

Curriculum Vitae

Personal information **Helve Vestman**

Work experience

1. Employer: Tartu University Hospital
 - Start date: 1992
 - End date: 1995
 - Position: Nurse of Renal transplantation department
 - Activities:
 - Country: Estonia
2. Employer: Pärnu Hospital
 - Start date: 1997
 - End date: 1998
 - Position: Physician of Infectious diseases department
 - Activities: general practitioner
 - Country: Estonia
3. Employer: Pärnu Hospital
 - Start date: 2003
 - End date: 2011
 - Position: Infectionist of the Department of Infectious Diseases
 - Activities: Physician/infectionist and consultant at Pärnu hospital
 - Coordinator of the AIDS counselling cabinet of Pärnu Hospital 2004_2011
 - Country: Estonia
4. Employer: State Agency of Medicines
 - Start date: 092011
 - End date:
 - Position: Specialist of the Bureau of Pharmacovigilance
 - Activities: Signal detection, assessment of PSURs, assessment of adverse drug reactions.
 - Country: Estonia

Education and training

1. Subject: University of Tartu, Faculty of Medicine
 - Start date: 1989
 - End date: 1997
 - Qualification: General practitioner
 - Organisation:
 - Country: Estonia
2. Subject: University of Tartu
 - Start date: 1998
 - End date: 2003
 - Qualification: Infectionist (physician of infectious diseases)
 - Organisation:
 - Country: Estonia
3. Subject: Tartu University
 - Start date: 042002
 - End date: 052002
 - Qualification: Salzburg Medical Seminar of Infectious diseases
 - Organisation:
 - Country: Estonia
4. Subject: DSRU
 - Start date: 062013
 - End date: 062013
 - Qualification: Pharmacovigilance
 - Organisation:
 - Country: United Kingdom
5. Subject: Uppsala Monitoring Centre
 - Start date: 052012
 - End date: 052012
 - Qualification: Pharmacovigilance
 - Organisation:
 - Country: Sweden
6. Subject: EMA
 - Start date: 042014
 - End date: 042014
 - Qualification: EVDAS training
 - Organisation:
 - Country: United Kingdom
7. Subject: EMA
 - Start date: 022015
 - End date: 022015
 - Qualification: PROTECT symposium.
 - Organisation:

- Country: United Kingdom
- 8. Subject: WHO
 - Start date: 052016
 - End date: 052016
 - Qualification: A WHO Regional Workshop on Vaccines safety and contraindications against vaccination
 - Organisation:
 - Country: Austria
- 9. Subject: EMA, FIMEA
 - Start date: 092016
 - End date: 092016
 - Qualification: Signal detection workshop in Helsinki
 - Organisation:
 - Country: Finland
- 10. Subject: OGYEI
 - Start date: 102016
 - End date: 102016
 - Qualification: SCOPE WP 5 (Signal Management) and 7 (Quality Management)
 - Organisation:
 - Country: Hungary
- 11. Subject: EMA
 - Start date: 102016
 - End date: 102016
 - Qualification: SCOPE WP4 and WP7 Workshop
 - Organisation:
 - Country: United Kingdom
- 12. Subject: webinar
 - Start date: 092016
 - End date: 092016
 - Qualification: SCOPE WP8 webinar
 - Organisation:
 - Country: Portugal
- 13. Subject: AEMPS
 - Start date: 112016
 - End date: 112016
 - Qualification: Assessment of drug-induced liver injury (DILI)
 - Organisation:
 - Country: Spain
- 14. Subject: CBG_MEB, Utrecht
 - Start date: 042017
 - End date: 042017
 - Qualification: Signal Management Training
 - Organisation:
 - Country: Netherlands
- 15. Subject: Tartu University
 - Start date: 042017
 - End date: 042017
 - Qualification: Genetics in the era of precision medicine
 - Organisation:
 - Country: Estonia
- 16. Subject: Tartu University
 - Start date: 062017
 - End date: 062017
 - Qualification: Academic clinical trials
 - Organisation:
 - Country: Estonia
- 17. Subject: EMA
 - Start date: 112017
 - End date: 112017
 - Qualification: The new EVDAS functionalities
 - Organisation: Train_the_trainer course on the new EudraVigilance Data Analysis System functionalities.
 - Country: United Kingdom
- 18. Subject: EMA
 - Start date: 112017
 - End date: 112017
 - Qualification: NEW EudraVigilance System reporting ICSRs
 - Organisation: The NEW EudraVigilance System and the electronic reporting of ICSRs in the ISO/ICH E2B(R3) format
 - Country: United Kingdom
- 19. Subject:
 - Start date: 042018
 - End date: 042018
 - Qualification: Meeting of the PRAC – Strategic Review and Learning Meeting
 - Organisation:
 - Country: Czechia
- 20. Subject:
 - Start date: 052018
 - End date: 052018
 - Qualification: Uppsala Monitoring Centre 40th anniversary Celebration Meeting
 - Organisation:
 - Country: Sweden
- 21. Subject:
 - Start date: 092018
 - End date: 092018
 - Qualification: Meeting of the PRAC – Strategic Review and Learning Meeting
 - Organisation:
 - Country: Austria
- 22. Subject:
 - Start date: 112018
 - End date: 112018
 - Qualification: 41st Annual Meeting of Representatives of National Pharmacovigilance Centres
 - Organisation:
 - Country: Switzerland
- 23. Subject: Medicines Evaluation Board
 - Start date: 012019
 - End date: 012019
 - Qualification: Pharmacovigilance training

- Organisation: Pharmacovigilance training
 - Country: Netherlands
24. Subject: MEB International Collaboration Program
- Start date: 022020
 - End date: 022020
 - Qualification: Benefit/risk assessment
 - Organisation: Benefit/Risk workshop for interested clinical assessors
 - Country: Slovenia
25. Subject: European Society of Clinical Microbiology and Infectious Diseases
- Start date: 062021
 - End date: 072021
 - Qualification: Infectious diseases
 - Organisation: 31st European Congress of Clinical Microbiology & Infectious Diseases (ECCMID) and Pre_ECCMID Day on COVID_19
 - Country: Austria
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Additional information

Publications

Compliance with restrictions on the use of flupirtine in Estonia; Katrin Kurvits, Maia Uusküla, Ott Laius, Helve Vestman; Eesti Arst 2018; 97(4):220–224 Nitrofurantoin for urinary tract infections in Estonia 2019; Eesti Arst 2022; 101(6–7):343–347

<https://pubmed.ncbi.nlm.nih.gov/36690579/>

Projects

Memberships

Estonian Society for Infectious Diseases (membership)
Estonian Medical Association

Other Relevant Information