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4 Paediatric Committee (PDCO)

5 **Guideline on pharmaceutical development of medicines**
6 **for paediatric use**
7 **Draft**

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8 Comments should be provided using this [template](#). The completed comments form should be sent to qwp@ema.europa.eu

9 **Keywords** *child, pharmaceutical development, quality*



Note:

The draft guideline on Pharmaceutical Development of Medicines for Paediatric Use (Doc. Ref.: EMA/CHMP/QWP/180157/2011) was released for public consultation in 2011. Following consultation the guideline was revised to address comments received. Given that important revisions have been made, this revised version of the draft guideline is now published for a second public consultation.

CHMP would like to bring to your attention the points below which are opened for the second consultation:

1. Section 6.2.1 *Handling of oral solid preparations to facilitate administration*

Additional paragraph under section 6.2 has been proposed to address handling of oral solid preparations which is done to facilitate administration. This section combines and expands on initially proposed sections on *Sub-division of tablets* and *Crushing tablets*.

2. Section 10 *Mixing with food*

Mixing with food and drinks may be an important approach for assuring or improving patient's acceptability, or to facilitate administration of medicines to children. Therefore additional section dedicated to this aspect has been included in the revised Guideline.

3. Patients acceptability

Assurance of patients' acceptability through out the life cycle of a medicinal product plays an important role in treatment compliance. This section of the guideline highlights the need to consider additional studies when changes to the formulation (re-formulation of the product) are proposed and it is apparent that such changes may affect acceptability, including palatability of the product.

In addition this section of the guideline has been amended to reflect on importance of the choice of the method to be used for confirmation of the patients' acceptability.

Note:

Comments on other sections of the guideline (not included in the list above) will not be considered during the review of comments from the second consultation.

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11 **for paediatric use**

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47 Executive summary

48 The “Paediatric Regulation” aims to facilitate the development and accessibility of age-appropriate
49 paediatric medicines. This aim should be achieved without subjecting children to unnecessary clinical
50 trials and without delaying the authorisation of medicinal products for other age groups.

51 Critical objectives for the development of age-appropriate paediatric medicines is to ensure that
52 children in the target age group(s) will have access to medicinal products with a positive benefit - risk
53 balance, of a consistent quality, assuring adequate patient’s adherence and which do not put an
54 unnecessary burden on the patient and/or its caregivers.

55 This guideline is intended to provide additional guidance for the pharmaceutical development of
56 medicinal products for children from birth to less than 18 years of age. This guideline should be read in
57 conjunction with all other relevant EU legislative and guiding documents (see section 3). The guideline
58 takes due account of the scientific and technical progress in the manufacture and control of paediatric
59 medicines at the date of coming into operation.

60 **1. Introduction (background)**

61 On the 26th of January 2007, the “Paediatric Regulation” entered into force (Regulation EC No
62 1901/2006 of the European Parliament and of the Council, amending regulation EEC No 1768/92,
63 Directive 2001/20/EC, Directive 2001/83/EC and Regulation EC No 726/2004). This regulation aims to
64 “facilitate the development and accessibility of medicinal products for use in the paediatric population,
65 to ensure that medicinal products used to treat the paediatric population are subject to research of
66 high quality and are appropriately authorised for use in the paediatric population, and to improve the
67 information available on the use of medicinal products in the various paediatric populations”. As a
68 result of the aforementioned, it is expected that the number of authorised paediatric medicinal
69 products and the knowledge on the quality aspects critical to these products will rapidly increase.

70 The physical, metabolic and psychological processes inherent to growth from birth into adulthood
71 reveal that children can not be regarded as small adults nor can they be regarded as a homogeneous
72 group in themselves. As a consequence, clinical trials in adults are not necessarily predictive for
73 children. Thus, in many cases clinical trials will be needed in children of different ages in order to
74 demonstrate that a paediatric medicine is safe and effective in all of the target age group(s) for which
75 the medicine is being developed.

76 In addition, the treatment of children with medicines poses specific pharmaceutical problems which
77 have not been seen to the same extent in adults, and which occurrence may be age dependent. For
78 example, infants are simply unable to swallow conventionally-sized tablets, newborn infants may
79 require very small volumes of a parenteral medicinal product in order to avoid a volume overload, etc.
80 Therefore, children should be treated with medicinal products the pharmaceutical design of which
81 should be appropriate for use in the target age group(s) i.e. age appropriate paediatric medicines.

82 Acceptance of and preference among the different dosage form(s) is known to vary between children.
83 The child age, individual health status, behaviour, disabilities, background and cultures are currently
84 considered as the most likely parameters determining the child’s acceptance and preference. However,
85 the initial pharmaceutical development of a paediatric medicine should focus on a minimum number of
86 acceptable dosage forms which are capable of meeting the needs of the majority of the children in the
87 target age group(s). Therefore, dosage forms which facilitate the administration of a range of doses
88 and that are acceptable to children of different ages are helpful for meeting a broad range of children’s
89 needs.

90 This guideline intends to balance between predictable and consistent regulatory assessments of
91 paediatric medicines (either generic, innovative, existing or new), the speed of development, industrial
92 feasibility and the need to develop medicinal products that are more appropriate for use in children
93 than continuing the practice of unapproved, pharmacy compounded medicines and off-label use.

94 **2. Scope**

95 The principles of this guideline should be considered during the pharmaceutical development of all
96 paediatric medicines as proposed in marketing authorisation applications (MAAs) or applications to
97 extend or vary marketing authorisations to the paediatric population (MAVs). Depending on the phase
98 of the development, the principles of this guideline should also be considered for the purpose of the
99 paediatric investigation plan (PIP) applications. While taking into account that the regulation of
100 medicinal products must be fundamentally aimed at safeguarding public health, it is important to
101 realize that this aim must be achieved by means that do not impede the free movement of safe
102 medicinal products within the European Union.

103 As clinical evidence and pharmaceutical knowledge increase over time during the development and
104 further life cycle of a medicinal product, the context of the pharmaceutical design of the paediatric
105 medicine in an early clinical trial may differ from the context in the final trials for marketing
106 authorisation. In early development, it is important to focus on the suitability and safety of the
107 proposed formulation/preparation. If the company is not yet able to propose a paediatric medicine, at
108 least considerations for the choice of route(s) of administration, dosage form(s), dosing
109 needs/flexibility and excipients in the formulation/preparation and administration devices should be
110 discussed, including palatability. The use of preliminary (also called enabling) paediatric
111 formulations/preparations in early clinical trials may be considered acceptable if appropriately justified,
112 however it is not exempting from the requirement to develop a formulation/preparation which will be
113 industrially-manufactured and controlled, which is the objective of the Paediatric Regulation. Thus,
114 preliminary formulations/preparations which are based on instructions for pharmaceutical handlings of
115 an authorised medicinal product will normally not be considered acceptable for marketing
116 authorisation, unless sufficiently justified and appropriately validated. A switch from a preliminary
117 formulation/preparation to a commercial formulation/preparation should often be supported by
118 relevant bridging studies between different formulations/preparations used throughout the
119 development.

120 As knowledge increases, the usefulness (practicality), quality, safety or efficacy of authorised
121 paediatric medicines should be re-evaluated by pharmaceutical companies in the interest of children
122 and their caregivers. This approach is in accordance with Art 23 of the Directive 2001/83/EC which
123 requires that companies take account of scientific and technical progress during the life cycle of a
124 product and adapt or improve their products for the benefit of patients and to maintain a positive
125 benefit-risk balance.

126 This guideline will not describe any aspects of the pharmaceutical development of a paediatric medicine
127 that equally applies to medicines for adult use. This guideline should not be regarded as providing
128 exhaustive information and does not preclude the existence of other aspects relevant to the
129 pharmaceutical development of paediatric medicines. Any deviation from the guideline is acceptable, if
130 appropriately justified by the pharmaceutical company. The examples listed should not be regarded to
131 reflect the only possible options.

132 **3. Legal basis**

133 This guideline should be read in conjunction with Directive 2001/83/EC of the European Parliament on
134 the community code relating to medicinal products for human use as amended (further referred to as
135 the Medicines Directive), Regulation 1901/2006/EC of the European Parliament and of the Council on
136 medicinal products for paediatric use as amended (further referred to as the Paediatric Regulation) and
137 the European Pharmacopoeia.

138 In addition, this guideline should be read in conjunction with all other relevant directives and
139 regulations, and relevant Commission, ICH and CHMP guidelines, Q&A documents and other
140 documents as linked to or published on the EMA website (www.ema.europa.eu).

141 **4. General considerations**

142 Any medicinal product should be designed to meet a patient's needs and to consistently deliver the
143 intended product performance. A systematic approach to pharmaceutical development in accordance
144 with ICH Q8 could be followed in order to meet these objectives. When applied, the quality target
145 product profile (QTPP) should be established taking into account the specific needs of the paediatric
146 population. Based on the QTPP the critical product quality attributes should then be identified (COAs)
147 as well as the formulation and process parameters that may affect them. This approach will help
148 defining the pharmaceutical design of the pediatric medicine.

149 The pharmaceutical design of a medicinal product relates to all aspects as described in Module 3 of the
150 common technical document (CTD), the summary of product characteristics (SmPC) and the package
151 leaflet (PIL), e.g. the composition of the product, the choice of the dosage form, the selected primary
152 and secondary packaging, etc.

153 In deciding on the appropriateness of the pharmaceutical design of a paediatric medicine, in addition to
154 the aspects discussed in sections 6 – 12 of this guideline, the following should also be considered:

- 155 • the minimum age of the target age group(s), the relevant developmental physiology and the age
156 characteristics of children in the target age group(s);
- 157 • the condition to be treated and the condition related characteristics of the child (e.g. children with
158 physical or mental disabilities, under fluid restriction, with a high degree of co-medication, unable to
159 swallow due to critical illnesses);
- 160 • the 'criticality' of the dose (i.e. steep dose/pharmacodynamic response curve, narrow therapeutic
161 window), the dosing regimen (i.e. dose calculation, dose titration, flexibility of dosing);
- 162 • the age associated activities of children in the target age group(s) (e.g. school, nursery);
- 163 • the maximum duration of the therapy and the dosing frequency;
- 164 • the environment setting where the product is likely to be used (e.g. hospital or community);
- 165 • the child and caregivers characteristics and their behaviour.

166 **5. Characteristics of the active substance**

167 The physico-chemical characteristics of a particular active substance may be desirably modified by the
168 choice in which the active moiety is manufactured into a paediatric medicine as the active substance.
169 For example in some cases the manufacture of a liquid medicinal product may require a substance with
170 improved solubility e.g. a different salt, or a salt instead of the base. Also, child acceptability may be

171 favoured by the selection of a less soluble form of the active substance to overcome taste issues, e.g.
172 the base instead of the salt. Moreover, patient safety in children may be improved by avoiding
173 particular salts, e.g. mesylates.

174 At an early pharmaceutical development phase, it is recommended that the selection of the form of the
175 active substance (acid/base, salt, polymorph, solvate etc.) takes into consideration the properties
176 affecting development of paediatric medicines. The selected form of the active substance should enable
177 development of an age-appropriate paediatric medicinal product for use in the target age group(s). The
178 form of the active substance selected for development of a paediatric formulation may differ from the
179 one that is employed for adults.

180 **6. Route of administration and dosage form**

181 **6.1. General considerations**

182 The rationale for the choice and advantages and disadvantages of a particular paediatric dosage form
183 via a particular route of administration should be discussed and justified for children in each of the
184 target age group(s). Aspects to be considered include at least the condition(s) to be treated, the
185 treatment duration, the properties of the active substance, the necessity of particular excipients in a
186 paediatric preparation (and their safety), any measuring and administration devices, stability issues,
187 dosage requirements, risk of dosing errors and users aspects such as the ease of administration and
188 patient acceptability.

189 Different routes of administration and/or dosage forms may be needed for the same active substance
190 in order to ensure adequate treatment of children in all target age group(s), and where relevant with a
191 different health condition, disease development or behavioural characteristics.

192 The attractiveness of a paediatric medicine should be carefully balanced between the risk of inadequate
193 patient acceptance and accidental intake, and should be discussed with regards to all aspects of the
194 medicine, i.e. the dosage form, the formulation and the primary and any secondary packaging.

195 **6.2. Oral administration**

196 Oral administration can be achieved via several types of dosage forms. In general, the main choice in
197 oral administration is between oral liquid and oral solid dosage forms. The advantages and
198 disadvantages of any oral dosage form/formulation in relation to children in the target age group(s)
199 should be taken into account when selecting a particular dosage form/formulation.

200 Oral solid single-unit dosage forms may provide a stable and easy dose approach. However, where
201 individually adapted dosing is necessary the number of strengths that are needed to treat patients in
202 the target age group(s) will increase. Alternatives which may provide dosing flexibility for tablets
203 include addition of score lines enabling the administration of a fraction of the full tablet dose or (small)
204 tablets containing only a fraction of the required dose which may be taken simultaneously to deliver
205 the required dose (see section 6.2.1).

206 Oral powders, granules and liquids normally provide greater dosing flexibility than oral solid single-unit
207 dosage forms. Some oral solid single-unit dosage forms such as dispersible or effervescent
208 preparations are intended to be dispersed, suspended or dissolved prior to administration. Taking part
209 of a liquid prepared from such a dosage form, should normally not be used as means to achieve age-
210 appropriate paediatric medicines. However, the approach may be justified in certain cases, provided
211 that the handling procedure has been appropriately validated including e.g. the ease of preparing the
212 liquid preparation, homogeneity of the resulting liquid and the possibility to withdraw the correct

213 volume. Multiple step handlings introduce an increased risk for dosing errors, and should generally be
214 avoided.

215 Children may not be able or willing to swallow a specific dosage form and/or paediatric preparation,
216 even when the dosage form/formulation/preparation itself is generally considered age-appropriate.
217 Therefore applicants are encouraged to investigate the feasibility of bringing different dosage
218 forms/formulations/preparations to the market (e.g. oral liquid as well as tablets). When not feasible,
219 alternative strategies for intake of the preparation should be discussed (see subsection "Handling of
220 dosage forms to facilitate administration" and section 10).

221 Administration through feeding tubes may be needed for children who are unable to swallow any oral
222 dosage form/formulation/preparation (see section 6.2.3).

223 **6.2.1. Oral solid preparations**

224 *Powders and granules*

225 Powders and granules may be given to children from birth provided they can be administered as a
226 liquid. In their solid form, they are usually co-administered with semi-solid food. If mixed with semi-
227 solid food, they can be considered acceptable from the moment the infant is able to accept the semi-
228 solid food, which is usually around six months of age.

229 The risk of aspiration, choking and where relevant chewing (see section 8) of powders/granules should
230 be discussed in relation to the target age group(s), size, shape and quantity (volume) of the
231 powders/granules and any specific characteristics of the active substance or the formulation.

232 Administration of powders and granules requires a measuring device unless they are packed in single-
233 dose containers such as sachets (see section 11.3).

234 *Tablets*

235 The tablet size and shape are fundamental to the ability of a child to swallow a tablet. The acceptability
236 of the size and shape of the tablets by the target age group(s) should be justified, and supported by
237 appropriate studies or clinical evidence, where relevant (see section 10). It should be noted that
238 limited data are available in the literature regarding the influence of size, shape and number of tablets
239 on acceptability in different age groups. For chronic diseases, the acceptability of tablets with a
240 particular size and shape in children may be improved by adequate training. Tablet size and shape
241 acceptability may also be improved by adequate instructions for co-administration with semi-solid
242 food. Where tablets are not intended to be swallowed intact, e.g. (oro)dispersible, chewable or
243 effervescent tablets considerations specific to tablet size and shape are of less importance. However,
244 palatability issues may significantly affect the acceptability of these tablet types.

245 Small tablets containing a fraction of the dose may be considered as a measure to improve both the
246 acceptability and/or dosing flexibility of tablets. These small tablets are designed so that the dose for
247 children in the different target age group(s) is achieved by the intake of one or several small tablets
248 (concept sometimes referred to as "minitablets"). If a dose requires several tablets to be taken to
249 achieve one dose, the acceptability of the number of tablets which is needed to be taken to achieve a
250 single dose should be discussed and justified for the relevant target age group(s).

251 Apart from the tablet size and shape, the suitability of tablets in children should be further justified in
252 relation to the different health condition or disease development and the risks associated with under-
253 dosing, choking, aspiration and chewing (see section 8). Relevant warnings should be included in the
254 SmPC and PIL where tablets must not be chewed but must be swallowed intact, i.e. where they may
255 not be chewed. Immediate release tablets are normally intended to be swallowed intact, but unless

256 otherwise indicated in the SmPC and PIL, they may also in many cases be chewed. Where chewing of
257 immediate release tablets is an option, the potential effect of chewing on the product performance
258 such as palatability should be discussed.

259 *Capsules*

260 Capsules are usually intended to be taken intact. Where appropriately justified, hard capsules may also
261 be opened and their contents taken as such provided that the feasibility of opening the capsule and
262 removing the contents from the capsules have been demonstrated. If a hard capsule is to be opened
263 prior to use, its content should meet the same requirements as stated for oral powders or granules,
264 where relevant. The suitability of taking capsules intact or opened should be discussed and justified for
265 all the indicated target age group(s) (see subsection "Handling of dosage forms to facilitate
266 administration").

267 As for tablets, limited data in the literature are available regarding acceptability of a certain capsule
268 size in different age groups. Where capsules are to be taken intact, the acceptability of the capsule size
269 and shape, and any associated risks should be considered as indicated for tablets.

270 *Orodispersible and chewable preparations*

271 Orodispersible and chewable preparations involve oral solid unit dosage forms that do not need to be
272 swallowed intact and may be swallowed without a liquid. Orodispersible tablets may be taken by other
273 means than intended i.e. caregivers may disperse the tablet in a liquid prior to giving it to the child or
274 the tablets may be swallowed without dispersion in the mouth.

275 If there is a risk associated with direct swallowing of an orodispersible or chewable tablet and/or the
276 orodispersible formulation may not be dispersed prior to administration, this should be stated in the
277 SmPC and PIL.

278 The risk of choking with orodispersible or chewable tablets should be carefully considered as the child
279 may not be able or willing to take the tablets as intended.

280 *Handling of oral solid preparations to facilitate administration*

281 When oral solid preparations are to be given to children, it is likely that some children may not be able
282 or willing to take the dosage form as such, even when the dosage form is generally considered as age
283 appropriate. In lack of any alternative age appropriate dosage forms, alternative strategies for
284 administering the oral solid preparations should be considered (e.g. dispersing or crushing tablets,
285 mixing with food or drinks). If such an alternative strategy is proposed, the approach should be
286 validated and clear instructions on the handling(s) to be conducted should be given in the SmPC and
287 PIL. Validation of the handling should include aspects such as patient acceptability, dosing accuracy,
288 compatibility with the proposed vehicle, potential impact on bioavailability, and any risks for the person
289 who will handle the dosage form (see section 10).

290 Score lines are used to enable the administration of a fraction of a full tablet dose or to facilitate
291 breaking for ease of swallowing. The use of score lines in tablets to obtain fractions of the full tablet
292 dose may not be acceptable in all cases due to the criticality of the dose. The ease of breaking a tablet
293 with score line(s) should be demonstrated.

294 Where appropriately justified and validated, subdivision or crushing of a tablet prior to administration
295 may also be an alternative strategy for administering a tablet to children who have difficulties to
296 swallow the take a tablet intact. It may also be an option to disperse or dissolve a tablet in a liquid
297 prior to intake. In addition, capsules may be opened and their contents given as such.

298 Subdivided/crushed tablets or the contents of a capsule may be given with food or drinks (see Section

299 10). It may also be an option to disperse or dissolve a tablet in a liquid prior to intake. The suitability
300 of the handling(s), including the compatibility with any proposed vehicle, should be demonstrated.

301 Where the active substance or dosage form characteristics prevent any handling for the ease of
302 administration this should be clearly stated in the SmPC and PIL.

303 **6.2.2. Oral liquid preparations**

304 *General considerations*

305 Oral liquid dosage forms are normally considered acceptable for children from full term birth and for
306 pre-term neonates who are able to swallow and accept enteral feeding. Aqueous liquid dosage forms in
307 multiple-dose containers will normally need to be preserved, whereas oral solid dosage forms will
308 normally not. This would favour the use of oral solid dosage forms over the use of oral liquid dosage
309 forms in children. However, as for any single development aspect, the use of preservatives should not
310 be the only aspect in deciding on the choice between oral liquid versus oral solid dosage forms.

311 Preserved oral liquid preparations will generally be considered acceptable for children from birth
312 provided that the preservatives (and any other excipients) can be considered safe for children in the
313 target age group(s) (see section 9). For liquid preparations that are prepared by reconstitution from a
314 solid oral dosage form, solvents other than water should be provided as part of the medicinal product.
315 Oral liquid paediatric dosage forms should be packaged together with an appropriate measuring
316 device, unless it has been demonstrated by the company that commercially available measuring
317 devices are suitable for accurate dosing of the recommended doses and that these devices are widely
318 available (see section 11.3). The device should be suitable to measure all recommended doses and the
319 suitability needs to be validated in relation to the actual liquid formulation/preparation. This is
320 particularly critical for viscous oral liquids. The SmPC and PIL should include clear instructions on the
321 correct use of the device to ensure that the recommended dose is taken by the child. If commercial
322 devices are to be used, the type of the device (including any adaptor) should be specified in the SmPC
323 and PIL.

324 The risks of incorrect or accidental under- or overdosing with the measuring device should be
325 discussed and justified in relation to the criticality of the dose for children in the target age group(s)
326 and the potential for dosing errors when measuring the paediatric medicine. Where incorrect dosing is
327 likely to result in a potential serious risk to children, measures such as a dedicated measuring device,
328 application of unit-dose packaging or the selection of another dosage form should be considered.

329 The volume of the dose of an oral liquid preparation may have an impact on the patient acceptability.
330 Small volumes are normally better tolerated for preparations with known palatability issues, unless a
331 more diluted preparation may allow better taste masking.

332 *Oral suspensions*

333 Critical product quality attributes to be considered for oral suspensions include physico-chemical
334 characteristics of the suspension such as viscosity, potential for foaming, air entrapment,
335 sedimentation and sticking of the suspended active substance to the primary container and to the
336 measuring device. Where sedimentation cannot be avoided, easy re-suspension with moderate shaking
337 is recommended to reduce the risk of insufficient shaking and dosing errors due to inhomogeneous
338 distribution of the active substance.

339 The risks of under-dosing and over-dosing to the child if not shaking the container properly or not
340 shaking it at all should be discussed. Clear instructions on correctly withdrawing the dose should be
341 included in the SmPC and PIL, including warnings if incorrect shaking may lead to over- or under-

342 dosing. Adequate measures should be undertaken in cases where incorrect shaking will result in a
343 potential serious risk to the child's health. Such measures may involve the application of unit dose
344 packaging or selection of a different dosage form.

345 *Oral drops*

346 Oral drops can provide a useful means to administer medicinal products in low doses or small volumes.
347 The risk of counting the incorrect number of drops, and the accuracy and precision of the volume
348 dispensed should be justified in relation to the criticality of the dose. In order to avoid counting errors,
349 alternative measuring devices should be considered where the dose comprises more than 10 drops.
350 Unless otherwise justified, oral drops will only be considered acceptable for paediatric medicines
351 containing active substances with a wide therapeutic window

352 The volume dispensed (i.e. drop size) will be determined by the design and physical characteristics of
353 the dropper, the physical-chemical properties of the liquid and how the dropper is handled. Clear
354 instructions should be included in the SmPC and PIL on the correct use of the dropper.

355 *Effervescent, soluble and dispersible preparations*

356 These preparations are intended to be dissolved or dispersed in liquid prior to administration. The
357 applicability of effervescent preparations for use in children may be restricted by the relatively large
358 volume of liquid needed for dissolution and the high electrolyte content.

359 The minimum volume for dissolution or dispersion and any needed rinse volume(s) should be
360 discussed and justified in relation to the target age group(s). Clear instructions on how to prepare the
361 solution or dispersion in a correct manner should be given in the SmPC and PIL. These instructions
362 should include information on the minimum volume for dissolution or dispersion, including any rinse
363 volume(s) and any specific requirements for stirring or mixing.

364 Similar to considerations for orodispersible and chewable preparations, the potential risks when
365 administered without prior dispersion or dissolution should be considered. Any issues related to
366 alternative modes of oral administration should be clearly stated in the SmPC and PIL.

367 **6.2.3. Administration through feeding tubes**

368 Oral medicinal products are likely to be administered via a feeding tube to patients who are tube fed,
369 due to their condition or age related limitations e.g. pre-term neonates, unable to swallow but able to
370 receive enteral feeds.

371 Where administration through feeding tubes is used, either as a main route or as a very likely option,
372 the feasibility of administration through the feeding tube needs to be addressed. The particle size,
373 viscosity, dosing and rinse volume(s), chemical compatibility of the oral medicinal product with the
374 tube material and the risk of physical blockage of the tube should be considered during pharmaceutical
375 development. Dose recovery after extrusion needs to be demonstrated using feeding tubes and rinse
376 volumes relevant to the target age group(s).

377 In addition, and if relevant depending on the location of the tube, the risks associated to the accidental
378 aspiration of the medicinal product and the possible effect on the bioavailability should be discussed.

379 Where administration through feeding tubes is highly likely, the SmPC and PIL should provide
380 information if the medicinal product can (or cannot) be administered through a feeding tube, including
381 instructions on the correct procedures.

382 **6.2.4. Oromucosal preparations**

383 The correct use and acceptability of oromucosal preparations will depend on the age of the child and
384 the ability to keep the preparation in a specific part of the mouth over a defined period of time. The
385 adhesive properties of oromucosal preparations should be discussed in relation to the local area where
386 they should be applied. In order to avoid the risk of swallowing mouthwashes or dental gels, these
387 dosage forms need to be applied in young children using a cotton bud, sponge or similar applicator.

388 **6.3. Nasal preparations**

389 Nasal preparations will normally be considered suitable for children of all ages. The suitability of the
390 nasal route of administration for local and systemic treatment with a particular paediatric medicine
391 should be discussed and justified in terms of the likelihood that the active substance (and excipients)
392 will cause pain or irritation. The use of any preservative should be justified as outlined in section 9.
393 Also, the patient acceptability should be discussed in relation to the palatability and sensation of the
394 medicinal product on actuation.

395 For nasal preparations with a local action, the risks of systemic (adverse) effects should be discussed.
396 Devices for nasal administration should be suitable for the size of the nostrils/nasal cavity, including
397 the delivered volume, for the target age group(s).

398 **6.4. Preparations for inhalation**

399 The patient acceptability and age-appropriateness of orally inhaled paediatric medicines (including
400 solutions for nebulisation) need to be justified.

401 Pressurized metered dose inhalers may be applied to children from birth if in combination with a
402 specific spacer system and face mask. Older children may use the inhaler with or without a spacer.
403 Companies should justify the suitability of the proposed equipment for use in the target age group(s).

404 Unless appropriately constructed, dry powder inhalers can only be applied by older children because it
405 is the child patient who makes his or her dose by the inspiratory flow.

406 **6.5. Rectal preparations**

407 *Suppositories*

408 The size (length and diameter) of the suppository should take into account the age and size of the
409 child. Unless suppositories have been specially designed to deliver smaller amounts of the full dose,
410 they should not be cut in order to provide a smaller dose, due to the high risk of dosing errors related
411 to inhomogeneous distribution of the active substance and difficulties in reproducible cutting.

412 *Liquid rectal preparations*

413 The length of the rectal tube of the enema and any volume to be administered should take into
414 account the age and size of the child. The use of scaled devices (pre-filled syringes with a rectal tip)
415 should be considered where relevant. Clear instructions should be provided in the SmPC and PIL on the
416 method for delivering the required dose to the child by the caregiver.

417 **6.6. Cutaneous and transdermal preparations**

418 Developmental changes in barrier function of the skin, such as dermis thickness, hydration and
419 perfusion of the epidermis and the changing ratio of body surface area to weight, should be taken into
420 consideration when developing cutaneous and transdermal preparations for children.

421 The use of excipients known to sensitize the skin (e.g. some surfactants and adhesives) should be
422 carefully considered and justified. The need or restriction to use water-impermeable or other types of
423 materials as a coating to the cutaneous medicinal product should be clarified. Where relevant, the
424 impact of occlusion, fever or thermal heating on skin permeability and the risk of overdosing should be
425 discussed.

426 The size and shape of transdermal patches and medicated plasters should be tailored to the size and
427 shape of the child body and should not interfere with daily routines. Application sites which cannot be
428 easily reached by the child are preferred in order to avoid that the patch can be removed by the child.
429 If sites reachable to the child are to be used, the impact of deliberate removal of the patch/plaster on
430 the clinical outcome should be discussed.

431 Patches and plasters are preferably developed for use without the need for cutting to achieve a smaller
432 dose, i.e. developed in a sufficient range of age-appropriate sizes or strengths. However, some types
433 of patches (e.g. matrix types) may be developed to provide for a range of doses/strengths by cutting.
434 Cutting will only be considered acceptable if clearly marked cutting lines are present and if dose
435 uniformity and consistency of delivery properties have been appropriately demonstrated.

436 Information whether the patch can (or cannot) be cut to provide a smaller dose needs to be included in
437 the product information, with clear instructions how lower doses can be obtained by cutting along to
438 the marked lines. Instructions should also be provided for safely discarding the (cut) patch, or the
439 potential to use the remaining parts of the patch after cutting.

440 **6.7. Eye and ear preparations**

441 Preparations for the eye and ear are mostly developed for a single patient group, including children,
442 adults and the elderly. Preparations for the eye and ear may be poorly accepted by some children.
443 However in lack of better alternatives they should be considered acceptable dosage forms for children
444 of all ages.

445 In order to avoid the use of preservatives with potential local toxicity to the cornea and/or mucous
446 membranes, single dose preparations or multi-dose preparations in a dedicated multi-dose container
447 that does not require its contents to be preserved i.e. preservative free containers should be
448 considered for children, especially neonates. This is especially important if long term use may be
449 necessary.

450 Young children can not yet be instructed to keep their eyes open. It is important that the parent is
451 informed as to how to hold container and the child in order to correctly administer the paediatric
452 medicine.

453 **6.8. Parenteral administration**

454 *General considerations*

455 Parenteral administration is the most commonly used route of administration for active substances for
456 children who are seriously ill and for clinically unstable term and preterm neonates.

457 The choice for an intravenous, subcutaneous or intramuscular injection is to be justified in terms of the
458 intended clinical effect, relevant characteristics of the active substance and child acceptance (pain).

459 The route of intravenous administration (central or peripheral), site of injection, the injection volumes,
460 the rate of administration, the viscosity, pH, buffering, osmolarity and, if relevant, the needle thickness
461 and needle length should be described and justified towards the characteristics of the parenteral
462 preparation, the age and weight of the child, the maximum number of injections per day and the
463 duration per treatment. Where appropriate, the use of micro-needles or needle free injectors could be
464 considered, especially for medicines requiring frequent or long treatment periods.

465 Serial dilutions (in order to achieve the required dose) are not acceptable as they are prone to errors
466 and can be avoided by providing appropriate concentrations of the parenteral medicine.

467 The minimum dosing volume of a medicine will depend on the accuracy of the relevant measuring
468 device. Where relevant, the size of the syringe and the graduation that permits accurate administration
469 should therefore be described as well. The volume should be justified according to the age of the
470 children. Normally, subcutaneous and intramuscular injection volumes should not exceed 1 ml however
471 for neonates and small infants lower volumes are warranted. Some parenteral preparations may be
472 intended for emergency situations where venous access may not be easily established (e.g.
473 resuscitation and intensive care). The suitability of medicines which are commonly used in emergency
474 situations for intra osseous administration should be discussed and relevant information should be
475 provided in the SmPC and PIL.

476 Neonates may only accept very small volumes of medication in order to avoid volume overload and to
477 allow sufficient room for essential fluid nutrition. Infusions must not be so concentrated that the
478 appropriate dosage rates are not feasible by using standard pump equipment. These aspects should be
479 considered in particular to medicines intended to be administered as a continuous infusion. In addition,
480 specific concerns related to incompatibility with co-administered medication in the infusion line,
481 osmolarity, inappropriate diluents, and potential for over- or under-dosing due to lag-volume effects in
482 iv fluid lines should be investigated during the development.

483 *Out-patient use*

484 In cases where parenteral administration is required for children in out-patient settings, it should be
485 demonstrated that the presentation of the parenteral medicine is suitable for administration by the
486 child itself or its adult caregiver. This is especially important in cases where administration may also be
487 necessary in situations where a trained caregiver is not present.

488 **6.9. Fixed dose combinations**

489 Fixed dose combinations are often developed as an alternative substitution therapy for patients already
490 treated with the individual components, especially for chronic diseases such as HIV or tuberculosis.
491 They may be of value for patients to simplify therapy and improve adherence. When clinically relevant,
492 the company should make efforts to consider all possible options for developing an age-appropriate
493 fixed dose combination for all or some subsets of the paediatric population, unless such a development
494 would be prevented by the complexity of doses required or by the lack of flexibility to ensure an
495 adequate dose adjustment.

496 **7. Dosing frequency**

497 The choice of the dosing frequency should be justified in terms of the characteristics of the active
498 substance, the pharmacokinetic profile, the indication and the child patient and caregiver

499 convenience/therapeutic adherence. Taking into account these criteria, a maximum twice daily dosing
500 is preferred for out-patient use. For paediatric medicines that may be used more than twice daily,
501 special attention should be given to the suitability of administration in out-patient settings where a
502 trained caregiver is not readily available (kindergarten, school, etc.).

503 **8. Modified release preparations**

504 Modified release medicinal products should be considered for children when relevant. The development
505 of modified release preparations should not be restricted to the oral route of administration. Alternative
506 routes of administration could be applicable depending on the active substance characteristics (e.g.
507 transdermal).

508 Prolonged release formulations can be useful for children who would otherwise need to take medication
509 whilst at school or during the night. Their use can reduce the dosing frequency significantly and can be
510 beneficial for compliance.

511 For oral solid modified release preparations, the risk of chewing is to be considered when selecting this
512 dosage form for further development. The risk of chewing and its impact on the efficacy and safety of
513 the medicinal product should therefore be discussed and it should not result in a serious risk to
514 patients.

515 In the development of oral modified-release preparations for paediatric use, attention should be given
516 to the physiological conditions related to the age of the child to be treated, e.g. gastric pH and gastro-
517 intestinal motility (gastric emptying, transit time) and their variability since these characteristics could
518 have an impact on the drug absorption.

519 **9. Excipients in the formulation**

520 **9.1. General considerations**

521 The choice of a suitable excipient in a paediatric medicinal product is one of the key elements of the
522 pharmaceutical development.

523 Although the basic considerations regarding the use of a specific excipient are similar for adult and
524 paediatric medicines, the inclusion of any excipient in a paediatric medicinal product requires additional
525 safety consideration. The intake of an excipient may result in a different exposure in children than in
526 adults and the excipient may have a different effect on developing organ systems. Due to the limited
527 safety data relevant to the use of an excipient in a specific age group a precautionary approach should
528 be followed.

529 Overall, the following aspects are to be considered with respect to the selection of an appropriate
530 excipient for paediatric medicines:

- 531 • the function of the excipient in the formulation and potential alternatives;
- 532 • the safety profile of the excipient for children in the target age group(s) on the basis of single and
533 daily exposure (and not the concentration or strength of the medicinal product);
- 534 • the expected duration of the treatment i.e. short term (single dose/few days) versus long term
535 (weeks, months, chronic);
- 536 • the severity of the condition to be treated (e.g. life-threatening disease) and the therapeutic
537 alternatives;

538 • the patient's acceptability including palatability (e.g. taste, local pain);

539 • allergies and sensitization.

540 In case the use of excipients with an identified risk cannot be avoided in the formulation of a particular
541 pharmaceutical dosage form, the added value of the chosen pharmaceutical dosage form (and route of
542 administration) should be well balanced against the possible use of other pharmaceutical dosage forms
543 and routes of administration that do not require the use of such excipients. Comprehensive
544 development rationale should be provided, taking into account the relative benefits and risks of
545 possible alternatives.

546 New evidence may suggest that there could be safety issues related to excipients used in authorised
547 paediatric medicines, either as such, above a specific daily intake or for distinct target age group(s). In
548 these cases, as a precautionary measure, pharmaceutical companies are recommended to avoid
549 excipients with a potential cause for concern in newly developed paediatric medicines until further
550 research allows scientifically justified conclusions to be drawn on their safety.

551 Whilst it is acknowledged that the use of a novel excipient (i.e. an excipient used for the first time in a
552 medicinal product or by a new route of administration) is fundamental to pharmaceutical innovation
553 and that the use of such novel excipients may be well justified by appropriate pre-clinical studies, it
554 must be realized that safety issues may only become apparent when the paediatric medicine is used on
555 a larger scale. Therefore, the added value of the novel excipient in a specific paediatric medicine must
556 be well balanced against the use of other excipients with an established safety profile, other dosage
557 forms or routes of administration.

558 Allergies can arise from early childhood and children may be more easily sensitized than adults. In
559 order to avoid sensitization and to expand treatment possibilities of allergic children, applicants should
560 consider avoiding, where possible, excipients with known potential to cause sensitization/allergies.

561 The following information sources (listed in hierarchy) should be consulted in order to assess the safety
562 profile of each excipient in a paediatric formulation (see Figure 1) resulting in an overall conclusion as
563 to whether or not additional data are needed:

564 • Commission, ICH and EMA guidelines;

565 • CHMP scientific opinions (e.g. CHMP Position paper, CHMP Opinion on a referral procedure);

566 • Qualitative composition of an excipient in medicinal products currently authorised for use in
567 children, and their quantitative composition if known;

568 • Food Legislation.

569 - This source of information poses some limitations as it relates to food only (i.e. chronic and long
570 term oral use);

571 - All relevant excipients described in the Food Legislation as suitable for the paediatric population
572 are normally considered acceptable for use in oral paediatric medicines unless there are
573 additional safety indications from the other information sources and unless the wording in the
574 Food Legislation itself causes reason for concern. In case of such additional concerns, the
575 excipient should either be omitted from the formulation or the applicant should justify why the
576 inclusion of the excipient can be considered acceptable;

577 - The aforementioned does not apply to neonates for which further non-clinical data will normally
578 be required;

579 - The safety of relevant excipients described in the Food Legislation requires further evaluation for
580 use in non-oral dosage forms;

581 • The European Food Safety Scientific Opinions (EFSA).

582 - This source of information poses some limitations as it relates to food only (i.e. chronic and long
583 term oral use) and the data may not relate to children. However a warning for adults should
584 question the safety of the excipient for use in children.

585 • Other sources of information as e.g.

586 - Expert committee on food additives (JECFA), which is a mixed committee of the WHO and the
587 Food and Agricultural Organisation;

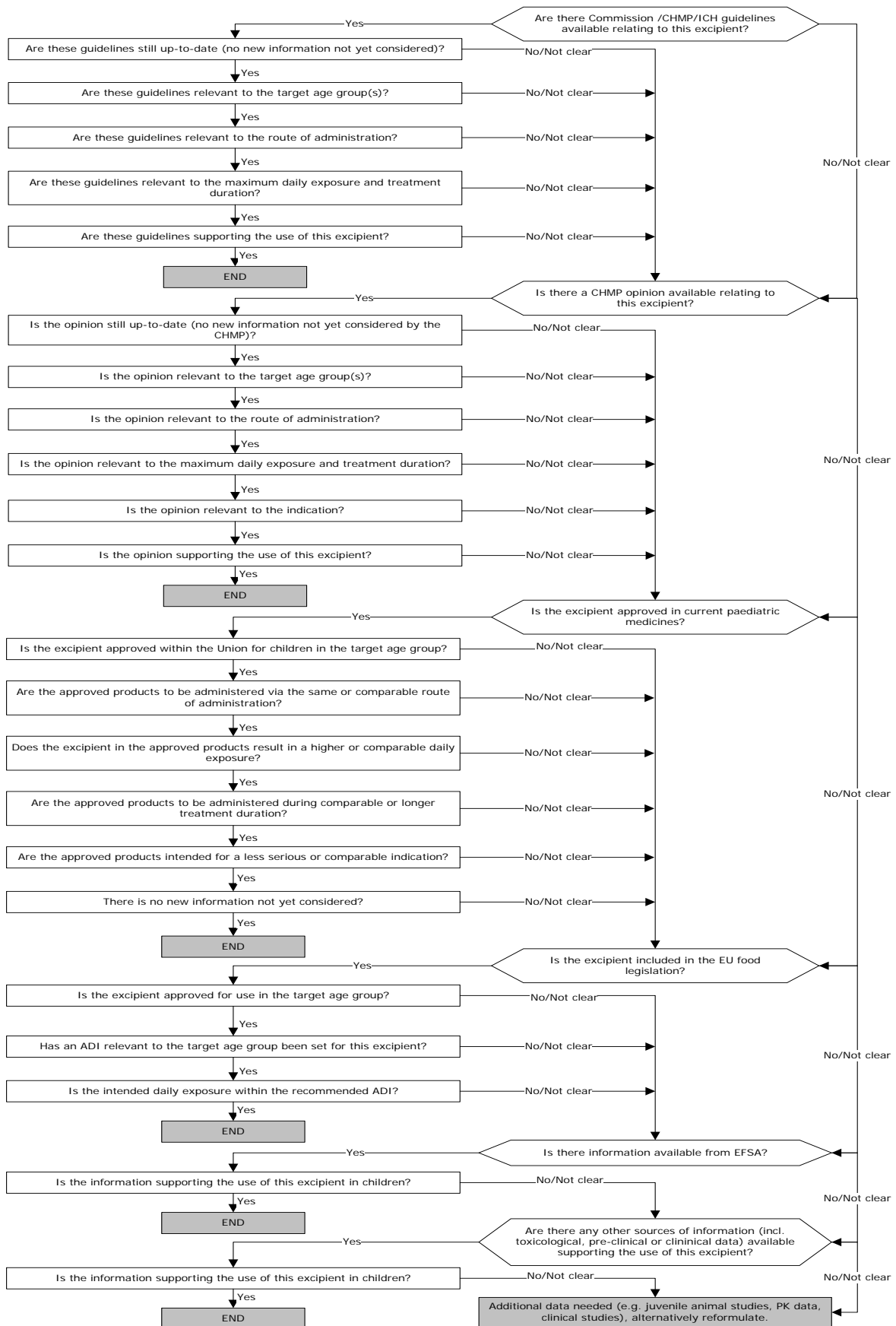
588 - Information in indexed literature;

589 - In-house information as non-published scientific evidence.

590 The relevance of acquired data for the excipient in the proposed paediatric medicinal product should be
591 summarised and discussed in relation to the age groups, indication, route of administration and type of
592 dosage form, treatment duration, maximum daily intake of the excipient and exposure.

593 It is emphasized that it is the responsibility of the applicant to justify that each excipient in the
594 paediatric medicine is safe for its intended use in target age group(s). Toxicological studies may be
595 necessary if the use of an existing excipient in a paediatric medicine can not be justified on the basis of
596 the aforementioned information sources.

Figure 1: Points for consideration in the evaluation of the safety profile of excipients in paediatric formulations for a specific target age group



END = no further need to justify the use of the particular excipient in the paediatric medicine (when the excipient or the medicinal product meets the conditions stated)

598 **9.2. Colouring agents**

599 The use of any specific colouring agent in a paediatric medicine should be discussed and justified in
600 terms of allergenic potential, minimal toxicological implications in the target age group(s), child patient
601 acceptability and the need to avoid accidental dosing errors. Where there is a need to differentiate
602 between similar medicinal products to avoid accidental dosing errors, the use of e.g. shape, size and
603 embossing should nonetheless be considered prior to considering the use of colouring agents. The
604 justification should address both the necessity to colour the medicinal product and the selection of a
605 particular colouring agent.

606 Unlike other excipients, the use of colouring agents in medicinal products is governed by a specific
607 directive (Directive 2009/35/EC of the European Parliament and of the Council of 23 April 2009 on the
608 colouring matters which may be added to medicinal products).

609 **9.3. Flavours**

610 Adequate palatability plays an important role in patient acceptance. Especially in oral liquid
611 formulations, flavours may be necessary to achieve this goal. The rationale for the use of a particular
612 flavour in a paediatric medicine should be clearly described and justified. The qualitative and
613 quantitative composition of any components of the flavouring agent that are known to have a
614 recognised action or effect should be provided. Safety concerns should be discussed, including the risk
615 of allergies and sensitization.

616 **9.4. Preservatives**

617 The use of preservatives is normally considered acceptable in multidose preparations, however for
618 many preservatives there is still limited data regarding the levels of safe exposure in children. The
619 need to preserve the paediatric medicine and the choice of the preservative system at the lowest
620 concentration feasible should be justified in terms of risk to benefit balance.

621 The appropriateness of the preservative system for the target age group(s) should be discussed.
622 Unless safety data relevant to children is available, applicants should justify the level of exposure
623 (proposed safety margins) taking into consideration thresholds for adults and also consider the
624 possibility of alternative dosage forms.

625 Pharmaceutical companies are encouraged to consider novel strategies that allow the preservative-free
626 formulation of paediatric medicines.

627 **9.5. Sugars and sweeteners**

628 Adequate patient's acceptability of oral paediatric formulations is paramount and sweetness plays an
629 important role in this.

630 The rationale for the use of a particular sweetening agent in a paediatric medicine should be clearly
631 described and justified. Safety concerns should be discussed, including conditions that would restrict
632 the use of a particular sugar or sweetener (e.g. diabetes, severe renal insufficiency).

633 The choice and concentration of sweetening agents depends on the properties of the active substance
634 and the use of flavours.

635 The use of cariogenic sugars should be carefully justified. Frequent and/or high doses of sweetening
636 agents should preferably be avoided in paediatric formulations intended for long term use. The
637 potential laxative effect of polyols (e.g. sorbitol, mannitol) should be considered. The osmotic

638 properties of polyols might also affect bioavailability. It should be noted that limited data are available
639 on the relevant thresholds for polyols in children.

640 Alternative approaches with taste improvement (coating, complex formation, choice of vehicle,
641 adjustment of viscosity) should be considered where relevant.

642 **10. Patient acceptability**

643 Patient acceptance can be defined as the overall ability and willingness of the patient to use a
644 medicinal product as intended and its care giver to administer the medicine as intended. Patient
645 acceptability is likely to have a significant impact on the patient's adherence and consequently on the
646 safety and efficacy of the medicine. It is determined by the characteristics of the medicinal product and
647 the user. The product aspects involve the pharmaceutical characteristics of the medicinal product such
648 as:

- 649 • palatability, swallowability (size and shape);
- 650 • complexity of handling to be conducted by the child or its caregivers prior to administration;
- 651 • the required dose e.g. the dosing volume, number of tablets etc.;
- 652 • the required dosing frequency;
- 653 • the selected administration device;
- 654 • the primary and secondary container closure system;
- 655 • the actual mode of administration to the child and any related pain or discomfort.

656 Evaluation of the patient acceptability of a paediatric medicine should be an integral part of the
657 pharmaceutical development studies. Patient acceptability of the medicinal product should be studied
658 in children themselves as part of any clinical study involving the proposed product. In justified cases
659 where no clinical studies will be conducted or in justified cases where patient acceptability will not be
660 studied in the clinical studies, the adequate patient acceptability of the medicinal product(s) as
661 proposed for marketing should be demonstrated otherwise e.g. by literature references or by studies in
662 dedicated adult panels. Oral liquid preparations are generally considered acceptable from birth
663 however the perception of palatability evolves and becomes critical.

664 For authorised medicinal products for which acceptability of the current formulation was tested during
665 the development the adequate patient acceptability should be assured. In cases of variations to the
666 composition of authorised formulations the impact of the change should be evaluated by the company
667 and the acceptability should remain to be assured.

668 Adequate patient's acceptability is not to be understood as 100% acceptance of a medicine by children
669 in the target age group(s). Moreover, different methods to measure patient's acceptability may result
670 in different outcomes. Therefore the suitability of the chosen method to test the patient' acceptability
671 and the appropriateness of the limits to be applied should be discussed and justified in terms of risk to
672 benefit considerations, including risks at population level (e.g. emergence of microbiological resistance
673 due to poor acceptability of different preparations with antibiotics), and should take account of the
674 characteristics of the target age group(s), the condition relevant to the paediatric medicine, incidental
675 and multiple use, co-medication.

676 *Palatability*

677 Palatability is one of the main elements of the patient acceptance of an oral paediatric medicine. It
678 may also be an aspect related to the use of nasal and inhalation medicines. Palatability is defined as

679 the overall appreciation of an (often oral) medicinal product towards its smell, taste, aftertaste and
680 texture (i.e. feeling in the mouth). It is determined by the characteristics of the active substance and
681 the way the active substance is formulated into a finished medicinal dosage form. Information on the
682 palatability of the active substance should consequently be acquired at an early stage in the
683 development of a medicinal product, e.g. from dedicated adult panels and literature. The palatability of
684 the active substance should contribute to the choice of the selected finished dosage form(s) and
685 route(s) of administration. Unless otherwise justified, the palatability of a paediatric medicine should
686 be satisfactory on its own merit (i.e. without mixing with food or drinks).

687 A paediatric medicinal product with a neutral taste or a paediatric medicinal product with a specific and
688 generally acceptable taste may be developed. The choice for either of these profiles should be justified.
689 Normally, development of medicinal products with a neutral taste should be considered, especially for
690 paediatric medicines used in the treatment of chronic conditions as strong flavours can become
691 unpalatable with repeated administration. The development of the intended target palatability (neutral
692 or a specific taste) should be clearly described and include information on relevant alternative
693 compositions or dosage forms.

694 Examples of measures that can be undertaken to improve the palatability of a medicinal product
695 include a judicious choice of excipients (including taste maskers, sweeteners and flavouring agents),
696 change in particle size of the active substance or of excipients, choice of a different salt of the active
697 moiety, coating of the active substance, coating of the finished dosage form, use of a complexing
698 agent (e.g. cyclodextrines) or for liquid preparations: lowering the amount of free active ingredient in
699 solution by choice of a different strength and subsequent change in volume. However, paediatric
700 formulations/preparations must not become too attractive to children (candy like) as this is known to
701 increase the rate of accidental poisoning.

702 *Mixing with Food*

703 For a variety of reasons it may be desirable to mix a paediatric medicine with food and drinks.
704 Whatever the reason the rationale should be explained and justified. Mixing with foods or drinks may
705 either be intended to mask the unsatisfactory taste of a medicinal product in cases where it has been
706 demonstrated that the palatability of the paediatric medicine cannot be further improved and where
707 alternative dosage forms can not be developed.

708 Mixing recommendations can also be applied as a further means to improve the patient acceptability
709 and the ease of swallowing of an otherwise already palatable medicinal product. Moreover, the lack of
710 recommendations on mixing with foods or drinks will not assure that caregivers will not employ this
711 method in order to administer the medicine. Therefore, the effect of mixing the medicinal product with
712 certain type(s) of common foods or drinks for children should be discussed and/or studied for every
713 paediatric medicine. The SmPC and PIL should always contain clear information if the product can or
714 cannot be mixed with foods or drinks. If mixing with foods or drinks is not recommended the SmPC
715 and PIL should clearly state that the mixing of the medicinal product with food or drinks has not been
716 studied and is the responsibility of the user.

717 In addition, appropriate warnings should be added in cases where incompatibilities with certain type(s)
718 of foods and drinks are foreseen. If mixing with foods and drinks is recommended, the type(s) of foods
719 and drinks should be clearly indicated including any temperature conditions where relevant. The user
720 should be instructed that the medicinal product should be mixed with a small portion (e.g. one spoon)
721 or otherwise justified quantity of the food or drinks, and needs to be taken within clearly specified time
722 after mixing. In exceptional cases larger quantity may be necessary to assure adequate palatability or
723 dissolution. Large amounts of food or drinks (e.g. one full glass/meal) should however be avoided
724 because of the risk that the child may not be able or willing to take the full quantity.

725 Different foods or drinks may have different properties and differ in their effect on the medicinal
726 product. Any choice should be justified in terms of their effects on the properties of the paediatric
727 medicine. It is understood that food and drinks are usually not standardized products and that the
728 whole range of variability cannot be covered by patient's acceptability and compatibility studies.
729 Nevertheless the SmPC and PIL should give clear instructions on what foods and drinks have been
730 demonstrated to be appropriate for the medicinal product to be mixed with. Unless otherwise justified,
731 information on the stability of the product in the recommended foods should be provided. This
732 information should include information on any restrictions on the temperature of the food stuffs. Some
733 medicinal products may dissolve or partially dissolve in foods. This may affect product performance
734 and the pharmacokinetic behaviour.

735 When mixing with food and drinks is proposed the possible effect on biopharmaceutical characteristics
736 of the product should be discussed. Bioavailability testing may be needed depending on information
737 that is available from previous studies relevant to the paediatric medicine.

738 **11. Container closure system, measuring device,** 739 **administration device and packaging**

740 **11.1. General considerations**

741 The container closure system and administration device should be designed for use in the target age
742 group(s). When used together they should allow the appropriate use of the preparation.

743 Unless otherwise justified, container closure systems used in adolescent children should be discrete
744 and portable and, where reasonable, enable individual doses to be taken to school, sports etc. Where
745 relevant, the SmPC and PIL should state that the medicinal product should only be used in combination
746 with a designated administration device.

747 Pharmaceutical companies are encouraged to consider novel packaging and administration strategies
748 that improve child acceptance, child adherence and child and/or caregiver's convenience whilst
749 reducing the risk of accidental dosing errors.

750 The container closure system should differentiate the medicinal product from confectionary and toys to
751 reduce the attractiveness of the product to children.

752 The practicality of the container closure system and administration device should be considered. For
753 example, some bottles used for oral liquid medicine are small enough to allow removal of the entire
754 contents with an oral syringe of appropriate length. Other containers will require a "syringe adaptor",
755 which is an integrated bung in the neck of the bottle into which the oral syringe fits. The syringe
756 adaptor allows the entire contents of the bottle to be successfully removed from the bottle.

757 **11.2. Container size**

758 *General considerations*

759 The full contents of a container should be justified in terms of

760 1) dosing recommendations and dosing duration in the SmPC and PIL for each of the target age
761 group(s);

762 2) accidental dosing errors, specially the risk of 10-fold overdosing;

763 3) accidental ingestion of the full contents;

764 4) patient acceptability.

765 **11.3. Measuring device**

766 Specific attention should be given to the ease and accuracy of the administration. The 'criticality' of the
767 dose i.e. steep dose/pharmacodynamic response curve, narrow therapeutic window should also be
768 discussed.

769 Unless otherwise justified liquid paediatric medicines should be supplied with a measuring device. The
770 physical characteristics of the liquid preparation in relation to the measuring device will play a part in
771 determining the accuracy of dosing. The combination of the paediatric preparation and the measuring
772 device should be investigated in order to ensure accurate dosing.

773 There may be situations where it is claimed that it is not necessary to supply a measuring device with
774 the paediatric medicines. In these cases it should be demonstrated that accuracy of dosing is achieved
775 with a range of commonly available measuring devices such as measuring spoons and measuring cups.
776 The user instructions should be specific to the type of measuring devices to be employed.

777 The age appropriateness of an administration device should be discussed. An oral syringe may provide
778 a more reliable method of administration for oral liquids in the youngest age groups than a spoon or a
779 cup.

780 The nominal volume of the measuring device and the graduation on the device should be assessed in
781 view of the recommended doses, the risk of over and under dosing and the availability of a higher or
782 lower strength of the medicinal product. Measuring devices may be used for repeated oral dosing, if
783 appropriately cleaned. A cleaning instruction should be included in the SmPC and PIL.

784 If a device is specifically designed to deliver the correct doses for a particular product, e.g. a cup to
785 measure a particular number of granules, then the product name should be displayed on the device in
786 order to avoid mixing devices for different medicinal products.

787 Some measuring devices such as oral syringes may contain some dead space. The significance of the
788 dead space increases as the volume measured decreases. This should be discussed. It should be
789 demonstrated that it is insignificant to accuracy when the intended volume is measured. Incorrect
790 flushing of syringes and needles may result in a relevant overdose of the intended volume for
791 administration. The risk of such overdosing to individual child health should be discussed. In relevant
792 cases, an appropriate warning i.e. not to flush the syringe and needle may be considered in the SmPC
793 and PIL.

794 The accuracy of measuring devices for paediatric medicines with a steep dose/pharmacodynamic
795 response curve or narrow therapeutic window may require special considerations. Accuracy of such
796 devices should be discussed and justified.

797 **11.4. Other devices**

798 For routes of administration requiring the use of a specific administration device, the appropriateness
799 of the device for the target age group(s) should be justified, e.g. face masks, nebulisers.

800 Aspects to be discussed include the ease of administration by the child or its caregiver, difficulties in
801 administration to unwilling children, and the robustness of the device in daily practice. Any necessary
802 device should be dispensed with the product unless the applicant can demonstrate that the device is
803 commercially available.

804 **12. User information (summary of product characteristics**
805 **and patient information leaflet)**

806 Pharmaceutical companies should provide clear user instructions that favour the correct and full
807 administration of their paediatric medicinal products. These instructions should take account of the
808 different administration scenarios to children from birth into adulthood. Where relevant, instructions
809 that are both suitable for the caregiver as well as the child are strongly recommended. User
810 instructions should be sufficiently robust towards unwilling children, especially where full adherence is
811 critical for therapeutic outcomes.

812 Detailed instructions can be found in the Guideline on the SmPC.

813 **Definitions**

814 *Age-appropriate paediatric medicine*

815 A medicine the pharmaceutical design of which is suitable for use in the target age group(s).

816 *Preliminary formulation (as called enabling formulation)*

817 A preliminary formulation is relatively simple and easy to prepare formulation that facilitates the
818 preclinical and/or early clinical development studies which might otherwise be delayed whilst
819 developing the final age-appropriate paediatric medicinal product.

820 *Paediatric formulation*

821 The composition of a particular dosage form of a medicinal product for paediatric use.

822 *Paediatric preparation*

823 A paediatric formulation in a particular strength (e.g. tablets 5 mg, solution for injections 5 mg/ml)
824 and, in case of paediatric formulations for single use, the labelled container contents (e.g. solution for
825 injection 5 mg/ml, 1 ml = 5 mg or 2 ml = 10 mg).

826 *Paediatric medicine / paediatric medicinal product*

827 A paediatric preparation in its container closure system, together with any measuring and
828 administration device and the user instruction.

829 *Pharmaceutical development*

830 In the context of this guideline, pharmaceutical development relates all aspect as described in Module
831 3.2.P of the Common Technical Document, the user instruction in the SmPC (section 6.0) and the PIL.
832 It is defined as the process of turning an active pharmaceutical moiety into a paediatric medicinal
833 product that is suitable for administration by the child itself or its adult caregiver, including all related
834 pharmaceutical aspects as e.g. the control of raw materials, the validation of analytical methods etc.

835 *Pharmaceutical design of a medicinal product*

836 The composition, dosage form, route of administration, dosing frequency, packaging, measuring or
837 administration device and the user instruction of a medicinal product.