

## Curriculum Vitae

Personal information **Helene Blok**

### Work experience

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1. Employer: Health and Youth Care Inspectorate
  - Start date: 072015
  - End date: 070125
  - Position: Senior Inspector
  - Activities: (inter)national GCP inspections
  - Country: Netherlands
2. Employer: Health Care Inspectorate
  - Start date: 052010
  - End date: 072015
  - Position: Advisor
  - Activities: \_ Methodological advice in, contribution to and analysis of derived data from risk\_based supervision, thematic supervision and research otherwise
  - \_ Writing of and contribution to regulatory reports arising from risk\_based and thematic supervision
  - \_ Project secretary risk\_based supervision on a specific theme/healthcare sector
  - \_ (Co\_) development of indicators for the purposes of risk\_based supervision of specific themes/healthcare sectors
  - \_ Inter process communication with scientific societies, objects under supervision, health care inspectors, and secretaries
  - \_ Development and publication of the elementary set of risk indicators for the purposes of risk\_based supervision on specific themes/healthcare sectors and, interconnected, co\_development of web based surveys
  - \_ Development of instruments for the purpose of supervision visits
  - \_ (Co)development of dashboards for the purposes of supervision on objects under supervision on specific themes/healthcare sectors
  - Country: Netherlands
3. Employer: Dutch Institute for Healthcare Improvement CBO
  - Start date: 122008
  - End date: 052010
  - Position: Advisor
  - Activities: \_ Scientific assessment of literature for purposes of evidence based multi\_ and monodisciplinary guideline development
  - \_ Counselling and progress control regarding the process on guideline development
  - \_ Budgetary control and signalling (dangering) exceeding, supply data, draw summaries
  - \_ Participation in National Action program on Selfmanagement (LAZ), development generic model, disease specific working groups, co\_morbidity
  - \_ Participating in WHO Meeting of guideline development group on Self Care of Noncommunicable Diseases
  - \_ Patient participation in guidelines
  - \_ Participation as a trainer in the EBRO course (evidence based guideline development)
  - Country: Netherlands
4. Employer: Erasmus MC, Rotterdam
  - Start date: 2007
  - End date: 2008
  - Position: Nursing coordinator outpatient clinic Pulmonary Diseases
  - Activities: \_ Planning and coordinating tasks
  - \_ Controlling progress and quality and safety of care
  - \_ Govern personnel management, organisational and financial matters
  - \_ Proposals regarding to and taking care of conduct of policy, operational policy and realisation of products/services of the outpatient clinic pulmonary diseases
  - \_ Budgetary control and signalling (dangering) exceeding, supply data, draw summaries
  - Country: Netherlands
5. Employer: Erasmus MC, Rotterdam
  - Start date: 2005
  - End date: 2008
  - Position: Nursing coordinator Pulmonary Hypertension
  - Activities: \_ Advisory expert for patients as well as nurses
  - \_ Co\_ordination of diagnostics, treatment and care
  - \_ Budgetary control and signalling (dangering) exceeding, supply data, draw summaries
  - \_ Inform, counsel and carry out of medical technical proceedings ( nursing consulting hours) for patients with Pulmonary Hypertension
  - \_ Conduct patient administration and database control
  - \_ Conferences with pulmonary physicians, social workers, physiotherapists, dieticians, pharmacy, inpatient clinic

- (Co)development protocols, guidelines and total care for patients with Pulmonary Hypertension
  - Participating in national working group PH\_nurses
  - Intermediary between care in the first and second line
  - Education of nurses
  - Country: Netherlands
- 6. Employer: Erasmus MC, Rotterdam
  - Start date: 2003
  - End date: 2008
  - Position: Nursing coordinator Cystic Fibrosis
  - Activities:
    - Advisory expert for patients (parents) as well as nurses
    - Co\_ordination of diagnostics, treatment and care
    - Budgetary control and signalling (dangering) exceeding, supply data, draw summaries
    - Inform, counsel and carry out of medical technical proceedings ( nursing consulting hours) for patients with Cystic Fibrosis
    - Conduct patient administration and database control
    - Conferences with pulmonary physicians, social workers, physiotherapists, dieticians, pharmacy, inpatient clinic, regarding the CF\_team for adults as well as the CF\_team of the Erasmus MC\_Sophia (children's hospital).
    - Participating in the national study group CF\_nurses and the study group Cystic Fibrosis of CBO (Dutch Institute for Healthcare Improvement) for development of the renewed national guideline Cystic Fibrosis
    - (Co)development protocols, guidelines and total care for patients with Cystic Fibrosis
    - Intermediary between care in the first and second line
    - Education of nurses
  - Country: Netherlands
- 7. Employer: Erasmus MC, Rotterdam
  - Start date: 2002
  - End date: 2008
  - Position: Research coordinator Pulmonary Diseases
  - Activities:
    - Prepare, advise, estimate and coordinate the conduct of fase I, II and III trials (sponsor\_ as well as investigator initiated), considering ICH\_GCP, and drawing up of the necessary contracts
    - Assessment of feasibility of study protocols, contributing on possibilities regarding adjustments
    - Database control, data management, (financial) administration and archiving of the study materials
    - Communication with sponsors, in\_ and outpatient clinic, pharmacy, various laboratories, other departments, IRB, management department, financial department, legal department, pulmonary physicians, researchers and patients
    - Recruitment of participants
    - Registration and randomization of included patients
    - Administer visits regarding trials
    - Development of documents/guidelines regarding the conduct of trials and collecting data
  - Country: Netherlands
- 8. Employer: Erasmus MC, Rotterdam
  - Start date: 2001
  - End date: 2002
  - Position: Research nurse Haematology
  - Activities:
    - Prepare the conduct of fase I, II and III trials considering ICH\_GCP
    - Database control, data management
    - Communication with sponsors, in\_ and outpatient clinic, pharmacy, various laboratories, other departments, IRB, haematologists and patients
    - Registration and randomization of included patients
    - Development of documents regarding the conduct of trials and collecting data
  - Country: Netherlands
- 9. Employer: de Vierstroom, Gouda
  - Start date: 1999
  - End date: 2000
  - Position: Specialist nurse Oncology
  - Activities:
    - Advisory expert for patients as well as nurses
    - Conduct patient administration and database control
    - Co development project transmural care delivery
    - Education of nurses internal as well as external (Integral Cancer centre West)
    - Set up of a discussion group for people with cancer or after having had cancer
  - Country: Netherlands
- 10. Employer: Groene Hart Ziekenhuis, Gouda
  - Start date: 1994
  - End date: 2000
  - Position: Specialist nurse Oncology
  - Activities:
    - Advisory expert for patients as well as nurses
    - Inform and counselling of patients with cancer
    - Conduct patient administration and database control
    - Conferences with oncologists, pharmacy, inpatients clinic
    - Development outpatient clinic for patients with (suspected) breast cancer, including nursing consultation hours
    - Participating in study groups e.g. the study group oncology nurses of the Integral Cancer centre West
    - Co development project transmural care delivery
    - Development of a guideline regarding preparation and administration of cytostatic drugs and total oncological care
    - Education of nurses internal as well as external (Integral Cancer centre West)
    - Set up of a discussion group for people with cancer or after having had cancer
  - Country: Netherlands
- 11. Employer: Groene Hart Ziekenhuis, Gouda
  - Start date: 1987
  - End date: 1994

- Position: Nurse
  - Activities: Department of Internal and Pulmonary diseases
  - Country: Netherlands
12. Employer: St. Jozefziekenhuis and Bleulandziekenhuis, Gouda
- Start date: 1984
  - End date: 1987
  - Position: Nurse
  - Activities: Various departments
  - Country: Netherlands
13. Employer: St Elisabethziekenhuis, Leiderdorp
- Start date: 1981
  - End date: 1984
  - Position: Nurse
  - Activities: Department of Obstetrics
  - Country: Netherlands

## Education and training

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- Subject: European Medicines Agency
  - Start date: 2017
  - End date:
  - Qualification: BE Inspectors Basic Training Course
  - Organisation: Online BE Inspectors Basic Training Course
  - Country: United Kingdom
- Subject: European Medicines Agency
  - Start date: 2015
  - End date:
  - Qualification: GCP Inspectors basis Training Course
  - Organisation: Online EU GCP Inspectors basis Training Course
  - Country: United Kingdom
- Subject: Academisch Medisch Centrum/ University of Amsterdam
  - Start date: 2014
  - End date:
  - Qualification: Postgraduate training
  - Organisation:
  - Country: Netherlands
- Subject: Academisch Medisch Centrum/ University of Amsterdam
  - Start date: 2010
  - End date:
  - Qualification: Postgraduate training
  - Organisation:
  - Country: Netherlands
- Subject: Academisch Medisch Centrum/ University of Amsterdam
  - Start date: 2009
  - End date:
  - Qualification: Postgraduate training
  - Organisation:
  - Country: Netherlands
- Subject: European Society of Cardiology, Nice
  - Start date: 2007
  - End date:
  - Qualification: Training course
  - Organisation:
  - Country: France
- Subject: Academisch Medisch Centrum/ University of Amsterdam
  - Start date: 2006
  - End date: 2008
  - Qualification: Clinical epidemiologist
  - Organisation:
  - Country: Netherlands
- Subject: European Respiratory Society, Vienna
  - Start date: 2004
  - End date:
  - Qualification: Training course
  - Organisation:
  - Country: Austria
- Subject: Transfergroep Rotterdam
  - Start date: 2002
  - End date: 2003
  - Qualification: Research nurse
  - Organisation:
  - Country: Netherlands
- Subject: Hogeschool Midden Nederland, Leusden
  - Start date: 1992
  - End date: 1994
  - Qualification: Certificate in management
  - Organisation:
  - Country: Netherlands
- Subject: Integraal Kankercentrum West, Leiden
  - Start date: 1990
  - End date:
  - Qualification: Oncology nurse
  - Organisation:
  - Country: Netherlands
- Subject: St. Antonius Ziekenhuis, Nieuwegein
  - Start date: 1989
  - End date: 1990
  - Qualification: Training course
  - Organisation:
  - Country: Netherlands
- Subject: Ziekenhuis de Lichtenberg, Amersfoort
  - Start date: 1977
  - End date: 1981
  - Qualification: Nurse
  - Organisation:
  - Country: Netherlands

14. Subject: Chr. Lyceum, Alphen a/d Rijn
- Start date: 1972
  - End date: 1977
  - Qualification: Secondary education
  - Organisation:
  - Country: Netherlands

## Additional information

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### Publications

Ditewig JB, Blok H, Havers J, van Veenendaal H. Effectiveness of self\_management interventions on mortality, all\_cause hospital readmissions, chronic heart failure hospitalization rate and quality of life in patients with chronic heart failure; a systematic review. Patient Educ Couns 78 (2010) 297\_315

Van Spreuwel P, Blok H, Langelaar M, Kullberg, BJ, Mouton J, Natsch S. Identifying targets for quality improvement in hospital antibiotic prescribing. Neth J Med. 2015 May;73(4):161\_8.

### Projects

Projects as mentioned under working experience

### Memberships

### Other Relevant Information