

1. SCIENTIFIC DISCUSSION

1.1 Introduction

Problem statement

Severe myoclonic epilepsy in infancy (SMEI, Dravet's Syndrome) is a recently defined condition first described in 1978 by Dr C. Dravet (Dravet, 1978; Dravet et al, 1982, 1985). The condition has recently been designated as Dravet's syndrome in the last Classification of Epilepsy syndromes by the International League against Epilepsy (ILAE). It is characterised by family history of epilepsy or febrile convulsions, with generalised or unilateral seizures beginning during first year of life, with secondary development of myoclonic jerks and partial seizures. Psychomotor development is retarded from the second year of life onwards, including development of ataxia, pyramidal signs and interictal myoclonus. Experience with this form of epilepsy shows it to be very resistant to most forms of currently available treatment.

The prognosis of SMEI is therefore very unfavourable for cognitive development and epilepsy. The average development quotient of most affected subjects varies between 20-40 after ~5 years of age (limited data). The mechanisms of the protracted impact on cognitive function in SMEI are still unknown. Several factors are suspected which could each partly contribute to the secondary appearance of mental retardation in SMEI children:

a) one of these factors could be the genetic mutation identified in about one third of the patients in the SCN1A gene, that codes for a protein of sodium channel (Nabbout et al, 2003). Nevertheless, the majority of patients with SMEI do not exhibit any mutation in SCN1A and on the other hand, some healthy relatives may carry the mutation.

b) another factor of cognitive aggravation is likely the high risk of prolonged seizures resulting in status epilepticus (Dravet et al, 1992): in the Marseille's neuropsychological series, the age of onset of deterioration and its magnitude was related to the frequency and the duration of seizures (Casse-Perrot et al, 2001). There is therefore a cognitive challenge to try to reduce seizure frequency in SMEI patients.

Among childhood epilepsies, severe myoclonic epilepsy in infants (SMEI) is one of the most deleterious epilepsy syndromes reported in the syndromic classification of the International League Against Epilepsy. The stereotyped clinical characteristics and the absence of any cerebral lesion make SMEI a nosologically and aetiologically homogeneous syndrome. Seizures appear during the first year of life and never come under complete control with conventional antiepileptic drugs. All children develop mental retardation in the second year of life, although development is normal before that time. These patients may be worsened by vigabatrin and lamotrigine.

About the product

Stiripentol was designated (5 December 2001) as an orphan drug for its use in severe myoclonic epilepsy in infants (SMEI).

Stiripentol belongs to a family of α -ethylene alcohols with activity in the central nervous system.

The chemical formula for Stiripentol is 4,4-dimethyl-1-[3,4-(methylenedioxy)-phenyl]-1-penten-3-ol.

It is a chiral molecule centralised around one asymmetric carbon atom C3. Both enantiomers are active, the R (+) enantiomer being ~2.5 times more active than the S (-) enantiomer based on animal studies. The drug substance is an equimolar racemate, which has been used in all studies in man.

The anticonvulsant activity of Stiripentol is not known, but it is supposed that it could be due partly by direct anticonvulsant activity related to effects on GABA and also by potentiation of the efficacy of some other antiepileptics as the result of pharmacokinetic or pharmacodynamic interactions. In particular: a) stiripentol does not act as a GABA receptor agonist but instead it inhibits the synaptosomal uptake of radiolabelled GABA; b) the effect of stiripentol is based on an inhibition of cytochrome P-450 isoenzymes involved in the hepatic catabolism of other antiepileptic drugs (inhibition by stiripentol of several isoenzymes, in particular 3A4, 1A2 and 2C19).

The development programme/Compliance with CHMP Guidance /Scientific Advice

The product was first identified by BIOCODEx, in 1978 with early clinical development starting in 1980s. Stiripentol has been used in clinical trials in other forms of epilepsy such as Lennox-Gastaut syndrome, and in preliminary studies that included all forms of epileptic syndromes. Amongst all these types of epilepsy, subjects with SMEI appeared to have the best response in open studies. Preliminary (uncontrolled) studies showed the potential utility of this agent in combination with other anti-epileptic agents (AEDs). Subsequent studies demonstrated efficacy in those less than 20 years of age and specifically in Lennox-Gastaut syndrome in combination with carbamazepine. The supportive data also includes a compassionate use study and post marketing data resulting from temporary authorisation in France for continued compassionate use in approximately 200 patients.

According to the applicant ethical guidelines prevalent at the time of conduct of studies have been followed as ICH/GCP guidance came into force after initial development of the product had taken place.

No formal CHMP scientific advice was sought or provided during the development of this product.

1.2 Quality aspects

Introduction

Stiripentol is one of a family of novel α -ethylene alcohols with activity in the central nervous system and was granted orphan drug status in 2001 for the treatment of severe myoclonic epilepsy in infancy. It is chemically unrelated to all currently marketed antiepileptic drugs. Diacomit is presented in two pharmaceutical dosage forms - capsules and powder for oral suspension (in unit dose sachets) each containing 250mg and 500mg of stiripentol as active ingredient.

The capsules are gelatine-based and are packaged in polypropylene bottles with polyethylene closures with a tamper-proof tear band. The powder is packaged in paper/Al/PE sachets.

The excipients for each presentation and the pack sizes are as defined in the SPC.

Drug Substance (to be changed in the EPAR to “Active Substance”)

Stiripentol INN has an asymmetric carbon atom at the 3 position and hence has 2 enantiomers, but is produced as the racemate. It is a white to pale yellow crystalline powder, practically insoluble in water at 25°C. The log octanol/water partition-coefficient is 2.94. Stiripentol has not been observed to exhibit polymorphism.

- **Manufacture**

Stiripentol is synthesised in a simple two-stage process beginning with an aldol condensation and subsequent reduction of the resulting ketone. This condensation step is reported in literature to largely yield the trans isomer, whilst the reduction of the ketone to stiripentol is non-selective and yields the racemate. Confirmation that the trans isomer is initially formed has been provided by spectroscopic evidence. Very low levels of the cis-isomer have been detected in 10 batches. Satisfactory spectroscopic evidence has been provided to confirm the structure of the active substance which is routinely produced according to the defined synthetic process. The absence of polymorphism has been satisfactorily addressed by means of X-ray powder diffraction and DTA studies.

No formal process validation data are provided. It is argued that this is a two-step process manufactured with commercially available raw materials and batch data from 10 commercial batches demonstrate consistency of the process to produce product with desired specifications. This is accepted.

The organic impurities arising from synthesis and degradation and residual solvents have been investigated, and in general, impurities have been qualified with reference to relevant toxicological studies.

- Specification

Satisfactory descriptions are provided for analytical methods. Most are standard pharmacopoeia procedures. In-house methods are described for identification (HPLC, IR and colour reaction), related substances (HPLC), residual solvents (GC) and assay (HPLC).

Because of the low aqueous solubility, particle size is controlled by a laser light scattering method.

Batch analytical results for 10 pilot/production scale batches manufactured at the proposed manufacturing site have been provided. These data confirm compliance with the proposed specification. None of the named impurities in the impurity studies have been detected in batches so far.

- Stability of the Active Substance

Forced degradation studies show that stiripentol in the solid state is stable to high temperatures and light, and in solution it is stable to basic and oxidising conditions. Stiripentol as an aqueous suspension at pH 5 is stable at high temperatures. Stiripentol is also stable in a range of solvents (cyclohexane, toluene, methanol and ethanol) heated to reflux. However under acidic conditions, instability is noted.

Formal stability studies have been performed on production scale batches. Results for up to 24 months under long-term conditions (25°C/60% RH) and 12 months at accelerated conditions (40°C/75% RH) have been provided. Parameters monitored are appearance, identification (HPLC, IR), appearance of solution, loss on drying, degradation impurities and assay. The analytical methods are stability-indicating and are the same as those used for routine quality control.

Medicinal Products

1. Capsules

- Pharmaceutical Development

Studies have naturally focussed on the solid-state properties of the active substance, e.g. particle size control and polymorphism. Solid state active-excipient compatibility studies with a range of excipients under elevated temperatures has been investigated and no evidence of incompatibility was noted with the excipients finally selected. Starch and PVP were tested as binders and PVP selected as it yielded granules with good flow with minimal variation in density. Sodium starch glycolate is added as disintegrant and is incorporated intra- (1%) and extra-granularly (0.5%). Magnesium stearate added extra-granularly is used as lubricant at a level of 0.5%. Excipients used are standard pharmacopoeial ingredients for solid-dose preparations.

Stiripentol is practically insoluble in water, but is well absorbed following oral administration. Thus since the particle size is controlled, the rate determining step is likely to be dissolution. Originally a hydroalcoholic dissolution medium was developed for routine quality control although this was replaced with an aqueous sodium laurilsulphate solution which gives better discriminatory power between batches with different active substance particle sizes.

- Adventitious Agents

Magnesium stearate used is of vegetable origin, and EDQM Certificates of Suitability have been supplied for the gelatine used in the capsule shells.

- Manufacture of the Product

The manufacturing process is relatively straightforward and involves standard pharmaceutical unit operations: mixing, granulation, tray oven drying, screening, extra-granular blending and encapsulation before final packaging. The process and equipment have been adequately described. In-process controls are satisfactory for the processes described.

- Product Specification

The specification is relevant for a product of this type and includes validated tests for identity of active substance, assay (HPLC), uniformity of mass (Ph. Eur.), disintegration time, dissolution in an aqueous medium containing sodium laurilsulphate, and impurities (HPLC). Batch analytical profiles of three batches of each strength are provided and show satisfactory uniformity and compliance with the agreed specification, indicating that the process is under control.

- Stability of the Product

Stability Data are presented for up to 36 months at 25°C and 12 months at 40°C. Apart from one batch of the 500mg capsules that showed a reduction in disintegration time, no trends or significant changes in appearance, disintegration time, mean dissolution at 60 minutes, assay, named and unknown impurities are noted with all other batches. In the absence of a formal photostability study to confirm photostability of the finished product, a requirement to store in the original package/outer container is considered appropriate.

In total, the stability results generated so far support the shelf life and storage conditions as defined in the SPC.

2. Powder for Oral Suspension

- Pharmaceutical Development

The same granule formulation (i.e. active, PVP and portion of sodium starch glycolate) used for the capsule formulation has been chosen for development with additional excipients added to the external phase to obtain the final powder blend. The functions of added excipients are well-known and standard. Carmellose sodium and hydroxyethylcellulose, as viscosity modifying agents to ensure dispersion in a glass of water, dehydrated glucose syrup as diluent and aspartame as sweetener. Flavours and colour have been added to improve taste, appearance and to improve compliance.

The powder for oral suspension has been developed as an alternative to the capsule formulation, and therefore attention has focussed on demonstration of bioequivalence and interchangeability.

- Manufacture of the Product

The manufacture of the powder for oral suspension also follows standard pharmaceutical processes involving mixing, granulation, tray oven drying, screening/milling, extra granular blending, sachet filling and sealing before final packaging. In-process controls for the granule manufacture are basically the same as those for the capsules and these are satisfactory for the processes described.

- Product Specification

The specification is relevant for a product of this type and includes validated tests for identity of active substance, assay (HPLC), uniformity of mass of sachet contents (Ph. Eur.), and impurities (HPLC). In addition a test for dissolution has been added, considering the low solubility of the active substance. Batch analytical profiles of three batches of each strength are provided and show satisfactory uniformity and compliance with the agreed specification, indicating that the process is under control.

- Stability of the Product

Stability studies have been performed on two batches of the 250mg sachet and two batches of the 500mg packaged in the intended commercial packaging. The studies were carried out under conditions in accordance with ICH recommendations; at 25°C/60%RH for long-term testing and 40°C/75%RH for accelerated testing. Samples were tested for appearance, assay, impurities, dissolution and microbiological quality.

Stability results up to 48 months at 25°C and 12 months at 40°C are submitted. No trends or significant changes in appearance, assay, or impurities are noted on storage under real time or accelerated storage conditions. Microbial content is low and no changes are noted on storage.

The results generated so far support the shelf life and storage conditions as defined in the SPC.

Discussion on chemical, pharmaceutical and biological aspects

The synthesis and control of the active substance has been described in a satisfactory manner and the stability has been demonstrated. Concerning the two pharmaceutical forms, these are standard and the development, manufacture, and control of the formulations has been carried out in a satisfactory way, bearing in mind the low aqueous solubility of the active substance. Stability results allow suitable storage conditions and a realistic shelf life.

In all, the batch results generated so far indicate that the products are under good control with low batch variability, and should perform in a consistent manner in the clinic.

1.3 Non-clinical aspects

Introduction

Most of the non-clinical studies were conducted according to GLP guidelines. Those conducted before the start of GLP requirements (mainly embryo-foetal studies) were considered of adequate standard.

Pharmacology

- Primary pharmacodynamics

In vitro studies

According to the *in vitro* receptor binding study by Poisson et al, 1984 (published study), stiripentol did not show any affinity for GABA A or B, glycinergic or benzodiazepine receptors up to the μ molar range. In the same study, stiripentol was found to reduce synaptosomal GABA uptake (IC_{50} 5×10^{-5}) and to slightly increase (+22%) brain concentrations of GABA after “*in vivo*” administration (300 mg/kg i.p.).

In this respect, the R(+) enantiomer is thought to be the more active by a factor of about 2.

A recent publication (Quilichini et al 2006) reports effects of stiripentol on isolated GABA transmission in postnatal rat hippocampal neurons. Experiments were performed on hippocampal slices taken from Wistar rats between postnatal days 7 and 8. In this model, stiripentol markedly enhances GABA release and prolongs GABA_A receptor-mediated currents. Stiripentol increases the mean open duration of GABA_A receptor-dependent chloride channels by a barbiturate-like mechanism.

In Vivo Studies

Since no specific experimental models of SMEI exist, the models of generalized seizures used can be considered acceptable.

In a wide variety of *in vivo* models using mice, rats and primates stiripentol itself consistently showed anticonvulsant activity but with variability between models.

From the few studies in which the anticonvulsant activity of oral stiripentol was examined (in most cases the drug was administered i.p.), an ED_{50} of 300-800 mg/kg in mice and around 400 mg/kg in rats can be extrapolated.

Although stiripentol has been shown to inhibit slightly the uptake of glycine and GABA by synaptosomes this is thought to be only a minor component - if a component at all - of its antiepileptic activity in clinical use. The mechanism of the anticonvulsant effects of stiripentol remains unclear.

Interactions with other anticonvulsant drugs

The main component of the activity of stiripentol is considered to be the inhibitory effect on CYP450 enzymes which in combination therapy leads to reduced metabolism of other anticonvulsant drugs.

The ability of stiripentol to potentiate the activity of other anticonvulsants was evaluated. In the model of PTZ-induced seizures in mice, stiripentol (100-200 mg/kg i.p.) increased the anticonvulsant effects of low to moderate doses of valproate, diazepam, valproate + diazepam, valproate + phenobarbital. Some potentiation of the effects of phenytoin was observed in the model of electroshock in rats. The effects of carbamazepine were very slightly increased. No statistical analysis was performed.

Therefore, the proof of efficacy (through pharmacodynamic interactions) of stiripentol in combination with anticonvulsant drugs should be derived from the clinical data.

- Secondary pharmacodynamics and Safety pharmacology

Nervous system. The effects of stiripentol on the CNS were mainly the occurrence of sedation and ataxia in the same doses range as for the anticonvulsant effects. Stiripentol also markedly enhanced the central depressant effect of chlorpromazine, possibly based on its own central depressant effect rather than metabolic interaction.

At doses of 200 mg/kg i.p. or 150-200 mg/kg p.o., stiripentol reduces reserpine-induced palpebral ptosis. Such an effect was evident up to 3 hours after i.p. injection of stiripentol. Stiripentol 200 mg/kg i.p. did not potentiate amphetamine-induced stereotypies.

The possible anxiolytic effects of stiripentol were evaluated in the four-plate test in rats. Although stiripentol increased animals' activity at the dose of 50 mg/kg i.p. (an index of anxiolytic activity), the drug reduced the effects of diazepam in the same model.

Ethanol-induced narcosis was potentiated by both single and repeated (over 5 days) administration of 200-400 mg/kg i.p. stiripentol. The compound was however less potent than diazepam in this test. Narcosis induced by benzodiazepines was potentiated as well by stiripentol 100 and 200 mg/kg i.p. The analgesic properties of stiripentol have not been demonstrated given the lack of a control group in the hot plate test and the absence of statistical analysis in studies on the potentiation of the analgesic effects of codeine and glafenine.

At doses of 250-1000 mg/kg p.o. in mice, stiripentol reduced and increased basal motor activity if administered 30 min-2 hours and 3-4 hours before the test. A dose-dependent depression of locomotor activity was observed in the open field test at doses of 50-200 mg/kg i.p. At 200 mg/kg i.p., a reduction in aggressiveness in mice was found. Up to the dose of 200 mg/kg, the drug did not influence the acquisition of a conditioned reflex or muscle tone in mice. In the rota-rod test, stiripentol was dose-dependently active at doses of 200-600 mg/kg i.p.

Hypothermia was induced in mice at 200 mg/kg i.p.

Cardiovascular effects. In rats, stiripentol 100 mg/kg i.p. did not affect capillary permeability or resistance. Administered at doses of 2.5, 5 and 10 mg/kg i.v. in dogs, reduced blood pressure and heart rate and increased vertebral artery flow and brain oxygen consumption.

Furthermore, no treatment-related electrocardiographic changes were observed in the repeat-dose toxicity studies up to 6 month in monkeys.

At the request of the CHMP, the applicant explained further the potential for cardiovascular effects. In the literature (Danielsson and al, 1998, 2003,2005), cardiovascular effects (and birth defects) due to activity on hERG channels are described for cation-channel active AEDs such as lamotrigine, phenytoin, phenobarbital and carbamazepine, but not for AEDs non-active on cation-channels such as gabapentin or valproic acid. Therefore, due to its mechanism of action, stiripentol, would not be expected to have such effects on the cardiovascular system. This is supported by the absence of cardio-vascular findings in the clinical trials.

Blood. Administered at doses of 100 mg/kg i.p., stiripentol did not affect clotting time in rabbits or bleeding time in guinea pigs.

Gastrointestinal tract. At doses of 200 mg/kg i.p. or 400 mg/kg p.o., stiripentol did not influence intestinal transit or faeces production in mice. No ulcerogenic effect was seen in rats given 2000 mg/kg p.o...

Urine and bile output. Stiripentol did not influence urine output up to 200 mg/kg i.p. or 750 mg/kg p.o. in rats. In the same species, bile output was not influenced by the intraduodenal administration of 100 mg/kg.

Endocrine system: no effects were observed at 200 mg/kg p.o.

Overall, there were no findings of potential clinical concern in the secondary pharmacodynamics and safety pharmacology programmes.

- Pharmacodynamic drug interactions

The influence of stiripentol on the blood levels and/or on the effects of several other drugs was studied.

Lidocaine, but not lithium levels were increased. Stiripentol did not influence the latency or the magnitude of the hypnogenic effects of halotane, nor the toxicity induced by digitoxin or imipramine. Stiripentol did not potentiate dihydroergatamine-induced acute toxicity, on the contrary, it reduced its toxicity.

The effects of acenocoumarol and phenindione on prothrombin levels were potentiated by stiripentol. The hypoglycemic effects of glibenclamide were also potentiated. Salbutamol-induced tachycardia was slightly potentiated. Stiripentol enhanced the myorelaxation induced by diazepam. Conversely there was no interaction with ethynylloestradiol, atenolol or labetalol.

Pharmacokinetics

The pharmacokinetics of stiripentol were determined by analysis of radioactivity after administration of ¹⁴C and ³H radiolabelled stiripentol, and by HPLC when unlabelled stiripentol was administered. Proton magnetic resonance (¹H-NMR) and HPLC were employed to identify and determine the enantiomers of stiripentol.

Absorption

Following oral administration of the racemate, absorption in the monkey (21%) was less than that in the rat (60-70%). In the latter species the mechanisms underlying absorption from the GI tract included stereoselective processes that lead to an enrichment of the less active S(-) enantiomer in plasma.

The relationship between plasma levels and anticonvulsant effects of stiripentol was studied in rats. Stiripentol was administered i.v. (20 mg/kg) or p.o. (300, 600, 800 mg/kg), and then the animals were treated with PTZ (70 mg/kg s.c.) at different time points (up to 2 or 24 hours after i.v. and p.o. stiripentol, respectively). No formal calculation of the main pharmacokinetic parameters (C_{max}, T_{max}, AUC and t_{1/2}) was done. After i.v. injection, the highest levels of stiripentol (25 µg/ml) were reached after 10 min, followed by a progressive decrease and then by a plateau at 4-6 hours. After oral administration, maximum plasma levels were not clearly dose-dependent: 34, 81 and 71 µg/ml following doses of 300, 600 and 800 mg/kg, respectively. At all doses, the maximal levels were reached around 8 hours after the administration. Measurable levels (around 25 µg/ml) were still present 24 hours after the administration of 600 and 800, but not 300 mg/kg.

Distribution

Distribution studies are limited to the rat, both pregnant and non-pregnant. Following oral administration, the highest concentrations were found in liver, adrenal gland and mammary gland. The brain concentrations were lower than those in blood in both animal groups. Measurable concentrations were found in fetuses, although they were approximately 2.7 folds lower than those in blood.

Metabolism

Zhang et al, 1990 showed that stiripentol (200 mg/kg p.o.) undergoes extensive metabolism to a series of products which are excreted by urine. In this regard, the metabolic fate of stiripentol in rats is similar to that in humans, since all the 13 urinary metabolites found in humans in previous studies are also present in rat urine.

The metabolism of stiripentol involves five metabolic pathways, (1) conjugation with glucuronic acid, (2) oxidative cleavage of the methylenedioxy ring, (3) O-methylation of catechol metabolites, (4) hydroxylation of the t-butyl group, and (5) conversion of the allylic alcohol side-chain to the isomeric 3-pentanone structure. Oxidative cleavage of the methylenedioxy ring generating catechol derivatives represented the major quantitative route of biotransformation in rats and humans. In contrast to humans, however, rats excreted a very little amount of the glucuronide conjugate, while displaying a greater ability to metabolise stiripentol by oxidative routes.

Studies on the P450-inhibitory profile of stiripentol.

The effects of stiripentol on different enzymatic activities have been studied in hepatic microsomes obtained from animals (rats and mice of both sexes) treated in vivo with three different doses of the drug. Many enzymatic activities were induced by stiripentol at the highest dose (800 and 600 mg/kg in rats and mice, respectively), and, to a lesser extent, by the intermediate doses (220 and 200 mg/kg). The main effect concerned EROD activity, while phenacetin de-ethylase (another activity characterizing the CYP 1A2) was induced to a lesser extent. Some enzymes (such as those relevant to CYP 2C and CYP 2D6) were significantly inhibited. Important sex and species differences were observed. In general, the induction of enzymatic activities was weaker with respect to that of the reference compounds (phenobarbital and α -naphthoflavone).

Mesnil et al, 1988 determined the effects of stiripentol on rat brain cytochrome P-450-mediated naphthalene hydroxylation *in vitro*. A concentration-dependent inhibition of the hydroxylation reaction was observed (IC₅₀: 1.21 μ M). In an *ex-vivo* study, rats were administered with stiripentol 100 mg/kg i.p. and then sacrificed at different time points to measure the inhibition of naphthalene hydroxylation in microsomal fractions of brain homogenates. The highest inhibition (71%) was observed 2 hours after dosing.

Stiripentol both inhibits (rat brain cytochrome P450-mediated naphthalene hydroxylase inhibition) and induces (CYP1A2, 3A, 2C) enzyme activity.

Excretion

Tang et al, 1994 examined the faecal excretion of the stiripentol enantiomers after oral administration to rats. When the racemate was administered, approximately one third of the administered dose was found in faeces suggesting incomplete absorption. Faecal excretion was 14% and 4% of the total dose after administration of the S (-) and R(+) enantiomers, respectively. Irrespective of the enantiomer administered, faecal stiripentol consisted almost exclusively of the R(+) enantiomer. Stereoselective absorption and/or conversion within the gastrointestinal tract were proposed as possible mechanisms for this phenomenon.

Lin and Levy, 1983, showed that, in monkeys treated with different i.v. (40-120 mg/kg), oral (80 mg/kg) or i.p. (80 and 120 mg/kg) doses of stiripentol, the percentage of the dose excreted as glucuronide in urine was between 32.2 and 40.5 irrespective of the route of administration. More than 70% of the total dose was excreted in urine within 2 hours, 80% within 4 hours and 93% within 8 hours. The fraction of dose excreted unchanged in urine ranged between 0 and 3%.

The ability of stiripentol to pass into the milk was examined in lactating goats. Following a single or repeated doses (200 mg/kg p.o. over 7 days), stiripentol passed rapidly into the milk. A steady state was reached after the second administration and the milk/plasma ratio was around 1.

Toxicology

- Single dose toxicity

Stiripentol exhibited low acute toxicity as indicated in the table below:

Species	Route of administration	LD50 (mg/kg)
mouse	oral	3000-5000
mouse	iv	72-78
mouse	ip	ca.1500

rat	oral	>3000
rat	ip	1000-1500

The main findings were clinical signs consistent with effects on the CNS (agitation/sedation, hypothermia, convulsions, respiratory depression).

- Repeat-dose toxicity (with toxicokinetics)

Repeated-dose oral toxicity studies were conducted in mouse, rat and Cynomolgus monkey.

Mice were dosed for 13 weeks with 0, 60 and 800 mg/kg/day.

In the rat, two 6 month oral studies were conducted: the first, non-GLP, in the Wistar rat at doses of 0, 30, 60, 300 mg/kg/day and the second in the SD rat at doses of 0, 80, 220 and 800 mg/kg/day.

In monkeys, a 4-week study (from 100 to 900 mg/kg/day) and a 26-week study (100 to 600 mg/kg/day) were conducted.

The liver was a target organ in all three species. Increased liver weight with hepatocellular hypertrophy was a common finding at mid and high doses with reduced ALP and ALAT activities. These findings were interpreted as the consequence of an adaptive response to an increased “metabolic load” as evidenced by significant liver microsomal enzyme induction at doses > 200 mg/kg/day in rodents (Guyomard and Chesné, 1994).

The kidney was also a target organ in rats and monkeys with signs of tubular nephrosis at high doses. However, the clinical relevance of these findings is considered to be unlikely.

The NOEL (no observed effect level) was defined as 80mg/kg in rats and 100 mg/kg in monkeys corresponding to a C_{max} of 5-10 µg/ml in plasma.

- Genotoxicity

A complete programme comprising bacterial and mammalian cell mutation tests (Ames, V79) clastogenicity tests (chromosome aberration in CHO cells and human lymphocytes), *in vitro* UDS assay in rodents hepatocytes and an *in vivo* mouse micronucleus test an were conducted.

Stiripentol was clastogenic at cytotoxic concentrations only (CHO cells). All the other tests were negative although the Ames test was limited in terms of strains and species used (*E. coli* and *Salmonella* TA 102 not included). Overall, there was no evidence of genotoxicity.

- Carcinogenicity

Carcinogenicity studies were conducted in mice (78 weeks) and rats (102 weeks).

In the **mouse** study there was an increase in the incidence of hepatocellular adenomas and carcinomas secondary to hepatocellular hypertrophy in the mid- and high-dose groups as shown below:

Parameter	Control 1*		60 mg/kg/day		200 mg/kg/day		600 mg/kg/day	
	Male	Female	Male	Female	Male	Female	Male	Female
Animals/group	50	50	50	50	50	50	50	50
Body weight gain W -2 to W 78 (% relative to control)	-	-	-5.3	0	0	-11.6	-15.8	-17.5
Survival at 78 w (%)	88	72	70	86	84	76	68	76
Animals with neoplastic liver lesions (no/group)	2	1	6	1	6	5	11	18
¹ Hepatocellular adenoma (no/group)	4/50	0	4/49	0	11/50	3/50	9/50	6/50
² Hepatocellular carcinoma (no/group)	1/50	1/49	1/49	0	6/50	0	6/50	15/50
C _{max} at 78 w (µg/mL)	ND	ND	19.6	14.3	31.9	40.4	41.1	59.6
³ Exposure margin	-	-	1.2	0.9	1.9	2.4	2.5	3.6

¹and ²: P<0.005 vs. control (Peto trend test, one-tailed). ³: Exposure margin was calculated with respect to an estimated adult human exposure of 16.5 µg/ml after 50 mg/kg.

The applicant pointed out that the liver tumours arise as the result of an epigenetic mechanism and such findings have been well-documented following the administration of enzyme inducers such as stiripentol to mice.

Further rationalisation is supported by published data suggesting that hepatocellular neoplasia in mice associated with metabolic activation/phenobarbitol-like promotion is of limited significance with regard to human safety. Among them, a statement in the ICH Guideline S1B: *'the high susceptibility of mouse liver to nongenotoxic chemicals has been the subject of many symposia and workshops. These have concluded that these tumours may not always have relevance to carcinogenic risk to humans and can potentially be misleading'*

In the rat carcinogenicity, there were also adverse hepatic effects (centrilobular hepatocellular hypertrophy) but no evidence of increased frequency of tumour formation in the liver or in any other organ.

Notwithstanding the above explanations of the adverse findings in the mouse study, the lack of any exposure margin at the NOEL remained a concern for CHMP since extrapolation to man on this basis would lead to an ineffective clinical dose. At the request of the CHMP, the applicant further addressed in more details the mouse oncogenicity results. The CHMP concluded that, considering the relatively weak oncogenic potential and the known mechanism, together with the proposed indication, the risk:benefit would be acceptable with a suitable statement in the SPC.

- **Reproduction Toxicity**

Reproductive and developmental toxicity has been assessed in rats, mice and rabbits.

In the fertility and early embryonic development, apart from non-specific signs such as delayed ossification and increased pup mortality at the high dose (800mg/kg), there was no indication of adverse effects on fertility, embryo-fetal development and post-natal development.

In embryo-fetal development studies in mice, the increased incidence of cleft palate observed in one study at 200 and 300 mg/kg/day, was not confirmed in further studies in mice (5 in total). There was also no evidence of teratogenicity in a rabbit study.

Although the initial positive study is probably of no relevance to the infant patient population, this finding is mentioned in the SPC.

Finally, in the second of two pre- and post-natal studies in the rat, there was increased mortality in both dams and pups. There was no evidence of teratogenicity in the first study in which dams were dosed during the entire period of organogenesis.

This effect on pup viability is not an unusual finding with CNS-active agents. This is not considered to be relevant to the infant patient population.

- **Toxicokinetic data**

Limited toxicokinetic data are available from a few studies consisting in values for C_{max} only (usually 1-2 hours post-dosing) and not AUC. In general, safety margins compared to humans (concentration of 16.5 µg/ml after 50 mg/kg) are low or non-existent (1 to 3.5x).

- **Other toxicity studies**

There was no evidence of immunotoxicity in the repeated-dose toxicity studies.

A single dose study with impurities did not induce any signs of toxicity or mortality.

Ecotoxicity/environmental risk assessment

The calculation of the PEC_{surface water} resulted in a value below the trigger value of 0.01 µg/l defined in the CHMP guideline (CHMP/SWP/4447/00). The calculation was based on a refined F_{pen} of

0.00034% considering the market penetration as a third of the incidence of the disease (0.1/10000). The daily dose of 2g/patient was assumed.

The product having a low Log Kow, does not have potential bioaccumulative properties. Furthermore the extensive metabolism into readily biodegradable catechol or similar metabolites further reduces the potential risks to the environment.

It was therefore concluded that the use of stiripentol in SMEI patients does not represent a risk for the environment and do not require specific labelling for the environment.

Discussion on the non-clinical aspects

Pharmacology

In vitro and in vivo experiments demonstrated that stiripentol itself has pharmacodynamic activity consistent with a potential therapeutic effect in the proposed application. This consisted of inhibition of glycine and GABA uptake by synaptosomes. The R(+) enantiomer was more potent by a factor of two.

This however, is probably a minor component of the anticonvulsant activity of stiripentol, which is considered to result mainly from the inhibition of enzymes responsible for the metabolism of existing anti-epileptic medications.

There were no findings of clinical concern in a full programme of safety pharmacology studies.

Pharmacokinetics

The ADME profile of stiripentol has been adequately characterised.

Stereoselective processes in the GI tract lead to an enrichment of the S(-) enantiomer in plasma. Stiripentol both inhibits (rat brain cytochrome P450-mediated naphthalene hydroxylase inhibition) and induces (CYP1A2, 3A, 2C) enzyme activity.

The few toxicokinetic data indicate that safety margins with respect to adverse effects observed in toxicity studies are low or non-existent. Unfortunately, these are based on Cmax, there being no measurement of AUC. Nevertheless, there are no issues of potential clinical concern.

Toxicology

A full programme of toxicity studies has been submitted. The only finding of potential clinical concern was the formation of hepatocellular adenomas and carcinomas in the mouse carcinogenicity study. In spite of the lack of any exposure margin at the NOEL, the CHMP concluded that, considering the relatively weak oncogenic potential and the known mechanism, together with the proposed indication, the risk:benefit was acceptable with a suitable statement in the SPC.

1.4 Clinical aspects

Introduction

The development programme has lasted ~25 years and a number of clinical studies were initiated before the current ICH/GCP guidelines came into force. However, according to the applicant, the studies followed all ethical guidelines in practice at the time of conduct of the studies.

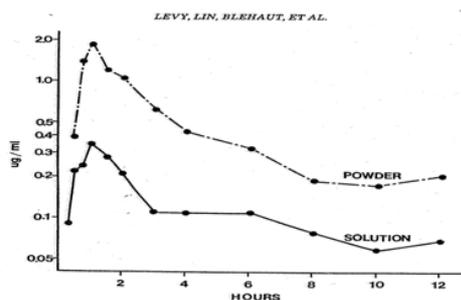
Pharmacokinetics

The majority of the kinetic studies with Stiripentol were conducted in the 1980s and these have been appended as publications (papers) or summary study reports. Detailed study analyses are not available for a large majority.

There are four main pharmacokinetic studies in healthy volunteers (Levy 1893 and 1984b, STI UNI study) conducted in the 1980s to determine the bioavailability, non-linearity and enantiomer metabolism (BC 287) included in the dossier. Other studies are either in epileptics or healthy volunteer (HV) for interaction, efficacy or safety where-in kinetics have been assessed (Levy 1984a, Levy 1985, Kerr 1991, etc).

Stiripentol has not been studied in monotherapy.

- Absorption



The bioavailability of stiripentol is variable and is apparently dependent on the formulation. The powder or granules for suspension have lower bioavailability (21±9%) relative to the capsule. It should be noted that the active agent has a significant degree of degradation in acid environment

(pH 1.0). Due to the lack of bioavailability of stiripentol between formulations (powder/granules for suspension and capsules), the applicant committed to conduct a

bioequivalence study between the capsule and the powder /sachet formulations as part of post-authorisation a specific obligation.

- Distribution and elimination

Stiripentol has a large volume of distribution and a dose disproportional clearance. A dose increase from 600 to 1200mg/d resulted in 235% rise in C_{ss} while a dose increase from 1200 to 2400mg/d was associated 397% rise. The oral clearance was 41.5±23.4 l/d/kg (600mg), 20.3±8.8l/d/kg (1200mg) and 8.5±3.8l/kg/d (2400mg) respectively. A significantly large intersubject variability was noted (300-400%). There are limited data in children regarding distribution and elimination and it is unknown whether anticonvulsants with high protein binding affinity will displace stiripentol (99% bound) from plasma proteins influencing safety and efficacy.

- Metabolism

Stiripentol is a racemate (administered in the clinical studies) with enantiomers that are interconvertible, albeit at different rates. The proportion of interconversion varies depending on the enantiomer administered. These may have a bearing on the administration of racemate as R enantiomer is more potent. However in the clinical programme, there is neither evidence that interconversion is affected by non-linearity of metabolism nor a particular enantiomer is related to adverse events or safety.

In man, stiripentol is metabolised extensively, with 13 urinary metabolites accounting for ~70% of the oral dose. There are no active metabolites identified in man.

- Dose proportionality and time dependencies

The kinetics and linearity of Stiripentol were studied in two main studies; Levy et al 1983 and STIUNI study.

Both compartmental and non-compartmental approaches were used for calculation of kinetic parameters (C_{max}, AUC, AUC_{inf}, T_{1/2}, T_{max}, and MRT). With the compartmental model, the t_{1/2} could not be determined after 500 mg dose, but with the half-life independent model, this was possible.

Table-4a: Kinetics in a two-compartment model.

	500mg (n=6)	1000mg (n=12)	2000mg (n=12)
C _{max} STP	3.1 ± 0.9	7.1 ± 1.9	13.2 ± 3.6
T _{max}	2.7 ± 1.0	2.7 ± 1.3	3.3 ± 1.0
T _{1/2} β	4.4 ± 2.1	10.1 ± 3.3	13.7 ± 6.2
AUC _{0-inf}	9.9 ± 3.4	31.1 ± 10.9	87.7 ± 27.7
Lag time	0.87 ± 0.55	0.51 ± 0.46	0.48 ± 0.33

Table -4b: Kinetics in a non-compartmental model;

	500mg	1000mg	2000mg
C _{max} STP	2.63 ± 1.18	6.63 ± 1.83	13.8 ± 4.83
T _{max}	2.342 ± 0.76	2.42 ± 1.00	2.96 ± 1.01
T _{1/2} β		7.82 ± 1.86	11.0 ± 4.18
AUC _{0-30H}	8.85 ± 3.77	32.1 ± 10.7	79.0 ± 24.2
MRT		7.67 ± 1.79	11.1 ± 2.94

It is believed that the non-linearity is predominantly due to 'Zero-order' absorption process with extensive hepatic metabolism. The exact reason for 'zero-order' absorption such as a transporter or active mechanism has not been identified. The zero-order absorption does not fully account for the dose-disproportional clearance and variability. C_{max} is linear with dose; AUC may be higher at highest dose due to slight saturation of metabolic clearance.

- Special populations

Special population such as elderly, pregnant women, those with renal or hepatic impairment have not been specifically studied.

The absence of data in the elderly might be acceptable as the indication sought is primarily in children and use in the elderly is not anticipated. Similarly, renal dysfunction may be unlikely to significantly affect kinetics of stiripentol which is extensively metabolised in the liver.

However 70% of the administered dose is excreted as metabolites in the urine and renal impairment may affect this.

The absence of any data on the kinetics of stiripentol in those with impaired hepatic function and secondly, absence of information on hepatic function assessment in those receiving stiripentol are a concern as a significant effect and interaction with other AEDs metabolised by the liver (CYP450 enzymes) could be expected in such patients.

Due to the lack of data on the kinetics in patients with impaired hepatic and or renal function, the use of stiripentol in these patients is not recommended and this is reflected in the SPC.

Children

There is limited information/data regarding the distribution kinetics of stiripentol specifically in children. Considering that the predominant use of stiripentol is expected to be in children, the applicant, upon request of the CHMP, committed to perform a specific population pharmacokinetic study in children in order to establish this as a post-authorisation follow-up measure.

- Pharmacokinetic interaction studies

Stiripentol inhibits several CYP450 isoforms (3A4, 2C19, 2C9, 2D6 and 1A2). These have been assessed in one *in vitro* study and one *in vivo* study.

Interactions with AEDs such as carbamazepine, phenytoin, phenobarbital, clobazam and valproate have been assessed as combinations with an arbitrary dose reduction of 50% (25-75% range) recommended for all agents when combined with stiripentol. As several of these agents were administered simultaneously in a number of studies, it is not possible to differentiate individual interactions.

Studies are lacking regarding consequences of genetic polymorphism of these CYP isoforms on the interactions. No data on consequences of polymorphism of enzyme-pathways involved in stiripentol metabolism are provided either. Interactions with other drugs (non-anticonvulsant products) have not been studied in details although were partially explored in the initial *in vitro* study.

Major interactions are with other anti-epileptic drugs (anticonvulsants). Overall, stiripentol appears to potentiate other AEDs in controlling seizure activity. In the Kerr et al study, stiripentol reduced carbamazepine (CBZ) dose requirements by inhibiting clearance by 50±16%.

Tran et al in 1996 confirmed these and provided a regression equation describing the effect of stiripentol on CBZ-epoxide.

Farwell et al (1993), studied effects of addition of stiripentol to a combination of AEDs over a 24-week period and reported a decrease of seizure activity on average by 70% (5-95%).

Levy et al (1984) and subsequent studies using a combination of Stiripentol with phenytoin (steady dose) suggested a wide range of dose reductions (25-66%).

Other studies or trials show that addition of stiripentol to constant dose of PB (Phenobarbital) raised steady state concentration variably between 8-80% (mean 44%). Individual interactions may have provided a better understanding of pharmacology but poses a clinical problem in SMEI wherein the seizure activity is resistant to multiple drugs.

Pharmacodynamics

- Mechanism of action

The anticonvulsant activity of stiripentol was primarily investigated in animal models and subsequently studied in man in short term and long term clinical studies.

Putative antiepileptic mechanisms have been attributed to the following factors;

- to enhancing the central synaptic availability of GABA by inhibition of GABA metabolism and possibly, inhibition of synaptic GABA reuptake.
- stiripentol's inhibitory effect on CYP450 isozymes (1A2, 2C19, 2C9, 2D6 and 3A4) contributes to its antiepileptic action by enhancement of plasma levels of co-administered AEDs.
- Primary and Secondary pharmacology

A true relationship between plasma concentration and effect has not been studied as there are no monotherapy studies and intravenous preparations of stiripentol are not available for human use. Three studies in adult epileptics (Levy 1984, n=6; Kerr 1991, n=7 and Tran 1996, n=16), provide some information about different doses of stiripentol used. However, the clinical effect of these doses in terms of reduction in seizure activity has not been systematically examined (or published). Whilst plasma concentrations were determined in all studies, the concentration with most antiepileptic activity remains unclear. Tran et al in 1996 found that 7 mg/L of stiripentol (plasma level) was required for effects on carbamazepine metabolism. Whether other AEDs are affected by such a level or similar level is unclear.

Secondary pharmacology: The effect of stiripentol on the cardiovascular and digestive systems is difficult to assess in the absence of placebo-controlled studies. In the pivotal and long-term open trials, there were no major cardiovascular adverse events. However, effects on the digestive system were diverse and significant, although not systematically documented. For example, vomiting, weight-loss, and anorexia are consistently seen and in the clinical trials, significant weight loss was noted by many individuals. The mechanism of these effects remains unknown.

CYP450 enzyme induction or inhibition: Stiripentol is a potent inhibitor of CYP 450 isozymes in the liver and brain. It is likely that stiripentol inhibits CYP isoforms in all tissues. There is thus potentiation of all other commonly used anticonvulsants. Data on interactions with other agents are limited. Three studies in adult epileptics (Levy 1984, Kerr 1991 and Tran 1996) provide some information about different doses of stiripentol used. But these data are limited. The applicant committed to perform an *in vitro* study as a post-authorisation follow-up measure, to explore the enzymes involved.

Clinical efficacy

The development program included two pivotal efficacy trials conducted in the target population, SMEI. Preliminary data for efficacy of stiripentol in SMEI comes from one single study, the STEV where 25 of the 233 patients were diagnosed with this condition.

Overall there are two pivotal trials (65 patients), 4 supporting studies and 3 other open studies that assessed efficacy of stiripentol in all forms of epilepsy. Of these, data regarding the target population is available only from 2 pivotal, 1 supportive (STEV) and one open study (STILON). These studies are summarised in the table below:

Summary table of Efficacy studies.

Study ID	Design	Study	Other	Subjs	by	Duration	Age	Diagnosis	Primary
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		Posology	meds	arm entred/ compl.		(years)	Incl. criteria	Endpoint
Pivotal studies.								
STICLO-FR BC-299	DB, Rand, Placebo, multicentre studies	STP 50/mg/kg	VPA and Clobazam	N=41;	=3 months; 1 mth	3-18 years	SMEI- specific (Dravet 1982), at least 4 fits /month	50% Seizure reduction
STICLO-IT BC-385		STP 50/mg/kg	VPA and Clobazam	N=24 23 compl	2 month DB			
Supportive studies								
Martinez- Lage 1986; BC-244 Phase-II	Open, phased study	2700- 3000mg/day	CBZ (n=17), PHT (=2) and PB (=7)	N=29; n=12 on STP only; N=27 for STP+AED	8 wk baseline, STP replacement - over 8 weeks	16-57 years (30.5±9. 7); 9 women	Mono or Bi therapy- complex partial seizures. Children with refractory epilepsy	STP failed in AED resistant epilepsy
STEV study BC-288	Phase-II, Prospective, SB,	60mg and (d0- 28) 90mg/kg/day then on		233 Pts	4 wks Ph-1; 12wk-STP phase	2-15 years (120mal es)	Lennox- Gastaut Synd >30kg,	Change in Seizure freq
L& G study BC-274	SB; triphasic	65-83mg/kg/d	CBZ	N=24; 10 Females	60 days	1-22 yrs		↓ fits in 72%;
STICAR- BC246	DB, Multi- centre, Phase III	2000mg/day	CBZ	~130		<20 years		
Open Studies								
STISEVR	Phased, DB	variable	CBZ	N=67			Partial seizures	32 responders, 17 to STP
Rascol, 1989	Open, Pilot,	1500mg/day	CBZ 700±49m g, PB=5, VPA=3,	N=7, (5 men)	4 months FU	Adults; 21-57 yrs	Complex partial seizures	↓ fits 12.9±4.2 to 2.7±1 at 4mth
STILON BC-387	Open label, study in France; Observational,	4000mg/day	As required	N=155	3-5 years		Compassionate use, all responders from STICAR, WOW, Lennox, STEV, STIVER and STICLO	

- Dose response studies

Controlled monotherapy dose response studies with Stiripentol are not available. Very few studies indeed examined this aspect although different doses were used in different studies. Dose response studies in the target population (SMEI) have not been conducted. Many of the earlier reports and studies used fixed doses of stiripentol. The 1990 STICAR study, (adults or adolescents of at least 30Kg) used a fixed dose of 2000mg/day. In the WOW study, (patients aged 15-65 years) a fixed dose of 3000mg/day was used. The first attempt at using incremental doses came from Lennox-Gastaut study (1993, BC-274, patients aged 1-22 years) where doses higher than 50mg/kg with the highest ranging from 75-83mg/kg were used.

Studies where some dose response data may be extracted;

Study	Comedication	STP (stiripentol) dose (/day)	Comment.
Levy et al, 1985;	CBZ	2400-3000mg- 10 wks	Mean CBZ CI fell fr 6.1±1.1 to 2.0 ±0.7L/h
Levy et al 1987	Carbamazepine	1000-3000mg- 2 wks	Fall in CI; CBZE/CBZ ratio ↓
Levy 1984,	5 PHT, 3 PB, 2 CBZ, and 1 Clobazam	600, 1200 & 2400mg	Mean phenytoin CI reduced from 29.5±13.4 to 6.48±2.6
Kerr 1991	Carbamazepine	1500-3000mg	CBZ CI reduced; Adults 1.25±0.25 to 0.61 ±0.14
Tran 1996	CBZ ± other AED	60mg/kg- 4weeks 90mg/kg- 8 weeks	CBZ metab maximally affected at STP 7mg/L plasma level (CBZE/CBZ ratio)

STEV study	Other AEDS	60mg/kg 90mg/kg/day	and	Seizure reduction-modest.
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The above studies however provide insufficient information regarding variations in dosage and the hence definite conclusions may not be drawn based on these. As there are no intravenous studies, and oral administration is believed to exhibit ‘Zero order absorption’ at high doses, true dose response is difficult to assess and remains unknown. In the STICLO studies (Pivotal), a fixed dose of 50 mg/kg/day was adopted. The basis for selection of this dose is unclear from the above studies. It is only in the STICLO studies (as discussed below) that the best evidence of efficacy of any dose is seen. Consequently, 50 mg/kg/day is the only recommended dose proposed in the SPC.

- Main studies

There are two main pivotal studies (STICLO-France and STICLO-Italy) that included the target population of SMEI and had identical protocol designs enabling some comparison and pooling of data. Due to the rarity of the target condition, the numbers included in each study were small (42 and 24 respectively). In the first STICLO-France study, these were only the preliminary or pilot numbers and in view of the significant difference between treatments, the data monitoring board decided to terminate the study without additional recruitment.

METHODS

Both studies, STICLO-France and STICLO-Italy, were double blind, multicentre, placebo-controlled and randomised, lasting about 3 months.

Study participants: The participants who were 3-18 years old, with diagnosed SMEI, and at least 4 tonic-clonic seizures per month were included. Additionally they had to be receiving clobazam (max 20mg/day) and valproic acid (≤ 30 mg/kg/day), possibly receiving progabide or per-rectal diazepam. Doses other than these were altered to bring them in line with this protocol.

Design of the studies

The attached scheme displays the trial sequence used (Fig-4). The VPA (valproic acid) dose of 15 mg/kg/day during baseline was subsequently amended to ≤ 30 mg/kg/day (by protocol amendment). This was done to counteract the poor control of seizures and therefore raises the possibility of baseline imbalance – influencing the results. In both trials, the comparison period was only two months. The follow up period of open label stiripentol then continued on to the STILON study, assessing long term use of stiripentol in these children.

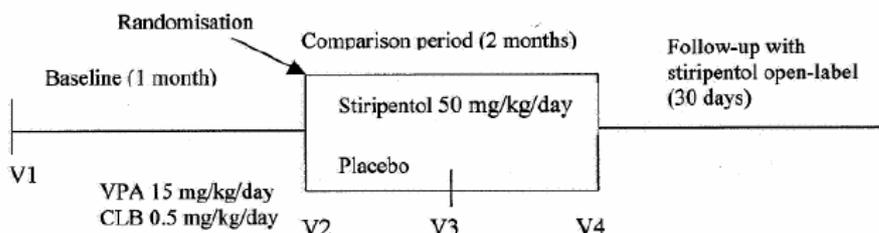


Fig-4; Study design of STICLO studies (Fr and IT)

The participant selection and design of the study (baseline and treatment period of 4 and 8 weeks) appear acceptable and in accordance with standard trials for anti-epileptic drugs. A longer period of treatment would have provided better clues towards the long-term efficacy of stiripentol. (at least 12 weeks as per CHMP guidelines).

Treatments: Stiripentol dose was fixed at 50 mg/kg/day. The rationale for this dose is however not specifically supported by the STEV study findings that used 60 and 90 mg/kg/day in children. Moreover, the choice of the concomitant medications appears a little arbitrary as it is unclear from the STEV study results or protocol if there was a significantly better response in the valproate & clobazam groups. The choice of the anti-epileptics permitted is in line with the clinical management of this condition.

Objectives:

The objectives (of both studies, STICLO-FR and STICLO-IT) were to demonstrate,

- efficacy of stiripentol as add-on therapy to clobazam and valproate in children with SMEI and refractory seizures,
- to study the safety profile of the combinations (or acceptability of STP)
- to document steady state concentrations of stiripentol & concomitant medications.

The studies had identical designs although STICLO-IT followed the French study in temporal sequence and could be considered a confirmatory study.

Outcomes/endpoints

The primary outcome in both studies was:

- The number of responders in each group - defined as those with >50% reduction in the number of seizures during the treatment period (2nd month).

The following were defined as secondary efficacy criteria:

- The percentage of children whose number of seizures (generalised) decreased by at least 50% in the 2nd month compared to baseline on a 30-day basis
- Percentage of children withdrawn from the trial
- Number of seizures during the comparison phase (each month separately) compared with number of seizures during baseline
- Time elapsed until the same number of seizures as in the baseline period was experienced.

Sample size: was low, limited to 100 patients or an inclusion period of 18 months. However, this choice was arbitrary.

Randomisation

The primary population for the STICLO-ITALY study was the ITT (intended to treat) population and included all patients who were randomised into the study. The primary population for the STICLO-FRANCE study was all patients randomised, apart from one patient who was considered not evaluable.

Blinding (masking)

Adverse effects related to drug interactions required, as per protocol, a reduction in dosage of comedication in many stiripentol-treated patients. This may have resulted to some degree in loss of blinding.

Statistical methods

The primary endpoint and the percentage of patients who had at least a 50% reduction in seizure frequency were analysed using the chi-squared test.

The number of seizures and percentage change from baseline in the number of seizures were analysed non-parametrically using the Mann-Whitney test.

RESULTS

Participant flow

The participant flow was the following:

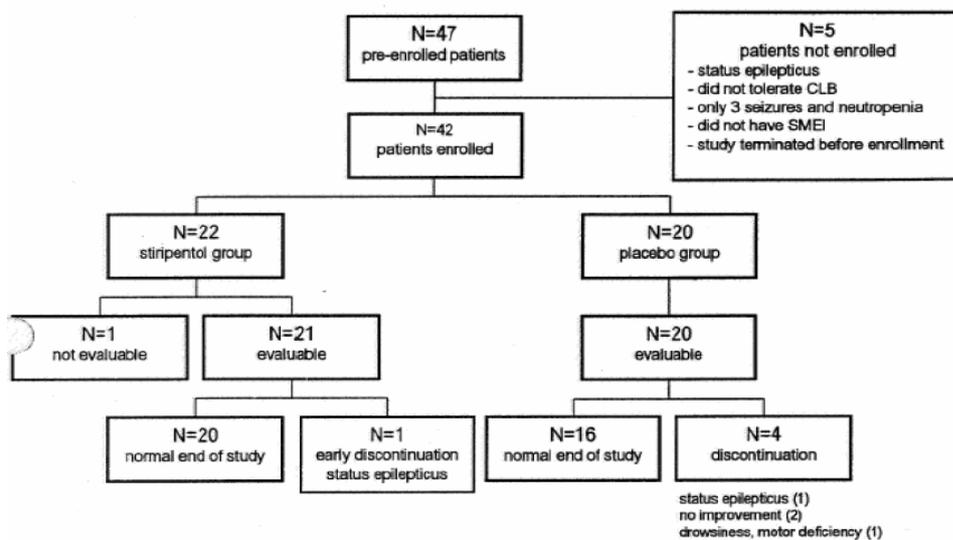


Fig 5- STICLO –France study

STICLO France study was interrupted prematurely after inclusion of 42 patients, when preliminary results showed benefit. It was followed by the STICLO Italy study, which included 23 patients.

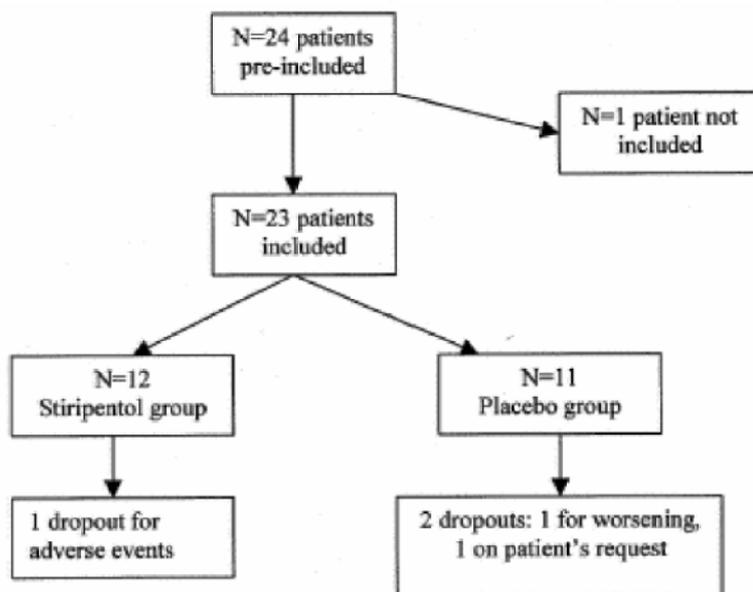


Fig-6 STICLO-IT participant flow.

Recruitment

As is evidenced from the attached graph, the recruitment in the STICLO-Fr study was gradual and apparently smooth. Data from the Italian study are not available.

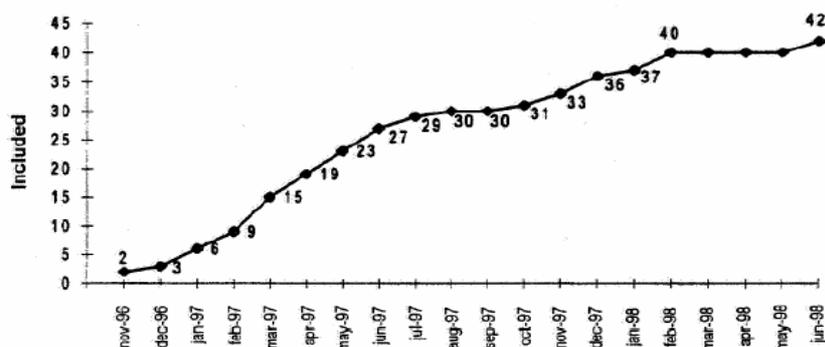


Fig 7: Recruitment pattern in STICLO-FR study.

Conduct of the study

STICLO-Fr study; as expected, there were several protocol amendments during the trial. The first was in May 1997, 7 months after start and after 20 patients had been enrolled. There were two main changes.

- First was in the inclusion criterion- upper dosage limits for valproate (20mg/kg/day before and 15mg/kg/day on entry) were removed. This was aimed to better protect the enrolled children from risk of increased seizures.
- Change in the primary end point and criteria for withdrawal; the primary end point was changed from a quantitative to a qualitative measure (success or failure). This apparently permitted the possibility to retain patients in the analysis who would have been withdrawn from the study before the comparison period.

STICLO-IT study; there were no amendments to the protocol in this supplementary study.

There were no major protocol violations.

Baseline data

Table- 18: Patient characteristics;

	STICLO-Fr		STICLO -IT	
	STP (n=21)	Placebo (n=20)	STP	Placebo
Gender (M/F)	6/15	11/9	8/4	5/6
Age (mean±SD)	9.4 ±4	9.29 ±4.86	9.17±3.63	8.72 ±4.43
Weight	31.8±12.7	30.5±14.4	31.9 ±11.7	29.2 ±9.04
Seizures (N=patients)				
▪ Tonic-Clonic (uni or bilateral)	22 (4 + 18)	20 (1 +19)	14 (4+10)	14(5+9)
▪ Atypical Absence	11	9	3	5
▪ Myoclonus	10	11	13	11
▪ Other	2	4	1	1
Number of seizures /month	17.9±17.3 (3.9 to 72.9)	18.5±17.0 (4.1 to 76.2)	33.6 ±28.2 2.14 to 86.1	27.4 ±28.6 3.75 to 101
Clinical findings			NA	NA
▪ Normal	20	19		
▪ Neurological abnormality	12	10		
▪ Pyramidal syndrome	(4)	(1)		
▪ Mental retardation	21	20		
▪ Behavioural disorders	15 (2 severe)	15 (6 severe)		
No of Previous Treatments	6.6±2.5 3-11	7.5±2.9 3-13	NA	NA
AED doses (pre-inclusion) (mg/kg/day)				
▪ Sodium Valproate	23.6±9.47	24.04±8.53	28.2 ±7.98	25.3 ±7.0
▪ Clobazam	0.532 ±0.247	0.55 ±0.27	0.575±0.21	0.538±0.18
▪ Pts on Progabide	5 (23.8%)	2 (10%)	NA	NA
▪ Occasional Diazepam	3 (14.3%)	2 (10%)	NA	NA

The distributions of most characteristics at baseline were similar between stiripentol and Placebo groups in both studies. Some data such as clinical examination findings and previous treatments are only available in the first, STICLO-Fr study. The table represents selected important baseline characteristics. Other features such as AEDs at baseline (visit-2), laboratory parameters at baseline and the minimum plasma concentration of AEDS were comparable in the stiripentol and the placebo groups. The number of subjects with different types of seizure activity showed minor differences. These seizure activity types were not mutually exclusive and could co-exist in the same individual and hence there is overlap of numbers/frequencies. There were more children with severe mental retardation in the placebo group in STICLO-France study, while the overall numbers were equal.

Numbers analysed

In the STICLO-France study, 41 subjects (of 47 screened were analysed); 21 in stiripentol group and 20 in placebo group. There were 5 discontinuations (see participant flow above for the reasons for discontinuation). The ITT population comprised therefore of 41 subjects.

In the STICLO-Italy study, of the 23 evaluable patients, there were 3 dropouts; 2 in placebo group and 1 in stiripentol group. The ITT population of 23 subjects were analysed.

Outcomes and estimation

Primary end point:

The table shows the number of responders in each of the pivotal trials;

Number of responders

		Responders		95% confidence interval
		Numbers	Frequency	
STICLO-Fr	Stiripentol	15/21	71.4%	52.1- 90.7%
	Placebo	1/20	5%	0.0-14.6%
STICLO-IT (ITT)	Stiripentol	8/12	66.7%	34.9 -90.2 %
	Placebo	1/11	9.1%	0.0-41.3%

Secondary Endpoints

Variation in Seizures with treatment in STICLO studies

	STICLO-Fr (all randomised)			STICLO-IT (PP population)		
	STP (n=21)	PLA (n=20)	Chi Sq	STP (n=11)	PLA (n=9)	Chi Sq
No seizures (100%)	9 (45%)	0	P<0.01	3 (27%)	0	P~0.05
Decrease >50 <100%	6 (30%)	1 (6%)		5 (45%)	1 (11%)	
Decrease <50%	3 (15%)	5 (31%)		3 (27%)	7 (78%)	
Increase <50%	2 (10%)	8 (50%)		0	0	
Increase >50%	0	2 (13%)		0	1(11%0	

The results for the percentage change of seizure frequency from baseline are shown in the tables below.

Mean (SD) seizure frequency – STICLO FRANCE

	Stiripentol	Placebo	p-value
1.4.1 Baseline			
Number of seizures	17.9 (17.3)	18.5 (17.0)	
1.4.2 Month 1			
Number of seizures	2.72 (4.06)	23.82 (36.55)	p<0.001
% change from baseline	-83.2 (28.0)	+11.3 (54.7)	p<0.001
1.4.3 Month 2			
Number of seizures	5.15 (7.73)	13.80 (7.33)	p<0.002
% change from baseline	-68.6 (41.9)	+7.4% (37.6)	p<0.002
Seizure-free patients	9/20 (45%)	0/16	p=0.0013

Mean (SD) seizure frequency – STICLO ITALY

	Stiripentol	Placebo	p-value
1.4.4 Baseline			
Number of seizures	33.6 (28.2)	27.4 (28.6)	
1.4.5 Month 1			
Number of seizures	4.7 (7.3)	29.0 (35.6)	p=0.0003
% change from baseline	-89.5 (15.7)	+5.5 (55.4)	p<0.05
1.4.6 Month 2			
Number of seizures	9.8 (10.0)	16.7 (11.3)	p=NS
% change from baseline	-74.3 (26.3)	-12.7 (61.9)	p=NS

Seizure-free patients	3/11 (27%)	0/9	p=0.05
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Primarily, tonic-clonic seizures were assessed. The applicant has provided evidence that other types of seizures did not worsen albeit data are very limited. The applicant and the experts provided justification that status epilepticus would not be a good end point and this is acceptable. In the STICLO-FR *study*, there was a decrease of seizures by (-) 83±28% for stiripentol group, while there was an increase in placebo group (+11.3±54.7%) during the first month. For month-2 these were, -68.6±41.9% (baseline to M-2, STP) and an increase of +7.37±37.6% (Placebo). In the STICLO-IT *study*, there was a decrease of 89±15% for stiripentol while the placebo group showed an increase of 5.5±55% in M-1. For month-2 (M2), the corresponding figures were 74±26% and 12.7±61.9%, respectively, both stiripentol and placebo showing a decrease in frequency.

- Analysis performed across trials (pooled analyses and meta-analysis)

In neither of the studies, an analysis by centre was feasible (2.9 subjects per centre on average) because of the small numbers. No sub-group analyses or multiple comparisons were made.

- Clinical studies in special populations

SMEI is the target population where indication is sought and the two pivotal studies included patients with SMEI. There were no studies in special populations such as those with renal or hepatic insufficiency.

- Supportive study(ies)

There are 4 controlled and 3 open studies and approximately 280 patients who received at least one dose of stiripentol in the controlled studies. The main theme through out the development programme has been the use of stiripentol in combination with other anticonvulsants and not as monotherapy. The primary efficacy criterion has also been either a qualitative reduction in severity of seizures or an overall reduction in number of seizures.

The STEV *study* provided the basis for the hypothesis that stiripentol might be effective in SMEI. This 2-centre, 2-phase *study* included 43 (of 233, 18.9%) myoclonic epilepsy patients and 25 (11%) specifically SMEI. In total 157 completed the *study* and there were 76 withdrawals. The response rates in SMEI differed in the two phases; 27.9% in first 28 days (phase-1) and 18.6% in the next 28 days (phase II). Other interesting observations included that stiripentol seemed more effective in those older than 9 years in the ITT groups but those older than 3 years for the PP population. The lack of continued efficacy over a period (from phase I to phase II) does appear to be an issue in the pivotal trials (STICLO *studies*, month-1 to 2 comparisons) and persists in the STILON *study*.

The open STILON *study* included those with good response to stiripentol in the previous studies (STICLO, WOW, STICAR etc) and those who were willing to pursue stiripentol, thereby providing a rather select population. All types of epilepsy were included and a maximum dose of stiripentol of 4000 mg/day was permitted. There were no restrictions on the anticonvulsant co-medications. There were 45 patients with SMEI. The dose of stiripentol varied as the investigators were permitted to alter these based on clinical effect. Nearly a third of all patients (51 of 155) withdrew and 17 were due to lack of efficacy. The response calculated as RR index varied between different forms of epilepsy and in SMEI the index was 0.03±0.61. In this *study* the doses of stiripentol varied and there were very few patients who received doses >60mg/kg/day in the SMEI group. A third (31.6%) were administered doses lower than the pivotal studies (40mg/kg/day). Hence these data do not support incremental doses.

- **Discussion on clinical efficacy**

Although efficacy in animal models has been claimed, the anti-epileptic activity of stiripentol has not been demonstrated clinically since stiripentol monotherapy has not been studied in the target indication of Dravet's syndrome or severe myoclonic epilepsy of infancy (SMEI). The major mechanism of benefit of stiripentol in man appears to arise from its interactions with other, co-administered anti-epileptic agents.

The two placebo-controlled pivotal studies in the indication of interest (STICLO France and STICLO Italy), included a small number of patients (65 only in total, including patients randomised to placebo). All patients received a combination of clobazam and valproic acid with a fixed dose of 50 mg/kg/day of stiripentol. The duration of double-blind treatment and assessment was limited to two months only. The efficacy was evaluated only on clonic and tonic-clonic types of seizures. The impact of treatment on psychomotor development (a major concern in this population) was not determined and would have required a longer duration of assessment.

There are no dose response data (fixed dose only studied) and the evidence of maintained efficacy on continued use is not forthcoming from these trials.

There were significant differences in seizure frequencies between stiripentol-treated patients and the placebo group in the short-term, with a highly significant difference in primary efficacy endpoint in favour of stiripentol. However, despite a mean 38% reduction in clobazam dosage, the serum concentrations of clobazam and its active metabolite norclobazam increased markedly in the stiripentol group.

While in STICLO France clobazam and norclobazam levels at baseline were similar in the two groups, during double-blind treatment clobazam and norclobazam levels were on average 50% and 450% higher in the stiripentol group than in the placebo. Similar changes, though of a slightly different magnitude, were observed in STICLO Italy.

It is therefore plausible that the reduction in seizure frequency observed during stiripentol treatment could be ascribed entirely to the increase in the concentration of clobazam and its active metabolite. Such an increase in clobazam dose might have achieved the same effect without exposure of the subjects to the added intrinsic toxicity of stiripentol.

Additionally, a pharmacokinetic interaction with valproate may contribute to the effects seen after stiripentol administration. Changes of valproic acid levels in the two groups were less prominent, but serum unbound valproic acid concentrations were not determined, which limits ability to draw conclusions about the possibility of a pharmacokinetic interaction also occurring with valproic acid.

Therefore, comparison of addition of effects of stiripentol to maximum safe doses of co-medications (clobazam+valproate) is needed. Consequently at the request of the CHMP, the applicant committed to provide as a specific obligation (see below), a clinical study where, the doses of clobazam and valproate are increased to the maximal tolerated level in the control group, in line with the changes that occur in the active group. Dose alterations will be achieved in stringently blinded fashion preferably. The study is expected to assess the comparative effect of stiripentol vs. placebo over 12 weeks. An outline of the protocol is given below:

Randomised placebo-controlled trial using stiripentol (STP) as an add-on therapy in paediatric patients with Dravet's syndrome (SMEI) not adequately controlled with clobazam and valproate.

Double-blind, placebo-controlled trial in adjunctive therapy
Multicenter European study, including approximately 40 patients.

Primary objective:

To evaluate the efficacy of STP in the control of seizures when used as an add-on therapy in paediatric patients with Dravet's syndrome not adequately controlled with clobazam and valproate.

Secondary objectives:

- To evaluate the stiripentol efficacy on generalized (tonic)-clonic seizures (percentage of change in seizure frequency) during the four months of the treatment period (including one month of adaptation of the comedications and three months of comparison period), compared to baseline.
- To evaluate the percentage of responders (defined as having more than 50% decrease in seizure frequency) during the four months of the treatment period (including one month of adaptation of the comedications and three months of comparison period), compared to baseline.
- To evaluate the percentage of responders (defined as having more than 50% decrease in seizure frequency) during the three months of the treatment period compared to baseline.
- To evaluate the safety of stiripentol as adjunctive therapy to clobazam + valproate when compared with maximum safe dose of clobazam + valproate.

- To evaluate the number of patients who drop out due to status epilepticus and/or severe adverse events during the double-blind period.
- To describe the effect of stiripentol on myoclonia and absences (scores during the three months of the comparison period compared to scores during baseline)

Diagnosis and main criteria

- Children aged 6 months to 15 years
- Diagnosis of SMEI (Dravet's syndrome)
- Treatment with valproate and clobazam at the maximum safe dose

Supportive studies

The supportive studies were done in a non-homogeneous population of patients, with disparate designs in terms of follow-up, the co-medications, and primary end point definitions.

In STEV and STILON studies, a small number of SMEI patients were included, but the combinations differed, as did the response rate: ~20% in STEV (27 and 18.9% for periods 1 and 2) and about 15% in STILON. In STILON study, there was some reduction in the number of subjects experiencing up to 10 seizures a month (11% reduction).

These studies do not provide sufficient evidence of efficacy and are not pertinent to the claimed indication.

The STILON study, that used stiripentol on compassionate grounds, and allowed extended open-label stiripentol treatment in patients completing the STICLO studies (as well as patients receiving stiripentol in other protocols) is the only study providing data on long-term follow-up in the target indication. Unfortunately, the information that can be obtained from this study is limited due to its uncontrolled design and the loss of about one third of patients to follow-up for efficacy evaluation.

Clinical safety

The clinical safety analyses have included all studies involved in the clinical development (mainly in France). The initial studies were open trials in patients with “refractory epilepsies” and the controlled studies were performed later.

There is a significant diversity in the study designs dating back to 1976; this diversity includes indications, the patient population and doses of stiripentol, thereby limiting the ability to pool data across studies.

- Patient exposure

Due to the diversity among studies and doses used, it is not feasible to summarise or compute exposure according to dose or exact duration of exposure. Stiripentol was always administered orally but two different formulations (capsules or sachets) with (possibly or presumably) different bioavailabilities were employed. At the request of the CHMP, the applicant committed to perform a new bioequivalence study between capsules and sachets, in post-authorisation as a specific obligation (see clinical PK section)

The exposure is therefore assessed in 3 formats; pivotal studies (fixed dose), other studies (open and preliminary) and lastly post marketing experience.

In the pivotal, controlled studies, ~60 patients were exposed a dose of 50 mg/kg/day; in preliminary studies, a total of ~430 patients were included with about 80 receiving stiripentol for about 2 years. In the post marketing use, ~250 patients have been exposed to stiripentol but doses are difficult to calculate.

The proportion of patients receiving doses higher than 50 mg/kg/day can not be computed with any certainty from the dossier. More than 50% had approximate stiripentol exposure of 2 years and nearly 80% of SMEI group had 2 years or more exposure. Calculation of total exposure (original study period + STILON) increased the duration considerably; max duration of 18.4 years, with a mean of 6.21±1.44 years in SMEI; 8.59±3.84 for partial epilepsy.

- Adverse events

The safety summary analyses a total of 447 patients included in the pivotal studies and 475 patients from preliminary and /or non-pivotal studies (364 from studies including children). This analysis is clearly limited as adverse events were not reported by body system in all clinical studies. The coding system used diverse classifications. A number of studies reported only side effects (possibly related to study drug). These were also not separated by seriousness of the event.

The overall number of adverse events reported for all systems was higher in the STILON study (n=309 for 155 patients) over a period of 3 years (mean duration of follow-up) than the short-term STICLO studies (n= 72 and 33 events for stiripentol; 30 patients-STICLO-France, 16 and 9 for placebo grp; 29 patients, STICLO-Italy). These data are summarised in the table below:

Table-32: Adverse events by systems in the Pivotal studies

	STICLO France		STICLO-Italy		STILON
	STP (n=22) (50mg/kg)	Pla (n=20)	STP (n=12) (50mg/kg)	Pla (n=11)	STP (n=155) 4000mg/day
Total (CNS)	37	6	17	8	119
All body	2				37
CVS					3
GI	22	8	14	1	39
Laboratory Abn	6		1		15
Metabolic					2
Respiratory	2	2	-	---	51
Skin	2		1		8
Others	1				35
All ADRS	72	16	33	9	309

Neurological adverse events dominate the overview in both the placebo controlled STICLO studies (n=37 and 7) and in the open STILON study (n=119). Importantly, in the STILON study there were 70 reports of convulsions or aggravated convulsions (n=62) which were not found in the controlled STICLO studies, emphasizing possibly the differences in doses used.

Gastrointestinal adverse events were the next most frequent after CNS effects and the primary were loss of appetite, weight loss in STICLO studies and anorexia in the STILON study. Weight gain was noted in the STICLO studies (5 and 4 respectively) and this was conspicuously absent in the STILON study.

Table-33; Most Commonly reported adverse events (STICLO studies).

Adverse events (n, %)	STP group		Placebo group	
	France	Italy	France	Italy
	N = 21	N = 12	N = 20	N = 11
<i>At least one central nervous system event</i>	19 (90%)	9 (75%)	5 (25%)	3 (27%)
Sleepiness, drowsiness	15	7	2	1
Hyperexcitability, agitation	5	2	-	1
Aggressiveness ‡	3	2	-	1
Ataxia	3	1	1	2
Hypotonia	2	3	1	-
<i>At least one gastrointestinal event</i>	14 (67%)	7 (58%)	7 (35%)	1 (9%)
Loss of appetite	7	6	1	1
Weight loss	6	2	-	-
Weight gain	5	-	4	-
Nausea, vomiting	2	3	1	-
<i>At least one "Other" event</i>	5 (24%)	1 (8%)	2 (10%)	0
<i>At least one haematological event</i>	6 (29%)	0	0	0

Includes only AE terms reported in ≥5 patients in total.

Unfortunately, the adverse events could not be consistently related to plasma levels of stiripentol. In STICLO-France study, the relationship between AEs and Cmin (trough concentration) is reported for both stiripentol and placebo groups in the next 2 Tables.

Table: Cmin and AE in the stiripentol group

	Minimum AE	Moderate AE	Severe AE
Stiripentol (mg/l)	7.65 ± 1.46	9.73 ± 3.17	11.00 ± 6.84
<i>min – max</i>	6.60 - 9.80	7.00 - 16.20	6.00 - 18.80
<i>Median</i>	7.10	8.20	8.20
<i>n</i>	4	7	3
Clobazam (mg/l)	0.384 ± 0.181	0.410 ± 0.157	0.222 ± 0.018
<i>min – max</i>	0.144 - 0.545	0.157 - 0.606	0.204 - 0.239
<i>Median</i>	0.424	0.388	0.223
<i>n</i>	4	7	3
Norclobazam (mg/l)	4.52 ± 1.31	5.12 ± 1.23	3.61 ± 0.75
<i>min – max</i>	2.68 - 5.78	3.72 - 7.06	3.12 - 4.48
<i>median</i>	4.80	5.24	3.24
<i>n</i>	4	7	3
Valproic acid (mg/l)	48.0 ± 11.8	71.2 ± 26.0	82.3 ± 35.8
<i>min – max</i>	32.6 - 57.5	42.4 - 108.0	41.0 - 104.0
<i>median</i>	51.0	69.0	102.0
<i>n</i>	4	7	3

Table: Cmin and AE in the placebo group

	absence of AE	AE
Clobazam (mg/l)	0.186 ± 0.072	0.217 ± 0.058
<i>min - max</i>	0.105 - 0.295	0.147 - 0.318
<i>median</i>	0.167	0.211
<i>Upper limit (95%)</i>	0.133	0.161
<i>Lower limit (95%)</i>	0.238	0.274
<i>n</i>	10	7
Norclobazam (mg/l)	1.122 ± 0.933	0.708 ± 0.292
<i>min - max</i>	0.224 - 3.420	0.287 - 1.040
<i>median</i>	0.767	0.800
<i>Upper limit (95%)</i>	0.441	0.424
<i>Lower limit (95%)</i>	1.802	0.991
<i>n</i>	10	7
Valproate acid	67.1 ± 26.0	73.1 ± 38.1
<i>min - max</i>	41.6 - 113.0	14.00 - 115.0
<i>median</i>	55.4	82.00
<i>Upper limit (95%)</i>	48.1	36.2
<i>Lower limit (95%)</i>	86.0	110.1
<i>n</i>	10	7

A large number of aggravated convulsions (in the STILON study) occurred early and it is possible that these were not related to reduction in stiripentol dose or its toxic effect but likely related to reductions in doses of co-medications that were needed at commencement of STP. The applicant has now provided the time course of withdrawals in the STILON study. Of the 17 withdrawals for lack of efficacy, majority occurred after one year of therapy (between 1 -3 years). Notably, the number of withdrawals due to ADRs were only few and this provides some reassurance (albeit limited). These lacunae in addition to the absence of monotherapy dose response studies have implications to the SmPC and posology proposed.

- Serious adverse event/deaths/other significant events

In the controlled STICLO studies, there were 9 serious adverse events in the French component but none in the Italian study (STICLO-italy). Six of these 9 were in the stiripentol group and 3 were in the placebo group. In the stiripentol group, 4 were extreme drowsiness causally related to treatment, considered severe but not serious. The other events were status epilepticus (requiring withdrawal) and giant urticaria. The placebo group had similar events; drowsiness and motor deficiency (withdrawn),

status epilepticus (withdrawn) and repeated seizures. Five of the 9, the events improved following decrease of concomitant medication.

In STILON study, there were 98 serious adverse events (SAEs) reported by 48 patients; 45% of these were convulsion or aggravated convulsions. One 18 year old experienced severe weight loss of 17 kg (probably stiripentol related) and there were 3 deaths (as discussed below).

In all studies, a cursory assessment of SAEs appears to have been used with diverse definitions of SAEs. The preliminary studies had very poor definitions and hence firm conclusions can not be drawn. A definite pattern to the SAEs is difficult to establish based on the data available. Majority of SAEs appear to be related to convulsions (occurrence or aggravation. There do not appear to be any undue risk of death or serious SAE associated with the use of stiripentol in the doses deployed in the controlled STICLO studies. The same cannot be concluded for a lower (40 mg/kg) or higher dose >60mg/kg

Deaths

A total of 9 deaths were reported in all studies. All deaths occurred in children under 16 years of age with serious co-morbid conditions but no deaths were noted in the SMEI groups in any study. In 4 of these cases a causal relation to study drug was adjudged improbable. One was an accidental head injury. The most common diagnosis in those who died was cryptogenic partial or generalised epilepsy. Six subjects (of the nine) received carbamazepine as the other AED, while 3 had VPA, and there were 2 each of clobazam and vigabatrin.

- Laboratory findings

Haematological events were reported in the STICLO France study: 6 patients in the STP group presented with abnormalities of white blood cells or platelets at the end of the comparison period that were not present at baseline. Three patients presented with neutropenia between 1000 and 1500x 10⁹/L, 2 patients presented with thrombocytopenia <150x10⁹/L and 1 patient presented with eosinophilia.

In the STILON study, 6 patients experienced neutropenia and 1 patient experienced thrombopenia.

In the STEV study, 1 patient experienced an SAE of neutropenia.

Except for haematological events described above, no major abnormalities in laboratory functions were noted consistently. The absence of any clinical data in those with impaired liver function is another drawback of the program.

In the French TUA programme there were only minor elevations of gamma-GT and these were not consistent with alterations in the other enzymes (AST or ALT). Furthermore, the issue of hepatic adenomas in mice has also been clarified and there are no hepatic tumours noted in the TUA programme. Whilst data are limited, these new analyses are somewhat reassuring regarding the safety issues.

- Safety in special populations

Children:

A number of preliminary and open studies included both adults and children but have not reported systematically the distinction or provided the exact number of children (≤ 16 yrs). The table below shows the distribution of children in those studies where this distinction has been reported.

Table-31; Number of Children in STP development program

Study	Age (years)		Number (≤ 16 yrs)
	Mean (SD)	Range	
STICLO Fr			
▪ STP	9.4 (4.0)	3.0-16.7	21 (100%)
▪ Placebo	9.29 (4.86)	3.2 -20.7	NR
STICLO-It			
▪ STP	9.17 (3.63)	3.7 – 15.5	12 (100%)
▪ PLA	8.72 (4.43)	3.5-18.9	NR
STILON			
▪ SMEI	10.7 (4.9)	4 - 23	38 ((84.4%)
▪ Partial Epi	22.5 (16.5)	4 - 70.3	42 (51.9%)
▪ Other	20.4 (16.3)	5-67	15 (51.7%)
STEV	6.7 (5.2)	01.-20	206 (907% ≤ 14 yrs)
STICAR			
▪ STP	28 (NR)	10-63	NR
▪ PLA	30 (NR)	10-70	NR
WOW (BC276)	33 (14)	13-63	NR
Courjon et al	22.6 (NR)	2-73	50 (37% ≤ 15 yrs)
Lennox-Gastaut	8.6 (NR)	1.5-22	19 (86%)
Farwell 1993	12 (NR)	6-16	10 (100%)

NR = not reported

Only 3 main studies included children with a diagnosis of SMEI (STICLO studies and STILON). Thus the overall exposure in children with SMEI is in about ~80 patients for <16 years (excluding STEV). The number of children exposed to stiripentol appears reasonable considering the orphan indication, especially those with SMEI.

Considering the heterogeneity of the patient populations in pivotal studies - represented by 79 patients (children/adolescent) with SMEI - and in non-pivotal studies- 475 patients children and adults) with different types of epilepsy -, is not possible to perform a formal analysis of safety according to demographic factors.

However, there were no major obvious differences in tolerability profile between children and adults. The relatively low number of patients treated, and the inability to obtain a pooled analysis of data, does not allow to make any qualified statement about association of specific adverse effects with specific variables such as age, gender, genetic background, type of epilepsy disorder, comorbidities and comedication.

- Safety related to drug-drug interactions and other interactions

Stiripentol interacts with carbamazepine, phenytoin, clobazam, clonazepam, phenobarbital and several other agents by inhibiting the CYP450 enzyme system. The adverse events related to these agents are enhanced by stiripentol because of the elevation of plasma levels of these agents. Specific adverse events have not been examined in detail. As stiripentol affects VPA metabolism minimally but limits formation of the hepatotoxic metabolite of VPA, this may be an advantage for this combination.

- Discontinuation due to adverse events

There were significant number withdrawals from the open STILON study (32.9%) for various reasons and 17 were due to lack of efficacy. This may have been due to alterations in dose (40 mg/kg/day) or to the highest dose used (100 mg/kg/day). It should be considered that these withdrawals came in the face of patients being recruited into STILON based on benefit derived during the original study (STICLO, Wow, STEV or STICAR studies). Reassuringly, deaths and adverse events did not dominate the number of withdrawals.

- Post marketing experience (compassionate use)

Stiripentol has been given authorisation for temporary use in France since January 2003 specifically in patients with SMEI. The post marketing exposure under this cohort is estimated based on an average

dose of 1500 mg STP/day. For Temporary use Authorisation (TUA, primarily patients with SMEI) the cumulative estimated treatment days were 70,733 in over 200 patients. The calculated approximate exposure was 1 year per patient. For nominative TUA (that includes other types of epilepsy) the figures were 107, 801 days in about 250 patients; approximate exposure of 14 months per patient.

Between Jan 2003 to Jun 2004 (~18 month period), there were 30 adverse events in 19 patients aged 6months to 19 years. The commonest ADRs were drowsiness, loss of appetite and weight loss. Six of these were reported as serious and 13 non serious. There have been 2 deaths (unexpected); one possibly during an epileptic seizure and second following a generalised seizure. Both were considered by investigators to be causally unlikely and improbable to be related to the study drug. The subsequent narrative becomes confusing regarding serious cases although potential for thrombocytopenia exists.

Overall, the number of adverse events reported appears to be quite low in proportion to the exposure. The exact influences determining the reporting rates are often undeterminable and spontaneous reporting rates have always been low. Hence these data for post marketing experience do not provide any greater reassurance that stiripentol risk: benefit is better than that noted in the rest of the dossier.

- **Discussion on clinical safety**

SMEI is a severe disease resistant to all forms of treatment, therefore there is a real medical need to find new AEDs able to minimize the number of seizures and consequently to optimize the patient cognitive development.

In spite of the relatively small exposure and the suboptimal quality of adverse events collection and reporting methods, overall, the adverse event profile of stiripentol does not, by itself, give rise to major concerns. Adverse events related to the compound appear to be common, affect mostly the central nervous system and the gastrointestinal tract, and they are often severe in intensity. However, they appear to be reversible, particularly with adjustments in dosage of comedication. In fact, many of the observed adverse effects are probably related to elevation in serum concentrations of associated drugs.

For the safety evaluation of stiripentol, it is important to keep in mind that the drug inhibits the cytochrome P450 isoenzyme 2C9; previous studies demonstrated that the drug markedly reduces the elimination clearance of several AEDs which include phenobarbital, phenytoin, carbamazepine; for valproate stiripentol reduces the clearance of valproate metabolites (4-OH VPA, 5-OH VPA and 4-ene-VPA,) whilst having no effect on average valproate concentrations

Data are limited or sometimes unclear regarding the relationship of adverse events with dosage, dosing frequency, dose titration rates, serum stiripentol concentrations and potential risk factors (age, type of comedication, comorbidities). No adequate studies were performed to address concerns about potential adverse effects on cognitive function, behaviour and psychomotor development.

The applicant committed to address these deficiencies in post-authorisation as FUM and Specific obligations as well as in the Risk Management Plan.

Pharmacovigilance

Detailed description of the Pharmacovigilance system

The CHMP considered that the Pharmacovigilance system as described by the applicant fulfils the legislative requirements.

Risk Management Plan

The MAA submitted a risk management plan, which was assessed.

Table 1 - SUMMARY OF ACTIVITIES IN THE EU – RMP		
SAFETY CONCERN	Proposed pharmacovigilance activities	Proposed Risk minimisation activities
Possible renal adverse effects and hepatic effects in humans	Treatment with Diacomit must be excluded for patient with hepatic and renal impairment and liver function tests should be checked on a regular basis	SPC 4.2 and 4.4 PL 2 and 4
Potential for reproductive toxicity	Caution should be exercised when prescribing stiripentol to women of childbearing potential (adolescents) and efficient methods of contraception should be considered	SPC 4.6 PL 2
ADVERSE EVENTS		
Appearance of gastrointestinal disorders	Specific attention should be paid to the growth rate in children under treatment with stiripentol and valproate	SPC 4.4 PL 4
Frequency of neurological problems	Close monitoring of doses of drugs frequently used with stiripentol such as clobazam	SPC 4.2 and 4.4 PL 4
Some cases of neutropenia	Investigation of haematological changes (neutropenia) should be performed regularly	SPC 4.2 and 4.4 PL 4
DRUG INTERACTION		
STP enhanced the myorelaxation caused by diazepam	Diazepam and chlorpromazine should be added to the list of drug combinations requiring precautions	SPC 4.5 PL 2
STP enhanced the central depressant effect of chlorpromazine	The enhancement of the central depressant effect should be drawn to the attention of the prescriber.	SPC 4.5 PL 2
Influence of other antiepileptic drugs on stiripentol pharmacokinetics is not known	A warning should be introduced. The effect of other antiepileptic drugs on stiripentol pharmacokinetics is not known	SPC 4.5 PL 2
Impact on STP metabolism of macrolides and azole antifungal agents and impact of STP on their metabolism are not known	A warning should be introduced : The impact on STP metabolism of macrolides and azole antifungal agents, that are known to be inhibitors of CYP3A4 and substrates of the same enzyme, is not known, neither is the effect of STP on their metabolism.	SPC 4.5 PL 2

The CHMP, having considered the data submitted in the application, is of the opinion that no additional risk minimisation activities are required beyond those included in the product information.

The applicant committed to establish an EU wide post-marketing surveillance study on safety issues including specific concerns identified by the CHMP as necessary to be monitored i.e. failure to thrive, neutropenia and hepatotoxic potential, psychomotor development and behaviour.

1.5 Overall conclusions and benefit/risk assessment

Quality

There are no unresolved quality issues that could have a negative impact on the benefit / risk balance.

Non-clinical pharmacology and toxicology

Pharmacology

In vitro and in vivo experiments demonstrated that stiripentol itself has pharmacodynamic activity consistent with a potential therapeutic effect in the proposed application. This consisted of inhibition of glycine and GABA uptake by synaptosomes. The R(+) enantiomer was more potent by a factor of two.

This however, is probably a minor component of the anticonvulsant activity of stiripentol, which is considered to result mainly from the inhibition of enzymes responsible for the metabolism of existing anti-epileptic medications.

There were no findings of clinical concern in a full programme of safety pharmacology studies.

Pharmacokinetics

The ADME profile of stiripentol has been adequately characterised.

Stereoselective processes in the GI tract lead to an enrichment of the S(-) enantiomer in plasma. Stiripentol both inhibits (rat brain cytochrome P450-mediated naphthalene hydroxylase inhibition) and induces (CYP1A2, 3A, 2C) enzyme activity.

The few toxicokinetic data indicate that safety margins with respect to adverse effects observed in toxicity studies are low or non-existent. Unfortunately, these are based on C_{max}, there being no measurement of AUC. Nevertheless, there are no issues of potential clinical concern.

Toxicology

A full programme of toxicity studies has been submitted. The only finding of potential clinical concern was the formation of hepatocellular adenomas and carcinomas in the mouse carcinogenicity study. In spite of the lack of any exposure margin at the NOEL, the CHMP concluded that, considering the relatively weak oncogenic potential and the known mechanism, together with the proposed indication, the risk:benefit was acceptable with a suitable statement in the SPC.

Efficacy

Efficacy of stiripentol has been shown in specific combination with clobazam and valproate at a fixed dose of 50mg/kg/day on tonic-clonic epilepsy in SMEI in a small number of patients in two pivotal trials. Incremental doses proposed are virtually without any data. The evidence that efficacy of stiripentol is maintained in this situation beyond 2 months (long term) is unconvincing based on the available data and analysis. The effect on other forms of epilepsy in SMEI is unknown or has not been analysed.

These studies were seriously flawed by failure to take into account, in their design, the prominent pharmacokinetic interactions known to occur between stiripentol and the associated antiepileptic drugs. Most notably, no attempt was made to keep comparable concentrations of comedications in the two groups. Therefore, results do not allow to exclude that the improvement in seizure control in the stiripentol-treated groups were, in fact, purely a consequence of increased serum levels of associated drugs, particularly clobazam and its active metabolite norclobazam.

The STILON study, which allowed extended open-label stiripentol treatment in patients completing the STICLO studies (as well as patients receiving stiripentol in other protocols) is the only study providing data on long-term follow-up in the target indication. This study was less than optimal due to its uncontrolled design and loss of about one third of patients to follow-up for efficacy evaluation.

Safety

Overall, the adverse event profile of stiripentol does not, by itself, give rise to major concerns. Adverse events related to the compound appear to be common, affect mostly the central nervous system and the gastrointestinal tract, and they are often severe in intensity. However, they appear to be reversible, particularly with adjustments in dosage of co-medication.

From the safety database all the adverse reactions reported in clinical trials and post-marketing (temporary use authorisation) have been included in the Summary of Product Characteristics.

Data on safety issues including specific concerns identified by the CHMP as necessary to be monitored i.e. failure to thrive, neutropenia and hepatotoxic potential, psychomotor development and behaviour will be monitored in an EU wide post-marketing surveillance study.

Having considered the safety concerns in the risk management plan, the CHMP considered that the proposed activities described in section 3.5 adequately addressed these.

- User consultation

The results the readability testing performed on Diacomit are satisfactory.

Risk-benefit assessment

The effect of stiripentol has been shown in specific combination with clobazam and valproate at a fixed dose of 50mg/kg/day on tonic-clonic epilepsy in SMEI in two pivotal trials. Some limited evidence that in the open phase, Stiripentol retains its effectiveness is available. There is some reassurance albeit limited, of long-term effect during follow-up in the target indication.

However, the studies are limited in assessing relative contribution of stiripentol to seizure control in SMEI. In order to address the concern that placebo group received submaximal doses of clobazam and valproate in the STICLO studies and same effect may have been achieved by simple increase in clobazam and valproate concentrations, the applicant has agreed to provide a commitment to conduct a pivotal efficacy study using maximal tolerated doses. A synopsis of the protocol is available and the applicant seeks to obtain scientific advice and protocol assistance from CHMP for such a study.

Whilst the number of adverse events reported do not raise concern overall, safety of stiripentol in man has been demonstrated only in a limited fashion. The applicant only proposes 50mg/kg dose and the higher doses initially proposed in the SPC have been withdrawn. The adverse events cannot be correlated with plasma levels adequately and hence cannot be relied upon as a guide to therapy. Despite this lacuna, as the data on the fixed dose of 50mg/kg/day do not raise major safety concerns and therefore, safety issues could be considered resolved, albeit with limited data. This is addressed in the Risk Management Plan and reflected in the SPC with appropriate restrictions.

The follow-up measures (FUMs) and specific obligations (SO) that the applicant committed for, include:

- A randomised placebo-controlled trial using stiripentol as an add-on therapy in paediatric patients with Dravet's syndrome (SMEI) not adequately controlled with clobazam and valproate by 2009 (SO).
- A bioavailability study of stiripentol after single oral administration of two 500mg formulations (capsule and sachet) in 24 healthy male volunteers to determine the relative bioavailability of the stiripentol sachet versus stiripentol capsule by 2007 (SO).
- A population pharmacokinetic study in Dravet's syndrome (SMEI) patients treated with stiripentol, valproate and clobazam (FUM).
- An *in vitro* study investigating enzymes that catalyse phase-1 reactions for predictions of possible effects of other drugs on stiripentol (FUM).

A risk management plan was submitted. The CHMP, having considered the data submitted, was of the opinion that pharmacovigilance activities in addition to the use of routine pharmacovigilance were needed to investigate further the following safety concerns through:

- A close monitoring of gastro-intestinal problems is needed particularly when stiripentol is combined with valproate.
- A close monitoring of doses of drugs frequently used with stiripentol such as clobazam in relation to the frequency neurological problems.

In addition, the applicant committed to establish an EU wide post-marketing safety study to collect data on safety issues including specific concerns identified by the CHMP as necessary to be monitored i.e. failure to thrive, neutropenia and hepatotoxic potential, psychomotor development and behaviour.

No additional risk minimisation activities were required beyond those included in the product information.

The CHMP considers, that stiripentol falls within the scope of Regulation (EC) No 507/2006, with particular reference to Article 2 based on the following grounds:

Stiripentol has been designated as orphan medicinal product for its use in severe myoclonic epilepsy in infants (SMEI), in accordance with Article 3 of Regulation (EC) No 141/2000, on 05 December 2001. Furthermore, SMEI is a severe disease resistant to all forms of treatment, and seriously debilitating due to the development of mental retardation in all children in the second year of life.

The CHMP considers, that Diacomit (stiripentol) fulfils the requirements of Article 4 of Regulation (EC) No 507/2006 based on the following grounds:

(a) In the two placebo-controlled pivotal studies, a significant improvement in controlling the seizure frequencies was obtained in the stiripentol group in comparison to placebo group, although further data are necessary to better characterize the clinical efficacy of stiripentol in comparison to maximally safe doses of the comedication.

The safety profile was considered acceptable.

Based on the CHMP review of data on quality, safety and efficacy, the CHMP considered that the risk-benefit balance of stiripentol, as defined in Article 1(28a) of Directive 2001/83/EC, for the treatment of severe myoclonic epilepsy in infants (SMEI), was positive.

(b) The applicant committed to provide as a specific obligation, the results of a placebo-controlled clinical study where, the doses of clobazam and valproate are increased to the maximal tolerated level in the control group, in line with the changes that occur in the active stiripentol group. The study is expected to assess the comparative effect of stiripentol vs. placebo over 12 weeks. The CHMP considers that efficacy results from this new placebo-controlled clinical study will provide comprehensive clinical data, in particular a better understanding of the relative roles of stiripentol through its intrinsic anticonvulsant activity or through its effects on the metabolism of the adjunctive treatment with clobazam and valproate in SMEI patients. The protocol outline provides an adequate description of the planned study, including the duration of treatment (12 week). The protocol will be finalised with the support of the Rapporteurs and of a Scientific advice Procedure (protocol assistance). The final study results are expected in the 2d quarter of 2009. Thus, the CHMP considers that it is likely that the applicant will be in a position to provide the comprehensive clinical data.

(c) Among childhood epilepsies, severe myoclonic epilepsy in infants (SMEI) is one of the most deleterious epilepsy syndromes reported in the syndromic classification of the International League Against Epilepsy. The stereotyped clinical characteristics and the absence of any cerebral lesion make SMEI a nosologically and aetiologically homogeneous syndrome. Seizures appear during the first year of life and all children develop mental retardation in the second year of life, although development is normal before that time. These seizures can never come under complete control with conventional antiepileptic drugs. Stiripentol is expected to improve the control of seizures in these patients.

Therefore the CHMP considers that the unmet medical need will be fulfilled for patients with SMEI.

(d) Because seizures in SMEI never come under complete control with conventional antiepileptic drugs, the availability of stiripentol is expected to be the last alternative to improve these severely affected patients. There is evidence of efficacy in the data provided, although the role of stiripentol needs to be better understood. Therefore the CHMP considers that the benefit to public health of the immediate availability on the market of the medicinal product concerned outweighs the risk inherent in the fact that additional data are still required.

Recommendation

Based on the CHMP review of data on quality, safety and efficacy, the CHMP considered by consensus that the risk-benefit balance of Diacomit for use in conjunction with clobazam and valproate as adjunctive therapy of refractory generalized tonic-clonic seizures in patients with severe myoclonic epilepsy in infancy (SMEI, Dravet's syndrome) whose seizures are not adequately controlled with clobazam and valproate, was favourable and therefore recommended the granting of the conditional marketing authorisation for Diacomit, subject to the following specific obligations:

1. A randomised placebo-controlled trial using stiripentol as an add-on therapy in paediatric patients with Dravet's syndrome (SMEI) not adequately controlled with clobazam and valproate by 2009 (STP 165).
2. A bioavailability study of stiripentol after single oral administration of two 500mg formulations (capsule and sachet) in 24 healthy male volunteers by 2007 (STP 166).