

ANNEX I
SUMMARY OF PRODUCT CHARACTERISTICS

1. NAME OF THE MEDICINAL PRODUCT

Tenofovir disoproxil Zentiva 245 mg film-coated tablets

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each film-coated tablet contains tenofovir disoproxil phosphate (equivalent to 245 mg of tenofovir disoproxil).

Excipient(s) with known effect: Each tablet contains 214.5 mg lactose monohydrate.

For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Film-coated tablet

Oblong-shaped, light blue colored film-coated tablets with dimensions approx. 17.2 x 8.2 mm.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

HIV-1 infection

Tenofovir disoproxil Zentiva is indicated in combination with other antiretroviral medicinal products for the treatment of HIV-1 infected adults.

In adults, the demonstration of the benefit of tenofovir disoproxil in HIV-1 infection is based on results of one study in treatment-naïve patients, including patients with a high viral load (> 100,000 copies/ml) and studies in which tenofovir disoproxil was added to stable background therapy (mainly tritherapy) in antiretroviral pre-treated patients experiencing early virological failure (< 10,000 copies/ml, with the majority of patients having < 5,000 copies/ml).

Tenofovir disoproxil Zentiva is also indicated for the treatment of HIV-1 infected adolescents, with NRTI resistance or toxicities precluding the use of first line agents, aged 12 to < 18 years.

The choice of Tenofovir disoproxil Zentiva to treat antiretroviral-experienced patients with HIV-1 infection should be based on individual viral resistance testing and/or treatment history of patients.

Hepatitis B infection

Tenofovir disoproxil Zentiva is indicated for the treatment of chronic hepatitis B in adults with:

- compensated liver disease, with evidence of active viral replication, persistently elevated serum alanine aminotransferase (ALT) levels and histological evidence of active inflammation and/or fibrosis (see section 5.1).
- evidence of lamivudine-resistant hepatitis B virus (see sections 4.8 and 5.1).
- decompensated liver disease (see sections 4.4, 4.8 and 5.1).

Tenofovir disoproxil Zentiva is indicated for the treatment of chronic hepatitis B in adolescents 12 to < 18 years of age with:

- compensated liver disease and evidence of immune active disease, i.e. active viral replication, persistently elevated serum ALT levels and histological evidence of active inflammation and/or fibrosis (see sections 4.4, 4.8 and 5.1).

4.2 Posology and method of administration

Therapy should be initiated by a physician experienced in the management of HIV infection and/or treatment of chronic hepatitis B.

Posology

Adults

The recommended dose of Tenofovir disoproxil Zentiva for the treatment of HIV or for the treatment of chronic hepatitis B is 245 mg (one tablet) once daily taken orally with food.

Chronic hepatitis B

The optimal duration of treatment is unknown. Treatment discontinuation may be considered as follows:

- In HBeAg-positive patients without cirrhosis, treatment should be administered for at least 6-12 months after HBe seroconversion (HBeAg loss and HBV DNA loss with anti-HBe detection) is confirmed or until HBs seroconversion or there is loss of efficacy (see section 4.4). Serum ALT and HBV DNA levels should be followed regularly after treatment discontinuation to detect any late virological relapse.
- In HBeAg negative patients without cirrhosis, treatment should be administered at least until HBs seroconversion or there is evidence of loss of efficacy. With prolonged treatment for more than 2 years, regular reassessment is recommended to confirm that continuing the selected therapy remains appropriate for the patient.

Paediatric population

HIV-1

In adolescents aged 12 to < 18 years and weighing \geq 35 kg, the recommended dose of Tenofovir disoproxil Zentiva is 245 mg (one tablet) once daily taken orally with food (see sections 4.8 and 5.1).

Reduced doses of tenofovir (the active ingredient of Tenofovir disoproxil Zentiva) are also used for treatment of HIV-1 infected paediatric patients aged 2 to < 12 years. As Tenofovir disoproxil Zentiva is available only as 245 mg film-coated tablets, it is not suitable for the use in paediatric patients aged 2 < 12 years. Other suitable formulations should be checked for their availability.

The safety and efficacy of tenofovir disoproxil in HIV-1 infected children under 2 years of age have not been established. No data are available.

Chronic hepatitis B

In adolescents aged 12 to < 18 years and weighing \geq 35 kg, the recommended dose of Tenofovir disoproxil Zentiva is 245 mg (one tablet) once daily, taken orally with food (see sections 4.8 and 5.1). The optimal duration of treatment is currently unknown.

The safety and efficacy of tenofovir disoproxil in children with chronic hepatitis B aged 2 to < 12 years

or weighing < 35 kg have not been established. No data are available.

Missed dose

If a patient misses a dose of Tenofovir disoproxil Zentiva within 12 hours of the time it is usually taken, the patient should take Tenofovir disoproxil Zentiva with food as soon as possible and resume their normal dosing schedule. If a patient misses a dose of Tenofovir disoproxil Zentiva by more than 12 hours and it is almost time for their next dose, the patient should not take the missed dose and simply resume the usual dosing schedule.

If the patient vomits within 1 hour of taking Tenofovir disoproxil Zentiva another tablet should be taken. If the patient vomits more than 1 hour after taking Tenofovir disoproxil Zentiva they do not need to take another dose.

Special populations

Elderly

No data are available on which to make a dose recommendation for patients over the age of 65 years (see section 4.4).

Renal impairment

Tenofovir is eliminated by renal excretion and the exposure to tenofovir increases in patients with renal dysfunction.

Adults

There are limited data on the safety and efficacy of tenofovir disoproxil in adult patients with moderate and severe renal impairment (creatinine clearance < 50 ml/min) and long-term safety data has not been evaluated for mild renal impairment (creatinine clearance 50 - 80 ml/min). Therefore, in adult patients with renal impairment tenofovir disoproxil should only be used if the potential benefits of treatment are considered to outweigh the potential risks.

Mild renal impairment (creatinine clearance 50 - 80 ml/min)

Limited data from clinical studies support once daily dosing of 245 mg tenofovir disoproxil in patients with mild renal impairment.

Moderate renal impairment (creatinine clearance 30 - 49 ml/min)

If administration of a lower dose is not possible, prolonged dose intervals using the 245 mg film-coated tablets may be used.

Administration of 245 mg tenofovir disoproxil every 48 hours is recommended based on modelling of single-dose pharmacokinetic data in HIV-negative and non-HBV infected subjects with varying degrees of renal impairment, including end-stage renal disease requiring haemodialysis, but has not been confirmed in clinical studies. Therefore, clinical response to treatment and renal function should be closely monitored in these patients (see sections 4.4 and 5.2).

Severe renal impairment (creatinine clearance < 30 ml/min) and haemodialysis patients:

Adequate dose adjustments cannot be applied with this product due to lack of alternative tablet strengths, therefore use in this group of patients is not recommended. If no alternative treatment is available, prolonged dose intervals may be used as follows:

Severe renal impairment: 245 mg tenofovir disoproxil may be administered every 72 - 96 hours (dosing twice a week).

Haemodialysis patients: 245 mg tenofovir disoproxil may be administered every 7 days following completion of a haemodialysis session*.

These dose interval adjustments have not been confirmed in clinical studies. Simulations suggest that the prolonged dose interval is not optimal and could result in increased toxicity and possibly inadequate response. Therefore clinical response to treatment and renal function should be closely monitored (see sections 4.4 and 5.2).

*Generally, once weekly dosing assuming three haemodialysis sessions per week, each of approximately 4 hours duration or after 12 hours cumulative haemodialysis.

No dosing recommendations can be given for non-haemodialysis patients with creatinine clearance < 10 ml/min.

Paediatric population

The use of tenofovir disoproxil is not recommended in paediatric patients with renal impairment (see section 4.4).

Hepatic impairment

No dose adjustment is required in patients with hepatic impairment (see sections 4.4 and 5.2).

If Tenofovir disoproxil Zentiva is discontinued in patients with chronic hepatitis B with or without HIV co-infection, these patients should be closely monitored for evidence of exacerbation of hepatitis (see section 4.4).

Method of administration

Tenofovir disoproxil Zentiva tablets should be taken once daily, orally with food.

In exceptional circumstances in patients having particular difficulty in swallowing, Tenofovir disoproxil Zentiva can be administered following disintegration of the tablet in at least 100 ml of water, orange juice or grape juice.

4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

4.4 Special warnings and precautions for use

General

HIV antibody testing should be offered to all HBV infected patients before initiating tenofovir disoproxil therapy (see below *Co-infection with HIV-1 and hepatitis B*).

HIV-1

While effective viral suppression with antiretroviral therapy has been proven to substantially reduce the risk of sexual transmission, a residual risk cannot be excluded. Precautions to prevent transmission should be taken in accordance with national guidelines.

Chronic hepatitis B

Patients must be advised that tenofovir disoproxil has not been proven to prevent the risk of

transmission of HBV to others through sexual contact or contamination with blood. Appropriate precautions must continue to be used.

Co-administration of other medicinal products

- Tenofovir disoproxil Zentiva should not be administered concomitantly with other medicinal products containing tenofovir disoproxil or tenofovir alafenamide.
- Tenofovir disoproxil Zentiva should not be administered concomitantly with adefovir dipivoxil.
- Co-administration of tenofovir disoproxil and didanosine is not recommended. Co-administration of tenofovir disoproxil and didanosine results in a 40 - 60% increase in systemic exposure to didanosine that may increase the risk of didanosine-related adverse reactions (see section 4.5). Rarely, pancreatitis and lactic acidosis, sometimes fatal, have been reported. Co-administration of tenofovir disoproxil and didanosine at a dose of 400 mg daily has been associated with a significant decrease in CD4 cell count, possibly due to an intracellular interaction increasing phosphorylated (i.e. active) didanosine. A decreased dosage of 250 mg didanosine co-administered with tenofovir disoproxil therapy has been associated with reports of high rates of virological failure within several tested combinations for the treatment of HIV-1 infection.

Triple therapy with nucleosides/nucleotides

There have been reports of a high rate of virological failure and of emergence of resistance at an early stage in HIV patients when tenofovir disoproxil was combined with lamivudine and abacavir as well as with lamivudine and didanosine as a once daily regimen.

Renal and bone effects in adult population

Renal effects

Tenofovir is principally eliminated via the kidney. Renal failure, renal impairment, elevated creatinine, hypophosphataemia and proximal tubulopathy (including Fanconi syndrome) have been reported with the use of tenofovir disoproxil in clinical practice (see section 4.8).

Renal monitoring

It is recommended that creatinine clearance is calculated in all patients prior to initiating therapy with tenofovir disoproxil and renal function (creatinine clearance and serum phosphate) is also monitored after two to four weeks of treatment, after three months of treatment and every three to six months thereafter in patients without renal risk factors. In patients at risk for renal impairment, a more frequent monitoring of renal function is required.

Renal management

If serum phosphate is < 1.5 mg/dl (0.48 mmol/l) or creatinine clearance is decreased to < 50 ml/min in any adult patient receiving tenofovir disoproxil, renal function should be re-evaluated within one week, including measurements of blood glucose, blood potassium and urine glucose concentrations (see section 4.8, proximal tubulopathy). Consideration should also be given to interrupting treatment with tenofovir disoproxil in adult patients with creatinine clearance decreased to < 50 ml/min or decreases in serum phosphate to < 1.0 mg/dl (0.32 mmol/l). Interrupting treatment with tenofovir disoproxil should also be considered in case of progressive decline of renal function when no other cause has been identified.

Co-administration and risk of renal toxicity

Use of tenofovir disoproxil should be avoided with concurrent or recent use of a nephrotoxic medicinal product (e.g. aminoglycosides, amphotericin B, foscarnet, ganciclovir, pentamidine, vancomycin, cidofovir or interleukin-2). If concomitant use of tenofovir disoproxil and nephrotoxic agents is unavoidable, renal function should be monitored weekly.

Cases of acute renal failure after initiation of high dose or multiple non-steroidal anti-inflammatory drugs (NSAIDs) have been reported in patients treated with tenofovir disoproxil and with risk factors for renal dysfunction. If tenofovir disoproxil is co-administered with an NSAID, renal function should be monitored adequately.

A higher risk of renal impairment has been reported in patients receiving tenofovir disoproxil in combination with a ritonavir or cobicistat boosted protease inhibitor. A close monitoring of renal function is required in these patients (see section 4.5). In patients with renal risk factors, the co-administration of tenofovir disoproxil with a boosted protease inhibitor should be carefully evaluated.

Tenofovir disoproxil has not been clinically evaluated in patients receiving medicinal products which are secreted by the same renal pathway, including the transport proteins human organic anion transporter (hOAT) 1 and 3 or MRP 4 (e.g. cidofovir, a known nephrotoxic medicinal product). These renal transport proteins may be responsible for tubular secretion and in part, renal elimination of tenofovir and cidofovir. Consequently, the pharmacokinetics of these medicinal products which are secreted by the same renal pathway including transport proteins hOAT 1 and 3 or MRP 4, might be modified if they are co-administered. Unless clearly necessary, concomitant use of these medicinal products which are secreted by the same renal pathway is not recommended, but if such use is unavoidable, renal function should be monitored weekly (see section 4.5).

Renal impairment

Renal safety with tenofovir disoproxil has only been studied to a very limited degree in adult patients with impaired renal function (creatinine clearance < 80 ml/min).

Adult patients with creatinine clearance < 50 ml/min, including haemodialysis patients

There are limited data on the safety and efficacy of tenofovir disoproxil in patients with impaired renal function. Therefore, tenofovir disoproxil should only be used if the potential benefits of treatment are considered to outweigh the potential risks. In patients with severe renal impairment (creatinine clearance < 30 ml/min) and in patients who require haemodialysis use of tenofovir disoproxil is not recommended. If no alternative treatment is available, the dosing interval must be adjusted and renal function should be closely monitored (see sections 4.2 and 5.2).

Bone effects

In HIV infected patients, in a 144-week controlled clinical study that compared tenofovir disoproxil with stavudine in combination with lamivudine and efavirenz in antiretroviral-naïve adult patients, small decreases in bone mineral density (BMD) of the hip and spine were observed in both treatment groups. Decreases in BMD of spine and changes in bone biomarkers from baseline were significantly greater in the tenofovir disoproxil treatment group at 144 weeks. Decreases in BMD of hip were significantly greater in this group until 96 weeks. However, there was no increased risk of fractures or evidence for clinically relevant bone abnormalities over 144 weeks.

In other studies (prospective and cross-sectional), the most pronounced decreases in BMD were seen in patients treated with tenofovir disoproxil as part of a regimen containing a boosted protease inhibitor. Alternative treatment regimens should be considered for patients with osteoporosis that are at a high risk for fractures.

Bone abnormalities (infrequently contributing to fractures) may be associated with proximal renal tubulopathy (see section 4.8).

If bone abnormalities are suspected or detected then appropriate consultation should be obtained.

Renal and bone effects in paediatric population

There are uncertainties associated with the long-term effects of bone and renal toxicity. Moreover, the reversibility of renal toxicity cannot be fully ascertained. Therefore, a multidisciplinary approach is recommended to adequately weigh on a case by case basis the benefit/risk balance of treatment, decide the appropriate monitoring during treatment (including decision for treatment withdrawal) and consider the need for supplementation.

Renal effects

Renal adverse reactions consistent with proximal renal tubulopathy have been reported in HIV-1 infected paediatric patients aged 2 to < 12 years in clinical study GS-US-104-0352 (see sections 4.8 and 5.1).

Renal monitoring

Renal function (creatinine clearance and serum phosphate) should be evaluated prior to treatment, and monitored during treatment as in adults (see above).

Renal management

If serum phosphate is confirmed to be < 3.0 mg/dl (0.96 mmol/l) in any paediatric patient receiving tenofovir disoproxil renal function should be re-evaluated within one week, including measurements of blood glucose, blood potassium and urine glucose concentrations (see section 4.8, proximal tubulopathy). If renal abnormalities are suspected or detected then consultation with a nephrologist should be obtained to consider interruption of tenofovir disoproxil treatment.

Interrupting treatment with tenofovir disoproxil should also be considered in case of progressive decline of renal function when no other cause has been identified.

Co-administration and risk of renal toxicity

The same recommendations apply as in adults (see above).

Renal impairment

The use of tenofovir disoproxil is not recommended in paediatric patients with renal impairment (see section 4.2). Tenofovir disoproxil should not be initiated in paediatric patients with renal impairment and should be discontinued in paediatric patients who develop renal impairment during tenofovir disoproxil therapy.

Bone effects

Tenofovir disoproxil Zentiva may cause a reduction in BMD. The effects of tenofovir disoproxil-associated changes in BMD on long-term bone health and future fracture risk are currently unknown (see section 5.1).

If bone abnormalities are detected or suspected in paediatric patients, consultation with an endocrinologist and/or nephrologist should be obtained.

Liver disease

Safety and efficacy data are very limited in liver transplant patients.

There are limited data on the safety and efficacy of tenofovir disoproxil in HBV infected patients with decompensated liver disease and who have a Child-Pugh-Turcotte (CPT) score > 9. These patients may be at higher risk of experiencing serious hepatic or renal adverse reactions. Therefore, hepatobiliary and renal parameters should be closely monitored in this patient population.

Exacerbations of hepatitis

Flares on treatment: Spontaneous exacerbations in chronic hepatitis B are relatively common and are characterised by transient increases in serum ALT. After initiating antiviral therapy, serum ALT may increase in some patients (see section 4.8). In patients with compensated liver disease, these increases in serum ALT are generally not accompanied by an increase in serum bilirubin concentrations or hepatic decompensation. Patients with cirrhosis may be at a higher risk for hepatic decompensation following hepatitis exacerbation, and therefore should be monitored closely during therapy.

Flares after treatment discontinuation: Acute exacerbation of hepatitis has also been reported in patients who have discontinued hepatitis B therapy. Post-treatment exacerbations are usually associated with rising HBV DNA, and the majority appears to be self-limited. However, severe exacerbations, including fatalities, have been reported. Hepatic function should be monitored at repeated intervals with both clinical and laboratory follow-up for at least 6 months after discontinuation of hepatitis B therapy. If appropriate, resumption of hepatitis B therapy may be warranted. In patients with advanced liver disease or cirrhosis, treatment discontinuation is not recommended since post-treatment exacerbation of hepatitis may lead to hepatic decompensation.

Liver flares are especially serious, and sometimes fatal in patients with decompensated liver disease.

Co-infection with hepatitis C or D: There are no data on the efficacy of tenofovir in patients co-infected with hepatitis C or D virus.

Co-infection with HIV-1 and hepatitis B: Due to the risk of development of HIV resistance, tenofovir disoproxil should only be used as part of an appropriate antiretroviral combination regimen in HIV/HBV co-infected patients. Patients with pre-existing liver dysfunction including chronic active hepatitis have an increased frequency of liver function abnormalities during combination antiretroviral therapy (CART) and should be monitored according to standard practice. If there is evidence of worsening liver disease in such patients, interruption or discontinuation of treatment must be considered. However, it should be noted that increases of ALT can be part of HBV clearance during therapy with tenofovir, see above *Exacerbations of hepatitis*.

Use with certain hepatitis C virus antiviral agents

Co-administration of tenofovir disoproxil with ledipasvir/sofosbuvir, sofosbuvir/velpatasvir or sofosbuvir/velpatasvir/voxilaprevir has been shown to increase plasma concentrations of tenofovir, especially when used together with an HIV regimen containing tenofovir disoproxil and a pharmacokinetic enhancer (ritonavir or cobicistat).

The safety of tenofovir disoproxil in the setting of ledipasvir/sofosbuvir, sofosbuvir/velpatasvir or sofosbuvir/velpatasvir/voxilaprevir and a pharmacokinetic enhancer has not been established. The potential risks and benefits associated with co-administration of ledipasvir/sofosbuvir, sofosbuvir/velpatasvir or sofosbuvir/velpatasvir/voxilaprevir with tenofovir disoproxil given in conjunction with a boosted HIV protease inhibitor (e.g. atazanavir or darunavir) should be considered, particularly in patients at increased risk of renal dysfunction. Patients receiving ledipasvir/sofosbuvir, sofosbuvir/velpatasvir or sofosbuvir/velpatasvir/voxilaprevir concomitantly with tenofovir disoproxil and a boosted HIV protease inhibitor should be monitored for adverse reactions related to tenofovir disoproxil.

Weight and metabolic parameters

An increase in weight and in levels of blood lipids and glucose may occur during antiretroviral therapy. Such changes may in part be linked to disease control and life style. For lipids, there is in some cases evidence for a treatment effect, while for weight gain there is no strong evidence relating this to any particular treatment. For monitoring of blood lipids and glucose reference is made to established HIV treatment guidelines. Lipid disorders should be managed as clinically appropriate.

Mitochondrial dysfunction following exposure *in utero*

Nucleos(t)ide analogues may impact mitochondrial function to a variable degree, which is most pronounced with stavudine, didanosine and zidovudine. There have been reports of mitochondrial dysfunction in HIV negative infants exposed *in utero* and/or postnatally to nucleoside analogues; these have predominantly concerned treatment with regimens containing zidovudine. The main adverse reactions reported are haematological disorders (anaemia, neutropenia) and metabolic disorders (hyperlactataemia, hyperlipasaemia). These events have often been transitory. Late-onset neurological disorders have been reported rarely (hypertonia, convulsion, abnormal behaviour). Whether such neurological disorders are transient or permanent is currently unknown. These findings should be considered for any child exposed *in utero* to nucleos(t)ide analogues, who present with severe clinical findings of unknown etiology, particularly neurologic findings. These findings do not affect current national recommendations to use antiretroviral therapy in pregnant women to prevent vertical transmission of HIV.

Immune reactivation syndrome

In HIV infected patients with severe immune deficiency at the time of institution of CART, an inflammatory reaction to asymptomatic or residual opportunistic pathogens may arise and cause serious clinical conditions, or aggravation of symptoms. Typically, such reactions have been observed within the first few weeks or months of initiation of CART. Relevant examples are cytomegalovirus retinitis, generalised and/or focal mycobacterial infections, and *Pneumocystis jirovecii* pneumonia. Any inflammatory symptoms should be evaluated and treatment instituted when necessary.

Autoimmune disorders (such as Graves' disease and autoimmune hepatitis) have also been reported to occur in the setting of immune reactivation; however, the reported time to onset is more variable and these events can occur many months after initiation of treatment.

Osteonecrosis

Although the aetiology is considered to be multifactorial (including corticosteroid use, alcohol consumption, severe immunosuppression, higher body mass index), cases of osteonecrosis have been reported particularly in patients with advanced HIV disease and/or long-term exposure to CART. Patients should be advised to seek medical advice if they experience joint aches and pain, joint stiffness or difficulty in movement.

Elderly

Tenofovir disoproxil has not been studied in patients over the age of 65. Elderly patients are more likely to have decreased renal function; therefore caution should be exercised when treating elderly patients with tenofovir disoproxil.

Lactose

Tenofovir disoproxil Zentiva contains lactose monohydrate. Patients with rare hereditary problems of galactose intolerance, total lactase deficiency or glucose-galactose malabsorption should not take this medicine.

4.5 Interaction with other medicinal products and other forms of interaction

Interaction studies have only been performed in adults.

Based on the results of *in vitro* experiments and the known elimination pathway of tenofovir, the potential for CYP450 mediated interactions involving tenofovir with other medicinal products is low.

Concomitant use not recommended

Tenofovir disoproxil Zentiva should not be administered concomitantly with other medicinal products containing tenofovir disoproxil or tenofovir alafenamide.

Tenofovir disoproxil Zentiva should not be administered concomitantly with adefovir dipivoxil.

Didanosine

Co-administration of tenofovir disoproxil and didanosine is not recommended (see section 4.4 and Table 1).

Renally eliminated medicinal products

Since tenofovir is primarily eliminated by the kidneys, co-administration of tenofovir disoproxil with medicinal products that reduce renal function or compete for active tubular secretion via transport proteins hOAT 1, hOAT 3 or MRP 4 (e.g. cidofovir) may increase serum concentrations of tenofovir and/or the co-administered medicinal products.

Use of tenofovir disoproxil should be avoided with concurrent or recent use of a nephrotoxic medicinal product. Some examples include, but are not limited to, aminoglycosides, amphotericin B, foscarnet, ganciclovir, pentamidine, vancomycin, cidofovir or interleukin-2 (see section 4.4).

Given that tacrolimus can affect renal function, close monitoring is recommended when it is co-administered with tenofovir disoproxil .

Other interactions

Interactions between tenofovir disoproxil and other medicinal products are listed in Table 1 below (increase is indicated as “↑”, decrease as “↓”, no change as “↔”, twice daily as “b.i.d.”, and once daily as “q.d.”).

Table 1: Interactions between tenofovir disoproxil and other medicinal products

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
ANTI-INFECTIVES		
Antiretrovirals		
Protease inhibitors		
Atazanavir/Ritonavir (300 mg q.d./100 mg q.d./245 mg q.d.)	Atazanavir: AUC: ↓ 25% C _{max} : ↓ 28% C _{min} : ↓ 26% Tenofovir: AUC: ↑ 37% C _{max} : ↑ 34% C _{min} : ↑ 29%	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate tenofovir associated adverse events, including renal disorders. Renal function should be closely monitored (see section 4.4).

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Lopinavir/Ritonavir (400 mg b.i.d./100 mg b.i.d./245 mg q.d.)	Lopinavir/ritonavir: No significant effect on lopinavir/ritonavir PK parameters. Tenofovir: AUC: ↑ 32% C _{max} : ↔ C _{min} : ↑ 51%	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate tenofovir associated adverse events, including renal disorders. Renal function should be closely monitored (see section 4.4).
Darunavir/Ritonavir (300 mg/100 mg b.i.d./245 mg q.d.)	Darunavir: No significant effect on darunavir/ritonavir PK parameters. Tenofovir: AUC: ↑ 22% C _{min} : ↑ 37%	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate tenofovir associated adverse events, including renal disorders. Renal function should be closely monitored (see section 4.4).
NRTIs		
Didanosine	Co-administration of tenofovir disoproxil and didanosine results in a 40-60% increase in systemic exposure to didanosine that may increase the risk for didanosine-related adverse reactions. Rarely, pancreatitis and lactic acidosis, sometimes fatal, have been reported. Co-administration of tenofovir disoproxil and didanosine at a dose of 400 mg daily has been associated with a significant decrease in CD4 cell count, possibly due to an intracellular interaction increasing phosphorylated (i.e. active) didanosine. A decreased dosage of 250 mg didanosine co-administered with tenofovir disoproxil therapy has been associated with reports of high rates of virological failure within several tested combinations for the treatment of HIV-1 infection.	Co-administration of tenofovir disoproxil and didanosine is not recommended (see section 4.4).
Adefovir dipivoxil	AUC: ↔ C _{max} : ↔	Tenofovir disoproxil should not be administered concurrently with adefovir dipivoxil (see section 4.4).
Entecavir	AUC: ↔ C _{max} : ↔	No clinically significant pharmacokinetic interactions when tenofovir disoproxil was co-administered with entecavir.

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Hepatitis C virus antiviral agents		
Ledipasvir/Sofosbuvir (90 mg/400 mg q.d.) + Atazanavir/Ritonavir (300 mg q.d./100 mg q.d.) + Emtricitabine/Tenofovir disoproxil (200 mg/245 mg q.d.) ¹	<p>Ledipasvir: AUC: ↑ 96% C_{max}: ↑ 68% C_{min}: ↑ 118%</p> <p>Sofosbuvir: AUC: ↔ C_{max}: ↔</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: ↑ 42%</p> <p>Atazanavir: AUC: ↔ C_{max}: ↔ C_{min}: ↑ 63%</p> <p>Ritonavir: AUC: ↔ C_{max}: ↔ C_{min}: ↑ 45%</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↔ C_{max}: ↑ 47% C_{min}: ↑ 47%</p>	<p>Increased plasma concentrations of tenofovir resulting from co-administration of tenofovir disoproxil, ledipasvir/sofosbuvir and atazanavir/ritonavir may increase adverse reactions related to tenofovir disoproxil, including renal disorders. The safety of tenofovir disoproxil when used with ledipasvir/sofosbuvir and a pharmacokinetic enhancer (e.g. ritonavir or cobicistat) has not been established.</p> <p>The combination should be used with caution with frequent renal monitoring, if other alternatives are not available (see section 4.4).</p>

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
<p>Ledipasvir/Sofosbuvir (90 mg/400 mg q.d.) + Darunavir/Ritonavir (800 mg q.d./100 mg q.d.) + Emtricitabine/Tenofovir disoproxil (200 mg/245 mg q.d.)¹</p>	<p>Ledipasvir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Sofosbuvir: AUC: ↓ 27% C_{max}: ↓ 37%</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Darunavir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Ritonavir: AUC: ↔ C_{max}: ↔ C_{min}: ↑ 48%</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↑ 50% C_{max}: ↑ 64% C_{min}: ↑ 59%</p>	<p>Increased plasma concentrations of tenofovir resulting from co-administration of tenofovir disoproxil, ledipasvir/sofosbuvir and darunavir/ritonavir may increase adverse reactions related to tenofovir disoproxil, including renal disorders. The safety of tenofovir disoproxil when used with ledipasvir/sofosbuvir and a pharmacokinetic enhancer (e.g. ritonavir or cobicistat) has not been established.</p> <p>The combination should be used with caution with frequent renal monitoring, if other alternatives are not available (see section 4.4).</p>

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
<p>Ledipasvir/Sofosbuvir (90 mg/400 mg q.d.) + Efavirenz/Emtricitabine/Tenofovir disoproxil (600 mg/200 mg/245 mg q.d.)</p>	<p>Ledipasvir: AUC: ↓ 34% C_{max}: ↓ 34% C_{min}: ↓ 34%</p> <p>Sofosbuvir: AUC: ↔ C_{max}: ↔</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Efavirenz: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↑ 98% C_{max}: ↑ 79% C_{min}: ↑ 163%</p>	<p>No dose adjustment is recommended. The increased exposure of tenofovir could potentiate adverse reactions associated with tenofovir disoproxil, including renal disorders. Renal function should be closely monitored (see section 4.4).</p>

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
<p>Ledipasvir/Sofosbuvir (90 mg/400 mg q.d.) + Emtricitabine/Rilpivirine/Tenofovir disoproxil (200 mg/25 mg/245 mg q.d.)</p>	<p>Ledipasvir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Sofosbuvir: AUC: ↔ C_{max}: ↔</p> <p>GS-331007² AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Rilpivirine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↑ 40% C_{max}: ↔ C_{min}: ↑ 91%</p>	<p>No dose adjustment is recommended. The increased exposure of tenofovir could potentiate adverse reactions associated with tenofovir disoproxil, including renal disorders. Renal function should be closely monitored (see section 4.4).</p>

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Ledipasvir/Sofosbuvir (90 mg/400 mg q.d.) + Dolutegravir (50 mg q.d.) + Emtricitabine/Tenofovir disoproxil (200 mg/245 mg q.d.)	<p>Sofosbuvir: AUC: ↔ C_{max}: ↔</p> <p>GS-331007² AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Ledipasvir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Dolutegravir AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↑ 65% C_{max}: ↑ 61% C_{min}: ↑ 115%</p>	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate adverse reactions associated with tenofovir disoproxil, including renal disorders. Renal function should be closely monitored (see section 4.4).

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Sofosbuvir/Velpatasvir (400 mg/100 mg q.d.) + Atazanavir/Ritonavir (300 mg q.d./100 mg q.d.) + Emtricitabine/Tenofovir disoproxil (200 mg/245 mg q.d.)	<p>Sofosbuvir: AUC: ↔ C_{max}: ↔</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: ↑ 42%</p> <p>Velpatasvir: AUC: ↑ 142% C_{max}: ↑ 55% C_{min}: ↑ 301%</p> <p>Atazanavir: AUC: ↔ C_{max}: ↔ C_{min}: ↑ 39%</p> <p>Ritonavir: AUC: ↔ C_{max}: ↔ C_{min}: ↑ 29%</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↔ C_{max}: ↑ 55% C_{min}: ↑ 39%</p>	<p>Increased plasma concentrations of tenofovir resulting from co-administration of tenofovir disoproxil, sofosbuvir/velpatasvir and atazanavir/ritonavir may increase adverse reactions related to tenofovir disoproxil, including renal disorders. The safety of tenofovir disoproxil when used with sofosbuvir/velpatasvir and a pharmacokinetic enhancer (e.g. ritonavir or cobicistat) has not been established.</p> <p>The combination should be used with caution with frequent renal monitoring (see section 4.4).</p>

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Sofosbuvir/Velpatasvir (400 mg/100 mg q.d.) + Darunavir/Ritonavir (800 mg q.d./100 mg q.d.) + Emtricitabine/Tenofovir disoproxil (200 mg/245 mg q.d.)	<p>Sofosbuvir: AUC: ↓28% C_{max}: ↓38%</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Velpatasvir: AUC: ↔ C_{max}: ↓24% C_{min}: ↔</p> <p>Darunavir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Ritonavir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↑39% C_{max}: ↑55% C_{min}: ↑52%</p>	<p>Increased plasma concentrations of tenofovir resulting from co-administration of tenofovir disoproxil, sofosbuvir/velpatasvir and darunavir/ritonavir may increase adverse reactions related to tenofovir disoproxil, including renal disorders. The safety of tenofovir disoproxil when used with sofosbuvir/velpatasvir and a pharmacokinetic enhancer (e.g. ritonavir or cobicistat) has not been established.</p> <p>The combination should be used with caution with frequent renal monitoring (see section 4.4).</p>

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Sofosbuvir/Velpatasvir (400 mg/100 mg q.d.) + Lopinavir/Ritonavir (800 mg/200 mg q.d.) + Emtricitabine/Tenofovir disoproxil (200 mg/245 mg q.d.)	<p>Sofosbuvir: AUC: ↓ 29% C_{max}: ↓ 41%</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Velpatasvir: AUC: ↔ C_{max}: ↓ 30% C_{min}: ↑ 63%</p> <p>Lopinavir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Ritonavir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↔ C_{max}: ↑ 42% C_{min}: ↔</p>	<p>Increased plasma concentrations of tenofovir resulting from co-administration of tenofovir disoproxil, sofosbuvir/velpatasvir and lopinavir/ritonavir may increase adverse reactions related to tenofovir disoproxil, including renal disorders. The safety of tenofovir disoproxil when used with sofosbuvir/velpatasvir and a pharmacokinetic enhancer (e.g. ritonavir or cobicistat) has not been established.</p> <p>The combination should be used with caution with frequent renal monitoring (see section 4.4).</p>

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Sofosbuvir/Velpatasvir (400 mg/100 mg q.d.) + Raltegravir (400 mg b.i.d) + Emtricitabine/Tenofovir disoproxil (200 mg/245 mg q.d.)	<p>Sofosbuvir: AUC: ↔ C_{max}: ↔</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Velpatasvir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Raltegravir: AUC: ↔ C_{max}: ↔ C_{min}: ↓ 21%</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↑ 40% C_{max}: ↑ 46% C_{min}: ↑ 70%</p>	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate adverse reactions associated with tenofovir disoproxil, including renal disorders. Renal function should be closely monitored (see section 4.4).

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Sofosbuvir/Velpatasvir (400 mg/100 mg q.d.) + Efavirenz/Emtricitabine/Tenofovir disoproxil (600 mg/200 mg/245 mg q.d.)	<p>Sofosbuvir: AUC: ↔ C_{max}: ↑ 38%</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Velpatasvir: AUC: ↓ 53% C_{max}: ↓ 47% C_{min}: ↓ 57%</p> <p>Efavirenz: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↑ 81% C_{max}: ↑ 77% C_{min}: ↑ 121%</p>	Concomitant administration of sofosbuvir/velpatasvir and efavirenz is expected to decrease plasma concentrations of velpatasvir. Co-administration of sofosbuvir/velpatasvir with efavirenz-containing regimens is not recommended.

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Sofosbuvir/Velpatasvir (400 mg/100 mg q.d.) + Emtricitabine/Rilpivirine/Tenofovir disoproxil (200 mg/25 mg/245 mg q.d.)	<p>Sofosbuvir: AUC: ↔ C_{max}: ↔</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Velpatasvir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Rilpivirine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↑ 40% C_{max}: ↑ 44% C_{min}: ↑ 84%</p>	No dose adjustment is recommended. The increased exposure of tenofovir could potentiate adverse reactions associated with tenofovir disoproxil, including renal disorders. Renal function should be closely monitored (see section 4.4).

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Sofosbuvir/Velpatasvir/Voxilaprevir (400 mg/100 mg/100 mg+100 mg q.d.) ³ + Darunavir (800 mg q.d.) + Ritonavir (100 mg q.d.) + Emtricitabine/Tenofovir disoproxil (200 mg/245 mg q.d.)	<p>Sofosbuvir: AUC: ↔ C_{max}: ↓ 30% C_{min}: N/A</p> <p>GS-331007²: AUC: ↔ C_{max}: ↔ C_{min}: N/A</p> <p>Velpatasvir: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Voxilaprevir: AUC: ↑ 143% C_{max}: ↑ 72% C_{min}: ↑ 300%</p> <p>Darunavir: AUC: ↔ C_{max}: ↔ C_{min}: ↓ 34%</p> <p>Ritonavir: AUC: ↑ 45% C_{max}: ↑ 60% C_{min}: ↔</p> <p>Emtricitabine: AUC: ↔ C_{max}: ↔ C_{min}: ↔</p> <p>Tenofovir: AUC: ↑ 39% C_{max}: ↑ 48% C_{min}: ↑ 47%</p>	<p>Increased plasma concentrations of tenofovir resulting from co-administration of tenofovir disoproxil, sofosbuvir/velpatasvir/voxi laprevir and darunavir/ritonavir may increase adverse reactions related to tenofovir disoproxil, including renal disorders.</p> <p>The safety of tenofovir disoproxil when used with sofosbuvir/velpatasvir/voxi laprevir and a pharmacokinetic enhancer (e.g. ritonavir or cobicistat) has not been established.</p> <p>The combination should be used with caution with frequent renal monitoring (see section 4.4).</p>

Medicinal product by therapeutic areas (dose in mg)	Effects on drug levels Mean percent change in AUC, C _{max} , C _{min}	Recommendation concerning Co-administration with 245 mg tenofovir disoproxil
Sofosbuvir (400 mg q.d.) + Efavirenz/Emtricitabine/Tenofovir disoproxil (600 mg/200 mg/245 mg q.d.)	Sofosbuvir: AUC: ↔ C _{max} : ↓ 19% GS-331007 ² : AUC: ↔ C _{max} : ↓ 23% Efavirenz: AUC: ↔ C _{max} : ↔ C _{min} : ↔ Emtricitabine: AUC: ↔ C _{max} : ↔ C _{min} : ↔ Tenofovir: AUC: ↔ C _{max} : ↑ 25% C _{min} : ↔	No dose adjustment is required.

¹ Data generated from simultaneous dosing with ledipasvir/sofosbuvir. Staggered administration (12 hours apart) provided similar results.

² The predominant circulating metabolite of sofosbuvir.

³ Study conducted with additional voxilaprevir 100 mg to achieve voxilaprevir exposures expected in HCV-infected patients.

Studies conducted with other medicinal products

There were no clinically significant pharmacokinetic interactions when tenofovir disoproxil was co-administered with emtricitabine, lamivudine, indinavir, efavirenz, nelfinavir, saquinavir (ritonavir boosted), methadone, ribavirin, rifampicin, tacrolimus, or the hormonal contraceptive norgestimate/ethinyl oestradiol.

Tenofovir disoproxil must be taken with food, as food enhances the bioavailability of tenofovir (see section 5.2).

4.6 Fertility, pregnancy and lactation

Pregnancy

A large amount of data on pregnant women (more than 1,000 pregnancy outcomes) indicate no malformations or foetal/neonatal toxicity associated with tenofovir disoproxil. Animal studies do not indicate reproductive toxicity (see section 5.3). The use of tenofovir disoproxil may be considered during pregnancy, if necessary.

Breast-feeding

Tenofovir has been shown to be excreted in human milk. There is insufficient information on the effects of tenofovir in newborns/infants. Therefore Tenofovir disoproxil Zentiva should not be used during breast-feeding.

As a general rule, it is recommended that HIV and HBV infected women do not breast-feed their infants in order to avoid transmission of HIV and HBV to the infant.

Fertility

There are limited clinical data with respect to the effect of tenofovir disoproxil on fertility. Animal studies do not indicate harmful effects of tenofovir disoproxil on fertility.

4.7 Effects on ability to drive and use machines

No studies on the effects on the ability to drive and use machines have been performed. However, patients should be informed that dizziness has been reported during treatment with tenofovir disoproxil.

4.8 Undesirable effects

Summary of the safety profile

HIV-1 and hepatitis B: In patients receiving tenofovir disoproxil, rare events of renal impairment, renal failure and uncommon events of proximal renal tubulopathy (including Fanconi syndrome) sometimes leading to bone abnormalities (infrequently contributing to fractures) have been reported. Monitoring of renal function is recommended for patients receiving Tenofovir disoproxil Zentiva (see section 4.4).

HIV-1: Approximately one third of patients can be expected to experience adverse reactions following treatment with tenofovir disoproxil in combination with other antiretroviral agents. These reactions are usually mild to moderate gastrointestinal events. Approximately 1% of tenofovir disoproxil -treated adult patients discontinued treatment due to the gastrointestinal events.

Co-administration of Tenofovir disoproxil Zentiva and didanosine is not recommended as this may result in an increased risk of adverse reactions (see section 4.5). Rarely, pancreatitis and lactic acidosis, sometimes fatal, have been reported (see section 4.4).

Hepatitis B: Approximately one quarter of patients can be expected to experience adverse reactions following treatment with tenofovir disoproxil, most of which are mild. In clinical trials of HBV infected patients, the most frequently occurring adverse reaction to tenofovir disoproxil was nausea (5.4%).

Acute exacerbation of hepatitis has been reported in patients on treatment as well as in patients who have discontinued hepatitis B therapy (see section 4.4).

Tabulated summary of adverse reactions

Assessment of adverse reactions for tenofovir disoproxil is based on safety data from clinical studies and post-marketing experience. All adverse reactions are presented in Table 2.

HIV-1 clinical studies: Assessment of adverse reactions from HIV-1 clinical study data is based on experience in two studies in 653 treatment-experienced patients receiving treatment with tenofovir disoproxil (n = 443) or placebo (n = 210) in combination with other antiretroviral medicinal products for 24 weeks and also in a double-blind comparative controlled study in which 600 treatment-naïve patients received treatment with tenofovir disoproxil 245 mg (n = 299) or stavudine (n = 301) in combination with lamivudine and efavirenz for 144 weeks.

Hepatitis B clinical studies: Assessment of adverse reactions from HBV clinical study data is primarily based on experience in two double-blind comparative controlled studies in which 641 adult patients with chronic hepatitis B and compensated liver disease received treatment with tenofovir disoproxil 245 mg daily (n = 426) or adefovir dipivoxil 10 mg daily (n = 215) for 48 weeks. The adverse reactions observed with continued treatment for 384 weeks were consistent with the safety profile of tenofovir disoproxil. After an initial decline of approximately -4.9 ml/min (using Cockcroft-Gault equation) or -3.9 ml/min/1.73 m² (using modification of diet in renal disease [MDRD] equation) after the first 4 weeks of treatment, the rate of annual decline post baseline of renal function reported in tenofovir disoproxil treated patients was -1.41 ml/min per year (using Cockcroft-Gault equation) and -0.74 ml/min/1.73 m² per year (using MDRD equation).

Patients with decompensated liver disease: The safety profile of tenofovir disoproxil in patients with decompensated liver disease was assessed in a double-blind active controlled study (GS-US-174-0108) in which adult patients received treatment with tenofovir disoproxil (n = 45) or emtricitabine plus tenofovir disoproxil (n = 45) or entecavir (n = 22) for 48 weeks.

In the tenofovir disoproxil treatment arm, 7% of patients discontinued treatment due to an adverse event; 9% of patients experienced a confirmed increase in serum creatinine of ≥ 0.5 mg/dl or confirmed serum phosphate of < 2 mg/dl through week 48; there were no statistically significant differences between the combined tenofovir-containing arms and the entecavir arm. After 168 weeks, 16% (7/45) of the tenofovir disoproxil group, 4% (2/45) of the emtricitabine plus tenofovir disoproxil group, and 14% (3/22) of the entecavir group experienced tolerability failure. Thirteen percent (6/45) of the tenofovir disoproxil group, 13% (6/45) of the emtricitabine plus tenofovir disoproxil group, and 9% (2/22) of the entecavir group had a confirmed increase in serum creatinine ≥ 0.5 mg/dl or confirmed serum phosphate of < 2 mg/dl.

At week 168, in this population of patients with decompensated liver disease, the rate of death was of 13% (6/45) in the tenofovir disoproxil group, 11% (5/45) in the emtricitabine plus tenofovir disoproxil group and 14% (3/22) in the entecavir group. The rate of hepatocellular carcinoma was 18% (8/45) in the tenofovir disoproxil group, 7% (3/45) in the emtricitabine plus tenofovir disoproxil group and 9% (2/22) in the entecavir group.

Subjects with a high baseline CPT score were at higher risk of developing serious adverse events (see section 4.4).

Patients with lamivudine-resistant chronic hepatitis B: No new adverse reactions to tenofovir disoproxil were identified from a randomised, double-blind study (GS-US-174-0121) in which 280 lamivudine-resistant patients received treatment with tenofovir disoproxil (n = 141) or emtricitabine/tenofovir disoproxil (n = 139) for 240 weeks.

The adverse reactions with suspected (at least possible) relationship to treatment are listed below by body system organ class and frequency. Within each frequency grouping, undesirable effects are presented in order of decreasing seriousness. Frequencies are defined as very common ($\geq 1/10$), common ($\geq 1/100$ to $< 1/10$), uncommon ($\geq 1/1,000$ to $< 1/100$) or rare ($\geq 1/10,000$ to $< 1/1,000$).

Table 2: Tabulated summary of adverse reactions associated with tenofovir disoproxil based on clinical study and post-marketing experience

Frequency	Tenofovir disoproxil
<i>Metabolism and nutrition disorders:</i>	
Very common:	hypophosphataemia ¹

Frequency	Tenofovir disoproxil
Uncommon:	hypokalaemia ¹
Rare:	lactic acidosis
<i>Nervous system disorders:</i>	
Very common:	Dizziness
Common:	Headache
<i>Gastrointestinal disorders:</i>	
Very common:	diarrhoea, vomiting, nausea
Common:	abdominal pain, abdominal distension, flatulence
Uncommon:	Pancreatitis
<i>Hepatobiliary disorders:</i>	
Common:	increased transaminases
Rare:	hepatic steatosis, hepatitis
<i>Skin and subcutaneous tissue disorders:</i>	
Very common:	Rash
Rare:	angioedema
<i>Musculoskeletal and connective tissue disorders:</i>	
Uncommon:	rhabdomyolysis ¹ , muscular weakness ¹
Rare:	osteomalacia (manifested as bone pain and infrequently contributing to fractures) ^{1,2} , myopathy ¹
<i>Renal and urinary disorders:</i>	
Uncommon:	increased creatinine, proximal renal tubulopathy (including Fanconi syndrome)
Rare:	acute renal failure, renal failure, acute tubular necrosis, nephritis (including acute interstitial nephritis) ² , nephrogenic diabetes insipidus
<i>General disorders and administration site conditions:</i>	
Very common:	asthenia
Common:	Fatigue

¹ This adverse reaction may occur as a consequence of proximal renal tubulopathy. It is not considered to be causally associated with tenofovir disoproxil in the absence of this condition.

² This adverse reaction was identified through post-marketing surveillance but not observed in randomised controlled clinical trials or the tenofovir disoproxil expanded access program. The frequency category was estimated from a statistical calculation based on the total number of patients exposed to tenofovir disoproxil in randomised controlled clinical trials and the expanded access program (n = 7,319).

Description of selected adverse reactions

HIV-1 and hepatitis B:

Renal impairment

As Tenofovir disoproxil Zentiva may cause renal damage monitoring of renal function is recommended (see sections 4.4 and 4.8 *Summary of the safety profile*). Proximal renal tubulopathy generally resolved or improved after tenofovir disoproxil discontinuation. However, in some patients, declines in creatinine clearance did not completely resolve despite tenofovir disoproxil discontinuation. Patients at risk of renal impairment (such as patients with baseline renal risk factors, advanced HIV disease, or patients receiving concomitant nephrotoxic medications) are at increased risk of experiencing incomplete recovery of renal function despite tenofovir disoproxil discontinuation (see section 4.4).

HIV-1:

Interaction with didanosine

Co-administration of tenofovir disoproxil and didanosine is not recommended as it results in a 40-60% increase in systemic exposure to didanosine that may increase the risk of didanosine-related adverse reactions (see section 4.5). Rarely, pancreatitis and lactic acidosis, sometimes fatal, have been reported.

Metabolic parameters

Weight and levels of blood lipids and glucose may increase during antiretroviral therapy (see section 4.4)

Immune reactivation syndrome

In HIV infected patients with severe immune deficiency at the time of initiation of CART, an inflammatory reaction to asymptomatic or residual opportunistic infections may arise. Autoimmune disorders (such as Graves' disease and autoimmune hepatitis) have also been reported; however, the reported time to onset is more variable and these events can occur many months after initiation of treatment (see section 4.4).

Osteonecrosis

Cases of osteonecrosis have been reported, particularly in patients with generally acknowledged risk factors, advanced HIV disease or long-term exposure to CART. The frequency of this is unknown (see section 4.4).

Hepatitis B:

Exacerbations of hepatitis during treatment

In studies with nucleoside-naïve patients, on-treatment ALT elevations > 10 times ULN (upper limit of normal) and > 2-times baseline occurred in 2.6% of tenofovir disoproxil -treated patients. ALT elevations had a median time to onset of 8 weeks, resolved with continued treatment, and, in a majority of cases, were associated with a ≥ 2 log₁₀ copies/ml reduction in viral load that preceded or coincided with the ALT elevation. Periodic monitoring of hepatic function is recommended during treatment (see section 4.4).

Exacerbations of hepatitis after discontinuation of treatment

In HBV infected patients, clinical and laboratory evidence of exacerbations of hepatitis have occurred after discontinuation of HBV therapy (see section 4.4).

Paediatric population

HIV-1

Assessment of adverse reactions is based on two randomised trials (studies GS-US-104-0321 and GS-US-104-0352) in 184 HIV-1 infected paediatric patients (aged 2 to < 18 years) who received treatment with tenofovir disoproxil (n = 93) or placebo/active comparator (n = 91) in combination with other antiretroviral agents for 48 weeks (see section 5.1). The adverse reactions observed in paediatric patients who received treatment with tenofovir disoproxil were consistent with those observed in clinical studies of tenofovir disoproxil in adults (see section 4.8 *Tabulated summary of adverse reactions* and 5.1).

Reductions in BMD have been reported in paediatric patients. In HIV-1 infected adolescents, the BMD Z-scores observed in subjects who received tenofovir disoproxil were lower than those observed in subjects who received placebo. In HIV-1 infected children, the BMD Z-scores observed in subjects who switched to tenofovir disoproxil were lower than those observed in subjects who remained on their stavudine- or zidovudine-containing regimen (see sections 4.4 and 5.1).

In study GS-US-104-0352, 4 out of 89 paediatric patients exposed to tenofovir disoproxil (median

tenofovir disoproxil exposure 312 weeks discontinued due to adverse reactions consistent with proximal renal tubulopathy. Seven patients had estimated glomerular filtration rate (GFR) values between 70 and 90 mL/min/1.73 m². Among them, two patients experienced a clinically meaningful decline in estimated GFR which improved after discontinuation of tenofovir disoproxil.

Chronic hepatitis B

Assessment of adverse reactions is based on one randomised study (study GS-US-174-0115) in 106 adolescent patients (12 to < 18 years of age) with chronic hepatitis B receiving treatment with tenofovir disoproxil 245 mg (n = 52) or placebo (n = 54) for 72 weeks. The adverse reactions observed in adolescent patients who received treatment with tenofovir disoproxil were consistent with those observed in clinical studies of tenofovir disoproxil in adults (see section 4.8 *Tabulated summary of adverse reactions* and 5.1).

Reductions in BMD have been observed in HBV infected adolescents. The BMD Z-scores observed in subjects who received tenofovir disoproxil were lower than those observed in subjects who received placebo (see sections 4.4 and 5.1).

Other special population(s)

Elderly

Tenofovir disoproxil has not been studied in patients over the age of 65. Elderly patients are more likely to have decreased renal function, therefore caution should be exercised when treating elderly patients with tenofovir disoproxil (see section 4.4).

Patients with renal impairment

Since tenofovir disoproxil can cause renal toxicity, close monitoring of renal function is recommended in adult patients with renal impairment treated with Tenofovir disoproxil Zentiva (see sections 4.2, 4.4 and 5.2). The use of tenofovir disoproxil is not recommended in paediatric patients with renal impairment (see sections 4.2 and 4.4).

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via **the national reporting system listed in [Appendix V](#)**.

4.9 Overdose

Symptoms

If overdose occurs the patient must be monitored for evidence of toxicity (see sections 4.8 and 5.3), and standard supportive treatment applied as necessary.

Management

Tenofovir can be removed by haemodialysis; the median haemodialysis clearance of tenofovir is 134 ml/min. It is not known whether tenofovir can be removed by peritoneal dialysis.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Antiviral for systemic use; nucleoside and nucleotide reverse transcriptase inhibitors,

ATC code: J05AF07.

Mechanism of action and pharmacodynamic effects

Tenofovir disoproxil phosphate is the phosphate salt of the prodrug tenofovir disoproxil. Tenofovir disoproxil is absorbed and converted to the active substance tenofovir, which is a nucleoside monophosphate (nucleotide) analogue. Tenofovir is then converted to the active metabolite, tenofovir diphosphate, an obligate chain terminator, by constitutively expressed cellular enzymes. Tenofovir diphosphate has an intracellular half-life of 10 hours in activated and 50 hours in resting peripheral blood mononuclear cells (PBMCs). Tenofovir diphosphate inhibits HIV-1 reverse transcriptase and the HBV polymerase by direct binding competition with the natural deoxyribonucleotide substrate and, after incorporation into DNA, by DNA chain termination. Tenofovir diphosphate is a weak inhibitor of cellular polymerases α , β , and γ . At concentrations of up to 300 $\mu\text{mol/l}$, tenofovir has also shown no effect on the synthesis of mitochondrial DNA or the production of lactic acid in *in vitro* assays.

Data pertaining to HIV

HIV antiviral activity in vitro: The concentration of tenofovir required for 50% inhibition (EC₅₀) of the wild-type laboratory strain HIV-1IIIB is 1 - 6 $\mu\text{mol/l}$ in lymphoid cell lines and 1.1 $\mu\text{mol/l}$ against primary HIV-1 subtype B isolates in PBMCs. Tenofovir is also active against HIV-1 subtypes A, C, D, E, F, G, and O and against HIVBaL in primary monocyte/macrophage cells. Tenofovir shows activity *in vitro* against HIV-2, with an EC₅₀ of 4.9 $\mu\text{mol/l}$ in MT-4 cells.

Resistance: Strains of HIV-1 with reduced susceptibility to tenofovir and a K65R mutation in reverse transcriptase have been selected *in vitro* and in some patients (see *Clinical efficacy and safety*). Tenofovir disoproxil should be avoided in antiretroviral experienced patients with strains harbouring the K65R mutation (see section 4.4). In addition, a K70E substitution in HIV-1 reverse transcriptase has been selected by tenofovir and results in low-level reduced susceptibility to tenofovir.

Clinical studies in treatment-experienced patients have assessed the anti-HIV activity of tenofovir disoproxil 245 mg against strains of HIV-1 with resistance to nucleoside inhibitors. The results indicate that patients whose HIV expressed 3 or more thymidine-analogue associated mutations (TAMs) that included either the M41L or L210W reverse transcriptase mutation showed reduced response to tenofovir disoproxil 245 mg therapy.

Clinical efficacy and safety

The effects of tenofovir disoproxil in treatment-experienced and treatment-naïve HIV-1 infected adults have been demonstrated in trials of 48 weeks and 144 weeks duration, respectively.

In study GS-99-907, 550 treatment-experienced adult patients were treated with placebo or tenofovir disoproxil 245 mg for 24 weeks. The mean baseline CD4 cell count was 427 cells/mm³, the mean baseline plasma HIV-1 RNA was 3.4 log₁₀ copies/ml (78% of patients had a viral load of < 5,000 copies/ml) and the mean duration of prior HIV treatment was 5.4 years. Baseline genotypic analysis of HIV isolates from 253 patients revealed that 94% of patients had HIV-1 resistance mutations associated with nucleoside reverse transcriptase inhibitors, 58% had mutations associated with protease inhibitors and 48% had mutations associated with non-nucleoside reverse transcriptase inhibitors.

At week 24 the time-weighted average change from baseline in log₁₀ plasma HIV-1 RNA levels

(DAVG24) was -0.03 log₁₀ copies/ml and -0.61 log₁₀ copies/ml for the placebo and tenofovir disoproxil 245 mg recipients ($p < 0.0001$). A statistically significant difference in favour of tenofovir disoproxil 245 mg was seen in the time-weighted average change from baseline at week 24 (DAVG24) for CD4 count (+13 cells/mm³ for tenofovir disoproxil 245 mg *versus* -11 cells/mm³ for placebo, p -value = 0.0008). The antiviral response to tenofovir disoproxil was durable through 48 weeks (DAVG48 was -0.57 log₁₀ copies/ml, proportion of patients with HIV-1 RNA below 400 or 50 copies/ml was 41% and 18% respectively). Eight (2%) tenofovir disoproxil 245 mg (treated patients) developed the K65R mutation within the first 48 weeks.

The 144-week, double-blind, active controlled phase of study GS-99-903 evaluated the efficacy and safety of tenofovir disoproxil 245 mg *versus* stavudine when used in combination with lamivudine and efavirenz in HIV-1 infected adult patients naïve to antiretroviral therapy. The mean baseline CD4 cell count was 279 cells/mm³, the mean baseline plasma HIV-1 RNA was 4.91 log₁₀ copies/ml, 19% of patients had symptomatic HIV-1 infection and 18% had AIDS. Patients were stratified by baseline HIV-1 RNA and CD4 count. Forty-three percent of patients had baseline viral loads > 100,000 copies/ml and 39% had CD4 cell counts < 200 cells/ml.

By intent to treat analysis (missing data and switch in antiretroviral therapy (ART) considered as failure), the proportion of patients with HIV-1 RNA below 400 copies/ml and 50 copies/ml at 48 weeks of treatment was 80% and 76% respectively in the tenofovir disoproxil 245 mg arm, compared to 84% and 80% in the stavudine arm. At 144 weeks, the proportion of patients with HIV-1 RNA below 400 copies/ml and 50 copies/ml was 71% and 68% respectively in the tenofovir disoproxil 245 mg arm, compared to 64% and 63% in the stavudine arm.

The average change from baseline for HIV-1 RNA and CD4 count at 48 weeks of treatment was similar in both treatment groups (-3.09 and -3.09 log₁₀ copies/ml; +169 and 167 cells/mm³ in the tenofovir disoproxil 245 mg and stavudine groups, respectively). At 144 weeks of treatment, the average change from baseline remained similar in both treatment groups (-3.07 and -3.03 log₁₀ copies/ml; +263 and +283 cells/mm³ in the tenofovir disoproxil 245 mg and stavudine groups, respectively). A consistent response to treatment with tenofovir disoproxil 245 mg was seen regardless of baseline HIV-1 RNA and CD4 count.

The K65R mutation occurred in a slightly higher percentage of patients in the tenofovir disoproxil group than the active control group (2.7% *versus* 0.7%). Efavirenz or lamivudine resistance either preceded or was coincident with the development of K65R in all cases. Eight patients had HIV that expressed K65R in the tenofovir disoproxil 245 mg arm, 7 of these occurred during the first 48 weeks of treatment and the last one at week 96. No further K65R development was observed up to week 144. One patient in the tenofovir disoproxil arm developed the K70E substitution in the virus. From both the genotypic and phenotypic analyses there was no evidence for other pathways of resistance to tenofovir.

Data pertaining to HBV

HBV antiviral activity in vitro: The *in vitro* antiviral activity of tenofovir against HBV was assessed in the HepG2 2.2.15 cell line. The EC₅₀ values for tenofovir were in the range of 0.14 to 1.5 µmol/l, with CC₅₀ (50% cytotoxicity concentration) values > 100 µmol/l.

Resistance: No HBV mutations associated with tenofovir disoproxil resistance have been identified (see *Clinical efficacy and safety*). In cell based assays, HBV strains expressing the rtV173L, rtL180M, and rtM204I/V mutations associated with resistance to lamivudine and telbivudine showed a susceptibility to tenofovir ranging from 0.7- to 3.4-fold that of wild-type virus. HBV strains expressing the rtL180M, rtT184G, rtS202G/I, rtM204V and rtM250V mutations associated with resistance to entecavir showed a susceptibility to tenofovir ranging from 0.6- to 6.9-fold that of wild-type virus. HBV strains expressing the adefovir-associated resistance mutations rtA181V and rtN236T showed a susceptibility to tenofovir

ranging from 2.9- to 10-fold that of wild-type virus. Viruses containing the rtA181T mutation remained susceptible to tenofovir with EC50 values 1.5-fold that of wild-type virus.

Clinical efficacy and safety

The demonstration of benefit of tenofovir disoproxil in compensated and decompensated disease is based on virological, biochemical and serological responses in adults with HBeAg positive and HBeAg negative chronic hepatitis B. Treated patients included those who were treatment-naïve, lamivudine-experienced, adefovir dipivoxil-experienced and patients with lamivudine and/or adefovir dipivoxil resistance mutations at baseline. Benefit has also been demonstrated based on histological responses in compensated patients.

Experience in patients with compensated liver disease at 48 weeks (studies GS-US-174-0102 and GS-US-174-0103)

Results through 48 weeks from two randomised, phase 3 double-blind studies comparing tenofovir disoproxil to adefovir dipivoxil in adult patients with compensated liver disease are presented in Table 3 below. Study GS-US-174-0103 was conducted in 266 (randomised and treated) HBeAg positive patients while study GS-US-174-0102 was conducted in 375 (randomised and treated) patients negative for HBeAg and positive for HBeAb.

In both of these studies tenofovir disoproxil was significantly superior to adefovir dipivoxil for the primary efficacy endpoint of complete response (defined as HBV DNA levels < 400 copies/ml and Knodell necroinflammatory score improvement of at least 2 points without worsening in Knodell fibrosis). Treatment with tenofovir disoproxil 245 mg was also associated with significantly greater proportions of patients with HBV DNA < 400 copies/ml, when compared to adefovir dipivoxil 10 mg treatment. Both treatments produced similar results with regard to histological response (defined as Knodell necroinflammatory score improvement of at least 2 points without worsening in Knodell fibrosis) at week 48 (see Table 3 below).

In study GS-US-174-0103 a significantly greater proportion of patients in the tenofovir disoproxil group than in the adefovir dipivoxil group had normalised ALT and achieved HBsAg loss at week 48 (see Table 3 below).

Table 3: Efficacy parameters in compensated HBeAg negative and HBeAg positive patients at week 48

Parameter	Study 174-0102 (HBeAg negative)		Study 174-0103 (HBeAg positive)	
	Tenofovir disoproxil 245 mg n = 250	Adefovir dipivoxil 10 mg n = 125	Tenofovir disoproxil 245 mg n = 176	Adefovir dipivoxil 10 mg n = 90
Complete response (%)^a	71*	49	67*	12
Histology Histological response (%) ^b	72	69	74	68
Median HBV DNA reduction from baseline^c (log ₁₀ copies/ml)	-4.7*	-4.0	-6.4*	-3.7
HBV DNA (%) < 400 copies/ml (< 69 IU/ml)	93*	63	76*	13
ALT (%) Normalised ALT ^d	76	77	68*	54
Serology (%) HBeAg loss/seroconversion HBsAg loss/seroconversion	n/a 0/0	n/a 0/0	22/21 3*/1	18/18 0/0

*p-value *versus* adefovir dipivoxil < 0.05,

^a Complete response defined as HBV DNA levels < 400 copies/ml and Knodell necroinflammatory score improvement of at least 2 points without worsening in Knodell fibrosis,

^b Knodell necroinflammatory score improvement of at least 2 points without worsening in Knodell fibrosis,

^c Median change from baseline HBV DNA merely reflects the difference between baseline HBV DNA and the limit of detection (LOD) of the assay,

^d The population used for analysis of ALT normalisation included only patients with ALT above ULN at baseline.

n/a= not applicable.

Tenofovir disoproxil was associated with significantly greater proportions of patients with undetectable HBV DNA (< 169 copies/ml [< 29 IU/ml]; the limit of quantification of the Roche Cobas Taqman HBV assay), when compared to adefovir dipivoxil (study GS-US-174-0102; 91%, 56% and study GS-US-174-0103; 69%, 9%), respectively.

Response to treatment with tenofovir disoproxil was comparable in nucleoside-experienced (n = 51) and nucleoside-naïve (n = 375) patients and in patients with normal ALT (n = 21) and abnormal ALT (n = 405) at baseline when studies GS-US-174-0102 and GS-US-174-0103 were combined. Forty-nine of the 51 nucleoside-experienced patients were previously treated with lamivudine. Seventy-three percent of nucleoside-experienced and 69% of nucleoside-naïve patients achieved complete response to treatment; 90% of nucleoside-experienced and 88% of nucleoside-naïve patients achieved HBV DNA suppression < 400 copies/ml. All patients with normal ALT at baseline and 88% of patients with abnormal ALT at baseline achieved HBV DNA suppression < 400 copies/ml.

Experience beyond 48 weeks in studies GS-US-174-0102 and GS-US-174-0103

In studies GS-US-174-0102 and GS-US-174-0103, after receiving double-blind treatment for 48 weeks (either tenofovir disoproxil 245 mg or adefovir dipivoxil 10 mg), patients rolled over with no interruption in treatment to open-label tenofovir disoproxil. In studies GS-US-174-0102 and GS-US-174-0103, 77% and 61% of patients continued in the study through to 384 weeks, respectively. At weeks 96, 144, 192, 240, 288 and 384, viral suppression, biochemical and serological responses were maintained with continued tenofovir disoproxil treatment (see Tables 4 and 5 below).

Table 4: Efficacy parameters in compensated HBeAg negative patients at week 96, 144, 192, 240, 288 and 384 open-label treatment

Study 174-0102 (HBeAg negative)												
Parameter ^a	Tenofovir disoproxil 245 mg n = 250						Adefovir dipivoxil 10 mg roll over to tenofovir disoproxil 245 mg n = 125					
Week	96 ^b	144 ^c	192 ^g	240 ⁱ	288 ^l	384 ^o	96 ^c	144 ^f	192 ^h	240 ^j	288 ^m	384 ^p
HBV DNA (%) < 400 copies/ml (< 69 IU/ml)	90	87	84	83	80	74	89	88	87	84	84	76
ALT (%) Normalised ALT^d	72	73	67	70	68	64	68	70	77	76	74	69
Serology (%) HBeAg loss/ seroconversion	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
HBsAg loss/ seroconversion	0/0	0/0	0/0	0/0	0/0	1/1 ⁿ	0/0	0/0	0/0	0/0 ^k	1/1 ⁿ	1/1 ⁿ

^a Based upon Long Term Evaluation algorithm (LTE Analysis) - Patients who discontinued the study at any time prior to week 384 due to a protocol defined endpoint, as well as those completing week 384, are included in the denominator.

^b 48 weeks of double-blind tenofovir disoproxil followed by 48 weeks open-label.

^c 48 weeks of double-blind adefovir dipivoxil followed by 48 weeks open-label tenofovir disoproxil .

^d The population used for analysis of ALT normalisation included only patients with ALT above ULN at baseline.

^e 48 weeks of double-blind tenofovir disoproxil followed by 96 weeks open-label.

^f 48 weeks of double-blind adefovir dipivoxil followed by 96 weeks open-label tenofovir disoproxil .

^g 48 weeks of double-blind tenofovir disoproxil followed by 144 weeks open-label.

^h 48 weeks of double-blind adefovir dipivoxil followed by 144 weeks open-label tenofovir disoproxil .

ⁱ 48 weeks of double-blind tenofovir disoproxil followed by 192 weeks open-label,

^j 48 weeks of double-blind adefovir dipivoxil followed by 192 weeks open-label tenofovir disoproxil .

^k One patient in this group became HBsAg negative for the first time at the 240 week visit and was ongoing in the study at the time of the data cut-off. However, the subject's HBsAg loss was ultimately confirmed at the subsequent visit.

^l 48 weeks of double-blind tenofovir disoproxil followed by 240 weeks open-label.

^m 48 weeks of double-blind adefovir dipivoxil followed by 240 weeks open-label tenofovir disoproxil .

ⁿ Figures presented are cumulative percentages based upon a Kaplan Meier analysis excluding data collected after the addition of emtricitabine to open-label tenofovir disoproxil (KM-tenofovir disoproxil).

^o 48 weeks of double-blind tenofovir disoproxil followed by 336 weeks open-label.

^p 48 weeks of double-blind adefovir dipivoxil followed by 336 weeks open-label tenofovir disoproxil.

n/a = not applicable.

Table 5: Efficacy parameters in compensated HBeAg positive patients at week 96, 144, 192, 240, 288 and 384 open-label treatment

Study 174-0103 (HBeAg positive)												
Parameter ^a	Tenofovir disoproxil 245 mg n = 176						Adefovir dipivoxil 10 mg roll over to tenofovir disoproxil 245 mg n = 90					
Week	96 ^b	144 ^c	192 ^h	240 ^j	288 ^m	384 ^o	96 ^c	144 ^f	192 ⁱ	240 ^k	288 ⁿ	384 ^p
HBV DNA (%) < 400 copies/ml (< 69 IU/ml)	76	72	68	64	61	56	74	71	72	66	65	61
ALT (%) Normalised ALTd	60	55	56	46	47	47	65	61	59	56	57	56
Serology (%)												
HBeAg loss/ seroconversion	26/ 23	29/ 23	34/ 25	38/ 30	37/ 25	30/ 20	24/ 20	33/ 26	36/ 30	38/ 31	40/ 31	35/ 24
HBsAg loss/ seroconversion	5/4	8/ 6 ^g	11/ 8 ^g	11/ 8 ^l	12/ 8 ^l	15/ 12 ^l	6/ 5	8/ 7 ^g	8/ 7 ^g	10/ 10 ^l	11/ 10 ^l	13/ 11 ^l

^a Based upon Long Term Evaluation algorithm (LTE Analysis) - Patients who discontinued the study at any time prior to week 384 due to a protocol defined endpoint, as well as those completing week 384, are included in the denominator.

^b 48 weeks of double-blind tenofovir disoproxil followed by 48 weeks open-label.

^c 48 weeks of double-blind adefovir dipivoxil followed by 48 weeks open-label tenofovir disoproxil .

^d The population used for analysis of ALT normalisation included only patients with ALT above ULN at baseline.

^e 48 weeks of double-blind tenofovir disoproxil followed by 96 weeks open-label.

^f 48 weeks of double-blind adefovir dipivoxil followed by 96 weeks open-label tenofovir disoproxil .

^g Figures presented are cumulative percentages based upon a Kaplan Meier analysis including data collected after the addition of emtricitabine to open-label tenofovir disoproxil (KM-ITT).

^h 48 weeks of double-blind tenofovir disoproxil followed by 144 weeks open-label.

ⁱ 48 weeks of double-blind adefovir dipivoxil followed by 144 weeks open-label tenofovir disoproxil .

^j 48 weeks of double-blind tenofovir disoproxil followed by 192 weeks open-label.

^k 48 weeks of double-blind adefovir dipivoxil followed by 192 weeks open-label tenofovir disoproxil .

^l Figures presented are cumulative percentages based upon a Kaplan Meier analysis excluding data collected after the addition of emtricitabine to open-label tenofovir disoproxil (KM-tenofovir disoproxil).

^m 48 weeks of double-blind tenofovir disoproxil followed by 240 weeks open-label.

ⁿ 48 weeks of double-blind adefovir dipivoxil followed by 240 weeks open-label tenofovir disoproxil .

^o 48 weeks of double-blind tenofovir disoproxil followed by 336 weeks open-label.

^p 48 weeks of double-blind adefovir dipivoxil followed by 336 weeks open-label tenofovir disoproxil.

Paired baseline and week 240 liver biopsy data were available for 331/489 patients who remained in studies GS-US-174-0102 and GS-US-174-0103 at week 240 (see Table 6 below). Ninety-five percent (225/237) of patients without cirrhosis at baseline and 99% (93/94) of patients with cirrhosis at baseline had either no change or an improvement in fibrosis (Ishak fibrosis score). Of the 94 patients with cirrhosis at baseline (Ishak fibrosis score 5-6), 26% (24) experienced no change in Ishak fibrosis score and 72% (68) experienced regression of cirrhosis by week 240 with a reduction in Ishak fibrosis score of at least 2 points.

Table 6: Histological response (%) in compensated HBeAg negative and HBeAg positive subjects at week 240 compared to baseline

	Study 174-0102 (HBeAg negative)		Study 174-0103 (HBeAg positive)	
	Tenofovir disoproxil 245 mg n = 250 ^c	Adefovir dipivoxil 10 mg roll over to tenofovir disoproxil 245 mg n = 125 ^d	Tenofovir disoproxil 245 mg n = 176 ^c	Adefovir dipivoxil 10 mg roll over to tenofovir disoproxil 245 mg n = 90 ^d
Histological response ^{a,b} (%)	88 [130/148]	85 [63/74]	90 [63/70]	92 [36/39]

^a The population used for analysis of histology included only patients with available liver biopsy data (Missing = Excluded) by week 240. Response after addition of emtricitabine is excluded (total of 17 subjects across both studies).

^b Knodell necroinflammatory score improvement of at least 2 points without worsening in Knodell fibrosis score.

^c 48 weeks double-blind tenofovir disoproxil followed by up to 192 weeks open-label.

^d 48 weeks double-blind adefovir dipivoxil followed by up to 192 weeks open-label tenofovir disoproxil .

Experience in patients with HIV co-infection and prior lamivudine experience

In a randomised, 48-week double-blind, controlled study of tenofovir disoproxil 245 mg in adult patients co-infected with HIV-1 and chronic hepatitis B with prior lamivudine experience (study ACTG 5127), the mean serum HBV DNA levels at baseline in patients randomised to the tenofovir arm were 9.45 log₁₀ copies/ml (n = 27). Treatment with tenofovir disoproxil 245 mg was associated with a mean change in serum HBV DNA from baseline, in the patients for whom there was 48-week data, of -5.74 log₁₀ copies/ml (n = 18). In addition, 61% of patients had normal ALT at week 48.

Experience in patients with persistent viral replication (study GS-US-174-0106)

The efficacy and safety of tenofovir disoproxil 245 mg or tenofovir disoproxil 245 mg plus 200 mg emtricitabine has been evaluated in a randomised, double-blind study (study GS-US-174-0106), in HBeAg positive and HBeAg negative adult patients who had persistent viraemia (HBV DNA \geq 1,000 copies/ml) while receiving adefovir dipivoxil 10 mg for more than 24 weeks. At baseline, 57% of patients randomised to tenofovir disoproxil *versus* 60% of patients randomised to emtricitabine plus tenofovir disoproxil treatment group had previously been treated with lamivudine. Overall at week 24, treatment with tenofovir disoproxil resulted in 66% (35/53) of patients with HBV DNA < 400 copies/ml (< 69 IU/ml) *versus* 69% (36/52) of patients treated with emtricitabine plus tenofovir disoproxil (p = 0.672). In addition 55% (29/53) of patients treated with tenofovir disoproxil had undetectable HBV DNA (< 169 copies/ml [$<$ 29 IU/ml]; the limit of quantification of the Roche Cobas TaqMan HBV assay) *versus* 60% (31/52) of patients treated with emtricitabine plus tenofovir disoproxil (p = 0.504). Comparisons between treatment groups beyond week 24 are difficult to interpret since investigators had the option to intensify treatment to open-label emtricitabine plus tenofovir disoproxil. Long-term studies to evaluate the benefit/risk of bitherapy with emtricitabine plus tenofovir disoproxil in HBV monoinfected patients are ongoing.

Experience in patients with decompensated liver disease at 48 weeks (study GS-US-174-0108)

Study GS-US-174-0108 is a randomised, double-blind, active controlled study evaluating the safety and efficacy of tenofovir disoproxil (n = 45), emtricitabine plus tenofovir disoproxil (n = 45), and entecavir (n = 22), in patients with decompensated liver disease. In the tenofovir disoproxil treatment arm, patients had a mean CPT score of 7.2, mean HBV DNA of 5.8 log₁₀ copies/ml and mean serum ALT of 61 U/l at baseline. Forty-two percent (19/45) of patients had at least 6 months of prior lamivudine

experience, 20% (9/45) of patients had prior adefovir dipivoxil experience and 9 of 45 patients (20%) had lamivudine and/or adefovir dipivoxil resistance mutations at baseline. The co-primary safety endpoints were discontinuation due to an adverse event and confirmed increase in serum creatinine ≥ 0.5 mg/dl or confirmed serum phosphate of < 2 mg/dl.

In patients with CPT scores ≤ 9 , 74% (29/39) of tenofovir disoproxil, and 94% (33/35) of emtricitabine plus tenofovir disoproxil treatment groups achieved HBV DNA < 400 copies/ml after 48 weeks of treatment.

Overall, the data derived from this study are too limited to draw any definitive conclusions on the comparison of emtricitabine plus tenofovir disoproxil *versus* tenofovir disoproxil, (see Table 7 below).

Table 7: Safety and efficacy parameters in decompensated patients at week 48

Parameter	Study 174-0108		
	Tenofovir disoproxil 245 mg (n = 45)	Emtricitabine 200 mg/ tenofovir disoproxil 245 mg (n = 45)	Entecavir (0.5 mg or 1 mg) n = 22
Tolerability failure (permanent discontinuation of study drug due to a treatment emergent AE) n (%) ^a	3 (7%)	2 (4%)	2 (9%)
Confirmed increase in serum creatinine ≥ 0.5 mg/dl from baseline or confirmed serum phosphate of < 2 mg/dl n (%) ^b	4 (9%)	3 (7%)	1 (5%)
HBV DNA n (%) < 400 copies/ml n (%)	31/44 (70%)	36/41 (88%)	16/22 (73%)
ALT n (%) Normal ALT	25/44 (57%)	31/41 (76%)	12/22 (55%)
≥ 2 point decrease in CPT from baseline n (%)	7/27 (26%)	12/25 (48%)	5/12 (42%)
Mean change from baseline in CPT score	-0.8	-0.9	-1.3
Mean change from baseline in MELD score	-1.8	-2.3	-2.6

^a p-value comparing the combined tenofovir-containing arms *versus* the entecavir arm = 0.622,

^b p-value comparing the combined tenofovir-containing arms *versus* the entecavir arm = 1.000.

Experience beyond 48 weeks in study GS-US-174-0108

Using a noncompleter/switch = failure analysis, 50% (21/42) of subjects receiving tenofovir disoproxil, 76% (28/37) of subjects receiving emtricitabine plus tenofovir disoproxil and 52% (11/21) of subjects receiving entecavir achieved HBV DNA < 400 copies/ml at week 168.

Experience in patients with lamivudine-resistant HBV at 240 weeks (study GS-US-174-0121)

The efficacy and safety of 245 mg tenofovir disoproxil (as) was evaluated in a randomised, double-blind study (GS-US-174-0121) in HBeAg positive and HBeAg negative patients (n = 280) with compensated liver disease, viraemia (HBV DNA \geq 1,000 IU/ml), and genotypic evidence of lamivudine resistance (rtM204I/V +/- rtL180M). Only five had adefovir-associated resistance mutations at baseline. One hundred forty-one and 139 adult subjects were randomised to a tenofovir disoproxil and emtricitabine plus tenofovir disoproxil treatment arm, respectively. Baseline demographics were similar between the two treatment arms: At baseline, 52.5% of subjects were HBeAg negative, 47.5% were HBeAg positive, mean HBV DNA level was 6.5 log₁₀ copies/ml, and mean ALT was 79 U/l, respectively.

After 240 weeks of treatment, 117 of 141 subjects (83%) randomised to tenofovir disoproxil had HBV DNA < 400 copies/ml, and 51 of 79 subjects (65%) had ALT normalisation. After 240 weeks of treatment with emtricitabine plus tenofovir disoproxil, 115 of 139 subjects (83%) had HBV DNA < 400 copies/ml, and 59 of 83 subjects (71%) had ALT normalisation. Among the HBeAg positive subjects randomised to tenofovir disoproxil, 16 of 65 subjects (25%) experienced HBeAg loss, and 8 of 65 subjects (12%) experienced anti-HBe seroconversion through week 240. In the HBeAg positive subjects randomised to emtricitabine plus tenofovir disoproxil, 13 of 68 subjects (19%) experienced HBeAg loss, and 7 of 68 subjects (10%) experienced anti-HBe seroconversion through week 240. Two subjects randomised to tenofovir disoproxil experienced HBsAg loss by Week 240, but not seroconversion to anti-HBs. Five subjects randomised to emtricitabine plus tenofovir disoproxil experienced HBsAg loss, with 2 of these 5 subjects experiencing seroconversion to anti-HBs.

Clinical resistance

Four hundred and twenty-six HBeAg negative (GS-US-174-0102, n = 250) and HBeAg positive (GS-US-174-0103, n = 176) patients initially randomised to double-blind tenofovir disoproxil treatment and then switched to open-label tenofovir disoproxil treatment were evaluated for genotypic changes in HBV polymerase from baseline. Genotypic evaluations performed on all patients with HBV DNA > 400 copies/ml at week 48 (n = 39), 96 (n = 24), 144 (n = 6), 192 (n = 5), 240 (n = 4), 288 (n = 6) and 384 (n = 2) of tenofovir disoproxil monotherapy showed that no mutations associated with tenofovir disoproxil resistance have developed.

Two hundred and fifteen HBeAg negative (GS-US-174-0102, n = 125) and HBeAg positive (GS-US-174-0103, n = 90) patients initially randomised to double-blind adefovir dipivoxil treatment and then switched to open-label tenofovir disoproxil treatment were evaluated for genotypic changes in HBV polymerase from baseline. Genotypic evaluations performed on all patients with HBV DNA > 400 copies/ml at week 48 (n = 16), 96 (n = 5), 144 (n = 1), 192 (n = 2), 240 (n = 1), 288 (n = 1) and 384 (n = 2) of tenofovir disoproxil monotherapy showed that no mutations associated with tenofovir disoproxil resistance have developed.

In study GS-US-174-0108, 45 patients (including 9 patients with lamivudine and/or adefovir dipivoxil resistance mutations at baseline) received tenofovir disoproxil for up to 168 weeks.

Genotypic data from paired baseline and on treatment HBV isolates were available for 6/8 patients with HBV DNA > 400 copies/ml at week 48. No amino acid substitutions associated with resistance to tenofovir disoproxil were identified in these isolates. Genotypic analysis was conducted for 5 subjects in the tenofovir disoproxil arm post week 48. No amino acid substitutions associated with tenofovir disoproxil resistance were detected in any subject.

In study GS-US-174-0121, 141 patients with lamivudine resistance substitutions at baseline received tenofovir disoproxil for up to 240 weeks. Cumulatively, there were 4 patients who experienced a viremic episode (HBV DNA > 400 copies/ml) at their last time point on tenofovir disoproxil. Among them, sequence data from paired baseline and on treatment HBV isolates were available for 2 of 4 patients. No amino acid substitutions associated with resistance to tenofovir disoproxil were identified in these isolates.

In a paediatric study (GS-US-174-0115), 52 patients (including 6 patients with lamivudine resistance mutations at baseline) initially received blinded tenofovir disoproxil for up to 72 weeks and then 51/52 patients switched to open-label tenofovir disoproxil (tenofovir-disoproxil-tenofovir disoproxil group). Genotypic evaluations were performed on all patients within this group with HBV DNA > 400 copies/ml at week 48 (n = 6) and week 72 (n = 5) week 96 (n = 4), week 144 (n = 2), and week 192 (n = 3). Fifty-four patients (including 2 patients with lamivudine resistance mutations at baseline) initially received blinded placebo treatment for 72 weeks, and 52/54 patients followed with tenofovir disoproxil (PLB-TDF group). Genotypic evaluations were performed on all patients within this group with HBV DNA > 400 copies/ml at week 96 (n = 17), week 144 (n = 7), and week 192 (n = 8). No amino acid substitutions associated with resistance to tenofovir disoproxil were identified in these isolates.

Paediatric population

HIV-1: In study GS-US-104-0321, 87 HIV-1 infected treatment-experienced patients 12 to < 18 years of age were treated with tenofovir disoproxil (n = 45) or placebo (n = 42) in combination with an optimised background regimen (OBR) for 48 weeks. Due to limitations of the study, a benefit of tenofovir disoproxil over placebo was not demonstrated based on plasma HIV-1 RNA levels at week 24. However, a benefit is expected for the adolescent population based on extrapolation of adult data and comparative pharmacokinetic data (see section 5.2).

In patients who received treatment with tenofovir disoproxil or placebo, mean lumbar spine BMD Z-score was -1.004 and -0.809, and mean total body BMD Z-score was -0.866 and -0.584, respectively, at baseline. Mean changes at week 48 (end of double-blind phase) were -0.215 and -0.165 in lumbar spine BMD Z-score, and -0.254 and -0.179 in total body BMD Z-score for the tenofovir disoproxil and placebo groups, respectively. The mean rate of BMD gain was less in the tenofovir disoproxil group compared to the placebo group. At week 48, six adolescents in the tenofovir disoproxil group and one adolescent in the placebo group had significant lumbar spine BMD loss (defined as > 4% loss). Among 28 patients receiving 96 weeks of treatment with tenofovir disoproxil, BMD Z-scores declined by -0.341 for lumbar spine and -0.458 for total body.

In study GS-US-104-0352, 97 treatment-experienced patients 2 to < 12 years of age with stable, virologic suppression on stavudine- or zidovudine-containing regimens were randomised to either replace stavudine or zidovudine with tenofovir disoproxil (n = 48) or continue on their original regimen (n = 49) for 48 weeks. At week 48, 83% of patients in the tenofovir disoproxil treatment group and 92% of patients in the stavudine or zidovudine treatment group had HIV-1 RNA concentrations < 400 copies/ml. The difference in the proportion of patients who maintained < 400 copies/ml at week 48 was mainly influenced by the higher number of discontinuations in the tenofovir disoproxil treatment group. When missing data were excluded, 91% of patients in the tenofovir disoproxil treatment group and 94% of patients in the stavudine or zidovudine treatment group had HIV-1 RNA concentrations < 400 copies/ml at week 48.

Reductions in BMD have been reported in paediatric patients. In patients who received treatment with tenofovir disoproxil, or stavudine or zidovudine, mean lumbar spine BMD Z-score was -1.034 and -0.498, and mean total body BMD Z-score was -0.471 and -0.386, respectively, at baseline. Mean changes at week 48 (end of randomised phase) were 0.032 and 0.087 in lumbar spine BMD Z-score, and

-0.184 and -0.027 in total body BMD Z-score for the tenofovir disoproxil and stavudine or zidovudine groups, respectively. The mean rate of lumbar spine bone gain at week 48 was similar between the tenofovir disoproxil treatment group and the stavudine or zidovudine treatment group. Total body bone gain was less in the tenofovir disoproxil treatment group compared to the stavudine or zidovudine treatment group. One tenofovir disoproxil treated subject and no stavudine or zidovudine treated subjects experienced significant (> 4%) lumbar spine BMD loss at week 48. BMD Z-scores declined by -0.012 for lumbar spine and by -0.338 for total body in the 64 subjects who were treated with tenofovir disoproxil for 96 weeks. BMD Z-scores were not adjusted for height and weight.

In study GS-US-104-0352, 4 out of 89 paediatric patients exposed to tenofovir disoproxil discontinued due to adverse reactions consistent with proximal renal tubulopathy (median tenofovir disoproxil exposure 104 weeks).

Chronic hepatitis B: In study GS-US-174-0115, 106 HBeAg negative and HBeAg positive patients aged 12 to < 18 years with chronic HBV infection [HBV DNA \geq 105 copies/ml, elevated serum ALT (\geq 2 x ULN) or a history of elevated serum ALT levels in the past 24 months] were treated with tenofovir disoproxil 245 mg (n = 52) or placebo (n = 54) for 72 weeks. Subjects must have been naïve to tenofovir disoproxil, but could have received interferon based regimens (> 6 months prior to screening) or any other non-tenofovir disoproxil containing oral anti-HBV nucleoside/nucleotide therapy (> 16 weeks prior to screening). At week 72, overall 88% (46/52) of patients in the tenofovir disoproxil treatment group and 0% (0/54) of patients in the placebo group had HBV DNA < 400 copies/ml. Seventy-four percent (26/35) of patients in the tenofovir disoproxil group had normalised ALT at week 72 compared to 31% (13/42) in the placebo group. Response to treatment with tenofovir disoproxil was comparable in nucleos(t)ide-naïve (n = 20) and nucleos(t)ide-experienced (n = 32) patients, including lamivudine-resistant patients (n = 6). Ninety-five percent of nucleos(t)ide-naïve patients, 84% of nucleos(t)ide-experienced patients, and 83% of lamivudine-resistant patients achieved HBV DNA < 400 copies/ml at week 72. Thirty-one of the 32 nucleos(t)ide-experienced patients had prior lamivudine experience. At week 72, 96% (27/28) of immune-active patients (HBV DNA \geq 105 copies/ml, serum ALT > 1.5 x ULN) in the tenofovir disoproxil treatment group and 0% (0/32) of patients in the placebo group had HBV DNA < 400 copies/ml. Seventy-five percent (21/28) of immune-active patients in the tenofovir disoproxil group had normal ALT at week 72 compared to 34% (11/32) in the placebo group.

After 72 weeks of blinded randomized treatment, each subject could switch to open-label tenofovir disoproxil treatment up to week 192. After week 72, virologic suppression was maintained for those receiving double-blind tenofovir disoproxil followed by open-label tenofovir disoproxil (tenofovir disoproxil-tenofovir disoproxil group): 86.5% (45/52) of subjects in the tenofovir disoproxil-tenofovir disoproxil group had HBV DNA < 400 copies/ml at week 192. Among the subjects who received placebo during the double-blind period, the proportion of subjects with HBV DNA < 400 copies/mL rose sharply after they began treatment with open-label tenofovir disoproxil (PLB-tenofovir disoproxil group): 74.1% (40/54) of subjects in the PLB-tenofovir disoproxil group had HBV DNA < 400 copies/ml at week 192. The proportion of subjects with ALT normalization at week 192 in the tenofovir disoproxil-tenofovir disoproxil group was 75.8% (25/33) among those who were HBeAg positive at baseline and 100.0% (2 of 2 subjects) among those who were HBeAg negative at baseline. Similar percentages of subjects in the tenofovir disoproxil-tenofovir disoproxil and PLB-tenofovir disoproxil groups (37.5% and 41.7%, respectively) experienced seroconversion to anti-HBe through week 192.

Bone Mineral Density (BMD) data from Study GS-US-174-0115 are summarized in Table 8:

Table 8: Bone Mineral Density Evaluation at Baseline, Week 72 and 192

	Baseline		Week 72		Week 192	
	Tenofovir disoproxil-tenofovir disoproxil	PLB-tenofovir disoproxil	Tenofovir disoproxil-tenofovir disoproxil	PLB-tenofovir disoproxil	Tenofovir disoproxil-tenofovir disoproxil	PLB-tenofovir disoproxil
Lumbar spine mean (SD) BMD Z-score ^a	-0.42 (0.762)	-0.26 (0.806)	-0.49 (0.852)	-0.23 (0.893)	-0.37 (0.946)	-0.44 (0.920)
Lumbar spine mean (SD) change from baseline BMD Z-score ^a	NA	NA	-0.06 (0.320)	0.10 (0.378)	0.02 (0.548)	-0.10 (0.543)
Whole body mean (SD) BMD Z-score ^a	-0.19 (1.110)	-0.23 (0.859)	-0.36 (1.077)	-0.12 (0.916)	-0.38 (0.934)	-0.42 (0.942)
Whole body mean (SD) change from baseline BMD Z-score ^a	NA	NA	-0.16 (0.355)	0.09 (0.349)	-0.16 (0.521)	-0.19 (0.504)
Lumbar spine BMD at least 6% decrease ^b	NA	NA	1.9% (1 subject)	0%	3.8% (2 subjects)	3.7% (2 subjects)
Whole body BMD at least 6% decrease ^b	NA	NA	0%	0%	0%	1.9% (1 subject)
Lumbar spine BMD mean % increase	NA	NA	5.14%	8.08%	10.05%	11.21%
Whole body BMD mean % increase	NA	NA	3.07%	5.39%	6.09%	7.22%

NA = Not Applicable

^aBMD Z-scores not adjusted for height and weight

^b Primary safety endpoint through week 72

The European Medicines Agency has deferred the obligation to submit the results of studies with tenofovir disoproxil in one or more subsets of the paediatric population in HIV and chronic hepatitis B (see section 4.2 for information on paediatric use).

5.2 Pharmacokinetic properties

Tenofovir disoproxil is a water soluble ester prodrug which is rapidly converted *in vivo* to tenofovir and formaldehyde.

Tenofovir is converted intracellularly to tenofovir monophosphate and to the active component, tenofovir diphosphate.

Absorption

Following oral administration of tenofovir disoproxil to HIV infected patients, tenofovir disoproxil is rapidly absorbed and converted to tenofovir. Administration of multiple doses of tenofovir disoproxil with a meal to HIV infected patients resulted in mean (%CV) tenofovir C_{max}, AUC, and C_{min} values of 326 (36.6%) ng/ml, 3,324 (41.2%) ng h/ml and 64.4 (39.4%) ng/ml, respectively. Maximum tenofovir concentrations are observed in serum within one hour of dosing in the fasted state and within two hours when taken with food. The oral bioavailability of tenofovir from tenofovir disoproxil in fasted patients was approximately 25%. Administration of tenofovir disoproxil with a high fat meal enhanced the oral bioavailability, with an increase in tenofovir AUC by approximately 40% and C_{max} by approximately 14%. Following the first dose of tenofovir disoproxil in fed patients, the median C_{max} in serum ranged from 213 to 375 ng/ml. However, administration of tenofovir disoproxil with a light meal did not have a

significant effect on the pharmacokinetics of tenofovir.

Distribution

Following intravenous administration the steady-state volume of distribution of tenofovir was estimated to be approximately 800 ml/kg. After oral administration of tenofovir disoproxil, tenofovir is distributed to most tissues with the highest concentrations occurring in the kidney, liver and the intestinal contents (preclinical studies). *In vitro* protein binding of tenofovir to plasma or serum protein was less than 0.7 and 7.2%, respectively, over the tenofovir concentration range 0.01 to 25 µg/ml.

Biotransformation

In vitro studies have determined that neither tenofovir disoproxil nor tenofovir are substrates for the CYP450 enzymes. Moreover, at concentrations substantially higher (approximately 300-fold) than those observed *in vivo*, tenofovir did not inhibit *in vitro* drug metabolism mediated by any of the major human CYP450 isoforms involved in drug biotransformation (CYP3A4, CYP2D6, CYP2C9, CYP2E1, or CYP1A1/2). Tenofovir disoproxil at a concentration of 100 µmol/l had no effect on any of the CYP450 isoforms, except CYP1A1/2, where a small (6%) but statistically significant reduction in metabolism of CYP1A1/2 substrate was observed. Based on these data, it is unlikely that clinically significant interactions involving tenofovir disoproxil and medicinal products metabolised by CYP450 would occur.

Elimination

Tenofovir is primarily excreted by the kidney by both filtration and an active tubular transport system with approximately 70 - 80% of the dose excreted unchanged in urine following intravenous administration. Total clearance has been estimated to be approximately 230 ml/h/kg (approximately 300 ml/min). Renal clearance has been estimated to be approximately 160 ml/h/kg (approximately 210 ml/min), which is in excess of the glomerular filtration rate. This indicates that active tubular secretion is an important part of the elimination of tenofovir. Following oral administration the terminal half-life of tenofovir is approximately 12 to 18 hours.

Studies have established the pathway of active tubular secretion of tenofovir to be influx into proximal tubule cell by the human organic anion transporters (hOAT) 1 and 3 and efflux into the urine by the multidrug resistant protein 4 (MRP 4).

Linearity/non-linearity

The pharmacokinetics of tenofovir were independent of tenofovir disoproxil dose over the dose range 75 to 600 mg and were not affected by repeated dosing at any dose level.

Age

Pharmacokinetic studies have not been performed in the elderly (over 65 years of age).

Gender

Limited data on the pharmacokinetics of tenofovir in women indicate no major gender effect.

Ethnicity

Pharmacokinetics have not been specifically studied in different ethnic groups.

Paediatric population

HIV-1: Steady-state pharmacokinetics of tenofovir were evaluated in 8 HIV-1 infected adolescent patients (aged 12 to < 18 years) with body weight \geq 35 kg. Mean (\pm SD) C_{max} and AUC_{tau} are 0.38 ± 0.13 µg/ml and 3.39 ± 1.22 µg h/ml, respectively. Tenofovir exposure achieved in adolescent patients receiving oral daily doses of tenofovir disoproxil 245 mg was similar to exposures achieved in adults receiving once-daily doses of tenofovir disoproxil 245 mg.

Chronic hepatitis B: Steady-state tenofovir exposure in HBV infected adolescent patients (12 to < 18 years of age) receiving an oral daily dose of tenofovir disoproxil 245 mg was similar to exposures achieved in adults receiving once-daily doses of tenofovir disoproxil 245 mg.

Pharmacokinetic studies have not been performed with tenofovir disoproxil 245 mg tablets in children under 12 years or with renal impairment.

Renal impairment

Pharmacokinetic parameters of tenofovir were determined following administration of a single dose of tenofovir disoproxil 245 mg to 40 non-HIV, non-HBV infected adult patients with varying degrees of renal impairment defined according to baseline creatinine clearance (CrCl) (normal renal function when CrCl > 80 ml/min; mild with CrCl = 50-79 ml/min; moderate with CrCl = 30 - 49 ml/min and severe with CrCl = 10 - 29 ml/min). Compared with patients with normal renal function, the mean (%CV) tenofovir exposure increased from 2,185 (12%) ng·h/ml in subjects with CrCl > 80 ml/min to respectively 3,064 (30%) ng h/ml, 6,009 (42%) ng·h/ml and 15,985 (45%) ng h/ml in patients with mild, moderate and severe renal impairment. The dosing recommendations in patients with renal impairment, with increased dosing interval, are expected to result in higher peak plasma concentrations and lower C_{min} levels in patients with renal impairment compared with patients with normal renal function. The clinical implications of this are unknown.

In patients with end-stage renal disease (ESRD) (CrCl < 10 ml/min) requiring haemodialysis, between dialysis tenofovir concentrations substantially increased over 48 hours achieving a mean C_{max} of 1,032 ng/ml and a mean AUC_{0-48h} of 42,857 ng h/ml.

It is recommended that the dosing interval for tenofovir disoproxil 245 mg is modified in adult patients with creatinine clearance < 50 ml/min or in patients who already have ESRD and require dialysis (see section 4.2).

The pharmacokinetics of tenofovir in non-haemodialysis patients with creatinine clearance < 10 ml/min and in patients with ESRD managed by peritoneal or other forms of dialysis have not been studied.

The pharmacokinetics of tenofovir in paediatric patients with renal impairment have not been studied. No data are available to make dose recommendations (see sections 4.2 and 4.4).

Hepatic impairment

A single 245 mg dose of tenofovir disoproxil was administered to non-HIV, non-HBV infected adult patients with varying degrees of hepatic impairment defined according to Child-Pugh-Turcotte (CPT) classification. Tenofovir pharmacokinetics were not substantially altered in subjects with hepatic impairment suggesting that no dose adjustment is required in these subjects. The mean (%CV) tenofovir C_{max} and AUC_{0-∞} values were 223 (34.8%) ng/ml and 2,050 (50.8%) ng·h/ml, respectively, in normal subjects compared with 289 (46.0%) ng/ml and 2,310 (43.5%) ng·h/ml in subjects with moderate hepatic impairment, and 305 (24.8%) ng/ml and 2,740 (44.0%) ng·h/ml in subjects with severe hepatic impairment.

Intracellular pharmacokinetics

In non-proliferating human peripheral blood mononuclear cells (PBMCs) the half-life of tenofovir diphosphate was found to be approximately 50 hours, whereas the half-life in phytohaemagglutinin-stimulated PBMCs was found to be approximately 10 hours.

5.3 Preclinical safety data

Non-clinical safety pharmacology studies reveal no special hazard for humans. Findings in repeated dose toxicity studies in rats, dogs and monkeys at exposure levels greater than or equal to clinical exposure levels and with possible relevance to clinical use include renal and bone toxicity and a decrease in serum phosphate concentration. Bone toxicity was diagnosed as osteomalacia (monkeys) and reduced bone mineral density (BMD) (rats and dogs). The bone toxicity in young adult rats and dogs occurred at exposures ≥ 5 -fold the exposure in paediatric or adult patients; bone toxicity occurred in juvenile infected monkeys at very high exposures following subcutaneous dosing (≥ 40 -fold the exposure in patients). Findings in the rat and monkey studies indicated that there was a substance-related decrease in intestinal absorption of phosphate with potential secondary reduction in BMD.

Genotoxicity studies revealed positive results in the *in vitro* mouse lymphoma assay, equivocal results in one of the strains used in the Ames test, and weakly positive results in an UDS test in primary rat hepatocytes. However, it was negative in an *in vivo* mouse bone marrow micronucleus assay.

Oral carcinogenicity studies in rats and mice only revealed a low incidence of duodenal tumours at an extremely high dose in mice. These tumours are unlikely to be of relevance to humans.

Reproductive studies in rats and rabbits showed no effects on mating, fertility, pregnancy or foetal parameters. However, tenofovir disoproxil reduced the viability index and weight of pups in peri-postnatal toxicity studies at maternally toxic doses.

The active substance tenofovir disoproxil phosphate and its main transformation products are persistent in the environment.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Tablet core

Lactose monohydrate
Microcrystalline cellulose
Croscarmellose sodium
Povidone
Magnesium stearate

Film-coating

Lactose monohydrate
Hypromellose
Titanium dioxide
Triacetin
Indigo Carmine Aluminum lake

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

2 years

Shelf-life after first opening is 60 days.

6.4 Special precautions for storage

Do not store above 30 °C. Store in the original package in order to protect from moisture.

6.5 Nature and contents of container

High density polyethylene (HDPE) bottle with a polypropylene child-resistant cap and induction heat sealing (with aluminium foil).

The bottle contains 30 film-coated tablets and a silica gel desiccant (in a container).

The following pack sizes are available:

Outer cartons containing 1 bottle of 30 film-coated tablets and outer cartons containing 90 (3 bottles of 30) film-coated tablets.

Not all pack sizes may be marketed.

6.6 Special precautions for disposal and other handling

Any unused product or waste material should be disposed of in accordance with local requirements.

Open bottles by pressing the child proof cap down and turning it counter-clock wise.

7. MARKETING AUTHORISATION HOLDER

Zentiva, k.s.
U Kabelovny 130
102 37 Prague 10
Czech Republic

8. MARKETING AUTHORISATION NUMBER(S)

EU/1/16/1127/001
EU/1/16/1127/002

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation: 15 September 2016

10. DATE OF REVISION OF THE TEXT

Detailed information on this medicinal product is available on the website of the European Medicines Agency <http://www.ema.europa.eu>.

ANNEX II

- A. MANUFACTURER RESPONSIBLE FOR BATCH RELEASE**
- B. CONDITIONS OR RESTRICTIONS REGARDING SUPPLY AND USE**
- C. OTHER CONDITIONS AND REQUIREMENTS OF THE MARKETING AUTHORISATION**
- D. CONDITIONS OR RESTRICTIONS WITH REGARD TO THE SAFE AND EFFECTIVE USE OF THE MEDICINAL PRODUCT**

A. MANUFACTURER RESPONSIBLE FOR BATCH RELEASE

Name and address of the manufacturer responsible for batch release

S.C. Zentiva S.A.
50 Theodor Pallady Blvd.
Bucharest 032266
Romania

Winthrop Arzneimittel GmbH
Brüningstraße 50
65926 Frankfurt am Main
Germany

The printed package leaflet of the medicinal product must state the name and address of the manufacturer responsible for the release of the concerned batch.

B. CONDITIONS OR RESTRICTIONS REGARDING SUPPLY AND USE

Medicinal product subject to restricted medical prescription (see Annex I: Summary of Product Characteristics, section 4.2).

C. OTHER CONDITIONS AND REQUIREMENTS OF THE MARKETING AUTHORISATION

- **Periodic Safety Update Reports**

The requirements for submission of periodic safety update reports for this medicinal product are set out in the list of Union reference dates (EURD list) provided for under Article 107c(7) of Directive 2001/83/EC and any subsequent updates published on the European medicines web-portal.

D. CONDITIONS OR RESTRICTIONS WITH REGARD TO THE SAFE AND EFFECTIVE USE OF THE MEDICINAL PRODUCT

- **Risk Management Plan (RMP)**

The MAH shall perform the required pharmacovigilance activities and interventions detailed in the agreed RMP presented in Module 1.8.2 of the Marketing Authorisation and any agreed subsequent updates of the RMP.

An updated RMP should be submitted:

- At the request of the European Medicines Agency;
- Whenever the risk management system is modified, especially as the result of new information being received that may lead to a significant change to the benefit/risk profile or as the result of an important (pharmacovigilance or risk minimisation) milestone being reached.

- **Additional risk minimisation measures**

The Marketing Authorisation Holder (MAH) shall ensure that all physicians who are expected to prescribe/use Tenofovir disoproxil Zentiva in adults and/or adolescent patients are provided with a physician educational pack containing the Summary of Product Characteristics and an appropriate educational brochure, as detailed below:

HIV renal educational brochure, including the creatinine clearance slide ruler

- HBV renal educational brochure, including the creatinine clearance slide ruler
- HIV adolescent educational brochure
- HBV adolescent educational brochure

The HIV and HBV renal educational brochures should contain the following key messages:

- That there is an increased risk of renal disease in HIV and HBV infected patients associated with tenofovir disoproxil-containing products such as Tenofovir disoproxil Zentiva
- That Tenofovir disoproxil Zentiva should only be used in patients with impaired renal function if the potential benefits of treatment are considered to outweigh the potential risks
- The importance of dose interval adjustment using Tenofovir disoproxil Zentiva 245 mg film-coated tablets in adult patients with creatinine clearance of 30-49 ml/min
- That in adults with severe renal impairment (creatinine clearance <30 ml/min) and hemodialysis patients where adequate dose adjustments cannot be applied with this product due to lack of alternative tablet strengths, the use in this group of patients is not recommended. If no alternative treatment is available, it is possible to use Tenofovir disoproxil Zentiva 245 mg film-coated tablets in extended dosing intervals.
- Daily dose adjustment using other suitable formulation of tenofovir disoproxil 33 mg/g granules (check for availability) is recommended for patients with severe renal impairment (creatinine clearance < 30 ml/min). For patients unable to use the granules formulation and with no alternative treatment available, prolonged dose intervals using Tenofovir disoproxil Zentiva 245 mg film-coated tablets may be used
- That use of Tenofovir disoproxil Zentiva should be avoided with concomitant or recent use of nephrotoxic medicinal products. If Tenofovir disoproxil Zentiva is used with nephrotoxic medicinal products, renal function should be closely monitored according to the recommended schedule
- That patients should have their baseline renal function assessed prior to initiating Tenofovir disoproxil Zentiva therapy
- The importance of regular monitoring of renal function during Tenofovir disoproxil Zentiva therapy
- Recommended schedule for monitoring renal function considering the presence or absence of additional risk factors for renal impairment
- That if serum phosphate is < 1.5 mg/dl or creatinine clearance decreases during therapy to < 50 ml/min then renal function should be re-evaluated within one week. If creatinine clearance is confirmed as < 50 ml/min or serum phosphate decreases to < 1.0 mg/dl then consideration should be given to interrupting Tenofovir disoproxil Zentiva therapy. Interrupting treatment with Tenofovir disoproxil Zentiva should also be considered in case of progressive decline of renal function when no other cause has been identified.
- Instructions on the use of the creatinine clearance slide ruler

The HIV and HBV adolescent educational brochures should contain the following key messages:

- That a multidisciplinary approach is recommended for the management of adolescent patients
- That there is an increased risk of renal disease in HIV and HBV infected patients associated with tenofovir disoproxil-containing products such as Tenofovir disoproxil Zentiva
- That Tenofovir disoproxil Zentiva is not recommended for use in paediatric patients with renal impairment
- That use of Tenofovir disoproxil Zentiva should be avoided with concomitant or recent use of nephrotoxic medicinal products. If Tenofovir disoproxil Zentiva is used with nephrotoxic medicinal products, renal function should be closely monitored according to the recommended schedule
- That patients should have their baseline renal function assessed prior to initiating Tenofovir disoproxil Zentiva therapy
- The importance of regular monitoring of renal function during Tenofovir disoproxil Zentiva therapy
- Recommended schedule for monitoring renal function considering the presence or absence of additional risk factors for renal impairment
- That if serum phosphate is confirmed to be < 1.5 mg/dl (0.48 mmol/l) in any adolescent patient receiving tenofovir disoproxil, renal function should be re-evaluated within one week.
- If renal abnormalities are detected or suspected then consultation with a nephrologist should be obtained to consider interruption of Tenofovir disoproxil Zentiva treatment. Interrupting treatment with Tenofovir disoproxil Zentiva should also be considered in case of progressive decline of renal function when no other cause has been identified.
- That Tenofovir disoproxil Zentiva may cause a reduction in BMD and the effects of Tenofovir disoproxil Zentiva associated changes in BMD on long term bone health and future fracture risk are currently unknown in adolescent patients
- That if bone abnormalities are detected or suspected then consultation with an endocrinologist and/or nephrologist should be obtained

ANNEX III
LABELLING AND PACKAGE LEAFLET

A. LABELLING

PARTICULARS TO APPEAR ON THE OUTER PACKAGING AND THE IMMEDIATE PACKAGING

Bottle label and outer carton

1. NAME OF THE MEDICINAL PRODUCT

Tenofovir disoproxil Zentiva 245 mg film-coated tablets
Tenofovir disoproxil

2. STATEMENT OF ACTIVE SUBSTANCE(S)

Each film-coated tablet contains 245 mg of tenofovir disoproxil (as phosphate).

3. LIST OF EXCIPIENTS

Contains lactose monohydrate.

4. PHARMACEUTICAL FORM AND CONTENTS

30 film-coated tablets

90 (3 bottles of 30) film-coated tablets

5. METHOD AND ROUTE(S) OF ADMINISTRATION

Oral use
Read the package leaflet before use.

6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN

Keep out of the sight and reach of children.

7. OTHER SPECIAL WARNING(S), IF NECESSARY

8. EXPIRY DATE

EXP

9. SPECIAL STORAGE CONDITIONS

Use within 60 days after first opening. Do not store above 30 °C. Store in the original package in order to protect from moisture.

Open date: [outer packaging only]

10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE

11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER

Zentiva, k.s.
U Kabelovny 130
102 37 Prague 10
Czech Republic

12. MARKETING AUTHORISATION NUMBER(S)

EU/1/16/1127/001 30 film-coated tablets
EU/1/16/1127/002 90 (3x30) film-coated tablets

13. BATCH NUMBER

Lot:

14. GENERAL CLASSIFICATION FOR SUPPLY

15. INSTRUCTIONS ON USE

16. INFORMATION IN BRAILLE

Tenofovir disoproxil Zentiva [outer packaging only]

17. UNIQUE IDENTIFIER – 2D BARCODE

2D barcode carrying the unique identifier included. [outer packaging only]

18. UNIQUE IDENTIFIER – HUMAN READABLE DATA

PC: [outer packaging only]

SN: [outer packaging only]

NN: [outer packaging only]

B. PACKAGE LEAFLET

Package leaflet: Information for the user

Tenofovir disoproxil Zentiva 245 mg film-coated tablets Tenofovir disoproxil

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Tenofovir disoproxil Zentiva is and what it is used for
2. What you need to know before you take Tenofovir disoproxil Zentiva
3. How to take Tenofovir disoproxil Zentiva
4. Possible side effects
5. How to store Tenofovir disoproxil Zentiva
6. Contents of the pack and other information

If Tenofovir disoproxil Zentiva has been prescribed for your child, please note that all the information in this leaflet is addressed to your child (in this case please read “your child” instead of “you”).

1. What Tenofovir disoproxil Zentiva is and what it is used for

Tenofovir disoproxil Zentiva contains the active substance tenofovir disoproxil. This active substance is an antiretroviral or antiviral medicine which is used to treat HIV or HBV infection or both. Tenofovir is a nucleotide reverse transcriptase inhibitor, generally known as an NRTI and works by interfering with the normal working of enzymes (in HIV reverse transcriptase; in hepatitis B DNA polymerase) that are essential for the viruses to reproduce themselves. In HIV Tenofovir disoproxil Zentiva should always be used combined with other medicines to treat HIV infection.

Tenofovir disoproxil Zentiva is a treatment for HIV (Human Immunodeficiency Virus) infection.

The tablets are suitable for:

- **adults**
- **adolescents aged 12 to less than 18 years who have already been treated** with other HIV medicines which are no longer fully effective due to development of resistance, or have caused side effects.

Tenofovir disoproxil Zentiva is also a treatment for chronic hepatitis B, an infection with HBV (hepatitis B virus). The tablets are suitable for:

- **adults**
- **adolescents aged 12 to less than 18 years.**

You do not have to have HIV to be treated with Tenofovir disoproxil Zentiva for HBV.

This medicine is not a cure for HIV infection. While taking Tenofovir disoproxil Zentiva you may still develop infections or other illnesses associated with HIV infection.

You can also pass on HIV or HBV to others, so it is important to take precautions to avoid infecting other people.

2. What you need to know before you take Tenofovir disoproxil Zentiva

Do not take Tenofovir disoproxil Zentiva

- If you are allergic to tenofovir, tenofovir disoproxil phosphate or any of the other ingredients of this medicine (listed in section 6).

If this applies to you, tell your doctor immediately and do not take Tenofovir disoproxil Zentiva.

Warnings and precautions

Talk to your doctor or pharmacist before taking Tenofovir disoproxil Zentiva

- **Take care not to infect other people.** You can still pass on HIV when taking this medicine, although the risk is lowered by effective antiretroviral therapy. Discuss with your doctor the precautions needed to avoid infecting other people. Tenofovir disoproxil Zentiva does not reduce the risk of passing on HBV to others through sexual contact or blood contamination. You must continue to take precautions to avoid this.
- **Talk to your doctor or pharmacist if you have had kidney disease or if tests have shown problems with your kidneys.** Tenofovir disoproxil Zentiva should not be given to adolescents with existing kidney problems. Before starting treatment, your doctor may order blood tests to assess your kidney function. Tenofovir disoproxil Zentiva may affect your kidneys during treatment. Your doctor may order blood tests during treatment to monitor how your kidneys work. If you are an adult, your doctor may advise you to take the tablets less often. Do not reduce the prescribed dose, unless your doctor has told you to do so.

Tenofovir disoproxil Zentiva is not usually taken with other medicines that can damage your kidneys (see Other medicines and Tenofovir disoproxil Zentiva). If this is unavoidable, your doctor will monitor your kidney function once a week.

- **Bone problems.** Some adult patients with HIV taking combination antiretroviral therapy may develop a bone disease called osteonecrosis (death of bone tissue caused by loss of blood supply to the bone). The length of combination antiretroviral therapy, corticosteroid use, alcohol consumption, severe immunosuppression, higher body mass index, among others, may be some of the many risk factors for developing this disease. Signs of osteonecrosis are joint stiffness, aches and pains (especially of the hip, knee and shoulder) and difficulty in movement. If you notice any of these symptoms tell your doctor.

Bone problems (sometimes resulting in fractures) may also occur due to damage to kidney tubule cells (see section 4, Possible side effects).

- **Talk to your doctor if you have a history of liver disease, including hepatitis.** Patients with liver disease including chronic hepatitis B or C, who are treated with antiretrovirals, have a higher risk of severe and potentially fatal liver complications. If you have hepatitis B infection, your doctor will carefully consider the best treatment for you. If you have a history of

liver disease or chronic hepatitis B infection your doctor may conduct blood tests to monitor your liver function.

- **Look out for infections.** If you have advanced HIV infection (AIDS) and have an infection, you may develop symptoms of infection and inflammation or worsening of the symptoms of an existing infection once treatment with Tenofovir disoproxil Zentiva is started. These symptoms may indicate that your body's improved immune system is fighting infection. Look out for signs of inflammation or infection soon after you start taking Tenofovir disoproxil Zentiva. If you notice signs of inflammation or infection, **tell your doctor at once.**

In addition to the opportunistic infections, autoimmune disorders (a condition that occurs when the immune system attacks healthy body tissue) may also occur after you start taking medicines for the treatment of your HIV infection. Autoimmune disorders may occur many months after the start of treatment. If you notice any symptoms of infection or other symptoms such as muscle weakness, weakness beginning in the hands and feet and moving up towards the trunk of the body, palpitations, tremor or hyperactivity, please inform your doctor immediately to seek necessary treatment.

- **Talk to your doctor or pharmacist if you are over 65.** Tenofovir disoproxil Zentiva has not been studied in patients over 65 years of age. If you are older than this and are prescribed Tenofovir disoproxil Zentiva, your doctor will monitor you carefully.

Children and adolescents

Tenofovir disoproxil Zentiva is suitable for:

- **HIV-1 infected adolescents aged 12 to less than 18 years who weigh at least 35 kg and who have already been treated** with other HIV medicines which are no longer fully effective due to development of resistance, or have caused side effects
- **HBV infected adolescents aged 12 to less than 18 years who weigh at least 35 kg.**

Tenofovir disoproxil Zentiva is not suitable for the following groups:

- **Not for HIV-1 infected children** under 12 years of age.
- **Not for HBV infected children** under 12 years of age.

For dosage see section 3, How to take Tenofovir disoproxil Zentiva.

Other medicines and Tenofovir disoproxil Zentiva

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

- **Do not stop any anti-HIV medicines** prescribed by your doctor when you start Tenofovir disoproxil Zentiva if you have both HBV and HIV.
- **Do not take Tenofovir disoproxil Zentiva** if you are already taking other medicines containing tenofovir disoproxil or tenofovir alafenamide. Do not take Tenofovir disoproxil Zentiva together with medicines containing adefovir dipivoxil (a medicine used to treat chronic hepatitis B).
- **It is very important to tell your doctor if you are taking other medicines that may damage your kidneys.**

These include:

- aminoglycosides, pentamidine or vancomycin (for bacterial infection)
- amphotericin B (for fungal infection)

- foscarnet, ganciclovir, or cidofovir (for viral infection)
 - interleukin-2 (to treat cancer)
 - adefovir dipivoxil (for HBV)
 - tacrolimus (for suppression of the immune system)
 - non-steroidal anti-inflammatory drugs (NSAIDs, to relieve bone or muscle pains)
- **Other medicines containing didanosine (for HIV infection):** Taking Tenofovir disoproxil Zentiva with other antiviral medicines that contain didanosine can raise the levels of didanosine in your blood and may reduce CD4 cell counts. Rarely, inflammation of the pancreas and lactic acidosis (excess lactic acid in the blood), which sometimes caused death, have been reported when medicines containing tenofovir disoproxil and didanosine were taken together. Your doctor will carefully consider whether to treat you with combinations of tenofovir and didanosine
 - **It is also important to tell your doctor** if you are taking ledipasvir/sofosbuvir or sofosbuvir/velpatasvir sofosbuvir/velpatasvir/voxilaprevir to treat hepatitis C infection.

Tenofovir disoproxil Zentiva with food and drink

Take Tenofovir disoproxil Zentiva with food (for example, a meal or a snack).

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

- **You must not take Tenofovir disoproxil Zentiva during pregnancy** unless specifically discussed with your doctor. Although there are limited clinical data on the use of Tenofovir disoproxil Zentiva in pregnant women, it is not usually used unless absolutely necessary.
- **Try to avoid getting pregnant** during treatment with Tenofovir disoproxil Zentiva. You must use an effective method of contraception to avoid becoming pregnant.
- **If you become pregnant**, or plan to become pregnant, ask your doctor about the potential benefits and risks of your antiretroviral therapy to you and your child.
- **If you have taken Tenofovir disoproxil Zentiva** during your pregnancy, your doctor may request regular blood tests and other diagnostic tests to monitor the development of your child. In children whose mothers took NRTIs during pregnancy, the benefit from the protection against HIV outweighed the risk of side effects.
- **Do not breast-feed during treatment with Tenofovir disoproxil Zentiva.** This is because the active substance in this medicine passes into human breast milk.
- If you are a woman with HIV or HBV do not breast-feed, to avoid passing the virus to the baby in breast milk.

Driving and using machines

Tenofovir disoproxil Zentiva can cause dizziness. If you feel dizzy while taking Tenofovir disoproxil Zentiva, **do not drive or ride a bicycle** and do not use any tools or machines.

Tenofovir disoproxil Zentiva contains lactose monohydrate

Tenofovir disoproxil Zentiva contains lactose monohydrate. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

3. How to take Tenofovir disoproxil Zentiva

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:

- **Adults: One tablet each day with food** (for example, a meal or a snack).
- **Adolescents aged 12 to less than 18 years who weigh at least 35 kg:** one tablet each day with food (for example, a meal or a snack).

If you have particular difficulty swallowing, you can use the tip of a spoon to crush the tablet. Then mix the powder with about 100 ml (half a glass) of water, orange juice or grape juice and drink immediately.

- **Always take the dose recommended by your doctor.** This is to make sure that your medicine is fully effective, and to reduce the risk of developing resistance to the treatment. Do not change the dose unless your doctor tells you to.
- **If you are an adult and have problems with your kidneys,** your doctor may advise you to take Tenofovir disoproxil Zentiva less frequently.
- If you have HBV your doctor may offer you an HIV test to see if you have both HBV and HIV.

Refer to the patient information leaflets of the other antiretrovirals for guidance on how to take those medicines.

If you take more Tenofovir disoproxil Zentiva than you should

If you accidentally take too many Tenofovir disoproxil Zentiva tablets, you may be at increased risk of experiencing possible side effects with this medicine (see section 4, Possible side effects). Contact your doctor or nearest emergency department for advice. Keep the tablet bottle with you so that you can easily describe what you have taken.

If you forget to take Tenofovir disoproxil Zentiva

It is important not to miss a dose of Tenofovir disoproxil Zentiva.

If you miss a dose of Tenofovir disoproxil Zentiva, work out how long since you should have taken it.

- **If it is less than 12 hours** after it is usually taken, take it as soon as you can, and then take your next dose at its regular time.
- **If it is more than 12 hours** since you should have taken it, forget about the missed dose. Wait and take the next dose at the regular time. Do not take a double dose to make up for a forgotten tablet.

If you throw up less than 1 hour after taking Tenofovir disoproxil Zentiva, take another tablet. You do not need to take another tablet if you were sick more than 1 hour after taking Tenofovir disoproxil Zentiva.

If you stop taking Tenofovir disoproxil Zentiva

Do not stop taking Tenofovir disoproxil Zentiva without your doctor's advice. Stopping treatment with

Tenofovir disoproxil Zentiva may reduce the effectiveness of the treatment recommended by your doctor.

If you have hepatitis B or HIV and hepatitis B together (co-infection), it is very important not to stop your Tenofovir disoproxil Zentiva treatment without talking to your doctor first. Some patients have had blood tests or symptoms indicating that their hepatitis has got worse after stopping Tenofovir disoproxil Zentiva. You may require blood tests for several months after stopping treatment. In some patients with advanced liver disease or cirrhosis, stopping treatment is not recommended as this may lead to worsening of your hepatitis.

- Talk to your doctor before you stop taking Tenofovir disoproxil Zentiva for any reason, particularly if you are experiencing any side effects or you have another illness.
- Tell your doctor immediately about new or unusual symptoms after you stop treatment, particularly symptoms you associate with hepatitis B infection.
- Contact your doctor before you restart taking Tenofovir disoproxil Zentiva tablets.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

During HIV therapy there may be an increase in weight and in levels of blood lipids and glucose. This is partly linked to restored health and life style, and in the case of blood lipids sometimes to the HIV medicines themselves. Your doctor will test for these changes.

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Possible serious side effects: tell your doctor immediately

Lactic acidosis (excess lactic acid in the blood) is a rare (may affect up to 1 in 1,000 people) but serious side effect that can be fatal. The following side effects may be signs of lactic acidosis:

- deep, rapid breathing,
- drowsiness,
- feeling sick (nausea), being sick (vomiting) and stomach pain.

If you think that you may have **lactic acidosis**, **contact your doctor immediately**.

Other possible serious side effects

The following side effects are **uncommon** (may affect up to 1 in 100 people):

- **pain in the tummy** (abdomen) caused by inflammation of the pancreas,
- damage to kidney tubule cells.

The following side effects are **rare** (may affect up to 1 in 1,000 people):

- inflammation of the kidney, **passing a lot of urine and feeling thirsty**,
- **changes to your urine and back pain** caused by kidney problems, including kidney failure,
- softening of the bones (with **bone pain** and sometimes resulting in fractures), which may occur

- due to damage to kidney tubule cells,
- **fatty liver.**

If you think that you may have any of these serious side effects, talk to your doctor.

Most frequent side effects

The following side effects are **very common** (may affect more than 1 in 10 people):

- diarrhoea,
- being sick (vomiting),
- feeling sick (nausea),
- dizziness,
- rash,
- feeling weak.

Tests may also show:

- decreases in phosphate in the blood.

Other possible side effects

The following side effects are **common** (may affect up to 1 in 10 people):

- headache,
- stomach pain,
- feeling tired,
- feeling bloated,
- flatulence.

Tests may also show:

- liver problems.

The following side effects are **uncommon** (may affect up to 1 in 100 people):

- breakdown of muscle, muscle pain or weakness.

Tests may also show:

- decreases in potassium in the blood,
- increased creatinine in your blood,
- pancreas problems.

The breakdown of muscle, softening of the bones (with bone pain and sometimes resulting in fractures), muscle pain, muscle weakness and decreases in potassium or phosphate in the blood may occur due to damage to kidney tubule cells.

The following side effects are **rare** (may affect up to 1 in 1,000 people):

- pain in the tummy (abdomen) caused by inflammation of the liver,
- swelling of the face, lips, tongue or throat.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via **the national reporting system listed**

in [Appendix V](#). By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Tenofovir disoproxil Zentiva

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the bottle and carton after EXP. The expiry date refers to the last day of that month.

Use within 60 days after first opening. Do not store above 30 °C. Store in the original package in order to protect from moisture.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Tenofovir disoproxil Zentiva contains

- The active substance is tenofovir. Each tablet contains tenofovir disoproxil phosphate (equivalent to 245 mg of tenofovir disoproxil).
- The other ingredients are:
- Tablet core: lactose monohydrate, microcrystalline cellulose, croscarmellose sodium, povidone, magnesium stearate.
Film-coating: lactose monohydrate, hypromellose, titanium dioxide, triacetin, indigo carmine aluminum lake.

What Tenofovir disoproxil Zentiva looks like and contents of the pack

Tenofovir disoproxil Zentiva 245 mg film-coated tablets are oblong-shaped, light blue colored film-coated tablets with dimensions approx. 17.2 x 8.2 mm.

The following pack sizes are available:

Outer cartons containing 1 bottle of 30 film-coated tablets and 3 bottles of 30 film-coated tablets.

Not all pack sizes may be marketed.

Open bottles by pressing the child proof cap down and turning it counter-clock wise.

Each bottle contains a silica gel desiccant that must be kept in the bottle to help protect your tablets. The silica gel desiccant is contained in a separate container and should not be swallowed.

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Manufacturer

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or

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For any information about this medicine, please contact the local representative of the Marketing Authorisation Holder:

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Detailed information on this medicine is available on the European Medicines Agency web site:
<http://www.ema.europa.eu>.