

Curriculum Vitae

Personal information **Malgorzata Bala**

Work experience

2024 – ongoing – Transparency Council at the Polish Health Technology Assessment Agency, vicechair
□ 2023– 2025 – Member of Self-Steering Committee on One Health Jagiellonian University Medical College within University Coalition
UNA EUROPA
□ 2023 – 2025 – Protocol Editor, BMC Systematic reviews (from 2020-2023, Associate Editor)
□ 2022 – 2023 – National Chamber of Physiotherapists in Poland – Expert group on the project on infodemic (Chair of the group until July 31, 2023)
□ 2019 – ongoing – Co-Director Krakow GRADE Centre, hosted by Jagiellonian University Medical College
□ 2017 – ongoing – Acting Head and Head (from 2025) of the Chair of Epidemiology and Preventive Medicine, Jagiellonian University Medical College
□ 2015 – ongoing – Jagiellonian University Medical College; Head of the Department of Hygiene and Dietetics, Head of the Systematic review Unit (hosting Cochrane Poland; Krakow GRADE Centre), associate professor, then from 2021 professor
□ 2014 – ongoing – Director of Cochrane Poland, hosted by Jagiellonian University Medical College
□ 2007 – 2019 – freelance cooperation with Kleijnen Systematic Reviews Ltd. in developing systematic reviews
□ 2013 – 2015 – Regional Sanitary-Epidemiological Station in Krakow, vice-director
□ 2007 – 2013 – Polish Archives of Internal Medicine, Editor
□ 2005 – 2015 – II Department of Internal Medicine Jagiellonian University Medical College
Clinical Decision Unit, Assistant; teaching EBM to medical students and EuroPubHealth students
□ 2002 – 2013 – Medycyna Praktyczna (a Publishing House), editor: responsibility for EBM and HTA activities, patient safety related activities, research activities; tutor at EBM courses
□ 1999 – 2002 – National Centre for Quality Assessment in Health Care (NCQA) in Krakow, Health Technology Assessment reports and workshops, Involved in the projects: framework of The Basic Benefit Package in Poland within the grant of the World Bank, World Bank project on „Instruments for the assessment and analysis of health care priorities”, tutor at EBM and HTA, national contact person for the Cochrane Collaboration in Poland
□ 1998 – 1999 – L. Rydygier Hospital in Krakow, Internship

Education and training

2021 – Full professor, awarded by the President of Poland
2016 – Specialist in Epidemiology (Centre for Medical Exams, Lodz 2016)
2014 – Habilitation degree in health sciences Jagiellonian University Medical College, Faculty of Health Sciences
2012 – Specialist in Public Health (Centre for Medical Exams, Lodz 2012)
2006 – PhD degree at Jagiellonian University Medical College, Institute of Public Health – title: “Determining the possibilities of using evidence based information in decision making in health care on the example of cost effectiveness analysis of methods used in smoking cessation”; Krakow, Poland – ministerial grant on PhD

1997 – 1998 – Evendine College, London, Cambridge Certificate of Proficiency in English
1991 – 1997 – Jagiellonian University Medical College, medical studies, MD degree

Courses

Certified guideline training programme INGUIDE level, 1, 2 (certificates) and level 3 (Letter of completion; 2022)
10th Guideline Development Workshops: special focus on GRADE for diagnosis, Evidence Foundation, Denver, Colorado, USA (2019)

Nutritional epidemiology (Elevate Health, accredited as academic course by the Utrecht University; academic certificate) (2019)

Methods for qualitative evidence synthesis, Cochrane Qualitative and Implementation Methods Group, United Kingdom; The GRADE-CERQual approach for assessing how much confidence to place in findings from qualitative evidence syntheses, Cochrane Norway (2018)

Summer School on Analysis and Methods of qualitative studies, Institute of Sociology, Jagiellonian University (2017)

Metaanalysis workshop (Biostat INC Michael Borenstein) (2017)

Systematic Reviews of Prognostic Studies (Elevate Health, accredited as academic course by the Utrecht University; academic certificate)
Systematic reviews and meta-analyses of diagnostic test accuracy – University of Birmingham, UK (2015)

Several courses on workshops on hospital-acquired infection control, food safety (2013-2015)

Additional information

Publications

Selected publications in the last 15 years

Kabić Tea, Šimundić Munitić Marija, Weerasekara Ishanka, Bała Małgorzata, Zajac Joanna, Briel Matthias, Pieper Dawid, Puljak Livia
Reporting guidelines can be used to foster reporting of evidence-based research principles : a cross-sectional study
Journal of Clinical Epidemiology [ISSN: 0895-4356 / 1878-5921] 2026, vol. 189, DOI:10.1016/j.jclinepi.2025.112008

Steen JP, Klatt KC, Chang Y, Guyatt GH, Zhu H, Swierz MJ, Storman D, Sun M, Zhao Y, Ge L, Thabane L, Ghosh NR, Karam G, Alonso-Coello P, Bała MM, Johnston BC. Effect of Interventions Aimed at Reducing or Modifying Saturated Fat Intake on Cholesterol, Mortality, and Major Cardiovascular Events : A Risk Stratified Systematic Review of Randomized Trials. Ann Intern Med. 2025 Dec 16. doi: 10.7326/ANNALS-25-02229. Epub ahead of print.

Nørgaard B, Romero CS., Bała M, Lund H, Andreassen J. Framing and implementing evidence-based research in research groups and institutions to put knowledge to action. Evaluation and Program Planning [ISSN: 0149-7189 / 1873-7870] 2025, vol. 112, DOI:10.1016/j.evalprogplan.2025.102660

Prokop-Dorner A, Zawisza K, Świątkiewicz-Mośny M, Piłat-Kobla A, Ożegalska-Lukasik N, Ślusarczyk M, Potysz-Rzyman A, Bała MM.
Measurement of critical health literacy in primary school pupils : a Polish validation of the Claim Evaluation Tools
BMJ Open [ISSN: 2044-6055] 2025, vol. 15, nr 7, DOI:10.1136/bmjopen-2025-099994

Wach AA, Storman D, Więckowski K, Wojtaszek-Główska M, Żabicka W, Krupka K, Abadi AK, Celińska-Löwenhoff M, Bała MM. The efficacy of probiotics, prebiotics or synbiotics in scleroderma: A systematic review. Clin Nutr ESPEN. 2025 Aug;68:206-215. doi: 10.1016/j.clnesp.2025.04.004. Epub 2025 Apr 29. PMID: 40311922.

Storman D, Jemioło P, Świerż M, Sawiec Z, Antonowicz E, Bała M, Prokop-Dorner A. Psychiatric medication needs expressed in peer-to-peer web-based interactions among individuals with depression and anxiety disorders : a mixed approach
Mental Health and Social Inclusion [ISSN: 2042-8308 / 2042-8316] 2025, vol. 29, nr 6, s. 815-838, DOI:10.1108/mhsi-01-2025-0026

Johnston BC, Rozga M, Guyatt GH, Hand RK, Handu D, Klatt KC, Bała MM. Nutrition Users' Guides: an introduction to structured guides to evaluate the nutrition literature. BMJ Nutr Prev Health. 2025 Apr 7;8(1):e000832. doi: 10.1136/bmjnp-2023-000832. PMID: 40771508; PMCID: PMC12322572.

Zeraatkar D, de Souza RJ, Guyatt GH, Bała MM, Alonso-Coello P, Johnston BC. Nutrition users' guides: systematic reviews part 1 -structured guide for methodological assessment, interpretation and application of systematic reviews and meta-analyses of non-randomised nutritional epidemiology studies. BMJ Nutr Prev Health. 2024 Aug 28;7(2):e000835. doi: 10.1136/bmjnp-2023-000835. PMID: 39882294; PMCID: PMC11773667.

Bała MM, Agarwal A, Klatt KC, Vernooij RWM, Alonso-Coello P, Steen JP, Guyatt GH, Duque T, Johnston BC. Nutrition Users' Guides: RCTs Part 2 - structured guide for interpreting and applying study results from randomised controlled trials on therapy or prevention questions. BMJ Nutr Prev Health. 2024 Aug 29;7(2):e000834. doi: 10.1136/bmjnp-2023-000834. PMID: 39882290; PMCID: PMC11773662.

Agarwal A, Bała MM, Zeraatkar D, Valli C, Alonso-Coello P, Ghosh NR, Han MA, Guyatt GH, Klatt KC, Ball GDC, Johnston BC. Nutrition users' guides: RCTs part 1 - structured guide for assessing risk of bias in randomised controlled trials that address therapy or prevention questions. BMJ Nutr Prev Health. 2024 Aug 28;7(2):e000833. doi: 10.1136/bmjnp-2023-000833. PMID: 39882286; PMCID: PMC11773643.

Shehu E, Pieper D, Albrecht HC, Gretschesl S, Krüger CM, Leggio F, Mantke R, Rückbeil O, Paasch C, Trawa M, Klugarová J, Perić TP, Bała MM, Prill R, Kugler CM. Increasing the rates of pre-operative stoma site marking in patients with intestinal ostomy (INSTOSI): a best practice implementation project. JBI Evid Implement. 2025 Apr 17. doi: 10.1097/XEB.0000000000000503. Epub ahead of print. PMID: 40237154.

Prokop-Dorner A, Zajac J, Bała MM. Communicating evidence-based information on the effects of health interventions to various types of recipients - a qualitative study on the perception of formats of information among lay and professional audiences. Ann Agric Environ Med. 2024 Dec 22;31(4):529-545. doi: 10.26444/aaem/186920. Epub 2024 May 16. PMID: 39743712.

Bała M, Poklepovic Pericic T, Franka Žuljevic M, Bralic N, Zajac J, Villyen Motaze N, Rohwer A, Gajdzica M, Young T. Adherence to the Guideline for Reporting Evidence-based practice Educational interventions and Teaching (GREET) of studies on evidence-based healthcare e-learning : a cross-sectional study. BMJ Evidence-Based Medicine. 2024; 29(4):229-238. doi: 10.1136/bmjebm-2023-112647

Swierz MJ, Storman D, Madej O, Krolkowska J, Dyngosz E, Kotlarek A, Zawadzka K, Sawiec Z, Jemioło P, Zajac J, Warzecha S, Maraj M, Majdak K, Bała MM. Perioperative lifestyle and nutritional interventions' details reporting in bariatric surgery trials according to the Template for Intervention Description and Replication (TIDieR) checklist: a cross-sectional study. Surg Obes Relat Dis. 2025 Apr;21(4):390-400. doi: 10.1016/j.soard.2024.11.003. Epub 2024 Nov 29. PMID: 39706722.

Świerż M, Majdak K, Budzyński A, Tarnowski W, Major P, Bała M. Adoption of the Polish Bariatric and Metabolic Surgery Care Standards : a nationwide survey. Wideochirurgia i Inne Techniki Mało Inwazyjne/ Videosurgery and Other Miniinvasive Techniques. 2024, id. art. 17911.doi: 10.20452/wiitm.2024.17911

Yang Q, Vernooij RWM, Zhu H, Nesrallah G, Bai C, Wang Q, Li Y, Xia D, Bała MM, Warzecha S, Sun M, Jayedi A, Shab-Bidart S, Pan B, Tian J, Yang K, Ge L, Johnston BC. Impact of sodium intake on blood pressure, mortality and major cardiovascular events: an umbrella review of systematic reviews and meta-analyses. Crit Rev Food Sci Nutr. 2024 Dec 3:1-11. doi: 10.1080/10408398.2024.2434166. Epub ahead of print.

Weglarz P, Skop-Lewandowska A, Prill R, Perić TP, Vrbová T, Klugarová J, Leśniak W, Bała MM. Nutrition as therapy - the role of dietitian counseling: a best practice implementation project. JBI Evid Implement. 2024 Nov 13. doi: 10.1097/XEB.0000000000000479. Epub ahead of print.

Van Eerdenbrugh S, Pingani L, Prevendar T, Lantta T, Zajac J, Prokop-Dorner A, Brandão MP, Poklepović Perić T, van Hoof J, Lund H, Bała MM. Cross-sectional exploratory survey among health researchers in Europe on the awareness of and barriers affecting the use of an evidence-based research approach. BMJ Open. 2024 Oct 16;14(10):e083676. doi: 10.1136/bmjopen-2023-083676.

Swierz MJ, Storman D, Mitus JW, Hetnal M, Kukiela A, Szlauer-Stefanska A, Pedziwiatr M, Wolff R, Kleijnen J, Bała MM. Transarterial (chemo)embolisation versus systemic chemotherapy for colorectal cancer liver metastases. Cochrane Database Syst Rev. 2024 Aug 9;8(8):CD012757. doi: 10.1002/14651858.CD012757.pub2.

Klugar M, Lotfi T, Darzi AJ, Reinap M, Klugarová J, Kantorová L, Xia J, Brignardello-Petersen R, Pokorná A, Hazlewood G, Munn Z, Morgan RL, Toews I, Neumann I, Bhatarasakoon P, Stein AT, McCaul M, Mathioudakis AG, D'Anci KE, Leontiadis GI, Naude C, Vasanthan LT, Khabsa J, Bała MM, Mustafa R, DiValerio Gibbs K, Nieuwlaar R, Santesso N, Pieper D, Mokrane S, Soghier I,

Lertwattthanawilat W, Wierciuch W, Sultan S, Rozmarinová J, Drapačová P, Song Y, Amer M, Amer YS, Sayfi S, Verstijnen IM, Shin ES, Saz-Parkinson Z, Pottie K, Ruspi A, Marušić A, Saif-Ur-Rahman KM, Rojas MX, Akl EA, Schünemann HJ; GRADE Working Group. GRADE guidance 39: using GRADE-ADOLOPMENT to adopt, adapt or create contextualized recommendations from source guidelines and evidence syntheses. *J Clin Epidemiol*. 2024 Oct;174:111494. doi: 10.1016/j.jclinepi.2024.111494. Epub 2024 Aug 6.

Prokop-Dorner A, Piłat-Kobla A, Ślusarczyk M, Świątkiewicz-Mośny M, Ożegalska-Łukasik N, Potysz-Rzyman A, Zarychta M, Juszczyk A, Kondyjowska D, Magiera A, Maraj M, Storman D, Warzecha S, Węglarz P, Wojtaszek-Główna M, Zabicka W, Bała MM. Teaching methods for critical thinking in health education of children up to high school: A scoping review. *PLoS One*. 2024 Jul 18;19(7):e0307094. doi: 10.1371/journal.pone.0307094.

Storman D, Jemioło P, Sawiec Z, Swierz MJ, Antonowicz E, Bała MM, Prokop-Dorner A. Needs Expressed in Peer-to-Peer Web-Based Interactions Among People With Depression and Anxiety Disorders Hospitalized in a Mental Health Facility: Mixed Methods Study. *J Med Internet Res*. 2024 Jul 12;26:e51506. doi: 10.2196/51506.

Kania M, Suduł P, Wilk M, Szopa M, Katra B, Małecki MT, Poklepović Peričić T, Prill R, Klugarová J, Vrbova T, Klugar M, Leśniak W, Bała MM. Education of adult type 1 diabetes patients in a diabetes ward setting: a best practice implementation project. *JBIM Evid Implement*. 2024 Jun 21. doi: 10.1097/XEB.0000000000000436. Epub ahead of print.

Bała MM, Poklepović Peričić T, Źuljević MF, Bralić N, Zajac J, Motaze NV, Rohwer A, Gajdzica M, Young T. Adherence to the Guideline for Reporting Evidence-based practice Educational interventions and Teaching (GREET) of studies on evidence-based healthcare e-learning: a cross-sectional study. *BMJ Evid Based Med*. 2024 Jul 23;29(4):229-238. doi: 10.1136/bmjebm-2023-112647.

Storman D, Swierz MJ, Mitus JW, Pedziwiatr M, Liang N, Wolff R, Bała MM. Microwave coagulation for liver metastases. *Cochrane Database Syst Rev*. 2024 Mar 27;3(3):CD010163. doi: 10.1002/14651858.CD010163.pub3.

Puljak L, Bała MM, Zajac J, Meštrović T, Buttigieg S, Yanakoulia M, Briel M, Lunny C, Lesniak W, Poklepović Peričić T, Alonso-Coello P, Clarke M, Djulbegovic B, Gartlehner G, Giannakou K, Glenny AM, Glenton C, Guyatt G, Hemkens LG, Ioannidis JPA, Jaeschke R, Juhl Jørgensen K, Martins-Pfeifer CC, Marušić A, Mbuagbaw L, Meneses Echavez JF, Moher D, Nussbaumer-Streit B, Page MJ, Pérez-Gaxiola G, Robinson KA, Salanti G, Saldanha IJ, Savović J, Thomas J, Tricco AC, Tugwell P, van Hoof J, Pieper D. Methods proposed for monitoring the implementation of evidence-based research: a cross-sectional study. *J Clin Epidemiol*. 2024 Apr;168:111247. doi: 10.1016/j.jclinepi.2024.111247. Epub 2024 Jan 5.

Ghosh NR, Esmaeilinezhad Z, Zajac J, Creasy RA, Lorenz SG, Klatt KC, Bała MM, Beathard KM, Johnston BC. Evidence-Based Practice Competencies among Nutrition Professionals and Students: A Systematic Review. *J Nutr*. 2024 Apr;154(4):1414-1427. doi: 10.1016/j.tjnut.2023.12.044. Epub 2023 Dec 29.

Wang Y, Xia R, Pericic TP, Bekkering GE, Hou L, Bała MM, Gao Y, Wu M, Gloss D, Siemieniuk RA, Fei Y, Rochwerf B, Guyatt G, Brignardello-Petersen R. How do network meta-analyses address intransitivity when assessing certainty of evidence: a systematic survey. *BMJ Open*. 2023 Nov 30;13(11):e075212. doi: 10.1136/bmjopen-2023-075212.

Wang Y, Florez ID, Morgan RL, Foroutan F, Chang Y, Crandon HN, Zeraatkar D, Bała MM, Mao RQ, Tao B, Shahid S, Wang X, Beyene J, Offringa M, Sherman PM, El Gouhary E, Guyatt GH, Sadeghirad B. Probiotics, Prebiotics, Lactoferrin, and Combination Products for Prevention of Mortality and Morbidity in Preterm Infants: A Systematic Review and Network Meta-Analysis. *JAMA Pediatr*. 2023 Nov 1;177(11):1158-1167. doi: 10.1001/jamapediatrics.2023.3849. Erratum in: *JAMA Pediatr*. 2024 Jan 1;178(1):99. doi: 10.1001/jamapediatrics.2023.5514.

Talukdar JR, Steen JP, Goldenberg JZ, Zhang Q, Vernooij RWM, Ge L, Zeraatkar D, Bała MM, Ball GDC, Thabane L, Johnston BC. Saturated fat, the estimated absolute risk and certainty of risk for mortality and major cancer and cardiometabolic outcomes: an overview of systematic reviews. *Syst Rev*. 2023 Sep 30;12(1):179. doi: 10.1186/s13643-023-02312-3.

Puljak L, Bała MM, Mathes T, Poklepovic Pericic T, Wegewitz U, Faggion CM Jr, Matthias K, Storman D, Zajac J, Rombey T, Bruschetti M, Pieper D. AMSTAR 2 is only partially applicable to systematic reviews of non-intervention studies: a meta-research study. *J Clin Epidemiol*. 2023 Nov;163:11-20. doi: 10.1016/j.jclinepi.2023.08.021. Epub 2023 Sep 1.

Meneses-Echavez JF, Bidonde J, Montesinos-Guevara C, Amer YS, Loaiza-Betancur AF, Tellez Tinjaca LA, Fraile Navarro D, Poklepović Peričić T, Tokalić R, Bała MM, Storman D, Swierz M, Zajac J, Flórez ID, Schünemann H, Flotorp S, Alonso-Coello P. Using evidence to decision frameworks led to guidelines of better quality and more credible and transparent recommendations. *J Clin Epidemiol*. 2023 Oct;162:38-46. doi: 10.1016/j.jclinepi.2023.07.013. Epub 2023 Jul 29.

Zawadzka K, Kałuzińska K, Świerz MJ, Sawiec Z, Antonowicz E, Leonczyk-Spórna M, Abadi AK, Trofimiuk-Müldner M, Bała MM. Are probiotics, prebiotics, and synbiotics beneficial in primary thyroid diseases? A systematic review with meta-analysis. *Ann Agric Environ Med*. 2023 Jun 26;30(2):217-223. doi: 10.26444/aaem/162732. Epub 2023 May 16.

Johnston BC, Zeraatkar D, Steen J, de Jauregui DRF, Zhu H, Sun M, Cooper M, Maraj M, Prokop-Dorner A, Reyes BC, Valli C, Storman D, Karam G, Zajac J, Ge L, Swierz MJ, Ghosh N, Vernooij RWM, Chang Y, Zhao Y, Thabane L, Guyatt GH, Alonso-Coello P, Hooper L, Bała MM. Saturated fat and human health: a protocol for a methodologically innovative systematic review and meta-analysis to inform public health nutrition guidelines. *Syst Rev*. 2023 Mar 14;12(1):39. doi: 10.1186/s13643-023-02209-1.

Valli C, Maraj M, Prokop-Dorner A, Kaloteraki C, Steiner C, Rabassa M, Solà I, Zajac J, Johnston BC, Guyatt GH, Bała MM, Alonso-Coello P. People's Values and Preferences about Meat Consumption in View of the Potential Environmental Impacts of Meat: A Mixed-methods Systematic Review. *Int J Environ Res Public Health*. 2022 Dec 24;20(1):286. doi: 10.3390/ijerph20010286.

Brini S, Brudasca NI, Hodkinson A, Kaluzinska K, Wach A, Storman D, Prokop-Dorner A, Jemioło P, Bała MM. Efficacy and safety of transcranial magnetic stimulation for treating major depressive disorder: An umbrella review and re-analysis of published meta-analyses of randomised controlled trials. *Clin Psychol Rev*. 2023 Mar;100:102236. doi: 10.1016/j.cpr.2022.102236. Epub 2022 Dec 8.

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- Prokop-Dorner A, Piłat A, Zajac J, Luśtyk M, Valli C, Łapczuk A, Brzyska M, Johnston BC, Zera D, Guyatt GH, Alonso-Coello P, Bala MM. Values and preferences influencing willingness to change red and processed meat consumption in response to evidence-based information: a mixed methods study. *Public Health Nutr*. 2022 Apr 8;1-34. doi: 10.1017/S1368980022000866. Epub ahead of print.
- Kirvaldizė M, Hodkinson A, Storman D, Fairchild TJ, Bała MM, Beridze G, Zuriaga A, Brudasca NI, Brini S. The role of glucose in cognition, risk of dementia, and related biomarkers in individuals without type 2 diabetes mellitus or the metabolic syndrome: A systematic review of observational studies. *Neurosci Biobehav Rev*. 2022 Apr;135:104551. doi: 10.1016/j.neubiorev.2022.104551. Epub 2022 Jan 29.
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- Zajac JF, Storman D, Swierz MJ, Koperny M, Weglarz P, Staskiewicz W, Gorecka M, Skuza A, Wach A, Kaluzinska K, Bochenek-Cibor J, Johnston BC, Bala MM. Are systematic reviews addressing nutrition for cancer prevention trustworthy? A systematic survey of quality and risk of bias. *Nutr Rev*. 2022 May 9;80(6):1558-1567. doi: 10.1093/nutrit/nuab093.
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Projects

PROJECTS

2022 – 2023 – National Chamber of Physiotherapists – Project on infodemic – building capacity on evidence-based healthcare, infodemic, adapting practice guidelines; Chair of the Expert Committee until 31 July 2023
2021 – ongoing – Diagnosing and developing health capital – Health literacy of primary school students, institute of Sociology Jagiellonian University Medical College; Leader within leader within Jagiellonian University Medical College
2020 – 2023 – Evidence Implementation in Clinical Practice, ERASMUS plus with Joanna Briggs Institute workshop; leader within Jagiellonian University Medical College
2019-2023 – EVBRES Cost Action; Leader Activity WG2A5 and WG4A9
2018-2022 – Characteristics, methodological quality and risk of bias in studies published as systematic reviews/meta-analyses on the effects of nutritional/dietary interventions in cancer prevention – a systematic methodological survey; leader
2018-2019 – Systematic insight into efficacy of probiotics in bariatric and psychiatric patients
2017-2018 – Systematic Insight into Obesity (Student Competition The best of the best 2.0); Scientific Supervisor

Other relevant professional experiences

Member of ECICC Subgroup on "Use of aspirin or non-aspirin NSAID for primary prevention"(2023) and Co-lead of the ECICC subgroup "Micronutrients"

Regular participation in the meetings of international experts of GRADE Working Group
Leading methodologist on the development of guidelines for smoking cessation in Poland (in collaboration with National Institute of Oncology and WHO Poland; 2022)
Initiative NutriRECS (now Evidence Based Nutrition) Leadership Team (Bradley Johnston -Department of Nutrition and Food Science, Agriculture and LifeSciences, Texas A&M University; Pablo Alonso-Coello - Biomedical Research Institute (Hospital Sant Pau, Spain; Gordon Guyatt, Department of Health Research Methods, McMaster University, Canada)
Evidence-based Research Network, hosted by Western Norway University of Applied Sciences, Norway (after completing EVBRES COST Action Chaired by prof Hans Lund), Training Subcommittee
Leading methodologist for the development of guideline adaptation in mental diseases and oncology – National Chamber of Physicians, 2017-2019
Working Group on guidelines for Health Technology Assessment of medical devices, 2016 - 2021
Working Group on guidelines for Health Technology Assessment of drugs in Poland, 2015-2016
Introducing Cochrane to Poland - building network and cooperation with different stakeholders, dissemination of Cochrane reviews results, building capacity for Cochrane work within Poland, from 2015
Participation and supervision of the standardisation process for sanitary-epidemiological inspections within the voivodeship, updating of sanitary-epidemiological policies within the voivodeship, 2014-2015
Participation and supervision of the design and introduction of the electronic inspection system for sanitary-epidemiological stations within the voivodeship, 2014-2015
Working Group preparing Polish guidelines on prophylaxis and treatment of venous thromboembolism (Medycyna Praktyczna, 2002 and 2012)
Working Group preparing Polish guidelines on the diagnosis and treatment of tobacco dependence (Medycyna Praktyczna, 2009 and 2011)
Working Group on preparing evidence-based clinical practice guidelines for diagnosing a first episode of lower extremities deep vein thrombosis in ambulatory outpatients, 2009
Participation in preparation of the framework of The Basic Benefit Package in Poland in cooperation with TNO
Prevention and Health within the grant of the World Bank: "Standard of health services purchased in the national health care system in Poland" (project no 011.41053; contract no 3.4.1.41), Krakow-Warszawa 2001
Member of Working Group preparing "Practice Guidelines for primary care physicians on the management of chronic obstructive pulmonary disease" (NCQA and Society for Quality Assurance in Health Care; published by AKTIS, Krakow 2002) and "Practice Guidelines for primary care physicians on the management of chronic pain" (NCQA and Society for Quality Assurance in Health Care; published by AKTIS, Lodz 2001)

Memberships

COMMISSION/POSITIONS OF TRUST/REVIEWING ACTIVITIES

2025 - Member of the working group developing Polish HTA guidelines at the Polish HTA Agency
2022 Commission for the Evaluation of Science, expert evaluator
2019-current – Faculty of Medicine, Jagiellonian University Medical College, member of the Faculty Board
2017-2018 – Member, Advisory group on developing framework for guideline process, The Polish HTA Agency,
2017 – current – Editorial Board, Polish Archives of Internal Medicine, Medycyna Praktyczna, Poland
2014 – 2014 – Panel Member - Working Group on Future EU Agenda on Quality of health care with special emphasis on patient safety, European Commission, Belgium
2007-2012 – Evaluator, European Commission, Directorate General for Research and Innovation, 7th Framework Program – Health
2014 – current – Evaluator, European Commission, Directorate General for Research and Innovation, Horizon 2020 projects, Belgium

MEMBERSHIPS OF SCIENTIFIC SOCIETIES

2024- Evidence based Research Network, member
2020-cont – Board Member, Polish Society for Environmental Epidemiology
2018 –2020 – President Polish Hygienic Association Krakow Division, Poland
2004 –ongoing – Cochrane Collaboration, member, Director of Cochrane Poland, member of Geographic Group Directors Executive Board (till Oct 2025)

FELLOWSHIPS, AWARDS AND PRIZES

2025 - awarded didactic fellowship Teaching Engagement Development from Jagiellonian University at the Federal University of Rio De Janeiro, Campus Macae, Institute of Pharmaceutical Sciences
2025 - Visiting Professor, University of Split, School of Medicine
2024, 2025 - Erasmus + fellowship
2021 - awarded didactic fellowship Zintegruj from Jagiellonian University at the University of Split, School of Medicine
2018 – Award for organizational achievements (capacity building for Cochrane activities in Poland) - Ministry of Science and Higher Education, Poland
2005 – 2005 – Netherlands Institute for Health Sciences' Fellowship, Erasmus Winter Programme, Erasmus Medical Centre, Rotterdam, the Netherlands; (courses attended: Repeated measurements in clinical studies, Diagnostic research, Decision making in medicine), ,
Cochrane Protocol development and Introduction to data analysis workshops held at The University of York and Cochrane Workshops during Annual UK Contributors Meeting, UK (2004)
2004 – 2004 – Marie Curie Fellowship, University of Sheffield, School of Public Health and Related Research, UK; attended courses in economic evaluation and Health Technology Assessment
2002 – 2002 – Netherlands Institute for Health Sciences' Fellowship, Erasmus Summer Programme Research Training in Clinical Research"; Rotterdam, the Netherlands

Scientific conferences

Regular participation in Cochrane Colloquium (2015,2016,2017,2018, 2023) in Global Evidence Summit (2021, 2024), in Guidelines International Network conferences (2018, 2022, 2023, 2025)

Other Relevant Information

Other courses

Teaching Engagement Development - didactic courses (2025)

Teaching: Undergraduate Evidence based medicine, evidence based nutrition, systematic review methods, infectious diseases epidemiology

Postgraduate: evidence based infection control, evidence based medicine for specialisation in microbiology