

# Convalescent plasma for treatment of respiratory viruses

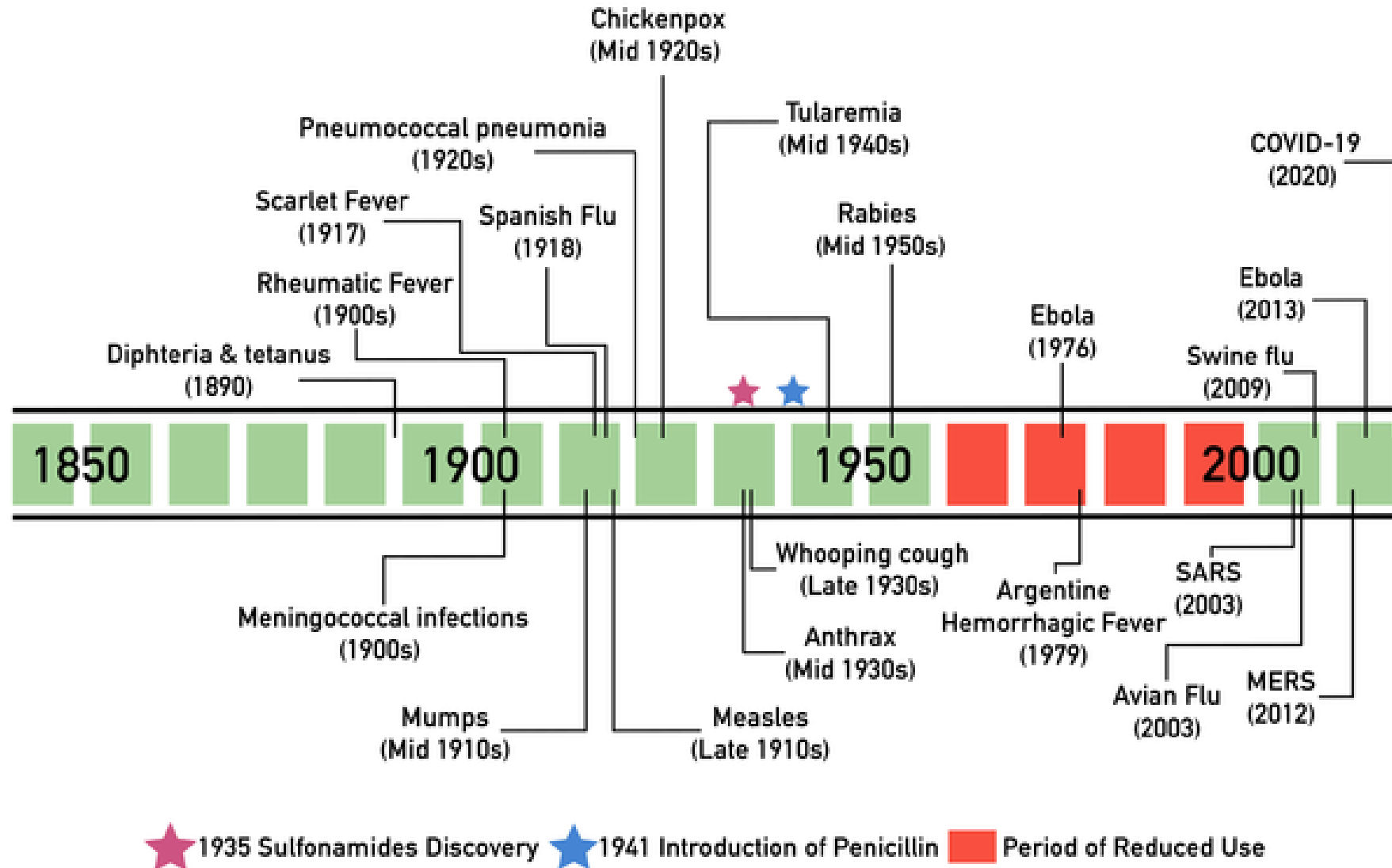
*Dr. Daniele Focosi*

*Pisa University Hospital*

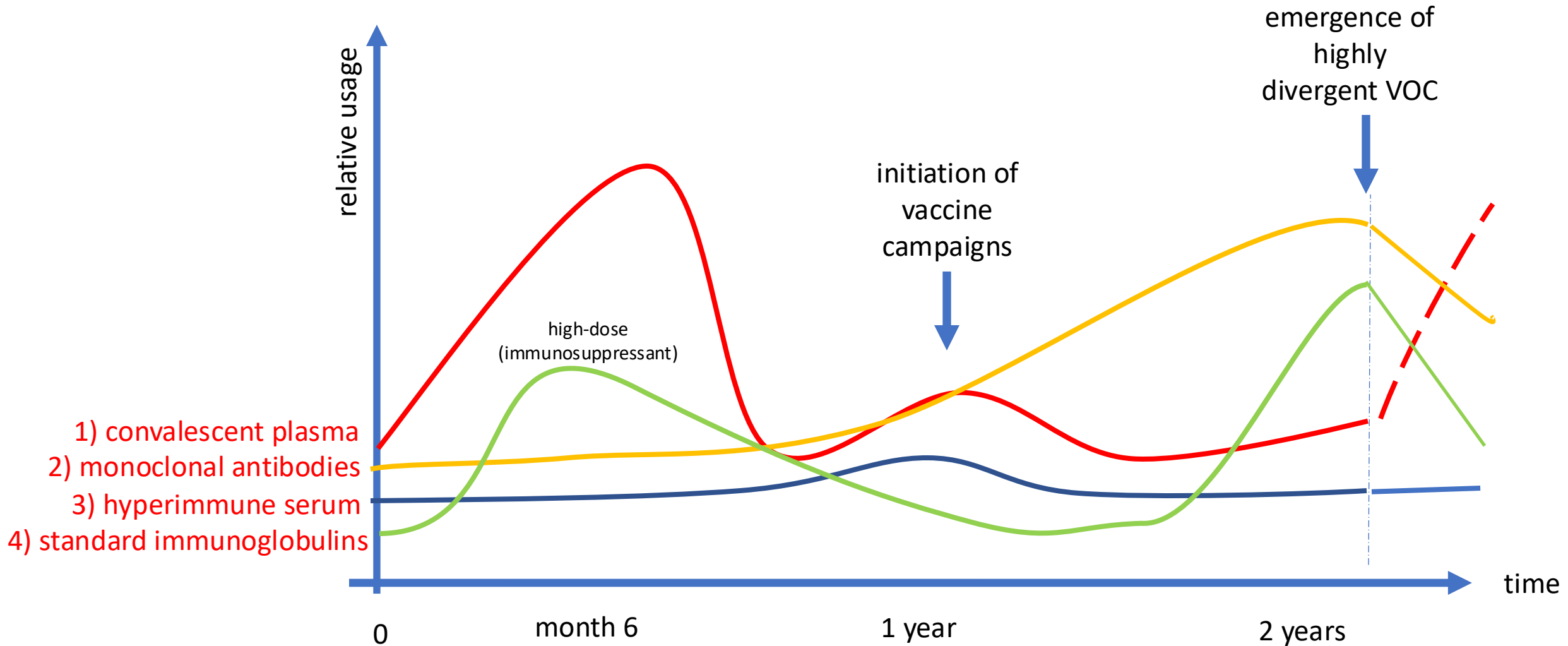
*EMA workshop on primary efficacy endpoints for antivirals and monoclonal antibodies intended to treat COVID-19 and Influenza*

June 5-6, 2025

# Notable **historic uses** of antibody therapy against infectious diseases



# Different types of passive immunotherapies against a novel pandemic microbe



## Fresh-frozen CCP is a **heterogenous** and **hard-to-standardize** product

### •Antiviral

- ACE2<sup>+</sup> EV
- FXa
- neutralizing antibodies
  - from SARS-CoV-2 infection
  - from heterologous infection
  - from heterologous vaccine

### •Antithrombotic

- AT-III
- albumin

### •Antiinflammatory

- dilution of proinflammatory cytokines
- nonspecific Ig
- A<sub>1</sub>AT

### •Proviral

- Spike-activating endoproteases
- virus-carrying EVs

### •Prothrombotic

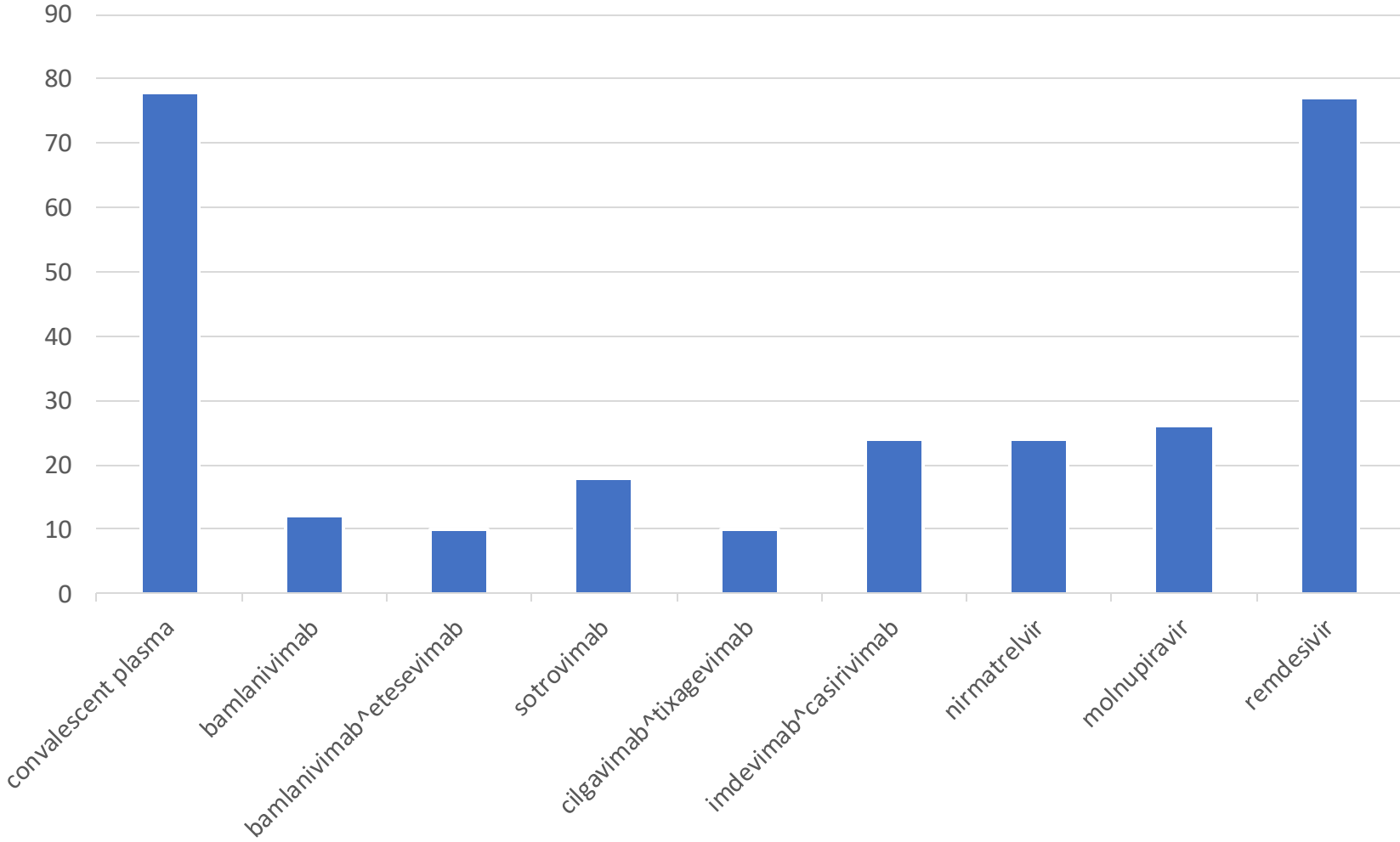
- TF-expressing EV
- autoantibodies (ADAMTS13, aPL,  $\beta_2$ G1, LAC, annexin A2)
- $\alpha_2$ AP
- sUPAR

### •Proinflammatory

- afucosylated IgG
- autoantibodies (IFN, MDA5, ANA, , ANCA, ACE2, AT1R, MDA, AD, Yo, NMDAR)



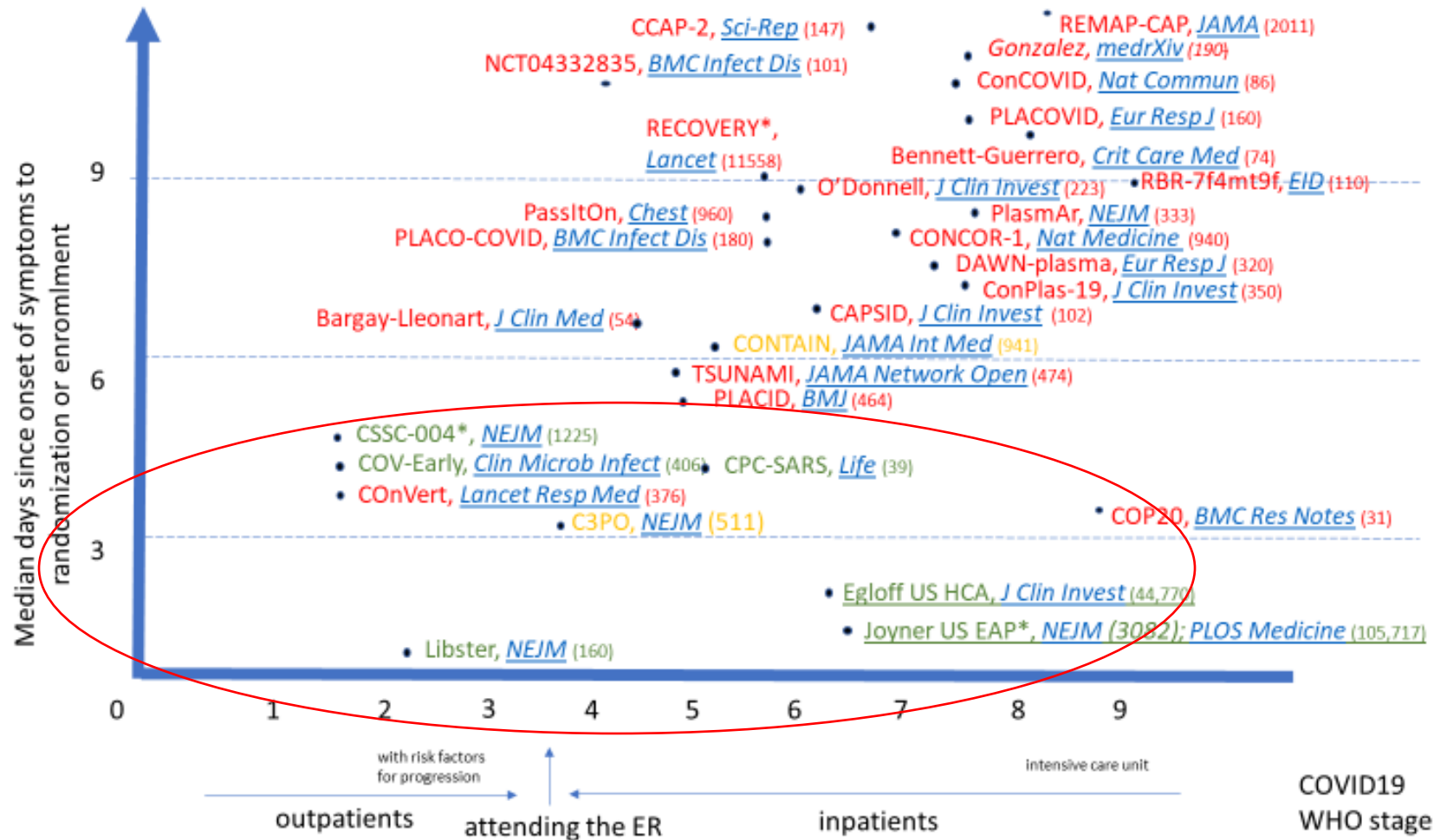
During the COVID-19 pandemic,  
COVID-19 convalescent plasma (CCP) was **the most investigated antiviral** in RCTs



Source: PubMed query with "Randomized Clinical Trials" filter

## CCP in immunocompetent patients : summary of RCTs.

A few **successes** in early usage submerged by a plethora of **failures** in late stages



Is CCP safe? Yes, it is.

# 8 | TRANSFUSION

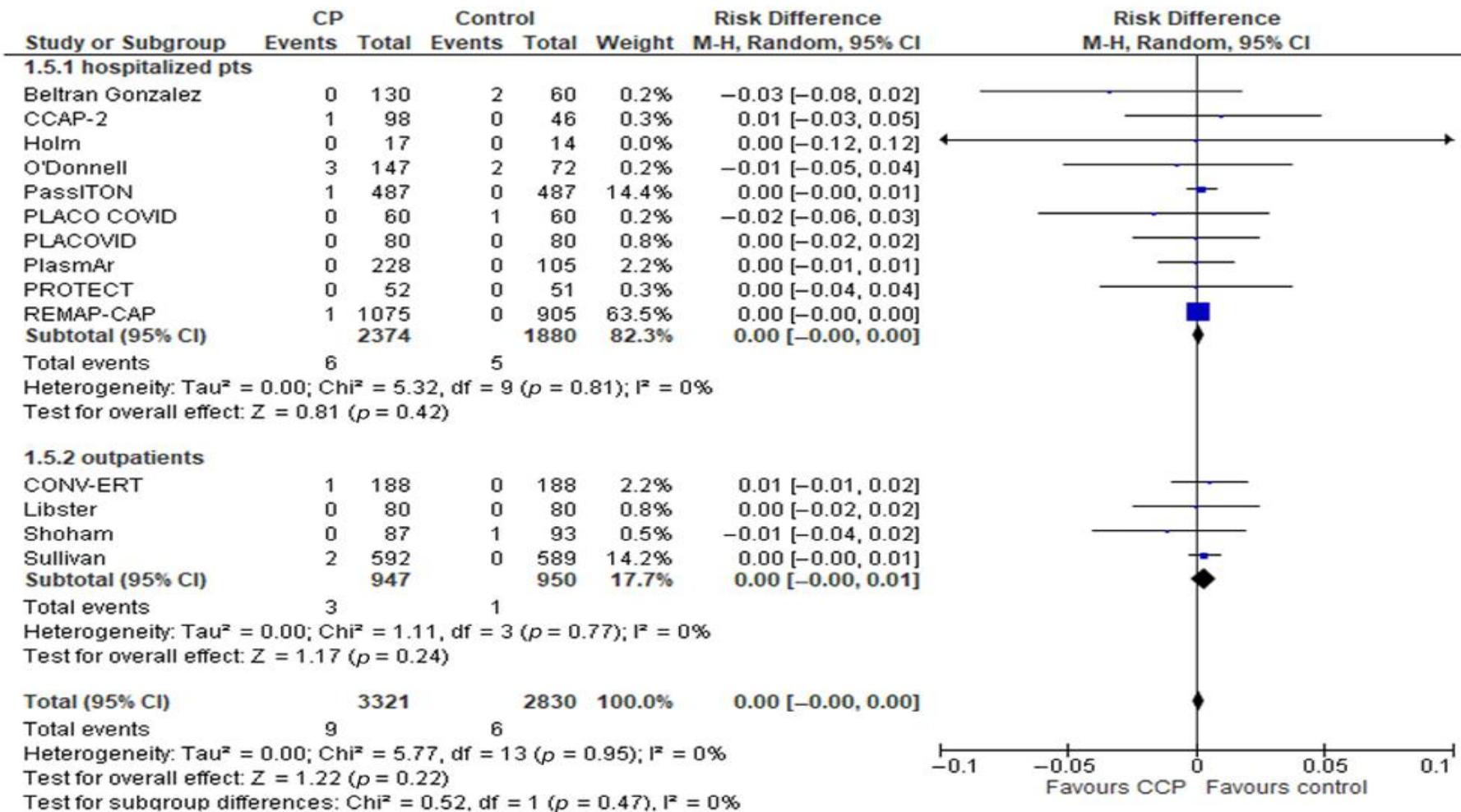
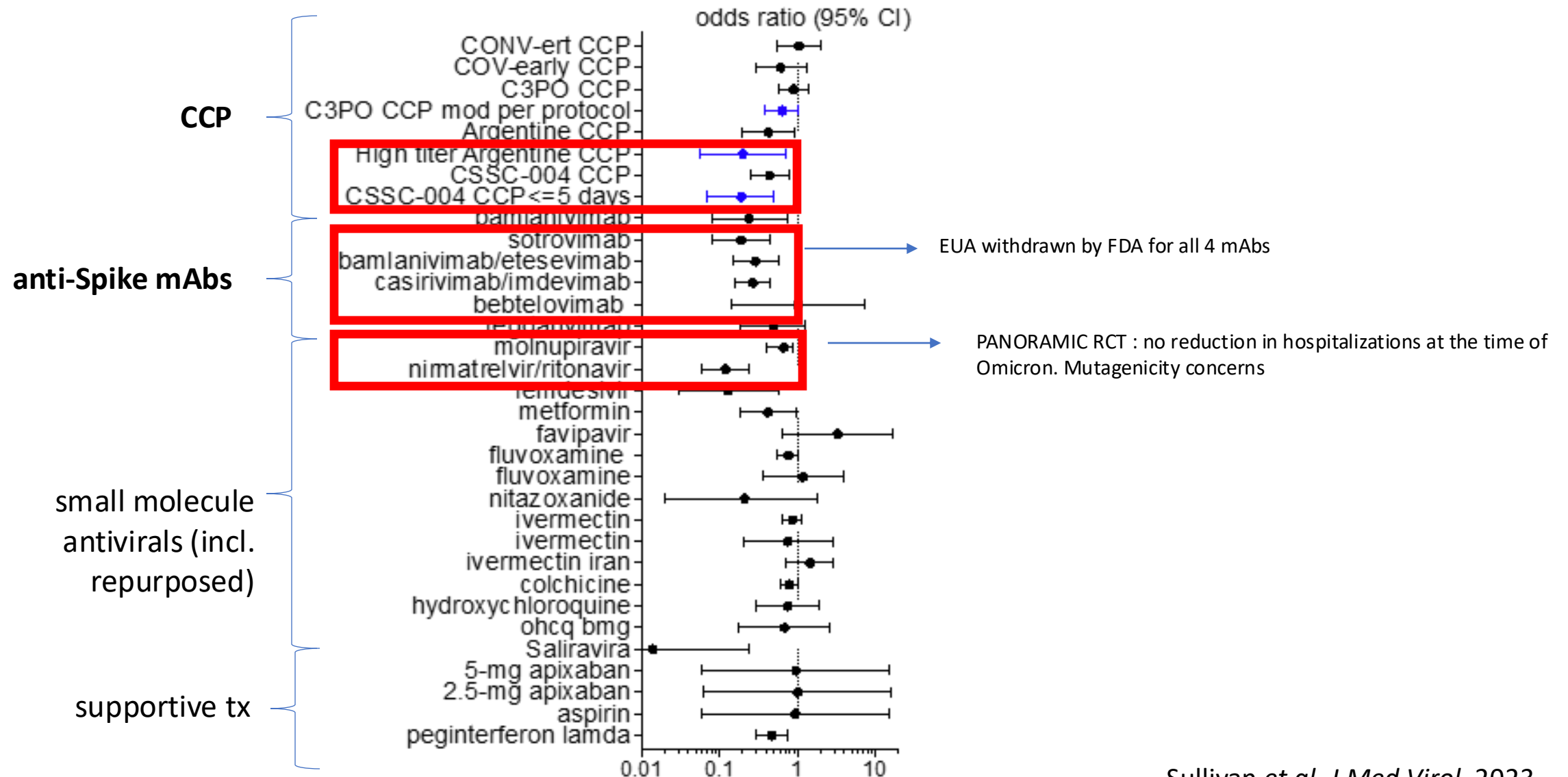


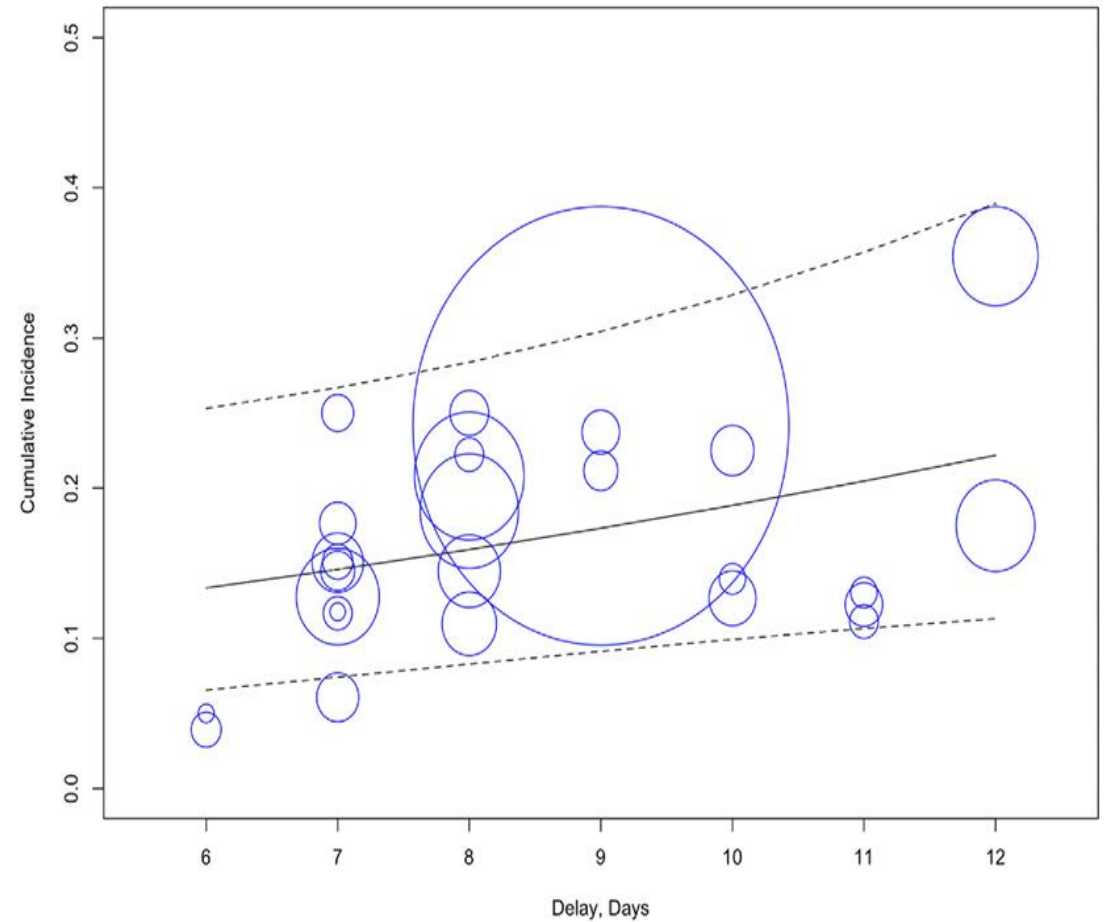
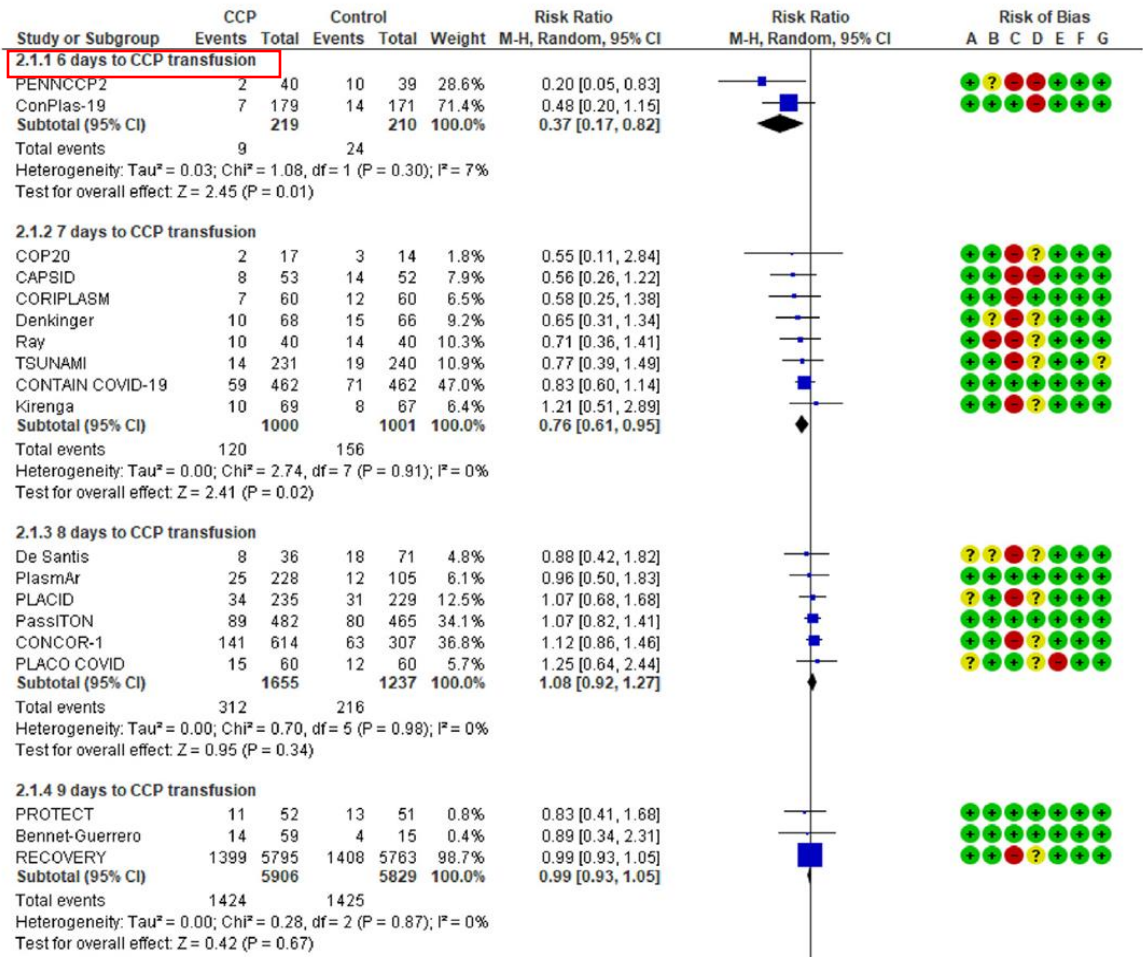
FIGURE 4 Forest plot of comparison: Convalescent plasma versus control, outcome: 1.5 Treatment-related adverse reactions (serious).

Can CCP reduce **hospitalizations** in **outpatients**? **Yes**, it can, at the same level as with anti-Spike mAbs.



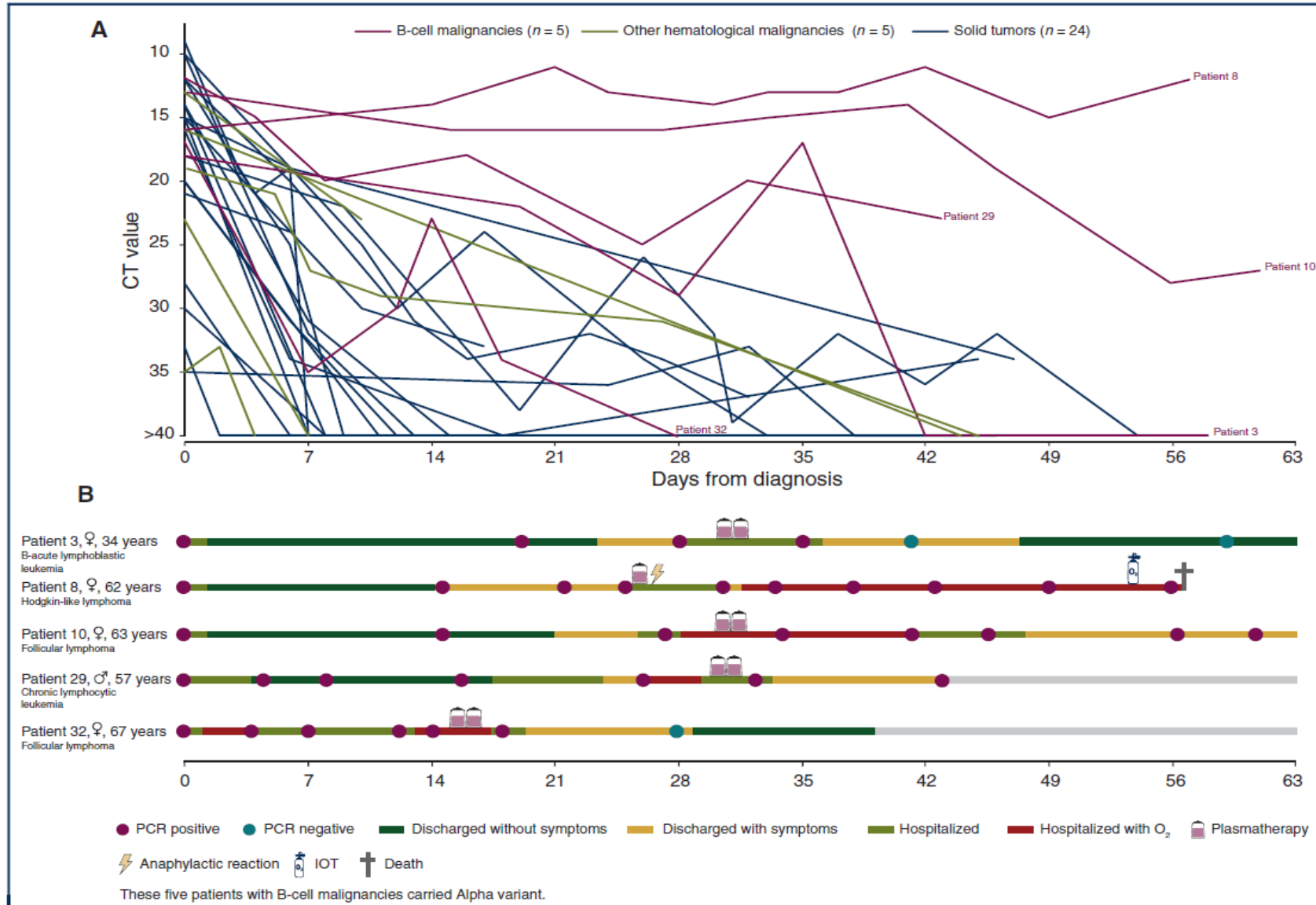
Sullivan *et al*, *J Med Virol*, 2023

# Can CCP reduce mortality in hospitalized patients? Yes, only if administered within 5 days

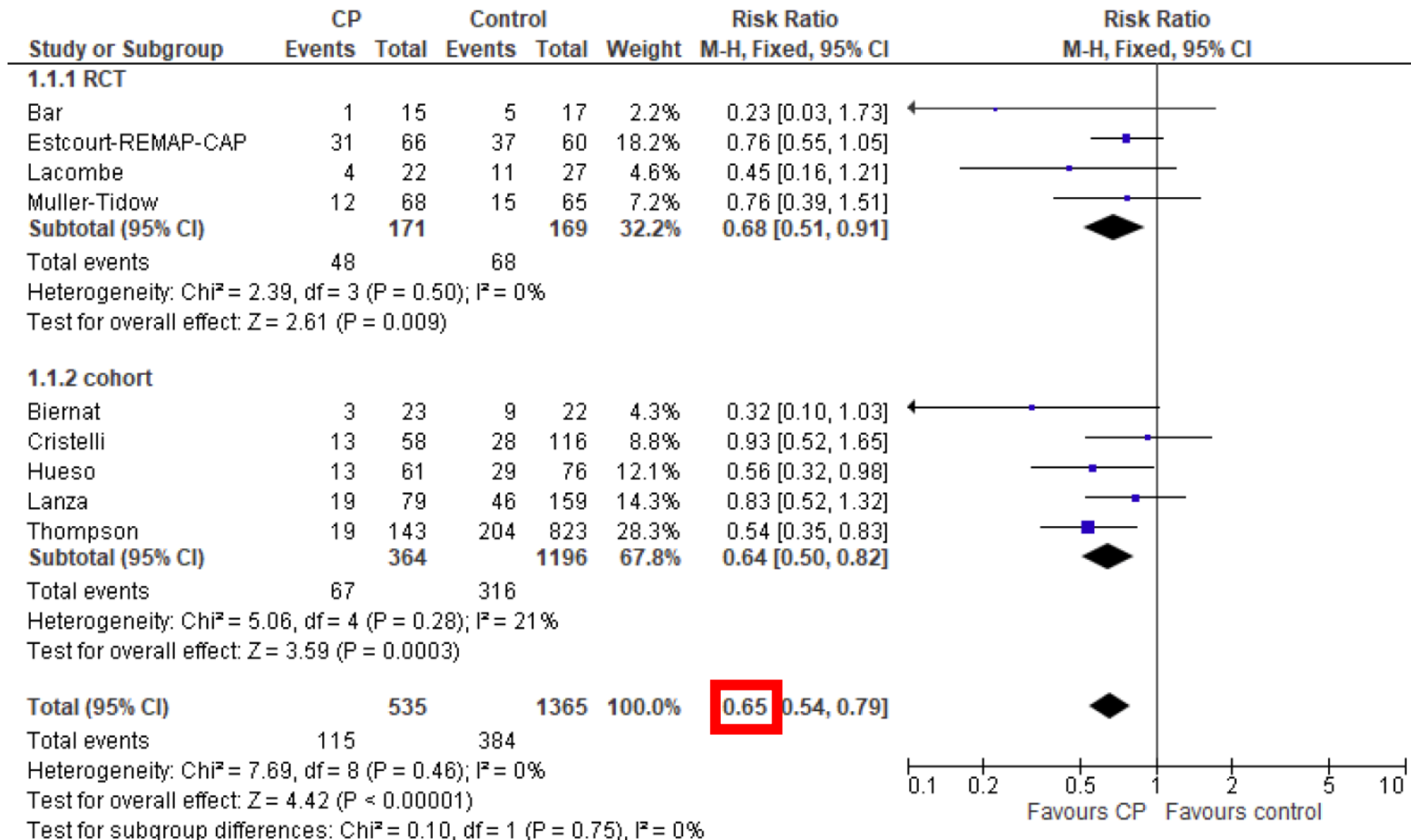


**Fig. 3.** Results of the meta-regression analysis. (a) Cumulative incidence of death (mortality) as a function of the delay in the start of the convalescent plasma treatment. The prediction line of the mean after the regression on the treated arm is depicted as a solid line, the confidence area is delimited by the dashed curves. The size of the original studies is indicated by the area of the circles. (b) Meta-regression on 28-day mortality, table of coefficients (estimate). The coefficients of predictors “WHO” and “Days”, expressed in logit

# Can CCP rescue anti-Spike mAb treatment failures? Yes, it can.



# Can CCP reduce mortality in immunocompromised patients? Yes, it can (1/2).



## Can CCP reduce 60-day mortality in B-cell depleted patients? Yes, it can

**Table 3.** Conditional logistic regression results.

Characteristic	OR	95% CI	p
Patient type			0.013
Autoimmune disorder	6.88	(1.50, 31.63)	
Hematologic cancer/disorder	1.00	(reference)	
Days since the last anti-CD20 dose†	1.16	(1.04, 1.29)	0.007
Number of COVID-19 vaccine doses†	0.92	(0.69, 1.22)	0.566
Anti-spike Ab status			0.929
Negative	1.00	(reference)	
Positive	0.95	(0.31, 2.88)	
<u>Treatment of underlying condition</u>			
BTK inhibitors	1.12	(0.21, 6.11)	0.984
Anti-CD19 CAR T-cell therapy	0.10	(0.02, 0.66)	0.016
Bendamustine	0.94	(0.44, 2.05)	0.884
Venetoclax	3.65	(0.46, 29.23)	0.223
<u>CCP treatment</u>			
Type of plasma transfused			0.005
CCP or Vaccine-only plasma	1.00	(reference)	
Vaccine-booster CCP	9.49	(2.01, 44.82)	
Total units transfused, units	0.93	(0.78, 1.11)	0.426
Total volume transfused, mL	0.98	(0.81, 1.19)	0.827
Days from first symptoms	1.01	(1.00, 1.02)	0.179
Days from hospital admission	1.00	(0.99, 1.02)	0.575
<u>Concomitant COVID-19 therapy</u>			
Non-specific IVIG	1.82	(0.48, 6.88)	0.377
Steroids	0.95	(0.45, 1.97)	0.879
Remdesivir	1.31	(0.66, 2.61)	0.440
Nirmatrelvir/ritonavir	2.76	(0.32, 23.74)	0.354
Hydroxychloroquine	1.61	(0.34, 7.76)	0.550
Anti-spike mAb	2.17	(0.66, 7.10)	0.202

Individual patient data metanalysis  
570 B-cell depleted patients

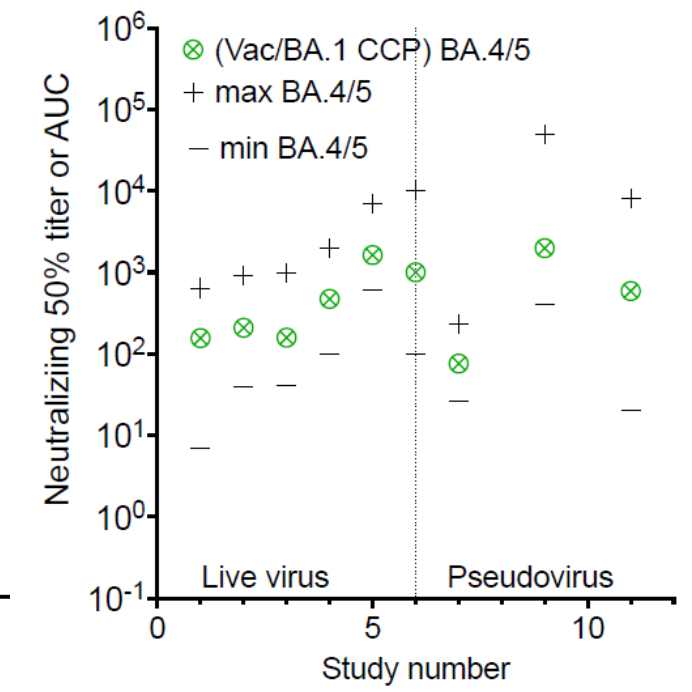
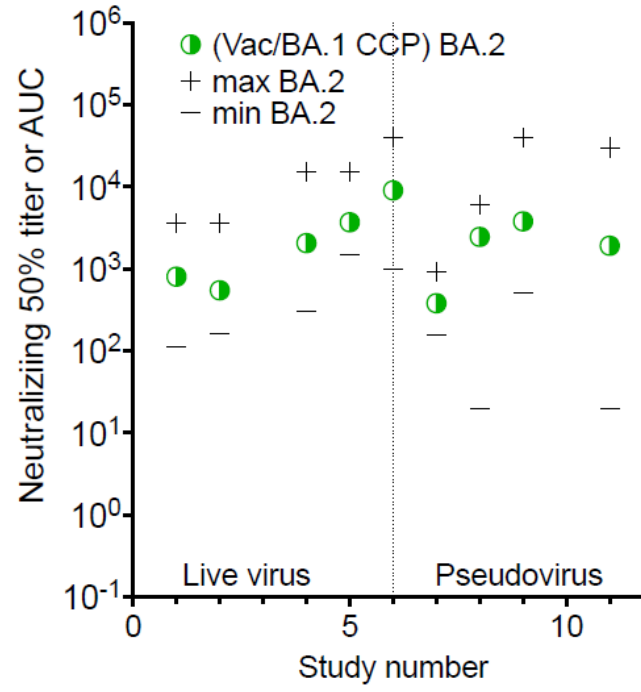
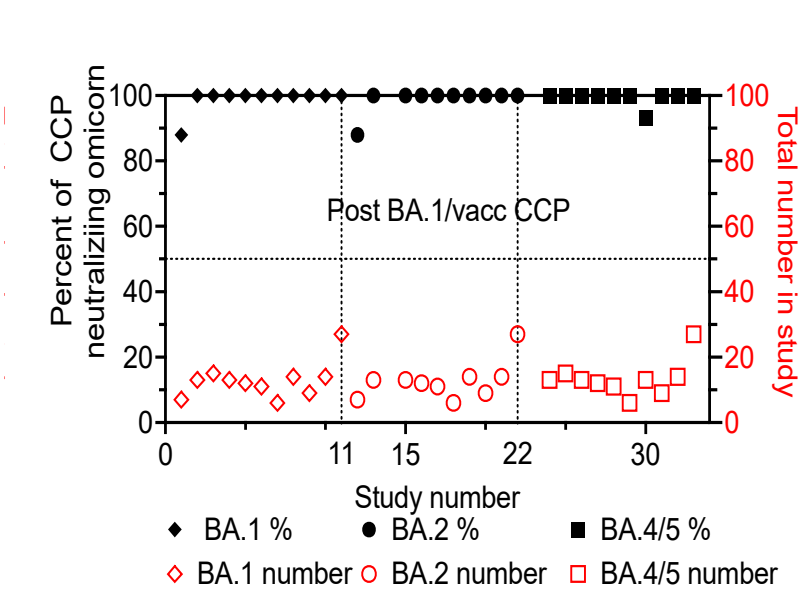
- 64% clinical improvement within 5 days
- 70.1% SARS-CoV-2 clearance
- 86.5% 60-day survival

Zaremba *et al*, submitted to Blood

Available at <https://www.medrxiv.org/content/10.1101/2025.05.15.25327576v1>

# Why is **VaxCCP** superior to CCP? **Hybrid immunity** is heterologous

BA.1 breakthrough (hybrid) VaxPlasma neutralizes BA.2 and BA.4/5 with high titers and 100% prevalence

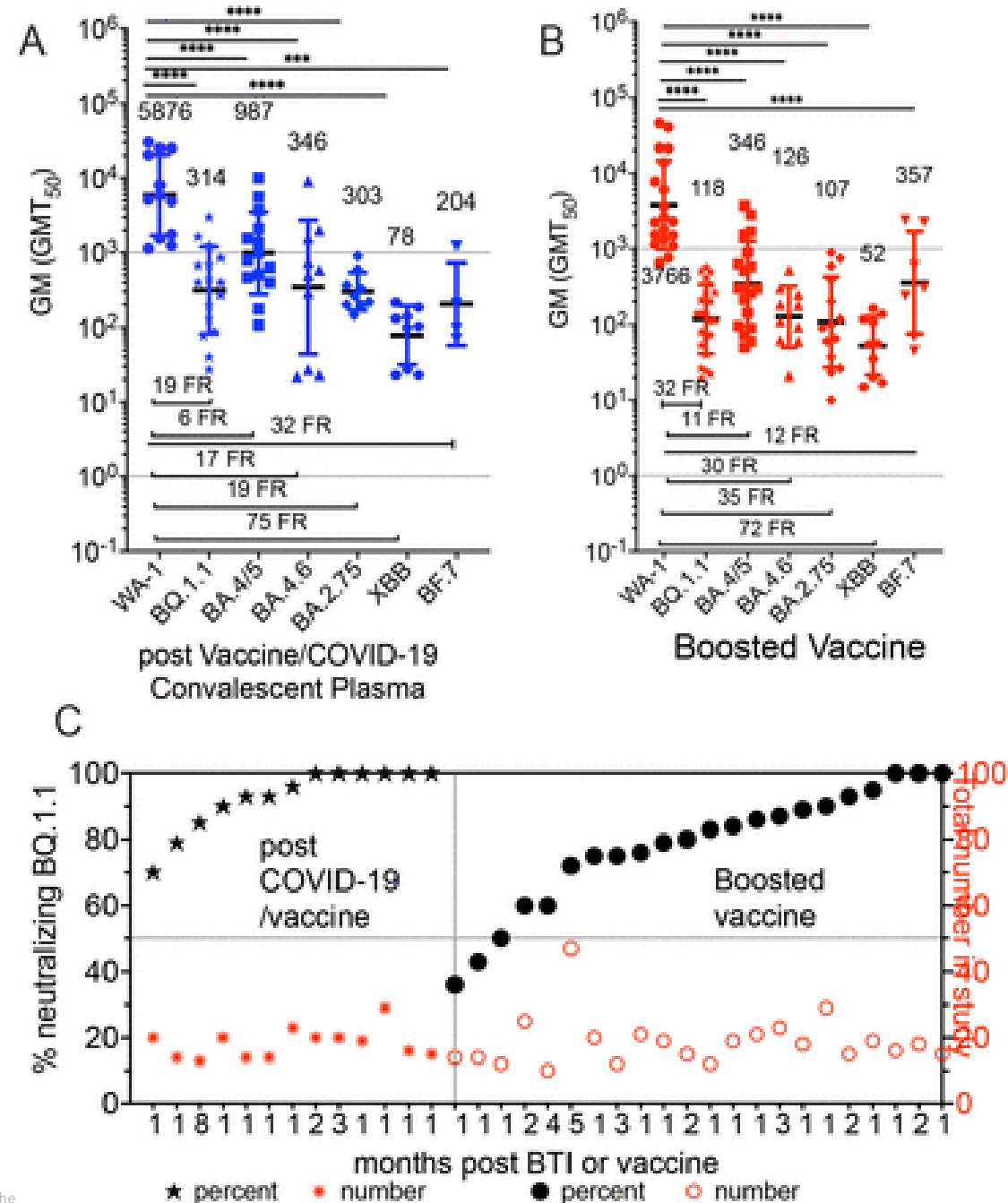
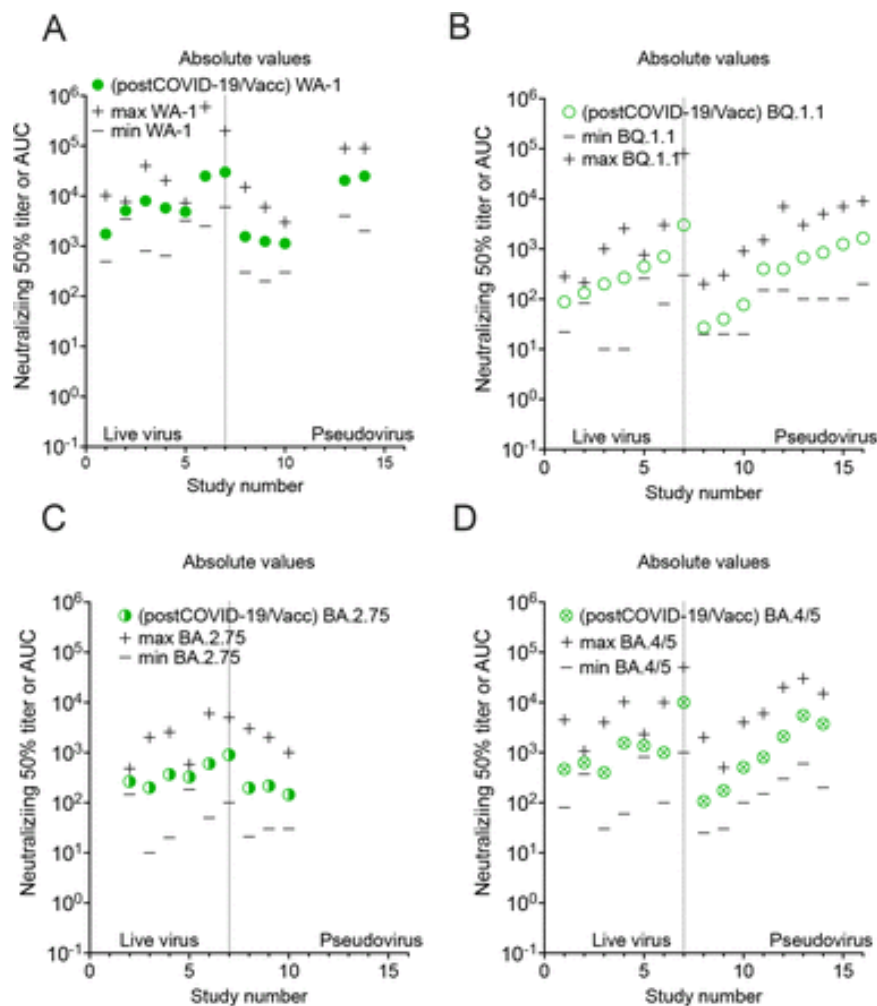


# Plasma after both SARS-CoV-2 boosted vaccination and COVID-19 potently neutralizes **BQ.1.1** and **XBB.1**

David J Sullivan, Massimo Franchini, Jonathon W. Senefeld, Michael J. Joyner, Arturo Casadevall, Daniele Focosi

doi: <https://doi.org/10.1101/2022.11.25.517977>

This article is a preprint and has not been certified by peer review [what does this mean?].



# What do **scientific societies** recommend about CCP ?

Guideline	Issuance	Indication	Strength of Recommendation	Certainty of Evidence
AABB	09/2022	Hospitalized: suggested use with standard care.	weak	low
		Outpatients (immunocompromised or not): suggested use with standard care.	weak	low
NIH	12/2022	<p>There is insufficient evidence for the panel to recommend either for or against the use of high-titer CCP for the treatment of COVID-19 in hospitalized or nonhospitalized patients who are immunocompromised.</p> <p>o Some Panel members would use CCP to treat an immunocompromised patient with significant symptoms attributable to COVID-19 and with signs of active SARS-CoV-2 replication and who is having an inadequate response to available therapies. In these cases, clinicians should attempt to obtain high-titer CCP from a vaccinated donor who recently recovered from COVID-19 likely caused by a SARS-CoV-2 variant similar to the variant causing the patient's illness.</p>	-	-
FDA	12/2021	COVID-19 convalescent plasma with high titers of anti-SARS-CoV-2 antibodies is authorized for the treatment of COVID-19 in patients with immunosuppressive disease or receiving immunosuppressive treatment, in inpatient or outpatient settings.	-	-
IDSA	3/2/2022	Recommendation 14: Among ambulatory patients with mild-to-moderate COVID-19 at high risk for progression to severe disease who have no other treatment options*, the IDSA guideline panel suggests FDA-qualified high-titer CCP within 8 days of symptom onset.	weak	low
ECIL-9	9/17/2021	Mild COVID-19: high-titer CCP is recommended in hematological patients within 72 h from symptom onset and anti-SARS-CoV-2 monoclonal antibodies not available.	weak	moderate
		Moderate COVID-19: CCP is recommended in seronegative hematological patients.	moderate	low
NCCN (CCP obtained from subjects recovered from Omicron and previously vaccinated is preferred)	8/19/2022	Hospitalized COVID-19 cancer patients: consider high-titer CCP in immunocompromised patients, particularly those with B-cell impairment, and when anti-SARS-CoV-2 monoclonal antibodies are not available.	2A <sup>1</sup>	-
		COVID-19 cancer outpatients: high-titer CCP may be beneficial in immunocompromised patients, particularly those with B-cell impairment, with persistent SARS-CoV-2 infection.	2A <sup>1</sup>	-

Focosi et al, Life, 2023

<sup>1</sup> Category 2A: based upon lower-level evidence, there is uniform NCCN consensus that the intervention is appropriate.

Group for the study of infection in transplantation and other immunocompromised host (GESITRA-IC) of the Spanish Society of Infectious Diseases and Clinical Microbiology (SEIMC)

<https://www.sciencedirect.com/science/article/abs/pii/S0955470X23000423>

# What does WHO recommend about CCP ?

Cochrane Database of Systematic reviews | Review - Intervention

Free access

## Convalescent plasma for people with COVID-19: a living systematic review

Claire Iannizzi, Khai Li Chai, Vanessa Piechotta, Sarah J Valk, Catherine Kimber, Ina Monsef, Erica M Wood, Abigail A Lamikanra, David J Roberts, Zoe McQuilten, Cynthia So-Osman, Aikaj Jindal, Lise J Estcourt, Nina Kreuzberger<sup>3</sup>, Nicole Skoetz<sup>3</sup> Authors' declarations of interest

Version published: 10 May 2023 | Version history

The Cochrane review is halted at March 2022 (published on May 2023), then includes only 21 out of 50 RCTs.

No subgroup analysis for immunocompromised patients



# WHO recommends against the use of convalescent plasma to treat COVID-19

7 December 2021 | News release | Reading time: Less than a minute (172 words)

*Trials for severe and critical patients should continue*

WHO has updated its living guideline on COVID-19 therapeutics to include convalescent plasma. For non-severe COVID-19 patients, WHO recommends against its use, while it should only be used within clinical trials for severe and critical COVID-19 patients.

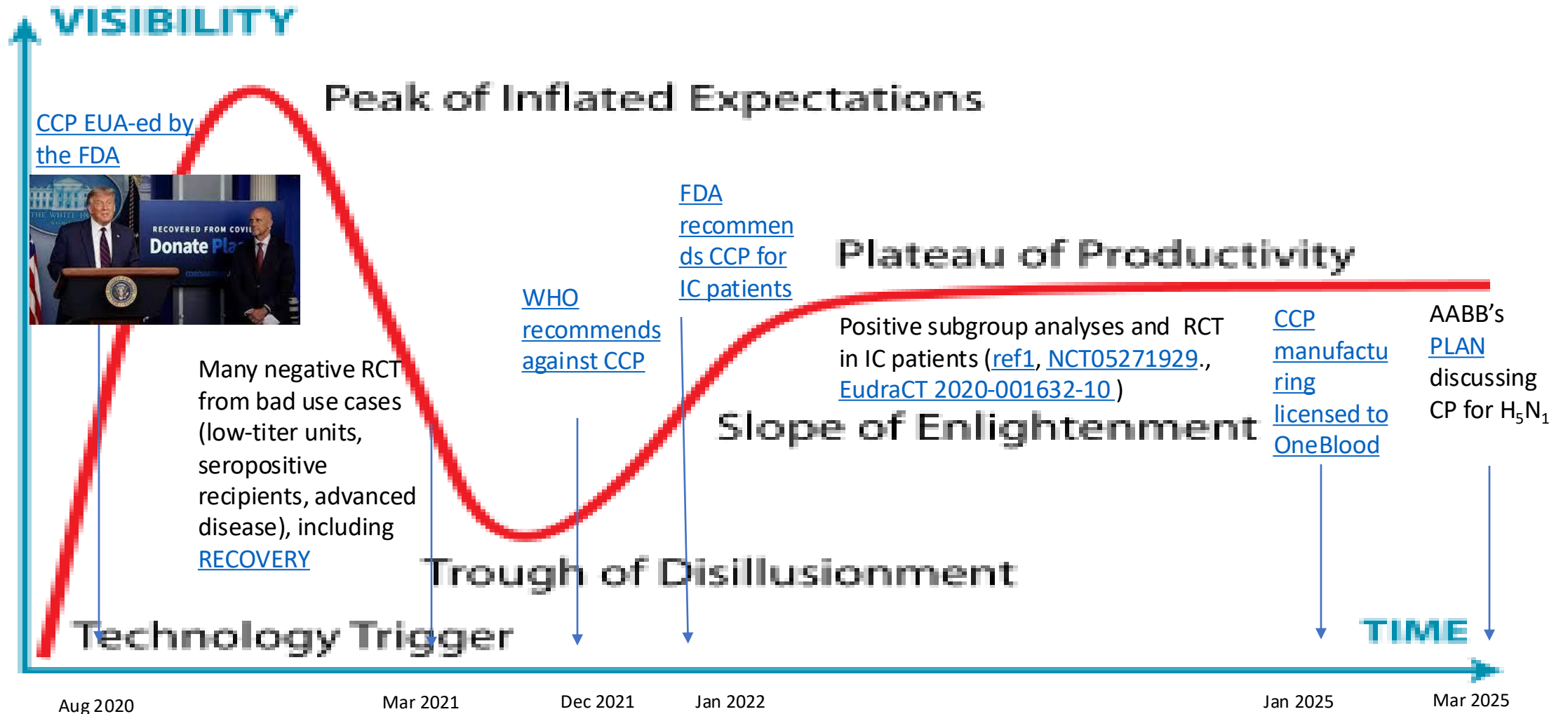
Convalescent plasma is a transfusion of blood plasma from someone who has recovered from COVID-19.

Current evidence shows that convalescent plasma does not improve survival or reduce the need for mechanical ventilation, while it has significant costs.

# *Take-home messages*

- CCP is safe
- CCP works until SARS-CoV-2 is there and neutralizing antibodies are not produced, which means ...
  - 5 days in immunocompetent outpatients
  - much longer (until seronegative?) in immunocompromised patients
- High-titer CCP is essential: very high titer VaxCCP from donors who have been both vaccinated and infected *adapts to and retains efficacy against (future) variants.*
- ALL of the anti-Spike mAbs authorized so far have been escaped by novel variants, and anti-Spike mAb monotherapy is prone to treatment-emergent resistance
- VaxCCP is widely available worldwide at relatively low cost.
- In many high-income countries CCP prescription is hurdled by bureaucracy

# COVID-19 convalescent plasma (CCP) has followed a Gartner hype cycle



# Licensed High Titer COVID-19 Convalescent Plasma Order Form

Fill out the form below and a OneBlood representative will be in touch shortly!

**\*All fields are required**

Contact First Name

Contact Last Name

Contact Phone Number

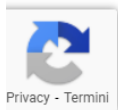
Contact Email Address

Hospital Name

Hospital Shipping Address

**Is Billing the same as shipping?**

Yes  No



 Live Chat

CCP usage in EU remains confined to scarce investigator-initiated clinical trials or compassionate usage. Trasfusion services have no regulatory framework. Then usage of fresh-frozen CCP remains minimized.

**Actions to take in Europe** to minimize bureaucratic hurdles:

1) updating regulatory frameworks : updating the EDQM's Blood Guide and European Pharmacopeia

2) partnership with plasma manufacturers interested at generating pharmaceutical-grade convalescent plasma (PG-CP) is what is needed to let EMA take control of convalescent plasma

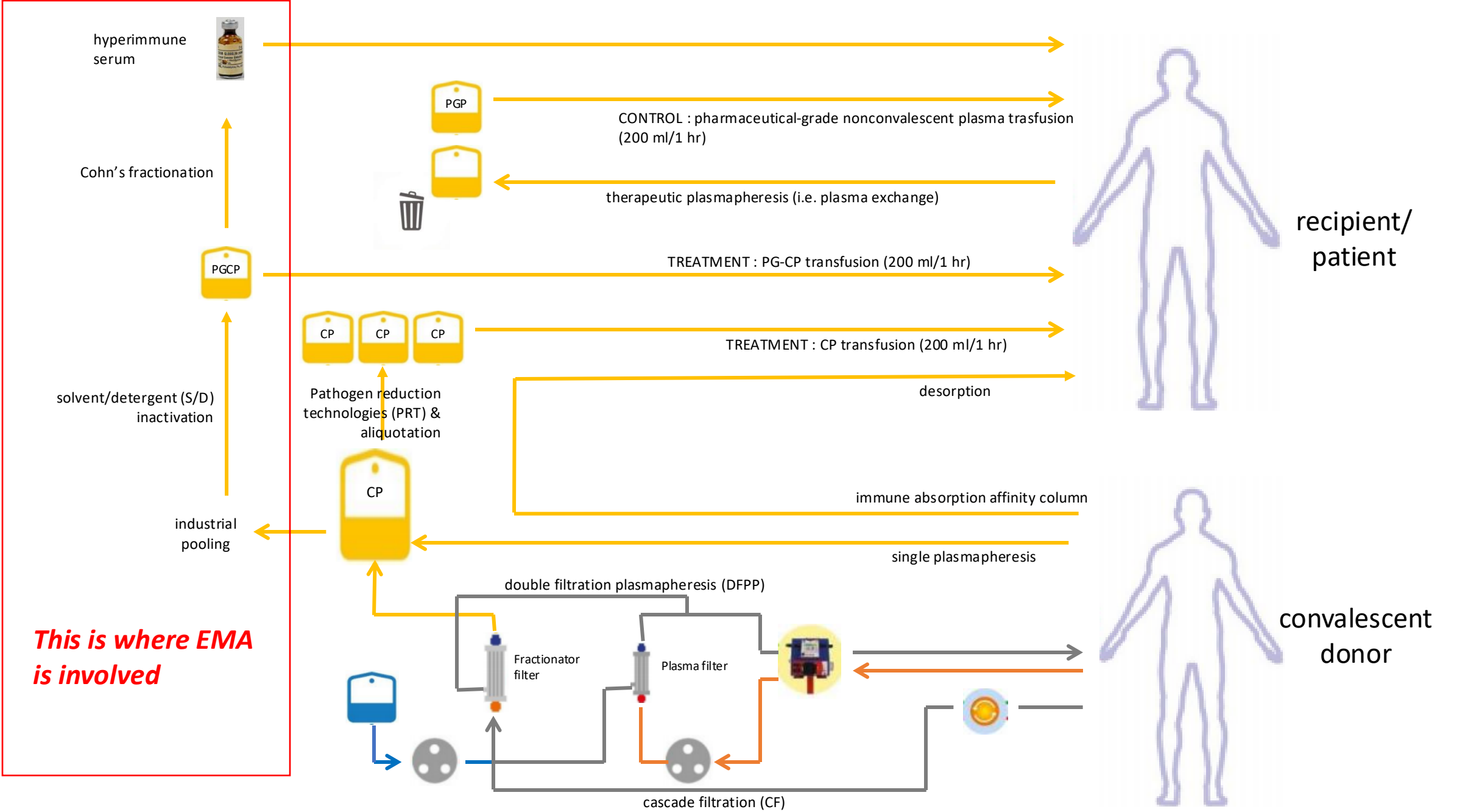


<https://www.pptaglobal.org>  
(stuck at Feb 2021 on CCP)



<https://pheur.edqm.eu/home>  
(no CCP monography at all ever despite May 2025 update)

<https://www.edqm.eu/en/blood-guide>  
(no CCP monography at all ever despite Apr 2023 update)



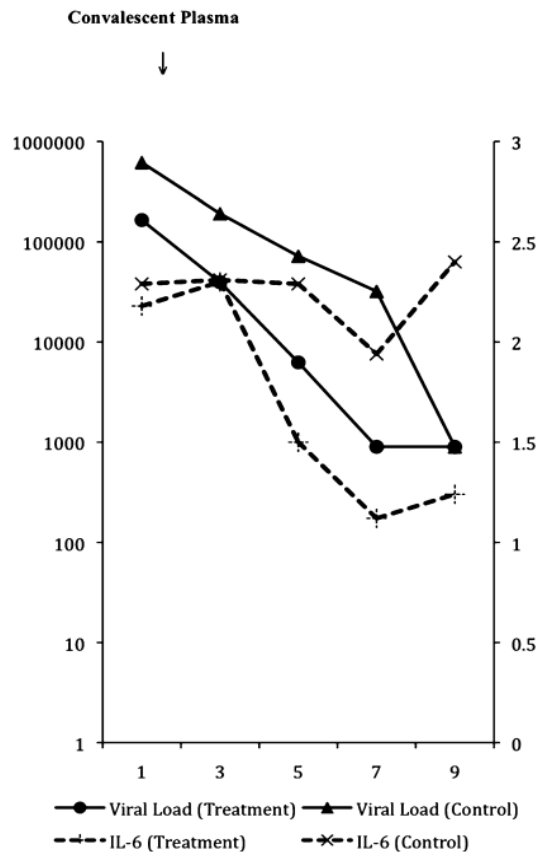
## Polyclonal antibody preparations in clinical trials for the treatment of influenza.

Product	Specificity	NCT	Study design	N	outcome
equine F(ab') <sub>2</sub> (FBF00, Fab'entech)	H <sub>5</sub> N <sub>1</sub>	NCT02295813	double-blind, placebo-controlled phase I	16	safe
convalescent plasma (CP)	seasonal flu	NCT01306773	nonrandomized, parallel assignment	80	n/a
		NCT01052480	phase II	98	Statistically nonsignificant trends towards normalized respiratory functions, day in hospital, days on mechanical ventilation, and mortality with CP
		NCT02572817	phase III	140	83% under oxygen, underpowered to detect benefits, terminated for futility
	H <sub>1</sub> N <sub>1</sub> pdm09	PMID 21248066	non-randomized, matched cohort study	93	Treatment of severe infection reduced respiratory tract viral load, serum cytokine response, and mortality (20 vs. 54.8%).
hyperimmune immunoglobulins (0.25 g/kg) (HIG)	H <sub>1</sub> N <sub>1</sub> pdm09 (CSL Biotherapies) 2013-2019 seasonal flu (Emergent Biosolutions)	NCT01617317	double-blind, IVIG-controlled phase III	35	mortality benefit if < 5 days (0/12 vs. 4/10)
		NCT02008578	double-blind phase II	31	safe
		NCT02287467	double-blind, placebo-controlled phase III FLU-IVIG	347	no benefit compared to placebo
		NCT03315104	double-blind, placebo-controlled phase II	65	n/a

**WHO has secured access to 11% of pandemic influenza vaccine production for allocation and distribution to “developing countries” via SMTA2s, but what about therapeutics ? With such a low vaccine coverage, therapeutics will invariably be required there. Convalescent plasma will likely represent the only antiviral therapy affordable in low-and-middle income countries along a future pandemic.**

# Convalescent Plasma Treatment Reduced Mortality in Patients With Severe Pandemic Influenza A (H1N1) 2009 Virus Infection

Ivan FN Hung,<sup>1,2</sup> Kelvin KW To,<sup>1</sup> Cheuk-Kwong Lee,<sup>3</sup> Kar-Lung Lee,<sup>4</sup> Kenny Chan,<sup>5</sup> Wing-Wah Yan,<sup>5</sup> Raymond Liu,<sup>6</sup> Chi-Leung Watt,<sup>7</sup> Wai-Ming Chan,<sup>8</sup> Kang-Yiu Lai,<sup>9</sup> Chi-Kwan Koo,<sup>10</sup> Tom Buckley,<sup>11</sup> Fu-Loi Chow,<sup>12</sup> Kwan-Keung Wong,<sup>13</sup> Hok-Sum Chan,<sup>14</sup> Chi-Keung Ching,<sup>15</sup> Bone SF Tang,<sup>16</sup> Candy CY Lau,<sup>1</sup> Iris WS Li,<sup>1</sup> Shao-Haei Liu,<sup>17</sup> Kwok-Hung Chan,<sup>1</sup> Che-Kit Lin,<sup>3</sup> and Kwok-Yung Yuen<sup>1</sup>



**Results.** Ninety-three patients with severe H1N1 2009 infection requiring intensive care were recruited. Twenty patients (21.5%) received plasma treatment. The treatment and control groups were matched by age, sex, and disease severity scores. Mortality in the treatment group was significantly lower than in the nontreatment group (20.0% vs 54.8%;  $P = .01$ ). Multivariate analysis showed that plasma treatment reduced mortality (odds ratio [OR], .20; 95% confidence interval [CI], .06-.69;  $P = .011$ )

