

**Annex I**

**Scientific conclusions and grounds for the variation to the terms of the Marketing Authorisation(s)**

## **Scientific conclusions**

Taking into account the PRAC Assessment Report on the PSUR(s) for ethinylestradiol / levonorgestrel, the scientific conclusions are as follows:

Clinically relevant elevations of liver enzymes have been observed in a phase 1 study with healthy volunteers and the use of ethinylestradiol is contraindicated according to the product information for glecaprevir/pibrentasvir (Maviret). It is further noted that ethinylestradiol-containing regimens were prohibited medications in the Phase 2 and 3 clinical trials of Maviret, due to the concerns of ALT elevations. No further clinical data are therefore expected with this combination, and a potential increased risk of clinically significant ALT elevations or even hepatotoxicity in female patients receiving ethinylestradiol-based oral contraception can therefore not be ruled out in real life setting. An update of the product information is therefore considered warranted.

The product information should be updated to include all hepatitis C virus antivirals with a contraindication regarding the concomitant use of ethinylestradiol.

All MAHs are requested to update their product information section 4.3., 4.4 and 4.5, as well as package leaflet section 2 and 4.

Based on four studies investigating the impact of exogenous estrogen and the risk of developing non-hereditary angioedema, it is concluded that estrogens might induce or exacerbate angioedema not only in women with hereditary angioedema, but also in women with acquired angioedema. Therefore, it is considered appropriate to update the wording regarding angioedema. All MAHs are requested to update their product information section 4.4. and 4.8 and package leaflet section 2 and 4.

The CMDh agrees with the scientific conclusions made by the PRAC.

## **Grounds for the variation to the terms of the Marketing Authorisation(s)**

On the basis of the scientific conclusions for ethinylestradiol / levonorgestrel the CMDh is of the opinion that the benefit-risk balance of the medicinal product(s) containing ethinylestradiol / levonorgestrel is unchanged subject to the proposed changes to the product information.

The CMDh reaches the position that the marketing authorisation(s) of products in the scope of this single PSUR assessment should be varied. To the extent that additional medicinal products containing ethinylestradiol / levonorgestrel are currently authorised in the EU or are subject to future authorisation procedures in the EU, the CMDh recommends that the concerned Member States and applicant/marketing authorisation holders take due consideration of this CMDh position.

## **Annex II**

**Amendments to the product information of the nationally authorised medicinal product(s)**

**Amendments to be included in the relevant sections of the Product Information** (new text underlined and in bold, deleted text ~~strike through~~)

### Summary of Product Characteristics

- Section 4.3

A contraindication should be added/revised as follows:

<trade name> is contraindicated for concomitant use with ~~the~~ medicinal products containing ombitasvir/paritaprevir/ritonavir, ~~and~~ dasabuvir, glecaprevir/pibrentasvir and sofosbuvir/velpatasvir/voxilaprevir (see sections 4.4 and section 4.5).

- Section 4.4

A warning should be added/revised as follows:

ALT elevations

During clinical trials with patients treated for hepatitis C virus infections (HCV) with the medicinal products containing ombitasvir/paritaprevir/ritonavir and dasabuvir with or without ribavirin, transaminase (ALT) elevations higher than 5 times the upper limit of normal (ULN) occurred significantly more frequent in women using ethinylestradiol-containing medications such as combined hormonal contraceptives (CHCs). ALT elevations have also been observed with HCV anti-viral medicinal products containing glecaprevir/pibrentasvir and sofosbuvir/velpatasvir/voxilaprevir (see sections 4.3 and 4.5).

A warning should be added/revised as follows:

Exogenous estrogens may induce or exacerbate symptoms of hereditary and acquired angioedema.

- Section 4.5

The text should be added/revised as follows:

Pharmacodynamic interactions

Concomitant use with ~~the~~ medicinal products containing ombitasvir/paritaprevir/ritonavir, dasabuvir with or without ribavirin, glecaprevir/pibrentasvir and sofosbuvir/velpatasvir/voxilaprevir, may increase the risk of ALT elevations (see sections 4.3 and 4.4).

Therefore, <trade name>-users must switch to an alternative method of contraception (e.g., progestagen-only contraception or non-hormonal methods) prior to starting therapy with ~~this combination~~ these drug regimens. <trade name> can be restarted 2 weeks following completion of treatment with ~~these~~ this ~~combination~~ drug regimens.

- Section 4.8

The text should be added/revised as follows:

Text under the tabulated list of adverse reactions:

**Exogenous estrogens may induce or exacerbate symptoms of hereditary and acquired angioedema.**

## Package Leaflet

### 2. What you need to know before you use [brand name]

**Do not <take> <use> X<:>**

Do not use <trade name> if you have hepatitis C and are taking the medicinal products containing ombitasvir/paritaprevir/ritonavir, dasabuvir, **glecaprevir/pibrentasvir** and **sofosbuvir/velpatasvir/voxilaprevir** (see also in section Other medicines and <trade name>).

**Tell your doctor if any of the following conditions apply to you.**

If the condition develops or gets worse while you use [brand name], you should also tell your doctor.

- **If you experience symptoms of angioedema such as swollen face, tongue and/or throat and/or difficulty swallowing or hives potentially with difficulty breathing contact a doctor immediately. Products containing estrogens may cause or worsen the symptoms of hereditary and acquired angioedema.**

### Other medicines and [trade name]

**<Tell your <doctor> <or> <pharmacist> if you are <taking> <using>, have recently <taken> <used> or might <take> <use> any other medicines.>**

Do not use <trade name> if you have Hepatitis C and are taking the medicinal products containing ombitasvir/paritaprevir/ritonavir, dasabuvir, **glecaprevir/pibrentasvir** and **sofosbuvir/velpatasvir/voxilaprevir**, as this **these products** may cause increases in liver function blood test results (increase in ALT liver enzyme).

Your doctor will prescribe another type of contraceptive prior to start of the treatment with these medicinal products.

<trade name> can be restarted approximately 2 weeks after completion of this treatment. See section “Do not use <trade name>”.

### 4. Possible side effects

#### Serious side effects

**Contact a doctor immediately if you experience any of the following symptoms of angioedema: swollen face, tongue and/or throat and/or difficulty swallowing or hives potentially with difficulty breathing (see also section “Warnings and precautions”).**

### **Annex III**

#### **Timetable for the implementation of this position**

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Adoption of CMDh position:	December 2019 CMDh meeting
Transmission to National Competent Authorities of the translations of the annexes to the position:	26 January 2020
Implementation of the position by the Member States (submission of the variation by the Marketing Authorisation Holder):	26 March 2020