

Curriculum Vitae

Personal information Manuel Arellano

Work experience

Plaforma de Organizaciones de Pacientes (POP) • Vice president 2º

Patient Organization Platform. https://www.plataformadepacientes.org/ • October 2018 ~ current

This Platform represents 41 National organizations which can be translated into over 1,850 associates. These responsibility have allowed me to participate in multiple government councils and commissions at the regional and national levels in the field of chronicity as well as disability. From the POP we believe that networking is essential, in fact we are an entity that feeds from the work of our organizations and that is what makes us stronger. Patients' advocacy, environmental patients.

Federación Nacional ALCER, FNA • Vice president 1º

Spanish kidney patients Federation. https://alcer.org/ • May 2018 ~ current

We represent 53 Spanish association, with more than 100,000 kidney disease associated people, and more the 4Million people with kidney disease in Spain. These responsibilities have allowed me to participate in multiple government councils and commissions at the regional and national levels in the field of chronicity as well as disability, to fight for patients' quality of live, and social health care system programs. Coordinator of clinical trials and employment working group.

Fundación Renal ALCER • Board member

Foundation of Spanish kidney patients Federation. https://alcer.org/fudacion-renal-alcer/ • May 2018 ~ current

Its composed by patients, professinoals in the field of nephrology, scientific societies and ONT (National Transplant Organization). We promote studies for quality of live based in kidney diseased.

European Patients' Forum (EPF) • Board member (POP) representative

Foro Europeo de Pacientes. https://www.eu-patient.eu/ • May 2019 ~ current

We are one of the 57 full member organizations. I believe that the joint work gives us a broader vision of what people with chronic diseases need. Through my participation we would like to help the EPF to strengthen its mission, to be the strongest voice of the patients, contributing to its vision and sharing the values that move us: transparency, legitimacy, democracy, representativeness, and teamwork.

European rare kidney disease Reference Networking (ERKNet) • ePAG & Coordinator Pediatric CKD & dialysis

https://www.eu-patient.eu/ • May 2020 ~ current

EURORDIS, a non-governmental patient-driven alliance of patient organisations, has developed a European Patient Advocacy Group (ePAG) for each <u>ERN disease grouping</u>. ePAGs will bring together elected patient advocates and affiliated organisations who will ensure that the patient voice is heard throughout the ERN development process. It is important that patient advocates and clinicians evolve how they work together in the new system of ERNs.

CERMI Navarra • Vice president

Navarre Committee of People with Disabilities Representatives. https://cermin.org/ • March 2015 ~ July

Member of the Permanent Commission and board committee with more than 34,000 people with disabilities associated to the 42 federated organizations. I'm involve in Social Health care system, Accessibility, European Founds and social rights working groups.

COCEMFE Navarra • President and member of COCEMFE state board

Federation of Associations of physical and organic Disabled People. http://www.cocemfenavarra.es/ • February 2015 ~ Jun 2022

We work for the physical disability people rights' and organic (chronic disease), employment for the disability people, promoting independent living, gender equity and equality, representing 18 association and more than 6,000 disability people form our Spanish region.

ALCER Navarra • President

Navarre kidney patients Association. http://www.alcernavarra.org/ • March 2012 ~ January 2024

We work since 47 years for the rights of kidney patients and their families and its treatments. More than 50,000 people with some kind of kidney disease.

adb PYMES marketing • Business Consultant

Pamplona (Navarra) (2000 ~ 2008)

Marketing management for small and medium companies as external consultant or creating and learning teams for a new department. Usually I worked as marketing director, communication manager, project manager or managing director, developing strategic and operative plans. Aside to implement and follow import & export actions and strategic for internalization plans in Europe (French, Italy, Germany or Portugal).

PANASA Group

Mutilva Baja (Navarra) (1993 ~ 1998)

Marketing Department assistant

 $I\ collaborate\ in\ the\ realization\ of\ activity\ analysis,\ feasibility\ and\ market\ studies,\ and\ promoting\ commercial\ selling\ events.$

Legal Department assistant

Preparation and renewal contracts or the 150 franchises, and preparation drafts and final documents for general annual meeting for all companies in which the company participate.

Education and training

• Spanish Agency of Medicines and Medical Devices (AEMPS) • Pharmacovigilance

Madrid, Spain 2024

• DEUSTO Business School • Patient Organization Leadership and Management Program

Madrid, Spain 2022~2023

• Club de Marketing de Navarra • Business senior management course (CADE)

Navarra, Spain 2006

Public University of Navarre, (UPNA)
 School of legal practice

Pamplona, Spain 2003~2004

• Club Marketing Navarra (ESIC) • Master degree in marketing & commercial management

Navarra, Spain. 1999~2000

• University of Navarra, (UN) • Degree in law

Pamplona, Spain 1991~1997

Additional information

Publications

Different Perspectives of Spanish Patients and Professionals on How a Dialysis Unit Should Be Designed

November 2023, Patient Preference and Adherence 17:2707-2717

DOI: <u>10.2147/PPA.S434081</u> License <u>CC BY-NC 3.0</u>

Projects

Memberships

Editorial board of Spanish kidney patients Federation Magazine. 2018- current.

Over 50 scientific and participation as panelist per year. 2020-current, about prevention and early detection, patients' participation, AMR, HTA, EHDS, primary care, COVID studies and recommendations...

Other Relevant Information

I am a patient representative, with a kidney disease since I was 4 years old but with many other comorbilities; kidney trasplante twice, cancer No Hodgkins survivor, 3 carcinomas, osteoporosis