lispro did not induce fertility impairment in animal studies (see section 5.3).

4.7 Effects on ability to drive and use machines

The patient's ability to concentrate and react may be impaired as a result of hypoglycaemia. This may constitute a risk in situations where these abilities are of special importance (e.g. driving a car or using machines).

Patients should be advised to take precautions to avoid hypoglycaemia whilst driving. This is particularly important in those who have reduced or absent awareness of the warning signs of hypoglycaemia or have frequent episodes of hypoglycaemia. The advisability of driving should be considered in these circumstances.

4.8 Undesirable effects

Summary of safety profile

Hypoglycaemia is the most frequent adverse reaction of insulin lispro therapy that a patient with diabetes may suffer. Severe hypoglycaemia may lead to loss of consciousness, and in extreme cases, death. No specific frequency for hypoglycaemia is presented, since hypoglycaemia is a result of both the insulin dose and other factors e.g. a patient's level of diet and exercise.

Tabulated list of adverse reactions

The following related adverse reactions from clinical trials are listed below as MedDRA preferred term by system organ class and in order of decreasing incidence (very common: $\geq 1/10$; common: $\geq 1/100$ to < 1/100; uncommon: $\geq 1/1,000$ to < 1/100; rare: $\geq 1/10,000$ to < 1/1,000; very rare: < 1/10,000); not known (cannot be estimated form the available data).

Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

MedDRA system organ classes	Very common	Common	Uncommon	Rare	Very rare	Not known
Immune system dis	orders					
Local allergy		X				
Systemic allergy				X		
Skin and subcutane	ous tissue disor	ders	·			
Lipodystrophy			X			
Cutaneous amyloidosis						X

Description of selected adverse reactions

Local allergy

Local allergy in patients is common). Redness, swelling, and itching can occur at the site of insulin injection. This condition usually resolves in a few days to a few weeks. In some instances, this condition may be related to factors other than insulin, such as irritants in the skin cleansing agent or poor injection technique.

Systemic allergy

Systemic allergy, which is rare but potentially more serious, is a generalised allergy to insulin. It may cause a rash over the whole body, shortness of breath, wheezing, reduction in blood pressure, fast pulse, or sweating. Severe cases of generalised allergy may be life-threatening.

Skin and subcutaneous tissue disorders

Lipodystrophy and cutaneous amyloidosis may occur at the injection site and delay local insulin absorption. Continuous rotation of the injection site within the given injection area may help to reduce or prevent these reactions (see section 4.4).

Oedema

Cases of oedema have been reported with insulin therapy, particularly if previous poor metabolic control is improved by intensified insulin therapy.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system listed in <u>Appendix V</u>.

4.9 Overdose

Insulins have no specific overdose definitions because serum glucose concentrations are a result of complex interactions between insulin levels, glucose availability and other metabolic processes. Hypoglycaemia may occur as a result of an excess of insulin activity relative to food intake and energy expenditure.

Hypoglycaemia may be associated with listlessness, confusion, palpitations, headache, sweating and vomiting.

Mild hypoglycaemic episodes will respond to oral administration of glucose or other sugar or saccharated products.

Correction of moderately severe hypoglycaemia can be accomplished by intramuscular or subcutaneous administration of glucagon, followed by oral carbohydrate when the patient recovers sufficiently. Patients who fail to respond to glucagon must be given glucose solution intravenously.

If the patient is comatose, glucagon should be administered intramuscularly or subcutaneously. However, glucose solution must be given intravenously if glucagon is not available or if the patient fails to respond to glucagon. The patient should be given a meal as soon as consciousness is recovered.

Sustained carbohydrate intake and observation may be necessary because hypoglycaemia may recur after apparent clinical recovery.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Drugs used in diabetes, insulins and analogues for injection, fast-acting, ATC code: A10AB04

The primary activity of insulin lispro is the regulation of glucose metabolism.

In addition, insulins have several anabolic and anti-catabolic actions on a variety of different tissues. Within muscle tissue this includes increasing glycogen, fatty acid, glycerol and protein synthesis and amino acid uptake, while decreasing glycogenolysis, gluconeogenesis, ketogenesis, lipolysis, protein catabolism and amino acid output.

Insulin lispro has a rapid onset of action (approximately 15 minutes), thus allowing it to be given closer to a meal (within zero to 15 minutes of the meal) when compared to soluble insulin (30 to 45 minutes before). Insulin lispro takes effect rapidly and has a shorter duration of activity (2 to 5 hours) when compared to soluble insulin.

Clinical trials in patients with type 1 and type 2 diabetes have demonstrated reduced postprandial hyperglycaemia with insulin lispro compared to soluble human insulin.

The time course of insulin lispro action may vary in different individuals or at different times in the same individual and is dependent on dose, site of injection, blood supply, temperature and physical activity. The typical activity profile following subcutaneous injection is illustrated below.

Figure 1:



The above representation (figure 1) reflects the relative amount of glucose over time required to maintain the subject's whole blood glucose concentrations near fasting levels and is an indicator of the effect of these insulins (100 units/ml) on glucose metabolism over time.

The pharmacodynamic responses of insulin lispro 200 units/ml solution for injection were similar to those for insulin lispro 100 units/ml solution for injection after subcutaneous administration of a single 20 unit dose in healthy subjects as shown in the graph below (figure 2).





In patients with type 2 diabetes on maximum doses of sulphonyl urea agents, studies have shown that the addition of insulin lispro significantly reduces HbA1c compared to sulphonyl urea alone. The reduction of HbA1c would also be expected with other insulin products e.g. soluble or isophane insulins.

Clinical trials in patients with type 1 and type 2 diabetes have demonstrated a reduced number of episodes of nocturnal hypoglycaemia with insulin lispro compared to soluble human insulin. In some studies, reduction of nocturnal hypoglycaemia was associated with increased episodes of daytime hypoglycaemia.

The glucodynamic response to insulin lispro is not affected by renal or hepatic function impairment. Glucodynamic differences between insulin lispro and soluble human insulin, as measured during a glucose clamp procedure, were maintained over a wide range of renal function.

Insulin lispro has been shown to be equipotent to human insulin on a molar basis but its effect is more rapid and of a shorter duration.

5.2 Pharmacokinetic properties

The pharmacokinetics of insulin lispro reflect a compound that is rapidly absorbed, and achieves peak blood levels 30 to 70 minutes following subcutaneous injection. When considering the clinical relevance of these kinetics, it is more appropriate to examine the glucose utilisation curves (as discussed in 5.1).

Insulin lispro maintains more rapid absorption when compared to soluble human insulin in patients with renal impairment. In patients with type 2 diabetes over a wide range of renal function the pharmacokinetic differences between insulin lispro and soluble human insulin were generally maintained and shown to be independent of renal function. Insulin lispro maintains more rapid absorption and elimination when compared to soluble human insulin in patients with hepatic impairment.

Insulin lispro 200 units/ml solution for injection was bioequivalent to insulin lispro 100 units/ml solution for injection after subcutaneous administration of a single 20 unit dose in healthy subjects. Time to maximum concentration was also similar between formulations.

5.3 Preclinical safety data

In *in vitro* tests, including binding to insulin receptor sites and effects on growing cells, insulin lispro behaved in a manner that closely resembled human insulin. Studies also demonstrate that the dissociation of binding to the insulin receptor of insulin lispro is equivalent to human insulin. Acute, one month and twelve month toxicology studies produced no significant toxicity findings.

Insulin lispro did not induce fertility impairment, embryotoxicity or teratogenicity in animal studies.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

m-Cresol
Glycerol
Trometamol
Zinc oxide
Water for injections
Hydrochloric acid and sodium hydroxide may be used to adjust pH.

6.2 Incompatibilities

This medicinal product should not be mixed with any other insulin or any other medicinal product. The solution for injection should not be diluted.

6.3 Shelf life

Before use 3 years.

After first use 28 days.

6.4 Special precautions for storage

Do not freeze. Do not expose to excessive heat or direct sunlight.

<u>Before use</u> Store in a refrigerator (2°C - 8°C).

After first use

Store below 30°C. Do not refrigerate. The pre-filled pen should not be stored with the needle attached.

6.5 Nature and contents of container

Type I glass cartridges, sealed with halobutyl disc seals and plunger heads and secured with aluminium seals. Dimeticone or silicone emulsion may be used to treat the cartridge plunger, and/or the glass cartridge. The 3 ml cartridges which contain 600 units insulin lispro (200 units/ml), are sealed in a disposable pen injector, called the "KwikPen". Needles are not included.

5 pre-filled pens of 3 ml Multipacks containing 10 (2 packs of 5) pre-filled pens of 3 ml

Not all packs may be marketed.

6.6 Special precautions for disposal and other handling

Instructions for use and handling

To prevent the possible transmission of disease, each pen must be used by one patient only, even if the needle is changed. The patient should discard the needle after every injection.

The Liprolog solution should be clear and colourless. Liprolog should not be used if it appears cloudy, thickened, or slightly coloured or if solid particles are visible.

Handling of the pre-filled pen

Before using the KwikPen the user manual included in the package leaflet must be read carefully. The KwikPen has to be used as recommended in the user manual.

Pens should not be used if any part looks broken or damaged.

Any unused product or waste material should be disposed of in accordance with local requirements.

7. MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

8. MARKETING AUTHORISATION NUMBERS

EU/1/01/195/028 EU/1/01/195/029

9. DATE OF FIRST AUTHORISATION / RENEWAL OF THE AUTHORISATION

Date of first authorisation: 1st August 2001 Date of last renewal: 1st August 2006

10. DATE OF REVISION OF THE TEXT

Detailed information on this medicinal product is available on the website of the European Medicines Agency http://www.ema.europa.eu

ANNEX II

- A. MANUFACTURERS OF THE BIOLOGICAL ACTIVE SUBSTANCE AND MANUFACTURERS RESPONSIBLE FOR BATCH RELEASE
- B. CONDITIONS OR RESTRICTIONS REGARDING SUPPLY AND USE
- C. OTHER CONDITIONS AND REQUIREMENTS OF THE MARKETING AUTHORISATION
- D. CONDITIONS OR RESTRICTIONS WITH REGARD TO THE SAFE AND EFFECTIVE USE OF THE MEDICINAL PRODUCT

A. MANUFACTURERS OF THE BIOLOGICAL ACTIVE SUBSTANCE AND MANUFACTURERS RESPONSIBLE FOR BATCH RELEASE

Names and addresses of the manufacturers of the biological active substance

Fermentation

Eli Lilly and Company, Lilly Technology Center Building 333 and 324, Indianapolis, Indiana, USA Lilly del Caribe, Inc., Puerto Rico Industrial Park, 12.3 KM (PR05), 65th Infantry Road, Carolina, Puerto Rico 00985

Granule Recovery

Eli Lilly and Company, Lilly Technology Center Building 130, Indianapolis, Indiana, USA Lilly del Caribe, Inc., Puerto Rico Industrial Park, 12.3 KM (PR05), 65th Infantry Road, Carolina, Puerto Rico 00985

Names and addresses of the manufacturers responsible for batch release

Vials Lilly S.A., Avda. de la Industria 30, 28108 Alcobendas, Madrid, Spain.

Cartridges Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France. Eli Lilly Italia S.p.A., Via Gramsci 731-733, 50019 Sesto Fiorentino, (FI) Italy.

Liprolog 100 units/ml KwikPen, Liprolog Mix25 100 units/ml KwikPen, Liprolog Mix50 100 units/ml KwikPen Liprolog 200 units/ml KwikPen Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France. Eli Lilly Italia S.p.A., Via Gramsci 731-733, 50019 Sesto Fiorentino, (FI) Italy.

Liprolog 100 units/ml Junior KwikPen

Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France.

The printed package leaflet of the medicinal product must state the name and address of the manufacturer responsible for the release of the concerned batch

B. CONDITIONS OR RESTRICTIONS REGARDING SUPPLY AND USE

Medicinal product subject to medical prescription

C. OTHER CONDITIONS AND REQUIREMENTS OF THE MARKETING AUTHORISATION

• Periodic Safety Update Reports (PSURs)

The requirements for submission of **PSURs** for this medicinal product are set out in the list of Union reference dates (EURD list) provided for under Article 107c(7) of Directive 2001/83/EC and any subsequent updates published on the European medicines web-portal.

D. CONDITIONS OR RESTRICTIONS WITH REGARD TO THE SAFE AND EFFECTIVE USE OF THE MEDICINAL PRODUCT

Risk Management Plan (RMP)

The marketing authorisation holder (MAH) shall perform the required pharmacovigilance activities and interventions detailed in the agreed RMP presented in Module 1.8.2 of the marketing authorisation and any agreed subsequent updates of the RMP.

An updated RMP should be submitted:

- At the request of the European Medicines Agency;
- Whenever the risk management system is modified, especially as the result of new information being received that may lead to a significant change to the benefit/risk profile or as the result of an important (pharmacovigilance or risk minimisation) milestone being reached.

ANNEX III

LABELLING AND PACKAGE LEAFLET

A. LABELLING

OUTER CARTON – Vial. Pack of 1 and 2

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml solution for injection in vial insulin lispro

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate $7H_20$ with m-cresol as a preservative in water for injection.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection

1 vial of 10 ml 2 vials of 10 ml

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous and intravenous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator (2°C - 8°C).

Do not freeze. Do not expose to excessive heat or direct sunlight. Once in use, vials may be used for up to 28 days. Vials in use should be stored below 30°C.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBERS

EU/1/01/195/001 EU/1/01/195/008

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

NN

INTERMEDIATE CARTON (without blue box) component of a multipack - Vial

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml solution for injection in vial insulin lispro

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate $7H_20$ with m-cresol as a preservative in water for injection.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection

Multipack: 5 vials of 10 ml. Component of a multipack, can't be sold separately.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous and intravenous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator $(2^{\circ}C - 8^{\circ}C)$.

Do not freeze. Do not expose to excessive heat or direct sunlight. Once in use, vials may be used for up to 28 days. Vials in use should be stored below 30°C.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/009

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

OUTER CARTON (with blue box) multipack – Vial

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml solution for injection in vial insulin lispro

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate $7H_20$ with m-cresol as a preservative in water for injection.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection.

Multipack: 5 (5 packs of 1) vials of 10 ml.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use Subcutaneous and intravenous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight. Once in use, vials may be used for up to 28 days. Vials in use should be stored below 30°C.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/009

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN NN

MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS

LABEL TEXT

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE OF ADMINISTRATION

Liprolog 100 units/ml solution for injection in vial insulin lispro Subcutaneous and intravenous use

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. **BATCH NUMBER**

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

10 ml (3.5 mg/ml)

6. OTHER

OUTER CARTON - Cartridges. Pack of 5 and 10

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml solution for injection in cartridge insulin lispro

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate $7H_20$ with m-cresol as a preservative in water for injection.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection

5 cartridges of 3 ml 10 cartridges of 3 ml

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNINGS, IF NECESSARY

These cartridges are for use with a Lilly 3 ml pen or a BerliPen[®] areo 3 only.

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator (2°C - 8°C).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use cartridges may be used for up to 28 days. Following insertion in a pen, the cartridge and pen should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBERS

EU/1/01/195/002 EU/1/01/195/010

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

(To open, lift here and pull) CARTON HAS BEEN OPENED

16. INFORMATION IN BRAILLE

Liprolog

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN NN

MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS

LABEL TEXT

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE OF ADMINISTRATION

Liprolog 100 units/ml solution for injection in cartridge insulin lispro Subcutaneous use

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. BATCH NUMBER

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

3 ml (3.5 mg/ml)

6. OTHER

OUTER CARTON – Cartridges. Pack of 5 and 10

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix25 100 units/ml suspension for injection in cartridge 25% insulin lispro and 75% insulin lispro protamine suspension

2. STATEMENT OF ACTIVE SUBSTANCE

One ml suspension contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains protamine sulphate, glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol and phenol as preservatives in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Suspension for injection 5 cartridges of 3 ml 10 cartridges of 3 ml

5. METHOD AND ROUTE OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Resuspend carefully. See enclosed package leaflet. These cartridges are for use with a Lilly 3 ml pen or a BerliPen[®] areo 3 only.

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator (2°C - 8°C).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use cartridges may be used for up to 28 days. Following insertion in a pen, the cartridge and pen should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBERS

EU/1/01/195/003 EU/1/01/195/011

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

(To open, lift here and pull) CARTON HAS BEEN OPENED

16. INFORMATION IN BRAILLE

Liprolog Mix25

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS

LABEL TEXT

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE OF ADMINISTRATION

Liprolog Mix25 100 units/ml suspension for injection in cartridge 25% insulin lispro and 75% insulin lispro protamine suspension Subcutaneous use

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. **BATCH NUMBER**

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

3 ml (3.5 mg/ml)

6. OTHER

OUTER CARTON – Cartridges. Pack of 5 and 10

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix50 100 units/ml suspension for injection in cartridge 50% insulin lispro and 50% insulin lispro protamine suspension

2. STATEMENT OF ACTIVE SUBSTANCE

One ml suspension contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains protamine sulphate, glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol and phenol as preservatives in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Suspension for injection 5 cartridges of 3 ml 10 cartridges of 3 ml

5. METHOD AND ROUTE OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Resuspend carefully. See enclosed package leaflet. These cartridges are for use with a Lilly 3 ml pen or a BerliPen[®] areo 3 only.

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator (2°C - 8°C).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use cartridges may be used for up to 28 days. Following insertion in a pen, the cartridge and pen should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBERS

EU/1/01/195/004 EU/1/01/195/012

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

(To open, lift here and pull) CARTON HAS BEEN OPENED

16. INFORMATION IN BRAILLE

Liprolog Mix50

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS

LABEL TEXT

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE OF ADMINISTRATION

Liprolog Mix50 100 units/ml suspension for injection in cartridge 50% insulin lispro and 50% insulin lispro protamine suspension Subcutaneous use

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. **BATCH NUMBER**

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

3 ml (3.5 mg/ml)

6. OTHER

OUTER CARTON – KwikPen. Pack of 5

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml KwikPen solution for injection in a pre-filled pen **insulin lispro**

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol as a preservative in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection..

5 pens of 3 ml

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/016

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

If seal is broken before first use, contact pharmacist.

16. INFORMATION IN BRAILLE

Liprolog KwikPen

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

NN

INTERMEDIATE CARTON (without blue box) component of a multipack - KwikPens

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml KwikPen solution for injection in a pre-filled pen **insulin lispro**

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol as a preservative in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection.

Multipack: 5 pens of 3 ml. Component of a multipack, can't be sold separately.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/017

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

If seal is broken before first use, contact pharmacist.

16. INFORMATION IN BRAILLE

Liprolog KwikPen
OUTER CARTON (with blue box) multipack – KwikPen

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml KwikPen solution for injection in a pre-filled pen insulin lispro

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate 7 $\rm H_20$ with m-cresol as a preservative in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection.

Multipack: 10 (2 packs of 5) pens of 3 ml.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

8. EXPIRY DATE

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/017

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Liprolog KwikPen

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS

LABEL TEXT

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE OF ADMINISTRATION

Liprolog 100 units/ml KwikPen solution for injection insulin lispro Subcutaneous use

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. BATCH NUMBER

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

3 ml (3.5 mg/ml)

6. OTHER

OUTER CARTON – KwikPen. Pack of 5

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix25 100 units/ml KwikPen suspension for injection in a pre-filled pen 25% insulin lispro and 75% insulin lispro protamine suspension

2. STATEMENT OF ACTIVE SUBSTANCE

One ml suspension contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains protamine sulphate, glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol and phenol as preservatives in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Suspension for injection. 5 pens of 3 ml.

5. METHOD AND ROUTE OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Resuspend carefully. See enclosed package leaflet.

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator (2°C - 8°C).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/018

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

If seal is broken before first use, contact pharmacist.

16. INFORMATION IN BRAILLE

Liprolog Mix25 KwikPen

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

INTERMEDIATE CARTON (without blue box) component of a multipack - KwikPen

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix25 100 units/ml KwikPen suspension for injection in a pre-filled pen 25% insulin lispro and 75% insulin lispro protamine suspension

2. STATEMENT OF ACTIVE SUBSTANCE

One ml suspension contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains protamine sulphate, glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol and phenol as preservatives in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Suspension for injection.

Multipack: 5 pens of 3 ml. Component of a multipack, can't be sold separately.

5. METHOD AND ROUTE OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Resuspend carefully. See enclosed package leaflet.

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator $(2^{\circ}C - 8^{\circ}C)$.

Do not freeze. Do not expose to excessive heat or direct sunlight. Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/019

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

If seal is broken before first use, contact pharmacist.

16. INFORMATION IN BRAILLE

Liprolog Mix25 KwikPen

OUTER CARTON (with blue box) multipack – KwikPen

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix25 100 units/ml KwikPen suspension for injection in a pre-filled pen 25% insulin lispro and 75% insulin lispro protamine suspension

2. STATEMENT OF ACTIVE SUBSTANCE

One ml suspension contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains protamine sulphate, glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol and phenol as preservatives in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Suspension for injection.

Multipack: 10 (2 packs of 5) pens of 3 ml.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Resuspend carefully. See enclosed package leaflet.

8. EXPIRY DATE

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/019

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Liprolog Mix25 KwikPen

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS

LABEL TEXT

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE OF ADMINISTRATION

Liprolog Mix25 100 units/ml KwikPen suspension for injection 25% insulin lispro and 75% insulin lispro protamine suspension Subcutaneous use

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. **BATCH NUMBER**

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

3 ml (3.5 mg/ml)

6. OTHER

OUTER CARTON – KwikPen. Pack of 5

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix50 100 units/ml KwikPen suspension for injection in a pre-filled pen 50% insulin lispro and 50% insulin lispro protamine suspension

2. STATEMENT OF ACTIVE SUBSTANCE

One ml suspension contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains protamine sulphate, glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol and phenol as preservatives in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Suspension for injection.. 5 pens of 3 ml.

5. METHOD AND ROUTE OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Resuspend carefully. See enclosed package leaflet.

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator (2°C - 8°C).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/020

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

If seal is broken before first use, contact pharmacist.

16. INFORMATION IN BRAILLE

Liprolog Mix50 KwikPen

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

INTERMEDIATE CARTON (without blue box) component of a multipack - KwikPen

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix50 100 units/ml KwikPen suspension for injection in a pre-filled pen 50% insulin lispro and 50% insulin lispro protamine suspension

2. STATEMENT OF ACTIVE SUBSTANCE

One ml suspension contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains protamine sulphate, glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol and phenol as preservatives in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Suspension for injection.

Multipack: 5 pens of 3 ml. Component of a multipack, can't be sold separately.

5. METHOD AND ROUTE OF ADMINISTRATION

Read the package leaflet before use. Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Resuspend carefully. See enclosed package leaflet.

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight. Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/021

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

If seal is broken before first use, contact pharmacist.

16. INFORMATION IN BRAILLE

Liprolog Mix50 KwikPen

OUTER CARTON (with blue box) multipack – KwikPen

1. NAME OF THE MEDICINAL PRODUCT

Liprolog Mix50 100 units/ml KwikPen suspension for injection in a pre-filled pen 50% insulin lispro and 50% insulin lispro protamine suspension

2. STATEMENT OF ACTIVE SUBSTANCE

One ml suspension contains 100 units of insulin lispro (equivalent to 3.5mg).

3. LIST OF EXCIPIENTS

Contains protamine sulphate, glycerol, zinc oxide, dibasic sodium phosphate 7 H_20 with m-cresol and phenol as preservatives in water for injections.

Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Suspension for injection.

Multipack: 10 (2 packs of 5) pens of 3 ml.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Resuspend carefully. See enclosed package leaflet.

8. EXPIRY DATE

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/021

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Liprolog Mix50 KwikPen

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS

LABEL TEXT

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE OF ADMINISTRATION

Liprolog Mix50 100 units/ml KwikPen suspension for injection 50% insulin lispro and 50% insulin lispro protamine suspension Subcutaneous use

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. **BATCH NUMBER**

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

3 ml (3.5 mg/ml)

6. OTHER

OUTER CARTON – KwikPen. Pack of 5

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 200 units/ml KwikPen solution for injection in a pre-filled pen insulin lispro

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 200 units of insulin lispro (equivalent to 6.9 mg)

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, trometamol, metacresol and water for injections. Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection.

5 pens of 3 mL.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Use only in this pen, or severe overdose can result.

If seal is broken before first use, contact pharmacist.

8. EXPIRY DATE

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/028

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Liprolog 200 units/ml

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

INTERMEDIATE CARTON (without blue box) component of a multipack – KwikPen

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 200 units/ml KwikPen solution for injection in a pre-filled pen insulin lispro

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 200 units of insulin lispro (equivalent to 6.9 mg)

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, trometamol, metacresol and water for injections. Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection.

Multipack: 5 pens of 3 ml. Component of a multipack, can't be sold separately.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Use only in this pen, or severe overdose can result.

If seal is broken before first use, contact pharmacist.

8. EXPIRY DATE

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/029

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Liprolog 200 units/ml

OUTER CARTON (with blue box) multipack – KwikPen

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 200 units/ml KwikPen solution for injection in a pre-filled pen insulin lispro

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 200 units of insulin lispro (equivalent to 6.9 mg)

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, trometamol, metacresol and water for injections. Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection.

Multipack: 10 (2 packs of 5) pens of 3 ml.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use Subcutaneous use

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

Use only in this pen, or severe overdose can result.

If seal is broken before first use, contact pharmacist.

8. EXPIRY DATE

Store in a refrigerator ($2^{\circ}C - 8^{\circ}C$).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/029

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Liprolog 200 units/ml

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS

LABEL TEXT

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE OF ADMINISTRATION

Liprolog 200 units/ml KwikPen, solution for injection insulin lispro Subcutaneous use

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. **BATCH NUMBER**

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

 $3 \, ml$

6. OTHER

USE ONLY IN THIS PEN, OR SEVERE OVERDOSE CAN RESULT.

OUTER CARTON – Junior KwikPen. Pack of 5

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml Junior KwikPen solution for injection in a pre-filled pen. **insulin lispro**

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5 mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate7H₂0, metacresol and water for injections. Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection.

5 pens of 3 mL.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use. **Subcutaneous use.**

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children.

7. OTHER SPECIAL WARNING, IF NECESSARY

The pen delivers 0.5 – 30 units in steps of 0.5 units.

If seal is broken before first use, contact pharmacist.

8. EXPIRY DATE

Store in a refrigerator (2° C - 8° C).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Discard after 28 days even if some of the solution remains. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/030

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Liprolog 100 units/ml Junior KwikPen

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

INTERMEDIATE CARTON (without blue box) component of a multipack – Junior KwikPen

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml Junior KwikPen solution for injection in a pre-filled pen. **insulin lispro**

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5 mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate7H₂0, metacresol and water for injections. Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection.

Multipack: 5 pens of 3 ml. Component of a multipack, can't be sold separately.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use. **Subcutaneous use.**

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children.

7. OTHER SPECIAL WARNING, IF NECESSARY

The pen delivers 0.5 – 30 units in steps of 0.5 units.

If seal is broken before first use, contact pharmacist.

8. EXPIRY DATE

Store in a refrigerator (2° C - 8° C).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Discard after 28 days even if some of the solution remains. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/31

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Liprolog 100 units/ml Junior KwikPen

OUTER CARTON (with blue box) multipack – Junior KwikPen

1. NAME OF THE MEDICINAL PRODUCT

Liprolog 100 units/ml Junior KwikPen solution for injection in a pre-filled pen. **insulin lispro**

2. STATEMENT OF ACTIVE SUBSTANCE

One ml solution contains 100 units of insulin lispro (equivalent to 3.5 mg).

3. LIST OF EXCIPIENTS

Contains glycerol, zinc oxide, dibasic sodium phosphate7H₂0, metacresol and water for injections. Sodium hydroxide and/or hydrochloric acid may have been used to adjust acidity.

4. PHARMACEUTICAL FORM AND CONTENTS

Solution for injection.

Multipack: 10 (2 packs of 5) pens of 3 ml.

5. METHOD AND ROUTES OF ADMINISTRATION

Read the package leaflet before use. **Subcutaneous use.**

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children

7. OTHER SPECIAL WARNING, IF NECESSARY

The pen delivers 0.5 – 30 units in steps of 0.5 units.

8. EXPIRY DATE

Store in a refrigerator (2° C - 8° C).

Do not freeze. Do not expose to excessive heat or direct sunlight.

Once in use pens may be used for up to 28 days. Discard after 28 days even if some of the solution remains. Pens in use should be stored below 30°C and should not be refrigerated.

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Eli Lilly Nederland B.V. Papendorpseweg 83, 3528 BJ Utrecht The Netherlands

12. MARKETING AUTHORISATION NUMBER

EU/1/01/195/031

13. BATCH NUMBER

Lot

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Liprolog 100 units/ml Junior KwikPen

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included.

18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

PC

SN

MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS

LABEL TEXT

1. NAME OF THE MEDICINAL PRODUCT AND ROUTE OF ADMINISTRATION

Liprolog 100 units/ml Junior KwikPen solution for injection insulin lispro Subcutaneous use

2. METHOD OF ADMINISTRATION

3. EXPIRY DATE

EXP

4. **BATCH NUMBER**

Lot

5. CONTENTS BY WEIGHT, BY VOLUME OR BY UNIT

 $3 \, ml$

6. OTHER

B. PACKAGE LEAFLET

Package leaflet: Information for the user

Liprolog 100 units/ml solution for injection in vial insulin lispro

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Keep this leaflet. You may need to read it again.

- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What Liprolog is and what it is used for
- 2. What you need to know before you use Liprolog
- 3. How to use Liprolog
- 4. Possible side effects
- 5. How to store Liprolog
- 6. Contents of the pack and other information

1. What Liprolog is and what it is used for

Liprolog is used to treat diabetes. Liprolog works more quickly than normal human insulin because the insulin molecule has been changed slightly.

You get diabetes if your pancreas does not make enough insulin to control the level of glucose in your blood. Liprolog is a substitute for your own insulin and is used to control glucose in the long term. It works very quickly and lasts a shorter time than soluble insulin (2 to 5 hours). You should normally use Liprolog within 15 minutes of a meal.

Your doctor may tell you to use Liprolog as well as a longer-acting insulin. Each kind of insulin comes with another patient information leaflet to tell you about it. Do not change your insulin unless your doctor tells you to. Be very careful if you do change insulin.

Liprolog is suitable for use in adults and children.

2. What you need to know before you use Liprolog

Do NOT use Liprolog

- if you think **hypoglycaemia** (low blood sugar) is starting. Further in this leaflet it tells you how to deal with mild hypoglycaemia (see Section 3: If you take more Liprolog than you need).
- if you are **allergic** to insulin lispro or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

- If your blood sugar levels are well controlled by your current insulin therapy, you may not feel the warning symptoms when your blood sugar is falling too low. Warning signs are listed later in this leaflet. You must think carefully about when to have your meals, how often to exercise and how much to do. You must also keep a close watch on your blood sugar levels by testing your blood glucose often.
- A few people who have had hypoglycaemia after switching from animal insulin to human insulin have reported that the early warning symptoms were less obvious or different. If you often have hypoglycaemia or have difficulty recognising it, please discuss this with your doctor.

- If you answer YES to any of the following questions, tell your doctor, pharmacist or diabetes nurse
 Have you recently become ill?
 - Do you have trouble with your kidneys or liver?
 - Are you exercising more than usual?
- The amount of insulin you need may also change if you drink alcohol.
- You should also tell your doctor, pharmacist or diabetes nurse if you are planning to go abroad. The time difference between countries may mean that you have to have your injections and meals at different times from when you are at home.
- Some patients with long-standing type 2 diabetes mellitus and heart disease or previous stroke who were treated with pioglitazone and insulin experienced the development of heart failure. Inform your doctor as soon as possible if you experience signs of heart failure such as unusual shortness of breath or rapid increase in weight or localised swelling (oedema).

Skin changes at the injection site:

The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (See How to use Liprolog). Contact your doctor if you are currently injecting into a lumpy area before you start injecting a different area. Your doctor may tell you to check your blood sugar more closey, and to adjust your insulin or your other antidiabetic medications dose.

Other medicines and Liprolog

Your insulin needs may change if you are taking

- the contraceptive pill,
- steroids,
- thyroid hormone replacement therapy,
- oral hypoglycaemics,
- acetyl salicylic acid,
- sulpha antibiotics,
- octreotide,
- "beta₂ stimulants" (for example ritodrine, salbutamol or terbutaline),
- beta-blockers, or
- some antidepressants (monoamine oxidase inhibitors or selective serotonin reuptake inhibitors),
- danazol,
- some angiotensin converting enzyme (ACE) inhibitors (for example captopril, enalapril), and
- angiotensin II receptor blockers.

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

Are you pregnant or thinking about becoming pregnant, or are you breast-feeding? The amount of insulin you need usually falls during the first three months of pregnancy and increases for the remaining six months. If you are breast-feeding, you may need to alter your insulin intake or diet. Ask your doctor for advice.

Driving and using machines

Your ability to concentrate and react may be reduced if you have hypoglycaemia. Please keep this possible problem in mind in all situations where you might put yourself and others at risk (e.g. driving a car or operating machinery). You should contact your doctor about the advisability of driving if you have:

- frequent episodes of hypoglycaemia
- reduced or absent warning signs of hypoglycaemia

Liprolog contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to use Liprolog

Always check the pack and the vial label for the name and type of the insulin when you get it from your pharmacy. Make sure you get the Liprolog that your doctor has told you to use.

Always use Liprolog exactly as your doctor has told you. Check with your doctor if you are not sure.

Dosage

- You should normally inject Liprolog within 15 minutes of a meal. If you need to, you can inject soon after a meal. But your doctor will have told you exactly how much to use, when to use it, and how often. These instructions are only for you. Follow them exactly and visit your diabetes clinic regularly.
- If you change the type of insulin you use (for example from a human or animal insulin to a Liprolog product), you may have to take more or less than before. This might just be for the first injection or it may be a gradual change over several weeks or months.
- Inject Liprolog under the skin. You should only inject it into a muscle if your doctor has told you to.

Preparing Liprolog

• Liprolog is already dissolved in water, so you do not need to mix it. But you must use it **only** if it looks like water. It must be clear, have no colour and no solid pieces in it. Check each time you inject yourself.

Injecting Liprolog

- First wash your hands.
- Before you make an injection, clean your skin as you have been instructed. Clean the rubber stopper on the vial, but do not remove the stopper.
- Use a clean, sterile syringe and needle to pierce the rubber stopper and draw in the amount of Liprolog you want. Your doctor or clinic will tell you how to do this. **Do not share your needles and syringes.**
- Inject under the skin, as you were taught. Do not inject directly into a vein. After your injection, leave the needle in the skin for five seconds to make sure you have taken the whole dose. Do not rub the area you have just injected. Make sure you inject at least half an inch (1 cm) from the last injection and that you 'rotate' the places you inject, as you have been taught. It doesn't matter which injection site you use, either upper arm, thigh, buttock or abdomen, your Liprolog injection will still work quicker than soluble human insulin.
- Your doctor will tell you if you have to mix Liprolog with one of the human insulins. For example if you do need to inject a mixture, draw the Liprolog into the syringe before the long acting insulin. Inject the liquid as soon as you have mixed it. Do the same thing every time. You should not normally mix Liprolog with one of the mixtures of human insulins. You should never mix Liprolog with insulins produced by other manufacturers or animal insulins.
- You must not administer Liprolog by the intravenous route. Inject Liprolog as your physician or nurse has taught you. Only your physician can administer Liprolog by the intravenous route. He will only do this under special circumstances such as surgery or if you are ill and your glucose levels are too high.

Using Liprolog in an infusion pump

- Only certain CE-marked insulin infusion pumps may be used to infuse insulin lispro. Before infusing insulin lispro, the manufacturers instructions should be studied to ascertain the suitability or otherwise for the particular pump. Read and follow the instructions in the product literature supplied with the infusion pump.
- Be sure to use the correct reservoir and catheter for your pump.
- <u>Changing of the infusion set (tubing and needle) must be done according to the instructions in</u> the product information supplied with the infusion set.

- In the event of a hypoglycaemic episode, the infusion should be stopped until the episode is resolved. If repeated or severe low blood glucose levels occur, notify your doctor or clinic and consider the need to reduce or stop your insulin infusion.
- A pump malfunction or obstruction of the infusion set can result in a rapid rise in glucose levels. If an interruption to insulin flow is suspected, follow the instructions in the product literature and if appropriate, notify your doctor or clinic.
- When used with an insulin infusion pump, Liprolog should not be mixed with any other insulin.

If you take more Liprolog than you need

If you take more Liprolog than you need, a low blood sugar may occur. Check your blood sugar. If your blood sugar is low **(mild hypoglycaemia)**, eat glucose tablets, sugar or drink a sugary drink. Then eat fruit, biscuits, or a sandwich, as your doctor has advised you and have some rest. This will often get you over mild hypoglycaemia or a minor insulin overdose. If you get worse and your breathing is shallow and your skin gets pale, tell your doctor at once. A glucagon injection can treat quite severe hypoglycaemia. Eat glucose or sugar after the glucagon injection. If you do not respond to glucagon, you will have to go to hospital. Ask your doctor to tell you about glucagon.

If you forget to use Liprolog

If you take less Liprolog than you need, a high blood sugar may occur. Check your blood sugar

If hypoglycaemia (low blood sugar) or hyperglycaemia (high blood sugar) is not treated they can be very serious and cause headaches, nausea, vomiting, dehydration, unconsciousness, coma or even death (see A and B in section 4 "Possible Side Effects").

Three simple steps to avoid hypoglycaemia or hyperglycaemia are:

- Always keep spare syringes and a spare vial of Liprolog.
- Always carry something to show you are diabetic.
- Always carry sugar with you.

If you stop using Liprolog.

If you take less Liprolog than you need, a high blood sugar may occur. Do not change your insulin unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Systemic allergy is rare ($\geq 1/10,000$ to <1/1,000). The symptoms are as follows:

- rash over the whole body blood pressure dropping
- difficulty in breathing heart beating fast
- wheezing sweating.

If you think you are having this sort of insulin allergy with Liprolog, tell your doctor at once.

Local allergy is common ($\geq 1/100$ to <1/10). Some people get redness, swelling or itching around the area of the insulin injection. This usually clears up in anything from a few days to a few weeks. If this happens to you, tell your doctor.

Lipodystrophy is uncommon ($\geq 1/1,000$ to <1/100). If you inject insulin too often at the same place, the fatty tissue may either shrink (lipoatrophy) or thicken (lipohypertrophy). Lumps under the skin may also be caused by build-up of a protein called amyloid (cutaneous amyloidosis). The insulin may not work very well if you inject into a lumpy area. Change the injection site with each injection to help prevent these skin changes.
Oedema (e.g. swelling in arms, ankles; fluid retention) has been reported, particularly at the start of insulin therapy or during a change in therapy to improve control of your blood glucose.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in <u>Appendix V</u>. By reporting side effects you can help provide more information on the safety of this medicine.

Common problems of diabetes

A. Hypoglycaemia

Hypoglycaemia (low blood sugar) means there is not enough sugar in the blood. This can be caused if:

- you take too much Liprolog or other insulin;
- you miss or delay meals or change your diet;
- you exercise or work too hard just before or after a meal;
- you have an infection or illness (especially diarrhoea or vomiting);
- there is a change in your need for insulin; or
- you have trouble with your kidneys or liver which gets worse.

Alcohol and some medicines can affect your blood sugar levels.

The first symptoms of low blood sugar usually come on quickly and include the following:

- tiredness rapid heartbeat
- nervousness or shakiness feeling sick
- headache cold sweat.

While you are not confident about recognising your warning symptoms, avoid situations, e.g. driving a car, in which you or others would be put at risk by hypoglycaemia.

B. Hyperglycaemia and diabetic ketoacidosis

Hyperglycaemia (too much sugar in the blood) means that your body does not have enough insulin. Hyperglycaemia can be brought about by:

- not taking your Liprolog or other insulin;
- taking less insulin than your doctor tells you to;
- eating a lot more than your diet allows; or
- fever, infection or emotional stress.

Hyperglycaemia can lead to diabetic ketoacidosis. The first symptoms come on slowly over many hours or days. The symptoms include the following:

- feeling sleepy no appetite
- flushed face fruity smell on the breath
- thirst feeling or being sick.

Severe symptoms are heavy breathing and a rapid pulse. Get medical help immediately.

C. Illness

If you are ill, especially if you feel sick or are sick, the amount of insulin you need may change. **Even when you are not eating normally, you still need insulin.** Test your urine or blood, follow your 'sick rules', and tell your doctor.

5. How to store Liprolog

Before the first use store your Liprolog in a refrigerator $(2^{\circ}C - 8^{\circ}C)$. Do not freeze. Keep your vial in use in a refrigerator $(2^{\circ}C - 8^{\circ}C)$ or at room temperature up to 30°C and discard after 28 days. Do not put it near heat or in the sun.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and the carton. The expiry date refers to the last day of that month.

Do not use this medicine if you notice it is coloured or it has solid pieces in it. You must use it **only** if it looks like water. Check this each time you inject yourself.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Liprolog 100 units/ml solution for injection in vial contains

- The active substance is insulin lispro. Insulin lispro is made in the laboratory by a 'recombinant DNA technology' process. It is a changed form of human insulin and so is different from other human and animal insulins. Insulin lispro is closely related to human insulin which is a natural hormone made by the pancreas.
- The other ingredients are m-cresol, glycerol, dibasic sodium phosphate 7 H₂O, zinc oxide and water for injection. Sodium hydroxide or hydrochloric acid may have been used to adjust the acidity.

What Liprolog looks like and contents of the pack

Liprolog 100 units/ml, solution for injection is a sterile, clear, colourless, aqueous solution and contains 100 units of insulin lispro in each millilitre (100 units/ml) solution for injection. Each vial contains 1000 units (10 millilitres). Liprolog 100 units/ml, solution for injection in vial comes in a pack of 1 vial, 2 vials or a multipack of 5 x 1 vial. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Liprolog 100 units/ml, solution for injection in vial is made by:

• Lilly S.A., Avda. de la Industria 30, 28108 Alcobendas, Madrid, Spain.

The product licence is held by: Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder:

Belgique/België/Belgien

Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

България ТП "Ели Лили Недерланд" Б.В. - България тел. + 359 2 491 41 40

Česká republika ELI LILLY ČR, s.r.o. Tel: + 420 234 664 111

Danmark Eli Lilly Danmark A/S Tlf: +45 45 26 6000 **Lietuva** Eli Lilly Lietuva Tel. +370 (5) 2649600

Luxembourg/Luxemburg

Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

Magyarország

Lilly Hungária Kft. Tel: + 36 1 328 5100

Malta

Charles de Giorgio Ltd. Tel: + 356 25600 500 **Deutschland** Lilly Deutschland GmbH Tel. + 49-(0) 6172 273 2222

Eesti Eli Lilly Nederland B.V. Tel: +372 6817 280

Ελλάδα ΦΑΡΜΑΣΕΡΒ-ΛΙΛΛΥ Α.Ε.Β.Ε. Τηλ: +30 210 629 4600

España Lilly S.A. Tel: + 34-91 663 50 00

France Lilly France Tél: +33-(0) 1 55 49 34 34

Hrvatska Eli Lilly Hrvatska d.o.o. Tel: +385 1 2350 999

Ireland Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

Ísland Icepharma hf. Sími + 354 540 8000

Italia Eli Lilly Italia S.p.A. Tel: + 39- 055 42571

Κύπρος Phadisco Ltd Τηλ: +357 22 715000

Latvija Eli Lilly (Suisse) S.A Pārstāvniecība Latvijā Tel: +371 67364000

This leaflet was last revised in {MM/YYYY}.

Nederland Eli Lilly Nederland B.V. Tel: + 31-(0) 30 60 25 800

Norge Eli Lilly Norge A.S. Tlf: + 47 22 88 18 00

Österreich Eli Lilly Ges. m.b.H. Tel: + 43-(0) 1 711 780

Polska Eli Lilly Polska Sp. z o.o. Tel: +48 22 440 33 00

Portugal Lilly Portugal - Produtos Farmacêuticos, Lda Tel: + 351-21-4126600

România Eli Lilly România S.R.L. Tel: + 40 21 4023000

Slovenija Eli Lilly farmacevtska družba, d.o.o. Tel: +386 (0) 1 580 00 10

Slovenská republika Eli Lilly Slovakia s.r.o. Tel: + 421 220 663 111

Suomi/Finland Oy Eli Lilly Finland Ab Puh/Tel: + 358-(0) 9 85 45 250

Sverige Eli Lilly Sweden AB Tel: + 46-(0) 8 7378800

United Kingdom (Northern Ireland) Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

Detailed information on this medicine is available on the European Medicines Agency web site: http://www.ema.europa.eu/.

Package leaflet: Information for the user

Liprolog 100 units/ml solution for injection in cartridge insulin lispro

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What Liprolog is and what it is used for
- 2. What you need to know before you use Liprolog
- 3. How to use Liprolog
- 4. Possible side effects
- 5. How to store Liprolog
- 6. Contents of the pack and other information

1. What Liprolog is and what it is used for

Liprolog is used to treat diabetes. Liprolog works more quickly than normal human insulin because the insulin molecule has been changed slightly.

You get diabetes if your pancreas does not make enough insulin to control the level of glucose in your blood. Liprolog is a substitute for your own insulin and is used to control glucose in the long term. It works very quickly and lasts a shorter time than soluble insulin (2 to 5 hours). You should normally use Liprolog within 15 minutes of a meal.

Your doctor may tell you to use Liprolog as well as a longer-acting insulin. Each kind of insulin comes with another patient information leaflet to tell you about it. Do not change your insulin unless your doctor tells you to. Be very careful if you do change insulin.

Liprolog is suitable for use in adults and children.

2. What you need to know before you use Liprolog

Do NOT use Liprolog

- if you think **hypoglycaemia** (low blood sugar) is starting. Further in this leaflet it tells you how to deal with mild hypoglycaemia (see Section 3: If you take more Liprolog than you need).
- if you are **allergic** to insulin lispro or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

- If your blood sugar levels are well controlled by your current insulin therapy, you may not feel the warning symptoms when your blood sugar is falling too low. Warning signs are listed later in this leaflet. You must think carefully about when to have your meals, how often to exercise and how much to do. You must also keep a close watch on your blood sugar levels by testing your blood glucose often.
- A few people who have had hypoglycaemia after switching from animal insulin to human insulin have reported that the early warning symptoms were less obvious or different. If you often have hypoglycaemia or have difficulty recognising it, please discuss this with your doctor.

- If you answer YES to any of the following questions, tell your doctor, pharmacist or diabetes nurse
 Have you recently become ill?
 - Do you have trouble with your kidneys or liver?
 - Are you exercising more than usual?
- The amount of insulin you need may also change if you drink alcohol.
- You should also tell your doctor, pharmacist or diabetes nurse if you are planning to go abroad. The time difference between countries may mean that you have to have your injections and meals at different times from when you are at home.
- Some patients with long-standing type 2 diabetes mellitus and heart disease or previous stroke who were treated with pioglitazone and insulin experienced the development of heart failure. Inform your doctor as soon as possible if you experience signs of heart failure such as unusual shortness of breath or rapid increase in weight or localised swelling (oedema).

Skin changes at the injection site:

The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (See How to use Liprolog). Contact your doctor if you are currently injecting into a lumpy area before you start injecting a different area. Your doctor may tell you to check your blood sugar more closey, and to adjust your insulin or your other antidiabetic medications dose.

Other medicines and Liprolog

Your insulin needs may change if you are taking

- the contraceptive pill,
- steroids,
- thyroid hormone replacement therapy,
- oral hypoglycaemics,
- acetyl salicylic acid,
- sulpha antibiotics,
- octreotide,
- "beta2 stimulants" (for example ritodrine, salbutamol or terbutaline),
- beta-blockers, or
- some antidepressants (monoamine oxidase inhibitors or selective serotonin reuptake inhibitors),
- danazol,
- some angiotensin converting enzyme (ACE) inhibitors (for example captopril, enalapril), and
- angiotensin II receptor blockers.

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

Are you pregnant or thinking about becoming pregnant, or are you breast-feeding? The amount of insulin you need usually falls during the first three months of pregnancy and increases for the remaining six months. If you are breast-feeding, you may need to alter your insulin intake or diet. Ask your doctor for advice.

Driving and using machines

Your ability to concentrate and react may be reduced if you have hypoglycaemia. Please keep this possible problem in mind in all situations where you might put yourself and others at risk (e.g. driving a car or operating machinery). You should contact your doctor about the advisability of driving if you have:

- frequent episodes of hypoglycaemia
- reduced or absent warning signs of hypoglycaemia

Liprolog contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to use Liprolog

The 3 ml cartridge is only for use in Lilly 3 ml pens or the BerliPen[®] areo 3. It is not for use in 1.5 ml pens.

Always check the pack and the cartridge label for the name and type of the insulin when you get it from your pharmacy. Make sure you get the Liprolog that your doctor has told you to use.

Always use Liprolog exactly as your doctor has told you. Check with your doctor if you are not sure. To prevent the possible transmission of disease, each cartridge must be used by you only, even if the needle on the delivery device is changed.

Dosage

- You should normally inject Liprolog within 15 minutes of a meal. If you need to, you can inject soon after a meal. But your doctor will have told you exactly how much to use, when to use it, and how often. These instructions are only for you. Follow them exactly and visit your diabetes clinic regularly.
- If you change the type of insulin you use (for example from a human or animal insulin to a Liprolog product), you may have to take more or less than before. This might just be for the first injection or it may be a gradual change over several weeks or months.
- Inject Liprolog under the skin. You should only inject it into a muscle if your doctor has told you to.

Preparing Liprolog

• Liprolog is already dissolved in water, so you do not need to mix it. But you must use it **only** if it looks like water. It must be clear, have no colour and no solid pieces in it. Check each time you inject yourself.

Getting the pen ready to use

- First wash your hands. Disinfect the rubber membrane of the cartridge.
- You must only use Liprolog cartridges in Lilly insulin pens or the BerliPen[®] areo 3. Please make sure that Liprolog or Lilly cartridges are mentioned in the leaflet accompanying your pen. The 3 ml cartridge only fits the 3 ml pen.
- Follow the instructions that come with the pen. Put the cartridge into the pen.
- You will set the dose to 1 or 2 units. Then hold the pen with the needle pointing up and tap the side of the pen so that any bubbles float to the top. With the pen still pointing up, press the injection mechanism. Do this until a drop of Liprolog comes out of the needle. There may still be some small air bubbles left in the pen. These are harmless, but if the air bubble is too big, it may make the dose of your injection less accurate.

Injecting Liprolog

- Before you make an injection, clean your skin as you have been instructed. Inject under the skin, as you were taught. Do not inject directly into a vein. After your injection, leave the needle in the skin for five seconds to make sure you have taken the whole dose. Do not rub the area you have just injected. Make sure you inject at least half an inch (1 cm) from the last injection and that you 'rotate' the places you inject, as you have been taught. It doesn't matter which injection site you use, either upper arm, thigh, buttock or abdomen, your Liprolog injection will still work quicker than soluble human insulin.
- You must not administer Liprolog by the intravenous route. Inject Liprolog as your physician or nurse has taught you. Only your physician can administer Liprolog by the intravenous route. He will only do this under special circumstances such as surgery or if you are ill and your glucose levels are too high.

After injecting

• As soon as you have done the injection, take the needle off the pen using the outer needle cap. This will keep the Liprolog sterile and prevent leaking. It will also stop air going back into the pen and the needle clogging up. **Do not share your needles.** Do not share your pen. Replace the cap on your pen. Leave the cartridge in the pen.

Further injections

• Before every injection, dial 1 or 2 units and press the injection mechanism with the pen pointing up until a drop of Liprolog comes out of the needle. You can see how much Liprolog is left by looking at the gauge on the side of the cartridge. The distance between each mark on the gauge is about 20 units. If there is not enough for your dose, change the cartridge.

Do not mix any other insulin in a Liprolog cartridge. Once the cartridge is empty, do not use it again.

Using Liprolog in an infusion pump

- Only certain CE-marked insulin infusion pumps may be used to infuse insulin lispro. Before infusing insulin lispro, the manufacturers instructions should be studied to ascertain the suitability or otherwise for the particular pump. Read and follow the instructions in the product literature supplied with the infusion pump.
- Be sure to use the correct reservoir and catheter for your pump.
- <u>Changing of the infusion set (tubing and needle) must be done according to the instructions in the product information supplied with the infusion set.</u>
- In the event of a hypoglycaemic episode, the infusion should be stopped until the episode is resolved. If repeated or severe low blood glucose levels occur, notify your doctor or clinic and consider the need to reduce or stop your insulin infusion.
- A pump malfunction or obstruction of the infusion set can result in a rapid rise in glucose levels. If an interruption to insulin flow is suspected, follow the instructions in the product literature and if appropriate, notify your doctor or clinic.
- When used with an insulin infusion pump, Liprolog should not be mixed with any other insulin.

If you take more Liprolog than you need

If you take more Liprolog than you need, a low blood sugar may occur. Check your blood sugar. If your blood sugar is low (mild hypoglycaemia), eat glucose tablets, sugar or drink a sugary drink. Then eat fruit, biscuits, or a sandwich, as your doctor has advised you and have some rest. This will often get you over mild hypoglycaemia or a minor insulin overdose. If you get worse and your breathing is shallow and your skin gets pale, tell your doctor at once. A glucagon injection can treat quite severe hypoglycaemia. Eat glucose or sugar after the glucagon injection. If you do not respond to glucagon, you will have to go to hospital. Ask your doctor to tell you about glucagon.

If you forget to use Liprolog

If you take less Liprolog than you need, a high blood sugar may occur. Check your blood sugar

If hypoglycaemia (low blood sugar) or hyperglycaemia (high blood sugar) is not treated they can be very serious and cause headaches, nausea, vomiting, dehydration, unconsciousness, coma or even death (see A and B in section 4 "Possible Side Effects").

Three simple steps to avoid hypoglycaemia or hyperglycaemia are:

- Always keep spare syringes and a spare vial of Liprolog, or a spare pen and cartridges, in case you lose your pen or cartridges or they get damaged.
- Always carry something to show you are diabetic.
- Always carry sugar with you.

If you stop using Liprolog.

If you take less Liprolog than you need, a high blood sugar may occur. Do not change your insulin unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Systemic allergy is rare ($\geq 1/10,000$ to <1/1,000). The symptoms are as follows:

- rash over the whole body blood pressure dropping
- difficulty in breathing heart beating fast
- wheezing sweating.

If you think you are having this sort of insulin allergy with Liprolog, tell your doctor at once.

Local allergy is common ($\geq 1/100$ to <1/10). Some people get redness, swelling or itching around the area of the insulin injection. This usually clears up in anything from a few days to a few weeks. If this happens to you, tell your doctor.

Lipodystrophy is uncommon ($\geq 1/1,000$ to <1/100). If you inject insulin too often at the same place, the fatty tissue may either shrink (lipoatrophy) or thicken (lipohypertrophy). Lumps under the skin may also be caused by build-up of a protein called amyloid (cutaneous amyloidosis). The insulin may not work very well if you inject into a lumpy area. Change the injection site with each injection to help prevent these skin changes.

Oedema (e.g. swelling in arms, ankles; fluid retention) has been reported, particularly at the start of insulin therapy or during a change in therapy to improve control of your blood glucose.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in <u>Appendix V</u>. By reporting side effects you can help provide more information on the safety of this medicine.

Common problems of diabetes

A. Hypoglycaemia

Hypoglycaemia (low blood sugar) means there is not enough sugar in the blood. This can be caused if:

- you take too much Liprolog or other insulin;
- you miss or delay meals or change your diet;
- you exercise or work too hard just before or after a meal;
- you have an infection or illness (especially diarrhoea or vomiting);
- there is a change in your need for insulin; or
- you have trouble with your kidneys or liver which gets worse.

Alcohol and some medicines can affect your blood sugar levels.

The first symptoms of low blood sugar usually come on quickly and include the following:

• tiredness

- rapid heartbeat
- nervousness or shakiness
 feeling sick
 - headache cold sweat.

While you are not confident about recognising your warning symptoms, avoid situations, e.g. driving a car, in which you or others would be put at risk by hypoglycaemia.

B. Hyperglycaemia and diabetic ketoacidosis

Hyperglycaemia (too much sugar in the blood) means that your body does not have enough insulin. Hyperglycaemia can be brought about by:

- not taking your Liprolog or other insulin;
- taking less insulin than your doctor tells you to;
- eating a lot more than your diet allows; or
- fever, infection or emotional stress.

Hyperglycaemia can lead to diabetic ketoacidosis. The first symptoms come on slowly over many hours or days. The symptoms include the following:

- feeling sleepy no appetite
- flushed face fruity smell on the breath
- thirst feeling or being sick.

Severe symptoms are heavy breathing and a rapid pulse. Get medical help immediately.

C. Illness

If you are ill, especially if you feel sick or are sick, the amount of insulin you need may change. **Even when you are not eating normally, you still need insulin.** Test your urine or blood, follow your 'sick rules', and tell your doctor.

5. How to store Liprolog

Before the first use store your Liprolog in a refrigerator $(2^{\circ}C - 8^{\circ}C)$. Do not freeze. Keep your cartridge in use at room temperature $(15^{\circ} - 30^{\circ}C)$ and discard after 28 days. Do not put it near heat or in the sun. Do not keep your pen or the cartridges you are using in the fridge. The pen with the inserted cartridge should not be stored with the needle attached.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and the carton. The expiry date refers to the last day of that month.

Do not use this medicine if you notice it is coloured or it has solid pieces in it. You must use it **only** if it looks like water. Check this each time you inject yourself.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Liprolog 100 units/ml solution for injection in cartridge contains

- The active substance is insulin lispro. Insulin lispro is made in the laboratory by a 'recombinant DNA technology' process. It is a changed form of human insulin and so is different from other human and animal insulins. Insulin lispro is closely related to human insulin which is a natural hormone made by the pancreas.
- The other ingredients are m-cresol, glycerol, dibasic sodium phosphate 7 H₂O, zinc oxide and water for injection. Sodium hydroxide or hydrochloric acid may have been used to adjust the acidity.

What Liprolog looks like and contents of the pack

Liprolog 100 units/ml, solution for injection is a sterile, clear, colourless, aqueous solution and contains 100 units of insulin lispro in each millilitre (100 units/ml) solution for injection. Each cartridge contains 300 units (3 millilitres). The cartridges come in packs of 5 or 10 cartridges. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Liprolog 100 units/ml, solution for injection in cartridge is made by:

• Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France,

• Eli Lilly Italia S.p.A., Via Gramsci 731-733, 50019 Sesto Fiorentino, (FI) Italy.

The product licence is held by: Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder:

Belgique/België/Belgien Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

България ТП "Ели Лили Недерланд" Б.В. - България тел. + 359 2 491 41 40

Česká republika ELI LILLY ČR, s.r.o. Tel: + 420 234 664 111

Danmark Eli Lilly Danmark A/S Tlf: +45 45 26 6000

Deutschland Lilly Deutschland GmbH Tel. + 49-(0) 6172 273 2222

Eesti Eli Lilly Nederland B.V. Tel: +372 6817 280

Ελλάδα ΦΑΡΜΑΣΕΡΒ-ΛΙΛΛΥ Α.Ε.Β.Ε. Τηλ: +30 210 629 4600

España

Lilly S.A. Tel: + 34-91 663 50 00

France Lilly France Tél: +33-(0) 1 55 49 34 34

Hrvatska Eli Lilly Hrvatska d.o.o. Tel: +385 1 2350 999

Ireland Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377 **Lietuva** Eli Lilly Lietuva Tel. +370 (5) 2649600

Luxembourg/Luxemburg Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

Magyarország Lilly Hungária Kft. Tel: + 36 1 328 5100

Malta Charles de Giorgio Ltd. Tel: + 356 25600 500

Nederland Eli Lilly Nederland B.V. Tel: + 31-(0) 30 60 25 800

Norge

Eli Lilly Norge A.S. Tlf: + 47 22 88 18 00

Österreich

Eli Lilly Ges. m.b.H. Tel: + 43-(0) 1 711 780

Polska

Eli Lilly Polska Sp. z o.o. Tel: +48 22 440 33 00

Portugal

Lilly Portugal - Produtos Farmacêuticos, Lda Tel: + 351-21-4126600

România

Eli Lilly România S.R.L. Tel: + 40 21 4023000

Slovenija Eli Lilly farmacevtska družba, d.o.o.

Tel: +386 (0) 1 580 00 10

Ísland Icepharma hf. Sími + 354 540 8000

Italia Eli Lilly Italia S.p.A. Tel: + 39- 055 42571

Κύπρος Phadisco Ltd Τηλ: +357 22 715000

Latvija Eli Lilly (Suisse) S.A Pārstāvniecība Latvijā Tel: +371 67364000 **Slovenská republika** Eli Lilly Slovakia s.r.o. Tel: + 421 220 663 111

Suomi/Finland Oy Eli Lilly Finland Ab Puh/Tel: + 358-(0) 9 85 45 250

Sverige Eli Lilly Sweden AB Tel: + 46-(0) 8 7378800

United Kingdom (Northern Ireland) Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

This leaflet was last revised in {MM/YYYY}.

Detailed information on this medicine is available on the European Medicines Agency web site: http://www.ema.europa.eu/.

Package leaflet: Information for the user

Liprolog Mix25 100 units/ml suspension for injection in cartridge insulin lispro

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What Liprolog Mix25 is and what it is used for
- 2. What you need to know before you use Liprolog Mix25
- 3. How to use Liprolog Mix25
- 4. Possible side effects
- 5. How to store Liprolog Mix25
- 6. Contents of the pack and other information

1. What Liprolog Mix25 is and what it is used for

Liprolog Mix25 is used to treat diabetes. Liprolog Mix25 is a premixed suspension. Its active substance is insulin lispro. 25% of the insulin lispro in Liprolog Mix25 is dissolved in water and it works more quickly than normal human insulin because the insulin molecule has been changed slightly. 75% of the insulin lispro in Liprolog Mix25 is available in a suspension together with protamine sulphate, so that its action is prolonged.

You get diabetes if your pancreas does not make enough insulin to control the level of glucose in your blood. Liprolog Mix25 is a substitute for your own insulin and is used to control glucose in the long term. Liprolog Mix25 works very quickly and longer than soluble insulin. You should normally use Liprolog Mix25 within 15 minutes of a meal.

Your doctor may tell you to use Liprolog Mix25 as well as a longer-acting insulin. Each kind of insulin comes with another patient information leaflet to tell you about it. Do not change your insulin unless your doctor tells you to. Be very careful if you do change insulin.

2. What you need to know before you use Liprolog Mix25

Do NOT use Liprolog Mix25

- if you think **hypoglycaemia** (low blood sugar) is starting. Further in this leaflet it tells you how to deal with mild hypoglycaemia (see Section 3: If you take more Liprolog Mix25 than you need).
- if you are **allergic** to insulin lispro or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

• If your blood sugar levels are well controlled by your current insulin therapy, you may not feel the warning symptoms when your blood sugar is falling too low. Warning signs are listed later in this leaflet. You must think carefully about when to have your meals, how often to exercise and how much to do. You must also keep a close watch on your blood sugar levels by testing your blood glucose often.

- A few people who have had hypoglycaemia after switching from animal insulin to human insulin have reported that the early warning symptoms were less obvious or different. If you often have hypoglycaemia or have difficulty recognising them, please discuss this with your doctor.
- If you answer YES to any of the following questions, tell your doctor, pharmacist or diabetes nurse
 - Have you recently become ill?
 - Do you have trouble with your kidneys or liver?
 - Are you exercising more than usual?
- The amount of insulin you need may also change if you drink alcohol.
- You should also tell your doctor, pharmacist or diabetes nurse if you are planning to go abroad. The time difference between countries may mean that you have to have your injections and meals at different times from when you are at home.
- Some patients with long-standing type 2 diabetes mellitus and heart disease or previous stroke who were treated with pioglitazone and insulin experienced the development of heart failure. Inform your doctor as soon as possible if you experience signs of heart failure such as unusual shortness of breath or rapid increase in weight or localised swelling (oedema).

Skin changes at the injection site:

The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (See How to use Liprolog Mix25). Contact your doctor if you are currently injecting into a lumpy area before you start injecting a different area. Your doctor may tell you to check your blood sugar more closey, and to adjust your insulin or your other antidiabetic medications dose.

Other medicines and Liprolog Mix25

Your insulin needs may change if you are taking

- the contraceptive pill,
- steroids,
- thyroid hormone replacement therapy,
- oral hypoglycaemics,
- acetyl salicylic acid,
- sulpha antibiotics,
- octreotide,
- "beta2 stimulants" (for example ritodrine, salbutamol or terbutaline),
- beta-blockers, or
- some antidepressants (monoamine oxidase inhibitors or selective serotonin reuptake inhibitors),
- danazol,
- some angiotensin converting enzyme (ACE) inhibitors (for example captopril, enalapril), and
- angiotensin II receptor blockers.

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

Are you pregnant or thinking about becoming pregnant, or are you breast-feeding? The amount of insulin you need usually falls during the first three months of pregnancy and increases for the remaining six months. If you are breast-feeding, you may need to alter your insulin intake or diet. Ask your doctor for advice.

Driving and using machines

Your ability to concentrate and react may be reduced if you have hypoglycaemia. Please keep this possible problem in mind in all situations where you might put yourself and others at risk (e.g. driving a car or operating machinery). You should contact your doctor about the advisability of driving if you have:

- frequent episodes of hypoglycaemia
- reduced or absent warning signs of hypoglycaemia

Liprolog Mix25 contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to use Liprolog Mix25

The 3 ml cartridge is only for use in Lilly 3 ml pens or the BerliPen[®] areo 3. It is not for use in 1.5 ml pens.

Always check the pack and the cartridge label for the name and type of the insulin when you get it from your pharmacy. Make sure you get the Liprolog Mix25 that your doctor has told you to use.

Always use Liprolog Mix25 exactly as your doctor has told you. Check with your doctor if you are not sure. To prevent the possible transmission of disease, each cartridge must be used by you only, even if the needle on the delivery device is changed.

Dosage

- You should normally inject Liprolog Mix25 within 15 minutes of a meal. If you need to, you can inject soon after a meal. But your doctor will have told you exactly how much to use, when to use it, and how often. These instructions are only for you. Follow them exactly and visit your diabetes clinic regularly.
- If you change the type of insulin you use (for example from a human or animal insulin to a Liprolog product), you may have to take more or less than before. This might just be for the first injection or it may be a gradual change over several weeks or months.
- Inject Liprolog Mix25 under the skin. You should not administer it using a different administration route. Under no circumstances should Liprolog Mix25 be given intravenously.

Preparing Liprolog Mix25

• Cartridges containing Liprolog Mix25 should be rotated in the palms of the hands ten times and inverted 180° ten times immediately before use to resuspend insulin until it appears uniformly cloudy or milky. If not, repeat the above procedure until contents are mixed. Cartridges contain a small glass bead to assist mixing. Do not shake vigorously as this may cause frothing which may interfere with the correct measurement of the dose. The cartridges should be examined frequently and should not be used if clumps of material are present or if solid white particles stick to the bottom or wall of the cartridge, giving it a frosted appearance. Check each time you inject yourself.

Getting the pen ready to use

- First wash your hands. Disinfect the rubber membrane of the cartridge.
- You must only use Liprolog Mix25 cartridges in Lilly insulin pens or the BerliPen[®] areo 3. Please make sure that Liprolog or Lilly cartridges are mentioned in the leaflet accompanying your pen. The 3 ml cartridge only fits the 3 ml pen.
- Follow the instructions that come with the pen. Put the cartridge into the pen.
- You will set the dose to 1 or 2 units. Then hold the pen with the needle pointing up and tap the side of the pen so that any bubbles float to the top. With the pen still pointing up, press the injection mechanism. Do this until a drop of Liprolog Mix25 comes out of the needle. There may still be some small air bubbles left in the pen. These are harmless, but if the air bubble is too big, it may make the dose of your injection less accurate.

Injecting Liprolog Mix25

• Before you make an injection, clean your skin as you have been instructed. Inject under the skin, as you were taught. Do not inject directly into a vein. After your injection, leave the needle in the skin for five seconds to make sure you have taken the whole dose. Do not rub the area

you have just injected. Make sure you inject at least half an inch (1 cm) from the last injection and that you 'rotate' the places you inject, as you have been taught.

After injecting

• As soon as you have done the injection, take the needle off the pen using the outer needle cap. This will keep the Liprolog Mix25 sterile and prevent leaking. It will also stop air going back into the pen and the needle clogging up. **Do not share your needles.** Do not share your pen. Replace the cap on your pen. Leave the cartridge in the pen.

Further injections

• Before every injection, dial 1 or 2 units and press the injection mechanism with the pen pointing up until a drop of Liprolog Mix25 comes out of the needle. You can see how much Liprolog is left by looking at the gauge on the side of the cartridge. The distance between each mark on the gauge is about 20 units. If there is not enough for your dose, change the cartridge.

Do not mix any other insulin in a Liprolog Mix25 cartridge. Once the cartridge is empty, do not use it again.

If you take more Liprolog Mix25 than you need

If you take more Liprolog Mix25 than you need, a low blood sugar may occur. Check your blood sugar.

If your blood sugar is low (mild hypoglycaemia), eat glucose tablets, sugar or drink a sugary drink. Then eat fruit, biscuits, or a sandwich, as your doctor has advised you and have some rest. This will often get you over mild hypoglycaemia or a minor insulin overdose. If you get worse and your breathing is shallow and your skin gets pale, tell your doctor at once. A glucagon injection can treat quite severe hypoglycaemia. Eat glucose or sugar after the glucagon injection. If you do not respond to glucagon, you will have to go to hospital. Ask your doctor to tell you about glucagon.

If you forget to use Liprolog Mix25

If you take less Liprolog Mix25 than you need, a high blood sugar may occur. Check your blood sugar

If hypoglycaemia (low blood sugar) or hyperglycaemia (high blood sugar) is not treated they can be very serious and cause headaches, nausea, vomiting, dehydration, unconsciousness, coma or even death (see A and B in section 4 "Possible Side Effects").

Three simple steps to avoid hypoglycaemia or hyperglycaemia are:

• Always keep a spare pen and cartridges of Liprolog Mix25, in case you lose your pen or cartridges or they get damaged.

- Always carry something to show you are diabetic.
- Always carry sugar with you.

If you stop using Liprolog Mix25.

If you take less Liprolog Mix25 than you need, a high blood sugar may occur. Do not change your insulin unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Systemic allergy is rare ($\geq 1/10,000$ to <1/1,000). The symptoms are as follows:

- rash over the whole body blood pressure dropping
 - difficulty in breathing heart beating fast

wheezing

sweating.

If you think you are having this sort of insulin allergy with Liprolog Mix25, tell your doctor at once.

Local allergy is common ($\geq 1/100$ to <1/10). Some people get redness, swelling or itching around the area of the insulin injection. This usually clears up in anything from a few days to a few weeks. If this happens to you, tell your doctor.

Lipodystrophy is uncommon ($\geq 1/1,000$ to <1/100). If you inject insulin too often at the same place, the fatty tissue may either shrink (lipoatrophy) or thicken (lipohypertrophy). Lumps under the skin may also be caused by build-up of a protein called amyloid (cutaneous amyloidosis). The insulin may not work very well if you inject into a lumpy area. Change the injection site with each injection to help prevent these skin changes.

Oedema (e.g. swelling in arms, ankles; fluid retention) has been reported, particularly at the start of insulin therapy or during a change in therapy to improve control of your blood glucose.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in <u>Appendix V</u>. By reporting side effects you can help provide more information on the safety of this medicine.

Common problems of diabetes

A. Hypoglycaemia

Hypoglycaemia (low blood sugar) means there is not enough sugar in the blood. This can be caused if:

- you take too much Liprolog Mix25 or other insulin;
- you miss or delay meals or change your diet;
- you exercise or work too hard just before or after a meal;
- you have an infection or illness (especially diarrhoea or vomiting);
- there is a change in your need for insulin; or
- you have trouble with your kidneys or liver which gets worse.

Alcohol and some medicines can affect your blood sugar levels.

The first symptoms of low blood sugar usually come on quickly and include the following:

• tiredness

- rapid heartbeat
- nervousness or shakiness
 feeling sick
- headache cold sweat.

While you are not confident about recognising your warning symptoms, avoid situations, e.g. driving a car, in which you or others would be put at risk by hypoglycaemia.

B. Hyperglycaemia and diabetic ketoacidosis

Hyperglycaemia (too much sugar in the blood) means that your body does not have enough insulin. Hyperglycaemia can be brought about by:

- not taking your Liprolog or other insulin;
- taking less insulin than your doctor tells you to;
- eating a lot more than your diet allows; or
- fever, infection or emotional stress.

Hyperglycaemia can lead to diabetic ketoacidosis. The first symptoms come on slowly over many hours or days. The symptoms include the following:

- feeling sleepy no appetite
- flushed face fruity smell on the breath
- thirst feeling or being sick.

Severe symptoms are heavy breathing and a rapid pulse. Get medical help immediately.

C. Illness

If you are ill, especially if you feel sick or are sick, the amount of insulin you need may change. **Even when you are not eating normally, you still need insulin.** Test your urine or blood, follow your 'sick rules', and tell your doctor.

5. How to store Liprolog Mix25

Before the first use store your Liprolog Mix25 in a refrigerator $(2^{\circ}C - 8^{\circ}C)$. Do not freeze. Keep your cartridge in use at room temperature $(15^{\circ} - 30^{\circ}C)$ and discard after 28 days. Do not put it near heat or in the sun. Do not keep your pen or the cartridges you are using in the fridge. The pen with the inserted cartridge should not be stored with the needle attached.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and the carton. The expiry date refers to the last day of that month.

Do not use this medicine if you notice clumps of material are present or if solid white particles stick to the bottom or wall of the cartridge, giving it a frosted appearance. Check each time you inject yourself.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Liprolog Mix25 100 units/ml suspension for injection in cartridge contains

- The active substance is insulin lispro. Insulin lispro is made in the laboratory by a 'recombinant DNA technology' process. It is a changed form of human insulin and so is different from other human and animal insulins. Insulin lispro is closely related to human insulin which is a natural hormone made by the pancreas.
- The other ingredients are protamine sulphate, m-cresol, phenol, glycerol, dibasic sodium phosphate 7H₂O, zinc oxide and water for injection. Sodium hydroxide or hydrochloric acid may have been used to adjust the acidity.

What Liprolog Mix25 100 units/ml suspension for injection in cartridge looks like and contents of the pack

Liprolog Mix25 100 units/ml suspension for injection is a white, sterile suspension and contains 100 units of insulin lispro in each millilitre (100 units/ml) suspension for injection. 25% of the insulin lispro in Liprolog Mix25 is dissolved in water. 75% of the insulin lispro in Liprolog Mix25 is available in a suspension together with protamine sulphate. Each cartridge contains 300 units (3 millilitres). The cartridges come in packs of 5 or 10 cartridges. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Liprolog Mix25 100 units/ml suspension for injection in cartridge is made by:

- Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France,
- Eli Lilly Italia S.p.A., Via Gramsci 731-733, 50019 Sesto Fiorentino, (FI) Italy.

The product licence is held by: Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder:

Belgique/België/Belgien Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

България ТП "Ели Лили Недерланд" Б.В. - България тел. + 359 2 491 41 40

Česká republika ELI LILLY ČR, s.r.o. Tel: + 420 234 664 111

Danmark Eli Lilly Danmark A/S Tlf: +45 45 26 6000

Deutschland Lilly Deutschland GmbH Tel. + 49-(0) 6172 273 2222

Eesti Eli Lilly Nederland B.V. Tel: +372 6817 280

Ελλάδα ΦΑΡΜΑΣΕΡΒ-ΛΙΛΛΥ Α.Ε.Β.Ε. Τηλ: +30 210 629 4600

España Lilly S.A. Tel: + 34-91 663 50 00

France Lilly France Tél: +33-(0) 1 55 49 34 34

Hrvatska Eli Lilly Hrvatska d.o.o. Tel: +385 1 2350 999

Ireland Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

Ísland Icepharma hf. Sími + 354 540 8000

Italia Eli Lilly Italia S.p.A. Tel: + 39- 055 42571 Lietuva Eli Lilly Lietuva Tel. +370 (5) 2649600

Luxembourg/Luxemburg Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

Magyarország Lilly Hungária Kft. Tel: + 36 1 328 5100

Malta Charles de Giorgio Ltd. Tel: + 356 25600 500

Nederland Eli Lilly Nederland B.V. Tel: + 31-(0) 30 60 25 800

Norge Eli Lilly Norge A.S. Tlf: + 47 22 88 18 00

Österreich Eli Lilly Ges. m.b.H. Tel: + 43-(0) 1 711 780

Polska Eli Lilly Polska Sp. z o.o. Tel: +48 22 440 33 00

Portugal Lilly Portugal - Produtos Farmacêuticos, Lda Tel: + 351-21-4126600

România Eli Lilly România S.R.L. Tel: + 40 21 4023000

Slovenija Eli Lilly farmacevtska družba, d.o.o. Tel: +386 (0) 1 580 00 10

Slovenská republika Eli Lilly Slovakia s.r.o. Tel: + 421 220 663 111

Suomi/Finland Oy Eli Lilly Finland Ab Puh/Tel: + 358-(0) 9 85 45 250 **Κύπρος** Phadisco Ltd Τηλ: +357 22 715000

Latvija Eli Lilly (Suisse) S.A Pārstāvniecība Latvijā Tel: +371 67364000 Sverige Eli Lilly Sweden AB Tel: + 46-(0) 8 7378800

United Kingdom (Northern Ireland) Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

This leaflet was last revised in {MM/YYY}.

Detailed information on this medicine is available on the European Medicines Agency web site: http://www.ema.europa.eu/.

Package leaflet: Information for the user

Liprolog Mix50 100 units/ml suspension for injection in cartridge insulin lispro

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What Liprolog Mix50 is and what it is used for
- 2. What you need to know before you use Liprolog Mix50
- 3. How to use Liprolog Mix50
- 4. Possible side effects
- 5. How to store Liprolog Mix50
- 6. Contents of the pack and other information

1. What Liprolog Mix50 is and what it is used for

Liprolog Mix50 is used to treat diabetes. Liprolog Mix50 is a premixed suspension. Its active substance is insulin lispro. 50% of the insulin lispro in Liprolog Mix50 is dissolved in water and it works more quickly than normal human insulin because the insulin molecule has been changed slightly. 50% of the insulin lispro in Liprolog Mix50 is available in a suspension together with protamine sulphate, so that its action is prolonged.

You get diabetes if your pancreas does not make enough insulin to control the level of glucose in your blood. Liprolog Mix50 is a substitute for your own insulin and is used to control glucose in the long term. Liprolog Mix50 works very quickly and longer than soluble insulin. You should normally use Liprolog Mix50 within 15 minutes of a meal.

Your doctor may tell you to use Liprolog Mix50 as well as a longer-acting insulin. Each kind of insulin comes with another patient information leaflet to tell you about it. Do not change your insulin unless your doctor tells you to. Be very careful if you do change insulin.

2. What you need to know before you use Liprolog Mix50

Do NOT use Liprolog Mix50

- if you think **hypoglycaemia** (low blood sugar) is starting. Further in this leaflet it tells you how to deal with mild hypoglycaemia (see Section 3: If you take more Liprolog Mix50 than you need).
- if you are **allergic** to insulin lispro or any of the other ingredients of this medicine (listed in section 6).

• Warnings and precautions

• If your blood sugar levels are well controlled by your current insulin therapy, you may not feel the warning symptoms when your blood sugar is falling too low. Warning signs are listed later in this leaflet. You must think carefully about when to have your meals, how often to exercise and how much to do. You must also keep a close watch on your blood sugar levels by testing your blood glucose often.

- A few people who have had hypoglycaemia after switching from animal insulin to human insulin have reported that the early warning symptoms were less obvious or different. If you often have hypoglycaemia or have difficulty recognising them, please discuss this with your doctor.
- If you answer YES to any of the following questions, tell your doctor, pharmacist or diabetes nurse
 - Have you recently become ill?
 - Do you have trouble with your kidneys or liver?
 - Are you exercising more than usual?
- The amount of insulin you need may also change if you drink alcohol.
- You should also tell your doctor, pharmacist or diabetes nurse if you are planning to go abroad. The time difference between countries may mean that you have to have your injections and meals at different times from when you are at home.
- Some patients with long-standing type 2 diabetes mellitus and heart disease or previous stroke who were treated with pioglitazone and insulin experienced the development of heart failure. Inform your doctor as soon as possible if you experience signs of heart failure such as unusual shortness of breath or rapid increase in weight or localised swelling (oedema).

Skin changes at the injection site:

The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (See How to use Liprolog Mix50). Contact your doctor if you are currently injecting into a lumpy area before you start injecting a different area. Your doctor may tell you to check your blood sugar more closey, and to adjust your insulin or your other antidiabetic medications dose.

Other medicines and Liprolog Mix50

Your insulin needs may change if you are taking

- the contraceptive pill,
- steroids,
- thyroid hormone replacement therapy,
- oral hypoglycaemics,
- acetyl salicylic acid,
- sulpha antibiotics,
- octreotide,
- "beta2 stimulants" (for example ritodrine, salbutamol or terbutaline),
- beta-blockers, or
- some antidepressants (monoamine oxidase inhibitors or selective serotonin reuptake inhibitors),
- danazol,
- some angiotensin converting enzyme (ACE) inhibitors (for example captopril, enalapril), and
- angiotensin II receptor blockers.

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

Are you pregnant or thinking about becoming pregnant, or are you breast-feeding? The amount of insulin you need usually falls during the first three months of pregnancy and increases for the remaining six months. If you are breast-feeding, you may need to alter your insulin intake or diet. Ask your doctor for advice.

Driving and using machines

Your ability to concentrate and react may be reduced if you have hypoglycaemia. Please keep this possible problem in mind in all situations where you might put yourself and others at risk (e.g. driving a car or operating machinery). You should contact your doctor about the advisability of driving if you have:

- frequent episodes of hypoglycaemia
- reduced or absent warning signs of hypoglycaemia

Liprolog Mix50 contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to use Liprolog Mix50

The 3 ml cartridge is only for use in Lilly 3 ml pens or the BerliPen[®] areo 3. It is not for use in 1.5 ml pens.

Always check the pack and the cartridge label for the name and type of the insulin when you get it from your pharmacy. Make sure you get the Liprolog Mix50 that your doctor has told you to use.

Always use Liprolog Mix50 exactly as your doctor has told you. Check with your doctor if you are not sure. To prevent the possible transmission of disease, each cartridge must be used by you only, even if the needle on the delivery device is changed.

Dosage

- You should normally inject Liprolog Mix50 within 15 minutes of a meal. If you need to, you can inject soon after a meal. But your doctor will have told you exactly how much to use, when to use it, and how often. These instructions are only for you. Follow them exactly and visit your diabetes clinic regularly.
- If you change the type of insulin you use (for example from a human or animal insulin to a Liprolog product), you may have to take more or less than before. This might just be for the first injection or it may be a gradual change over several weeks or months.
- Inject Liprolog Mix50 under the skin. You should not administer it using a different administration route. Under no circumstances should Liprolog Mix50 be given intravenously.

Preparing Liprolog Mix50

• Cartridges containing Liprolog Mix50 should be rotated in the palms of the hands ten times and inverted 180° ten times immediately before use to resuspend insulin until it appears uniformly cloudy or milky. If not, repeat the above procedure until contents are mixed. Cartridges contain a small glass bead to assist mixing. Do not shake vigorously as this may cause frothing which may interfere with the correct measurement of the dose. The cartridges should be examined frequently and should not be used if clumps of material are present or if solid white particles stick to the bottom or wall of the cartridge, giving it a frosted appearance. Check each time you inject yourself.

Getting the pen ready to use

- First wash your hands. Disinfect the rubber membrane of the cartridge.
- You must only use Liprolog Mix50 cartridges in Lilly insulin pens or the BerliPen[®] areo 3. Please make sure that Liprolog or Lilly cartridges are mentioned in the leaflet accompanying your pen. The 3 ml cartridge only fits the 3 ml pen.
- Follow the instructions that come with the pen. Put the cartridge into the pen.
- You will set the dose to 1 or 2 units. Then hold the pen with the needle pointing up and tap the side of the pen so that any bubbles float to the top. With the pen still pointing up, press the injection mechanism. Do this until a drop of Liprolog Mix50 comes out of the needle. There may still be some small air bubbles left in the pen. These are harmless, but if the air bubble is too big, it may make the dose of your injection less accurate.

Injecting Liprolog Mix50

• Before you make an injection, clean your skin as you have been instructed. Inject under the skin, as you were taught. Do not inject directly into a vein. After your injection, leave the needle in the skin for five seconds to make sure you have taken the whole dose. Do not rub the area

you have just injected. Make sure you inject at least half an inch (1 cm) from the last injection and that you 'rotate' the places you inject, as you have been taught.

After injecting

• As soon as you have done the injection, take the needle off the pen using the outer needle cap. This will keep the Liprolog Mix50 sterile and prevent leaking. It will also stop air going back into the pen and the needle clogging up. **Do not share your needles.** Do not share your pen. Replace the cap on your pen. Leave the cartridge in the pen.

Further injections

• Before every injection, dial 1 or 2 units and press the injection mechanism with the pen pointing up until a drop of Liprolog Mix50 comes out of the needle. You can see how much Liprolog is left by looking at the gauge on the side of the cartridge. The distance between each mark on the gauge is about 20 units. If there is not enough for your dose, change the cartridge.

Do not mix any other insulin in a Liprolog Mix50 cartridge. Once the cartridge is empty, do not use it again.

If you take more Liprolog Mix50 than you need

If you take more Liprolog Mix50 than you need, a low blood sugar may occur. Check your blood sugar.

If your blood sugar is low (mild hypoglycaemia), eat glucose tablets, sugar or drink a sugary drink. Then eat fruit, biscuits, or a sandwich, as your doctor has advised you and have some rest. This will often get you over mild hypoglycaemia or a minor insulin overdose. If you get worse and your breathing is shallow and your skin gets pale, tell your doctor at once. A glucagon injection can treat quite severe hypoglycaemia. Eat glucose or sugar after the glucagon injection. If you do not respond to glucagon, you will have to go to hospital. Ask your doctor to tell you about glucagon.

If you forget to use Liprolog Mix50

If you take less Liprolog Mix50 than you need, a high blood sugar may occur. Check your blood sugar

If hypoglycaemia (low blood sugar) or hyperglycaemia (high blood sugar) is not treated they can be very serious and cause headaches, nausea, vomiting, dehydration, unconsciousness, coma or even death (see A and B in section 4 "Possible Side Effects").

Three simple steps to avoid hypoglycaemia or hyperglycaemia are:

• Always keep a spare pen and cartridges of Liprolog Mix50, in case you lose your pen or cartridges or they get damaged.

- Always carry something to show you are diabetic.
- Always carry sugar with you.

If you stop using Liprolog Mix50.

If you take less Liprolog Mix50 than you need, a high blood sugar may occur. Do not change your insulin unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Systemic allergy is rare ($\geq 1/10,000$ to <1/1,000). The symptoms are as follows:

- rash over the whole body blood pressure dropping
- difficulty in breathing heart beating fast

wheezing

sweating.

If you think you are having this sort of insulin allergy with Liprolog Mix50, tell your doctor at once.

Local allergy is common ($\geq 1/100$ to <1/10). Some people get redness, swelling or itching around the area of the insulin injection. This usually clears up in anything from a few days to a few weeks. If this happens to you, tell your doctor.

Lipodystrophy is uncommon ($\geq 1/1,000$ to <1/100). If you inject insulin too often at the same place, the fatty tissue may either shrink (lipoatrophy) or thicken (lipohypertrophy). Lumps under the skin may also be caused by build-up of a protein called amyloid (cutaneous amyloidosis). The insulin may not work very well if you inject into a lumpy area. Change the injection site with each injection to help prevent these skin changes.

Oedema (e.g. swelling in arms, ankles; fluid retention) has been reported, particularly at the start of insulin therapy or during a change in therapy to improve control of your blood glucose.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in <u>Appendix V</u>. By reporting side effects you can help provide more information on the safety of this medicine.

Common problems of diabetes

A. Hypoglycaemia

Hypoglycaemia (low blood sugar) means there is not enough sugar in the blood. This can be caused if:

- you take too much Liprolog Mix50 or other insulin;
- you miss or delay meals or change your diet;
- you exercise or work too hard just before or after a meal;
- you have an infection or illness (especially diarrhoea or vomiting);
- there is a change in your need for insulin; or
- you have trouble with your kidneys or liver which gets worse.

Alcohol and some medicines can affect your blood sugar levels.

The first symptoms of low blood sugar usually come on quickly and include the following:

• tiredness

- rapid heartbeat
- nervousness or shakiness
 feeling sick
- headache cold sweat.

While you are not confident about recognising your warning symptoms, avoid situations, e.g. driving a car, in which you or others would be put at risk by hypoglycaemia.

B. Hyperglycaemia and diabetic ketoacidosis

Hyperglycaemia (too much sugar in the blood) means that your body does not have enough insulin. Hyperglycaemia can be brought about by:

- not taking your Liprolog or other insulin;
- taking less insulin than your doctor tells you to;
- eating a lot more than your diet allows; or
- fever, infection or emotional stress.

Hyperglycaemia can lead to diabetic ketoacidosis. The first symptoms come on slowly over many hours or days. The symptoms include the following:

- feeling sleepy no appetite
- flushed face fruity smell on the breath
- thirst feeling or being sick.

Severe symptoms are heavy breathing and a rapid pulse. Get medical help immediately.

C. Illness

If you are ill, especially if you feel sick or are sick, the amount of insulin you need may change. **Even when you are not eating normally, you still need insulin.** Test your urine or blood, follow your 'sick rules', and tell your doctor.

5. How to store Liprolog Mix50

Before the first use store your Liprolog Mix50 in a refrigerator $(2^{\circ}C - 8^{\circ}C)$. Do not freeze. Keep your cartridge in use at room temperature $(15^{\circ} - 30^{\circ}C)$ and discard after 28 days. Do not put it near heat or in the sun. Do not keep your pen or the cartridges you are using in the fridge. The pen with the inserted cartridge should not be stored with the needle attached.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and the carton. The expiry date refers to the last day of that month.

Do not use this medicine if you notice clumps of material are present or if solid white particles stick to the bottom or wall of the cartridge, giving it a frosted appearance. Check each time you inject yourself.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Liprolog Mix50 100 units/ml suspension for injection in cartridge contains

- The active substance is insulin lispro. Insulin lispro is made in the laboratory by a 'recombinant DNA technology' process. It is a changed form of human insulin and so is different from other human and animal insulins. Insulin lispro is closely related to human insulin which is a natural hormone made by the pancreas.
- The other ingredients are protamine sulphate, m-cresol, phenol, glycerol, dibasic sodium phosphate 7H₂O, zinc oxide and water for injection. Sodium hydroxide or hydrochloric acid may have been used to adjust the acidity.

What Liprolog Mix50 100 units/ml suspension for injection in cartridge looks like and contents of the pack

Liprolog Mix50 100 units/ml suspension for injection is a white, sterile suspension and contains 100 units of insulin lispro in each millilitre (100 units/ml) suspension for injection. 50% of the insulin lispro in Liprolog Mix50 is dissolved in water. 50% of the insulin lispro in Liprolog Mix50 is available in a suspension together with protamine sulphate. Each cartridge contains 300 units (3 millilitres). The cartridges come in packs of 5 or 10 cartridges. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Liprolog Mix50 100 units/ml suspension for injection in cartridge is made by:

- Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France,
- Eli Lilly Italia S.p.A., Via Gramsci 731-733, 50019 Sesto Fiorentino, (FI) Italy.

The product licence is held by: Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder:

Belgique/België/Belgien Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

България ТП "Ели Лили Недерланд" Б.В. - България тел. + 359 2 491 41 40

Česká republika ELI LILLY ČR, s.r.o. Tel: + 420 234 664 111

Danmark Eli Lilly Danmark A/S Tlf: +45 45 26 6000

Deutschland Lilly Deutschland GmbH Tel. + 49-(0) 6172 273 2222

Eesti Eli Lilly Nederland B.V. Tel: +372 6817 280

Ελλάδα ΦΑΡΜΑΣΕΡΒ-ΛΙΛΛΥ Α.Ε.Β.Ε. Τηλ: +30 210 629 4600

España Lilly S.A. Tel: + 34-91 663 50 00

France Lilly France Tél: +33-(0) 1 55 49 34 34

Hrvatska Eli Lilly Hrvatska d.o.o. Tel: +385 1 2350 999

Ireland Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

Ísland Icepharma hf. Sími + 354 540 8000

Italia Eli Lilly Italia S.p.A. Tel: + 39- 055 42571 Lietuva Eli Lilly Lietuva Tel. +370 (5) 2649600

Luxembourg/Luxemburg Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

Magyarország Lilly Hungária Kft. Tel: + 36 1 328 5100

Malta Charles de Giorgio Ltd. Tel: + 356 25600 500

Nederland Eli Lilly Nederland B.V. Tel: + 31-(0) 30 60 25 800

Norge Eli Lilly Norge A.S. Tlf: + 47 22 88 18 00

Österreich Eli Lilly Ges. m.b.H. Tel: + 43-(0) 1 711 780

Polska Eli Lilly Polska Sp. z o.o. Tel: +48 22 440 33 00

Portugal Lilly Portugal - Produtos Farmacêuticos, Lda Tel: + 351-21-4126600

România Eli Lilly România S.R.L. Tel: + 40 21 4023000

Slovenija Eli Lilly farmacevtska družba, d.o.o. Tel: +386 (0) 1 580 00 10

Slovenská republika Eli Lilly Slovakia s.r.o. Tel: + 421 220 663 111

Suomi/Finland Oy Eli Lilly Finland Ab Puh/Tel: + 358-(0) 9 85 45 250 **Κύπρος** Phadisco Ltd Τηλ: +357 22 715000

Latvija Eli Lilly (Suisse) S.A Pārstāvniecība Latvijā Tel: +371 67364000 Sverige Eli Lilly Sweden AB Tel: + 46-(0) 8 7378800

United Kingdom (Northern Ireland) Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

This leaflet was last revised in {MM/YYY}.

Detailed information on this medicine is available on the European Medicines Agency web site: http://www.ema.europa.eu/.

Package leaflet: Information for the user

Liprolog 100 units/ml KwikPen, solution for injection in a pre-filled pen insulin lispro Each KwikPen delivers 1 – 60 units in steps of 1 units.

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What Liprolog KwikPen is and what it is used for
- 2. What you need to know before you use Liprolog KwikPen
- 3. How to use Liprolog KwikPen
- 4. Possible side effects
- 5. How to store Liprolog KwikPen
- 6. Contents of the pack and other information

1. What Liprolog KwikPen is and what it is used for

Liprolog KwikPen is used to treat diabetes. It works more quickly than normal human insulin because the insulin molecule has been changed slightly.

You get diabetes if your pancreas does not make enough insulin to control the level of glucose in your blood. Liprolog is a substitute for your own insulin and is used to control glucose in the long term. It works very quickly and lasts a shorter time than soluble insulin (2 to 5 hours). You should normally use Liprolog within 15 minutes of a meal.

Your doctor may tell you to use Liprolog KwikPen as well as a longer-acting insulin. Each kind of insulin comes with another patient information leaflet to tell you about it. Do not change your insulin unless your doctor tells you to. Be very careful if you do change insulin.

Liprolog is suitable for use in adults and children.

The KwikPen is a disposable pre-filled pen containing 3 ml (300 units, 100 units/ml) of insulin lispro. One KwikPen contains multiple doses of insulin. The KwikPen dials 1 unit at a time. The number of units are displayed in the dose window, always check this before your injection. You can give from 1 to 60 units in a single injection. If your dose is more than 60 units, you will need to give yourself more than one injection.

2. What you need to know before you use Liprolog KwikPen

Do NOT use Liprolog KwikPen

- if you think **hypoglycaemia** (low blood sugar) is starting. Further in this leaflet it tells you how to deal with mild hypoglycaemia (see Section 3: If you take more Liprolog than you need).
- if you are **allergic** to insulin lispro or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

- If your blood sugar levels are well controlled by your current insulin therapy, you may not feel the warning symptoms when your blood sugar is falling too low. Warning signs are listed later in this leaflet. You must think carefully about when to have your meals, how often to exercise and how much to do. You must also keep a close watch on your blood sugar levels by testing your blood glucose often.
- A few people who have had hypoglycaemia after switching from animal insulin to human insulin have reported that the early warning symptoms were less obvious or different. If you often have hypoglycaemia or have difficulty recognising it, please discuss this with your doctor.
- If you answer YES to any of the following questions, tell your doctor, pharmacist or diabetes nurse
 Have you recently become ill?
 - Do you have trouble with your kidneys or liver?
 - Are you exercising more than usual?
- The amount of insulin you need may also change if you drink alcohol.
- You should also tell your doctor, pharmacist or diabetes nurse if you are planning to go abroad. The time difference between countries may mean that you have to have your injections and meals at different times from when you are at home.
- Some patients with long-standing type 2 diabetes mellitus and heart disease or previous stroke who were treated with pioglitazone and insulin experienced the development of heart failure. Inform your doctor as soon as possible if you experience signs of heart failure such as unusual shortness of breath or rapid increase in weight or localised swelling (oedema).
- This Pen is not recommended for use by the blind or visually impaired without the help of someone trained to use the Pen.

Skin changes at the injection site:

The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (See How to use Liprolog KwikPen). Contact your doctor if you are currently injecting into a lumpy area before you start injecting a different area. Your doctor may tell you to check your blood sugar more closey, and to adjust your insulin or your other antidiabetic medications dose.

Other medicines and Liprolog KwikPen

Your insulin needs may change if you are taking

- the contraceptive pill,
- steroids,
- thyroid hormone replacement therapy,
- oral hypoglycaemics,
- acetyl salicylic acid,
- sulpha antibiotics,
- octreotide,
- "beta2 stimulants" (for example ritodrine, salbutamol or terbutaline),
- beta-blockers, or
- some antidepressants (monoamine oxidase inhibitors or selective serotonin reuptake inhibitors),
- danazol,
- some angiotensin converting enzyme (ACE) inhibitors (for example captopril, enalapril), and
- angiotensin II receptor blockers.

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

Are you pregnant or thinking about becoming pregnant, or are you breast-feeding? The amount of insulin you need usually falls during the first three months of pregnancy and increases for the remaining six months. If you are breast-feeding, you may need to alter your insulin intake or diet. Ask your doctor for advice.

Driving and using machines

Your ability to concentrate and react may be reduced if you have hypoglycaemia. Please keep this possible problem in mind in all situations where you might put yourself and others at risk (e.g. driving a car or operating machinery). You should contact your doctor about the advisability of driving if you have:

- frequent episodes of hypoglycaemia
- reduced or absent warning signs of hypoglycaemia

Liprolog KwikPen contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to use Liprolog KwikPen

Always check the pack and the label of the pre-filled pen for the name and type of the insulin when you get it from your pharmacy. Make sure you get the Liprolog KwikPen that your doctor has told you to use.

Always use Liprolog KwikPen exactly as your doctor has told you. Check with your doctor if you are not sure. To prevent the possible transmission of disease, each pen must be used by you only, even if the needle is changed.

Dosage

- You should normally inject Liprolog within 15 minutes of a meal. If you need to, you can inject soon after a meal. But your doctor will have told you exactly how much to use, when to use it, and how often. These instructions are only for you. Follow them exactly and visit your diabetes clinic regularly.
- If you change the type of insulin you use (for example from a human or animal insulin to a Liprolog product), you may have to take more or less than before. This might just be for the first injection or it may be a gradual change over several weeks or months.
- Liprolog KwikPen is only suitable for injecting just under the skin. Speak to your doctor if you need to inject your insulin by another method.

Preparing Liprolog KwikPen

• Liprolog is already dissolved in water, so you do not need to mix it. But you must use it **only** if it looks like water. It must be clear, have no colour and no solid pieces in it. Check each time you inject yourself.

Getting the KwikPen ready to use (Please see user manual)

- First wash your hands.
- Read the instructions on how to use your pre-filled insulin pen. Please follow the instructions carefully. Here are some reminders.
- Use a clean needle. (Needles are not included).
- Prime your KwikPen before each use. This checks that insulin comes out and clears the air bubbles from your KwikPen. There may still be some small air bubbles left in the pen these are harmless. But if the air bubbles are too large it may affect the insulin dose.

Injecting Liprolog KwikPen

• Before you make an injection, clean your skin as you have been instructed. Inject under the skin, as you were taught. Do not inject directly into a vein. After your injection, leave the needle in the skin for five seconds to make sure you have taken the whole dose. Do not rub the area you have just injected. Make sure you inject at least half an inch (1 cm) from the last injection and that you 'rotate' the places you inject, as you have been taught. It doesn't matter which injection site you use, either upper arm, thigh, buttock or abdomen, your Liprolog injection will still work quicker than soluble human insulin.

• You must not administer Liprolog by the intravenous route. Inject Liprolog as your physician or nurse has taught you. Only your physician can administer Liprolog by the intravenous route. He will only do this under special circumstances such as surgery or if you are ill and your glucose levels are too high.

After injecting

• As soon as you have done the injection, unscrew the needle from the KwikPen using the outer needle cap. This will keep the insulin sterile and stop it leaking. It also stops air entering the pen and your needle clogging. **Do not share your needles**. <u>Do not share your pen</u>. Replace the cap on your pen.

Further injections

- Every time you use a KwikPen you must use a new needle. Before every injection, clear any air bubbles. You can see how much insulin is left by holding the KwikPen with the needle pointing up. The scale on the cartridge shows about how many units you have left.
- Do not mix any other insulin in your disposable pen. Once the KwikPen is empty, do not use it again. Please get rid of it carefully your pharmacist or diabetes nurse will tell you how to do this.

Using Liprolog in an infusion pump

• KwikPen is only suitable for injecting just under the skin. Do not use the pen to administer Liprolog by a different way. Other forms of Liprolog 100 units/ml are available if this is necessary. Speak to your doctor if this applies to you.

If you take more Liprolog than you need

If you take more Liprolog than you need, a low blood sugar may occur. Check your blood sugar. If your blood sugar is low (mild hypoglycaemia), eat glucose tablets, sugar or drink a sugary drink. Then eat fruit, biscuits, or a sandwich, as your doctor has advised you and have some rest. This will often get you over mild hypoglycaemia or a minor insulin overdose. If you get worse and your breathing is shallow and your skin gets pale, tell your doctor at once. A glucagon injection can treat quite severe hypoglycaemia. Eat glucose or sugar after the glucagon injection. If you do not respond to glucagon, you will have to go to hospital. Ask your doctor to tell you about glucagon.

If you forget to use Liprolog

If you take less Liprolog than you need, a high blood sugar may occur. Check your blood sugar

If hypoglycaemia (low blood sugar) or hyperglycaemia (high blood sugar) is not treated they can be very serious and cause headaches, nausea, vomiting, dehydration, unconsciousness, coma or even death (see A and B in section 4 "Possible Side Effects").

Three simple steps to avoid hypoglycaemia or hyperglycaemia are:

- Always keep spare syringes and a spare vial of Liprolog, or a spare pen and cartridges, in case you lose your KwikPen or it gets damaged.
- Always carry something to show you are diabetic.
- Always carry sugar with you.

If you stop using Liprolog.

If you take less Liprolog than you need, a high blood sugar may occur. Do not change your insulin unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Systemic allergy is rare ($\geq 1/10,000$ to <1/1,000). The symptoms are as follows:

- rash over the whole body blood pressure dropping
- difficulty in breathing heart beating fast
- wheezing sweating.

If you think you are having this sort of insulin allergy with Liprolog, tell your doctor at once.

Local allergy is common ($\geq 1/100$ to <1/10). Some people get redness, swelling or itching around the area of the insulin injection. This usually clears up in anything from a few days to a few weeks. If this happens to you, tell your doctor.

Lipodystrophy is uncommon ($\geq 1/1,000$ to <1/100). If you inject insulin too often at the same place, the fatty tissue may either shrink (lipoatrophy) or thicken (lipohypertrophy). Lumps under the skin may also be caused by build-up of a protein called amyloid (cutaneous amyloidosis). The insulin may not work very well if you inject into a lumpy area. Change the injection site with each injection to help prevent these skin changes.

Oedema (e.g. swelling in arms, ankles; fluid retention) has been reported, particularly at the start of insulin therapy or during a change in therapy to improve control of your blood glucose.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in <u>Appendix V</u>. By reporting side effects you can help provide more information on the safety of this medicine.

Common problems of diabetes

A. Hypoglycaemia

Hypoglycaemia (low blood sugar) means there is not enough sugar in the blood. This can be caused if:
you take too much Liprolog or other insulin;

- you take too inden Elpiolog of other insumi,
 you miss or delay meals or change your diet;
- you exercise or work too hard just before or after a meal;
- you have an infection or illness (especially diarrhoea or vomiting);
- there is a change in your need for insulin; or
- you have trouble with your kidneys or liver which gets worse.

Alcohol and some medicines can affect your blood sugar levels.

The first symptoms of low blood sugar usually come on quickly and include the following:

- tiredness
- rapid heartbeat
- nervousness or shakiness feeling sick
- headache cold sweat.

While you are not confident about recognising your warning symptoms, avoid situations, e.g. driving a car, in which you or others would be put at risk by hypoglycaemia.

B. Hyperglycaemia and diabetic ketoacidosis

Hyperglycaemia (too much sugar in the blood) means that your body does not have enough insulin. Hyperglycaemia can be brought about by:

- not taking your Liprolog or other insulin;
- taking less insulin than your doctor tells you to;
- eating a lot more than your diet allows; or

• fever, infection or emotional stress.

Hyperglycaemia can lead to diabetic ketoacidosis. The first symptoms come on slowly over many hours or days. The symptoms include the following:

- feeling sleepy
 - no appetite flushed face fruity smell on the breath
 - thirst feeling or being sick.

Severe symptoms are heavy breathing and a rapid pulse. Get medical help immediately.

С. Illness

•

If you are ill, especially if you feel sick or are sick, the amount of insulin you need may change. Even when you are not eating normally, you still need insulin. Test your urine or blood, follow your 'sick rules', and tell your doctor.

5. How to store Liprolog KwikPen

Before the first use store your Liprolog KwikPen in a refrigerator $(2^{\circ}C - 8^{\circ}C)$. Do not freeze. Keep your Liprolog KwikPen in use at room temperature (15° - 30°C) and discard after 28 days. Do not put it near heat or in the sun. Do not keep the KwikPen that you are using in the fridge. The KwikPen should not be stored with the needle attached.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and the carton. The expiry date refers to the last day of that month.

Do not use this medicine if you notice the solution is coloured or it has solid pieces in it. You must use it only if it looks like water. Check this each time you inject yourself.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Liprolog 100 units/ml KwikPen solution for injection contains

- The active substance is insulin lispro. Insulin lispro is made in the laboratory by a 'recombinant DNA technology' process. It is a changed form of human insulin and so is different from other human and animal insulins. Insulin lispro is closely related to human insulin which is a natural hormone made by the pancreas.
- The other ingredients are m-cresol, glycerol, dibasic sodium phosphate 7 H₂O, zinc oxide and water for injection. Sodium hydroxide or hydrochloric acid may have been used to adjust the acidity.

What Liprolog KwikPen looks like and contents of the pack

Liprolog 100 units/ml KwikPen, solution for injection is a sterile, clear, colourless, aqueous solution and contains 100 units of insulin lispro in each millilitre (100 units/ml) solution for injection. Each Liprolog KwikPen contains 300 units (3 millilitres). The Liprolog KwikPen comes in a pack of 5 prefilled pens or a multipack of 2 x 5 pre-filled pens. Not all pack sizes may be marketed. The Liprolog in your pre-filled pen is the same as the Liprolog, which comes in separate Liprolog cartridges. The KwikPen simply has a built in cartridge. When the pre-filled pen is empty you cannot use it again.

Marketing Authorisation Holder and Manufacturer

Liprolog 100 units/ml KwikPen, solution for injection is made by:

Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France,

• Eli Lilly Italia S.p.A., Via Gramsci 731-733, 50019 Sesto Fiorentino, (FI) Italy.

The product licence is held by: Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder:

Belgique/België/Belgien Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

България ТП "Ели Лили Недерланд" Б.В. - България тел. + 359 2 491 41 40

Česká republika ELI LILLY ČR, s.r.o. Tel: + 420 234 664 111

Danmark Eli Lilly Danmark A/S Tlf: +45 45 26 6000

Deutschland Lilly Deutschland GmbH Tel. + 49-(0) 6172 273 2222

Eesti Eli Lilly Nederland B.V. Tel: +372 6817 280

Ελλάδα ΦΑΡΜΑΣΕΡΒ-ΛΙΛΛΥ Α.Ε.Β.Ε. Τηλ: +30 210 629 4600

España Lilly S.A. Tel: + 34-91 663 50 00

France Lilly France Tél: +33-(0) 1 55 49 34 34

Hrvatska Eli Lilly Hrvatska d.o.o. Tel: +385 1 2350 999

Ireland Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

Ísland Icepharma hf. Sími + 354 540 8000 Lietuva Eli Lilly Lietuva Tel. +370 (5) 2649600

Luxembourg/Luxemburg Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

Magyarország Lilly Hungária Kft. Tel: + 36 1 328 5100

Malta Charles de Giorgio Ltd. Tel: + 356 25600 500

Nederland Eli Lilly Nederland B.V. Tel: + 31-(0) 30 60 25 800

Norge Eli Lilly Norge A.S. Tlf: + 47 22 88 18 00

Österreich Eli Lilly Ges. m.b.H. Tel: + 43-(0) 1 711 780

Polska Eli Lilly Polska Sp. z o.o. Tel: +48 22 440 33 00

Portugal Lilly Portugal - Produtos Farmacêuticos, Lda Tel: + 351-21-4126600

România Eli Lilly România S.R.L. Tel: + 40 21 4023000

Slovenija Eli Lilly farmacevtska družba, d.o.o. Tel: +386 (0) 1 580 00 10

Slovenská republika Eli Lilly Slovakia s.r.o. Tel: + 421 220 663 111 Italia Eli Lilly Italia S.p.A. Tel: + 39- 055 42571

Κύπρος Phadisco Ltd Τηλ: +357 22 715000

Latvija Eli Lilly (Suisse) S.A Pārstāvniecība Latvijā Tel: +371 67364000 Suomi/Finland Oy Eli Lilly Finland Ab Puh/Tel: + 358-(0) 9 85 45 250

Sverige Eli Lilly Sweden AB Tel: + 46-(0) 8 7378800

United Kingdom (Northern Ireland) Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

This leaflet was last revised in $\{MM/YYY\}.$

USER MANUAL

Please see manual text later.

Detailed information on this medicine is available on the European Medicines Agency web site: http://www.ema.europa.eu/.

Package leaflet: Information for the user

Liprolog Mix25 100 units/ml KwikPen, suspension for injection in a pre-filled pen insulin lispro Each KwikPen delivers 1 – 60 units in steps of 1 units.

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What Liprolog Mix25 KwikPen is and what it is used for
- 2. What you need to know before you use Liprolog Mix25 KwikPen
- 3. How to use Liprolog Mix25 KwikPen
- 4. Possible side effects
- 5. How to store Liprolog Mix25 KwikPen
- 6. Contents of the pack and other information

1. What Liprolog Mix25 KwikPen is and what it is used for

Liprolog Mix25 KwikPen is used to treat diabetes. It is a premixed suspension. Its active substance is insulin lispro. 25% of the insulin lispro in Liprolog Mix25 KwikPen is dissolved in water and it works more quickly than normal human insulin because the insulin molecule has been changed slightly. 75% of the insulin lispro in Liprolog Mix25 KwikPen is available in a suspension together with protamine sulphate, so that its action is prolonged.

You get diabetes if your pancreas does not make enough insulin to control the level of glucose in your blood. Liprolog Mix25 is a substitute for your own insulin and is used to control glucose in the long term. Liprolog Mix25 works very quickly and longer than soluble insulin. You should normally use Liprolog Mix25 within 15 minutes of a meal.

Your doctor may tell you to use Liprolog Mix25 KwikPen as well as a longer-acting insulin. Each kind of insulin comes with another patient information leaflet to tell you about it. Do not change your insulin unless your doctor tells you to. Be very careful if you do change insulin.

The KwikPen is a disposable pre-filled pen containing 3 ml (300 units, 100 units/ml) of insulin lispro. One KwikPen contains multiple doses of insulin. The KwikPen dials 1 unit at a time. **The number of units are displayed in the dose window, always check this before your injection.** You can give from 1 to 60 units in a single injection. **If your dose is more than 60 units, you will need to give yourself more than one injection.**

2. What you need to know before you use Liprolog Mix25 KwikPen

Do NOT use Liprolog Mix25 KwikPen

- if you think **hypoglycaemia** (low blood sugar) is starting. Further in this leaflet it tells you how to deal with mild hypoglycaemia (see Section 3: If you take more Liprolog Mix25 than you need).
- if you are **allergic** to insulin lispro or any of the other ingredients of this medicine (listed in section 6).
Warnings and precautions

- If your blood sugar levels are well controlled by your current insulin therapy, you may not feel the warning symptoms when your blood sugar is falling too low. Warning signs are listed later in this leaflet. You must think carefully about when to have your meals, how often to exercise and how much to do. You must also keep a close watch on your blood sugar levels by testing your blood glucose often.
- A few people who have had hypoglycaemia after switching from animal insulin to human insulin have reported that the early warning symptoms were less obvious or different. If you often have hypoglycaemia or have difficulty recognising them, please discuss this with your doctor.
- If you answer YES to any of the following questions, tell your doctor, pharmacist or diabetes nurse
 - Have you recently become ill?
 - Do you have trouble with your kidneys or liver?
 - Are you exercising more than usual?
- The amount of insulin you need may also change if you drink alcohol.
- You should also tell your doctor, pharmacist or diabetes nurse if you are planning to go abroad. The time difference between countries may mean that you have to have your injections and meals at different times from when you are at home.
- Some patients with long-standing type 2 diabetes mellitus and heart disease or previous stroke who were treated with pioglitazone and insulin experienced the development of heart failure. Inform your doctor as soon as possible if you experience signs of heart failure such as unusual shortness of breath or rapid increase in weight or localised swelling (oedema).
- This Pen is not recommended for use by the blind or visually impaired without the help of someone trained to use the Pen.

Skin changes at the injection site:

The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (See How to use Liprolog Mix25 KwikPen). Contact your doctor if you are currently injecting into a lumpy area before you start injecting a different area. Your doctor may tell you to check your blood sugar more closey, and to adjust your insulin or your other antidiabetic medications dose.

Other medicines and Liprolog Mix25 KwikPen

Your insulin needs may change if you are taking

- the contraceptive pill,
- steroids,
- thyroid hormone replacement therapy,
- oral hypoglycaemics,
- acetyl salicylic acid,
- sulpha antibiotics,
- octreotide,
- "beta₂ stimulants" (for example ritodrine, salbutamol or terbutaline),
- beta-blockers, or
- some antidepressants (monoamine oxidase inhibitors or selective serotonin reuptake inhibitors),
- danazol,
- some angiotensin converting enzyme (ACE) inhibitors (for example captopril, enalapril), and
- angiotensin II receptor blockers.

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

Are you pregnant or thinking about becoming pregnant, or are you breast-feeding? The amount of insulin you need usually falls during the first three months of pregnancy and increases for the remaining six months. If you are breast-feeding, you may need to alter your insulin intake or diet. Ask your doctor for advice.

Driving and using machines

Your ability to concentrate and react may be reduced if you have hypoglycaemia. Please keep this possible problem in mind in all situations where you might put yourself and others at risk (e.g. driving a car or operating machinery). You should contact your doctor about the advisability of driving if you have:

- frequent episodes of hypoglycaemia
- reduced or absent warning signs of hypoglycaemia

Liprolog Mix25 KwikPen contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to use Liprolog Mix25 KwikPen

Always check the pack and the label of the pre-filled pen for the name and type of the insulin when you get it from your pharmacy. Make sure you get the Liprolog Mix25 KwikPen that your doctor has told you to use.

Always use Liprolog Mix25 KwikPen exactly as your doctor has told you. Check with your doctor if you are not sure. To prevent the possible transmission of disease, each pen must be used by you only, even if the needle is changed.

Dosage

- You should normally inject Liprolog Mix25 within 15 minutes of a meal. If you need to, you can inject soon after a meal. But your doctor will have told you exactly how much to use, when to use it, and how often. These instructions are only for you. Follow them exactly and visit your diabetes clinic regularly.
- If you change the type of insulin you use (for example from a human or animal insulin to a Liprolog product), you may have to take more or less than before. This might just be for the first injection or it may be a gradual change over several weeks or months.
- Liprolog Mix25 KwikPen is only suitable for injecting just under the skin. Speak to your doctor if you need to inject your insulin by another method.

Preparing Liprolog Mix25 KwikPen

• The KwikPen should be rotated in the palms of the hands ten times and inverted 180° ten times immediately before use to resuspend insulin until it appears uniformly cloudy or milky. If not, repeat the above procedure until contents are mixed. Cartridges contain a small glass bead to assist mixing. Do not shake vigorously as this may cause frothing which may interfere with the correct measurement of the dose. The cartridges should be examined frequently and should not be used if clumps of material are present or if solid white particles stick to the bottom or wall of the cartridge, giving it a frosted appearance. Check each time you inject yourself.

Getting the KwikPen ready to use (Please see user manual)

- First wash your hands.
- Read the instructions on how to use your pre-filled insulin pen. Please follow the instructions carefully. Here are some reminders.
- Use a clean needle. (Needles are not included).
- Prime your KwikPen before each use. This checks that insulin comes out and clears the air bubbles from your KwikPen. There may still be some small air bubbles left in the pen these are harmless. But if the air bubbles are too large it may affect the insulin dose.

Injecting Liprolog Mix25

• Before you make an injection, clean your skin as you have been instructed. Inject under the skin, as you were taught. Do not inject directly into a vein. After your injection, leave the

needle in the skin for five seconds to make sure you have taken the whole dose. Do not rub the area you have just injected. Make sure you inject at least half an inch (1 cm) from where you last injected and that you 'rotate' the places you inject, as you have been taught.

After injecting

• As soon as you have done the injection, unscrew the needle from the KwikPen using the outer needle cap. This will keep the insulin sterile and stop it leaking. It also stops air entering the pen and your needle clogging. **Do not share your needles**. <u>Do not share your pen</u>. Replace the cap on the pen.

Further injections

- Every time you use a KwikPen you must use a new needle. Before every injection, clear any air bubbles. You can see how much insulin is left by holding the KwikPen with the needle pointing up. The scale on the cartridge shows about how many units you have left.
- Do not mix any other insulin in your disposable pen. Once the KwikPen is empty, do not use it again. Please get rid of it carefully your pharmacist or diabetes nurse will tell you how to do this.

If you take more Liprolog Mix25 than you need

If you take more Liprolog Mix25 than you need, a low blood sugar may occur. Check your blood sugar.

If your blood sugar is low (mild hypoglycaemia), eat glucose tablets, sugar or drink a sugary drink. Then eat fruit, biscuits, or a sandwich, as your doctor has advised you and have some rest. This will often get you over mild hypoglycaemia or a minor insulin overdose. If you get worse and your breathing is shallow and your skin gets pale, tell your doctor at once. A glucagon injection can treat quite severe hypoglycaemia. Eat glucose or sugar after the glucagon injection. If you do not respond to glucagon, you will have to go to hospital. Ask your doctor to tell you about glucagon.

If you forget to use Liprolog Mix25

If you take less Liprolog Mix25 than you need, a high blood sugar may occur. Check your blood sugar

If hypoglycaemia (low blood sugar) or hyperglycaemia (high blood sugar) is not treated they can be very serious and cause headaches, nausea, vomiting, dehydration, unconsciousness, coma or even death (see A and B in section 4 "Possible Side Effects").

Three simple steps to avoid hypoglycaemia or hyperglycaemia are:

- Always keep a spare pen and cartridges of Liprolog Mix25, in case you lose your KwikPen or it gets damaged.
- Always carry something to show you are diabetic.
- Always carry sugar with you.

If you stop using Liprolog Mix25.

If you take less Liprolog Mix25 than you need, a high blood sugar may occur. Do not change your insulin unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Systemic allergy is rare ($\geq 1/10,000$ to <1/1,000). The symptoms are as follows:

- rash over the whole body blood pressure dropping
- difficulty in breathing heart beating fast
 - wheezing sweating.
 - 147

If you think you are having this sort of insulin allergy with Liprolog Mix25, tell your doctor at once.

Local allergy is common ($\geq 1/100$ to <1/10). Some people get redness, swelling or itching around the area of the insulin injection. This usually clears up in anything from a few days to a few weeks. If this happens to you, tell your doctor.

Lipodystrophy is uncommon ($\geq 1/1,000$ to <1/100). If you inject insulin too often at the same place, the fatty tissue may either shrink (lipoatrophy) or thicken (lipohypertrophy). Lumps under the skin may also be caused by build-up of a protein called amyloid (cutaneous amyloidosis). The insulin may not work very well if you inject into a lumpy area. Change the injection site with each injection to help prevent these skin changes.

Oedema (e.g. swelling in arms, ankles; fluid retention) has been reported, particularly at the start of insulin therapy or during a change in therapy to improve control of your blood glucose.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in <u>Appendix V</u>. By reporting side effects you can help provide more information on the safety of this medicine.

Common problems of diabetes

A. Hypoglycaemia

Hypoglycaemia (low blood sugar) means there is not enough sugar in the blood. This can be caused if:

- you take too much Liprolog Mix25 or other insulin;
- you miss or delay meals or change your diet;
- you exercise or work too hard just before or after a meal;
- you have an infection or illness (especially diarrhoea or vomiting);
- there is a change in your need for insulin; or
- you have trouble with your kidneys or liver which gets worse.

Alcohol and some medicines can affect your blood sugar levels.

The first symptoms of low blood sugar usually come on quickly and include the following:

- tiredness rapid heartbeat
- nervousness or shakiness
 feeling sick
- headache
 cold sweat.

While you are not confident about recognising your warning symptoms, avoid situations, e.g. driving a car, in which you or others would be put at risk by hypoglycaemia.

B. Hyperglycaemia and diabetic ketoacidosis

Hyperglycaemia (too much sugar in the blood) means that your body does not have enough insulin. Hyperglycaemia can be brought about by:

- not taking your Liprolog or other insulin;
- taking less insulin than your doctor tells you to;
- eating a lot more than your diet allows; or
- fever, infection or emotional stress.

Hyperglycaemia can lead to diabetic ketoacidosis. The first symptoms come on slowly over many hours or days. The symptoms include the following:

- feeling sleepy no appetite
- flushed face fruity smell on the breath
 - thirst feeling or being sick.

Severe symptoms are heavy breathing and a rapid pulse. Get medical help immediately.

C. Illness

If you are ill, especially if you feel sick or are sick, the amount of insulin you need may change. **Even when you are not eating normally, you still need insulin.** Test your urine or blood, follow your 'sick rules', and tell your doctor.

5. How to store Liprolog Mix25 KwikPen

Before the first use store your Liprolog Mix25 KwikPen in a refrigerator $(2^{\circ}C - 8^{\circ}C)$. Do not freeze. Keep your Liprolog Mix25 KwikPen in use at room temperature $(15^{\circ} - 30^{\circ}C)$ and discard after 28 days. Do not put it near heat or in the sun. Do not keep the KwikPen that you are using in the fridge. The KwikPen should not be stored with the needle attached.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and the carton. The expiry date refers to the last day of that month.

Do not use this medicine if you notice clumps of material are present or if solid white particles stick to the bottom or wall of the cartridge, giving it a frosted appearance. Check each time you inject yourself.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Liprolog Mix25 100 units/ml KwikPen, suspension for injection contains

- The active substance is insulin lispro. Insulin lispro is made in the laboratory by a 'recombinant DNA technology' process. It is a changed form of human insulin and so is different from other human and animal insulins. Insulin lispro is closely related to human insulin which is a natural hormone made by the pancreas.
- The other ingredients are protamine sulphate, m-cresol, phenol, glycerol, dibasic sodium phosphate 7H₂O, zinc oxide and water for injection. Sodium hydroxide or hydrochloric acid may have been used to adjust the acidity.

What Liprolog Mix25 100 units/ml KwikPen, suspension for injection looks like and contents of the pack

Liprolog Mix25 100 units/ml KwikPen, suspension for injection is a white, sterile suspension and contains 100 units of insulin lispro in each millilitre (100 units/ml) suspension for injection. 25% of the insulin lispro in Liprolog Mix25 is dissolved in water. 75% of the insulin lispro in Liprolog Mix25 is available in a suspension together with protamine sulphate. Each Liprolog Mix25 KwikPen contains 300 units (3 millilitres). The Liprolog Mix25 KwikPen comes in a pack of 5 pre-filled pens or a multipack of 2 x 5 pre-filled pens. Not all pack sizes may be marketed. The Liprolog Mix25 in your pre-filled pen is the same as the Liprolog Mix25, which comes in separate Liprolog Mix25 cartridges. The KwikPen simply has a built in cartridge. When the pre-filled pen is empty you cannot use it again.

Marketing Authorisation Holder and Manufacturer

Liprolog Mix25 100 units/ml KwikPen, suspension for injection is made by:

- Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France,
- Eli Lilly Italia S.p.A., Via Gramsci 731-733, 50019 Sesto Fiorentino, (FI) Italy.

The product licence is held by: Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder:

Belgique/België/Belgien Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

България ТП "Ели Лили Недерланд" Б.В. - България тел. + 359 2 491 41 40

Česká republika ELI LILLY ČR, s.r.o. Tel: + 420 234 664 111

Danmark Eli Lilly Danmark A/S Tlf: +45 45 26 6000

Deutschland Lilly Deutschland GmbH Tel. + 49-(0) 6172 273 2222

Eesti Eli Lilly Nederland B.V. Tel: +372 6817 280

Ελλάδα ΦΑΡΜΑΣΕΡΒ-ΛΙΛΛΥ Α.Ε.Β.Ε. Τηλ: +30 210 629 4600

España Lilly S.A. Tel: + 34-91 663 50 00

France Lilly France Tél: +33-(0) 1 55 49 34 34

Hrvatska Eli Lilly Hrvatska d.o.o. Tel: +385 1 2350 999

Ireland Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

Ísland Icepharma hf. Sími + 354 540 8000

Italia Eli Lilly Italia S.p.A. Tel: + 39- 055 42571 Lietuva Eli Lilly Lietuva Tel. +370 (5) 2649600

Luxembourg/Luxemburg Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

Magyarország Lilly Hungária Kft. Tel: + 36 1 328 5100

Malta Charles de Giorgio Ltd. Tel: + 356 25600 500

Nederland Eli Lilly Nederland B.V. Tel: + 31-(0) 30 60 25 800

Norge Eli Lilly Norge A.S. Tlf: + 47 22 88 18 00

Österreich Eli Lilly Ges. m.b.H. Tel: + 43-(0) 1 711 780

Polska Eli Lilly Polska Sp. z o.o. Tel: +48 22 440 33 00

Portugal Lilly Portugal - Produtos Farmacêuticos, Lda Tel: + 351-21-4126600

România Eli Lilly România S.R.L. Tel: + 40 21 4023000

Slovenija Eli Lilly farmacevtska družba, d.o.o. Tel: +386 (0) 1 580 00 10

Slovenská republika Eli Lilly Slovakia s.r.o. Tel: + 421 220 663 111

Suomi/Finland Oy Eli Lilly Finland Ab Puh/Tel: + 358-(0) 9 85 45 250 **Κύπρος** Phadisco Ltd Τηλ: +357 22 715000

Latvija Eli Lilly (Suisse) S.A Pārstāvniecība Latvijā Tel: +371 67364000 Sverige Eli Lilly Sweden AB Tel: + 46-(0) 8 7378800

United Kingdom (Northern Ireland) Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

This leaflet was last revised in {MM/YYY}.

USER MANUAL

Please see manual text later.

Detailed information on this medicine is available on the European Medicines Agency web site: http://www.ema.europa.eu/.

Package leaflet: Information for the user

Liprolog Mix50 100 units/ml KwikPen, suspension for injection in a pre-filled pen insulin lispro Each KwikPen delivers 1 – 60 units in steps of 1 units.

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What Liprolog Mix50 KwikPen is and what it is used for
- 2. What you need to know before you use Liprolog Mix50 KwikPen
- 3. How to use Liprolog Mix50 KwikPen
- 4. Possible side effects
- 5. How to store Liprolog Mix50 KwikPen
- 6. Contents of the pack and other information

1. What Liprolog Mix50 KwikPen is and what it is used for

Liprolog Mix50 KwikPen is used to treat diabetes. It is a premixed suspension. Its active substance is insulin lispro. 50% of the insulin lispro in Liprolog Mix50 KwikPen is dissolved in water and it works more quickly than normal human insulin because the insulin molecule has been changed slightly. 50% of the insulin lispro in Liprolog Mix50 KwikPen is available in a suspension together with protamine sulphate, so that its action is prolonged.

You get diabetes if your pancreas does not make enough insulin to control the level of glucose in your blood. Liprolog Mix50 is a substitute for your own insulin and is used to control glucose in the long term. Liprolog Mix50 works very quickly and longer than soluble insulin. You should normally use Liprolog Mix50 within 15 minutes of a meal.

Your doctor may tell you to use Liprolog Mix50 KwikPen as well as a longer-acting insulin. Each kind of insulin comes with another patient information leaflet to tell you about it. Do not change your insulin unless your doctor tells you to. Be very careful if you do change insulin.

The KwikPen is a disposable pre-filled pen containing 3 ml (300 units, 100 units/ml) of insulin lispro. One KwikPen contains multiple doses of insulin. The KwikPen dials 1 unit at a time. **The number of units are displayed in the dose window, always check this before your injection.** You can give from 1 to 60 units in a single injection. **If your dose is more than 60 units, you will need to give yourself more than one injection.**

2. What you need to know before you use Liprolog Mix50 KwikPen

Do NOT use Liprolog Mix50 KwikPen

- if you think **hypoglycaemia** (low blood sugar) is starting. Further in this leaflet it tells you how to deal with mild hypoglycaemia (see Section 3: If you take more Liprolog Mix50 than you need).
- if you are **allergic** to insulin lispro or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

- If your blood sugar levels are well controlled by your current insulin therapy, you may not feel the warning symptoms when your blood sugar is falling too low. Warning signs are listed later in this leaflet. You must think carefully about when to have your meals, how often to exercise and how much to do. You must also keep a close watch on your blood sugar levels by testing your blood glucose often.
- A few people who have had hypoglycaemia after switching from animal insulin to human insulin have reported that the early warning symptoms were less obvious or different. If you often have hypoglycaemia or have difficulty recognising them, please discuss this with your doctor.
- If you answer YES to any of the following questions, tell your doctor, pharmacist or diabetes nurse
 - Have you recently become ill?
 - Do you have trouble with your kidneys or liver?
 - Are you exercising more than usual?
- The amount of insulin you need may also change if you drink alcohol.
- You should also tell your doctor, pharmacist or diabetes nurse if you are planning to go abroad. The time difference between countries may mean that you have to have your injections and meals at different times from when you are at home.
- Some patients with long-standing type 2 diabetes mellitus and heart disease or previous stroke who were treated with pioglitazone and insulin experienced the development of heart failure. Inform your doctor as soon as possible if you experience signs of heart failure such as unusual shortness of breath or rapid increase in weight or localised swelling (oedema).
- This Pen is not recommended for use by the blind or visually impaired without the help of someone trained to use the Pen.

Skin changes at the injection site:

The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (See How to use Liprolog Mix50 KwikPen). Contact your doctor if you are currently injecting into a lumpy area before you start injecting a different area. Your doctor may tell you to check your blood sugar more closey, and to adjust your insulin or your other antidiabetic medications dose.

Other medicines and Liprolog Mix50 KwikPen

Your insulin needs may change if you are taking

- the contraceptive pill,
- steroids,
- thyroid hormone replacement therapy,
- oral hypoglycaemics,
- acetyl salicylic acid,
- sulpha antibiotics,
- octreotide,
- "beta₂ stimulants" (for example ritodrine, salbutamol or terbutaline),
- beta-blockers, or
- some antidepressants (monoamine oxidase inhibitors or selective serotonin reuptake inhibitors),
- danazol,
- some angiotensin converting enzyme (ACE) inhibitors (for example captopril, enalapril), and
- angiotensin II receptor blockers.

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

Are you pregnant or thinking about becoming pregnant, or are you breast-feeding? The amount of insulin you need usually falls during the first three months of pregnancy and increases for the remaining six months. If you are breast-feeding, you may need to alter your insulin intake or diet. Ask your doctor for advice.

Driving and using machines

Your ability to concentrate and react may be reduced if you have hypoglycaemia. Please keep this possible problem in mind in all situations where you might put yourself and others at risk (e.g. driving a car or operating machinery). You should contact your doctor about the advisability of driving if you have:

- frequent episodes of hypoglycaemia
- reduced or absent warning signs of hypoglycaemia

Liprolog Mix50 KwikPen contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to use Liprolog Mix50 KwikPen

Always check the pack and the label of the pre-filled pen for the name and type of the insulin when you get it from your pharmacy. Make sure you get the Liprolog Mix50 KwikPen that your doctor has told you to use.

Always use Liprolog Mix50 KwikPen exactly as your doctor has told you. Check with your doctor if you are not sure. To prevent the possible transmission of disease, each pen must be used by you only, even if the needle is changed.

Dosage

- You should normally inject Liprolog Mix50 within 15 minutes of a meal. If you need to, you can inject soon after a meal. But your doctor will have told you exactly how much to use, when to use it, and how often. These instructions are only for you. Follow them exactly and visit your diabetes clinic regularly.
- If you change the type of insulin you use (for example from a human or animal insulin to a Liprolog product), you may have to take more or less than before. This might just be for the first injection or it may be a gradual change over several weeks or months.
- Liprolog Mix50 KwikPen is only suitable for injecting just under the skin. Speak to your doctor if you need to inject your insulin by another method.

Preparing Liprolog Mix50 KwikPen

• The KwikPen should be rotated in the palms of the hands ten times and inverted 180° ten times immediately before use to resuspend insulin until it appears uniformly cloudy or milky. If not, repeat the above procedure until contents are mixed. Cartridges contain a small glass bead to assist mixing. Do not shake vigorously as this may cause frothing which may interfere with the correct measurement of the dose. The cartridges should be examined frequently and should not be used if clumps of material are present or if solid white particles stick to the bottom or wall of the cartridge, giving it a frosted appearance. Check each time you inject yourself.

Getting the KwikPen ready to use (Please see user manual)

- First wash your hands.
- Read the instructions on how to use your pre-filled insulin pen. Please follow the instructions carefully. Here are some reminders.
- Use a clean needle. (Needles are not included).
- Prime your KwikPen before each use. This checks that insulin comes out and clears the air bubbles from your KwikPen. There may still be some small air bubbles left in the pen these are harmless. But if the air bubbles are too large it may affect the insulin dose.

Injecting Liprolog Mix50

• Before you make an injection, clean your skin as you have been instructed. Inject under the skin, as you were taught. Do not inject directly into a vein. After your injection, leave the

needle in the skin for five seconds to make sure you have taken the whole dose. Do not rub the area you have just injected. Make sure you inject at least half an inch (1 cm) from where you last injected and that you 'rotate' the places you inject, as you have been taught.

After injecting

• As soon as you have done the injection, unscrew the needle from the KwikPen using the outer needle cap. This will keep the insulin sterile and stop it leaking. It also stops air entering the pen and your needle clogging. **Do not share your needles**. <u>Do not share your pen</u>. Replace the cap on the pen.

Further injections

- Every time you use a KwikPen you must use a new needle. Before every injection, clear any air bubbles. You can see how much insulin is left by holding the KwikPen with the needle pointing up. The scale on the cartridge shows about how many units you have left.
- Do not mix any other insulin in your disposable pen. Once the KwikPen is empty, do not use it again. Please get rid of it carefully your pharmacist or diabetes nurse will tell you how to do this.

If you take more Liprolog Mix50 than you need

If you take more Liprolog Mix50 than you need, a low blood sugar may occur. Check your blood sugar.

If your blood sugar is low (mild hypoglycaemia), eat glucose tablets, sugar or drink a sugary drink. Then eat fruit, biscuits, or a sandwich, as your doctor has advised you and have some rest. This will often get you over mild hypoglycaemia or a minor insulin overdose. If you get worse and your breathing is shallow and your skin gets pale, tell your doctor at once. A glucagon injection can treat quite severe hypoglycaemia. Eat glucose or sugar after the glucagon injection. If you do not respond to glucagon, you will have to go to hospital. Ask your doctor to tell you about glucagon.

If you forget to use Liprolog Mix50

If you take less Liprolog Mix50 than you need, a high blood sugar may occur. Check your blood sugar

If hypoglycaemia (low blood sugar) or hyperglycaemia (high blood sugar) is not treated they can be very serious and cause headaches, nausea, vomiting, dehydration, unconsciousness, coma or even death (see A and B in section 4 "Possible Side Effects").

Three simple steps to avoid hypoglycaemia or hyperglycaemia are:

- Always keep a spare pen and cartridges of Liprolog Mix50, in case you lose your KwikPen or it gets damaged.
- Always carry something to show you are diabetic.
- Always carry sugar with you.

If you stop using Liprolog Mix50.

If you take less Liprolog Mix50 than you need, a high blood sugar may occur. Do not change your insulin unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Systemic allergy is rare ($\geq 1/10,000$ to <1/1,000). The symptoms are as follows:

- rash over the whole body bloo
 - blood pressure dropping heart beating fast
- difficulty in breathing
 heart be
- wheezing sweating.

If you think you are having this sort of insulin allergy with Liprolog Mix50, tell your doctor at once.

Local allergy is common ($\geq 1/100$ to <1/10). Some people get redness, swelling or itching around the area of the insulin injection. This usually clears up in anything from a few days to a few weeks. If this happens to you, tell your doctor.

Lipodystrophy is uncommon ($\geq 1/1,000$ to <1/100). If you inject insulin too often at the same place, the fatty tissue may either shrink (lipoatrophy) or thicken (lipohypertrophy). Lumps under the skin may also be caused by build-up of a protein called amyloid (cutaneous amyloidosis). The insulin may not work very well if you inject into a lumpy area. Change the injection site with each injection to help prevent these skin changes.

Oedema (e.g. swelling in arms, ankles; fluid retention) has been reported, particularly at the start of insulin therapy or during a change in therapy to improve control of your blood glucose.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in <u>Appendix V</u>. By reporting side effects you can help provide more information on the safety of this medicine.

Common problems of diabetes

A. Hypoglycaemia

Hypoglycaemia (low blood sugar) means there is not enough sugar in the blood. This can be caused if:

- you take too much Liprolog Mix50 or other insulin;
- you miss or delay meals or change your diet;
- you exercise or work too hard just before or after a meal;
- you have an infection or illness (especially diarrhoea or vomiting);
- there is a change in your need for insulin; or
- you have trouble with your kidneys or liver which gets worse.

Alcohol and some medicines can affect your blood sugar levels.

The first symptoms of low blood sugar usually come on quickly and include the following:

- tiredness rapid heartbeat
- nervousness or shakiness
 feeling sick
- headache cold sweat.

While you are not confident about recognising your warning symptoms, avoid situations, e.g. driving a car, in which you or others would be put at risk by hypoglycaemia.

B. Hyperglycaemia and diabetic ketoacidosis

Hyperglycaemia (too much sugar in the blood) means that your body does not have enough insulin. Hyperglycaemia can be brought about by:

- not taking your Liprolog or other insulin;
- taking less insulin than your doctor tells you to;
- eating a lot more than your diet allows; or
- fever, infection or emotional stress.

Hyperglycaemia can lead to diabetic ketoacidosis. The first symptoms come on slowly over many hours or days. The symptoms include the following:

- feeling sleepy
 no appetite
- flushed face fruity smell on the breath
- thirst

• feeling or being sick.

Severe symptoms are heavy breathing and a rapid pulse. Get medical help immediately.

C. Illness

If you are ill, especially if you feel sick or are sick, the amount of insulin you need may change. **Even when you are not eating normally, you still need insulin.** Test your urine or blood, follow your 'sick rules', and tell your doctor.

5. How to store Liprolog Mix50 KwikPen

Before the first use store your Liprolog Mix50 KwikPen in a refrigerator $(2^{\circ}C - 8^{\circ}C)$. Do not freeze. Keep your Liprolog Mix50 KwikPen in use at room temperature $(15^{\circ} - 30^{\circ}C)$ and discard after 28 days. Do not put it near heat or in the sun. Do not keep the KwikPen that you are using in the fridge. The KwikPen should not be stored with the needle attached.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and the carton. The expiry date refers to the last day of that month.

Do not use this medicine if you notice clumps of material are present or if solid white particles stick to the bottom or wall of the cartridge, giving it a frosted appearance. Check each time you inject yourself.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Liprolog Mix50 100 units/ml KwikPen, suspension for injection contains

- The active substance is insulin lispro. Insulin lispro is made in the laboratory by a 'recombinant DNA technology' process. It is a changed form of human insulin and so is different from other human and animal insulins. Insulin lispro is closely related to human insulin which is a natural hormone made by the pancreas.
- The other ingredients are protamine sulphate, m-cresol, phenol, glycerol, dibasic sodium phosphate 7H₂O, zinc oxide and water for injection. Sodium hydroxide or hydrochloric acid may have been used to adjust the acidity.

What Liprolog Mix50 100 units/ml KwikPen, suspension for injection looks like and contents of the pack

Liprolog Mix50 100 units/ml KwikPen, suspension for injection is a white, sterile suspension and contains 100 units of insulin lispro in each millilitre (100 units/ml) suspension for injection. 50% of the insulin lispro in Liprolog Mix50 is dissolved in water. 50% of the insulin lispro in Liprolog Mix50 is available in a suspension together with protamine sulphate. Each Liprolog Mix50 KwikPen contains 300 units (3 millilitres). The Liprolog Mix50 KwikPen comes in a pack of 5 pre-filled pens or a multipack of 2 x 5 pre-filled pens. Not all pack sizes may be marketed. The Liprolog Mix50 in your pre-filled pen is the same as the Liprolog Mix50, which comes in separate Liprolog Mix50 cartridges. The KwikPen simply has a built in cartridge. When the pre-filled pen is empty you cannot use it again.

Marketing Authorisation Holder and Manufacturer

Liprolog Mix50 100 units/ml KwikPen, suspension for injection is made by:

- Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France,
- Eli Lilly Italia S.p.A., Via Gramsci 731-733, 50019 Sesto Fiorentino, (FI) Italy.

The product licence is held by: Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder:

Belgique/België/Belgien Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

България ТП "Ели Лили Недерланд" Б.В. - България тел. + 359 2 491 41 40

Česká republika ELI LILLY ČR, s.r.o. Tel: + 420 234 664 111

Danmark Eli Lilly Danmark A/S Tlf: +45 45 26 6000

Deutschland Lilly Deutschland GmbH Tel. + 49-(0) 6172 273 2222

Eesti Eli Lilly Nederland B.V. Tel: +372 6817 280

Ελλάδα ΦΑΡΜΑΣΕΡΒ-ΛΙΛΛΥ Α.Ε.Β.Ε. Τηλ: +30 210 629 4600

España Lilly S.A. Tel: + 34-91 663 50 00

France Lilly France Tél: +33-(0) 1 55 49 34 34

Hrvatska Eli Lilly Hrvatska d.o.o. Tel: +385 1 2350 999

Ireland Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

Ísland Icepharma hf. Sími + 354 540 8000

Italia Eli Lilly Italia S.p.A. Tel: + 39- 055 42571 Lietuva Eli Lilly Lietuva Tel. +370 (5) 2649600

Luxembourg/Luxemburg Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

Magyarország Lilly Hungária Kft. Tel: + 36 1 328 5100

Malta Charles de Giorgio Ltd. Tel: + 356 25600 500

Nederland Eli Lilly Nederland B.V. Tel: + 31-(0) 30 60 25 800

Norge Eli Lilly Norge A.S. Tlf: + 47 22 88 18 00

Österreich Eli Lilly Ges. m.b.H. Tel: + 43-(0) 1 711 780

Polska Eli Lilly Polska Sp. z o.o. Tel: +48 22 440 33 00

Portugal Lilly Portugal - Produtos Farmacêuticos, Lda Tel: + 351-21-4126600

România Eli Lilly România S.R.L. Tel: + 40 21 4023000

Slovenija Eli Lilly farmacevtska družba, d.o.o. Tel: +386 (0) 1 580 00 10

Slovenská republika Eli Lilly Slovakia s.r.o. Tel: + 421 220 663 111

Suomi/Finland Oy Eli Lilly Finland Ab Puh/Tel: + 358-(0) 9 85 45 250 **Κύπρος** Phadisco Ltd Τηλ: +357 22 715000

Latvija Eli Lilly (Suisse) S.A Pārstāvniecība Latvijā Tel: +371 67364000 Sverige Eli Lilly Sweden AB Tel: + 46-(0) 8 7378800

United Kingdom (Northern Ireland) Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

This leaflet was last revised in {MM/YYY}.

USER MANUAL

Please see manual text later.

Detailed information on this medicine is available on the European Medicines Agency web site: http://www.ema.europa.eu/.

USER MANUAL KwikPen pre-filled insulin pen 100 units/ml



PLEASE READ THIS USER MANUAL BEFORE USE

Read the User Manual before you start taking your insulin and each time you get another KwikPen. There may be new information. This information does not take the place of talking to your healthcare professional about your medical condition or your treatment.

KwikPen ("Pen") is a disposable pre-filled pen containing 3 ml (300 units, 100 units/ml) of insulin. You can give yourself multiple doses using one Pen. The Pen dials 1 unit at a time. You can give from 1 to 60 units in a single injection. **If your dose is more than 60 units, you will need to give yourself more than one injection.** The plunger only moves a little with each injection, and you may not notice that it moves. The plunger will only reach the end of the cartridge when you have used all 300 units in the Pen.

Do not share your pen with other people, even if the needle has been changed. Do not reuse or share needles with other people. You may give an infection to them or get an infection from them.

This Pen is not recommended for use by the blind or visually impaired without the help of someone trained to use the Pen.



Pen Needle Parts (Needles Not Included) Paper Tab



How to recognize your KwikPen:

	Liprolog Solution	Liprolog Mix25 Suspension (cloudy insulin)	Liprolog Mix50 Suspension (cloudy insulin)
Pen colour:	Blue	Blue	Blue
Dose Knob:	Burgundy	Yellow	Red
Labels:	White with Burgundy Colour Bar	White with Yellow Colour Bar	White with Red Colour Bar

Supplies needed to give your injection:

- KwikPen containing your insulin
- KwikPen compatible Needle (BD [Becton, Dickinson and Company] Pen Needles recommended)
- Swab

Needles and swab are not included.

Preparing your Pen

- Wash your hands with soap and water.
- Check the Pen to make sure you are taking the right type of insulin. This is especially important if you use more than 1 type of insulin.
- **Do not** use your Pen past the expiration date printed on the Label. After you start using the Pen, throw your Pen away after the in-use time specified in the Package Leaflet.
- Always use a **new Needle** for each injection to help prevent infections and blocked Needles.

Step 1:

- Pull the Pen Cap straight off.
 Do not remove the Pen Label.
- Wipe the Rubber Seal with a swab.

Step 2:

(For LIPROLOG suspensions cloudy insulins only)

• Gently roll the Pen 10 times.

AND

Invert the Pen 10 times.

Mixing is important to make sure you get the right dose. The insulin should look evenly mixed.

Step 3:

- Check the appearance of the insulin.
 - LIPROLOG solution should look clear and colourless. Do not use if it is cloudy, coloured, or has particles or clumps in it.
 - LIPROLOG suspensions cloudy insulins should look white after mixing. Do not use if it looks clear or contains any clumps or particles.

Step 4:

- Select a new Needle.
- Pull off the Paper Tab from the Outer Needle Shield.

Step 5:

• Push the capped Needle straight onto the Pen and twist the Needle on until it is tight.



Step 6:

- Pull off the Outer Needle Shield. **Do not** throw it away.
- Pull off the Inner Needle Shield and throw it away.





Priming your Pen

Prime before each injection.

- Priming your Pen means removing the air from the Needle and Cartridge that may collect during normal use and ensures that the Pen is working correctly.
- If you **do not** prime before each injection, you may get too much or too little insulin.

Step 7:

• To prime your Pen, turn the Dose Knob to select 2 units.

Step 8:

Hold your Pen with the Needle pointing up. Tap the Cartridge Holder gently to collect air bubbles at the top



• Continue holding your Pen with Needle pointing up. Push the Dose Knob in until it stops, and "0" is seen in the Dose Window. Hold the Dose Knob in and count to 5 slowly.

You should see insulin at the tip of the Needle.

- If you **do not** see insulin, repeat the priming steps, but not more than 4 times.
- If you **still do not** see insulin, change the Needle and repeat the priming steps.

Small air bubbles are normal and will not affect your dose.





Selecting your dose

- You can give from 1 to 60 units in a single injection.
 - If your dose is more than 60 units, you will need to give more than one injection.
 - If you need help deciding how to divide up your dose, ask your healthcare professional.
 - You should use a new Needle for each injection and repeat the priming step.



Step 10:

- Turn the Dose Knob to select the number of units you need to inject. The Dose Indicator should line up with your dose.
 - The Pen dials 1 unit at a time.
 - The Dose Knob clicks as you turn it.
 - DO NOT dial your dose by counting the clicks because you may dial the wrong dose.
 - The dose can be corrected by turning the Dose Knob in either direction until the correct dose lines up with the Dose Indicator.
 - The even numbers are printed on the dial.
 - The odd numbers, after the number 1, are shown as full lines.
- Always check the number in the Dose Window to make sure you have dialled the correct dose.





(Example: 12 units shown in the Dose Window)



(Example: 25 units shown in the Dose Window)

- The Pen will not let you dial more than the number of units left in the Pen.
 - If you need to inject more than the number of units left in the Pen, you may either:
 - inject the amount left in your Pen and then use a new Pen to give the rest of your dose, or
 - get a new Pen and inject the full dose.
- It is normal to see a small amount of insulin left in the Pen that you cannot inject.

Giving your injection

- Inject your insulin as your healthcare professional has shown you.
- Change (rotate) your injection site for each injection.
- **Do not** try to change your dose while injecting.

Step 11:

• Choose your injection site.

Your insulin is injected under the skin (subcutaneously) of your stomach area, buttocks, upper legs or upper arms.

• Wipe your skin with a swab, and let the injection site dry before you inject your dose.



Step 12:

- Insert the Needle into your skin.
- Push the Dose Knob all the way in.
- Continue to hold the Dose Knob in and slowly count to 5 before removing the Needle.



Do not try to inject your insulin by turning the Dose Knob. You will **NOT** receive your insulin by turning the Dose Knob.

Step 13:

- Pull the Needle out of your skin.
 - A drop of insulin at the Needle tip is normal. It will not affect your dose.
- Check the number in the Dose Window
 - If you see "0" in the Dose window, you have received the full amount you dialled.
 - If you do not see "0" in the Dose window, do not redial. Insert the needle into your skin and finish your injection.
 - If you still do not think you received the full amount you dialled for your injection, do not start over or repeat that injection. Monitor your blood glucose as instructed by your healthcare professional.
 - If you normally need to give 2 injections for your full dose, be sure to give your second injection.

The plunger only moves a little with each injection, and you may not notice that it moves.

If you see blood after you take the Needle out of your skin, press the injection site lightly with a piece of gauze or a swab. **Do not** rub the area.



Step 14:

• Carefully replace the Outer Needle Shield.

Step 15:

- Unscrew the capped Needle and dispose of it as described below (see **Disposing of Pens and Needles** section).
- Do not store the Pen with the Needle attached to prevent leaking, blocking the Needle, and air from entering the Pen.

Step 16:

• Replace the Pen Cap by lining up the Cap Clip with the Dose Indicator and pushing straight on.

Disposing of pens and needles

- Put used Needles in a sharps container or a hard plastic container with a secure lid. **Do not** throw needles directly into your household waste.
- **Do not** recycle the filled sharps container.
- Ask your healthcare professional about options to dispose of the Pen and the sharps container properly.
- The directions regarding needle handling are not intended to replace local, healthcare professional or institutional policies.

Storing your pen

Unused pens

- Store unused Pens in the refrigerator at 2°C to 8°C.
- **Do not** freeze your insulin. **Do not** use if it has been frozen.
- Unused Pens may be used until the expiration date printed on the Label, if the Pen has been kept in the refrigerator.

In-use Pen

- Store the Pen you are currently using at room temperature up to 30°C and away from dust, food and liquids, heat and light.
- Throw away the Pen you are using after the time specified in the Package Leaflet, even if it still has insulin left in it.





General information about the safe and effective use of your pen

- Keep your Pen and Needles out of the sight and reach of children.
- **Do not** use your Pen if any part looks broken or damaged.
- Always carry an extra Pen in case yours is lost or damaged.

Troubleshooting

- If you cannot remove the Pen Cap, gently twist the cap back and forth, and then pull the cap straight off.
- If the Dose Knob is hard to push:
 - Pushing the Dose Knob more slowly will make it easier to inject.
 - Your Needle may be blocked. Put on a new Needle and prime the Pen.
 - You may have dust, food, or liquid inside the Pen. Throw the Pen away and get a new Pen.
 You may need to get a prescription from your healthcare professional.

If you have any questions or problems with your KwikPen, call your healthcare professional for help or contact your local Lilly affiliate

Document Revision Date:

Package leaflet: Information for the user Liprolog 200 units/ml KwikPen, solution for injection in a pre-filled pen insulin lispro Each KwikPen delivers 1 – 60 units in steps of 1 units.

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What Liprolog 200 units/ml KwikPen is and what it is used for
- 2. What you need to know before you use Liprolog 200 units/ml KwikPen
- 3. How to use Liprolog 200 units/ml KwikPen
- 4. Possible side effects
- 5. How to store Liprolog 200 units/ml KwikPen
- 6. Contents of the pack and other information

1. What Liprolog 200 units/ml KwikPen is and what it is used for

Liprolog 200 units/ml KwikPen is used to treat diabetes. Liprolog works more quickly than normal human insulin because insulin lispro has been changed slightly in comparison to human insulin. Insulin lispro is closely related to human insulin which is a natural hormone made by the pancreas.

You get diabetes if your pancreas does not make enough insulin to control the level of glucose in your blood. Liprolog is a substitute for your own insulin and is used to control glucose in the long term. It works very quickly and lasts a shorter time than soluble insulin (2 to 5 hours). You should normally use Liprolog within 15 minutes of a meal.

Your doctor may tell you to use Liprolog 200 units/ml KwikPen as well as a longer-acting insulin. Each kind of insulin comes with another patient information leaflet to tell you about it. Do not change your insulin unless your doctor tells you to.

Liprolog 200 units/ml KwikPen should be reserved for the treatment of adults with diabetes requiring daily doses of more than 20 units of rapid-acting insulin.

Liprolog 200 units/ml KwikPen is a disposable pre-filled pen containing 3 ml (600 units, 200 units/ml) of insulin lispro. One KwikPen contains multiple doses of insulin. The KwikPen dials 1 unit at a time. The number of units are displayed in the dose window, always check this before your injection. You can inject from 1 to 60 units in a single injection. If your dose is more than 60 units, you will need to give yourself more than one injection.

2. What you need to know before you use Liprolog 200 units/ml KwikPen

Do NOT use Liprolog 200 units/ml KwikPen

- if you are **allergic** to insulin lispro or any of the other ingredients of this medicine (listed in section 6).
- if you think **hypoglycaemia** (low blood sugar) is starting. Further in this leaflet it tells you how to deal with mild hypoglycaemia (see section 3: If you take more Liprolog than you need).

Warnings and precautions

- The Liprolog 200 units/ml solution for injection in your pre-filled pen (the KwikPen) should ONLY be injected with this pre-filled pen. Do not transfer the insulin lispro from your Liprolog 200 units/ml KwikPen to a syringe. The markings on the insulin syringe will not measure your dose correctly. A severe overdose can result, causing low blood sugar which may put your life in danger. Do not transfer insulin from your Liprolog 200 units/ml KwikPen to any other insulin delivery devices like insulin infusion pumps.
- Do NOT mix the Liprolog 200 units/ml solution for injection in your pre-filled pen (the KwikPen) with any other insulin or any other medicine. The Liprolog 200 units/ml solution for injection should not be diluted.
- If your blood sugar levels are well controlled by your current insulin therapy, you may not feel the warning symptoms when your blood sugar is falling too low. Warning signs are listed in section 4 of this leaflet. You must think carefully about when to have your meals, how often to exercise and how much to do. You must also keep a close watch on your blood sugar levels by testing your blood glucose often.
- A few people who have had hypoglycaemia after switching from animal insulin to human insulin have reported that the early warning symptoms were less obvious or different. If you often have hypoglycaemia or have difficulty recognising it, please discuss this with your doctor.
- If you answer YES to any of the following questions, tell your doctor, pharmacist or diabetes nurse
 - Have you recently become ill?
 - Do you have trouble with your kidneys or liver?
 - Are you exercising more than usual?
- You should also tell your doctor, pharmacist or diabetes nurse if you are planning to go abroad. The time difference between countries may mean that you have to have your injections and meals at different times from when you are at home.
- Some patients with long-standing type 2 diabetes mellitus and heart disease or previous stroke who were treated with pioglitazone and insulin experienced the development of heart failure. Inform your doctor as soon as possible, if you experience signs of heart failure such as unusual shortness of breath or rapid increase in weight or localised swelling (oedema).
- This Pen is not recommended for use by the blind or visually impaired without the help of someone trained to use the Pen.

Skin changes at the injection site:

The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (See How to use Liprolog 200 units/ml KwikPen). Contact your doctor if you are currently injecting into a lumpy area before you start injecting a different area. Your doctor may tell you to check your blood sugar more closey, and to adjust your insulin or your other antidiabetic medications dose.

Other medicines and Liprolog 200 units/ml KwikPen

Your insulin needs may change if you are taking

- the contraceptive pill,
- steroids,
- thyroid hormone replacement therapy,
- oral hypoglycaemics, (e.g. metformin, acarbose, sulphonylurea agents, pioglitazone, empagliflozin, DPP-4-inhibitors like sitagliptin or saxagliptine,),
- acetyl salicylic acid,
- sulpha antibiotics,
- somatostatin analogues (such as octreotide, used to treat an uncommon condition in which you make too much growth hormone),
- "beta₂ stimulants" such as salbutamol or terbutaline to treat asthma, or ritodrine used to stop premature labor,
- beta-blockers to treat high blood pressure., or
- some antidepressants (monoamine oxidase inhibitors or selective serotonin reuptake inhibitors),

- danazol (medicine acting on ovulation),
- some angiotensin converting (ACE) inhibitors, used to treat certain heart conditions or high blood pressure (for example captopril, enalapril), and
- specific medicines to treat high blood pressure, kidney damage due to diabetes, and some heart problems (angiotensin II receptor blockers).

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Liprolog with alcohol

Your blood sugar levels may either rise or fall if you drink alcohol. Therefore the amount of insulin needed may change.

Pregnancy and breast-feeding

Are you pregnant or thinking about becoming pregnant, or are you breast-feeding? The amount of insulin you need usually falls during the first three months of pregnancy and increases for the remaining six months. If you are breast-feeding, you may need to alter your insulin intake or diet. Ask your doctor for advice.

Driving and using machines

Your ability to concentrate and react may be reduced if you have hypoglycaemia. Please keep this possible problem in mind in all situations where you might put yourself and others at risk (e.g. driving a car or using machines). You should contact your doctor about the advisability of driving if you have:

- frequent episodes of hypoglycaemia
- reduced or absent warning signs of hypoglycaemia

Liprolog 200 units/ml KwikPen contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to use Liprolog 200 units/ml KwikPen

Always check the pack and the label of the pre-filled pen for the name and type of the insulin when you get it from your pharmacy. Make sure you get the Liprolog 200 units/ml KwikPen that your doctor has told you to use.

Always use this medicine exactly as your doctor has told you. Check with your doctor if you are not sure. To prevent the possible transmission of disease, each pen must be used by you only, even if the needle is changed.

Liprolog 200 units/ml KwikPen is for patients taking more than 20 units of rapid-acting insulin a day.

Do not transfer insulin from your Liprolog 200 units/ml KwikPen to a syringe. The markings on the insulin syringe will not measure your dose correctly. A severe overdose can result, causing low blood sugar which may put your life in danger.

Do not use Liprolog 200 units/ml KwikPen solution for injection in an insulin infusion pump.

Dosage

- You should normally inject Liprolog within 15 minutes of a meal. If you need to, you can inject soon after a meal. But your doctor will have told you exactly how much to use, when to use it, and how often. These instructions are only for you. Follow them exactly and visit your diabetes clinic regularly.
- If you change the type of insulin you use (for example from a human or animal insulin to a Liprolog product), you may have to take more or less than before. This might just be for the first injection or it may be a gradual change over several weeks or months.

• Inject Liprolog under the skin (subcutaneously).

Preparing Liprolog 200 units/ml KwikPen

• Liprolog is already dissolved in water, so you do not need to mix it. But you must use it **only** if it looks like water. It must be clear, have no colour and no solid pieces in it. Check each time you inject yourself.

Getting the KwikPen ready to use (Please see user manual)

- First wash your hands.
- Read the instructions on how to use your pre-filled insulin pen. Please follow the instructions carefully. Here are some reminders.
- Use a clean needle. (Needles are not included).
- Prime your KwikPen before each use. This checks that insulin comes out and clears the air bubbles from your KwikPen. There may still be some small air bubbles left in the pen these are harmless. But if the air bubbles are too large it may affect the insulin dose.

Injecting Liprolog

- Before you make an injection, clean your skin as you have been instructed. Inject under the skin, as you were taught. After your injection, leave the needle in the skin for five seconds to make sure you have taken the whole dose. Do not rub the area you have just injected. Make sure you inject at least half an inch (1 cm) from the last injection and that you 'rotate' the places you inject, as you have been taught. It doesn't matter which injection site you use, either upper arm, thigh, buttock or abdomen, your Liprolog injection will still work quicker than soluble human insulin.
- Do not inject Liprolog 200 units/ml KwikPen solution for injection directly into a vein (intravenously).

After injecting

• As soon as you have done the injection, unscrew the needle from the KwikPen using the outer needle cap. This will keep the insulin sterile and stop it leaking. It also stops air entering the pen and your needle clogging. **Do not share your needles**. <u>Do not share your pen</u>. Replace the cap on your pen.

Further injections

- Every time you use a KwikPen you must use a new needle. Before every injection, clear any air bubbles. You can see how much insulin is left by holding the KwikPen with the needle pointing up.
- Once the KwikPen is empty, do not use it again. Please get rid of it carefully your pharmacist or diabetes nurse will tell you how to do this.

If you take more Liprolog than you need

If you take more Liprolog than you need, a low blood sugar may occur. Check your blood sugar. If your blood sugar is low (mild hypoglycaemia), eat glucose tablets, sugar or drink a sugary drink. Then eat fruit, biscuits, or a sandwich, as your doctor has advised you and have some rest. This will often get you over mild hypoglycaemia or a minor insulin overdose. If you get worse and your breathing is shallow and your skin gets pale, tell your doctor at once. A glucagon injection can treat quite severe hypoglycaemia. Eat glucose or sugar after the glucagon injection. If you do not respond to glucagon, you will have to go to hospital. Ask your doctor to tell you about glucagon.

If you forget to use Liprolog

If you take less Liprolog than you need, a high blood sugar may occur. Check your blood sugar

If hypoglycaemia (low blood sugar) or hyperglycaemia (high blood sugar) is not treated, they can be very serious and cause headaches, feeling sick (nausea), being sick (vomiting), loss of fluids (dehydration), unconsciousness, coma or even death (see section 4 "Possible side effects").

Three simple steps to avoid hypoglycaemia or hyperglycaemia are:

- Always carry a spare pen in case you lose your KwikPen or it gets damaged.
- Always carry something to show you are diabetic.
- Always carry sugar with you.

If you stop using Liprolog.

If you take less Liprolog than you need, a high blood sugar may occur. Do not change your insulin unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Severe allergy is rare (may affect up to 1 in 1,000 people). The symptoms are as follows:

- rash over the whole body blood pressure dropping
- difficulty in breathing heart beating fast
- wheezing sweating

If you think you are having this sort of insulin allergy with Liprolog, contact a doctor at once.

Local allergy is common (may affect up to 1 in 10 people). Some people get redness, swelling or itching around the area of the insulin injection. This usually clears up in anything from a few days to a few weeks. If this happens to you, tell your doctor.

Lipodystrophy is uncommon (may affect up to 1 in 100 people). If you inject insulin too often at the same place, the fatty tissue may either shrink (lipoatrophy) or thicken (lipohypertrophy). Lumps under the skin may also be caused by build-up of a protein called amyloid (cutaneous amyloidosis). The insulin may not work very well if you inject into a lumpy area. Change the injection site with each injection to help prevent these skin changes.

Oedema (e.g. swelling in arms, ankles; fluid retention) has been reported, particularly at the start of insulin therapy or during a change in therapy to improve control of your blood glucose.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in <u>Appendix V</u>. By reporting side effects you can help provide more information on the safety of this medicine.

Common problems of diabetes

Hypoglycaemia

Hypoglycaemia (low blood sugar) means there is not enough sugar in the blood. This can be caused if:

- you take too much Liprolog or other insulin;
- you miss or delay meals or change your diet;
- you exercise or work too hard just before or after a meal;
- you have an infection or illness (especially diarrhoea or vomiting);
- there is a change in your need for insulin; or
- you have trouble with your kidneys or liver which gets worse.

Alcohol and some medicines can affect your blood sugar levels (see section 2).

The first symptoms of low blood sugar usually come on quickly and include the following:

• tiredness

- rapid heartbeat
- nervousness or shakiness
- feeling sick
- headache
 cold sweat

While you are not confident about recognising your warning symptoms, avoid situations such as driving a car, in which you or others would be put at risk by hypoglycaemia.

Hyperglycaemia and diabetic ketoacidosis

Hyperglycaemia (too much sugar in the blood) means that your body does not have enough insulin. Hyperglycaemia can be brought about by:

- not taking your Liprolog or other insulin;
- taking less insulin than your doctor tells you to;
- eating a lot more than your diet allows; or
- fever, infection or emotional stress.

Hyperglycaemia can lead to diabetic ketoacidosis. The first symptoms come on slowly over many hours or days. The symptoms include the following:

- feeling sleepy
- no appetite
- flushed face fruity smell on the breath
- thirst feeling or being sick

Severe symptoms are heavy breathing and a rapid pulse. Get medical help immediately.

Illness

If you are ill, especially if you feel sick or are sick, the amount of insulin you need may change. **Even when you are not eating normally, you still need insulin.** Test your urine or blood, follow your 'sick rules', and tell your doctor.

5. How to store Liprolog 200 units/ml KwikPen

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and the carton. The expiry date refers to the last day of that month.

Before the first use store your Liprolog **200 units/ml** KwikPen in a refrigerator $(2^{\circ}C - 8^{\circ}C)$. Do not freeze. Keep your Liprolog **200 units/ml** KwikPen in use at room temperature $(15^{\circ} - 30^{\circ}C)$ and discard after 28 days. Do not put it near heat or in the sun. Do not keep the KwikPen that you are using in the fridge. The KwikPen should not be stored with the needle attached.

Do not use this medicine if you notice the solution is coloured or it has solid pieces in it. You must use it **only** if it looks like water. Check this each time you inject yourself.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Liprolog 200 units/ml KwikPen solution for injection contains

- The active substance is insulin lispro. Each ml of solution contains 200 units (U) of insulin lispro. Each pre-filled pen (3 ml) contains 600 units (U) of insulin lispro.
- The other ingredients are metacresol, glycerol, trometamol, zinc oxide and water for injection. Sodium hydroxide or hydrochloric acid may have been used to adjust the acidity.

What Liprolog 200 units/ml KwikPen looks like and contents of the pack

Liprolog 200 units/ml KwikPen, solution for injection is a sterile, clear, colourless, aqueous solution and contains 200 units of insulin lispro in each millilitre (200 units/ml) solution for injection. Each Liprolog 200 units/ml KwikPen contains 600 units (3 millilitres). The Liprolog 200 units/ml KwikPen comes in a pack of 5 pre-filled pens or multipacks of 2 x 5 pre-filled pens. Not all pack sizes may be marketed. The KwikPen simply has a built in cartridge. When the pre-filled pen is empty you cannot use it again.

Marketing Authorisation Holder

Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

Manufacturer

Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France, Eli Lilly Italia S.p.A., Via Gramsci 731-733, 50019 Sesto Fiorentino, (FI) Italy.

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder:

Belgique/België/Belgien

Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

България ТП "Ели Лили Недерланд" Б.В. - България тел. + 359 2 491 41 40

Česká republika ELI LILLY ČR, s.r.o. Tel: + 420 234 664 111

Danmark Eli Lilly Danmark A/S Tlf: +45 45 26 6000

Deutschland Lilly Deutschland GmbH Tel. + 49-(0) 6172 273 2222

Eesti Eli Lilly Nederland B.V. Tel: +372 6817 280

Ελλάδα ΦΑΡΜΑΣΕΡΒ-ΛΙΛΛΥ Α.Ε.Β.Ε. Τηλ: +30 210 629 4600

España Lilly S.A. Tel: + 34-91 663 50 00 Lietuva Eli Lilly Lietuva Tel. +370 (5) 2649600

Luxembourg/Luxemburg Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

Magyarország

Lilly Hungária Kft. Tel: + 36 1 328 5100

Malta

Charles de Giorgio Ltd. Tel: + 356 25600 500

Nederland

Eli Lilly Nederland B.V. Tel: + 31-(0) 30 60 25 800

Norge

Eli Lilly Norge A.S. Tlf: + 47 22 88 18 00

Österreich

Eli Lilly Ges. m.b.H. Tel: + 43-(0) 1 711 780

Polska

Eli Lilly Polska Sp. z o.o. Tel: +48 22 440 33 00 **France** Lilly France Tél: +33-(0) 1 55 49 34 34

Hrvatska Eli Lilly Hrvatska d.o.o. Tel: +385 1 2350 999

Ireland Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

Ísland Icepharma hf. Sími + 354 540 8000

Italia Eli Lilly Italia S.p.A. Tel: + 39- 055 42571

Κύπρος Phadisco Ltd Τηλ: +357 22 715000

Latvija Eli Lilly (Suisse) S.A Pārstāvniecība Latvijā Tel: +371 67364000 **Portugal** Lilly Portugal - Produtos Farmacêuticos, Lda Tel: + 351-21-4126600

România Eli Lilly România S.R.L. Tel: + 40 21 4023000

Slovenija Eli Lilly farmacevtska družba, d.o.o. Tel: +386 (0) 1 580 00 10

Slovenská republika Eli Lilly Slovakia s.r.o. Tel: + 421 220 663 111

Suomi/Finland Oy Eli Lilly Finland Ab Puh/Tel: + 358-(0) 9 85 45 250

Sverige Eli Lilly Sweden AB Tel: + 46-(0) 8 7378800

United Kingdom (Northern Ireland) Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

This leaflet was last revised in {MM/YYY}.

USER MANUAL

Please see manual text later.

Detailed information on this medicine is available on the European Medicines Agency web site: http://www.ema.europa.eu/.

USER MANUAL

Liprolog 200 units/ml KwikPen, solution for injection in a pre-filled pen

insulin lispro

PLEASE READ THIS USER MANUAL BEFORE USE



Read the User Manual before you start taking Liprolog 200 units/ml KwikPen solution for injection and each time you get another Liprolog 200 units/ml KwikPen. There may be new information. This information does not take the place of talking to your healthcare professional about your medical condition or your treatment.

Liprolog 200 units/ml KwikPen ("Pen") is a disposable pre-filled pen containing 3 ml (600 units, 200 units/ml) of insulin lispro solution for injection. You can give yourself multiple doses using one Pen. The Pen dials 1 unit at a time. You can inject from 1 to 60 units in a single injection. If your dose is more than 60 units, you will need to give yourself more than one injection. The plunger only moves a little with each injection, and you may not notice that it moves. The plunger will only reach the end of the cartridge when you have used all 600 units in the Pen.

This pen is designed to allow you to give more doses than other pens you may have used in the past. Dial your usual dose as instructed by your healthcare professional.

Liprolog KwikPen is available in two strengths, 100 units/ml and 200 units/ml. Inject Liprolog 200 units/ml ONLY with your Pen. DO NOT transfer insulin from your Pen to another insulin delivery device. Syringes and insulin pumps will not dose 200 units/ml insulin correctly. A severe overdose can result, causing very low blood sugar which may put your life in danger.

Do not share your Pen with other people, even if the needle has been changed. Do not reuse or share needles with other people. You may give an infection to them or get an infection from them.

This Pen is not recommended for use by the blind or visually impaired without the help of someone trained to use the Pen.



How to recognize your Liprolog 200 units/ml KwikPen:

- Pen colour: Dark grey
- Dose Knob: Dark grey with burgundy ring on the end
- Labels: Burgundy, "200 units/ml" in yellow box.

Yellow warning on cartridge holder

Supplies needed to give your injection:

- Liprolog 200 units/ml KwikPen
- KwikPen compatible Needle (BD [Becton, Dickinson and Company] Pen Needles recommended)
- Swab

Needles and swab are not included.

Preparing your Pen

- Wash your hands with soap and water.
- Check the Pen to make sure you are taking the right type of insulin. This is especially important if you use more than 1 type of insulin.
- **Do not** use your Pen past the expiration date printed on the Label or for more than 28 days after you first start using the Pen.
- Always use a **new Needle** for each injection to help prevent infections and blocked Needles.

Step 1:

Pull the Pen Cap straight off.

• **Do not** remove the Pen Label.

Wipe the Rubber Seal with a swab.

Liprolog 200 units/ml solution for injection should look clear and colourless. **Do not** use if it is cloudy, coloured, or has particles or clumps in it.

Step 2:

Select a new Needle.

Pull off the Paper Tab from the Outer Needle Shield.





Step 3:

Push the capped Needle straight onto the Pen and twist the Needle on until it is tight.



Step 4:

Pull off the Outer Needle Shield. **Do not** throw it away.

Pull off the Inner Needle Shield and throw it away.



Priming your Pen

Prime before each injection.

- Priming your Pen means removing the air from the Needle and Cartridge that may collect during normal use and ensures that the Pen is working correctly.
- If you do not prime before each injection, you may get too much or too little insulin.

Step 5:

To prime your Pen, turn the Dose Knob to **select 2 units**.



Step 6:

Hold your Pen with the Needle pointing up. Tap the Cartridge Holder gently to collect air bubbles at the top.



Continue holding your Pen with Needle pointing up. Push the Dose Knob in until it stops, and "**0**" is seen in the Dose Window. Hold the Dose Knob in and **count to 5 slowly**.

- You should see insulin at the tip of the Needle.
 - If you **do not** see insulin, repeat the priming steps, but not more than 8 times.
 - If you **still do not** see insulin, change the Needle and repeat the priming steps.

Small air bubbles are normal and will not affect your dose.







Selecting your dose

This pen has been designed to deliver the dose that is shown in the window. Dial your usual dose as instructed by your healthcare professional.

- You can give from 1 to 60 units in a single injection.
- If your dose is more than 60 units, you will need to give more than one injection.
 - If you need help deciding how to divide up your dose, ask your healthcare professional.
 - You should use a new Needle for each injection and repeat the priming step.

Step 8:

Turn the Dose Knob to select the number of units you need to inject. The Dose Indicator should line up with your dose.

- The Pen dials 1 unit at a time.
- The Dose Knob clicks as you turn it.
- DO NOT dial your dose by counting the clicks because you may dial the wrong dose.
- The dose can be corrected by turning the Dose Knob in either direction until the correct dose lines up with the Dose Indicator.
- The even numbers are printed on the dial.
- The **odd** numbers, after the number 1, are shown as full lines.

Always check the number in the Dose Window to make sure you have dialled the correct dose.





(Example: 12 units shown in the Dose Window)



(Example: 25 units shown in the Dose Window)

- The Pen will not let you dial more than the number of units left in the Pen.
- If you need to inject more than the number of units left in the Pen, you may either:
 - inject the amount left in your Pen and then use a new Pen to give the rest of your dose, or
 - get a new Pen and inject the full dose.
Giving your injection

- Inject your insulin as your healthcare professional has shown you.
- Change (rotate) your injection site for each injection.
- **Do not** try to change your dose while injecting.

Step 9:

Choose your injection site.

Liprolog 200 units/ml solution for injection is injected under the skin (subcutaneously) of your stomach area, buttocks, upper legs or upper arms.

Wipe your skin with a swab, and let your skin dry before you inject your dose.

Step 10:

Insert the Needle into your skin.

Push the Dose Knob all the way in.



Continue to hold the Dose Knob in and **slowly count to 5** before removing the Needle.

Do not try to inject your insulin by turning the Dose Knob. You will NOT receive your insulin by turning the Dose Knob.

Step 11:

Pull the Needle out of your skin.

- A drop of insulin at the Needle tip is normal. It will not affect your dose.
- Check the number in the Dose Window.If you see "0" in the Dose Window, you have received the full amount you dialled.
- If you do not see "0" in the Dose Window, do not redial. Insert the needle into your skin and finish your injection.
- If you still do not think you received the full amount you dialled for your injection, do not start over or repeat that injection. Monitor your blood glucose as instructed by your healthcare professional.

The plunger only moves a little with each injection and you may not notice that it moves.







If you see blood after you take the Needle out of your skin, press the injection site lightly with a piece of gauze or a swab. **Do not** rub the area.

After your injection

Step 12:

Carefully replace the Outer Needle Shield.



Step 13:

Unscrew the capped Needle and dispose of it as described below (see **Disposing of Pens and Needles** section).

Do not store the Pen with the Needle attached to prevent leaking, blocking the Needle, and air from entering the Pen.

Step 14:

Replace the Pen Cap by lining up the Cap Clip with the Dose Indicator and pushing straight on.





Disposing of Pens and Needles

- Put used Needles in a sharps container or hard plastic container with a secure lid. Do not throw needles directly into your household waste.
- Do not recycle the filled sharps container.
- Ask your healthcare professional about options to dispose of the Pen and the sharps container properly.
- The directions regarding needle handling are not intended to replace local, healthcare professional or institutional policies.

Storing your Pen

Unused Pens

- Store unused Pens in the refrigerator at 2°C to 8°C.
- **Do not** freeze Liprolog 200 units/ml solution for injection. **Do not** use if it has been frozen.
- Unused Pens may be used until the expiration date printed on the Label, if the Pen has been kept in the refrigerator.

In-use Pen

- Store the Pen you are currently using at room temperature (up to 30°C) and away from dust, food and liquids, heat and light.
- Throw away the Pen you are using after 28 days, even if it still has insulin left in it.

General information about the safe and effective use of your Pen

- Keep your Pen and Needles out of the sight and reach of children.
- **Do not** use your Pen if any part looks broken or damaged.
- Always carry an extra Pen in case yours is lost or damaged.

Troubleshooting

- If you cannot remove the Pen Cap, gently twist the cap back and forth, and then pull the cap straight off.
- If the Dose Knob is hard to push;
 - Pushing the Dose Knob more slowly will make it easier to inject.
 - Your Needle may be blocked. Put on a new Needle and prime the Pen.
 - You may have dust, food, or liquid inside the Pen. Throw the Pen away and get a new Pen. You may need to get a prescription from your healthcare professional.
- Do not transfer insulin from the Pen to a syringe or an insulin pump. Severe overdose can result.

If you have any questions or problems with your Liprolog 200 units/ml KwikPen, call your healthcare professional for help or contact your local Lilly affiliate.

Document revision date:

Package leaflet: Information for the user

Liprolog 100 units/ml Junior KwikPen, solution for injection in a pre-filled pen insulin lispro

Each Junior KwikPen delivers 0.5 – 30 units in steps of 0.5 units.

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

- 1. What Liprolog Junior KwikPen is and what it is used for
- 2. What you need to know before you use Liprolog Junior KwikPen
- 3. How to use Liprolog Junior KwikPen
- 4. Possible side effects
- 5. How to store Liprolog Junior KwikPen
- 6. Contents of the pack and other information

1. What Liprolog Junior KwikPen is and what it is used for

Liprolog Junior KwikPen is used to treat diabetes. Liprolog works more quickly than normal human insulin because insulin lispro has been changed slightly in comparison to human insulin. Insulin lispro is closely related to human insulin which is a natural hormone made by the pancreas.

You get diabetes if your pancreas does not make enough insulin to control the level of glucose in your blood. Liprolog is a substitute for your own insulin and is used to control glucose in the long term. It works very quickly and lasts a shorter time than soluble insulin (2 to 5 hours). You should normally use Liprolog within 15 minutes of a meal.

Your doctor may tell you to use Liprolog as well as a longer-acting insulin. Each kind of insulin comes with another patient information leaflet to tell you about it. Do not change your insulin unless your doctor tells you to.

Liprolog is suitable for use in adults and children.

Liprolog 100 units/ml Junior KwikPen is a disposable pre-filled pen containing 3 ml (300 units, 100 units/ml) of insulin lispro. One KwikPen contains multiple doses of insulin. The KwikPen dials half unit (0.5 unit) at a time. **The number of units are displayed in the dose window, always check this before your injection.** You can give from 0.5 unit to 30 units in a single injection. **If your dose is more than 30 units, you will need to give yourself more than one injection.**

2. What you need to know before you use Liprolog Junior KwikPen

Do NOT use Liprolog Junior KwikPen

- if you are **allergic** to insulin lispro or any of the other ingredients of this medicine (listed in section 6).
- if you think **hypoglycaemia** (low blood sugar) is starting. Further in this leaflet it tells you how to deal with mild hypoglycaemia (see Section 3: If you take more Liprolog than you need).

Warnings and precautions

- Do NOT mix the Liprolog 100 units/ml solution for injection in your pre-filled pen (the Junior KwikPen) with any other insulins or any other medicine.
- If your blood sugar levels are well controlled by your current insulin therapy, you may not feel the warning symptoms when your blood sugar is falling too low. Warning signs are listed in section 4 of this leaflet. You must think carefully about when to have your meals, how often to exercise and how much to do. You must also keep a close watch on your blood sugar levels by testing your blood glucose often.
- A few people who have had hypoglycaemia after switching from animal insulin to human insulin have reported that the early warning symptoms were less obvious or different. If you often have hypoglycaemia or have difficulty recognising it, please discuss this with your doctor.
- If you answer YES to any of the following questions, tell your doctor, pharmacist or diabetes nurse
 - Have you recently become ill?
 - Do you have trouble with your kidneys or liver?
 - Are you exercising more than usual?
- You should also tell your doctor, pharmacist or diabetes nurse if you are planning to go abroad. The time difference between countries may mean that you have to have your injections and meals at different times from when you are at home.
- Some patients with long-standing type 2 diabetes mellitus and heart disease or previous stroke who were treated with pioglitazone and insulin experienced the development of heart failure. Inform your doctor as soon as possible if you experience signs of heart failure such as unusual shortness of breath or rapid increase in weight or localised swelling (oedema).
- This Pen is not recommended for use by the blind or visually impaired without the help of someone trained to use the Pen.

Skin changes at the injection site:

The injection site should be rotated to prevent skin changes such as lumps under the skin. The insulin may not work very well if you inject into a lumpy area (See How to use Liprolog Junior KwikPen). Contact your doctor if you are currently injecting into a lumpy area before you start injecting a different area. Your doctor may tell you to check your blood sugar more closey, and to adjust your insulin or your other antidiabetic medications dose.

Other medicines and Liprolog Junior KwikPen

Your insulin needs may change if you are taking

- the contraceptive pill,
- steroids,
- thyroid hormone replacement therapy,
- oral hypoglycaemics, (e.g. metformin, acarbose, sulphonylurea agents, pioglitazone, empagliflozin, DPP-4-inhibitors like sitagliptin or saxagliptine,),
- acetyl salicylic acid,
- sulpha antibiotics,
- somatostatin analogues (such as octreotide, used to treat an uncommon condition in which you make too much growth hormone),
- "beta₂ stimulants" such as salbutamol or terbutaline to treat asthma, or ritodrine used to stop premature labor,
- beta-blockers to treat high blood pressure., or
- some antidepressants (monoamine oxidase inhibitors or selective serotonin reuptake inhibitors),
- danazol (medicine acting on ovulation),
- some angiotensin converting (ACE) inhibitors, used to treat certain heart conditions or high blood pressure (for example captopril, enalapril), and
- specific medicines to treat high blood pressure, kidney damage due to diabetes, and some heart problems (angiotensin II receptor blockers).

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Liprolog with alcohol

Your blood sugar levels may either rise or fall if you drink alcohol. Therefore the amount of insulin needed may change.

Pregnancy and breast-feeding

Are you pregnant or thinking about becoming pregnant, or are you breast-feeding? The amount of insulin you need usually falls during the first three months of pregnancy and increases for the remaining six months. If you are breast-feeding, you may need to alter your insulin intake or diet. Ask your doctor for advice.

Driving and using machines

Your ability to concentrate and react may be reduced if you have hypoglycaemia. Please keep this possible problem in mind in all situations where you might put yourself and others at risk (e.g. driving a car or operating machinery). You should contact your doctor about the advisability of driving if you have:

- frequent episodes of hypoglycaemia
- reduced or absent warning signs of hypoglycaemia

Liprolog Junior KwikPen contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.

3. How to use Liprolog Junior KwikPen

Always check the pack and the label of the pre-filled pen for the name and type of the insulin when you get it from your pharmacy. Make sure you get the Liprolog 100 units/ml Junior KwikPen that your doctor has told you to use.

Always use this medicine exactly as your doctor has told you. Check with your doctor if you are not sure. To prevent the possible transmission of disease, each pen must be used by you only, even if the needle is changed.

Dosage

- The number of half units (0.5 units) is shown in the dose window of your pen. The half units (0.5 units) are shown as lines between the numbers.
- Always check the number in the dose window to make sure you have dialled the correct dose.
- You should normally inject Liprolog within 15 minutes of a meal. If you need to, you can inject soon after a meal. But your doctor will have told you exactly how much to use, when to use it, and how often. These instructions are only for you. Follow them exactly and visit your diabetes clinic regularly.
- If you change the type of insulin you use (for example from a human or animal insulin to a Liprolog product), you may have to take more or less than before. This might just be for the first injection or it may be a gradual change over several weeks or months.
- Liprolog KwikPen is only suitable for injecting just under the skin. Speak to your doctor if you need to inject your insulin by another method. into a muscle if your doctor has told you to.

Preparing Liprolog Junior KwikPen

• Liprolog is already dissolved in water, so you do not need to mix it. But you must use it **only** if it looks like water. It must be clear, have no colour and no solid pieces in it. Check each time you inject yourself.

Getting the Junior KwikPen ready to use (Please see user manual)

- First wash your hands.
- Read the instructions on how to use your pre-filled insulin pen. Please follow the instructions carefully. Here are some reminders.

- Use a clean needle. (Needles are not included).
- Prime your Junior KwikPen before each use. This checks that insulin comes out and clears the air bubbles from your Junior KwikPen. There may still be some small air bubbles left in the pen these are harmless. But if the air bubbles are too large it may affect the insulin dose.

Injecting Liprolog

- Before you make an injection, clean your skin as you have been instructed. Inject under the skin, as you were taught. Do not inject directly into a vein. After your injection, leave the needle in the skin for five seconds to make sure you have taken the whole dose. Do not rub the area you have just injected. Make sure you inject at least half an inch (1 cm) from the last injection and that you 'rotate' the places you inject, as you have been taught. It doesn't matter which injection site you use, either upper arm, thigh, buttock or abdomen, your Liprolog injection will still work quicker than soluble human insulin.
- You must not administer Liprolog by the intravenous route. Inject Liprolog as your physician or nurse has taught you. Only your physician can administer Liprolog by the intravenous route. He will only do this under special circumstances such as surgery or if you are ill and your glucose levels are too high.

After injecting

• As soon as you have done the injection, unscrew the needle from the Junior KwikPen using the outer needle cap. This will keep the insulin sterile and stop it leaking. It also stops air entering the pen and your needle clogging. **Do not share your needles**. <u>Do not share your pen</u>. Replace the cap on your pen.

Further injections

- Every time you use a Junior KwikPen you must use a new needle. Before every injection, clear any air bubbles. You can see how much insulin is left by holding the Junior KwikPen with the needle pointing up. The scale on the cartridge shows about how many units you have left.
- Once the Junior KwikPen is empty, do not use it again. Please get rid of it carefully your pharmacist or diabetes nurse will tell you how to do this.

Using Liprolog in an infusion pump

• Junior KwikPen is only suitable for injecting just under the skin. Do not use the pen to administer Liprolog by a different way. Other forms of Liprolog 100 units/ml are available if this is necessary. Speak to your doctor if this applies to you.

If you take more Liprolog than you need

If you take more Liprolog than you need, a low blood sugar may occur. Check your blood sugar. If your blood sugar is low **(mild hypoglycaemia)**, eat glucose tablets, sugar or drink a sugary drink. Then eat fruit, biscuits, or a sandwich, as your doctor has advised you and have some rest. This will often get you over mild hypoglycaemia or a minor insulin overdose. If you get worse and your breathing is shallow and your skin gets pale, tell your doctor at once. A glucagon injection can treat quite severe hypoglycaemia. Eat glucose or sugar after the glucagon injection. If you do not respond to glucagon, you will have to go to hospital. Ask your doctor to tell you about glucagon.

If you forget to use Liprolog

If you take less Liprolog than you need, a high blood sugar may occur. Check your blood sugar

If hypoglycaemia (low blood sugar) or hyperglycaemia (high blood sugar) is not treated they can be very serious and cause headaches, feeling sick (nausea), being sick (vomiting), loss of fluids (dehydration), unconsciousness, coma or even death (see section 4 "Possible Side Effects").

Three simple steps to avoid hypoglycaemia or hyperglycaemia are:

- Always carry a spare pen in case you lose your Junior KwikPen or it gets damaged.
- Always carry something to show you are diabetic.

• Always carry sugar with you.

If you stop using Liprolog.

If you take less Liprolog than you need, a high blood sugar may occur. Do not change your insulin unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Severe allergy is rare (may affect up to 1 in 1,000 people). The symptoms are as follows:

- rash over the whole body blood pressure dropping
- difficulty in breathing heart beating fast
- wheezing sweating

If you think you are having this sort of insulin allergy with Liprolog, contact a doctor at once.

Local allergy is common (may affect up to 1 in 10 people). Some people get redness, swelling or itching around the area of the insulin injection. This usually clears up in anything from a few days to a few weeks. If this happens to you, tell your doctor.

Lipodystrophy is uncommon (may affect up to 1 in 100 people). If you inject insulin too often at the same place, the fatty tissue may either shrink (lipoatrophy) or thicken (lipohypertrophy). Lumps under the skin may also be caused by build-up of a protein called amyloid (cutaneous amyloidosis). The insulin may not work very well if you inject into a lumpy area. Change the injection site with each injection to help prevent these skin changes.

Oedema (e.g. swelling in arms, ankles; fluid retention) has been reported, particularly at the start of insulin therapy or during a change in therapy to improve control of your blood glucose.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in <u>Appendix V</u>. By reporting side effects you can help provide more information on the safety of this medicine.

Common problems of diabetes

Hypoglycaemia

Hypoglycaemia (low blood sugar) means there is not enough sugar in the blood. This can be caused if:
you take too much Liprolog or other insulin;

- you take too much Liptolog of other insum,
 you miss or delay meals or change your diet;
- you exercise or work too hard just before or after a meal;
- you have an infection or illness (especially diarrhoea or vomiting);
- there is a change in your need for insulin; or
- you have trouble with your kidneys or liver which gets worse.

Alcohol and some medicines can affect your blood sugar levels (see section 2).

The first symptoms of low blood sugar usually come on quickly and include the following:

- tiredness
 rapid heartbeat
- nervousness or shakiness
 feeling sick
- headache cold sweat.

While you are not confident about recognising your warning symptoms, avoid situations such as driving a car, in which you or others would be put at risk by hypoglycaemia.

Hyperglycaemia and diabetic ketoacidosis

Hyperglycaemia (too much sugar in the blood) means that your body does not have enough insulin. Hyperglycaemia can be brought about by:

- not taking your Liprolog or other insulin;
- taking less insulin than your doctor tells you to;
- eating a lot more than your diet allows; or
- fever, infection or emotional stress.

Hyperglycaemia can lead to diabetic ketoacidosis. The first symptoms come on slowly over many hours or days. The symptoms include the following:

- feeling sleepy
 - flushed face •
- no appetitefruity smell on the breath
- thirst feeling or being sick.

Severe symptoms are heavy breathing and a rapid pulse. Get medical help immediately.

Illness

•

If you are ill, especially if you feel sick or are sick, the amount of insulin you need may change. **Even when you are not eating normally, you still need insulin.** Test your urine or blood, follow your 'sick rules', and tell your doctor.

5. How to store Liprolog Junior KwikPen

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and the carton. The expiry date refers to the last day of that month.

Before the first use store your Liprolog Junior KwikPen in a refrigerator $(2^{\circ}C - 8^{\circ}C)$. Do not freeze. Keep your Liprolog Junior KwikPen in use at room temperature $(15^{\circ} - 30^{\circ}C)$ and discard after 28 days **even if some of the solution remains**. Do not put it near heat or in the sun. Do not keep the Junior KwikPen that you are using in the fridge. The Junior KwikPen should not be stored with the needle attached.

Do not use this medicine if you notice the solution is coloured or it has solid pieces in it. You must use it **only** if it looks like water. Check this each time you inject yourself.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Liprolog 100 units/ml Junior KwikPen solution for injection contains

- The active substance is insulin lispro. Each ml of solution contains 100 units (U) of insulin lispro. Each pre-filled pen (3 ml) contains 300 units (U) of insulin lispro.
- The other ingredients are metacresol, glycerol, dibasic sodium phosphate 7 H₂O, zinc oxide and water for injections. Sodium hydroxide or hydrochloric acid may have been used to adjust the acidity.

What Liprolog 100 units/ml Junior KwikPen looks like and contents of the pack

Liprolog 100 units/ml Junior KwikPen, solution for injection is a sterile, clear, colourless, aqueous solution and contains 100 units of insulin lispro in each millilitre (100 units/ml) solution for injection.

Each Liprolog Junior KwikPen contains 300 units (3 millilitres). The Liprolog Junior KwikPen comes in a pack of 5 pre-filled pens or multipacks of 2 x 5 pre-filled pens. Not all pack sizes may be marketed. The Junior KwikPen simply has a built in cartridge. When the pre-filled pen is empty you cannot use it again. The Junior KwikPen is blue. The dose knob is blue with raised ridges. The label is white with an orange colour bar and a grey colour band. Each Junior KwikPen delivers 0.5 - 30 units in steps of 0.5 units.

Marketing Authorisation Holder

Eli Lilly Nederland B.V., Papendorpseweg 83, 3528 BJ Utrecht, The Netherlands.

Manufacturer

Lilly France S.A.S., Rue du Colonel Lilly, 67640 Fegersheim, France,

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder:

Belgique/België/Belgien Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

България ТП "Ели Лили Недерланд" Б.В. - България тел. + 359 2 491 41 40

Česká republika ELI LILLY ČR, s.r.o. Tel: + 420 234 664 111

Danmark Eli Lilly Danmark A/S Tlf: +45 45 26 6000

Deutschland Lilly Deutschland GmbH Tel. + 49-(0) 6172 273 2222

Eesti Eli Lilly Nederland B.V. Tel: +372 6817 280

Ελλάδα ΦΑΡΜΑΣΕΡΒ-ΛΙΛΛΥ Α.Ε.Β.Ε. Τηλ: +30 210 629 4600

España Lilly S.A. Tel: + 34-91 663 50 00

France Lilly France Tél: +33-(0) 1 55 49 34 34 Lietuva Eli Lilly Lietuva Tel. +370 (5) 2649600

Luxembourg/Luxemburg Eli Lilly Benelux S.A./N.V. Tél/Tel: + 32-(0)2 548 84 84

Magyarország Lilly Hungária Kft. Tel: + 36 1 328 5100

Malta Charles de Giorgio Ltd. Tel: + 356 25600 500

Nederland Eli Lilly Nederland B.V. Tel: + 31-(0) 30 60 25 800

Norge Eli Lilly Norge A.S. Tlf: + 47 22 88 18 00

Österreich Eli Lilly Ges. m.b.H. Tel: + 43-(0) 1 711 780

Polska Eli Lilly Polska Sp. z o.o. Tel: +48 22 440 33 00

Portugal Lilly Portugal - Produtos Farmacêuticos, Lda Tel: + 351-21-4126600 Hrvatska Eli Lilly Hrvatska d.o.o. Tel: +385 1 2350 999

Ireland Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

Ísland Icepharma hf. Sími + 354 540 8000

Italia Eli Lilly Italia S.p.A. Tel: + 39- 055 42571

Κύπρος Phadisco Ltd Τηλ: +357 22 715000

Latvija Eli Lilly (Suisse) S.A Pārstāvniecība Latvijā Tel: +371 67364000 **România** Eli Lilly România S.R.L. Tel: + 40 21 4023000

Slovenija Eli Lilly farmacevtska družba, d.o.o. Tel: +386 (0) 1 580 00 10

Slovenská republika Eli Lilly Slovakia s.r.o. Tel: + 421 220 663 111

Suomi/Finland Oy Eli Lilly Finland Ab Puh/Tel: + 358-(0) 9 85 45 250

Sverige Eli Lilly Sweden AB Tel: + 46-(0) 8 7378800

United Kingdom (Northern Ireland) Eli Lilly and Company (Ireland) Limited Tel: + 353-(0) 1 661 4377

This leaflet was last revised in {MM/YYY}.

USER MANUAL

Please see manual text later.

Detailed information on this medicine is available on the European Medicines Agency web site: http://www.ema.europa.eu/.

Instructions for Use

Liprolog 100 units/ml Junior KwikPen, solution for injection in a pre-filled pen

insulin lispro



PLEASE READ THESE INSTRUCTIONS BEFORE USE

Read the Instructions for Use before you start taking Liprolog Junior KwikPen and each time you get another Liprolog Junior KwikPen. There may be new information. This information does not take the place of talking to your healthcare professional about your medical condition or your treatment.

Liprolog 100 units/ml Junior KwikPen ("Pen") is a disposable pre-filled pen containing 3 ml (300 units, 100 units/ml) of insulin lispro solution for injection. One pen contains multiple doses of insulin.

- Your healthcare professional will tell you how many units to give as your dose and how to inject your prescribed dose of insulin.
- The Pen dials half unit (0.5 unit) at a time. You can give from 0.5 unit to 30 units in a single injection.
- Always check the number in the dose window to make sure you have dialed the correct dose.
- If your dose is more than 30 units, you will need to give yourself more than one injection.
- The Plunger only moves a little with each injection, and you may not notice that it moves. When the Plunger reaches the end of the cartridge, you have used all 300 units in the Pen.

Do not share your Pen with other people, even if the needle has been changed. Do not reuse or share needles with other people. You may give an infection to them or get an infection from them.

This Pen is not recommended for use by the blind or visually impaired without the help of someone trained to use the Pen.



Pen Needle Parts (Needles Not Included) Dose Knob Blue, with raised ridges on end and side Paper Tab Image: Constraint of the second secon

Needle

How to recognize your Liprolog Junior KwikPen:

• Pen colour: Blue

Outer Needle

Shield

• Dose Knob: Blue, with raised ridges on end and side

Inner Needle

Shield

• Label: White with an orange colour bar and a grey colour band

Supplies needed to give your injection:

- Liprolog Junior KwikPen
- KwikPen compatible Needle (BD [Becton, Dickinson and Company] Pen Needles recommended)
- Swab

Needles and swab are not included.

Preparing your Pen

- Wash your hands with soap and water.
- Check the Pen to make sure you are taking the right type of insulin. This is especially important if you use more than 1 type of insulin.
- **Do not** use your Pen past the expiration date printed on the Label or for more than 28 days after you first start using the Pen.
- Always use a **new Needle** for each injection to help prevent infections and blocked Needles.

Step 1:

- Pull the Pen Cap straight off.
 - **Do not** remove the Pen Label.
- Wipe the Rubber Seal with a swab.

Liprolog should look clear and colourless. **Do not** use if it is cloudy, coloured, or has particles or clumps in it.



W

Step 2:

- Select a new Needle.
- Pull off the Paper Tab from the Outer Needle Shield.



Step 3:

• Push the capped Needle straight onto the Pen and twist the Needle on until it is tight.



Step 4:

- Pull off the Outer Needle Shield. **Do not** throw it away.
- Pull off the Inner Needle Shield and throw it away.



Priming your Pen

Prime before each injection.

- Priming your Pen means removing the air from the Needle and Cartridge that may collect during normal use. It is important to prime your Pen so that it will work correctly.
- If you **do not** prime before each injection, you may get too much or too little insulin.

Step 5:

• To prime your Pen, turn the Dose Knob to select 2 units.



Step 6:

• Hold your Pen with the Needle pointing up. Tap the Cartridge Holder gently to collect air bubbles at the top.



Step 7:

• Continue holding your Pen with the Needle pointing up. Push the Dose Knob in until it stops, and "**0**" is seen in the Dose Window. Hold the Dose Knob in and **count to 5 slowly**.

You should see insulin at the tip of the Needle.

- If you **do not** see insulin, repeat the priming steps, but not more than 4 times.
- If you **still do not** see insulin, change the Needle and repeat the priming steps.

Small air bubbles are normal and will not affect your dose.





Selecting your dose

• You can give from half unit (0.5 unit) to 30 units in a single injection.

Always check the number in the Dose Window to make sure you have dialled the correct dose.

- If your dose is more than 30 units, you will need to give more than one injection.
 - Talk to your healthcare professional about how to give your dose.
 - Use a new Needle for each injection and repeat the priming step.
 - If you **usually** need more than 30 units, ask your healthcare professional if a different Liprolog KwikPen would be better for you.

Step 8:

- Turn the Dose Knob to select the number of units you need to inject. The Dose Indicator should line up with your dose.
 - The Pen dials half unit (0.5 unit) at a time.
 - The Dose Knob clicks as you turn it.
 - DO NOT dial your dose by counting the clicks because you may dial the wrong dose.
 - The dose can be corrected by turning the Dose Knob in either direction until the correct dose lines up with the Dose Indicator.
 - The **whole unit** numbers are printed on the dial.





Example: 4 units shown in the Dose Window



Example: 10 ½ (10.5) units shown in the Dose Window

- The **half units** are shown as lines between the numbers.
- Always check the number in the Dose Window to make sure you have dialled the correct dose.
- The Pen will not let you dial more than the number of units left in the Pen.
- If you need to inject more than the number of units left in the Pen, you may either:
 - inject the amount left in your Pen and then use a new Pen to give the rest of your dose, or
 - get a new Pen and inject the full dose.
- It is normal to see a small amount of insulin left in the Pen that you can not inject.

Giving your injection

- Inject your insulin as your healthcare professional has shown you.
- Change (rotate) your injection site for each injection.
- **Do not** try to change your dose while injecting.

Step 9:

• Choose your injection site.

Liprolog is injected under the skin (subcutaneously) of your stomach area, buttocks, upper legs or upper arms.

• Wipe your skin with a swab, and let your skin dry before you inject your dose.

Step 10:

- Insert the Needle into your skin.
- Push the Dose Knob all the way in.
- Continue to hold the Dose Knob in and **slowly count to 5** before removing the Needle.



Do not try to inject your insulin by turning the Dose Knob. You will **NOT** receive your insulin by turning the Dose Knob.



Step 11:

- Pull the Needle out of your skin.
 - A drop of insulin at the Needle tip is normal. It will not affect your dose.
- Check the number in the Dose Window
 - If you see "0" in the Dose window, you have received the full amount you dialled.
 - If you do not see "0" in the Dose window, you did not receive your full dose. **Do not** redial. Insert the needle into your skin and finish your injection.
 - If you still do not think you received the full amount you dialled for your injection, do not start over or repeat that injection. Monitor your blood glucose and call your healthcare professional for further instructions.

The plunger only moves a little with each injection, and you may not notice that it moves.

If you see blood after you take the Needle out of your skin, press the injection site lightly with a piece of gauze or a swab. **Do not** rub the area.

Carefully replace the Outer Needle Shield.





Step 13:

Step 12:

After your injection

- Unscrew the capped Needle and dispose of it as described below (see Disposing of Pens and Needles section).
- Do not store the Pen with the Needle attached to prevent leaking, blocking the Needle, and air from entering the Pen.

Step 14:

• Replace the Pen Cap by lining up the Cap Clip with the Dose Indicator and pushing straight on.



Disposing of Pens and Needles

• Put used Needles in a sharps container or a hard plastic container with a secure lid. **Do not** throw needles directly into your household waste.

- **Do not** recycle the filled sharps container.
- Ask your healthcare professional about options to dispose of the Pen and the sharps container properly.
- The directions regarding needle handling are not intended to replace local, healthcare professional or institutional policies.

Storing your Pen

Unused Pens

- Store unused Pens in the refrigerator at (2 °C to 8 °C).
- **Do not** freeze Liprolog. **Do not** use if it has been frozen.
- Unused Pens may be used until the expiration date printed on the Label, if the Pen has been kept in the refrigerator.

In-use Pen

- Store the Pen you are currently using at room temperature [up to (30 °C)] and away from dust, food and liquids, heat and light.
- Throw away the Pen you are using after 28 days, even if it still has insulin left in it.

General information about the safe and effective use of your Pen

- Keep your Pen and Needles out of the sight and reach of children.
- **Do not** use your Pen if any part looks broken or damaged.
- Always carry an extra Pen in case yours is lost or damaged.

Troubleshooting

- If you can not remove the Pen Cap, gently twist the cap back and forth, and then pull the cap straight off.
- If the Dose Knob is hard to push:
 - Pushing the Dose Knob more slowly will make it easier to inject.
 - Your Needle may be blocked. Put on a new Needle and prime the Pen.
 - You may have dust, food, or liquid inside the Pen. Throw the Pen away and get a new Pen. You may need to get a prescription from your healthcare professional.

If you have any questions or problems with your Liprolog 100 units/ml Junior KwikPen, call your healthcare professional for help or contact your local Lilly affiliate.

Document revision date: