On 23 January 2014, the Committee for Medicinal Products for Human Use (CHMP) adopted a positive opinion, recommending the granting of a marketing authorisation for the medicinal product Bemfola intended for the treatment of fertility disorders. The applicant for this medicinal product is FINOX Biotech AG. They may request a re-examination of any CHMP opinion, provided they notify the European Medicines Agency in writing of their intention within 15 days of receipt of the opinion.

The active substance of Bemfola is follitropin alfa, a recombinant human follicle-stimulating hormone (G03GA05). Follitropin alfa is essential for normal female gamete growth and maturation, and induction of normal gonadal steroid production. Deficient endogenous production of FSH is a known cause of infertility and administration of exogenous gonadotropins is used to treat this condition.

The benefits with Bemfola are its ability for the treatment of fertility disorders. The most common side effects are headache, ovarian cysts and local injection site reactions. Mild or moderate Ovarian Hyperstimulation Syndrome (OHSS) has been commonly reported and should be considered as an intrinsic risk of the stimulation procedure. Thromboembolism may occur very rarely, usually associated with severe OHSS.

A pharmacovigilance plan for Bemfola will be implemented as part of the marketing authorisation.

The approved indication is:

In adult women:

- Anovulation (including polycystic ovarian disease, PCOD) in women who have been unresponsive to treatment with clomiphene citrate.
- Stimulation of multifollicular development in patients undergoing superovulation for assisted reproductive technologies (ART) such as in vitro fertilisation (IVF), gamete intra-fallopian transfer (GIFT) and zygote intra-fallopian transfer (ZIFT).

1 Summaries of positive opinion are published without prejudice to the Commission decision, which will normally be issued 67 days from adoption of the opinion.
• Follitropin alfa in association with a luteinising hormone (LH) preparation is recommended for the stimulation of follicular development in women with severe LH and FSH deficiency. In clinical trials these patients were defined by an endogenous serum LH level < 1.2 IU/l.

In adult men:

• Follitropin alfa is indicated for the stimulation of spermatogenesis in men who have congenital or acquired hypogonadotrophic hypogonadism with concomitant human Chorionic Gonadotrophin (hCG) therapy.

It is proposed that Bemfola be prescribed by physicians experienced in the treatment of treatment of fertility disorders.

Detailed recommendations for the use of this product will be described in the summary of product characteristics (SmPC), which will be published in the European public assessment report (EPAR) and made available in all official European Union languages after the marketing authorisation has been granted by the European Commission.

The CHMP, on the basis of quality, safety and efficacy data submitted, considers there to be a favourable benefit-to-risk balance for Bemfola and therefore recommends the granting of the marketing authorisation.