



Curriculum Vitae

Personal information **Krista Ress**

Work experience

apr 2017 – present East-Tallinn Central Hospital, Head of the Center of Allergology and Immunology
jan 2012 – march 2017 East-Tallinn Central Hospital, consultant allergologist-immunologist
sept 2010 – dec 2011 East-Tallinn Central Hospital, allergologist-immunologist

Education and training

oct 2021 EAACI/UEMS Knowledge Examination in Allergology and Clinical Immunology
sept 2007 – jun 2014 University of Tartu, Faculty of Medicine, Department of General and Molecular Pathology, PhD studies
sept 2004 – jun 2010 University of Tartu, Faculty of Medicine, residency training in allergology-immunology
sept 1998 – jun 2004 University of Tartu, Faculty of Medicine, MD

Additional information

Publications

- Zuberbier, T.; Abdul Hameed Ansari, Z.; Abdul Latiff, A.H.; et al (2026). The International Guideline for the Definition, Classification, Diagnosis and Management of Urticaria. *Allergy*, 1–51. DOI: 10.1111/all.70210.
- Kurjane, N.; Kanepa, A.; Purina, S.; Lapina, L.; Ress, K.; et al (2026). Epidemiological and clinical characteristics of hereditary angioedema in the Baltic states. *Frontiers in Immunology*, 17, ARTN 1696479–8. DOI: 10.3389/fimmu.2026.1696479.
- Kangur, A.; Ress, K.; Seer, K (2025). Ülitundlikkusreaktsioonid joodi sisaldavatele kontrastainetele [*Hypersensitivity reactions to iodinated contrast media*]. *Eesti Arst*, 104(8), 397–406.
- Pajuste, C.; Tšerkassova, K.; Ress, K.; Kurjane, N.; Kisand, K (2025). Tsütokiinitasemed ja zonuliini perekonna peptiidid CVID-patsientidel: võrdlus kontrollrühmaga [*Cytokine levels and zonulin family peptides in CVID patients: comparison with a control group*]. *Eesti Arst*, 104(Lisa1): 12.
- Maurer, M.; Ensina, LF; Gimenez-Arnau, AM; et al. (2024) Efficacy and safety of ligelizumab in adults and adolescents with chronic spontaneous urticaria: results of two phase 3 randomised controlled trials. *The Lancet*, 403 (10422), 147–159. DOI: 10.1016/S0140-6736(23)01684-7.
- Marodi, L; J Project Study Group (Ress, K) (2022). A Rose Amongst the Thorns: the Mission of the J Project in a Conflictual World. *Journal of Clinical Immunology*, 42 (6), 1151–1155. DOI: 10.1007/s10875-022-01285-7.
- Abolhassani, H.; Avcin, T.; Bahceciler, N.; Balashov, D.; et al (2022). Care of patients with inborn errors of immunity in thirty J Project countries between 2004 and 2021. *Frontiers in Immunology*, 13, ARTN 1032358. DOI: 10.3389/fimmu.2022.1032358.
- Kanepa, A.; Malinauskiene, L.; Sitkauskiene, B.; Bajoriuniene, I.; Ress, K.; Savisaar, M.; Purina, S.; Milta, S.; Kurjane, N. (2021). Hereditary angioedema in the Baltic states. *Allergy*, 76 (110). Wiley, 372–373.
- Sediva, A.; Bataneant, M.; Belevtsev, M.; Blaziene, A.; Ciznar, P.; Foerster-Waldl, E.; Kelecic, J.; Marodi, J.; Naumova, E.; Nasrullayeva, G.; Ress, K.; et al. (2019). Primary immunodeficiencies in Central and Eastern Europe—the power of networking Report on the activity of the Jeffrey Modell Foundation Centers Network in Central and Eastern Europe. *Immunologic Research*, 67 (4-5), 358–367. DOI: 10.1007/s12026-019-09093-9.
- Marodi, L; the J Project study group (Ress, K) (2019). Fifteen Years of the J Project. *Journal of Clinical Immunology*, 39 (4), 363–369. DOI: 10.1007/s10875-019-00633-4.
- Mikkal, M.; Ress, K. (2017). Onkoloogiliste patsientide immuniseerimine [*Immunizations in patients with cancer*]. *Eesti Arst*, 96 (5), 267–273. DOI: 10.15157/ea.v0i0.13423.
- Ress K (2017). Ülitundlikkusreaktsioonid kemoterapiapiale ja desensibiliseeriv ravi [*Hypersensitivity reactions to chemotherapy and drug desensitization*]. *Eesti Arst* 2017; 96 (5), 275–279 . DOI: 10.15157/ea.v0i0.13424.
- Vorobjova, Tamara; Ress, Krista; Luts, Katrin; Uibo, Oivi; Uibo, Raivo (2016). The impact of langerin (CD207)+ dendritic cells and FOXP3+ Treg cells in the small bowel mucosa of children with celiac disease and atopic dermatitis in comparison to children with functional gastrointestinal disorders. *APMIS*, 124 (8), 689–696. DOI: 10.1111/apm.12552.
- Ress, K; Metsküla, K; Annus, T; Putnik, U; Lepik, K; Luts, K; Uibo, O; Uibo, R (2015). Antinuclear antibodies in atopic dermatitis: a cross-sectional study on 346 children. *International Journal of Dermatology*, 54 (1), 24–28. DOI: 10.1111/ijd.12535.
- Ress, K; Annus, T; Putnik, U; Luts, K; Uibo, R; Uibo, O. (2014). Celiac disease in children with atopic dermatitis. *Pediatric Dermatology*, 31 (4), 483–488. DOI: 10.1111/pde.12372.
- Ress, K; Teesalu, K; Annus, T; Putnik, U; Lepik, K; Luts, K; Uibo, O; Uibo, R. (2014). Low prevalence of IgA anti-transglutaminase 1,2, and 3 autoantibodies in children with atopic dermatitis. *BioMedCentral Research Notes*, 7 (1), 310–316. DOI: 10.1186/1756-0500-7-310.
- Simre, K; Voor, T; Plado, S; Ress, K; Kisand, K (2014). Hüper-IgE-sündroom - primaarse immuunpuudulikkuse haruldane vorm [*The first case of genetically confirmed hyper-IgE syndrome in Estonia*]. *Estonian. Eesti Arst*, 93 (9), 521–525.
- Ress, K (2014). PhD dissertation: Childhood coeliac disease in Estonia, prevalence in atopic dermatitis and immunological characterisation of coexistence. Tartu: University of Tartu Press.
- Ress, K.; Rimmel, T.; Semjonov, E (2014). C-hepatitis in common variable immunodeficiency. *Journal of Clinical Immunology*, 2014; 34: 726.
- Ress, K.; Suigom, M. (2014). Pulmonaru changes in primary antibody deficiencies. *Journal of Clinical Immunology*, 2014; 34: 726–727.
- Kuhi, L.; Kutt, M.; Suigom, M.; Ress, K. (2014). Lymphocyte subgroups in patients with common variable immunodeficiency. *Journal of Clinical Immunology*, 2014; 34: 726.
- Uibo, O; Ress, K; Annus, T; Putnik, U; Luts, K; Uibo, R. (2014). Coexistence of coeliac disease and atopic dermatitis. *Archives of Diseases in Childhood*, 99: A141–A141. (Suppl 2). DOI: 10.1136/archdischild-

2014-307384.378.

- Ress, K.; Luts, K.; Räägo, T.; Pisarev, H.; Uibo, O. (2012). Nationwide study of childhood celiac disease incidence over a 35-year period in Estonia. *European Journal of Pediatrics*, 1823–1828.
- Lillemäe, K.; Ress, K.; Harro, J.; Merenäkk, L.; Maarsoos, H-I; Uibo, R.; Uibo, O. (2012). A ten-year serological follow-up of celiac disease in an Estonian population. *European Journal of Gastroenterology & Hepatology*, 24 (1), 55–58. DOI: 10.1097/MEG.0b013e32834d09b9.
- Ress, K.; Harro, J.; Uibo, O.; Uibo, R. (2011). Use of a fully automated immunoassay for celiac disease screening in a pediatric population. *Clinical Chemistry and Laboratory Medicine (CCLM)*, 49 (6), 983–987.
- Annus, T.; Julge, K.; Kivivare, M.; Putnik, U.; Ress, K.; Vasar, M.; Veidrik, K. (2010). Astma lapseas. *Eesti ravijuhend 2009 [Asthma in childhood. Estonian treatment guideline 2009]*. *Eesti Arst*, 89 (3), 207–226.
- Ress, K.; Harro, M.; Maarsoos, H.-I.; Harro, J.; Uibo, R.; Uibo, O. (2007). High prevalence of coeliac disease: Need for increasing awareness among physicians. *Digestive and Liver Disease*, 39 (2), 136–139. DOI: 10.1016/j.dld.2006.07.012.

Projects

Former field of research: mechanisms of coeliac disease and allergic diseases.

Current fields of research: primary immunodeficiencies, antibody deficiencies, urticaria and angioedema.

Participation in clinical trials for chronic urticaria and angioedema.

Memberships

2024 - present	EAACI Specialty & CME Committee board member
2008 - present 2023)	UEMS section of allergology and clinical immunology, Estonian delegate (board member since 2023)
2009 - 2023	Ministry of Social Affairs of Estonia, member of immunisation advisory board
2013 - 2021	J-Project, member of steering committee
2011 - 2024	Central European PID Centers Network, advisory board member
2010 - 2012	Estonian Medical Association, member of council
2024 - present	Clinical Immunology Society (CIS), member
2006 - present	European Society for Immunodeficiencies (ESID), member
2002 - present	European Academy of Allergology and Clinical Immunology (EAACI), member
2001 - present	Estonian Society of Immunology and Allergology (EIAS), member (board member 2005-2024)
2019	EFIS-EIAS School on Autoimmunity (ABC6), organising committee member
2016	EFIS-EIAS Summer School on Autoimmunity "ABC5", organising committee member
2014	COST-ENTIRE School for Translational Immunology, organising committee member
2010	39th meeting of Scandinavian Society for Immunology, organising committee member
2008	2nd Baltic Allergy Congress, organising committee member

Other Relevant Information