

Curriculum Vitae

Personal information **Tiinamaija Tuomi**

Work experience

- Chief Physician (60%), Helsinki University Hospital, Finland, since 1/2010
- Principal Investigator (25%), Folkhälsan Research Center, Finland, since 1/2001
- Research director (15%), Institute for Molecular Medicine Finland (FIMM), University of Helsinki, Finland, since 1/2018
- Vice director, Center of Excellence in Complex Disease Genetics, Academy of Finland and University of Helsinki, Finland 1/2018-12/2025
- Professor (adjungerad) in internal medicine, Lund University, Sweden, since 7/2019
- Principal investigator of the Botnia Study, since 1/1999
- Principal investigator, of the Vaasa Diabetes register (DIREVA), since 2017
- Principal Investigator, Research Programs of University of Helsinki since 2001; current program Research Program for Clinical and Molecular Metabolism (CMM) 2019 - 2025

Professional Experience:

- Clinical teacher, University of Helsinki, Finland 1.8.2006 – 31.12.2009
- Senior Research Fellow, The Academy of Finland 1.8.2001 – 31.7.2006
- Clinical teacher, University of Helsinki, Finland 1.9.2000 – 31.7.2001
- Resident in Endocrinology, Helsinki University Central Hospital, Finland 1.1.1999 – 30.8.2000
- Lecturer (Universitetslärare), Dept. of Endocrinology, Lund University, Sweden 1.1.1998 – 31.12.1998
- Vice Chief of Laboratory, Diabetes and Endocrine Research Laboratory, Lund University, Sweden 1.9.1994 – 31.12.1998
- Clinical teacher, Dept. of Endocrinology, Lund University, Sweden 1.9.1994 – 31.12.1997
- Resident in Internal Medicine, Helsinki University Central Hospital, Finland 1.2.1993 – 31.8.1994
- Postdoc Fellow, Centre for Molecular Biology and Medicine, Monash University, Clayton (Melbourne), Australia 1.1.1992–30.1.1993
- Resident in Internal Medicine, Helsinki University Central Hospital, Finland 1.6.1990 – 31.12.1991

Education and training

Degrees:

- Licentiate (1988) and Doctor of medicine (MD/ PhD) (1990), University of Helsinki, Finland
- Specialist in internal medicine (1997) and endocrinology (2000), University of Helsinki, Finland
- Special competence in diabetes care (2006), The Finnish Medical Association

Lecturer (Docent):

- General Internal Medicine 1998, Lund University, Sweden
- Experimental Internal Medicine (1999) and Internal Medicine (2006), University of Helsinki, Finland

Additional information

- Publications** 237. Reeve M, Kanai M, Graham D, Karjalainen J, Luo S, Kolosov N, Adams C, Ritari J, Karczewski K, Kiiskinen T, Fuller Z, Mehtonen J, Kurki M, Khan Z, Partanen J, McCarthy M, Artomov M, Tuomi T, Pirinen M, Kero J, Xavier R, Daly M, Ripatti S, Gen F. Autoimmune hypothyroidism GWAS reveals independent autoimmune and thyroid-specific contributions and an inverse relation with cancer risk. *Res Sq [Preprint]*. 2024 Jul 8:rs.3.rs-4626646. doi: 10.21203/rs.3.rs-4626646/v1. PREPRINT.
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235. Amadou C, Wei Y, Tuomi T, Feychting M, Carlsson S. Fetal programming of early-onset type 2 diabetes: a Swedish nationwide cohort and sibling analysis. *Eur J Epidemiol*. 2025 Jun 24. doi: 10.1007/s10654-025-01261-6. Epub ahead of print.
234. Wei Y, Andersson T, Tuomi T, Nyström T, Carlsson S. Adult-onset type 1 diabetes: predictors of major cardiovascular events and mortality. *Eur Heart J*. 2025 May 14:ehaf304. doi: 10.1093/eurheartj/ehaf304. Epub ahead of print.
233. Madsen AL, Bonàs-Guarch S, Gheibi S, Prasad R, Vangipurapu J, Ahuja V, Cataldo LR, Dwivedi O, Hatem G, Atla G, Guindo-Martínez M, Jørgensen AM, Jonsson AE, Miguel-Escalada I, Hassan S, Linneberg A, Ahluwalia TS, Drivsholm T, Pedersen O, Sørensen TIA, Astrup A, Witte D, Damm P, Clausen TD, Mathiesen E, Pers TH, Loos RJF, Hakaste L, Fex M, Grarup N, Tuomi T, Laakso M, Mulder H, Ferrer J, Hansen T. Genetic architecture of oral glucose-stimulated insulin release provides biological insights into type 2 diabetes aetiology. *Nat Metab*. 2024 Oct;6(10):1897-1912. doi: 10.1038/s42255-024-01140-6.
232. Edstorp J, Rossides M, Ahlqvist E, Alfredsson L, Askling J, Di Giuseppe D, Grill V, Sorgjerd EP, Tuomi T, Åsvold BO, Carlsson S. Exposure to antibiotics and risk of latent autoimmune diabetes in adults and type 2 diabetes: results from a Swedish case-control study (ESTRID) and the Norwegian HUNT study. *Diabetologia*. 2024 Oct 28. doi: 10.1007/s00125-024-06302-5.
231. Santoso C, Wei Y, Ahlqvist E, Tuomi T, Carlsson S. Autoimmune diseases and the risk and prognosis of latent autoimmune diabetes in adults. *Diabetologia*. 2024 Oct 28. doi: 10.1007/s00125-024-06303-4.
230. Wei Y, Hägg S, Mak JKL, Tuomi T, Zhan Y, Carlsson S. Metabolic profiling of smoking, associations with type 2 diabetes and interaction with genetic susceptibility. *Eur J Epidemiol*. 2024 Jun;39(6):667-678.
229. Ibrahim H, Balboa D, Saarimäki-Vire J, Montaser H, Dyachok O, Lund P-E, Omar-Hmeadi M, Kvist J, Dwivedi OP, Lithovius V, Barsby T, Chandra V, Euro S, Ustinov J, Tuomi T, Miettinen PJ, Barg S, Tengholm T, Otonkoski T. RFX6 haploinsufficiency predisposes to diabetes through impaired beta cell functionality. *Diabetologia*. 2024 Aug;67(8):1642-1662.
228. Karhiho IP*, Kurki SH*, Parviainen HI, Kullamaa L, Färkkilä M, Matikainen N#, Tuomi T#. The hidden epidemic: Uncovering Incidental Fatty Liver Disease and its Metabolic Comorbidities by Datamining in a Hospital Data Lake – a Real-world Cohort Study. *Diabetes Res Clin Pract*. 2024 Apr;210:111609. *# shared contribution
227. Loginovic* P, Wang F*, Li J*, Ferrat L, Mirshahi UL, Rao HS, Petzold A, Tyrrell J, Green HD, Weedon MN, Ganna A, Tuomi T, Carey DJ, Oram RA, Braithwaite T, FinnGen, The UKBB Eye & Vision Consortium. Applying a genetic risk score model to enhance prediction of future multiple sclerosis diagnosis at first presentation with optic neuritis. *Nat Commun*. 2024 Feb 28;15(1):1415. *shared contribution
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- signature for diabetic kidney disease. *iSCIENCE* 2023; 26(5): 106686.
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Projects My research focuses on unravelling the heterogeneity of diabetes, both regarding pathogenetic mechanisms and development of classification approaches based on phenotypic and genetic data (instead of the currently used rather simple algorithms).

I am the PI of a large Botnia Family Study on diabetes, a population-based study on Prevalence, Prediction and Prevention of Diabetes (the PPP-Botnia Study), the FINNMODY Study on monogenic diabetes in Finland, and the regional Vaasa Diabetes Registry DIREVA Study in Finland.

We perform mostly clinical, genetic and epidemiological research.

Leading the unit for care of diabetes at the Helsinki University Hospital, I follow the preventive and treatment trials but I have not actively participated in conducting them.

Memberships Expert positions:

- The IDF Task Force on Novel Criteria for the Diagnosis of Prediabetes and Type 2 Diabetes 2023-2024
- Novo Nordisk Fonden, Committee on Steno Research Collaboration 2021 - 2023
- Swedish Research Council, Evaluation panels 2016 - 2022
- FinnGen project, Task force for Fatty Liver Disease (chair) since 2020
- The ADA/EASD Precision Medicine in Diabetes Initiative, Treatment of Monogenic Diabetes (chair) 2020-2023
- The ClinGen Monogenic Diabetes Expert Panel since 2018
- FinnGen project, Cardiometabolic Expert Group 2017-2023
- Scientific Steering Group for THL Biobank 2017-2018
- Current Care Guideline Editorial Board (Diabetes) since 2018

- Current Care Guidelines for insulin-deficient diabetes (Finland), Chairman 2016 □
- EASD Study Group for Genetics of Diabetes, advisory board 2011 - 2019
- Duodecim Medical Journal, member of Editorial Board 2003 – 2017
- Espoo Diabetes Centre, Head and project leader 2013 – 2016
- Helsinki Biomedical Research School, Board Member 2001 – 2013
- The Finnish Diabetes Association, Medical Advisory Board: 2002 – 2012
- Vice Chairman 2002-2005, Chairman 2005 -2012
- Steering Committee, The Master's Degree Program in Translational Medicine, University of Helsinki 2010 – 2011
- Finnish Diabetes Association (patient organization), chair of the Medical Advisory Board 2005-2012
- The Finnish Diabetes Research Society, Board member 1999 – 2005

Reviewer for scientific and scholarly journals:

- Frequently: Diabetes, Diabetologia, Diabetes Care, Journal of Clinical Endocrinology and Metabolism
- Occasionally: Nature Communications, Nature, Scientific Reports, American Journal of Human Genetics

Other Relevant Information