

PERSONAL INFORMATION **Hugo Tavares**

WORK EXPERIENCE

March 2009- Present **PAEDIATRICIAN**
CENTRO HOSPITALAR VILA NOVA DE GAIA/ESPINHO (Portugal)
HEAD OF THE ADOLESCENT MEDICINE UNIT (UMA-GAIA)

August 2013- Present **MEMBER OF THE NATIONAL MEDICATION EVALUATION COMMITTEE**
INFARMED (Portugal)

June 2013-November 2018 **CLINICAL RESEARCH OFFICE COORDINATOR**
CENTRO HOSPITALAR VILA NOVA DE GAIA/ESPINHO (Portugal)

January 2002-May 2009 **ANATOMY ASSISTANT PROFESSOR**
HEALTH SCIENCE SCHOOL, MINHO UNIVERSITY, BRAGA, PORTUGAL (Portugal)
CLINICAL ANATOMY TEACHER
COLLABORATION IN PAEDIATRIC RESIDENCY ADOLESCENCE FIELD

January 2004-February 2009 **PAEDIATRIC RESIDENT**
CENTRO HOSPITALAR VILA NOVA DE GAIA/ESPINHO (Portugal)

January 2002-December 2003 **GENERAL PRACTITIONER RESIDENT**
HOSPITAL GERAL SANTO ANTÓNIO (Portugal)

EDUCATION AND TRAINING

September 1995-July 2001 **MEDICAL DEGREE (MD)**
INSTITUTO CIENCIAS BIOMÉDICAS ABEL SALAZAR - PORTO UNIVERSITY
(Portugal)

September 2012- Present **PhD ON PUBLIC HEALTH**
PORTO UNIVERSITY (Portugal)

April 2017- Present **Clinical Pharmacologist Degree**
Clinical Pharmacologist Medical Board (Portugal)

ADDITIONAL INFORMATION

Expertise **PAEDIATRICS**
ADOLESCENT MEDICINE

Publications

Alfredo Frade (scientific coordination), Cristina Ribeiro (executive coordination), Filipa Balona, Helena Fonseca, Hugo Tavares, Otilia Queirós e Paula Fonseca. Acute Alcohol Intoxication - Approach to the Adolescent/Youth. Clinical Guideline. Directorate-General of Health. Lisbon, January 2013.

António Vinhas da Silva, Ana Luísa Leite, Raquel Guedes, Hugo B Tavares. Acute Alcoholic Intoxication in a Paediatric Emergency Department 3 years. *Arquivos de Medicina* 2012; 26(1): 59-62

Braga-Tavares H, Ferreira P, Fonseca H. Somatization Disorder (Perturbação Somatização). Livro de Protocolos de Urgência em Pediatria. 3ª Edição. ACSM Editora. Departamento da Criança e da Família - Hospital Santa Maria Centro Hospitalar Lisboa Norte. November 2011

World Health Organization 2010. Youth-Friendly Health Policies And Services In The European Region.

Braga-Tavares H, Helena Santos, Mª José Dinis, Andreia Teles, Ana Lopes, Teresa Ferreira, Adelaide Marques, Susana Aires Pereira. Psychomotor Developmental evaluation in 5-6 years old Global Health Check-up. *Acta Pediatr Port* 2010;41(2):59-63

Braga-Tavares H, Fonseca H. Prevalence of metabolic syndrome in a Portuguese obese adolescent population according to three different definitions. *Eur J Pediatr*. 2010 Aug;169(8):935-40. Epub 2010 Feb 23.

Braga-Tavares H, Ferreira P, Fonseca H. Somatic disorder a prevalent adolescent pathology. *Acta Pediatr Port* 2010;41(1):33-7

Braga-Tavares H, Fonseca H. Evaluation of adolescent healthcare resources in portuguese hospitals. *Acta Pediatr Port* 2009;40(4):154-9

Braga-Tavares H, Ramos L, Bini-Antunes M, Barbot J, Rosário C, Taveira M. Neonatal Lupus case report. *Nascer e Crescer* 2009;18(3):148-50.

Braga-Tavares H, Teles A, Nogueira R, Cardoso Rodrigues F, Costa C. Eosinophilic Esophagitis - Increasing Incidence in Paediatric Population. *Acta Med Port*. 2009 Sep-Oct;22(5):579-88. Epub 2009 Oct 22. Português.

Tavares HB, M-Pinto I, Ramos M, Sousa P. Congenital Epulis. *Cir Pediatr*. 2009 Jan;22(1):49-51.

Antunes H*, Tavares HB*, Mendes V, Cunha I, Cadilhe A, Matos-Cruz J, Pereira A, Correia-Pinto J. Congenital simple hepatic cyst a diagnostic and management challenge. *Gastroenterol Hepatol*. 2009 Feb;32(2):92-6. Epub 2009 Feb 13 (* both participate as first authors)

Tavares HB, Carro E, Rosário C, Taveira M. Linear IgA Bullous Dermatitis of Childhood successfully treated with flucloxacillin. *European Journal of Pediatric Dermatology*; 18: 137-39 (2008)

Santos H, Furtado A, Tavares HB, João A, Ferraz L, Ferreira G, Nogueira R, Sousa P. Pre-natal retroperitoneal mass: teratoma or fetus in fetu? *Cir Pediatr*; 21: 185-187 (2008)

Mesquita A*, Tavares H*, Silva R, Sousa N. Febrile convulsions in developing rats induce an hyperanxious phenotype later in life. *Epilep Behav*, 9:401-406 (2006) (* both participate as first authors)

Oliveira M, Bessa JM, Mesquita A, Tavares H, Carvalho A, Silva R, Pego JM, Cerqueira JJ, Palha JA, Almeida OFX, Sousa N. Induction of a hyper-anxious state by antenatal dexamethasone: a case for less detrimental natural corticosteroids. *Biol Psych*, 59:844-52 (2006)

Projects

Memberships

Member of the Portuguese Paediatric Association
Member of the Board of the Portuguese Adolescent Medicine Society

Other Relevant Information

EDUCATION AND TRAINING SKILLS

- Since 2011: European Paediatric Life Support Course Teacher, Portugal
- January 2011: European Paediatric Life Support Course, Porto
- July 2010: Monitor at EuTEACH (European Training In Effective Adolescent Care And Health) Summer School, Lausanne (Switzerland)

COORDINATION / ORGANIZATION WORK

- Since 2010: Organization of Several Courses and Meetings on Adolescent Medicine (5th (2010) to 7th (2012) Autumn School on Adolescent Medicine
5th (2010) to 6th (2012) National Meeting of the Portuguese Adolescent Health Society (Portuguese Paediatric Association)

CULTURAL ACTIVITY

- Frequency of the 6th year of Classic Guitar course (level 4)
- Participation in the Instituto de Ciências Biomédicas Abel Salazar Choir between 1998 and 2005, with performances both in Portugal and abroad (Spain, France, Macau, Thailand)
- Participation in musical groups: Almas (CD edition, Do outro lado, in 2003) and Lusíadas (CD edition, Lusíadas, in 2004)