

## Curriculum Vitae

Personal information **Maria Helena Pinto Ferreira**

### Work experience

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1. Employer: Portuguese Pharmacopoeia Commission
  - Start date: 2012
  - End date:
  - Position: Member
  - Activities: Preparation of the Portuguese Pharmacopoeia
  - Country: Portugal
2. EMA
  - Start date: 2004
  - End date: 2008
  - Position: Alternate HMPC member
  - Activities: Preparation of herbal monographs and scientific and regulatory documents related.
  - Country: Portugal
3. Employer: Minho University, Health Sciences School
  - Start date: 2012
  - End date: 2019
  - Position: Lecturer
  - Activities: Lecturer on the postgraduation course on Medical Acupuncture at the Health Sciences School
  - Country: Portugal
4. Employer: Nova Medical School, Lisbon
  - Start date: 2010
  - End date: 2019
  - Position: Coordination and Lecturer
  - Activities: Postgraduation course on Medical Acupuncture at the Faculty of Medical Sciences
  - Country: Portugal
5. Employer: Coimbra Faculty of Pharmacy
  - Start date: 2006
  - End date: 2019
  - Position: Lecturer postgraduation course on Herbal medicines and Herbal health products
  - Activities:
  - Country: Portugal
6. Employer: Universidade de Coimbra
  - Start date: 2007
  - End date: 2011
  - Position: Lecturer
  - Activities: Lecturer on the postgraduation on Medical Acupuncture at the Faculty of Medicine
  - Country: Portugal
7. EMA
  - Start date: 2006
  - End date: 2018
  - Position: MLWP member and HMPC alternate member
  - Activities: Preparation of herbal monographs and scientific and regulatory documents related.
  - Country: Portugal
8. EMA
  - Start date: 2008
  - End date:
  - Position: HMPC Co-opted member
  - Activities: General and Family Medicine
9. Employer: Lisbon Faculty of Pharmacy
  - Start date: 2003
  - End date: 2018
  - Position: Lecturer Postgraduation course on Regulation and Evaluation of Medicines and Health Products
  - Activities:
  - Country: Portugal
10. Employer: Head of Agencies
  - Start date: 2000
  - End date: 2022
  - Position: HMPWG Alternate Member
  - Activities: Regulatory affairs of Homeopathic Medicinal products
  - Country: Portugal
11. Employer: Infarmed IP
  - Start date: 1999
  - End date: 2022
  - Position: Clinical Assessor
  - Activities: Clinical assessor of Medicinal products including Traditional Herbal Medicinal Products and Homeopathic Medicinal Products
  - Country: Portugal
12. Employer: Ministry of Health
  - Start date: 1984
  - End date: 2022

- Position: Family and General Medicine
  - Activities: Primary care physician at the NHS, in Lisbon,
  - Country: Portugal
13. Employer: Ministry of Health
- Start date: Jan1980
  - End date: 1983
  - Position: Hospital Internship
  - Activities: Hospital Internship on Internal Medicine, Pediatrics, Surgery, Urology, Dermatology, Cardiology, Pneumology and Emergency.
  - Country: Portugal

## Education and training

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- Subject: EMA
  - Start date: 1999
  - End date:
  - Qualification: EMA expert
  - Organisation: Clinical safety and efficacy assessors training
  - Country:
- Subject: Lisbon, Faculty of Medicine
  - Start date: Jan2007
  - End date: Feb2007
  - Qualification: Evidence based Medicine \_ principles and practice
  - Organisation: Evidence assessment of clinical trials.
  - Country: Portugal
- Subject: Faculty of Homeopathy, UK
  - Start date: 2001
  - End date: 2002
  - Qualification: Licenced Homeopath
  - Organisation:
  - Country: United Kingdom
- Subject: Pulido Valente Hospital
  - Start date: 1995
  - End date: 1996
  - Qualification: immuno allergology postgraduation
  - Organisation: Physiopathology , laboratory tests and clinical practice of immuno\_alergologic diseases.
  - Country: Portugal
- Subject: Ministry of Health
  - Start date:
  - End date: 1991
  - Qualification: Family and General Medicine Specialist
  - Organisation:
  - Country: Portugal
- Subject: Faculty of Medicine, Oporto University
  - Start date: Oct1973
  - End date: Jun1979
  - Qualification: Medicine and Surgery
  - Organisation:
  - Country: Portugal

## Additional information

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### Publications

Complementary and Alternative Therapies, Ed Deco Proteste, 1st Edition, 2002, Revisor Acupunctura na Medicina, Ed Lidel, 2010, Coauthor Costa M.Céu, Nogueira T., Pinto ferreira H., Martins Ana Paula, Os suplementos alimentares e a saúde. Papel do farmacêutico na utilização de plantas, Revista de Fitoterapia 2010; 10 (2): 127\_144 A. Proença da Cunha, AROMATERAPIA FUNDAMENTOS E UTILIZAÇÃO, Ed. Fundação Gulbenkian, 1ª Ed. 2013, Preamble. Costa et al, Gonçalves C., Oliveira C, Pinto Ferreira H., Degree of search of Acupuncture as therapeutic option in a population sample of Lisbon, Biomedical and Biopharmaceutical Research 2013;(10) 1: 19\_30 Ferreira H. P., Medical acupuncture \_What about the future?, Elsevier, Acupuncture and Related Therapies 2 (2014) 43–44 Encarnação A, Pinto H., Ferreira H.P., Changing the paradigm—Teaching Western Style Acupuncture in Portugal, Elsevier, Acupuncture and Related Therapies 2 (2014) 19–24

### Projects

### Memberships

More than 40 participations on National and International conferences. Member of the Portuguese Medical Association Editorial board of the journal "Acupuncture and Related Therapies", Elsevier. Past President of Portuguese Acupuncture Medical Society Past President of ICMART, International Council Medical Acupuncture and Related Techniques from 2012\_2014 Member of the SPFito, Portuguese Society of Phytotherapy and Phytochemistry.

## Other Relevant Information