

## PERSONAL INFORMATION

Ana Opinião

## WORK EXPERIENCE

February 2010–Present

**Physician - Medical Oncologist**

Instituto Português de Oncologia de Lisboa Francisco Gentil, E.P.E. (Portugal)

Principle Activities/Responsibilities: treatment and follow-up of oncologic patients, in the inpatient and outpatient setting; medical oncology interns training.

Fields of work/interest:

- Urologic Oncology
- Gynecologic Oncology
- Familial Breast and Ovarian Cancer

January 2005–February 2010

**Physician - Medical Oncology Intern**

Instituto Português de Oncologia de Lisboa Francisco Gentil, E.P.E. (Portugal)

Medical Oncology Specialty Internship

January 2003–December 2004

**Physician**

Centro Hospitalar de Lisboa Ocidental, E.P.E. (Portugal)

General Medical Internship

November 2016–Present

**Member of the Human Medicines Evaluation Commission (CAM)**

Infarmed - National Authority of Medicines and Health Products, IP (Portugal)

Medicines Evaluation

February 2017–Present

**Member of the Health Technology Assessment Committee (CATS)**

Infarmed - National Authority of Medicines and Health Products, IP (Portugal)

Health Technology Assessment

## EDUCATION AND TRAINING

October 1996–October 2002

**Medical Degree**

Faculdade de Ciências Médicas da Universidade Nova de Lisboa (Portugal)

January 2003–December 2004

**General Medical Internship**

Centro Hospitalar de Lisboa Ocidental E.P.E. (Portugal)

January 2005–December 2009

**Specialization in Medical Oncology**

Instituto Português de Oncologia de Lisboa Francisco Gentil, E.P.E. (Portugal)

October 1994–September 1996

**Student of Aerospace Engineering**

Instituto Superior Técnico (Portugal)

Attended the first two years of Aerospace Engineering

## ADDITIONAL INFORMATION

**Expertise** Urologic Oncology  
Gynecologic Oncology  
Familial Breast/Ovarian Cancer

**Publications** 1. Writing collaboration in a book chapter on the theme of hereditary cancer: 'Saber aceitar saber – quando o cancro é hereditário', Gradiva, 2013.  
2. 'Pulmonary metastasis as sole manifestation of relapse in previously treated localized prostate cancer: three exceptional case reports'; Gago JP, Câmara G, Dionísio J, Opinião A; Ecanccermedicallscience 2016; 10:645.  
3. Participation in the Portuguese National Consensus of Gynaecologic Cancer (in 2012 and 2016) – published in book format.

**Projects** Participation in investigational projects

- Co-Investigator on the phase III clinical trial VENICE (metastatic prostate cancer, sponsor: Sanofi Aventis)  
A multicentre, randomized, double-blind study comparing the efficacy and safety of Aflibercept versus placebo administered every 3 weeks in patients treated with Docetaxel/Prednisone for metastatic androgen-independent prostate cancer - VENICE
- Co-Investigator on the phase II clinical trial OVERT 1 (recurrent ovarian cancer, sponsor: AstraZeneca)  
AZD0530 Phase II study in patients with advanced ovarian cancer – OVERT-1
- Co-Investigator on the phase II BRCA Trial (metastatic breast cancer, sponsor: Breakthrough Breast Cancer & Cancer Research UK)  
A randomized phase II pilot trial of Carboplatin compared to Docetaxel for patients with metastatic genetic breast cancer - BRCA
- Co-Investigator on the phase III clinical trial LUME-Ovar (recurrent ovarian cancer, sponsor: Boehringer Ingelheim)  
Multicentre, randomized, double-blind, phase III trial to investigate the efficacy and safety of study drug in combination with standard (first-line) treatment of Carboplatin and Paclitaxel compared to Placebo plus Carboplatin and Paclitaxel in patients with ovarian cancer – LUME OVAR
- Co-Investigator on the phase III clinical trial MORAB (recurrent ovarian cancer, sponsor: Eisai Ltd)  
A randomized, double-blind, placebo-controlled, phase 3 study to assess the efficacy and safety of weekly farletuzumab (MORAb-003) in combination with Carboplatin and Taxane in subjects with platinum-sensitive ovarian cancer in first relapse – MORAb 003-004
- Principal investigator on the institutional research project “Rastrear da mutação c.156\_157insALU do gene BRCA2 e quantificação do transcrito alternativo associado, em indivíduos com cancro da mama não seleccionados de acordo com a história familiar” (that aimed to identify the BRCA2 founder mutation c.156\_157insALU in breast cancer patients unselected for family history).
- Co-investigator on the institutional research project “Qualidade de vida nas doentes com carcinoma do colo do útero tratadas com quimiorradioterapia” (which aimed to evaluate the long term quality of life of the patients with cervical cancer treated with chemoradiation).

**Memberships** Portuguese Medical Association (professional card number 42105).

**Other Relevant Information** PERSONAL SKILLS AND COMPETENCES  
Mother tongue: Portuguese.  
Other languages:  
- English  
Understanding: Listening - C1; Reading - C1  
Speaking : Spoken interaction - B1; Spoken production - B1  
Writing: B1  
- Spanish  
Understanding: Listening - B2; Reading - B2

Speaking : Spoken interaction - A2; Spoken production - A2

Writing: A1

Social/Organisational skills and competences

- Organisational skills acquired during the daily work experience in healthcare.
- Development of strong interpersonal communication skills (in the relationship with other colleagues, and also while managing patients and their families in healthcare interaction).
- Good ability to adapt at several environmental situations.
- Good ability to summarize and present many and different concepts on a specific topic.
- Volunteer work: Colaborator in Projecto Ponte (project from the Faculdade de Ciências Médicas de Lisboa and from the Faculdade de Medicina de Lisboa), that aimed to provide health information to children and adolescents (2001-2002, Portugal).

#### ADDITIONAL INFORMATION

Courses and Certifications:

- Advanced Life Support course – INEM; Lisbon – Portugal, May 2007
- FCCS – Fundamental Critical Care Support course; Lisbon - Portugal, January 2007
- Statistics applied to Clinical Trials - Eurotrials; Lisbon - Portugal, May 2007
- The George Washington University Medical Center - Medical Oncology Board Review, Washington DC - USA, August 2008
- Good Clinical Practice Course; Lisbon– Portugal, May 2009
- Basic and advanced Life support; Lisbon - Portugal, November 2010
- Medical Literature Evaluation post-graduate course; Lisbon– Portugal, June 2018
- PRAC Training for Assessors 2018 (webinar); EMA, November 2018.

Pedagogical Activities

- Medical Oncology Mentor – tutor of two interns who have already concluded their formation, and tutor of another intern who is currently in her 3rd year of formation (Medical Oncology specialty).
- Cooperation in the integration and formation of other interns during their formation in the Medical Oncology department.
- Educational activities for doctors and other professional:
  - Participation in the First Cancer Family Risk Course, organized by the Family Cancer Risk Clinic of the Instituto Português de Oncologia de Lisboa Francisco Gentil, E.P.E., with the presentation of the theme “Follow up of BRCA1/2 mutation carriers” (Lisbon, October 2009)
  - Participation in the Course on Clinical Oncology organized by the Medical Oncology Service of the Hospital de Santo António dos Capuchos, with the presentation of the theme “Malignant tumors of the uterus – medical approach” (Lisbon, June 2012).
  - Participation in the 1st Edition of the “Postgraduate Course on Clinical Oncology” organized by the Faculdade de Ciências Médicas da Universidade Nova de Lisboa, with the presentation of the theme “Malignant tumors of the uterus and vulva– medical approach” (Lisbon, May 2015).
  - Participation in the Advanced Course of Epithelial Ovarian Tumors, organized by the Grupo Português de Estudos do Cancro do Ovário (Ovarian Cancer Portuguese Study Group), with the presentation of the theme “Hereditary Cancer” (Lisbon, November 2014).
  - Participation in the XII Course of Clinical Oncology, organized by the Instituto Português de Oncologia de Lisboa Francisco Gentil, E.P.E., with the presentation of the theme “Ovarian Cancer: Clinical case discussion” (Lisbon, November 2015).
  - Participation in a formation action for the pharmaceutical industry on the theme “Ovarian Cancer” (Lisbon, January 2016).
  - Participation on the “10-year reunion of the Radio-oncology Unit”, organized by the Clínica de Santo António, with the presentation “Breast familial cancer – it’s implications” (Reboleira, June 2017).
- Awareness and divulgation actions for the general public: Participation in two information sessions for oncologic patients, families and friends (“Living with cancer: questions and answers). The themes covered were: Breast Cancer (November 2011) and Familial Cancer (March 2015).

Other Scientific Activities

- Attendance at national and international scientific meetings.

- Presentations in poster format: 30 (6 as first author and 24 as co-author).
- Presentations in oral communication format: 5 (3 as first author and 2 as co-author).

International Communications (poster and oral communication format):

'Registry of Portuguese Families at Risk for Breast Cancer: type and frequency of neoplasia according to risk classification'

Authors: A. Opinião, F. Vaz, M. Brito, P. Rodrigues, S. Bento, R. Fonseca, ROR, A. Fernandes  
30th Reunion of the Latin Language Group of Cancer Epidemiology and Registration; Lisbon -Portugal; May 2005

'Management of recurrent cervical cancer treated with chemoradiotherapy'

Authors: N. Asensio, F. Vaz, A. Opinião, V. Tomé, A. Henriques, A. Fernandes  
31st ESMO Congress; Istanbul -Turkey, September 2006

'Granulomatous diseases: a diagnostic challenge to the internist '

Authors: A. Opinião, J. Silvestre, A. Duque, A. Freitas, G. Naritsyna, J. Guia, F. Cabral, H. Estibeiro, V. Batalha, I. Rodrigues, L. Campos  
6th EFIM Congress; Lisbon - Portugal, May 2007

'Women's head and neck cancer: analysis of two retrospective cohorts'

Authors: A. Opinião, N. Asensio, M. Ferreira, F. Vaz, J. Oliveira  
ECCO 14; Barcelona - Spain, September 2007

'Quality of life in Cervical Cancer Survivors Treated With Chemoradiotherapy'

Authors: N. Asensio, A. Opinião, M. Roldão, M.C. Diniz, J Oliveira, F. Vaz  
ECCO 14; Barcelona - Spain, September 2007

'An institutional approach to hereditary breast and ovarian cancer: follow up of BRCA1/2 mutation carriers identified under a multidisciplinary program'

Authors: A. Opinião, M. Gonçalves, A. Luís, P. Machado, S. Fragoso, S. Santos, P. Rodrigues, S. Bento, J. Oliveira, F. Vaz.

33rd ESMO Congress; Stockholm – Sweden, September 2008

'Seven years of practice in counseling breast cancer families'

Authors: A, Luís, A. Opinião, S. Braga, S. Bento, P. Rodrigues, J. Oliveira, F. Vaz  
33rd ESMO Congress; Stockholm – Sweden, September 2008

'Men attending a breast cancer risk evaluation clinic'

Authors: F. Vaz, J. Silva, C. Moura, S. Bento, H. Vicente, A. Esteves, P. Machado, S. Santos, A. Opinião, J. Oliveira

31st San Antonio Breast Cancer Symposium; San Antonio, Texas - USA, Dezembro de 2008

'Review of cancer diagnoses in BRCA1/2 carriers: hypersensitivity of BRCA1/2 patients to cisplatin may also apply to uterine carcinosarcoma (UCS)'

Authors: I. Pires Silva, F. Vaz, A. Francisca, I. Fonseca, P. Rodrigues, A. Opinião, P. Machado, J. Oliveira

34th ESMO Congress; Berlim - Alemanha, Setembro 2009

'Screening of the Portuguese BRCA2 founder mutation in breast cancer patients unselected for family history'

Authors: A. Opinião, S. Fragoso, P. Lourenço, P. Sousa, S. Braga, A. Luís, P. Machado, S. Santos, P. Rodrigues, H. Vicente, J. Oliveira, J. Armas, F. Vaz

32nd San Antonio Breast Cancer Symposium; San Antonio, Texas - USA, Dezembro de 2009